



# 2021 SNOW Short Course Spring Classic

Hosted by:



May 6, 2021

Sanction # PVQ-21-189

VSI Sanction # VS-21-XX

<b>MEET DIRECTOR</b>	<b>MEET REFEREE</b>	<b>CLUB OFFICIALS CHAIR</b>
<b>Angela Davis</b> <a href="mailto:Snowswimming.entries@gmail.com">Snowswimming.entries@gmail.com</a> (571) 888-1157	<b>Tim Husson</b> <a href="mailto:Tim.husson@gmail.com">Tim.husson@gmail.com</a>	<b>Eric Ramey</b> <a href="mailto:Rameyeric20105@gmail.com">Rameyeric20105@gmail.com</a> (571) 449-1956

<b>SANCTION</b>	<ul style="list-style-type: none"> <li>Held under the sanction of USA Swimming through Potomac Valley Swimming: <b>PVQ-21-189</b> and Virginia Swimming, Inc.: <b>VSI-21-XX</b></li> <li>In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Inc., SNOW Swimming, and Dulles South Recreation Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li> </ul>		
<b>FACILITY</b>	<p style="text-align: center;"><b>Dulles South Recreation Center</b>  <b>24950 Riding Center Drive</b>  <b>South Riding, VA 20152</b>  <b>(571) 258-3456</b></p> <ul style="list-style-type: none"> <li>The pool at Dulles South is a 50m x 25yd pool with a moveable bulkhead. Competition will be held in eight (8) lanes, 25 yards, running from wall to bulkhead at the southern end of the pool.</li> <li>There will be continuous warm-up/cool-down available during the meet.</li> <li>Water depth of 12'6" at the starting end and 6'8" at the turning end of the competition course.</li> <li>The competition course has been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2(C). A copy of such certificate is on file with USA Swimming.</li> </ul>		
<b>ENTRY DEADLINE</b>	<b>Tuesday, April 27, 2021 5:00pm</b> <b>or when the meet has reached capacity, whichever is earlier</b>		
<b>SCHEDULE</b>	<p style="text-align: center;"><b>Thursday, May 6, 2021</b></p> <table style="width: 100%; border: none;"> <tr> <td style="text-align: center; width: 50%;"> <b>Sprint to Summer (Session 1)</b>  <b>Warm-up: 3:30pm</b>  <b>Events: 4:10pm</b> </td> <td style="text-align: center; width: 50%;"> <b>Duel at the D (Session 2)</b>  <b>Warm-up: 5:50pm</b>  <b>Events: 6:30pm</b> </td> </tr> </table> <ul style="list-style-type: none"> <li>The Meet Director reserves the right to adjust times/sessions after entries are received.</li> <li>All events are timed finals.</li> </ul>	<b>Sprint to Summer (Session 1)</b> <b>Warm-up: 3:30pm</b> <b>Events: 4:10pm</b>	<b>Duel at the D (Session 2)</b> <b>Warm-up: 5:50pm</b> <b>Events: 6:30pm</b>
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<b>ELIGIBILITY</b>	<ul style="list-style-type: none"> <li><b>Sprint to Summer:</b> Open to invited Potomac Valley Swimming registered SNOW swimmers aged 13 and younger.</li> <li><b>Duel at the D:</b> Open to invited Potomac Valley Swimming registered SNOW swimmers aged 13 and older who currently in 8<sup>th</sup> grade or attend high school.</li> <li>No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules &amp; Regulations</i> Article 302.</li> <li>All athletes shall compete at the age attained on the first day of the meet.</li> </ul>		

