

10/26/11 – Saturday and Sunday 10 & U Session Warm up 2:30-2:45, Events at 2:50.

**SDS Monster Mash Invitational
October 29-30, 2011**

**Sanctioned by United States Swimming Through
Potomac Valley Swimming Sanction #PVI-12-13**

Meet Director Lori Pawlik loripawlik@seadevils.org

Meet Location South Run Recreation Center – 10 Lanes, 25 yards
Starting end depth - 12 feet
Turning end depth - 4 feet

The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C)

7550 Reservation Drive
Springfield, VA. 22153
703-866-0566

Fairfax County Park Authority limits the number of swimmers and overall number of persons in their aquatic facilities for safety reasons. Entries will be accepted on a first come, first serve basis from our invited teams. The Meet Director will endeavor to inform invited teams promptly when the meet has been fully subscribed.

Meet Official Mike Rubin mrubin1@cox.net

Meet Entry Coordinator Melanie McKula admin@seadevils.org

WARM-UP SCHEDULE Oct. 29/30: 11 & Up warm-up: 12:20-12:40 pm; events 12:45 pm
Oct. 29/30: 10 & Under warm-up: 3:15-3:30 pm; events 3:40 pm

Awards	Ribbons will be awarded from 1 st thru 8 th place for individual events. Special treats will be given to the Head Coach of each team – 1 for each swimmer.
Eligibility	Open to all INVITED Potomac Valley Swimming registered athletes. Athletes must be in good standing with USA Swimming and their respective LSC.
Swimmers with a Disability	PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD . Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
Rules	*Current USA Swimming rules shall govern the meet. All events are timed finals. A contestant may enter no more than four (4) individual events per day . Athletes shall compete at the age attained on the first day of meet. Athletes may

	<p>participate in only his or her own age group events.</p> <p>*The Meet Director reserves the right to limit the number of entries per event in order to preserve pool rental time.</p> <p>In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDS's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</p> <p>The practice of deck changing is prohibited at all PVS Sanctioned events. Swimmers participating in deck changing would be violating the USA Swimming Code of Conduct/Sportsmanship policy and could be subject to removal from further competition in the meet.</p> <p>Effective Oct. 1, 2009: In swimming competitions, the competitor must wear only one swimsuit in one or two pieces as per USA Swimming rules.</p>
Supervision	<p>Coaches are responsible for the conduct of their swimmers and families and for cleaning up their team areas.</p> <p>Swimmers in the meet, unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian.</p> <p>Only athletes, USA Swimming certified coaches, and deck officials are permitted on the pool deck. Working coaches & deck officials are required to display their 2012 USA Swimming card.</p> <p>Parents will not be allowed on deck unless serving in an official capacity - timer, referee, judge, counter or the like.</p>
Liability/Claims	<p>In granting this sanction, it is understood and agreed that USA Swimming, Potomac Valley Swimming, South Run Recreation Center and Sea Devil Swimming shall be free from any liabilities or claims for damages arising be reason of injuries to anyone during the conduct of the event.</p>
Warm ups	<p>The prescribed PVS Warm-up procedures and safety policies will be followed. Lane assignments will be posted on deck.</p>
Concessions	<p>Concessions are limited to the snack and drink machines in the lobby.</p>
Meet sheets	<p>Available at www.seadevils.org before the meet.</p>
Officials	<p>Officials assigned to this meet should sign in at the recording table 10 minutes before the start of the warm-ups. Certified officials who have not been contacted and would like to volunteer should contact SDS Officials' Chairman Nora Burke at patandnora@hotmail.com or Referee or speak with the deck referee at the meet.</p>
Timers	<p>The host club will provide at least one timer per lane. Participating clubs are requested to provide at least one timer every session the team participates in proportion to their entries. Upon submission of the meet entry, clubs will be notified of the number of timers to be provided. Acceptance of the club entry is based upon compliance with the above.</p>
Deck Entries	<p>No deck entries will be accepted for this meet.</p>

