



# 22<sup>nd</sup> Annual Spring Championships

March 25-27, 2022

Sanction # PVI-22-81

Hosted by:



MEET DIRECTOR	MEET REFEREE	CLUB OFFICIALS CHAIR
Manga Dalizu 301-526-6597 (coaches only) <a href="mailto:fairlandswim@comcast.net">fairlandswim@comcast.net</a>	Lynne Gerlach 240-286-2319 <a href="mailto:gerlach@msscswimming.com">gerlach@msscswimming.com</a>	Hope Oehler 443-631-7958 <a href="mailto:gingwaa@yahoo.com">gingwaa@yahoo.com</a>

<b>SANCTION</b>	<ul style="list-style-type: none"> <li>Held under the sanction of USA Swimming through Potomac Valley Swimming: <b>PVI-22-81</b>.</li> <li>In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Maryland Suburban Swim Club, and Fairland Aquatics Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li> </ul>
<b>FACILITY</b>	<p style="text-align: center;"><b>Fairland Aquatics Center</b> 13820 Old Gunpowder Road Laurel, Maryland (301) 362-6060</p> <ul style="list-style-type: none"> <li>The pool at Fairland Aquatics Center is a 50m x 25yd pool with two moveable bulkheads.</li> <li>One 10-lane 25-yard course, running from wall to wall will be used. An additional 8 -lane 25-yard course will be used if necessary.</li> <li>The water depth at both the starting and the turn end ranges from 5'-13' at both the start and turn ends.</li> <li>The competition course has not been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2(C).</li> <li><b>PLEASE NOTE: NO spectators will be permitted in the facility. The event will be livestreamed on the Maryland Suburban Swim Club You Tube channel.</b></li> </ul>
<b>ENTRY DEADLINE</b>	<p style="text-align: center;"><b>Friday, March 11, 2022, by 11:59 PM</b></p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
<b>SCHEDULE</b>	<p style="text-align: center;"><u>Friday, March 25</u></p> <p style="text-align: center;">All Ages: Warm-up 4:30 – 5:20 PM, Events: 5:30 PM</p> <p style="text-align: center;"><u>Saturday, March 26</u></p> <p style="text-align: center;"><b>No one will be permitted to enter the building until 6:00 am.</b></p> <p style="text-align: center;">11-12 Year Old's: Warm-up: 6:30 – 7:20 AM Events: 7:30 AM</p> <p style="text-align: center;">9-10 Year Old's: Warm-up: 10:30 – 11:20 AM, Events: 11:30 AM</p> <p style="text-align: center;">13 – 14 Year Old's: Warm-up: 1:30 – 2:20 PM, Events: 2:30 PM</p> <p style="text-align: center;"><b>15 and Overs: Warm-up: 5:00PM – 5:50 PM, Events 6:00 PM</b></p> <p style="text-align: center;"><u>Sunday, March 27</u></p> <p style="text-align: center;"><b>No one will be permitted to enter the building until 6:00 am.</b></p> <p style="text-align: center;">11-12 Year Old's: Warm-up: 6:30 – 7:20 AM Events: 7:30 AM</p> <p style="text-align: center;"><b>9-10 Year Old's: Warm-up: 9:30 – 10:20 AM, Events: 10:30 AM</b></p> <p style="text-align: center;"><b>13 – 14 Year Old's: Warm-up: 12:30 – 1:20 PM, Events: 1:30 PM</b></p> <p style="text-align: center;">15 and Overs: Warm-up: 4:00 PM – 4:50 PM, Events 5:00 PM</p>

