

PVS February Distance Meet

Fairland Aquatic Center

February 7, 2016

PVS-16-52

INFORMATION

- The Pysch sheet posted is to confirm accuracy of entered swimmers
- If a mistake is noticed the coach should notify the Meet Director no later than Friday, February 5 at noon.
- There will be continuous warm up/cool down space throughout the entire meet
- COACHES, PLEASE MAKE SURE THAT EACH SWIMMER IS READY TO SWIM AND THAT THEIR TIMER (REQUIRED) AND LAP COUNTER ARE IN PLACE PRIOR TO THE CONCLUSION OF THE PRIOR HEAT.

INSTRUCTIONS

- Swimmers should check in at the positive check-in table as soon as they arrive at the pool.
- Heats will be swum fastest to slowest, alternating women and men, with the women going first.
- A rolling check-in will be used. Heats will be seeded based upon the next available heat of swimmers.
- Lane assignments for each heat will be determined approximately 15 minutes prior to the time the heat starts.
- The heat start times posted below are approximate, be sure to check in promptly.
- All swimmers will be provided with a lane timing card showing their heat and lane assignment when they have been seeded into a heat.
- Once a heat is seeded, meet management is not required to reseed it for any reason.
- The final heat or two may be a combined heat of women and men to produce full heats.

SEEDING PROCEDURES

- Swimmers should check in at the positive check in table as soon as they arrive at the pool.
- The meet will be seeded and swum according to submitted entry times regardless of age. Heats will be swum fastest to slowest, alternating women and men.
- Lane assignments for each heat will be determined approximately 15 minutes prior to the time their heat starts.
- The heat start times listed below are estimates, be sure to check in promptly.
- Final heats may be combined women and men so that all lanes are full.
- All swimmers must provide their own time and counter.

Women's & Men's 1000

Event Start time: 8:10 am

Women's 1000 Freestyle	Men's 1000 Freestyle
Heat 1 (women's heat 1): 8:10	Heat 2 (men's heat 1): 8:18
Heat 3 (women's heat 2): 8:30	Heat 4 (men's heat 2): 8:36
Heat 5 (women's heat 3): 8:46	Heat 6 (men's heat 3): 8:59
Heat 7 (women's heat 4): 9:10	Heat 8 (men's heat 4): 9:23
Heat 9 (women's heat 5): 9:35	Heat 10 (men's heat 5): 9:49
Heat 11 (women's heat 6): 10:02	Heat 12 (men's heat 6): 10:18
Heat 13 (women's heat 7): 10:33 (if needed)	Heat 14 (men's heat 7): 10:49 (if needed)

15 minute Break

Women's & Men's 1650

Event Start Time not before 10:50

Time based on an 11:00 am start time. Start time may be moved later if there are too many 1000 heats

Women' 1000 Freestyle	Men's 1000 Freestyle
Heat 1 (women's heat 1): 10:50	Heat 2 (men's heat 1): 11:10
Heat 3 (women's heat 2): 11:30	Heat 4 (men's heat 2): 11:50
Heat 5 (women's heat 3): 12:10	Heat 6 (men's heat 3): 12:30 (if needed)
Heat 7 (women's heat 4): 12: 48 (if needed)	