

## Liberty Conference Championships 2025

## Results

## Event 1 Boys 200 Yard Medley Relay

Conf 6: 1:33.96 ! 1/27/2024 Langley

Langley

M. Zhou, E. Shin, J. Lee, H. Zipperer

1:32.38 AAA All American

1:34.11 AAC All American Conside

1:37.88 STAT State Cut

1:43.89 REGN Region Cut

Team	Relay	Seed Time	Finals Time	Points
1 LANGLEY HIGH SCHOOL		1:35.72	1:34.89 STAT	40
1) Zhou, Michael JR	2) Garvin, Parris JR	3) Thompson, Max FR	4) Shin, Ethan JR	
24.22	50.53 (26.31)	1:13.11 (22.58)	1:34.89 (21.78)	
2 MCLEAN HIGH SCHOOL		NT	1:36.04 STAT	34
1) Haggard, Bruno JR	2) Jia, Aaron SR	3) Weinstock, Harrison SR	4) Wang, Allen SO	
24.13	51.22 (27.09)	1:14.43 (23.21)	1:36.04 (21.61)	
3 YORKTOWN HIGH SCHOOL		1:41.34	1:38.36 REGN	32
1) Pedicano, Nicholas JR	2) Robinson, Mitchell SO	3) Owen, Jacob JR	4) Hotra, Charlie SR	
25.33	51.75 (26.42)	1:15.52 (23.77)	1:38.36 (22.84)	
4 HERNDON HORNETS		1:39.57	1:38.81 REGN	30
1) Rayson, Kellan SR	2) Saunders, Daniel SR	3) Leveto, Mason SR	4) Speer, Eric SO	
25.34	52.50 (27.16)	1:16.66 (24.16)	1:38.81 (22.15)	
5 WASHINGTON-LIBERTY HIGH SC		1:42.69	1:42.01 REGN	28
1) Na, Elijah SR	2) Kambhampaty, Kedar JR	3) Ramos, Diego SO	4) Rogers, Zane JR	
27.72	55.03 (27.31)	1:19.71 (24.68)	1:42.01 (22.30)	
6 GEORGE C. MARSHALL HIGH SCH		1:43.00	1:42.19 REGN	26
1) Allvin, Eli SR	2) Redding, Dylan SR	3) Simpson, David JR	4) Mar, Hudson SR	
27.22	55.18 (27.96)	1:19.41 (24.23)	1:42.19 (22.78)	
7 WAKEFIELD HIGH SCHOOL		NT	1:52.92	24
1) Lopez, Lucas JR	2) Hamill, Alexander JR	3) Rodriguez, Nicholas JR	4) Biggs, Benjamin SO	
24.89	57.91 (33.02)	1:26.29 (28.38)	1:52.92 (26.63)	

## Event 2 Girls 200 Yard Medley Relay

Conf 6: 1:44.54 ! 1/26/2019 Yorktown

Yorktown

MK Reicherter, K Park, V Huske, C. Burgeson

1:44.31 AAA All American

1:46.22 AAC All American Conside

1:49.60 STAT State Cut

1:57.29 REGN Region Cut

Team	Relay	Seed Time	Finals Time	Points
1 YORKTOWN HIGH SCHOOL		1:48.75	1:47.15 STAT	40
1) Cory, McKenzie FR	2) Haynes, Emory JR	3) Hecmanczuk, Mary JR	4) Cobb, Emme SR	
26.21	56.38 (30.17)	1:21.97 (25.59)	1:47.15 (25.18)	
2 WASHINGTON-LIBERTY HIGH SC		1:55.68	1:50.08 REGN	34
1) MacIvor, Amelia FR	2) Taylor, Sasha JR	3) Scogna, Charlie SR	4) McCarthy, Clara SR	
27.18	58.79 (31.61)	1:25.29 (26.50)	1:50.08 (24.79)	
3 MCLEAN HIGH SCHOOL		NT	1:50.65 REGN	32
1) English, Ella SO	2) Falzone, Ana SR	3) Hughes, Danielle SR	4) Murphy, Eleanor SR	
32.63	1:07.34 (34.71)	1:29.75 (22.41)	1:50.65 (20.90)	
4 LANGLEY HIGH SCHOOL		1:53.38	1:52.15 REGN	30
1) Kuang, Gloria JR	2) Steber, Gretchen SO	3) Cota-Robles, Bella FR	4) Paulson, Val SR	
26.57	59.12 (32.55)	1:26.86 (27.74)	1:52.15 (25.29)	
5 GEORGE C. MARSHALL HIGH SCH		1:54.85	1:53.18 REGN	28
1) O'Hearn, Penelope JR	2) Watts, Emma JR	3) McDermott, Kate SR	4) Spignardo, Calla SR	
29.07	1:00.63 (31.56)	1:28.47 (27.84)	1:53.18 (24.71)	