	<ul style="list-style-type: none"> <li>Meet Director reserves the right to adjust times/sessions after entries are received.</li> </ul>
<b>ELIGIBILITY</b>	<ul style="list-style-type: none"> <li>Open to registered athletes from invited teams who attended in 2019.</li> <li>Entries will be accepted from 2019 participating teams on a first come, first served basis. Please do not exceed the number of athletes per age group you entered in the 2019 Spring Champs.</li> <li>Once the capacity is reached no more entries will be accepted.</li> <li>No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302.</li> </ul>
<b>DISABILITY SWIMMERS</b>	<ul style="list-style-type: none"> <li>PVS and host clubs along with their meet directors are committed to the <a href="#">Inclusion Policy</a> as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.</li> </ul>
<b>TIMING SYSTEM</b>	<ul style="list-style-type: none"> <li>Automatic timing (touchpads primary) will be used.</li> </ul>
<b>COVID-19 CONSIDERATIONS</b>	<ul style="list-style-type: none"> <li>An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is a contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.</li> <li>USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.</li> <li>BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, POTOMAC VALLEY SWIMMING, MARYLAND SUBURBAN SWIM CLUB, AND FAIRLAND AQUATICS CENTER AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.</li> <li>We have taken enhanced health and safety measures for all attending this meet, however we cannot guarantee that you will not become infected with COVID-19. All attending this meet must follow all posted instructions while in attendance. An inherent risk of exposure to COVID-19 exists in any public place where people are present. By attending this meet, you acknowledge the contagious nature of COVID-19 and voluntarily assume all risks related to exposure to COVID-19.</li> <li>By choosing to attend this meet you agree to comply with all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, the State of Maryland and Prince Georges' County.</li> </ul>
<b>COVID-19 PROTOCOLS</b>	<ul style="list-style-type: none"> <li>Locker room use should be minimized.</li> <li>No one with symptoms of COVID-19 is permitted in the facility.</li> <li>Athletes should arrive and depart in their suits if possible.</li> <li>All attendees (athletes, coaches, officials, and volunteers) should wear a mask to enter the facility and throughout the facility, apart from athletes when competing or warming up/cooling down.</li> </ul>

	<ul style="list-style-type: none"> <li>• The meet will be limited to 216 swimmers per session.</li> <li>• All attendees (athletes, coaches, volunteers, officials, etc.) must complete and turn in a COVID waiver and health screening form before they are permitted to enter the facility. Only one form is required for the weekend.</li> <li>• Athletes will be seated throughout the facility with a coach. No chairs for athletes.</li> <li>• All attendees should maintain a minimum of six (6) feet distance from all other participants whenever possible.</li> <li>• Swimmers will wear their masks until they arrive at their lane, where they will take it off and place it in a bag. The bags will be placed by the starting blocks during warm-ups and competition. Swimmers will immediately put their masks back on at the completion of their swims before they leave the starting area.</li> <li>• Swimmers must follow all directions as posted and adhere to all marshal directions.</li> <li>• Swimmers will walk around the pool deck as directed and line back up in the designated area with proper social distancing until they are cleared to go back to their seating area.</li> <li>• All swimmers must remain in their designated seating area for their group until they are called for their event, and they must return to their area immediately following their event.</li> <li>• Any swimmer not following the meet protocols will be subject to immediate removal from the meet.</li> <li>• There will be NO concessions therefore, swimmers should bring their own water bottle and snacks.</li> <li>• We request that all attendees notify the meet director as soon as possible if they have tested positive for COVID-19, shown symptoms or have been in contact with anyone exposed to COVID-19 after attending the meet.</li> <li>• No spectators will be permitted. Competition will be live streamed via the Maryland Suburban Swim Club You Tube page.</li> </ul>
<p><b>RULES</b></p>	<ul style="list-style-type: none"> <li>• Current USA Swimming rules shall govern this meet.</li> <li>• All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming <a href="#">Minor Athlete Abuse Prevention Policy</a> ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</li> <li>• No on-deck USA Swimming registration is permitted.</li> <li>• In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</li> <li>• Deck changes are prohibited.</li> <li>• Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>• Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> <li>• Dive-over starts may be used.</li> <li>• The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 &amp; U events per Rule 205.3.1F.</li> </ul>

