

#1 Men Open 200yd Medley Relay

MET							Metros 2025 (Men Open)			1:52.99	
PI	Team	Relay	Seed	Official	Pts	Achv					
1	Quince Orchard	A QOR	1:39.50	1:37.81	40	MET					
	1) Mettler, Colton (SO)		2) Shafer, Lukas (SR)								
	3) Mettler, Trent (SR)		4) Nagao, Kazuki (JR)								
2	Poolesville	A POO	1:41.72	1:40.47	34	MET					
	1) Tian, Brandon (SO)		2) Qian, Ethan (SR)								
	3) Jarczynski, Justin (JR)		4) Ferrara, Eli (JR)								
3	Northwest	A NWM	1:40.87	1:40.62	32	MET					
	1) Ancheta, GG (JR)		2) Fontana, Enzo (SO)								
	3) Rogovoy, Jack (SR)		4) Conte, Antonio (JR)								
4	Montgomery Blair	A MTB	1:40.88	1:45.44	30	MET					
	1) Bryce, Liam (FR)		2) Alfonso-Frank, Simon (FR)								
	3) Guo, Ethan (SO)		4) Zhao, Andrew (JR)								
5	SHS Warriors	A SHE	1:42.13	1:45.93	28	MET					
	1) Maready, Mason (FR)		2) Liberty, Nicholas (SO)								
	3) Ngo, Henry (SO)		4) Jagannathan, Calum (JR)								
6	Damascus	A DAM	1:47.37	1:55.85	26						
	1) Klein, Andrew (SR)		2) Quach, Ethan (SO)								
	3) Marston, Sam (SO)		4) Wong, Vincent (FR)								

#2 Women Open 200yd Medley Relay

MET							Metros 2025 (Women Open)			2:05.99	
PI	Team	Relay	Seed	Official	Pts	Achv					
1	Montgomery Blair	A MTB	1:53.14	1:48.62	40	MET					
	1) Young, Lindsay (JR)		2) Moore, Mimi (SR)								
	3) Baumann, Alyssa (SR)		4) Humpert, Lucy (SO)								
2	Northwest	A NWM	1:55.97	1:53.38	34	MET					
	1) Crown, Ella (JR)		2) Johnson, Avery (SO)								
	3) Carswell, McKenna (JR)		4) Sparkman, Grace (SO)								
3*	Damascus	A DAM	1:55.81	1:54.50	31	MET					
	1) Beabout, Claire (SR)		2) Sunjaya, Viona (SO)								
	3) Hennelly, Samantha (JR)		4) Erazo, Mikaila (SO)								
3*	Quince Orchard	A QOR	1:57.67	1:54.50	31	MET					
	1) Katz, Ari (JR)		2) Morin, Gabby (SO)								
	3) Takada-Jacobson, Hannah (S)		4) Marks, Stephanie (JR)								
5	Poolesville	A POO	1:58.50	1:56.47	28	MET					
	1) Sha, Anabel (JR)		2) Goettsch, Amelia (SR)								
	3) She, Vivian (SO)		4) Congdon, Lilian (JR)								
6	SHS Warriors	A SHE	1:59.03	1:57.06	26	MET					
	1) Kraft, Allison (FR)		2) Fecko, Mia (SO)								
	3) Williams, Jill (JR)		4) Velasquez, Allie (FR)								

#3 Men Open 200yd Freestyle

MET							Metros 2025 (Men Open)			1:56.49	
PI	Name	Year Team	Seed	Official	Pts	Achv					
1	Kojanov, Misha	SR MTB	1:43.12	1:39.11	20	MET					
2	McCurdy, Ethan	JR QOR	1:52.28	1:44.87	17	MET					
3	Jarczynski, Justin	JR POO	1:48.66	1:46.69	16	MET					
4	Liberty, Nicholas	SO SHE	1:48.70	1:48.32	15	MET					
5	Lawrence, James	JR POO	1:50.28	1:49.31	14	MET					
6	Marston, Sam	SO DAM	1:57.13	1:52.63	13	MET					
7	Chen, Ethan	SR POO	1:52.31	1:52.77	12	MET					
8	Opima, Bryce	JR SHE	1:56.40	1:53.51	11	MET					
9	Khalili, Aarad	FR MTB	1:55.40	1:53.52	9	MET					
10	Ancheta, GG	JR NWM	NT	1:53.62	7	MET					
11	Mount, Colin	FR MTB	1:57.23	1:55.32	6	MET					
12	Kwon, Ian	SO SHE	1:59.25	1:56.05	5	MET					
13	Quach, Gavin	SO DAM	1:57.94	1:56.15	4	MET					
14	Kao, Brady	SO QOR	1:59.00	1:57.37	3						
15	Hwang, Sean	FR NWM	2:01.87	1:57.97	2						
16	Dahlke, Tegegn	SR NWM	1:59.78	2:02.20	1						
17	Rhee, Alex	FR QOR	2:07.75	2:04.69							
18	Chung, Gavin	SO DAM	2:15.66	2:13.45							

