

Coaches Notes

PVS 2016 Short Course Senior Championships

On behalf of Meet Referee Steed Edwards and the entire officiating crew, we welcome you and your swimmers to the PVS 2016 Championship Meet. Congratulations to you and your swimmers for qualifying for this meet.

General Meeting: There will be a General Meeting in the Hospitality Area on **Friday, March 4th at 7:30 AM**. Please have at least one representative from your club at this meeting. We will review the administrative procedures for this meet as well as other important information.

Coaches contact information: At the General Meeting and thereafter at the Resolution Desk, there will be a Coaches Contact sheet. Please provide contact information for at least one coach from each team. This will be used in case the administrative referee needs to contact a coach regarding a late scratch from finals.

Warm-ups:

- Prelims: 6:30 AM – 8:20 AM Friday through Sunday
 - Pace lanes (1 & 8) and sprint lanes (2 & 7) at 7:20 AM
- Finals: 4:00 PM – 5:20 PM
 - Pace lanes (1 & 8) and sprint lanes (2 & 7) at 4:50 PM
- Thursday distance (swum in finals pool): 4:30 PM – 5:30 PM
 - Pace lanes (1 & 8) will open at 5:00 PM.

Courses:

- Thursday – Women alternating with men, fast to slow, in finals pool
- Friday – Women in finals pool, Men in dive pool
- Saturday – Men in finals pool, Women in dive pool
- Sunday – Women in finals pool, Men in dive pool

Breaks: During meet there will be continuous warm-up/cool-down lanes in the back pool.

Alternates: if you have a swimmer who is an alternate, have them next to the deck referee ready to swim.

Resolution Desk: one table for both prelim courses (next to finals pool) for scratch procedures, positive check-in and sign up for time trials.

Relay Cards: relay cards will be at the Resolution Desk at the beginning of warm-ups for each session in which a relay is swum. Please complete and return to the appropriate admin table at least an hour before the event is due to be swum. After the timer sheets have been printed and distributed, relay name or order may be changed on the lane timer sheets.

Seeding/Scratch Procedures: The meet will be conducted according to National Championship scratch rules (207.11.6). Note that if a swimmer has entered more than the maximum of 7 individual events and more than 3 individual events per day, he/she must scratch down to the allowable number or he/she will be automatically scratched from his or her last event(s).

- Scratch deadlines shall be 30 minutes after the time established for the start of the finals sessions.
 - Scratch deadline for Friday's events: 6:10 PM Thursday
 - Scratch deadline for Sat/Sun events: 6:00 PM Fri/Sat
- Swimmers may either scratch from the entire meet or from individual events.
- **For Friday's events only**, prior to 6 PM Thursday coaches may scratch their swimmers via email to barb@ships3.com. Please indicate swimmer's name and events (or meet). Retain the reply message as confirmation of your prelims scratch. (If you do not receive a reply, text me at 301-520-4624).
- Penalties (unless relieved)
 - No Show at Prelims
 - Barred from all further individual and relay events of that day
 - Requires positive check-in with Admin Referee prior to 6:00 PM in order to compete in the following day's events.
 - No Show at Finals – Barred from remainder of meet
- “Declared false start” from prelims, but not for finals
 - DFS declared to Admin referees prior to start of session and to Deck Referees/Start Area C] after session begins
 - Relief from finals will need to be based on illness, injury or circumstances beyond the control of the athlete and approved by the referee.
- Seeding/Scratch Procedures for Finals: If a swimmer does not wish to swim in the Final, he/she must “scratch” from the event by following the following procedure (***This MAY NOT BE DONE using a white scratch card***):
 - Fill out and sign a **PVS Finals Scratch Slip** within 30 minutes of the announcement of qualifiers for A, B or C finals.
 - “Intent to scratch”: You must fill out and sign a PVS Finals Scratch Slip within 30 minutes of the announcement of qualifiers, marking the appropriate space for “intent.” If you declare “intent to scratch” and do not wish to swim finals, you must confirm your scratch on the PVS Finals Scratch Slip within 30 minutes after the conclusion of your last preliminary event of the day or you will be automatically seeded into the event.
 - Please have your swimmers scratch if they finish in the top 34 Friday/Saturday or top 50 Sunday
- If a situation arises between prelims and finals that indicates a swimmer may not or will not be able to compete at finals because of an illness, injury or circumstances beyond the control of the swimmer, please let me know ASAP so we can find an alternate. My cell phone is 301-520-4624. Please text me if you do not reach me when you call. Indicate the name of the swimmer and the event.

Positive check-in deadlines for the 1000 and 1650 yd freestyle events and 400 and 800 free relay events:

- Thursday distance events: 5:00 PM
- 800 Free Relay (swum Friday, fastest heat swims at finals): Thursday 6:10 PM – **please indicate if you wish to swim during AM session**
- 400 Medley Relay (swum Saturday during finals): Friday 6:00 PM
- 400 Freestyle Relay (swum Sunday during finals): Saturday 6:00 PM
- Sunday distance events: Saturday 6:00 PM – note fastest heat is first event at finals

Flights for 500 Free and 400 IM: If there are seven or more heats per gender, the four fastest heats of women and/or men (slow to fast) will be swum. The remaining heats will be swum fast to slow, after the relay events. If there are six or fewer heats per gender, the events will be swum all women (slow to fast) and/or all men (slow to fast).

Time Trials: Time Trials will be held following the completion of time finals on Thursday and after Finals on Friday through Sunday, time permitting.

- Athletes are permitted one time trial per time trial session provided that this participation does not cause them to exceed 3 events per day limit.
- Time trial fee: \$12 per attempt payable when signing up.
- Time trial sign-ups will be open on Thursday from 4:30 PM until 6:40 PM. Time trials sign-ups will be open on Friday through Sunday during Sr. Champs and Junior Champs prelims. In addition, they will be open from 4:30 PM-6:30 PM during finals.
- The order of time trial events will be those events contested that day followed by those events remaining to be contested, followed by those events already contested, **except time trials for the 1000 and 1650 yd freestyle will only be offered on Thursday.**

Proof of Times: if there are any unverified times, please provide the proof of time to the admin referee prior to the scratch deadline for the event.

My assistants this weekend will be Karyn McCannon and Jim Thompson. If any of us may be of assistance to you or your swimmers, please ask! Our primary concern is the athlete!

Thanks.

Barb Ship
Administrative Referee
barb@ships3.com 301-520-4624