<b>EVENT RULES</b>	<ul style="list-style-type: none"> <li>All events are timed finals. A swimmer may enter no more than <b>four (4)</b> individual events and no more than eight (8) for the meet.</li> <li>A swimmer may not enter an event if they were eligible to enter at PVS SHORT COURSE 14 &amp; UNDER JUNIOR OLYMPIC CHAMPIONSHIPS.</li> <li>A 15 &amp; Older swimmer may not enter an event if they were eligible to enter the PVS SC JUNIOR CHAMPIONSHIPS.</li> <li>If a swimmer is ineligible to swim an event in this meet, that swimmer is also ineligible to swim the corresponding relay leg of that stroke and distance on a relay team.</li> <li>NT (No Time) entries will NOT be accepted; however, due to limited competition opportunities because of the COVID pandemic, we will accept a Coaches time for events 200 yards and shorter.</li> <li><b>Coaches – Please use your best judgement to avoid entering swimmers into events outside their skill and ability level.</b></li> <li>Friday Events: <ul style="list-style-type: none"> <li>All events Friday will be swum FAST to SLOW.</li> <li>Events will be swum as combined ages; however will be broken out into age groups, 9-10, 11-12, 13-14, 15&amp;O for scoring and awards</li> <li>Swimmers will need to provide their own counter (if desired) for the 500 Freestyle.</li> </ul> </li> <li>Deck entries: \$10.00 (cash only) due at time of entry. <ul style="list-style-type: none"> <li>Evidence of current USA Swimming registration will be required for deck entries. Deck entries will be accepted into available lanes in existing heats only.</li> <li><b>Deck entries must be submitted no later than 45 minutes prior to the first event of each session.</b></li> <li>In the event of a significantly over-subscribed session, the Meet Director reserves the right to not accept deck entries.</li> </ul> </li> </ul>
<b>POSITIVE CHECK IN</b>	<ul style="list-style-type: none"> <li>The Meet Director will determine if positive check-in will be required for any or all events.</li> </ul>
<b>WARM-UP</b>	<ul style="list-style-type: none"> <li>The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.</li> <li>Only 6 athletes are permitted per lane at any time.</li> </ul>
<b>SUPERVISION</b>	<ul style="list-style-type: none"> <li>Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.</li> <li>Chairs on deck are permitted for coaches only</li> <li>Please respect the Marshals' enforcement of these and other safety rules.</li> </ul>
<b>SEEDING</b>	<ul style="list-style-type: none"> <li>Standard seeding will be used.</li> </ul>
<b>SCORING</b>	<ul style="list-style-type: none"> <li>Individual: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1</li> <li>Relays: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2</li> </ul>
<b>AWARDS</b>	<ul style="list-style-type: none"> <li>Ribbons will be awarded for 1st through 10th place in individual events and 1st through 3rd place in Relay events.</li> <li>High Point: Special recognition will be given to the male and female swimmer from each single age group 9 -14 and the 15-18 age group, who accumulates the most points.</li> <li>The 9-10, 11-12 and 13 -14 events will be broken out as single age groups for scoring and ribbon purposes. 15 &amp; over will be scored as one group.</li> </ul>
<b>PROGRAMS</b>	<ul style="list-style-type: none"> <li>Programs will be available on Meet Mobile.</li> <li>Printed programs will be available for coaches and officials.</li> </ul>
<b>CREDENTIALS</b>	<ul style="list-style-type: none"> <li>Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should always have proof of active USA Swimming membership with them.</li> </ul>
<b>SPECTATOR ENTRY FEE</b>	<ul style="list-style-type: none"> <li>NO spectators will be permitted in the facility.</li> </ul>