#4 Women Open 200yd Freestyle

MET							Metros 2025 (Women Open)			2:08.59	
PI	Name	Year Team	Seed	Official	Pts	Achv					
1	Gudana, Sophie	SO MTB	1:59.00	1:56.49	20	MET					
2	Ivanovskaya, Taya	DAM	2:03.19	1:58.63	17	MET					
3	Blachere, Corinne	JR SHE	2:04.18	1:59.84	16	MET					
4	Carswell, McKenna	JR NWM	2:03.98	2:01.88	15	MET					
5	Humpert, Lucy	SO MTB	2:03.57	2:03.57	14	MET					
6	Katz, Ari	JR QOR	2:10.56	2:03.62	13	MET					
7	Ossi, Chloe	SO MTB	2:06.95	2:03.66	12	MET					
8	Floyd, Elle	JR SHE	2:04.87	2:05.50	11	MET					
9	Wilson, Maddie	FR POO	2:07.01	2:06.37	9	MET					
10	Guo, Melanie	JR POO	2:07.77	2:07.19	7	MET					
11	Tokinon, Kimiko	FR SHE	2:09.52	2:09.21	6						
12	Klein, Carolina	FR DAM	2:12.34	2:10.40	5						
13	Coggeshall, Corinne	FR NWM	2:14.53	2:11.71	4						
14	She, Vivian	SO POO	2:10.65	2:15.25	3						
15	Shriharsha, Advika	JR NWM	2:17.62	2:17.81	2						
16	Straus, Lily	JR QOR	2:16.83	2:18.58	1						
17	Youmans, Brooke	SR QOR	2:31.72	2:33.39							
18	Ostrowski, Rebecca	JR DAM	2:38.28	2:40.56							

#5 Men Open 200yd IM

MET							Metros 2025 (Men Open)			2:14.99	
PI	Name	Year Team	Seed	Official	Pts	Achv					
1	Mcdonough, Teddy	SR MTB	2:00.50	1:52.76	20	MET					

2	Shafer, Lukas	SR QOR	1:58.85	1:54.17	17		5	Nagao, Kazuki	JR QOR	23.22	23.07	14	
3	Kominski, Tyler	SO SHE	1:58.89	1:54.31	16		6	Conte, Antonio	JR NWM	23.65	23.10	13	
4	Kissel, Andrew	JR QOR	2:02.13	1:58.78	15		7*	Botti, Andrew	SR DAM	23.35	23.20	11.5	
5	Lee, Ethan	JR POO	2:08.29	1:59.19	14		7*	Mettler, Trent	SR QOR	23.66	23.20	11.5	
6	Maready, Mason	FR SHE	2:09.02	2:01.88	13		9	Zhao, Andrew	JR MTB	23.78	23.28	9	
7	Laufer, Abe	SR MTB	NT	2:03.56	12		10	Huyck, James	SR NWM	23.75	23.52	7	
8	Qian, Ethan	SR POO	2:04.12	2:03.95	11		11	Finberg, Matthias	SO MTB	23.82	23.58	6	
9	Rogovoy, Jack	SR NWM	2:07.40	2:05.00	9		12	Davis, Caleb	SO POO	23.80	23.62	5	
10	Chandran, Alex	JR POO	2:06.52	2:06.07	7		13	Milligan, Liam	JR NWM	24.53	24.47	4	
11	Quach, Ethan	SO DAM	2:08.22	2:07.84	6		14	Jagannathan, Calum	JR SHE	24.47	24.75	3	
12	Alfonso-Frank, Simon	FR MTB	2:09.45	2:08.71	5		15	Mount, Colin	FR MTB	24.41	24.82	2	
13	Opima, Ayden	JR SHE	2:13.50	2:08.72	4		16	Jones, Chase	SR SHE	24.60	24.84	1	
14	Dickens, Greg	SO QOR	2:17.65	2:11.84	3		17	Chung, Gavin	SO DAM	26.49	26.31		
15	Chan, Isaac	SO NWM	2:16.57	2:13.09	2		18	Ricchini, Jonathan	SR DAM	26.20	26.63		
16	Wong, Roland	JR DAM	2:14.68	2:14.09	1								
17	Tat, Christian	SR NWM	2:14.15	2:15.58									