<b>DISABILITY SWIMMERS</b>	<ul style="list-style-type: none"> <li>• PVS and host clubs along with their meet directors are committed to the <a href="#">Inclusion Policy</a> as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete’s coach) is also responsible for notifying the session referee of any disability prior to competition.</li> </ul>
<b>TIMING SYSTEM</b>	<ul style="list-style-type: none"> <li>• Automatic timing (touchpads primary) will be used.</li> </ul>
<b>COVID-19 CONSIDERATIONS</b>	<ul style="list-style-type: none"> <li>• An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is a contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.</li> <li>• USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.</li> <li>• BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, POTOMAC VALLEY SWIMMING, VIRGINIA SWIMMING, INC., SNOW SWIMMING, AND THE DULLES SOUTH RECREATION CENTER, AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.</li> <li>• We have taken enhanced health and safety measures for all attending this meet; however, we cannot guarantee that you will not become infected with COVID-19. All attending this meet must follow all posted instructions while in attendance. An inherent risk of exposure to COVID-19 exists in any public place where people are present. By attending this meet, you acknowledge the contagious nature of COVID-19 and voluntarily assume all risks related to exposure to COVID-19.</li> <li>• By choosing to attend this meet you agree to comply with all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, Virginia Swimming, Inc., the Commonwealth of Virginia, and Loudoun County.</li> </ul>
<b>COVID-19 PROTOCOLS</b>	<ul style="list-style-type: none"> <li>• Athletes must arrive and depart in their suits. Locker room use will be for emergencies only and no showering or changing will be allowed.</li> <li>• Coaches, officials, and volunteers will use the family locker rooms for restroom purposes.</li> <li>• Athletes must shower prior to arrival at the pool.</li> <li>• All attendees should bring a filled, reusable (non-glass) water bottle to the meet.</li> <li>• All attendees (athletes, coaches, volunteers, officials, etc.) must wear masks to enter the facility and at all times when inside the facility, with the exception of athletes when warming up, cooling down, and competing. Masks must be affixed to the face without hands and must cover nose and mouth.</li> <li>• All attendees will be required to complete and submit a health attestation prior to entering the facility. Attestation must be completed no more than four (4) hours before arrival at the facility.  <a href="#">Athlete Health Attestation</a>                      <a href="#">Official, Volunteer, Coach Health Attestation</a> </li> </ul>

	<ul style="list-style-type: none"> <li>• All attendees will enter the facility from the main entrance. All attendees will proceed past the front desk, around the fitness area, turn left down the hallway to the aquatics area, and left at the end of the hallway to the pool. Swimmers will turn left onto the pool deck and proceed to their assigned area. All attendees will exit the facility through the gym. See attached map.</li> <li>• Face masks should remain dry; therefore, all athletes should bring multiple masks.</li> <li>• Each athlete should bring a small, plastic zipper bag (Ziploc or similar), clearly labeled with the athlete’s name, to place each mask in while the athlete is in the water. Bags containing masks will be placed on chairs behind the starting blocks during competition and warm-up/cool-down. Bags containing masks may also be placed in boxes on the wall for during warm-up and cool-down.</li> <li>• All attendees shall maintain a minimum of six (6) feet distance from all other participants whenever possible.</li> <li>• <b>Sprint to Summer (Session 1) will be limited to 60 swimmers.</b></li> <li>• <b>The Duel at the D (Session 2) will be limited to 80 swimmers.</b></li> <li>• The number of coaches allowed may be limited based on facility requirements.</li> <li>• Only swimmers, coaches, meet volunteers, and officials will be permitted on the pool deck.</li> <li>• Swimmers must follow all directions as posted and adhere to all marshal directions. Any attendee failing or refusing to comply with any of these protocols will be prohibited from entering the facility and/or asked to leave the facility.</li> <li>• One-way traffic flow will be implemented. Swimmers will enter the bleachers from the stairs at the shallow end of the pool and exit the bleachers from the stairs at the deep end (start end) of the pool. At the completion of their races, swimmers will walk around the pool, along the scoreboard side wall, to return to their assigned areas.</li> <li>• All swimmers must remain in their designated area until they are called for their event and they must return to their area immediately following their event and after cooling down.</li> <li>• Swimmers may not enter another swimmer’s “square” of seating.</li> <li>• Any attendee (swimmer, coach, official, volunteer) not following the meet protocols will be subject to immediate removal from the meet.</li> <li>• Limited hospitality may be offered for coaches and officials.</li> <li>• We request that all attendees notify the Meet Director as soon as possible if they have tested positive for COVID-19 or shown symptoms after attending the meet.</li> <li>• No spectators will be permitted. Competition will be live streamed on the <a href="#">SNOW Facebook Page</a>.</li> </ul>
<p><b>RULES</b></p>	<ul style="list-style-type: none"> <li>• Current USA Swimming rules, including the <a href="#">Minor Athlete Abuse Prevention Policy</a> (“MAAPP”), shall govern this meet.</li> <li>• No on-deck USA-S registration is permitted.</li> <li>• In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas, restrooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm-up, competition, and cool-down periods.</li> <li>• Deck changes are prohibited.</li> <li>• Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</li> </ul>

