

# 2021 AAC Fall Gator Mini meet

Hosted Arlington Aquatic Club

October 30-31, 2021

Long Bridge Aquatic & Fitness Center

333 Long Bridge Dr.

Arlington, VA 22202

## Supplemental Document/Information

In applying for this sanction, the Host, Arlington Aquatic Club, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, the Commonwealth of Virginia, Arlington County, and Long Bridge Aquatic & Fitness Center.

### Local Protocols and Requirements

All local and state protocols will be followed per [Executive Order 79](#) effective May 28, 2021, and [USA Swimming COVID-19 Guidance](#). This guidance includes:

- Face coverings must be worn by all attendees and support staff of the meet.
- Athletes should arrive and depart in their suits. Locker room use should be minimized (*i.e.*, emergencies only and no showering will be allowed).
- Conduct daily screening of coaches, officials, staff, and players for COVID-19 symptoms prior to admission to the venue/facility. Anyone experiencing symptoms should not be permitted in the venue/establishment.

### Attendee Ingress and Egress

- All attendees will enter the facility using the main/front door, proceed to the dry hallway, athletes will gain access to the pool deck through the doors at end of dry hallway. Coaches, Officials and volunteers will also enter the deck through the hallway doors. Athletes will proceed directly to their assigned area in the bleachers and parts of the surrounding pool deck. All attendees will exit through the doors entering into the dry hallway and then proceed to exit through the main doors of the facility.

### Planned Number of Individuals

WARMUPS	
Pool	150
Pool Deck	
Swimmers	75
Coaches	30
Officials	12
Marshals	4
Volunteers	4
Facility Staff	6
Spectator Area	
Swimmers	75
Spectators	125
<b>TOTAL</b>	<b>481</b>

COMPETITION	
Pool	38
Pool Deck	
Swimmers	187
Coaches	30
Officials	12
Timers	17
Marshals	4
Volunteers	10
Facility Staff	6
Spectator Area	
Swimmers	75
Spectators	125
<b>TOTAL</b>	<b>379</b>

## Safe Sport Considerations

In compliance with Safe Sport, parents will have access to and the opportunity to observe their child. Live-stream information will be posted on the PVS website.

## Meet Specific COVID-19 Protocols

- All attendees will enter the facility using the main/front door and proceed to the dry hallway. Swimmers, coaches, officials, and volunteers will enter the deck through the dry hallway. All attendees will exit through the dry hallway and proceed to the main doors of the facility.
- Athletes should arrive and depart in their suits. Locker room use is minimized to emergency use only.
- Before entering the facility, participants are required to assess their own health for symptoms and exposure to COVID-19. Attendees will only be permitted entrance if answering “no” to the following questions:
  - Do you feel any of the symptoms that fall under the symptoms of COVID-19 (fever over 100.4, cough, shortness of breath, etc.)?
  - Has anyone in your family been sick or diagnosed with COVID-19 in the last 14 days?
  - Has someone you’ve been in contact with been diagnosed with COVID-19 or been in contact with someone who has within the past 14 days?
- Any attendee (athletes, coaches, officials, volunteers, and spectators) that feels sick should not come to the meet.
- All attendees (athletes, coaches, officials, volunteers, and spectators) must wear a mask to enter the facility and throughout the facility, with the exception of athletes when competing or warming up/cooling down. Masks must be affixed to the face without hands and must cover the nose and mouth.
- All attendees should bring a filled, reusable (non-glass) water bottle to the meet.
- Athletes should bring a minimum of two masks and a container or waterproof type bag to place their mask in while swimming.
- Spectators will be permitted into the facility. Spectators must wear masks.
- Only swimmers, coaches, meet volunteers, and officials will be permitted on the pool deck.
- Each session will be limited to 300 swimmers. Total attendees (athletes, coaches, officials, and volunteers) for each session is limited to 400.
- Coaches, volunteers, and officials will use the individual restrooms in the lobby for restroom purposes. Athletes will use the locker rooms for restroom purposes.
- Swimmers will not be permitted into the building prior to their arrival time. Swimmers will proceed to their assigned seating area, prepare to enter the pool, and follow marshals’ and coaches’ directions to enter the pool while respecting social distancing guidelines.
- Swimmers will be assigned to a seating area on the pool deck or in half of the spectator bleachers.
- One-way traffic flow will be implemented. Swimmers will enter the deck closest to the spectator area. Swimmers will walk around the pool on the spectator side of the pool to the starting blocks. At the completion of their races, swimmers will exit the pool and walk around on the scoreboard side of the pool to return to their assigned area.
- All swimmers must remain in their team area until they are called for their events, and they must return to their area immediately following their event.
- During warm-ups, swimmers will wear their masks until they reach their assigned warm up lane and entry end and just before they enter the pool. They will place their mask in their waterproof holder to store their mask while they swim. They will put their mask back on as soon as they exit the pool.

- During competition, swimmers will wear their masks until they reach the starting blocks. They will place their mask in their waterproof holder to store their mask while they swim. They will put their mask back on before leaving the starting area.
- Staging for swimmers during competition will be:
  - Heat 1 is at the blocks and will swim
  - Heat 2 is staged behind the blocks, near the wall
  - Heat 3 is staged against wall on the deep end of the pool by windows to lobby until directed to move to where Heat 2 is standing (after Heat 1 has started and Heat 2 steps forward to the starting blocks).
- Entry and exit from continuous warm-up will be from the bleacher side of the pool.
- Limited hospitality may be offered for coaches and officials.
- Any attendee (swimmer, coach, official, volunteer, or spectator) not following the meet protocols will be subject to immediate removal from the meet.
- We request that all attendees notify the appropriate meet director as soon as possible if they have tested positive for COVID-19 or shown symptoms after attending the meet.