Entry Fees:	\$6.00 per individual event. \$1.00 per swimmer surcharge. Please make checks payable to "Sea Devil Swimming".
MEET ENTRY PROCEDURES:	<p>General Instructions: Entries may be submitted via email using Hy-Tek Team Manager.</p> <ul style="list-style-type: none"> • ALL ENTRIES MUST BE RECEIVED BY 5:00PM, TUESDAY, OCT. 11 - NO LATE ENTRIES ACCEPTED • Important: The above date is the deadline for clubs to submit their entries to the Meet Entry Coordinator. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information. • ENTRY FEES: \$6.00 per individual event; \$2.00 per swimmer surcharge. · Make checks payable to "SEA DEVIL SWIMMING". • Send entries and checks to Meet Entry Coordinator: Melanie McKula, P.O. Box 650070, Potomac Falls, VA 20165-0070 • Email: admin@seadevils.org • Entry fees are due with each club's meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet. No further entries will be accepted from clubs for future meets until all entry fees are paid in full by the club to the meet director • Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100.00; no further entries will be accepted from the club/team until said fine has been paid. • Before preparing your entries, events for this meet can be downloaded and then imported into team manager (go to team manager/file/import/meet events). • E-mail Entries • Attach the "meet entries" export file from Hy-Tek Meet Manager. Also attach a meet entry report by swimmer and a meet entry report by event. Create these reports in Team Manager. • In body of e-mail, give entry numbers (girls, boys, total) and contact information (e-mail, phone, officials contact). • Submit entries to the Meet Entry Coordinator, Melanie McKula. at admin@seadevils.org . In the subject heading please indicate "SDS Monster Mash Invitational - ####" with the club's initials substituted in place of the number symbols. If the club is submitting entries from more than one location, please add the location to the heading with the club initials. <u>Check payments must be received at the address listed above prior to the start of the meet.</u> • Meet Directors are requested to acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgment should contact the Meet Director by other than e-mail to confirm receipt.

SEA DEVIL SWIMMING MONSTER MASH INVITATIONAL

South Run RECenter, Springfield, VA

Session 1: 11 & UP Saturday, October 29, 2011 Warm-up: 12:20 - 12:40pm Events 12:45pm			
Girls Event#	Event	Distance/Stroke	Boys Event #
1	11-12	200 yard IM	2
3	13 & over	200 yard IM	4
5	11-12	50 yard Backstroke	6
7	13 & over	100 yard Backstroke	8
9	11-12	50 yard Butterfly	10
11	13 & over	100 yard Butterfly	12
13	11-12	100 yard Freestyle	14
15	13 & over	50 yard Freestyle	16
Session 3: 11 & UP Sunday, October 30, 2011 Warm-up: 12:20 - 12:40pm Events 12:45pm			
Girls			Boys
29	11-12	200 yard Freestyle	30
31	13 & over	200 yard Freestyle	32
33	11-12	100 yard IM	34
35	13 & over	100 yard Freestyle	36
37	11-12	50 yard Breaststroke	38
39	13 & over	100 yard Breaststroke	40
41	11-12	50 yard Freestyle	42

SEA DEVIL SWIMMING MONSTER MASH INVITATIONAL

South Run RECenter, Springfield, VA

Session 2: 10 & under Saturday, October 29 Warm-up: 3:15-3:30pm Events 3:40pm			
Girls Event#	Event	Distance/Stroke	Boys Event #
17	9-10	100 yard Freestyle	18
19	8 & under	25 yard Butterfly	20
21	9-10	50 yard Butterfly	22
23	8 & under	25 yard Freestyle	24
25	9-10	50 yard Breaststroke	26
27	8 & under	50 yard Freestyle	28

Session 4: 10 & under Saturday, October 30 Warm-up: 3:15-3:30pm Events 3:40pm			
Girls Event#	Event	Distance/Stroke	Boys Event #
43	9-10	100 yard IM	44
45	8 & under	25 yard Backstroke	46
47	9-10	50 yard Backstroke	48
49	8 & under	25 yard Breaststroke	50
51	9-10	50 yard Freestyle	52
53	8 & under	100 yard Freestyle	54