

36th Annual Black History Swim Meet 🔀

February 17 – 19, 2023 Sanction # PVA-23-63



MEET DIRECTOR	MEET REFEREE	CLUB OFFICIALS CHAIR
Rob Green	Erika Livingston	Erika Livingston
Robert.green@dc.gov	Erika@aimstutoring.com	Erika@aimstutoring.com

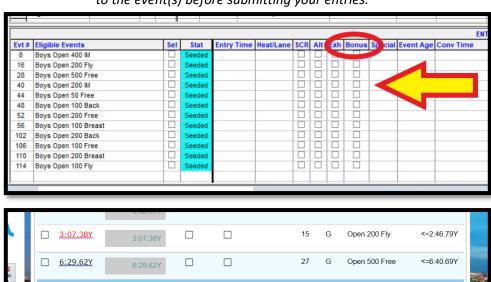
11000	ert.green@dc.gov <u>erika@aimstutoring.com</u> <u>erika@aimstutoring.com</u>			
SANCTION	Held under the approval of USA Swimming through Potomac Valley Swimming: PVA-23-63.			
	 In granting this approval, it is understood and agreed that USA Swimming, Potomac Valley Swimming, DC Wave Swim Team, and DC Department of Parks and Recreation shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. 			
FACILITY	Takoma Aquatic Center			
	300 Van Buren Street NW			
	Washington, DC 20012			
	(202) 576-9534			
	• The pool at Takoma Aquatic Center is 50m x 25 yd with two moveable bulkheads. Competition will be held on two courses.			
	 Course 1: 6 lanes, 25 yards, running wall to wall. Water depth range of 5.0' - 7.0' at both the starting and turning ends. 			
	 Course 2: 8 lanes, 25 yards, running wall to bulkhead. Water depth range of 13.6' at the starting end and 7.0' at the turning end. The 8 lane course will be used for finals. 			
	• The competition course has not been certified in accordance with current <i>USA Swimming Rules</i> and Regulations, Article 104.2.2(C).			
ENTRY	Tuesday, February 7th - 11:59 pm			
DEADLINE	IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.			
SCHEDULE	Friday, February 17 th			
	 All ages Warm Up – 2:50 pm; Events – 4:00 pm 			
	Saturday & Sunday, February 18 th - 19 th			
	• 13 & Over Prelims Warm Up – 6:00 am; Events – 7:30 am			
	 12 & Under Prelims Warm Up – 11:30 am; Events – 12:40 pm 			
	 FINALS Warm Up – 4:30 pm; Events – 5:30 pm 			
 Note: Meet manager will determine if session start times will need to be adjusted or if to be moved to a different session based on the number of entries received. A timeling established and forwarded to each team by Friday, February 8th. 				
ELIGIBILITY	 This meet is open to all swimmers. USA Swimming membership is not required for entry into the meet. Priority in acceptance of entries will be given to teams and athletes that swam in the meet the previous year. Any new teams or athletes interested in attending should notify the Meet Director with an estimated number of swimmers. 			
	Swimmers must meet qualifying times.			
	*Note: We have set a maximum number of athletes who many enter this meet. Selection will be based on first arrival, first entered in events. Preference will go to teams who attended the meet the previous year.			

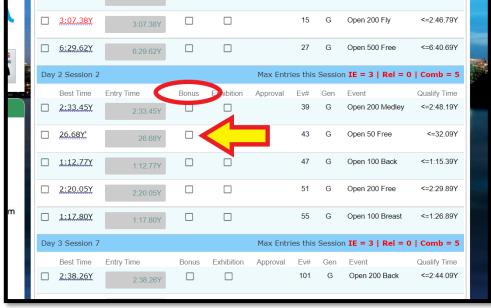
DISABILITY PVS and host clubs along with their meet directors are committed to the Inclusion Policy as **SWIMMERS** adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition. TIMING SYSTEM Automatic timing (touchpads primary) will be used. **RULES** Current USA Swimming rules shall govern this meet. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. No on-deck USA Swimming registration is permitted. In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. Deck changes are prohibited. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Dive-over starts will be used. The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F. **EVENT RULES** Qualifying time standards will be used for all events. The qualifying time standard is a minimum B time standard (2021-2024). All 12 & Under 200-yard events will use a minimum B time standard for 11-12 age group as the qualifying time standard. 15 & Over events will use a minimum B time standard for the 15-16 age group as the qualifying time standard. Each swimmer may enter a maximum of three (3) individual events per day, but not to exceed more than eight (8) individual events for the entire meet. Relay cards (furnished at the session) shall be submitted for each relay team. All events on Friday are timed finals. All 8 & Under and 9-10 events on Saturday and Sunday are timed finals. All 11-12 events on Saturday and Sunday are prelims and finals events. The top eight (8) swimmers will qualify for finals. All 13-14 and 15 & Over events on Saturday and Sunday will be preliminaries and finals. The top sixteen (16) swimmers will qualify for finals. There will be a consolation "B" heat and a championship "A" final. The "B" final will be swum first. All relays are timed finals and will be swum during preliminary sessions. The 500 Free and 400 IM events will be swum Fast to Slow. For positive check in events, swimmers must check in during warmups to indicate their presence and intent to swim.