**Liberty Conference Championships 2025**

**Results**

**(Event 2 Girls 200 Yard Medley Relay)**

Team	Relay	Seed Time	Finals Time	Points
6 HERNDON HORNETS		1:54.75	1:55.62 REGN	26
1) Gattoni, Bianca SO	2) Johnson, Abbygail FR	3) Wright, Morgan SR	4) Semanchik, Katherine SR	
30.42	1:01.25 (30.83)	1:28.95 (27.70)	1:55.62 (26.67)	
7 WAKEFIELD HIGH SCHOOL		NT	2:19.02	24
1) Marston, Hadley SR	2) Yates, Emilia JR	3) Larson, Gabrielle	4) Everling, Lauren SO	
36.86	1:18.15 (41.29)	1:48.89 (30.74)	2:19.02 (30.13)	

**Event 3 Boys 200 Yard Freestyle**

Conf 6: **1:39.71 ! 1/28/2023 Noah Dyer Herndon**  
**1:38.21 AAA All American**  
**1:39.81 AAC All American Consider**  
**1:45.32 STAT State Cut**  
**1:48.89 REGN Region Cut**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>Championship Final</b>					
1 Haggard, Bruno	JR	MCLEAN HIGH SCHOOL	1:41.36	1:40.48 STAT	20
24.16	49.66 (25.50)	1:15.12 (25.46)	1:40.48 (25.36)		
2 Garvin, Parris	JR	LANGLEY HIGH SCHOOL	1:42.82	1:44.46 STAT	17
25.02	51.50 (26.48)	1:17.98 (26.48)	1:44.46 (26.48)		
3 Pahlevanpour, Alex	JR	LANGLEY HIGH SCHOOL	1:47.47	1:45.73 REGN	16
25.10	51.78 (26.68)	1:18.82 (27.04)	1:45.73 (26.91)		
4 Rayson, Kellan	SR	HERNDON HORNETS	1:49.01	1:46.38 REGN	15
25.40	52.88 (27.48)	1:19.69 (26.81)	1:46.38 (26.69)		
5 Dilber, Sarp	SO	MCLEAN HIGH SCHOOL	1:50.97	1:47.47 REGN	14
25.34	52.44 (27.10)	1:20.21 (27.77)	1:47.47 (27.26)		
6 Rogers, Zane	JR	WASHINGTON-LIBERTY HIGH SCHOOL	1:48.26	1:50.27	13
25.86	53.72 (27.86)	1:21.83 (28.11)	1:50.27 (28.44)		
7 King, Daniel	FR	HERNDON HORNETS	1:50.23	1:51.12	12
26.08	54.10 (28.02)	1:23.18 (29.08)	1:51.12 (27.94)		
8 Hussey, Liam	SO	YORKTOWN HIGH SCHOOL	1:51.39	1:51.58	11
26.27	54.41 (28.14)	1:23.16 (28.75)	1:51.58 (28.42)		
<b>Consolation Final</b>					
9 Braynard, Rajin	SR	LANGLEY HIGH SCHOOL	1:52.78	1:51.88	9
26.02	54.37 (28.35)	1:23.11 (28.74)	1:51.88 (28.77)		
10 Perlish, Jack	SO	MCLEAN HIGH SCHOOL	1:52.27	1:52.83	7
25.99	54.28 (28.29)	1:23.53 (29.25)	1:52.83 (29.30)		
11 Moore, Collin	SO	GEORGE C. MARSHALL HIGH SCHOOL	1:58.29	1:54.94	6
25.99	54.62 (28.63)	1:24.92 (30.30)	1:54.94 (30.02)		
12 Lavin, Connor	FR	YORKTOWN HIGH SCHOOL	1:55.99	1:56.45	5
26.16	55.14 (28.98)	1:26.01 (30.87)	1:56.45 (30.44)		
13 Adams, Andrew	FR	YORKTOWN HIGH SCHOOL	1:59.70	1:57.79	4
27.58	57.65 (30.07)	1:27.84 (30.19)	1:57.79 (29.95)		
14 Bockman, Isaac	SO	LANGLEY HIGH SCHOOL	1:55.70	1:58.67	3
26.84	56.70 (29.86)	1:28.19 (31.49)	1:58.67 (30.48)		
15 Koay, Kyle	SO	MCLEAN HIGH SCHOOL	2:01.55	1:58.81	2
27.08	56.70 (29.62)	1:27.71 (31.01)	1:58.81 (31.10)		
--- Beall, Sam	SR	YORKTOWN HIGH SCHOOL	1:56.61	DQ	
27.21	56.89 (29.68)	1:26.95 (30.06)	DQ (30.33)		