#6 Women Open 200yd IM

Metros 2025 (Women Open) 2:25.99						
Pl	Name	Year Team	Seed	Official	Pts	Achv
1	Kwon, Alyssa	SR MTB	2:12.50	2:08.93	20	
2	Sunjaya, Viona	SO DAM	2:14.47	2:09.16	17	
3	Moore, Mimi	SR MTB	2:22.57	2:12.56	16	
4	Williams, Jill	JR SHE	2:20.66	2:14.32	15	
5	Takada-Jacobson, Hannah	SR QOR	2:17.50	2:17.79	14	
6	Johnson, Avery	SO NWM	2:23.52	2:18.68	13	
7	Fecko, Mia	SO SHE	2:24.33	2:19.31	12	
8	Ma, Enya	SO MTB	2:22.37	2:20.76	11	
9	Wang, Christine	SO POO	2:18.87	2:20.87	9	
10	Floyd, Sofie	FR SHE	2:29.69	2:23.38	7	
11	Kuzmenko, Kristina	SO POO	2:27.81	2:24.40	6	
12	Cardenas Gaviria, Jaylinne	SR NWM	2:31.03	2:24.69	5	
13	Morin, Gabby	SO QOR	2:36.25	2:29.81	4	
14	McDonald, Claire	NWM	2:30.94	2:31.24	3	
15	Gregory, Zoie	JR DAM	2:35.78	2:33.69	2	
16	Hunkeler, Evie	SR DAM	2:43.31	2:36.44	1	
17	Lo, Megan	FR POO	2:39.68	2:38.77		
18	Tracy, Erica	FR QOR	2:54.45	2:53.31		

#7 Men Open 50yd Freestyle

Metros 2025 (Men Open) 23.79						
Pl	Name	Year Team	Seed	Official	Pts	Achv
1	Lakso, JT	SR SHE	22.51	22.07	20	
2	Ferrara, Eli	JR POO	22.00	22.25	17	
3	Hou, Jaden	SR POO	22.68	22.37	16	
4	Doh, Jacob	SO QOR	23.57	23.04	15	

#8 Women Open 50yd Freestyle

Metros 2025 (Women Open) 26.59						
Pl	Name	Year Team	Seed	Official	Pts	Achv
1	Douglas, Hannah	SR DAM	25.40	25.21	20	
2	Beabout, Claire	SR DAM	26.47	25.68	17	
3	Mitin, Veronica	SO POO	25.69	25.70	16	
4	Zalalutdinov, Darya	JR MTB	26.53	25.90	15	
5	Velasquez, Allie	FR SHE	26.41	26.15	14	
6	Marks, Stephanie	JR QOR	26.90	26.17	13	
7	Wu, Jingjing	SR MTB	26.43	26.27	12	
8	Humpert, Lucy	SO MTB	26.24	26.30	11	
9	Congdon, Lilian	JR POO	26.90	26.44	9	
10	Quiroga, Maya	JR SHE	27.01	26.62	7	
11	Sparkman, Grace	SO NWM	27.21	26.87	6	
12	Kiniry, Olivia	JR SHE	27.19	27.27	5	
13	Zhang, Chelsea	SR POO	27.89	27.35	4	
14	Erazo, Mikaila	SO DAM	27.24	27.36	3	
15	Chakiath, Iris	JR NWM	28.33	27.63	2	
16	Lee, Mei	SO NWM	27.70	27.64	1	
17	Yun, Milana	JR QOR	28.25	27.68		
18	Hidalgo Mendieta, Emely	SR QOR	28.90	28.21		

#9 Men Open 1 Meter Diving (6 dives)

Pl	Name	Year Team	Seed	Official	Pts	Achv
1	Hermann, Gabe	SR POO	NT	296.85	20	
2	Landreth, Luke	FR SHE	NT	244.30	17	
3	Lawlor, Aidan	JR MTB	NT	211.50	16	
4	Haley, Jackson	SR DAM	NT	196.15	15	
5	Iorio, Antonio	JR DAM	NT	194.60	14	
6	Nagel, Jacob	SR POO	NT	168.20	13	
7	Ricchini, Jonathan	SR DAM	NT	162.85	12	
8	Prudenti, Ryan	JR SHE	NT	143.75	11	
9	Kodjak, Forrest	SR MTB	NT	133.05	9	
10	Reeder, Mont	FR QOR	NT	108.25	7	

11 Chen, Peter SR QOR NT **85.95** 6

#10 Women Open 1 Meter Diving (6 dives)

Pl	Name	Year Team	Seed	Official	Pts	Achv
1	Pantezzi, Ellie	JR QOR	NT	259.70	20	
2	Dockx, Annie	SR QOR	NT	236.60	17	
3	Young, Dorothy	JR SHE	NT	198.15	16	
4	Kraft, Allison	FR SHE	NT	188.20	15	
5	Goodrich, Mayzie	SO DAM	NT	172.60	14	
6	Coleman, Morgan	JR DAM	NT	168.40	13	
7	Goettsch, Amelia	SR POO	NT	159.25	12	
8	Dasilva, Sophia	SR NWM	NT	158.80	11	
9	Smiddy, Maya	SO DAM	NT	154.60	9	
10	McGuire, Riley	SO NWM	NT	147.40	7	
11	Delfino, Hannah	SR MTB	NT	140.65	6	
12	Smith, Adelaide	JR SHE	NT	131.90	5	
13	Mraihi, Molka	SO MTB	NT	120.70	4	

