

**Speedo Spring Splash
Hosted by OCCS
Session Report**

Session: 1 Friday Distance Session

Day of Meet: 1 Starts at 05:45 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	2 Mixed 12 & Under 400 Freestyle	110	13 u	05:45 PM	_____
Finals	1 Mixed 11 & Over 800 Freestyle	164	19 u	07:10 PM	_____
	Swimmers Counts for Warm-ups: 274	=====	=====		
	Entry / Heat Totals:	274	32		
	Finish Time			10:29 PM	_____
=====					
	Team - #Entries - #Athletes				
=====					
AAC	Arlington Aquatic Club	15	15		
NCAP	Nation's Capital Swim Club	30	30		
NCAPW	Nation's Capital Swim Club	75	75		
OCCS	Occoquan Swimming	135	135		
PM	Potomac Marlins	14	14		
PWSC	Prince William Swim Club	4	4		
RIPS	Riptide Swim Team (Uss)	1	1		

**Speedo Spring Splash
Hosted by OCCS
Session Report**

Session: 2 Saturday 11& 12 Session

Day of Meet: 2 Starts at 07:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	3 Girls 11-12 200 Freestyle	64	8 u	07:30 AM	_____
Finals	4 Boys 11-12 200 Freestyle	48	6 u	07:56 AM	_____
Finals	5 Girls 11-12 100 Breaststroke	70	8 u	08:15 AM	_____
Finals	6 Boys 11-12 100 Breaststroke	79	9 u	08:31 AM	_____
Finals	7 Girls 11-12 100 Butterfly	50	6 u	08:51 AM	_____
Finals	8 Boys 11-12 100 Butterfly	61	7 u	09:02 AM	_____
Finals	9 Girls 11-12 100 Backstroke	90	10 u	09:15 AM	_____
Finals	10 Boys 11-12 100 Backstroke	79	9 u	09:36 AM	_____
Finals	11 Girls 11-12 100 Freestyle	86	10 u	09:55 AM	_____
Finals	12 Boys 11-12 100 Freestyle	84	10 u	10:12 AM	_____
	Swimmers Counts for Warm-ups: 217	=====	=====		
	Entry / Heat Totals:	711	83		
	Finish Time			10:29 AM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
AAC	Arlington Aquatic Club	57	18		
MAC	Moons Aquatics Club	25	10		
NCAP	Nation's Capital Swim Club	91	27		
NCAPW	Nation's Capital Swim Club	115	29		
OCCS	Occoquan Swimming	227	69		
PM	Potomac Marlins	121	41		
PWSC	Prince William Swim Club	53	15		
RIPS	Riptide Swim Team (Uss)	18	7		
UN	UnAtt - Nation's Capital Swim	4	1		

**Speedo Spring Splash
Hosted by OCCS
Session Report**

Session: 3 10 & Under Session

Day of Meet: 2 Starts at 11:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	13 Girls 10 & Under 200 Freestyle	43	5 u	11:00 AM
Finals	14 Boys 10 & Under 200 Freestyle	43	5 u	11:18 AM
Finals	15 Girls 10 & Under 100 Breaststroke	62	7 u	11:36 AM
Finals	16 Boys 10 & Under 100 Breaststroke	67	8 u	11:53 AM
Finals	17 Girls 10 & Under 100 Butterfly	30	4 u	12:12 PM
Finals	18 Boys 10 & Under 100 Butterfly	34	4 u	12:21 PM
Finals	19 Girls 10 & Under 100 Backstroke	70	8 u	12:30 PM
Finals	20 Boys 10 & Under 100 Backstroke	66	8 u	12:49 PM
Finals	21 Girls 10 & Under 100 Freestyle	68	8 u	01:08 PM
Finals	22 Boys 10 & Under 100 Freestyle	73	9 u	01:24 PM
	Swimmers Counts for Warm-ups: 167	=====	=====	
	Entry / Heat Totals:	556	66	
	Finish Time			01:41 PM
<hr/> <hr/>				
	Team - #Entries - #Athletes			
<hr/> <hr/>				
AAC	Arlington Aquatic Club	18	6	
MAC	Moons Aquatics Club	20	7	
NCAP	Nation's Capital Swim Club	59	18	
NCAPW	Nation's Capital Swim Club	114	31	
OCCS	Occoquan Swimming	214	63	
PM	Potomac Marlins	57	20	
PWSC	Prince William Swim Club	63	17	
RIPS	Riptide Swim Team (Uss)	11	5	

