

RMSC February Invitational Meet Announcement

February 21-23, 2020
At Martin Luther King, Jr. Swim Center
Sanctioned by USA Swimming through Potomac Valley Swimming
Meet Sanction # PVI-20-65

Meet Director: Christa Krukiel christa.krukiel@montgomerycountymd.gov
(All parent inquiries should be directed to your child's swim coach)

Meet Referee: Steven Lutz stevendlutz@gmail.com

Meet Officials Coordinator: Certified officials and trainees wishing to work the meet should contact Stephanie Frank at sacolacicco@yahoo.com at least two weeks in advance.

Clubs will be responsible for providing their fair share of timers, and will be assigned lanes by the meet director.

Location: Martin Luther King, Jr. Swim Center, 1201 Jackson Road, Silver Spring, MD (240) 777-8060

- 8 lane, 25 yard pool with separate area for warm up/cool down, continuous flow-through gutters, and non-turbulent lane dividers. Diving is not permitted in the warm up/cool down area.
- The competition course has not been certified in accordance with *USA Swimming Rules and Regulations Article 104.2.2(C)*.
- Water depth is 14' at the starting end and 4'9" at the turn end.
- Colorado Electronic Timing System, touch pads, horn start and an 8 lane scoreboard will be used.
- Automatic timing (touch pads primary) will be used.

Meet Schedule:

Friday Night – 14 & Unders

Swimmers must provide their own timers for all events

- Warm-ups: 4:30 – 5:20 PM
- Events Start: 5:30 PM

Girls – 14 & Unders

Saturday & Sunday

- Warm-ups: 8:00 – 8:50 AM
- Events Start: 9:00 AM

Boys – 14 & Unders

Saturday & Sunday

- Warm-ups: 12:00 – 12:50 PM
- Events Start: 1:00 PM

Sunday – Open Events

- Evening Session
 - Warm-ups: 3:45 – 4:30 PM
 - Event Start: 4:35 PM

The Meet Director reserves the right to adjust meet warm-ups and session start times based upon the number of entries received.

Deck Access: Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times. **Parents not working the meet as a deck official, volunteer timer, or other meet position are not permitted on deck.**

Eligibility: This meet is open to invited Potomac Valley Swimming Athletes from invited teams. Interested teams must email the Meet Director for an invitation as space is limited. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in *USA Swimming Rules and Regulations*, Article 302. Swimmers will compete at the age attained on the first day of the meet. It may be necessary to limit entries due to the time constraints. 12 & Under swimmers may only participate in one session per day.

PVS and host clubs along with their Meet Directors are committed to the [Inclusion Policy](#) as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

Warm-Up Procedures: The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. Continuous warm-up and warm-down will be available throughout the meet. The Meet Director may determine the structure of the warm-up, including times and lane assignments.

Rules:

- Current USA Swimming rules, including the [Minor Athlete Abuse Prevention Policy \(MAAPP\)](#), shall govern this meet.
- No on-deck USAS registration permitted.
- Dive-over starts will be used at this meet.
- The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for the 12 & U sessions in Rule 205.3.1F.
- In compliance with *USA Swimming Rules and Regulations*, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition, and cool down periods.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Deck changes are prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No personal chairs allowed on deck for swimmers.

Meet Format:

- A contestant may enter no more than two events per session, and no more than three events for the meet.
- 12 & Under swimmers may only participate in one session per day.
- Seed times are short course yards.
- All events are timed finals.
- Coaches' times will not be accepted.
- It may be necessary to limit entries due to the time constraints at the facility and to maintain reasonable timelines.

Friday events –

- Swimmers must provide their own timers for all events on Friday evening.
- The 14 & Under 500 Freestyle will be swum fastest to slowest, alternating girls and boys.
- Swimmers must provide their own counter for the 500 Free.

Open Events -

- **Swimmers must provide their own timers for ALL events.**
- No Slower Than (NST) entry time standards are listed at the end of the meet announcement.
- 12 & Under swimmers may only participate in one session per day.
- Coaches' times will not be accepted.
- When possible events will be combined by gender, event distance or both.
- Swimmers must provide their own counters for the 500/1000/1650 Free events.

Positive Check In: The Meet Director will determine if positive check-in will be necessary for any event in order to maintain manageable timelines. Information regarding the possibility of additional check-in times and procedures will be available the week prior to the meet in the form of an email to each participating club. If positive check in is implemented, then athletes who have not checked in prior to the specified time will be scratched from the event.