#11 Men Open 100yd Butterfly

Metros 2025 (Men Open) 59.49						
Pl	Name	Year Team	Seed	Official	Pts	Achv
1	Shafer, Lukas	SR QOR	54.34	51.32	20	MET
2	McCurdy, Ethan	JR QOR	54.41	53.00	17	MET
3	Kim, Lucas	SO MTB	54.22	53.27	16	MET
4	Rogovoy, Jack	SR NWM	54.66	53.59	15	MET
5	Iavarone-Garza, Christian	SO POO	NT	55.41	14	MET
6	Klein, Andrew	SR DAM	57.53	55.62	13	MET
7	Mettler, Trent	SR QOR	57.01	57.22	12	MET
8	Ye, Anson	SO POO	59.50	57.75	11	MET
9	Maranchi, Krishan	SO POO	58.57	57.97	9	MET
10	Mutter, David	SR SHE	58.77	58.56	7	MET
11	Ngo, Henry	SO SHE	58.93	58.94	6	MET
12	Tat, Christian	SR NWM	57.78	59.03	5	MET
13	Guo, Ethan	SO MTB	58.88	59.93	4	
14	Pata, Nick	FR SHE	1:03.09	1:00.06	3	
15	Wong, Vincent	FR DAM	1:00.82	1:01.03	2	
16	Gopalan, Meru	SR MTB	59.53	1:01.57	1	
17	Ramos, Ethan	FR NWM	1:07.64	1:07.27		
18	Ricchini, Timmy	SO DAM	1:08.17	1:11.18		

#12 Women Open 100yd Butterfly

Metros 2025 (Women Open) 1:06.59						
Pl	Name	Year Team	Seed	Official	Pts	Achv
1	Carswell, McKenna	JR NWM	1:01.56	58.25	20	MET
2	Baumann, Alyssa	SR MTB	1:02.25	59.47	17	MET
3	Williams, Jill	JR SHE	1:02.91	59.89	16	MET
4	Takada-Jacobson, Hannah	SR QOR	1:00.87	59.95	15	MET
5	Congdon, Lilian	JR POO	1:05.93	1:01.26	14	MET

6	Gondi, Zoë	SR MTB	1:05.23	1:02.75	13	MET
7	Hennelly, Samantha	JR DAM	1:04.12	1:03.53	12	MET
8	She, Vivian	SO POO	1:02.97	1:03.78	11	MET
9	Wu, Jingjing	SR MTB	1:04.63	1:04.46	9	MET
10	Petrousky, Gabrielle	FR DAM	1:07.40	1:04.56	7	MET
11	Shriharsha, Advika	JR NWM	1:04.83	1:05.45	6	MET
12	Tokinon, Kimiko	FR SHE	1:09.50	1:06.16	5	MET
13*	Mitin, Veronica	SO POO	1:04.94	1:06.62	3.5	
13*	Fouts, Janae or J	JR QOR	1:07.44	1:06.62	3.5	
15	Moxley, Zoe	FR SHE	1:10.64	1:10.62	2	
16	Kinkle, Samantha	JR NWM	1:12.07	1:12.40	1	
17	Hidalgo Mendieta, Emely	SR QOR	1:14.71	1:15.32		
18	Hunkeler, Ellie	FR DAM	1:20.94	1:18.23		

#13 Men Open 100yd Freestyle

Metros 2025 (Men Open) 52.99						
Pl	Name	Year Team	Seed	Official	Pts	Achv
1	Mettler, Colton	SO QOR	48.75	47.25	20	MET
2	Hou, Jaden	SR POO	50.55	48.78	17	MET
3	Lakso, JT	SR SHE	49.66	49.69	16	MET
4	Ferrara, Eli	JR POO	51.46	49.75	15	MET
5	Lee, Ethan	JR POO	49.64	49.89	14	MET
6	Laufer, Abe	SR MTB	51.08	49.96	13	MET
7	Huyck, James	SR NWM	51.12	50.47	12	MET
8	Doh, Jacob	SO QOR	52.20	50.52	11	MET
9	Botti, Andrew	SR DAM	51.84	51.33	9	MET
10	Finberg, Matthias	SO MTB	51.93	51.84	7	MET
11	Pleasure, Zev	SO SHE	54.88	52.04	6	MET
12	Opima, Bryce	JR SHE	53.24	52.35	5	MET
13	Lassak, Szymon	FR MTB	54.41	52.85	4	MET
14*	Dahlke, Tegegn	SR NWM	52.81	53.37	2.5	
14*	Girimonte, Owen	SR QOR	53.20	53.37	2.5	
16	Milligan, Liam	JR NWM	52.95	53.76	1	
17	Nguyen, Colin	FR DAM	NT	56.65		
18	Rucker, Alex	FR DAM	1:03.25	1:01.52		

