

2019 Senior Kick Off

October 5-6th, 2019
Sanction # PVC-20-03



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| <p>MEET DIRECTOR Paris Jacobs (571) 238-7657 paris@machineaquatics.com</p> <p>Jason Cochran (973) 714-1726 jason@machineaquatics.com</p> <p>Meet Entry Email: entries@machineaquatics.com</p> | <p>MEET REFEREE Courtney Johnston officials@machineaquatics.com</p> | <p>CLUB OFFICIALS CHAIR Courtney Johnston officials@machineaquatics.com</p> |
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| <p>SANCTION</p> | <ul style="list-style-type: none"> Held under the sanction of USA Swimming through Potomac Valley Swimming: PVC-20-03. In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Machine Aquatics, and The St. James shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. |
| <p>FACILITY</p> | <p style="text-align: center;">The St. James 6805 Industrial Rd. Springfield, VA 22151 Tel: 703-239-6870</p> <ul style="list-style-type: none"> 25 yard, 8-10 lanes; number of lanes used will be determined based upon entries. Water depth is 6'9" at the start end and 7'9" at the turn end. A separate warm up/warm down lanes will be available throughout the entire meet. The competition course has been certified in accordance with the USA Swimming Rules and Regulation Article 104.2.2(C). The copy of such certification is on file with USA Swimming. |
| <p>ENTRY DEADLINE</p> | <p style="text-align: center;">FINAL ENTRIES ARE DUE BY 5:00 p.m., Tuesday, September 24th, 2019.</p> <p>Submit Entries to: entries@machineaquatics.com</p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p> |
| <p>SCHEDULE</p> | <p><u>Saturday, October 5th, 2019 - SESSION 1</u> Warm Up: 6:30- 7:30 AM Events: 7:40 AM</p> <p><u>Sunday, October 6th, 2019 - SESSION 2</u> Warm Up: 6:30- 7:30 AM Event: 7:40 AM</p> |
| <p>ELIGIBILITY</p> | <ul style="list-style-type: none"> Open to USA Swimming registered 13 & Over swimmers from teams wishing to attend. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in USA Swimming Rules & Regulations Article |

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| | 302. Approval must be granted by meet director. Please contact meet director with request to attend. |
| DISABILITY SWIMMERS | <ul style="list-style-type: none"> PVS and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition. |
| TIMING SYSTEM | <ul style="list-style-type: none"> Semi-Automatic Timing (buttons primary) will be used. |
| RULES | <ul style="list-style-type: none"> Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), shall govern this meet. No on-deck USA-S registration is permitted. In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (i.e., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. Deck changes are prohibited. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Dive-over starts will be used at this meet. The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F. |
| EVENT RULES | <p><u>Individual Events:</u></p> <p><u>Swimmers may enter THREE (3) events per SESSION/ MAX of SIX (6) events total.</u></p> <p>To the extent there are available lanes, swimmers can request deck entry at a cost of \$15.00.</p> <p><u>SWIMMERS MUST PROVIDE THEIR OWN TIMERS/ LAP COUNTERS FOR THE 400 IM & 500 FREE.</u></p> <p>*NOTE: The Meet Director reserves the right to rearrange sessions/ start times in order to allow the full meet to fit within the pool rental time.</p> |
| POSITIVE CHECK IN | All events 200 yards & longer will be positive check in. Timelines for check-in will be provided to coaches prior to the meet. Athletes who check into a positive check-in event, have been seeded and fail to swim the event will be barred from their next scheduled individual event, unless excused by the Meet Referee . |
| WARM-UP | The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments. |
| SUPERVISION | Coaches are responsible for the conduct of their swimmers and families and for cleaning up their team areas. |

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| AWARDS | There are NO AWARDS for this meet. |
| PROGRAMS | Programs will be available via meet mobile. |
| CREDENTIALS | <ul style="list-style-type: none"> • Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. • Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times. |
| OFFICIALS | <p>Each participating club is requested to provide at least one table worker or official (Referee, Starter, Chief Judge or Stoke & Turn Judge) per session if entering 25 or more splashes.</p> <p>Officials wishing to volunteer to work the meet should contact Machine Aquatics Head Official, Courtney Johnston, at officials@machineaquatics.com.</p> <p>Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.</p> |
| TIMERS | All teams will be required to provide timers for each session. Timer numbers will be in accordance with the number of entries submitted by each club. Timing assignments will be sent to clubs 3-5 days prior to the meet start. |
| CONCESSIONS | There will no concessions at this meet. |
| SEATING | Due to the limited pool deck space, Personal chairs <u>will be permitted</u> on the deck for coaches only. Swimmers MAY NOT bring personal chairs on the deck. |
| ENTRY PROCEDURES | <p>Send entries to ENTRIES@MACHINEAQUATICS.COM</p> <p>Please include in the subject line of the email "2019 Senior Kick Off".</p> <p>Entries should be submitted using Hy-Tek Team Manager.</p> <p>The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director.</p> <p>Checks may be mailed and made payable to: Machine Aquatics, LLC. 204- D Mill Street, NE Vienna, VA 22180</p> <p>Warning: Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100 and no further entries will be accepted from that club until the said fine is paid.</p> |

2019 Senior Kick Off

Saturday, October 5th - Session 1

Warm Up: 6:30-7:30 am

Events: 7:40 am

| Girls Event # | Event | Boys Event # |
|---------------|------------------------|--------------|
| 1 | 100Y FREESTYLE | 2 |
| 3 | 200Y BUTTERFLY | 4 |
| 5 | 100Y BREASTSTROKE | 6 |
| 7 | 200Y FREESTYLE | 8 |
| 9 | 100Y BACKSTROKE | 10 |
| 11 | 400Y INDIVIDUAL MEDLEY | 12 |

Sunday, October 6th - Session 2

Warm Up: 6:30-7:30 am

Events: 7:40 am

| Girls Event # | Event | Boys Event # |
|---------------|------------------------|--------------|
| 13 | 200Y BACKSTROKE | 14 |
| 15 | 200Y BREASTSTROKE | 16 |
| 17 | 100Y BUTTERFLY | 18 |
| 19 | 200Y INDIVIDUAL MEDLEY | 20 |
| 21 | 500Y FREESTYLE | 22 |

**MEET MANAGER RESERVES THE RIGHT TO REARRANGE EVENTS IF NEEDED FOR
TIMELINE PURPOSES.**