## Liberty Conference Championships 2025

## Results

## Event 3 Boys 200 Yard Freestyle

Conf 6: 1:39.71 ! 1/28/2023 Noah Dyer

Herndon

1:38.21 AAA All American

1:39.81 AAC All American Consider

1:45.32 STAT State Cut

1:48.89 REGN Region Cut

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Haggard, Bruno	JR	MCLEAN HIGH SCHOOL	1:44.00	1:41.36	STAT
24.01		49.89 (25.88) 1:15.59 (25.70)	1:41.36 (25.77)		
2 Garvin, Parris	JR	LANGLEY HIGH SCHOOL	1:45.85	1:42.82	STAT
24.15		50.17 (26.02) 1:16.92 (26.75)	1:42.82 (25.90)		
3 Pahlevanpour, Alex	JR	LANGLEY HIGH SCHOOL	1:53.00	1:47.47	REGN
25.53		52.54 (27.01) 1:20.21 (27.67)	1:47.47 (27.26)		
4 Rogers, Zane	JR	WASHINGTON-LIBERTY HIGH SCHOOL	1:50.66	1:48.26	REGN
25.51		52.62 (27.11) 1:20.39 (27.77)	1:48.26 (27.87)		
5 Rayson, Kellan	SR	HERNDON HORNETS	1:49.27	1:49.01	
25.39		52.66 (27.27) 1:20.93 (28.27)	1:49.01 (28.08)		
6 King, Daniel	FR	HERNDON HORNETS	1:51.50	1:50.23	
26.01		53.91 (27.90) 1:22.38 (28.47)	1:50.23 (27.85)		
7 Dilber, Sarp	SO	MCLEAN HIGH SCHOOL	1:52.03	1:50.97	
25.98		53.82 (27.84) 1:22.64 (28.82)	1:50.97 (28.33)		
8 Hussey, Liam	SO	YORKTOWN HIGH SCHOOL	1:51.63	1:51.39	
25.79		53.64 (27.85) 1:22.57 (28.93)	1:51.39 (28.82)		
9 Perlish, Jack	SO	MCLEAN HIGH SCHOOL	1:57.38	1:52.27	
25.76		53.80 (28.04) 1:22.82 (29.02)	1:52.27 (29.45)		
10 Braynard, Rajin	SR	LANGLEY HIGH SCHOOL	1:48.82	1:52.78	
25.66		53.40 (27.74) 1:22.75 (29.35)	1:52.78 (30.03)		
11 Bockman, Isaac	SO	LANGLEY HIGH SCHOOL	1:56.01	1:55.70	
26.77		56.23 (29.46) 1:26.12 (29.89)	1:55.70 (29.58)		
12 Lavin, Connor	FR	YORKTOWN HIGH SCHOOL	1:59.91	1:55.99	
26.24		55.55 (29.31) 1:25.98 (30.43)	1:55.99 (30.01)		
13 Beall, Sam	SR	YORKTOWN HIGH SCHOOL	1:58.32	1:56.61	
27.50		56.84 (29.34) 1:26.78 (29.94)	1:56.61 (29.83)		
14 Moore, Collin	SO	GEORGE C. MARSHALL HIGH SCHOOL	1:57.57	1:58.29	
27.03		57.22 (30.19) 1:28.23 (31.01)	1:58.29 (30.06)		