#14 Women Open 100yd Freestyle

Metros 2025 (Women Open) 58.69						
Pl	Name	Year Team	Seed	Official	Pts	Achv
1	Young, Lindsay	JR MTB	55.82	52.63	20	MET
2	Kwon, Alyssa	SR MTB	55.63	53.34	17	MET
3	Huang, Sophie	JR POO	55.44	54.77	16	MET
4	Douglas, Hannah	SR DAM	55.09	54.92	15	MET
5	Watanabe, Amy	SR MTB	58.13	55.87	14	MET
6	Beabout, Claire	SR DAM	1:00.00	57.12	13	MET
7	Velasquez, Allie	FR SHE	58.44	57.50	12	MET
8	Quiroga, Maya	JR SHE	1:00.00	57.90	11	MET
9	Wolfington, Annika	SO QOR	59.28	57.94	9	MET

10	Guo, Melanie	JR POO	1:00.33	58.94	7
11	Cardenas Gaviria, Jaylinne	SR NWM	59.18	59.35	6
12	Zhang, Chelsea	SR POO	1:02.66	59.56	5
13	Lee, Juliana	SR NWM	59.31	59.63	4
14	Yun, Milana	JR QOR	1:01.81	1:00.91	3
15	Coggeshall, Corinne	FR NWM	1:00.76	1:01.13	2
16	Corder, Maddie	FR DAM	1:03.66	1:01.48	1
17	Parker, Claudia	SR SHE	1:01.76	1:02.19	
18	Bollini, Maren	SR QOR	1:02.72	1:02.46	

#15 Men Open 500yd Freestyle

Metros 2025 (Men Open)							5:19.99
PI	Name	Year Team	Seed	Official	Pts	Achv	
1	Liberty, Nicholas	SO SHE	4:47.44	4:38.89	20	MET	
2	Kissel, Andrew	JR QOR	5:03.07	4:44.06	17	MET	
3	Jarczynski, Justin	JR POO	4:54.90	4:44.93	16	MET	
4	Fontana, Enzo	SO NWM	4:53.98	4:57.35	15	MET	
5	Mutter, David	SR SHE	5:19.37	5:02.50	14	MET	
6	Chen, Ethan	SR POO	5:12.65	5:02.83	13	MET	
7	Marston, Sam	SO DAM	5:28.06	5:11.76	12	MET	
8	Quach, Gavin	SO DAM	5:16.54	5:14.63	11	MET	
9	Khalili, Aarad	FR MTB	5:13.89	5:15.35	9	MET	
10	Reeves, Elijah	SO MTB	5:12.97	5:17.35	7	MET	
11	Morse, Nikhil	FR SHE	5:32.13	5:20.74	6		
12	Maranchi, Krishan	SO POO	NT	5:30.09	5		
13	Rhee, Alex	FR QOR	5:42.81	5:30.13	4		
14	Kim, Lucas	SO MTB	5:04.93	5:52.86	3		
15	Alcid, Oliver	FR QOR	6:26.02	6:11.94	2		
16	Rogovoy, Nathan	FR NWM	6:29.37	6:16.73	1		
17	Zimmerman, Evan	JR NWM	6:14.84	6:19.37			
18	Harr, Alexander	SR DAM	6:28.91	6:49.91			

#16 Women Open 500yd Freestyle

Metros 2025 (Women Open)							5:47.99
PI	Name	Year Team	Seed	Official	Pts	Achv	
1	Gudana, Sophie	SO MTB	5:21.47	5:09.50	20	MET	
2	Ivanovskaya, Taya	DAM	5:19.02	5:10.77	17	MET	
3	Marks, Stephanie	JR QOR	5:38.84	5:21.87	16	MET	
4	Crown, Ella	JR NWM	5:26.18	5:23.93	15	MET	
5	Fecko, Mia	SO SHE	5:37.76	5:25.75	14	MET	
6	Ossi, Chloe	SO MTB	5:34.57	5:27.26	13	MET	
7	Ossi, Hope	SO MTB	5:42.97	5:27.92	12	MET	
8	Floyd, Elle	JR SHE	5:33.50	5:30.60	11	MET	
9	Wilson, Maddie	FR POO	5:41.29	5:35.45	9	MET	
10	Klein, Carolina	FR DAM	5:50.65	5:45.14	7	MET	
11	Kuzmenko, Kristina	SO POO	6:00.69	5:50.77	6		
12	Chang, Carleigh	SO NWM	6:06.85	5:56.27	5		
13	Straus, Lily	JR QOR	6:09.76	6:05.17	4		

14	McCloskey, Kayla	SO POO	6:15.07	6:07.27	3
15	Morales, Mika	JR SHE	6:15.75	6:12.53	2
16	Gardiner, Lizzie	JR NWM	6:36.72	6:15.09	1
17	Ostrowski, Rebecca	JR DAM	7:06.83	7:06.51	
18	Youmans, Brooke	SR QOR	NT	7:11.50	

