

Nathan Meadows

I graduated from Towson University in 1997, with a degree in English. During college, I competed with the Towson Tigers, swimming mostly distance events, and earning my Varsity Letter in all four years of competition. After graduating in 1997, I took my first full-time coaching position with Joe Flaherty's Dolphins, coaching all levels of competitive and non-competitive swimmers. In 1999, I served as the Head Assistant Coach of the PVS Long Course Zone Team. Since 2005, I've worked as the Head Age Group Coach with the Hydro-Sonic Tiburones, coaching, primarily, 14&unders. In 2007, I served as an Assistant Coach for the PVS Long Course Zone meet. Then, in 2008 and 2009 I served as an Assistant Coach for the PVS Short Course Zone Meet. Additionally, I've been a summer coach for 16 seasons in the MCSL, the last 12 of which I was the Head Coach of the Potomac Glen Swim Team. I'm currently in my 14th season as a professional coach.