15 Adams, Andrew	FR	YORKTOWN HIGH SCHOOL	2:01.29	1:59.70	
28.16		58.03 (29.87) 1:28.99 (30.96)	1:59.70 (30.71)		
16 Koay, Kyle	SO	MCLEAN HIGH SCHOOL	1:59.94	2:01.55	
27.55		57.94 (30.39) 1:29.45 (31.51)	2:01.55 (32.10)		
17 Ali, Emaad	SO	WASHINGTON-LIBERTY HIGH SCHOOL	2:08.00	2:02.28	
27.99		57.59 (29.60) 1:29.01 (31.42)	2:02.28 (33.27)		
18 Bartl, Alex	SR	WASHINGTON-LIBERTY HIGH SCHOOL	2:06.84	2:03.68	
27.56		58.00 (30.44) 1:30.44 (32.44)	2:03.68 (33.24)		
19 Huggler, Peter	SO	WASHINGTON-LIBERTY HIGH SCHOOL	2:03.77	2:03.79	
27.06		57.91 (30.85) 1:31.20 (33.29)	2:03.79 (32.59)		
20 Berry, Gavin	SO	GEORGE C. MARSHALL HIGH SCHOOL	2:13.08	2:06.28	
27.20		58.39 (31.19) 1:33.18 (34.79)	2:06.28 (33.10)		
21 Platt, Logan	SR	HERNDON HORNETS	2:15.96	2:10.49	
28.76		1:01.06 (32.30) 1:35.76 (34.70)	2:10.49 (34.73)		
22 Rodriguez, Nicholas	JR	WAKEFIELD HIGH SCHOOL	2:13.26	2:12.40	
28.87		1:01.52 (32.65) 1:36.65 (35.13)	2:12.40 (35.75)		
23 Wottawah, Fynn	FR	GEORGE C. MARSHALL HIGH SCHOOL	2:15.77	2:16.62	
28.82		1:03.16 (34.34) 1:40.40 (37.24)	2:16.62 (36.22)		

**Liberty Conference Championships 2025**

**Results**

**Preliminaries ... (Event 3 Boys 200 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time
24 Biggs, Benjamin	SO	WAKEFIELD HIGH SCHOOL	2:19.45	2:20.53
30.36	1:06.00 (35.64)	1:43.85 (37.85)	2:20.53 (36.68)	
25 Laskowski, Spencer	JR	HERNDON HORNETS	NT	2:22.41
30.59	1:06.54 (35.95)	1:44.66 (38.12)	2:22.41 (37.75)	
26 Thurston, Luke	SR	WAKEFIELD HIGH SCHOOL	2:36.71	2:31.63
33.75	1:13.56 (39.81)	1:53.17 (39.61)	2:31.63 (38.46)	
27 Harbour, Rhys	JR	WAKEFIELD HIGH SCHOOL	2:36.28	2:34.47
32.53	1:12.11 (39.58)	1:52.81 (40.70)	2:34.47 (41.66)	
--- Tu, Timothy	JR	GEORGE C. MARSHALL HIGH SCHOOL	NT	DFS

**Event 4 Girls 200 Yard Freestyle**

Conf 6: **1:46.07 ! 2/1/2020 Torri Huske**  
**1:48.79 AAA All American**  
**1:50.65 AAC All American Consider**  
**1:54.89 STAT State Cut**  
**1:59.29 REGN Region Cut**