#17 Men Open 200yd Freestyle Relay

Metros 2025 (Men Open)							1:42.99
PI	Team	Relay	Seed	Official	Pts	Achv	
1	Quince Orchard	A QOR	1:31.64	1:28.13	40	MET	
	1) Mettler, Colton (SO)		2) McCurdy, Ethan (JR)				
	3) Mettler, Trent (SR)		4) Shafer, Lukas (SR)				
2	Poolesville	A POO	1:32.63	1:29.66	34	MET	
	1) Ferrara, Eli (JR)		2) Hou, Jaden (SR)				
	3) Lee, Ethan (JR)		4) Lawrence, James (JR)				
3	Montgomery Blair	A MTB	1:34.28	1:29.97	32	MET	
	1) Laufer, Abe (SR)		2) Mcdonough, Teddy (SR)				
	3) Kim, Lucas (SO)		4) Kojanov, Misha (SR)				
4	SHS Warriors	A SHE	1:33.65	1:32.41	30	MET	
	1) Lakso, JT (SR)		2) Maready, Mason (FR)				
	3) Mutter, David (SR)		4) Kominski, Tyler (SO)				
5	Northwest	A NWM	1:33.71	1:32.46	28	MET	
	1) Conte, Antonio (JR)		2) Rogovoy, Jack (SR)				
	3) Fontana, Enzo (SO)		4) Ancheta, GG (JR)				
6	Damascus	A DAM	1:40.16	1:36.78	26	MET	
	1) Wong, Roland (JR)		2) Wong, Vincent (FR)				
	3) Quach, Ethan (SO)		4) Botti, Andrew (SR)				

#18 Women Open 200yd Freestyle Relay

Metros 2025 (Women Open)							1:54.99
PI	Team	Relay	Seed	Official	Pts	Achv	
1	Montgomery Blair	A MTB	1:44.19	1:41.40	40	MET	
	1) Kwon, Alyssa (SR)		2) Baumann, Alyssa (SR)				
	3) Gudana, Sophie (SO)		4) Zalalutdinov, Darya (JR)				
2	Poolesville	A POO	1:47.37	1:43.51	34	MET	
	1) Huang, Sophie (JR)		2) Sha, Anabel (JR)				
	3) Wang, Christine (SO)		4) Mitin, Veronica (SO)				
3	Damascus	A DAM	1:44.56	1:45.31	32	MET	
	1) Douglas, Hannah (SR)		2) Hennelly, Samantha (JR)				
	3) Erazo, Mikaila (SO)		4) Ivanovskaya, Taya				
4	SHS Warriors	A SHE	1:46.67	1:46.31	30	MET	
	1) Floyd, Elle (JR)		2) Kiniry, Olivia (JR)				
	3) Velasquez, Allie (FR)		4) Quiroga, Maya (JR)				
5	Northwest	A NWM	1:49.96	1:48.43	28	MET	
	1) Lee, Juliana (SR)		2) Cardenas Gaviria, Jaylinne (S)				
	3) Lee, Mei (SO)		4) Sparkman, Grace (SO)				

6	Quince Orchard	A QOR	1:48.48	1:50.81	26	<input type="checkbox"/>
	1) Yun, Milana (JR)					
	3) Bollini, Maren (SR)					
	2) Fouts, Janae or J (JR)					
	4) Wolfington, Annika (SO)					

#19 Men Open 100yd Backstroke

<input type="checkbox"/> Metros 2025 (Men Open)							1:02.19
Pl	Name	Year Team	Seed	Official	Pts	Achv	
1	Kojanov, Misha	SR MTB	54.41	49.85	20	<input type="checkbox"/>	
2	Mettler, Colton	SO QOR	56.68	51.56	17	<input type="checkbox"/>	
3	Ancheta, GG	JR NWM	55.75	52.28	16	<input type="checkbox"/>	
4	Lawrence, James	JR POO	54.84	54.65	15	<input type="checkbox"/>	
5	Maready, Mason	FR SHE	57.40	55.27	14	<input type="checkbox"/>	
6	Klein, Andrew	SR DAM	57.63	56.88	13	<input type="checkbox"/>	
7	Tian, Brandon	SO POO	59.35	57.62	12	<input type="checkbox"/>	
8	Nagao, Kazuki	JR QOR	1:02.71	57.88	11	<input type="checkbox"/>	
9	Ngo, Henry	SO SHE	59.78	58.21	9	<input type="checkbox"/>	
10	Ye, Anson	SO POO	NT	58.90	7	<input type="checkbox"/>	
11	Guo, Ethan	SO MTB	59.51	59.14	6	<input type="checkbox"/>	
12	Hwang, Sean	FR NWM	1:00.83	59.39	5	<input type="checkbox"/>	
13	Mitchum, Jonathan	SO MTB	1:01.34	59.68	4	<input type="checkbox"/>	
14	Opima, Ayden	JR SHE	1:01.97	1:00.40	3	<input type="checkbox"/>	
15	Wong, Roland	JR DAM	1:00.87	1:01.72	2	<input type="checkbox"/>	
16	May, Trevor	SR QOR	1:04.15	1:01.84	1	<input type="checkbox"/>	
17	Haley, Jackson	SR DAM	1:03.91	1:02.93			
18	Rogovoy, Nathan	FR NWM	1:10.63	1:07.43			