	<ul style="list-style-type: none"> <li>• Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> <li>• Dive-over starts will not be used.</li> <li>• No deck entries will be accepted.</li> </ul>
<b>EVENT RULES – SPRINT TO SUMMER</b>	<ul style="list-style-type: none"> <li>• <b>Swimmers may enter a maximum of three (3) individual events.</b></li> <li>• All events are timed finals.</li> <li>• No late entries will be accepted.</li> </ul>
<b>EVENT RULES – DUEL AT THE D</b>	<ul style="list-style-type: none"> <li>• <b>Swimmers may enter a maximum of two (2) individual events and two (2) relays.</b></li> <li>• <b>Prior to the meet, swimmers will be divided into two teams, Teal and Orange.</b></li> <li>• <b>Each team may enter up to four (4) swimmers per individual event.</b></li> <li>• <b>Each team may enter up to two (2) relay teams per relay event.</b></li> <li>• <b>Relays must be entered with four (4) names.</b> Coaches may substitute relay swimmers so long as the Meet Referee is notified prior to the start of the relay event. Relay cards will not be used.</li> <li>• All events are timed finals.</li> <li>• All swimmers must provide their own counter (if desired) for the 500 yd Freestyle event. Counters must be swimmers, coaches, or volunteers already present for the session.</li> <li>• No late entries will be accepted.</li> </ul>
<b>POSITIVE CHECK-IN</b>	<ul style="list-style-type: none"> <li>• All events will be pre-seeded.</li> </ul>
<b>WARM-UP</b>	<ul style="list-style-type: none"> <li>• The prescribed PVS warm-up procedures and safety policies will be followed.</li> <li>• The Meet Director will determine the structure of warm-up, including times/lane assignments.</li> <li>• No more than five (5) swimmers will be permitted in each warm-up lane.</li> <li>• <b>Sprint to Summer:</b> There will be two (2) continuous cool-down lanes. Marshals will be assigned to monitor these areas. No more than five (5) swimmers will be permitted in a cool-down lane at any time. If at any time conditions become unsafe, the area will be closed for the remainder of the session.</li> <li>• <b>Duel at the D:</b> There will be three (3) continuous cool-down lanes. Marshals will be assigned to monitor these areas. No more than five (5) swimmers will be permitted in a cool-down lane at any time. If at any time conditions become unsafe, the area will be closed for the remainder of the session.</li> </ul>
<b>SUPERVISION</b>	<ul style="list-style-type: none"> <li>• Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.</li> <li>• No personal chairs will be allowed on deck.</li> </ul>
<b>SEEDING</b>	<ul style="list-style-type: none"> <li>• All events will be pre-seeded.</li> </ul>
<b>SCORING</b>	<ul style="list-style-type: none"> <li>• <b>Sprint to Summer:</b> Events in this session (Events 1-5) will not be scored.</li> <li>• <b>Duel at the D:</b> Events in this session (Events 6-27) will be scored as follows: <ul style="list-style-type: none"> <li>○ Individual: 10, 7, 6, 5, 4, 3, 2, 1.</li> <li>○ Relays: 20, 14, 12, 10.</li> </ul> </li> </ul>
<b>AWARDS</b>	<ul style="list-style-type: none"> <li>• <b>Sprint to Summer:</b> Medals will be awarded to the top eight (8) finishers in each event.</li> <li>• <b>Duel at the D:</b> A “trophy” will be awarded to the winning team.</li> </ul>
<b>PROGRAMS</b>	<ul style="list-style-type: none"> <li>• Meet programs and results will be available on Meet Mobile.</li> </ul>
<b>CREDENTIALS</b>	<ul style="list-style-type: none"> <li>• Parents not working the meet as a deck official, volunteer timer, or other position are not permitted on deck or in the facility before, during, or after the meet.</li> <li>• Only athletes, USA Swimming certified coaches, deck officials and volunteers will be permitted on deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.</li> </ul>