	<ul style="list-style-type: none"> <li>The event will be livestreamed on the Maryland Suburban Swim Club You Tube channel.</li> </ul>
<b>OFFICIALS</b>	<ul style="list-style-type: none"> <li>Each participating club is requested to provide at least one official (Referee Starter, Chief Judge or Stroke &amp; Turn Judge, table staff) per session if entering 25 or more splashes.</li> <li>Officials interested in volunteering should contact Hope Oehler, <a href="mailto:gingwaa@yahoo.com">gingwaa@yahoo.com</a>.</li> <li>Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.</li> </ul>
<b>TIMERS</b>	<ul style="list-style-type: none"> <li>Participating clubs are requested to provide timers in proportion to their entries. One timer is requested for each 25 entries.</li> <li>Volunteer sign will be emailed to participating team head coach.</li> </ul>
<b>ENTRY PROCEDURES</b>	<ul style="list-style-type: none"> <li>Entries should be submitted by email to the Meet Director.</li> <li>Include in the subject of the email, "22<sup>nd</sup> Annual Spring Champs - ****" with the club's initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email.</li> <li>Include in entry email: entry file, report of entries by name, report of entries by event.</li> <li>In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact).</li> <li>Entries directly from individual team members will not be accepted.</li> <li>Entries by phone or fax will not be accepted.</li> <li>The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director.</li> <li>Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine is paid.</li> </ul>

<b>ENTRY FEES</b>	Per Swimmer Surcharge: <b>\$10.00</b>	Relay event fee: <b>\$16.00</b>
	Individual event fee: <b>\$8.50</b>	Deck Entry fee: <b>\$10.00</b>
	<ul style="list-style-type: none"> <li>Make checks payable to MSSC. Checks should be mailed to: PO Box 2658, Laurel, MD 20709</li> <li>Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check.</li> <li>Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.</li> </ul>	

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FRIDAY EVENING SESSION - MARCH 25, 2022

WARM-UP: 4:30 - 5:20 PM EVENTS: 5:30 PM

GIRLS EVENT #	NO FASTER THAN (SCY)	ALL AGE EVENTS*	NO FASTER THAN (SCY)	BOYS EVENT #
1	6:59.99R/9-10	OPEN 500 YD FREESTYLE	6:59.99R/9-10	2
	5:55.99R/11-12		5:55.99R/11-12	
	5:28.09R/13-14		5:13.69R/13-14	
	5:24.99R/15OVER		4:59.99R/15OVER	
3	2:57.99/9-10	12 and UNDER 200 YD IM	2:57.99/9-10	4
	2:33.19/11-12		2:33.39/11-12	
5	5:00.99S/14U	OPEN 400 YD IM	4:43.99S/14U	6
	4:57.99S/15		4:32.99S/15O	

**All Events on Friday Evening will be swum FAST to SLOW  
and may require positive check in.**

Events will be swum as combined ages as indicated, however will be broken out into age groups, 9-10, 11-12, 13-14, 15&O for scoring and awards.

R- Times Slower than 8:30.00 will not be entered in the 9-10 500 Freestyle  
R - Times Slower than 8:00.00 will not be entered in the 11-12 500 Freestyle  
R - Times Slower than 6:50.00 will not be entered in the 13&O 500 Freestyle  
S – Times Slower Than 6:40 will not be entered in the 400 IM

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SATURDAY MORNING SESSION - MARCH 26, 2022

WARM-UP: 6:30 – 7:20 AM, EVENTS: 7:30 AM

<b>GIRLS EVENT #</b>	<b>NO FASTER THAN (SCY)</b>	<b>11 - 12-YEAR-OLD EVENTS</b>	<b>NO FASTER THAN (SCY)</b>	<b>BOYS EVENT #</b>
7	NT	11-12 YR OLD 200 YD MEDLEY RELAY	NT	8
9	32.89	11-12 YR OLD 50 YD BACKSTROKE	33.09	10
11	1:11.99	11-12 YR OLD 100 YD BUTTERFLY	1:12.29	12
13	2:31.39	11-12 YR OLD 200 YD BACKSTROKE	2:32.69	14
15	37.59	11-12 YR OLD 50 YD BREASTSTROKE	37.59	16
17	1:01.39	11-12 YR OLD 100 YD FREESTYLE	1:02.39	18
19	2:54.09	11-12 YR OLD 200 YD BREASTSTROKE	2:53.69	20
21	1:11.19	11-12 YR OLD 100 YD IM	1:11.29	22
23	NT	11-12 YR OLD MIXED 400 YD FREESTYLE RELAY	NT	24
ALL EVENTS 200 YARDS OR MORE MAY REQUIRE POSITIVE CHECK-IN.				