**Speedo Spring Splash
Hosted by OCCS
Session Report**

Session: 4 Saturday 13 & over Session

Day of Meet: 2 Starts at 02:45 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	23 Girls 13 & Over 200 Freestyle	104	12 u	02:45 PM	_____
Finals	24 Boys 13 & Over 200 Freestyle	114	13 u	03:19 PM	_____
Finals	25 Girls 13 & Over 100 Breaststroke	121	14 u	03:53 PM	_____
Finals	26 Boys 13 & Over 100 Breaststroke	136	16 u	04:19 PM	_____
Finals	27 Girls 13 & Over 200 Butterfly	38	5 u	04:46 PM	_____
Finals	28 Boys 13 & Over 200 Butterfly	63	7 u	05:03 PM	_____
Finals	29 Girls 13 & Over 100 Backstroke	129	15 u	05:23 PM	_____
Finals	30 Boys 13 & Over 100 Backstroke	133	15 u	05:51 PM	_____
Finals	31 Girls 13 & Over 50 Freestyle	135	15 u	06:18 PM	_____
Finals	32 Boys 13 & Over 50 Freestyle	126	14 u	06:31 PM	_____
Finals	33 Girls 11 & Over 400 IM	40	5 u	06:43 PM	_____
Finals	34 Boys 11 & Over 400 IM	41	5 u	07:15 PM	_____
	Swimmers Counts for Warm-ups: 418	=====	=====		
	Entry / Heat Totals:	1,180	136		
	Finish Time			07:46 PM	_____
=====					
	Team - #Entries - #Athletes				
=====					
AAC	Arlington Aquatic Club	166	59		
MAC	Moons Aquatics Club	12	5		
NCAP	Nation's Capital Swim Club	184	66		
NCAPW	Nation's Capital Swim Club	196	67		
OCCS	Occoquan Swimming	432	151		
PM	Potomac Marlins	122	44		
PWSC	Prince William Swim Club	39	14		
RIPS	Riptide Swim Team (Uss)	29	12		

**Speedo Spring Splash
Hosted by OCCS
Session Report**

Session: 5 Sunday 13 & over Session

Day of Meet: 3 Starts at 07:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	35 Girls 13 & Over 100 Freestyle	146	17 u	07:30 AM
Finals	36 Boys 13 & Over 100 Freestyle	142	16 u	07:56 AM
Finals	37 Girls 13 & Over 200 IM	123	14 u	08:18 AM
Finals	38 Boys 13 & Over 200 IM	113	13 u	09:02 AM
Finals	39 Girls 13 & Over 100 Butterfly	100	12 u	09:40 AM
Finals	40 Boys 13 & Over 100 Butterfly	124	14 u	09:59 AM
Finals	41 Girls 13 & Over 200 Breaststroke	81	9 u	10:20 AM
Finals	42 Boys 13 & Over 200 Breaststroke	87	10 u	10:51 AM
Finals	43 Girls 13 & Over 200 Backstroke	76	9 u	11:24 AM
Finals	44 Boys 13 & Over 200 Backstroke	58	7 u	11:54 AM
Finals	45 Girls 11 & Over 400 Freestyle	68	8 u	12:16 PM
Finals	46 Boys 11 & Over 400 Freestyle	70	8 u	01:01 PM
	Swimmers Counts for Warm-ups: 426	=====	=====	
	Entry / Heat Totals:	1,188	137	
	Finish Time			01:43 PM
=====				
	Team - #Entries - #Athletes			
=====				
AAC	Arlington Aquatic Club	162	58	
MAC	Moons Aquatics Club	10	5	
NCAP	Nation's Capital Swim Club	181	64	
NCAPW	Nation's Capital Swim Club	203	70	
OCCS	Occoquan Swimming	454	161	
PM	Potomac Marlins	123	45	
PWSC	Prince William Swim Club	40	16	
RIPS	Riptide Swim Team (Uss)	15	7	