<b>OFFICIALS</b>	<ul style="list-style-type: none"> <li>• Officials will be identified in advance and coordinated by the Club Officials Chair, Eric Ramey (<a href="mailto:rameyeric20105@gmail.com">rameyeric20105@gmail.com</a>).</li> <li>• Officials wishing to volunteer should complete the <a href="#">2021 SNOW SC Spring Classic Official's Sign-Up</a>.</li> <li>• Apprentice officials cannot be accommodated.</li> <li>• Officials who have volunteered for this meet should check in at the recording table prior to the start of warm-ups. Officials working this meet will need to wear a mask for the duration of the meet.</li> <li>• A comprehensive official's briefing will be conducted prior to the meet via Zoom. The Meet Referee will provide meeting details to all officials.</li> <li>• Walk-on officials cannot be accommodated.</li> </ul>
<b>TIMERS</b>	<ul style="list-style-type: none"> <li>• One (1) timer per lane.</li> <li>• <b>Sprint to Summer:</b> Timers will be identified in advance and coordinated by the Meet Director.</li> <li>• <b>Duel at the D:</b> Each team will provide four (4) lane timers and one (1) head timer.</li> <li>• Lane assignments will be made in advance.</li> <li>• All timers must wear masks at all times.</li> <li>• A comprehensive timers' briefing will be conducted via Zoom (or other web platform) at 7:00pm on Wednesday, May 5, 2021. Meeting details will be provided by the Meet Director.</li> </ul>
<b>ENTRY PROCEDURES</b>	<ul style="list-style-type: none"> <li>• Entries will be coordinated by the Meet Director.</li> <li>• Entries by phone or fax will not be accepted.</li> <li>• If SNOW enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, SNOW will be fined the sum of \$100 per occurrence by PVS and no further entries will be accepted from that club until the said fine is paid.</li> </ul>
<b>ENTRY FEES</b>	<ul style="list-style-type: none"> <li>• Entry fees will be billed to each swimmer via the SNOW Swimming Team Unify website.</li> </ul> <p style="text-align: center;"> Per Swimmer Surcharge: \$2.50                      Facilities Surcharge: \$10  Individual event fee:        \$12.00                      Relay event fee:        \$16.00 </p>

# 2021 SNOW Short Course Spring Classic

## Thursday, May 6, 2021

### SPRINT TO SUMMER

*Warm-up: 3:30pm*

*Events: 4:10pm*

	EVENT
1	Mixed 13&Under 50 Fly
2	Mixed 13&Under 50 Backstroke
3	Mixed 13&Under 50 Breaststroke
4	Mixed 13&Under 50 Freestyle
5	Mixed 13&Under 100 IM

### DUEL AT THE D\*

*Warm-up: 5:50pm*

*Events: 6:30pm*

BOYS	EVENT	GIRLS
6	13&Over 200 Medley Relay	7
8	13&Over 200 Freestyle	9
10	13&Over 200 Individual Medley	11
12	13&Over 50 Free	13
14	13&Over 100 Fly	15
16	13&Over 100 Freestyle	17
18	13&Over 500 Freestyle	19
20	13& Over 200 Freestyle Relay	21
22	13&Over 100 Backstroke	23
24	13&Over 100 Breaststroke	25
26	13&Over 400 Freestyle Relay	27

*\*only open to swimmers aged 13 and over who currently in 8<sup>th</sup> grade or attend high school*

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 May 6, 2021  
 Dulles South Recreation Center

