

MAKO Winter Invitational

Jan 11-12, 2019

Schedule Changes/Warmup Assignments/Meet Notes

Saturday, Jan 11

Session 1: 11-12 yrs

Warm-up: 9:30-9:55 AM

Start: 10:00 AM

Positive Check in for 200 IM ends at 10:15 AM

Session 2: 10&Under

Warm-Ups: (IN MIDDLE POOL/DIVE WELL DURING 11-12 SESSION)

1st Warm-up

12:10-12:30 PM (MAKO/YORK/JCCW/TANK/VLAC)

2nd Warm-up

12:30-12:50 PM (NCAP/AAC/ASTS/PGPR/HACC/MAC)

Start: 1:00 PM

Session 3; 13&Over

Warm-Ups: (IN MIDDLE POOL/DIVE WELL DURING 10&U SESSION)

1st Warm-up

3:10-3:35 PM (MAKO/VLAC/PGPR/HACC/TANK)

2nd Warm-up

3:35-4:00 PM (NCAP/AAC/ASTS/JCC/MAC)

Start: 4:10 PM

*Events #23& #24 Girls/Boys 100 Back will be seeded. ALL Other Events-
Positive Check due at 3:50 PM*

Sunday, Jan 12

Session 4: 11-12 yrs

Warm-Up: 8:15-8:40 AM

Start 8:45 AM

Positive Check in for 200 Free ends at 9:00 AM

Session 5: 10&Under

Warm-Ups: (IN MIDDLE POOL/DIVE WELL DURING 11-12 SESSION)

1st Warm-up

11:00-11:20 AM (NCAP/AAC/ASTS/PGPR/HACC/MAC)

2nd Warm-up

11:20-11:40 AM (MAKO/YORK/JCCW/TANK/VLAC)

Start 11:50 AM

Positive Check in for 100 IM ends at Noon

Session 6: 13&Over

Warm-Ups: (IN MIDDLE POOL/DIVE WELL DURING 10&U SESSION)

1st Warm-up

2:20-2:45 PM (NCAP/AAC/ASTS/JCC/MAC)

2nd Warm-up

2:45-3:10 PM (MAKO/VLAC/PGPR/HACC/TANK)

Start 3:20 PM

*Events #59 & #60 Girls/Boys 100 Fly will be seeded. ALL Other Events-
Positive Check due at 3:00 PM*

TIMER SIGN UP:

Each team is responsible for bringing timers to each session, the number is based upon your teams' entries at each session.

<https://www.signupgenius.com/go/30E0D4AADA62BA20-2020>

OFFICIALS NEEDED:

Please contact our Officials Chair, Dave Charbonneau at makosofficials@gmail.com

IMPORTANT INFORMATION FROM GMU:

All coaches, officials and swimmers will not be allowed to enter the building until 9:15 AM on Saturday, and 8:00 AM on Sunday through Sector B, which is located next to Lot C.

No personal chairs on deck please, there just isn't enough room.

No food should be eaten on deck, have your athletes go to the designated snack room at the end of the back warm-up pool to eat.

Please have your athletes clean up your team area after each session. GMU will fine my club if areas of the deck are left a mess and that fine will be passed along to the team sitting in that area.

We will not be able to provide any spectator hospitality this year. Our vendor no longer goes out to do hospitality at sports venues and in working with GMU we were not able to find an approved replacement.