- Swimmers must provide their own timers and counters (if desired) for the 500 Freestyle.
 Swimmers must provide their own timers for the 400 IM.
- 12 & Under athletes may only participate in one (1) session per day.
- No deck entries will be accepted.

BONUS ENTRIES NOW AVAILABLE!

- 1 Qualifying Time = Max 3 Bonus Swims
- 2 Qualifying Times = Max 2 Bonus Swims
- 3 Qualifying Times = Max 1 Bonus Swims
- 4 or More Qualifying Times = No Bonus Swims
 - When entering an athlete into a bonus event make sure to check the Bonus box next to the event(s) before submitting your entries.





WITHDRAWING FROM FINALS

- Swimmers who do not wish to swim in the Final, may "Scratch" from the event by following the proper procedure. Swimmers must fill out and sign a Finals Scratch Slip within 30 minutes of the announcement of qualifiers for "A" or "B" finals, if scheduled.
- Swimmers may declare an "intent to scratch" by marking the appropriate space for "intent" On the Finals Scratch Slip.
- Swimmers must confirm that "intent to scratch" on the Finals Scratch Sheet within 30 minutes
 after the conclusion of their last preliminary individual event of the day or they will be
 automatically seeded into the Final.

	• If an athlete fails to properly scratch from a final event and does not appear for the event Final, they will be scratched from their next preliminary swim as a penalty.									
POSITIVE CHECK IN	All ev will re	ents on Fri equire posi cipating clu	iday will bo	e positive o	heck in. Th	ne Meet Di	irector wil	determin		
WARM-UP		rescribed I determine							The Meet	Director
SUPERVISION		hes are res							or their tea	am areas.
SEEDING	even			·	,			ding will b	e used for	all final
SCORING	will b awar • High group	 Medals will be awarded for 1st through 3rd place for individual and relay events, place ribbons will be awarded for 4th through 8th place in individual events only. Heat winner ribbons will be awarded during prelims of the 12 & Under sessions for individual events to heat winners. High Point: Special recognition will be given to the male and female swimmer from each age group who accumulates the most points. 								
	Poi	nts will be	awarded (as follows:						•
		Place	Points	Place	Points	Place	Points	Place	Points	
		1 st	20	5 th	14	9 th	9	13 th	4	
		2 nd	17	6 th	13	10 th	7	14 th	3	
		3 rd	16	7 th	12	11 th	6	15 th	2	
		4 th	15	8 th	11	12 th	5	16 th	1	
		events wil				•				inals.
PROGRAMS	• Meet	programs	will be em	nailed to te	ams and a	vailable or	Meet Mc	bile.		
CREDENTIALS	durin Crede	fied USA Sv g check-in entials at a ss to the de	to receive Il times wh	meet cred nile on dec	lentials. Co k. Credent	aches are	required t	o display 2	2023 BHISI	M Meet
	 Teams will be issued coaches credentials based on the number of swimmers entered in the meet. Teams are asked to submit a list of coaches to the meet director along with their entries. 1-10 swimmers									
SPECTATOR ENTRY FEE	 No spectators will be permitted in the facility during the preliminary sessions. Spectator seating will be available for Finals. All sessions of the meet may be viewed via livestream. A link to the livestream will be published before the meet. 									
OFFICIALS	Each StarteOffici	participation er, Chief Jutals interestals als chair.	ng club is r dge or Str	equested oke & Turr	to provide Judge) pe	r session i	fentering	25 or mor	e splashes	•
	Offici warm	als volunten- u-ups. Cert arrival to r	ified offici	als who ha	ve not pre	viously vo	lunteered	should co	ntact the r	eferee

