

Snowdude Mini Meet

January 23-24, 2016

Sponsored by the Potomac Marlins

Sanctioned by USA Swimming
Through Potomac Valley Swimming
Sanction # **PVC-16-45**

Meet Director:	Bill Marlin 3768 Sudley Ford Court Fairfax, VA 22033 571-334-0987 Bill.Marlin@verizon.net
Meet Referee	John Kost john.kost@cgi.com
Club Officials Chair	John Kost john.kost@cgi.com
Meet Location:	Mount Vernon Rec. Center 2017 Belle View Blvd. Alexandria, VA 22313 (703) 768-3223 25 Yards - 6 to 10 Lanes Directions: Capital Beltway (VA) to Route 1 South. Exit to Fort Hunt Road. East on Fort Hunt Road to Belle View Blvd. Pool is at this intersection.
Facility Information:	<ul style="list-style-type: none">• 8 lanes, 25 yards. Water depth ranges from 5' to 12' at both the starting and turning ends of the pool.• The competition course has not been certified in accordance with USA Swimming Rules and regulations Article 104.2.2(C).• Semi-Automatic Timing (buttons primary) will be used for this meet
Eligibility:	Open to all Potomac Valley Swimmers Registered as USA Swimming Athletes ages 8 & Under who are Registered USA Swimming Athletes. All athletes shall compete at the age attained on the first day of the meet.
Inclusion Policy for Swimmers with a Disability:	PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD . Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

<p>Rules:</p>	<p>Current USA Swimming rules shall govern the meet.</p> <p>All events are timed finals. All events will be swum slowest to fastest. A contestant may enter no more than three (3) individual events per day.</p> <p>In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</p> <p>Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.</p> <p>Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. (this statement can either be under RULES or SUPERVISION).</p> <p>The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.</p>
<p>Warm-up and Meet Schedule:</p>	<p>Saturday Session Warm-up 12:45-1:15 pm, 1st Event 1:25 p m Sunday Session Warm-up 12:45-1:15 pm, 1st Event 1:25 p m</p>
<p>Warm-up:</p>	<p>The prescribed Potomac Valley Swimming Warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of the warm-up, including times and lane assignments.</p>
<p>Public Admission and Program Fee:</p>	<p>There is no public admission charge. Programs for each session will be available for \$5.00</p>
<p>Awards:</p>	<p>Individual events will be awarded first through eighth place. Relay events will be awarded for first place through third place. A heat award will be given to the winner of each individual heat.</p>
<p>Officials:</p>	<p>All certified officials wishing to volunteer to work this meet please contact the Potomac Marlins Officials Chairman, John Kost john.kost@cqi.com prior to January 20, 2016. Please include your club affiliation, certifications held, and sessions you wish to work. Officials volunteering should sign in at the recording table prior to the start of Warm-ups. Certified officials who have not previously advised of their availability may</p>

	volunteer their services to the Referee at this time
Entry Fees:	<p style="text-align: center;">Fees for individual events are \$ 5.00 Fees for relay events are \$ 10.00</p> <p>Each club is requested to remit one check, payable to Potomac Marlins, to cover the entry fees for the entire team. Please do not send cash. Meet Directors have been instructed not to accept telephone entries. No late entries for individual or relay events will be accepted.</p>
NOTE: In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Mt Vernon Rec. Center and Potomac Marlins Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.	

Entries:	<p>General Instructions:</p> <ul style="list-style-type: none"> o Entries must be submitted via e-mail. Each club is requested to remit one check to cover the entry fees for the entire team. Meet directors have been instructed not to accept telephone or fax entries. <p>E-mail Entries:</p> <ul style="list-style-type: none"> • Attach one report by name (save as PDF in Team Manager) Please include team name with PDF reports. • Attach Entry File • In body of e-mail give total number of splashes (men, women, total entry) and contact information (name, phone, e-mail address) • Remember to also send entry fee check via USPS • Clubs submitting by email should submit entries to Bill Marlin Bill.Marlin@verizon.net in the subject heading type, "2016 Potomac Marlins Snowdude Mini Meet - *****" with the club's initials substituted in place of the asterisks. • Meet Directors are requested to acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.
Supervision & Seating:	Coaches are responsible for the conduct of their swimmers and families. Please clean your team area after each session, thank you. Only swimmers, coaches, and officials will be permitted on the pool deck. Working Coaches & deck officials are required to display their 2016 USA Swimming card. Parents not working the meet as a deck official, volunteer lane timer, or other meet position are not permitted on deck.
Timers:	The Meet sponsor asks each participating club to provide one timer for each 25 entries per session. The sponsoring club will provide 8 timers for the meet.

Deadline:	The Meet Director must receive all entries and check for this meet no later than 5:00 pm. Tuesday, January 12, 2016. Important: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.
Send Entries To:	Bill Marlin 3768 Sudley Ford Court Fairfax, VA 22033 571-334-0987 Bill.Marlin@verizon.net
Reminder:	Entry fees are due with each club's meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet. No further entries will be accepted from clubs for future meets until all entry fees are paid in full by the club to the meet director.

Saturday January 23, 2016			Sunday January 24, 2016		
Warm-up: 12:45-1:15 pm			Warm-up: 12:45-1:15 pm		
Meet Starts at 1:25 pm			Meet Starts at 1:25 pm		
Girls Event #	Event	Boys Event #	Girls Event #	Event	Boys Event #
1	8 yr. old 100 free relay	2	31	8 yr. old 100 medley relay	32
3	7 & U 100 free relay	4	33	7 & U 100 medley relay	34
5	8 yr old 50 breast	6	35	8 & U 200 free	36
7	7 & U 50 breast	8	37	7 yr old 25 back	38
9	6 & U 25 breast	10	39	8 yr old 25 back	40
11	8 yr old 25 free	12	41	7 & U 50 fly	42
13	7 yr old 25 free	14	43	8 yr old 50 fly	44
15	6 & U 25 free	16	45	7 yr old 25 breast	46
17	8 yr old 25 fly	18	47	8 yr old 25 breast	48
19	7 yr old 25 fly	20	49	7 & U 50 free	50
21	6 & U 25 fly	22	51	8 yr old 50 free	52
23	8 yr old 50 back	24	53	7 & U 100 IM	54
25	7 & U 50 back	26	55	8 yr old 100 IM	56
27	6 & U 25 back	28			
29	8 & U 100 free	30			