**Yorktown**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>Championship Final</b>					
1 Sherman, Lila	SO	YORKTOWN HIGH SCHOOL	1:51.71	1:51.39	STAT 20
26.08	54.37 (28.29)	1:22.90 (28.53)	1:51.39 (28.49)		
2 Watts, Emma	JR	GEORGE C. MARSHALL HIGH SCHOOL	1:54.14	1:54.57	STAT 17
26.28	54.90 (28.62)	1:24.50 (29.60)	1:54.57 (30.07)		
3 McCarthy, Clara	SR	WASHINGTON-LIBERTY HIGH SCHOOL	1:55.67	1:56.92	REGN 16
27.17	56.12 (28.95)	1:26.23 (30.11)	1:56.92 (30.69)		
4 Wright, Morgan	SR	HERNDON HORNETS	1:59.63	1:58.84	REGN 15
27.41	57.31 (29.90)	1:28.33 (31.02)	1:58.84 (30.51)		
5 Furches, Jackie	SO	YORKTOWN HIGH SCHOOL	1:58.65	1:58.98	REGN 14
27.75	57.86 (30.11)	1:28.73 (30.87)	1:58.98 (30.25)		
6 Watson, Marina	SR	LANGLEY HIGH SCHOOL	1:57.09	1:59.16	REGN 13
27.59	57.46 (29.87)	1:28.35 (30.89)	1:59.16 (30.81)		
7 De, Lara	JR	LANGLEY HIGH SCHOOL	1:59.75	2:00.29	12
27.89	57.90 (30.01)	1:29.19 (31.29)	2:00.29 (31.10)		
8 Young, Amelia	FR	WAKEFIELD HIGH SCHOOL	2:00.93	2:02.22	11
28.37	59.15 (30.78)	1:30.30 (31.15)	2:02.22 (31.92)		
<b>Consolation Final</b>					
9 Bui, Emma	FR	MCLEAN HIGH SCHOOL	2:01.27	2:01.82	9
28.38	59.33 (30.95)	1:30.44 (31.11)	2:01.82 (31.38)		
10 McCarthy, Willa	SR	WASHINGTON-LIBERTY HIGH SCHOOL	2:01.49	2:02.29	7
28.36	59.26 (30.90)	1:31.16 (31.90)	2:02.29 (31.13)		
11 Sheehan, Kate	JR	MCLEAN HIGH SCHOOL	2:06.49	2:04.57	6
28.68	59.86 (31.18)	1:32.15 (32.29)	2:04.57 (32.42)		
12 Robyak, Kayla	SR	GEORGE C. MARSHALL HIGH SCHOOL	2:06.66	2:05.27	5
28.81	1:00.10 (31.29)	1:32.65 (32.55)	2:05.27 (32.62)		
13 Murphy, Abigail	SO	MCLEAN HIGH SCHOOL	2:07.61	2:05.97	4
27.99	59.84 (31.85)	1:33.10 (33.26)	2:05.97 (32.87)		
14 Schmitt, Katherine	SR	YORKTOWN HIGH SCHOOL	2:08.62	2:08.69	3
29.65	1:01.82 (32.17)	1:35.24 (33.42)	2:08.69 (33.45)		
15 Wood, Olivia	JR	MCLEAN HIGH SCHOOL	2:09.11	2:09.35	2
30.14	1:02.83 (32.69)	1:35.80 (32.97)	2:09.35 (33.55)		
16 Robyak, Brooke	FR	GEORGE C. MARSHALL HIGH SCHOOL	2:09.18	2:10.35	1
28.93	1:00.82 (31.89)	1:34.73 (33.91)	2:10.35 (35.62)		

