

# Coaches Notes

## PVS 2015 Short Course Senior Championships

Welcome to our 2015 Championship Meet. On behalf of Meet Referee Bob Vincent and the entire Officiating Crew, we wish you and your swimmers Good Luck this Weekend. As we 'warm-up' for the Meet, Bob and I wanted to share a few Administrative reminders for you to keep in mind.

- ~~**General Meeting**~~ - There will be a General Meeting in the Hospitality Area on **Thursday, March 5<sup>th</sup> at 5:15 pm**. Please plan on having at least one (1) representative from your Club at this Meeting. There will be important information shared at the General Meeting that will be essential for a successful Weekend.
  - ~~**ACTION ITEM**~~ - At this Meeting you will have an Opportunity to submit scratches for Friday's Preliminary Events and Check-In your Relays. If you will not be attending on Thursday, you can submit Scratches and Check-Ins via text (see below).

~~Notes from this Meeting will be emailed to all Coaches.~~

- **Seeding/Scratch Procedures for Prelims** - The Meet will be conducted in accordance with USA Swimming Rule 207.11.6. A copy of the rule is attached to this Document. Swimmers **will** be seeded into Prelims **unless** a Scratch Card is submitted.

**For Prelims Only** - Coaches may scratch their swimmers via email to [dave.dinardo@gmail.com](mailto:dave.dinardo@gmail.com). Please retain the reply message as confirmation of your Prelims Scratch.

In the event that a swimmer is seeded into Prelims and does not wish to compete, the swimmer may elect to Declare a False Start (DFS) at any time prior to the swimmer's heat. If prior to the start of the Session, the swimmer should notify the Administrative

Table. After the Session has commenced, the swimmer should notify the Deck Referee or Start Area Chief Judge. **Coaches may submit a DFS for their swimmer(s).**

If a swimmer is seeded into an Event and is a **'No-Show' for Prelims**, then that swimmer will be **barred from further individual and relay events of that day**. Additionally that swimmer shall not be seeded in any individual events on succeeding days unless that swimmer declares an intent to swim prior to the close of the scratch box for that day's events.

- **Seeding/Scratch Procedures for Finals** - If a swimmer does not wish to swim in the Final, the swimmer must "scratch" from the event by following this procedure: The swimmer must fill out and sign a PVS Finals Scratch Slip within 30 minutes of the announcement of qualifiers for "A" or "B" or "C" finals, if scheduled; or

A swimmer may declare an "intent to scratch". The swimmer must fill out and sign a PVS Finals Scratch Slip within 30 minutes of the announcement of qualifiers, marking the appropriate space for "intent". If the swimmer declares an "intent to scratch" and does not wish to swim finals, the swimmer must confirm his/her scratch on the PVS Finals Scratch Slip within 30 minutes after the conclusion of the swimmer's last preliminary event of the day. **If the swimmer does not confirm his/her intent to scratch, the swimmer will be automatically seeded into the Final.**

Any swimmer qualifying for a final race in an individual event **who fails to compete in said final shall be barred from further competition for the remainder of the meet**, except if the swimmer declares as noted above. A declared false start under 101.1.3F or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete.

- **Positive Check-In** – The 1000/1650 Freestyle as well as the 400 Freestyle Relay, 400 Medley Relay, and 800 Freestyle Relay are Positive Check-In Events.

In order to be Seeded, Swimmers/Relays must be 'Circled-In' on the appropriate sheets at the Resolution Desk. Check-In Deadlines are as follows:

Women's 1650/Men's 1000 - **11:00 AM Friday**  
800 Free Relays - **5:00 PM Friday**  
400 Medley Relays - 6:30 PM Friday  
400 Medley Relays - 6:30 pm Saturday  
Women's 1000/Men's 1650 - 6:30 PM Saturday

All 200 Yard Relays will be swum in Prelims and all 400 Yard Relays will be swum in Finals. ~~The fastest heat of the 800 Yard Freestyle Relay will be swum in Finals, and all other heats of the 800 Yard Freestyle Relay will be swum in Prelims.~~ **Teams competing in the 800 Freestyle Relay may elect to swim in Prelims or Finals. Please indicate your preference for 'AM' or 'PM' when circling in your 800 Free Relay(s).**

**NOTE: Selection of PM for the 800 Free Relay does not guarantee Seeding in the Finals Session.**

- **Flights for 400 IM and 500 Free** – Per the Meet Announcement, if we have 7 or more Heats in these Events, Prelims are to be 'Flighted', swimming the 4 fastest Women's Heats, then the 4 fastest Men's Heats. **The remaining Heats would be swum after the 200 Medley Relays**, alternating Women's and Men's Heats. Pre-Scratch we have 6 heats each in the 400 IM, and 8 Heats each in the 500 Freestyle, meaning that we would be Flighting the 500 Freestyle Events. I will keep everyone posted on the Flighting of these Events, including an update to the Timelines for Saturday Prelims.

- **Warm-Up/Warm-Down Breaks** – Due to the limitations of the Recreation Pool (7 per lane x 6 lanes = 42 swimmers max.), it is likely that there will be Warm-Up/Warm-Down Breaks interspersed during Prelims. The exact structure of the Breaks shall be determined by the Senior Vice Chair and the Meet Referee and announced at the General Meeting on Thursday afternoon.
- **Time Trials Sign-Up** – Time Trials will follow Thursday Evening's Timed Finals Session and each of the Preliminary Sessions. Time Trials Sign-Up will be held at the Resolution Desk and will be open **on Friday from 11:00 am - 12:30 pm as well as 4:30 pm - 6:00 pm, 5:15 pm - 6:15 pm on Thursday** and from **9:00 am - 10:30 am during Prelims.**

My Assistants this Weekend will be Karyn McCannon, Tim Husson, Barb Ship, and Kim Wiecki. Please feel free to inquire with any of us on the Admin Team with regard to any questions/issues which may arise. We are here to help you and your Swimmers.

Thank You,



Dave DiNardo  
Administrative Referee  
301-520-6209 (cell)  
[dave.dinardo@gmail.com](mailto:dave.dinardo@gmail.com)

**.6 Scratch Procedures**

- A Swimmers may scratch from an event in which they are entered by following the procedures set forth in the meet announcement.
- B The scratch deadline for the first day's events shall be fifteen (15) minutes after the general meeting is adjourned. The scratch deadline for all subsequent days' events shall be thirty (30) minutes after the time established for the start of the finals sessions.
- C In all events where preliminary heats are necessary, after the heats have been seeded, any swimmer who fails to compete in an individual event heat in which such swimmer entered and has not been scratched in accordance with sub-paragraphs A and B above will be barred from all further individual and relay events of that day. The application of this penalty shall pertain to the order in which the event/heats are swum, not the

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numerical order of the events. Additionally that swimmer shall not be seeded in any individual events on succeeding days unless that swimmer declares an intent to swim prior to the close of the scratch box for that day's events.

- D Scratching from finals:
  - (1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in paragraph E. A declared false start under 101.1.3F or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete.
  - (2) In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
  - (3) Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the C, B and A (bonus final and consolation final and the) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
  - (4) If the C and B (bonus and consolation) finals have already been contested, the (championship) final shall be swum without reseeding for the empty lane(s).
- E Exceptions for Failure to compete — No penalty shall apply for failure to withdraw or compete in an individual event if:
  - (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
  - (2) A swimmer qualifying for a C, B, or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.
  - (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.