#20 Women Open 100yd Backstroke

<input type="checkbox"/> Metros 2025 (Women Open)							1:07.29
Pl	Name	Year Team	Seed	Official	Pts	Achv	
1	Young, Lindsay	JR MTB	59.77	56.35	20	<input type="checkbox"/>	
2	Baumann, Alyssa	SR MTB	1:03.87	1:01.59	17	<input type="checkbox"/>	
3	Crown, Ella	JR NWM	1:01.69	1:01.69	16	<input type="checkbox"/>	
4	Katz, Ari	JR QOR	1:05.13	1:01.95	15	<input type="checkbox"/>	
5	Wolfington, Annika	SO QOR	1:05.31	1:02.44	14	<input type="checkbox"/>	
6	Sha, Anabel	JR POO	1:04.22	1:03.62	13	<input type="checkbox"/>	
7	Kraft, Allison	FR SHE	1:04.72	1:03.91	12	<input type="checkbox"/>	
8	Barclay, Kate	JR MTB	1:06.50	1:05.47	11	<input type="checkbox"/>	
9	Huang, Sophie	JR POO	1:05.28	1:05.56	9	<input type="checkbox"/>	
10	Hennelly, Samantha	JR DAM	1:06.91	1:05.58	7	<input type="checkbox"/>	
11	Lee, Juliana	SR NWM	1:08.12	1:07.47	6		
12	Kiniry, Olivia	JR SHE	1:09.38	1:07.50	5		
13	Bollini, Maren	SR QOR	1:09.71	1:08.33	4		
14	Gregory, Zoie	JR DAM	1:10.01	1:09.25	3		
15	Petrousky, Gabrielle	FR DAM	1:11.60	1:10.03	2		
16	McDonald, Claire	NWM	1:09.95	1:10.08	1		
17	Chin, Lauren	SR SHE	1:12.26	1:10.37			

18	Jiang, Caroline	SO POO	1:10.50	1:11.10
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#21 Men Open 100yd Breaststroke

<input type="checkbox"/> Metros 2025 (Men Open)							1:08.29
Pl	Name	Year Team	Seed	Official	Pts	Achv	
1	Mcdonough, Teddy	SR MTB	1:01.33	59.91	20	<input type="checkbox"/>	
2	Kominski, Tyler	SO SHE	1:02.37	1:00.16	17	<input type="checkbox"/>	
3	Iavarone-Garza, Christian	SO POO	1:04.18	1:01.50	16	<input type="checkbox"/>	
4	Qian, Ethan	SR POO	1:01.99	1:01.71	15	<input type="checkbox"/>	
5	Fontana, Enzo	SO NWM	1:01.90	1:01.90	14	<input type="checkbox"/>	
6	Chandran, Alex	JR POO	1:03.50	1:02.51	13	<input type="checkbox"/>	
7	Quach, Ethan	SO DAM	1:05.34	1:03.81	12	<input type="checkbox"/>	
8	Dickens, Greg	SO QOR	1:12.38	1:04.95	11	<input type="checkbox"/>	
9	Kao, Brady	SO QOR	1:07.09	1:05.45	9	<input type="checkbox"/>	
10	Chen, Eric	SO MTB	1:09.58	1:05.69	7	<input type="checkbox"/>	
11	Alfonso-Frank, Simon	FR MTB	1:06.64	1:06.58	6	<input type="checkbox"/>	
12	Pata, Nick	FR SHE	1:08.87	1:06.59	5	<input type="checkbox"/>	
13	Chan, Isaac	SO NWM	1:07.06	1:07.25	4	<input type="checkbox"/>	
14	Zimmerman, Evan	JR NWM	1:08.75	1:07.89	3	<input type="checkbox"/>	
15	Wong, Vincent	FR DAM	1:08.06	1:08.18	2	<input type="checkbox"/>	
16	Kwon, Ian	SO SHE	1:09.25	1:08.43	1		
17	Vanas, Chris	FR QOR	1:17.31	1:16.01			
18	Khouri, Brandon	SR DAM	1:19.90	1:16.87			