SUNDAY MORNING SESSION - MARCH 27, 2022

WARM-UP: 6:30 – 7:20 AM, EVENTS: 7:30 AM

<b>GIRLS EVENT #</b>	<b>NO FASTER THAN (SCY)</b>	<b>11 - 12-YEAR-OLD EVENTS</b>	<b>NO FASTER THAN (SCY)</b>	<b>BOYS EVENT #</b>
71	NT	11 - 12 OLD 200 YD FREESTYLE RELAY	NT	72
73	2:15.99	11-12 YR OLD 200 YD FREESTYLE	2:14.99	74
75	31.19	11-12 YR OLD 50 YD BUTTERFLY	31.99	76
77	1:21.19	11-12 YR OLD 100 YD BREASTSTROKE	1:21.59	78
79	2:48.99	11-12 YR OLD 200 YD BUTTERFLY#	2:43.99	80
81	1:10.99	11-12 YR OLD 100 YD BACKSTROKE	1:10.99	82
83	28.39	11-12 YR OLD 50 YD FREESTYLE	28.39	84
85	NT	11-12 YR OLD MIXED 400 YD MEDLEY RELAY	NT	86
ALL EVENTS 200 YARDS OR MORE MAY REQUIRE POSITIVE CHECK-IN. #Times slower than 3:45 will not be entered in the 200 Butterfly				

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SATURDAY MIDDAY SESSION – MARCH 26, 2022

**WARM-UP: 9:30 – 10:20 AM, EVENTS: 10:30 AM**

<b>GIRLS EVENT #</b>	<b>NO FASTER THAN (SCY)</b>	<b>9-10-YEAR-OLD EVENTS</b>	<b>NO FASTER THAN (SCY)</b>	<b>BOYS EVENT #</b>
25	NT	9-10 YR OLD 200 YD MEDLEY RELAY	NT	26
27	38.29	9-10 YR OLD 50 YD BACKSTROKE	38.49	28
29	1:30.39	9-10 YR OLD 100 YD BUTTERFLY	1:30.99	30
33	43.09	9-10 YR OLD 50 YD BREASTSTROKE	43.59	34
35	1:12.29	9-10 YR OLD 100 YD FREESTYLE	1:11.99	36
39	1:22.09	9-10 YR OLD 100 YD IM	1:21.79	40
41	NT	9-10 YR OLD MIXED 400 YD FREESTYLE RELAY	NT	42
ALL EVENTS 200 YARDS OR MORE MAY REQUIRE POSITIVE CHECK-IN.				

SUNDAY MIDDAY SESSION - MARCH 27, 2022

WARM-UP: 10:30 – 11:20 AM, EVENTS: 11:30 AM

<b>GIRLS EVENT #</b>	<b>NO FASTER THAN (SCY)</b>	<b>9-10-YEAR-OLD EVENTS</b>	<b>NO FASTER THAN (SCY)</b>	<b>BOYS EVENT #</b>
87	NT	9-10 YR OLD 200 YD FREESTYLE <b>RELAY</b>	NT	88
89	2:36.99	9-10 YR OLD 200 YD FREESTYLE	2:35.59	90
91	37.09	9-10 YR OLD 50 YD BUTTERFLY	37.39	92
93	1:33.39	9-10 YR OLD 100 YD BREASTSTROKE	1:33.39	94
97	1:22.49	9-10 YR OLD 100 YD BACKSTROKE	1:22.49	98
99	32.69	9-10 YR OLD 50 YD FREESTYLE	32.59	100
101	NT	9-10 YR OLD MIXED 400 YD MEDLEY <b>RELAY</b>	NT	102
ALL EVENTS 200 YARDS OR MORE MAY REQUIRE POSITIVE CHECK-IN.				



