

"FREE" FALL FESTIVAL 2014

Hosted by Elite Rays Swim Club, F.A.S.T. and Maryland Suburban Swim Club

Sanctioned by USA Swimming through Potomac Valley Swimming

Sunday, October 5, 2014

Sanction # PVI-15-03

MEET OBJECTIVE: This meet is designed to provide coaches and swimmers the opportunity to obtain baseline freestyle times.

MEET DIRECTOR: Manga Dalizu (240-456-0103) fairlandswim@comcast.net
Elvin Foreman (240-838-1156) eliteraysswim@gmail.com

**MEET REFEREE/
OFFICIALS CHAIR** Lynne Gerlach (240-286-2319) gerlach@msscswimming.com

VOLUNTEER COORDINATOR: Merari Cholette (301-938-0250) meraripvs@gmail.com

MEET LOCATION: Fairland Aquatics Center
13820 Old Gunpowder Road
Laurel, Maryland 20707
(301)362-6060

The meet will be swum in an 8 lane course with a water depth of 7'-13' at the start end and 7'-13' at the turn end. The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C).

TIMING SYSTEM: Semi-automatic timing will be used for this meet. Three timers per lane will be required for all 25 yard events.

DIRECTIONS: From I-95 (North of the Capital Beltway) exit Route 212 (Powder Mill Road) East. Turn left at first traffic light onto Old Gunpowder Road. Proceed approximately three (3) miles to pool on left.

SCHEDULE: **12 and Under Session: Warm-up 8:00 – 8:50 AM/Events: 9:00 AM**
13 and Over Session: Warm-up 1:00 – 1:50 PM/Events: 2:00 PM

The Meet Director reserves the right to combine the sessions if timelines warrant.

ELIGIBILITY: **This meet is an invitational meet. If your team would like an invitation please contact the meet directors.**

Open to USA Swimming registered athletes. Athletes shall compete at the age attained on the first day of the meet. An athlete may only compete in his or her own age division.

RULES: The 2014 USA Swimming Code and Rules will apply. In accordance with Potomac Valley Swimming Policy only those coaches who clearly display current valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet.

All events are timed finals. A contestant may enter five (5) events. Seed times are short course yards only. **Deck entries** may be accepted on a first come- first served basis, however no new heats will be created. Deck entry fee is \$10/individual event. Deck entries for new athletes to the meet will be accepted only upon producing their USA swimming athlete registration card.

The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4 hour provision for the 12 and U sessions in Rule 205.3.1F.

Dive-over starts may be used at this meet at the discretion of the Meet Manager and/or Meet Referee. Coaches are requested to review [Guidance for Dive-Over Starts for Coaches](#). Officials are requested to review [Protocol for Dive-Over Starts](#)

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

No On-Deck USA-S Registrations will be permitted.

INCLUSION POLICY:

PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

SUPERVISION:

Coaches are responsible for the conduct of their swimmers and should help clean up their team area.

Only athletes, USA Swimming certified coaches and deck officials are permitted on the pool deck. Coaches and deck officials are required to display their 2014 USA Swimming card. Individuals who are not working this meet as a deck official, volunteer lane timer or other meet position are not permitted on deck.

WARM-UPS:

Potomac Valley Swimming warm-up procedures and policies for Open warm-up will be in effect.

- OFFICIALS:** We ask for your team's help in supplying deck officials for the meet. Contact Lynne Gerlach at gerlach@msscswimming.com by September 28, 2014. Thank you for your help in advance.
- TIMERS:** Teams will be assigned the number of timers based on their entry count. If needed, each team will be contacted as to their assigned lanes for timers by September 28, 2014. All teams are responsible for providing their own timers for their swimmers in events 16, 17, 33, and 34 (1000 Yd. and 1650 Yd. Freestyle).
- RESULTS:** Results will be posted on the PVS website <http://www.pvswim.org>
- GENERAL:** Meet programs will be sold for \$2.00
- FEES:** Fees for individual events are \$6.00. Neither cash nor telephone entries will be accepted
Make checks payable to FAST
- DEADLINE:** **Deadline for receipt of entries is Tuesday, September 23, 2014.**
- ENTRIES:** Club entries will be accepted by email. Submission of entries by email must include the following files: the Hy-Tek Commlink II file. The Team Manager Meet Entry Report files (one by SWIMMER and one by EVENT) and an "Entry Cover Sheet." The name and phone number of the club representative submitting the email must be included. **INDIVIDUAL OR UNATTACHED ENTRIES WILL ONLY BE ACCEPTED BY DELIVERY TO THE POST OFFICE BOX BELOW AND WILL NOT BE ACCEPTED BY EMAIL**, unless those swimmers are training with a club and that club is submitting their entries in the required above Hy-Tek format. Clubs submitting by email may submit entries to fairlandswim@comcast.net
In the subject heading type 2014 "Free" Fall Festival 2014 - **** with the club's initials in place of the asterisks.
- WARNING:** Any club that enters an unregistered athlete, falsifies in any way, or permits unregistered coaches to represent them, will be fined a sum of \$100 and no further entries will be accepted from that club until said fine has been paid.
- NOTE:** In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Fairland Aquatics Center, the Elite Rays Swim Club, the Fairland Aquatic Swim Team, and the Maryland Suburban Swim Club shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.
- EMAIL ENTRIES TO:** fairlandswim@comcast.net
- SEND PAYMENT TO:** **FAST**
14625 Baltimore Ave # 291
Laurel, MD 20707

REMINDER:

ENTRY FEES ARE DUE WITH MEET ENTRY. ACCEPTANCE OF CLUB ENTRIES IS BASED UPON RECEIPT OF ENTRY FEES.

ORDER OF EVENTS

SUNDAY PROGRAM – OCTOBER 5, 2014		
12 and Under Warm-up 8:00 – 8:50 AM / Events 9:00 AM		
13 and Over Warm-up 1:00 – 1:50 PM/Events 2:00 PM		
WOMENS'	EVENTS	MEN'S
Session 1		
1	6 & U 25 YD Freestyle	2
3	7-8 25 YD Freestyle	4
5	9-10 50 YD Freestyle	6
7	11-12 50 YD Freestyle	8
9	8 & Under 50 YD Freestyle	10
11	9-10 100 YD Freestyle	12
13	11-12 100 YD Freestyle	14
15	8 & Under 100 YD Freestyle	16
17	11-12 200 YD Freestyle	18
19	10 & Under 200 YD Freestyle	20
21**	12 & Under 500 YD Freestyle	22**
23#	12 & Under 1000/1650 YD Freestyle	24#
Session 2		
25	13 & Over 50 YD Freestyle	26
27	13 & Over 100 YD Freestyle	28
29	13 & Over 200 YD Freestyle	30
31**	13 & Over 500 YD Freestyle	32**
33#	Open 1000/1650 YD Freestyle	34#
	**NO "NT" entries will be accepted **Swimmers must have obtained a time in the 200 yard Freestyle NST 3:30.00 #Swimmers must have obtained a time in the 500 Yard Freestyle NST 7:30.00	