## Liberty Conference Championships 2025

## Results

## Event 4 Girls 200 Yard Freestyle

Conf 6: 1:46.07 ! 2/1/2020 Torri Huske

Yorktown

1:48.79 AAA All American

1:50.65 AAC All American Consider

1:54.89 STAT State Cut

1:59.29 REGN Region Cut

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Sherman, Lila	SO	YORKTOWN HIGH SCHOOL	1:55.33	1:51.71	STAT
25.79		54.03 (28.24) 1:23.01 (28.98)	1:51.71 (28.70)		
2 Watts, Emma	JR	GEORGE C. MARSHALL HIGH SCHOOL	2:01.91	1:54.14	STAT
26.10		54.56 (28.46) 1:24.30 (29.74)	1:54.14 (29.84)		
3 McCarthy, Clara	SR	WASHINGTON-LIBERTY HIGH SCHOOL	2:00.05	1:55.67	REGN
27.39		56.53 (29.14) 1:25.84 (29.31)	1:55.67 (29.83)		
4 Watson, Marina	SR	LANGLEY HIGH SCHOOL	2:04.16	1:57.09	REGN
26.62		55.67 (29.05) 1:25.75 (30.08)	1:57.09 (31.34)		
5 Furches, Jackie	SO	YORKTOWN HIGH SCHOOL	2:00.41	1:58.65	REGN
27.83		58.29 (30.46) 1:29.04 (30.75)	1:58.65 (29.61)		
6 Wright, Morgan	SR	HERNDON HORNETS	2:03.44	1:59.63	
27.75		58.09 (30.34) 1:29.20 (31.11)	1:59.63 (30.43)		
7 De, Lara	JR	LANGLEY HIGH SCHOOL	2:01.94	1:59.75	
27.76		57.92 (30.16) 1:28.98 (31.06)	1:59.75 (30.77)		
8 Young, Amelia	FR	WAKEFIELD HIGH SCHOOL	2:05.75	2:00.93	
27.44		57.77 (30.33) 1:28.97 (31.20)	2:00.93 (31.96)		
9 Bui, Emma	FR	MCLEAN HIGH SCHOOL	2:06.97	2:01.27	
27.64		58.19 (30.55) 1:29.15 (30.96)	2:01.27 (32.12)		
10 McCarthy, Willa	SR	WASHINGTON-LIBERTY HIGH SCHOOL	2:04.81	2:01.49	
28.01		58.46 (30.45) 1:30.19 (31.73)	2:01.49 (31.30)		
11 Sheehan, Kate	JR	MCLEAN HIGH SCHOOL	2:10.20	2:06.49	
28.77		1:00.28 (31.51) 1:33.22 (32.94)	2:06.49 (33.27)		
12 Robyak, Kayla	SR	GEORGE C. MARSHALL HIGH SCHOOL	2:11.50	2:06.66	
29.04		1:00.87 (31.83) 1:33.88 (33.01)	2:06.66 (32.78)		
13 Murphy, Abigail	SO	MCLEAN HIGH SCHOOL	2:09.94	2:07.61	
28.20		59.75 (31.55) 1:33.76 (34.01)	2:07.61 (33.85)		
14 Schmitt, Katherine	SR	YORKTOWN HIGH SCHOOL	2:13.91	2:08.62	
29.48		1:01.69 (32.21) 1:35.20 (33.51)	2:08.62 (33.42)		
15 Wood, Olivia	JR	MCLEAN HIGH SCHOOL	2:10.88	2:09.11	
30.39		1:03.37 (32.98) 1:35.78 (32.41)	2:09.11 (33.33)		
16 Robyak, Brooke	FR	GEORGE C. MARSHALL HIGH SCHOOL	2:11.01	2:09.18	
29.51		1:01.02 (31.51) 1:34.49 (33.47)	2:09.18 (34.69)		
17 Xing, Chloe	FR	LANGLEY HIGH SCHOOL	NT	2:09.49	
30.05		1:03.07 (33.02) 1:36.52 (33.45)	2:09.49 (32.97)		
18 Hardwick, Mary	JR	YORKTOWN HIGH SCHOOL	2:14.15	2:11.63	
29.11		1:01.56 (32.45) 1:36.29 (34.73)	2:11.63 (35.34)		
19 Torg, Carrie	JR	WASHINGTON-LIBERTY HIGH SCHOOL	2:15.35	2:13.33	
30.99		1:04.12 (33.13) 1:38.64 (34.52)	2:13.33 (34.69)		
20 Dowler, Callie	JR	WASHINGTON-LIBERTY HIGH SCHOOL	2:16.10	2:14.12	
30.90		1:04.65 (33.75) 1:39.43 (34.78)	2:14.12 (34.69)		
21 Saadat, Melody	FR	LANGLEY HIGH SCHOOL	NT	2:18.22	
30.03		1:05.33 (35.30) 1:42.77 (37.44)	2:18.22 (35.45)		
22 Sjoberg, Zoey	SO	GEORGE C. MARSHALL HIGH SCHOOL	2:17.50	2:18.66	
30.08		1:04.01 (33.93) 1:41.39 (37.38)	2:18.66 (37.27)		
23 Anderson, Josie	SO	HERNDON HORNETS	2:34.36	2:28.78	
31.89		1:09.10 (37.21) 1:49.14 (40.04)	2:28.78 (39.64)		