**Speedo Spring Splash
Hosted by OCCS
Session Report**

Session: 6 Sunday 10 & under Session

Day of Meet: 3 Starts at 02:25 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	47B Girls 10 & Under 50 Backstroke	77	9 u	02:25 PM
Finals	48B Boys 10 & Under 50 Backstroke	71	8 u	02:40 PM
Finals	49B Girls 10 & Under 50 Breaststroke	79	9 u	02:53 PM
Finals	50B Boys 10 & Under 50 Breaststroke	71	8 u	03:06 PM
Finals	51B Girls 10 & Under 50 Butterfly	73	9 u	03:19 PM
Finals	52B Boys 10 & Under 50 Butterfly	60	7 u	03:31 PM
Finals	53B Girls 10 & Under 50 Freestyle	83	10 u	03:41 PM
Finals	54B Boys 10 & Under 50 Freestyle	74	9 u	03:53 PM
Finals	55B Girls 10 & Under 200 IM	39	5 u	04:04 PM
Finals	56B Boys 10 & Under 200 IM	33	4 u	04:25 PM
	Swimmers Counts for Warm-ups: 159	=====	=====	
	Entry / Heat Totals:	660	78	
	Finish Time			04:42 PM
=====				
	Team - #Entries - #Athletes			
=====				
AAC	Arlington Aquatic Club	30	9	
MAC	Moons Aquatics Club	4	1	
NCAPW	Nation's Capital Swim Club	126	30	
OCCS	Occoquan Swimming	303	70	
PM	Potomac Marlins	72	20	
PWSC	Prince William Swim Club	109	25	
RIPS	Riptide Swim Team (Uss)	16	4	

**Speedo Spring Splash
Hosted by OCCS
Session Report**

Session: 7 11-12 Session

Day of Meet: 3 Starts at 05:20 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	47 Girls 11-12 50 Backstroke	106	12 u	05:20 PM
Finals	48 Boys 11-12 50 Backstroke	106	12 u	05:38 PM
Finals	49 Girls 11-12 50 Breaststroke	101	12 u	05:56 PM
Finals	50 Boys 11-12 50 Breaststroke	103	12 u	06:11 PM
Finals	51 Girls 11-12 50 Butterfly	101	12 u	06:27 PM
Finals	52 Boys 11-12 50 Butterfly	99	11 u	06:41 PM
Finals	53 Girls 11-12 50 Freestyle	110	13 u	06:55 PM
Finals	54 Boys 11-12 50 Freestyle	109	13 u	07:09 PM
Finals	55 Girls 11-12 200 IM	65	8 u	07:24 PM
Finals	56 Boys 11-12 200 IM	68	8 u	07:53 PM
	Swimmers Counts for Warm-ups: 246	=====	=====	
	Entry / Heat Totals:	968	113	
	Finish Time			08:23 PM
=====				
	Team - #Entries - #Athletes			
=====				
AAC	Arlington Aquatic Club	93	27	
MAC	Moons Aquatics Club	43	13	
NCAP	Nation's Capital Swim Club	214	54	
NCAPW	Nation's Capital Swim Club	144	31	
OCCS	Occoquan Swimming	259	61	
PM	Potomac Marlins	95	29	
PWSC	Prince William Swim Club	68	17	
RIPS	Riptide Swim Team (Uss)	47	13	
UN	UnAtt - Nation's Capital Swim	5	1	