# **PVS February Distance Meet**

University of Maryland February 9, 2014 PVS-14-42

### Meet Announcement

#### **INFORMATION**

- The Psych sheet posted is to confirm accuracy of entered swimmers
- If a mistake is noticed the coach should notify the Meet Director no later than Friday February 7 at noon.
- There will be continuous warm up/cool down space throughout the entire meet
- The size of the meet makes it important for the meet to stay on schedule on both days.
   COACHES AND SWIMMERS MUST MAKE SURE THAT EACH SWIMMER IS READY TO SWIM AND THAT THEIR TIMER (REQUIRED) AND LAP COUNTER ARE IN PLACE PRIOR TO THE CONCLUSION OF THE PRIOR HEAT.

#### **INSTRUCTIONS**

- Swimmers should check in at the positive check-in table as soon as they arrive at the pool.
- Heats will be swum fastest to slowest, alternating women and men, with the women going first.
- A rolling check-in will be used. Heats will be seeded based upon the next available heat of swimmers.
- Lane assignments for each heat will be determined approximately 15 minutes prior to the time the heat starts.
- The heat start times posted below are approximate, be sure to check in promptly.
- All swimmers will be provided with a lane timing card showing their heat and lane assignment when they have been seeded into a heat.
- Once a heat is seeded, meet management is not required to reseed it for any reason.
- The final heat or two may be a combined heat of women and men to produce full heats.

#### SEEDING PROCEDURES

- Swimmers should check in at the positive check in table as soon as they arrive at the pool.
- The meet will be seeded and swum according to submitted entry times regardless of age. Heats will be swum fastest to slowest, alternating women and men.
- Lane assignments for each heat will be determined approximately 15 minutes prior to the time their heat starts.
- The heat start times listed below are estimates, be sure to check in promptly.
- Final heats may be combined women and men so that all lanes are full.
- All swimmers must provide their own time and counter.

## Women's & Men's 1000

Event Start time: 8:10 am Final heats may be combined

Women' 1000 Freestyle	Men's 1000 Freestyle
Heat 1 (women's heat 1): 8:10 am	Heat 2 (men's heat 1): 8:22
Heat 3 (women's heat 2): 8:34	Heat 4 (men's heat 2): 8:44
Heat 5 (women's heat 3): 8:55	Heat 6 (men's heat 3): 9:07
Heat 7 (women's heat 4): 9:18	Heat 8 (men's heat 4): 9:30
Heat 8 (women's heat 5): 9:43	Heat 10 (men's heat 5): 9:56
Heat 9 (women's heat 6): 10: 08	Heat 11 (men's heat 6): 10:20
Heat 10 (women's heat 7): 10:42 - if needed	Heat 12 (men's heat 7): 10:55 – if needed

Possible 15 minute break – Meet Director and Meet Referee will determine; however there will not be a full warm-up time in between the two events

### Women's & Men's 1650

Approximate Event Start Time 11:00 am (not before 11:00 am)
Second heat of women and men may be combined

Women's 1650 Freestyle	Men's 1650 Freestyle
Heat 1 (women's heat 1): 11:15	Heat 2 (men's heat 1): 11:35
Heat 3 (women's heat 2): 11:55	Heat 4 (men's heat 2): 12:16
Heat 5 (women's heat 3): 12:34	Heat 6 (men's heat 3): 12: 53
Heat 7 (women's heat 4): 1:12 – if needed	Heat 8 (men's heat 4): 1:31 – if needed