	session during warm-ups.
TIMERS	 Participating clubs are requested to provide timers in proportion to their entries. One timer is
	requested for each 25 entries.
	• Two (2) timers per lane are required. There will be two Head Timers per course. Each team is required to provide two volunteer timers for the duration of each session. Depending on the number of teams present, the meet director reserves the right to request teams to contribute a
	certain number of timers proportional to their entries.
	An online Timer's Signup will be emailed to participating clubs after the entry deadline.
ENTRY PROCEDURES	• The master entry shall show the name, address, and telephone number of the person responsible for each team's entry.
	• Entries must be submitted electronically via e-mail. Follow the instructions under the appropriate heading below.
	• Entries must indicate the athlete's legal name and date of birth. Each club is requested to remit one check to cover the entry fees for the entire team. Please put the club's name on the entry check (if not a club check) and note the number of entries. Do not send cash. Meet director has been instructed not to accept telephone or fax entries.
	• Entries not submitted on the required forms, not complete, not legible or not in the required electronic format, will not be accepted and will be returned. The Meet Director will not be held responsible if there is no time to properly resubmit the entry.
	Electronic entries files should include:
	Export of meet entriesEntry report by name
	Entry report by nameEntry report by event
ENTRY FEES	Per Swimmer Surcharge: \$5.00 Relay event fee: \$12.00
	Individual event fee: \$7.00
	 Entries fees are to be made payable to the "<u>DC TREASURER</u>". Fees are non- refundable. Entries
	will not be considered received until all fees are paid. NO CASH PAYMENTS WILL BE ACCEPTED.
	• Electronic Payments will be accepted via DPR's registration system. Click Here to Create an Account. Meet entry fees will be charged to your DPR account prior to the meet. Fees may be paid online with a Debit/Credit card.
	 Entry fee checks may be mailed to: Takoma Aquatic Center Attn: Rob Green 300 Van Buren Street, NW Washington, DC 20012
	Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made via check or credit card.
	• Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.

February 17 – 19, 2023

	Session 1 – Friday, February 17 th					
NST (SCY)	GIRLS	Events	BOYS	NST (SCY)		
3:38.49	1	10 & Under 200 IM	2	3:35.49		
3:00.19	3	11 & 12 200 IM	4	2:57.29		
6:05.79	5	13 & 14 400 IM	6	5:41.79		
5:57.59	7	15 & Over 400 IM	8	5:29.09		
3:20.89	9	10 & Under 200 Breaststroke	10	3:14.09		
3:20.89	11	11 & 12 200 Breaststroke	12	3:14.09		
2:50.09	13	13 & 14 200 Butterfly	14	2:38.29		
2:46.79	15	15 & Over 200 Butterfly	16	2:31.39		
2:59.99	17	10 & Under 200 Butterfly	18	2:53.19		
2:59.99	19	11 & 12 200 Butterfly	20	2:53.19		
2:56.59	21	10 & Under 200 Backstroke	22	2:51.99		
2:56.59	23	11 & 12 200 Backstroke	24	2:51.99		
6:49.39	25	13 & 14 500 Freestyle	26	6:26.59		
6:40.69	27	15 & Over 500 Freestyle	28	6:12.59		
8:25.39	29	10 & Under 500 Freestyle	30	8:16.69		
7:08.79	31	11 & 12 500 Freestyle	32	6:57.29		

	Session 2 & 3 – Saturday, February 18 th				
NST (SCY)	GIRLS	Events	BOYS	NST (SCY)	
-	33	13-14 400 Freestyle Relay	34	-	
-	35	Open 400 Freestyle Relay	36	-	
2:49.79	37	13 & 14 200 IM	38	2:39.99	
2:46.79	39	15 & Over 200 IM	40	2:31.69	
32.59	41	13 & 14 50 Freestyle	42	29.89	
31.79	43	15 & Over 50 Freestyle	44	28.39	
1:16.69	45	13 & 14 100 Backstroke	46	1:11.49	
1:14.69	47	15 & Over 100 Backstroke	48	1:08.09	
2:32.09	49	13 & 14 200 Freestyle	50	2:22.99	
2:29.39	51	15 & Over 200 Freestyle	52	2:16.49	
1:27.99	53	13 & 14 100 Breaststroke	54	1:21.29	
1:25.89	55	15 & Over 100 Breaststroke	56	1:16.49	
-	57	13-14 200 Medley Relay	58	-	
-	59	Open 200 Medley Relay	60	-	