Warning: Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00, and no further entries will be accepted from the club until the said fine is paid. All swimmers, coaches and officials must be properly registered with USA Swimming for 2020.

Entry Information:

- Entry Fees: \$7.50 per individual event.
- Entry Deadline: Tuesday, February 11, 2020 at 8:00 PM.
- No late entries or deck entries will be accepted.
- Meet Director will acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.

Electronic Entry Procedures:

- Email a Hy-Tek entries file (preferred) or a SDIF file to christa.krukiel@montgomerycountymd.gov.
- Email subject should be labeled "February Invitational Entry".
- Email must include report by name. Include total number of swimmers and total number of events, along with contact information (name, phone number, e-mail) of a club representative in the body of the e-mail.
- Send entry fee check payable to **ActiveMontgomery** to: Christa Krukiel
Germantown Indoor Swim Center
18000 Central Park Circle
Boys, Maryland 20841
- Each club is requested to remit one check to cover the entry fees of the entire team. Please do not send cash. Entry Fees are due with entries.

Awards: There will be no awards for this meet.

Swim Center Rules and Conduct

At the request of [Montgomery County Recreation](#), swimmers are not to leave the pool deck without appropriate attire. Coaches will be responsible for the conduct of their athletes while in the facility and surrounding grounds. Failure to follow these rules or any inappropriate behavior will result in the athlete being barred from further competition in the meet. Parents will be responsible for the conduct of any minor children that accompany them.

- No glass containers are permitted within the facility.
- Swimmers must be in direct contact with their supervising coach before they will be allowed to enter the pool for warm-up.
- No camera cell phones are permitted in the locker rooms.

Special Note

In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Martin Luther King Swim Center, Rockville Montgomery Swim Club, and Montgomery County Recreation shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.



RMSC February Invitational
14 & Under Sessions

Friday Night

Warm-ups: 4:30 – 5:20 PM; Events: 5:30 PM

Girls Event #		Boys Event #
1	14 & Under 200 IM	2
3	14 & Under 500 Free	4

Swimmers must provide their own timers and counters for all Friday events

Saturday

Girls – Morning

Warm-ups: 8:00 – 8:50 AM; Events: 9:00 AM

Boys – Afternoon

Warm-ups: 12:00 – 12:50 PM; Events: 1:00 PM

Girls Event #		Boys Event #
5	14 & Under 200 Free	6
7	14 & Under 200 Breast	8
9	12 & Under 50 Back	10
11	14 & Under 100 Fly	12
13	12 & Under 50 Breast	14
15	14 & Under 200 Back	16
17	14 & Under 50 Free	18

Sunday

Girls – Morning

Warm-ups: 8:00 – 8:50 AM; Events: 9:00 AM

Boys – Afternoon

Warm-ups: 12:00 – 12:50 PM; Events: 1:00 PM

Girls Event #		Boys Event #
19	14 & Under 200 Fly	20
21	14 & Under 100 Free	22
23	14 & Under 100 Breast	24
25	12 & Under 50 Fly	26
27	14 & Under 100 Back	28
29	12 & Under 100 IM	30
31	14 & Under 400 IM	32



RMSC February Invitational

Open Sessions

Sunday Evening

Warm-ups: 3:45 – 4:30 PM; Events: 4:35 PM

Girls Event #	No Slower Than SCY		No Slower Than SCY	Boys Event #
33	2:10.89	Open 200 Back	2:00.59	34
35	54.09	Open 100 Free	49.49	36
37	1:09.19	Open 100 Breast	1:02.49	38
39	2:14.09	Open 200 Fly	2:03.19	40
41	1:56.99	Open 200 Free	1:48.29	42
43	4:42.39	Open 400 IM	4:19.09	44
45	1:00.29	Open 100 Back	55.49	46
47	5:13.79	Open 500 Free	4:52.39	48
49	2:31.39	Open 200 Breast	2:16.99	50
51	59.49	Open 100 Fly	54.19	52
53	2:12.69	Open 200 IM	2:01.39	54
55	25.29	Open 50 Free	22.89	56
57	18:05.89	Open 1650 Free	17:00.49	58
59	10:48.99	Open 1000 Free	10:10.49	60

Swimmers must provide their own timers for ALL events

When possible events will be combined by gender, distance or both
Swimmers must provide their own counters for the 500/1000/1650 Free
12 & Under swimmers may only participate in one session per day