#22 Women Open 100yd Breaststroke

<input type="checkbox"/> Metros 2025 (Women Open)							1:14.79
Pl	Name	Year Team	Seed	Official	Pts	Achv	
1	Moore, Mimi	SR MTB	1:07.96	1:05.03	20	<input type="checkbox"/>	
2	Sunjaya, Viona	SO DAM	1:07.48	1:05.21	17	<input type="checkbox"/>	
3	Blachere, Corinne	JR SHE	1:15.75	1:10.26	16	<input type="checkbox"/>	
4	Johnson, Avery	SO NWM	1:14.00	1:10.53	15	<input type="checkbox"/>	
5	Morin, Gabby	SO QOR	1:14.12	1:11.37	14	<input type="checkbox"/>	
6	Watson, Natalie	SO SHE	1:14.34	1:12.75	13	<input type="checkbox"/>	
7	Watanabe, Amy	SR MTB	1:16.22	1:13.03	12	<input type="checkbox"/>	
8	Wang, Christine	SO POO	1:13.91	1:13.37	11	<input type="checkbox"/>	
9	Floyd, Sofie	FR SHE	1:18.95	1:14.41	9	<input type="checkbox"/>	
10	Goettsch, Amelia	SR POO	1:16.95	1:15.64	7		
11	Honzak, Seneca	FR MTB	NT	1:16.88	6		
12	Fouts, Janae or J	JR QOR	1:18.56	1:17.56	5		
13	Chen, Khloe	NWM	1:19.21	1:19.01	4		
14	Sha, Anabel	JR POO	1:16.62	1:19.70	3		
15	Chang, Carleigh	SO NWM	1:26.19	1:20.31	2		
16	Hunkeler, Evie	SR DAM	1:22.23	1:20.84	1		
17	Howell, Rachel	DAM	1:26.22	1:22.43			
18	Tracy, Erica	FR QOR	1:23.76	1:25.47			

#23 Men Open 400yd Freestyle Relay

MET	Metros 2025 (Men Open)	3:48.59
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Pl	Team	Relay	Seed	Official	Pts	Achv
1	Montgomery Blair	A MTB	3:21.16	3:15.51	40	MET
	1) Kojanov, Misha (SR)		2) Mcdonough, Teddy (SR)			
	3) Kim, Lucas (SO)		4) Laufer, Abe (SR)			
2	Poolesville	A POO	3:23.36	3:18.08	34	MET
	1) Hou, Jaden (SR)		2) Lee, Ethan (JR)			
	3) Jarczynski, Justin (JR)		4) Ye, Anson (SO)			
3	SHS Warriors	A SHE	3:24.28	3:21.72	32	MET
	1) Lakso, JT (SR)		2) Liberty, Nicholas (SO)			
	3) Mutter, David (SR)		4) Kominski, Tyler (SO)			
4	Damascus	A DAM	3:39.89	3:26.72	30	MET
	1) Marston, Sam (SO)		2) Wong, Roland (JR)			
	3) Klein, Andrew (SR)		4) Botti, Andrew (SR)			
5	Quince Orchard	A QOR	3:33.11	3:27.59	28	MET
	1) McCurdy, Ethan (JR)		2) Kissel, Andrew (JR)			
	3) Kao, Brady (SO)		4) Doh, Jacob (SO)			
6	Northwest	A NWM	3:31.96	3:32.18	26	MET
	1) Dahlke, Tegegn (SR)		2) Milligan, Liam (JR)			
	3) Chan, Isaac (SO)		4) Huyck, James (SR)			

#24 Women Open 400yd Freestyle Relay

MET	Metros 2025 (Women Open)	4:16.99
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Pl	Team	Relay	Seed	Official	Pts	Achv
1	Montgomery Blair	A MTB	3:46.72	3:38.06	40	MET
	1) Young, Lindsay (JR)		2) Kwon, Alyssa (SR)			
	3) Gudana, Sophie (SO)		4) Humpert, Lucy (SO)			

2	Damascus	A DAM	3:49.58	3:43.25	34	MET
	1) Douglas, Hannah (SR)		2) Beabout, Claire (SR)			
	3) Ivanovskaya, Taya		4) Sunjaya, Viona (SO)			
3	Quince Orchard	A QOR	3:50.13	3:45.84	32	MET
	1) Marks, Stephanie (JR)		2) Wolfington, Annika (SO)			
	3) Katz, Ari (JR)		4) Takada-Jacobson, Hannah (S)			
4	Poolesville	A POO	3:53.19	3:47.57	30	MET
	1) Huang, Sophie (JR)		2) Wang, Christine (SO)			
	3) Mitin, Veronica (SO)		4) Congdon, Lilian (JR)			
5	Northwest	A NWM	3:52.47	3:48.38	28	MET
	1) Carswell, McKenna (JR)		2) Cardenas Gaviria, Jaylinne (S)			
	3) Johnson, Avery (SO)		4) Crown, Ella (JR)			
6	SHS Warriors	A SHE	3:50.38	3:53.46	26	MET
	1) Blachere, Corinne (JR)		2) Floyd, Elle (JR)			
	3) Fecko, Mia (SO)		4) Williams, Jill (JR)			

Team Scores (for scored and filtered events)

Place	Team		Men	Women
1	Montgomery Blair	MTB	343	482
2	Poolesville	POO	439	284.5
3	SHS Warriors	SHE	338	339
4	Quince Orchard	QOR	371	273.5
5	Damascus	DAM	234.5	317
6	Northwest	NWM	224.5	263