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SATURDAY AFTERNOON SESSION - MARCH 26, 2022

WARM-UP: 1:30 – 2:20 PM, EVENTS: 2:30 PM

GIRLS EVENT #	NO FASTER THAN (SCY)	13 -14 EVENTS	NO FASTER THAN (SCY)	BOYS EVENT #
43	NT	13 – 14 400 FREESTYLE RELAY	NT	44
45	1:04.99	13 -14 100 YD BACKSTROKE	1:02.19	46
47	2:27.99	13 -14 200 YD BUTTERFLY	2:17.99	48
49	1:14.49	13 - 14 100 YD BREASTSTROKE	1:09.79	50
51	57.59	13 -14 100 YD FREESTYLE	53.99	52
53	2:19.99	13 – 14 200 YD IM	2:12.49	54
55	NT	13 -14 MIXED 200 YD MEDLEY RELAY	NT	56
ALL EVENTS 200 YARDS OR MORE MAY REQUIRE POSITIVE CHECK-IN.				

SUNDAY AFTERNOON SESSION - MARCH 27, 2022

**WARM-UP: 12:30 – 1:20 PM, EVENTS: 1:30 PM**

GIRLS EVENT #	NO FASTER THAN (SCY)	13 - 14 EVENTS	NO FASTER THAN (SCY)	BOYS EVENT #
103	NT	13 – 14 200 FREESTYLE RELAY	NT	104
105	2:03.99	13 – 14 200 YD FREESTYLE	1:56.99	106
107	1:04.59	13 – 14 100 YD BUTTERFLY	1:00.99	108
109	2:39.99	13 – 14 200 YD BREASTSTROKE	2:31.39	110
111	2:17.99	13 – 14 200 YD BACKSTROKE	2:11.99	112
113	26.29	13 – 14 50 YD FREESTYLE	24.99	114
115	NT	13 – 14 MIXED 400 YD MEDLEY RELAY	NT	116
ALL EVENTS 200 YARDS OR MORE MAY REQUIRE POSITIVE CHECK-IN.				

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SATURDAY AFTERNOON SESSION - MARCH 26, 2022

**WARM-UP: 5:00 – 5:50 PM, EVENTS: 6:00 PM**

<b>GIRLS EVENT #</b>	<b>NO FASTER THAN (SCY)</b>	<b>15&amp;OVER EVENTS</b>	<b>NO FASTER THAN (SCY)</b>	<b>BOYS EVENT #</b>
57	NT	15&OVER 400 FREESTYLE RELAY	NT	58
59	1:03.59	15&OVER 100 YD BACKSTROKE	58.19	60
61	2:26.99	15&OVER 200 YD BUTTERFLY	2:12.09	62
63	1:14.39	15&OVER 100 YD BREASTSTROKE	1:07.29	64
65	56.49	15&OVER 100 YD FREESTYLE	50.89	66
67	2:17.99	15&OVER 200 YD IM	2:06.19	68
69	NT	15&O MIXED 200 YD MEDLEY RELAY	NT	70
ALL EVENTS 200 YARDS OR MORE MAY REQUIRE POSITIVE CHECK-IN.				

SUNDAY AFTERNOON SESSION - MARCH 27, 2022

WARM-UP: 4:00 – 4:50 PM, EVENTS: 5:00 PM

<b>GIRLS EVENT #</b>	<b>NO FASTER THAN (SCY)</b>	<b>15&amp;OVER EVENTS</b>	<b>NO FASTER THAN (SCY)</b>	<b>BOYS EVENT #</b>
117	NT	15&OVER 200 FREESTYLE RELAY	NT	118
119	2:01.99	15&O 200 YD FREESTYLE	1:52.19	120
121	1:03.49	15&O 100 YD BUTTERFLY	57.29	122
123	2:38.39	15&O 200 YD BREASTSTROKE	2:25.49	124
125	2:17.99	15&O 200 YD BACKSTROKE	2:08.99	126
127	26.19	15&O 50 YD FREESTYLE	23.59	128
129	NT	15&O MIXED 400 YD MEDLEY RELAY	NT	130
ALL EVENTS 200 YARDS OR MORE MAY REQUIRE POSITIVE CHECK-IN.				