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	Session 4 & 5 – Saturday, February 18 th				
NST (SCY)	GIRLS	Events	BOYS	NST (SCY)	
1:42.59	61	8 & Under 100 IM	62	1:38.79	
1:42.59	63	9 & 10 100 IM	64	1:38.79	
1:24.09	65	11 & 12 100 IM	66	1:20.89	
38.89	67	8 & Under 50 Freestyle	68	38.09	
38.89	69	9 & 10 50 Freestyle	70	38.09	
33.59	71	11 & 12 50 Freestyle	72	32.59	
1:58.09	73	8 & Under 100 Breaststroke	74	1:53.39	
1:58.09	75	9 & 10 100 Breaststroke	76	1:53.39	
1:34.09	77	11 & 12 100 Breaststroke	78	1:31.39	
1:53.99	79	8 & Under 100 Butterfly	80	1:51.39	
1:53.99	81	9 & 10 100 Butterfly	82	1:51.39	
1:24.39	83	11 & 12 100 Butterfly	84	1:22.89	
1:41.99	85	8 & Under 100 Backstroke	86	1:39.79	
1:41.99	87	9 & 10 100 Backstroke	88	1:39.79	
1:24.79	89	11 & 12 100 Backstroke	90	1:22.19	
-	91	10 & Under 200 Freestyle Relay	92	-	
-	93	11-12 200 Freestyle Relay	94	-	

	Session 6 - FINALS Saturday, February 18 th	
37	13 & 14 200 IM	38
39	15 & Over 200 IM	40
65	11 & 12 100 IM	66
41	13 & 14 50 Freestyle	42
43	15 & Over 50 Freestyle	44
71	11 & 12 50 Freestyle	72
45	13 & 14 100 Backstroke	46
47	15 & Over 100 Backstroke	48
77	11 & 12 100 Breaststroke	78
49	13 & 14 200 Freestyle	50
51	15 & Over 200 Freestyle	52
83	11 & 12 100 Butterfly	84
53	13 & 14 100 Breaststroke	54
55	15 & Over 100 Breaststroke	56
89	11 & 12 100 Backstroke	90

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	Session 7 & 8 – Sunday, February 19 th					
NST (SCY)	GIRLS	Events	BOYS	NST (SCY)		
-	95	13-14 400 Medley Relay	96	-		
-	97	Open 400 Medley Relay	98	-		
2:46.79	99	13 & 14 200 Backstroke	100	2:36.29		
2:42.99	101	15 & Over 200 Backstroke	102	2:27.99		
1:10.59	103	13 & 14 100 Freestyle	104	1:05.59		
1:08.89	105	15 & Over 100 Freestyle	106	1:02.39		
3:10.89	107	13 & 14 200 Breaststroke	108	2:56.59		
3:05.99	109	15 & Over 200 Breaststroke	110	2:48.19		
1:16.39	111	13 & 14 100 Butterfly	112	1:11.19		
1:14.69	113	15 & Over 100 Butterfly	114	1:07.49		
-	115	13-14 200 Freestyle Relay	116	-		
-	117	Open 200 Freestyle Relay	118	-		

	Session 9 & 10 – Sunday, February 19 th					
NST (SCY)	GIRLS	Events	BOYS	NST (SCY)		
47.39	119	8 & Under 50 Butterfly	120	45.69		
47.39	121	9 & 10 50 Butterfly	122	45.69		
36.49	123	11 & 12 50 Butterfly	124	37.09		
3:18.99	125	10 & Under 200 Freestyle	126	3:06.69		
2:40.39	127	11 & 12 200 Freestyle	128	2:34.59		
46.99	129	8 & Under 50 Backstroke	130	47.49		
46.99	131	9 & 10 50 Backstroke	132	47.49		
38.09	133	11 & 12 50 Backstroke	134	37.89		
1:29.59	135	8 & Under 100 Freestyle	136	1:27.79		
1:29.59	137	9 & 10 100 Freestyle	138	1:27.79		
1:13.59	139	11 & 12 100 Freestyle	140	1:10.99		
53.19	141	8 & Under 50 Breaststroke	142	52.09		
53.19	143	9 & 10 50 Breaststroke	144	52.09		
42.99	145	11 & 12 50 Breaststroke	146	42.89		
-	147	10 & Under 200 Medley Relay	148	-		
-	149	11-12 200 Medley Relay	150	-		

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	Session 11 - FINALS Sunday, February 19 th	
123	11-12 50 Butterfly	124
99	13 & 14 200 Backstroke	100
101	15 & Over 200 Backstroke	102
127	11 & 12 200 Freestyle	128
103	13 & 14 100 Freestyle	104
105	15 & Over 100 Freestyle	106
133	11 & 12 50 Backstroke	134
107	13 & 14 200 Breaststroke	108
109	15 & Over 200 Breaststroke	110
139	11 & 12 100 Freestyle	140
111	13 & 14 100 Butterfly	112
113	15 & Over 100 Butterfly	114
145	11 & 12 50 Breaststroke	146