**Liberty Conference Championships 2025**

**Results**

**Preliminaries ... (Event 4 Girls 200 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time
24 Semanchik, Maggie	FR	HERNDON HORNETS	2:36.56	2:30.44
31.94	1:10.03 (38.09)	1:50.80 (40.77)	2:30.44 (39.64)	
25 Williams, Nina	JR	HERNDON HORNETS	2:35.03	2:32.29
33.16	1:11.40 (38.24)	1:51.55 (40.15)	2:32.29 (40.74)	
26 Mahon, Loralai	FR	WAKEFIELD HIGH SCHOOL	NT	3:11.84
39.04	1:28.99 (49.95)	2:22.01 (53.02)	3:11.84 (49.83)	

**Event 5 Boys 200 Yard IM**

Conf 6: **1:49.99 ! 1/27/2018 Casey Storch Langley**  
**1:49.14 AAA All American**  
**1:51.34 AAC All American Consider**  
**1:56.77 STAT State Cut**  
**2:01.59 REGN Region Cut**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>Championship Final</b>					
1 Jia, Aaron	SR	MCLEAN HIGH SCHOOL	1:54.33	1:50.84 AAC	20
25.24	52.86 (27.62)	1:24.62 (31.76)	1:50.84 (26.22)		
2 Zhou, Michael	JR	LANGLEY HIGH SCHOOL	1:55.04	1:54.85 STAT	17
24.79	52.84 (28.05)	1:27.44 (34.60)	1:54.85 (27.41)		
3 Saunders, Daniel	SR	HERNDON HORNETS	1:58.73	1:56.34 STAT	16
25.74	55.63 (29.89)	1:28.80 (33.17)	1:56.34 (27.54)		
4 Kambhampaty, Kedar	JR	WASHINGTON-LIBERTY HIGH SCHOOL	2:02.32	1:59.64 REGN	15
25.80	55.25 (29.45)	1:29.08 (33.83)	1:59.64 (30.56)		
5 Williams, Henry	SO	MCLEAN HIGH SCHOOL	1:59.70	2:00.62 REGN	14
25.97	54.42 (28.45)	1:31.52 (37.10)	2:00.62 (29.10)		
6 Flickinger, Ryan	JR	LANGLEY HIGH SCHOOL	2:02.20	2:03.02	13
25.67	55.17 (29.50)	1:32.98 (37.81)	2:03.02 (30.04)		
7 Thornton, Sandro	SO	LANGLEY HIGH SCHOOL	2:02.21	2:03.24	12
26.78	57.80 (31.02)	1:34.04 (36.24)	2:03.24 (29.20)		
8 Pedicano, Nicholas	JR	YORKTOWN HIGH SCHOOL	2:03.91	2:06.73	11
26.71	58.11 (31.40)	1:36.19 (38.08)	2:06.73 (30.54)		
<b>Consolation Final</b>					
9 Lees, Jeremy	SR	MCLEAN HIGH SCHOOL	2:03.97	2:01.83	9
26.51	58.45 (31.94)	1:32.45 (34.00)	2:01.83 (29.38)		
10 Li, Andy	SO	LANGLEY HIGH SCHOOL	2:06.77	2:04.83	7
27.80	58.00 (30.20)	1:34.39 (36.39)	2:04.83 (30.44)		
11 Barlotta, Connor	SO	MCLEAN HIGH SCHOOL	2:07.75	2:04.95	6
26.05	57.67 (31.62)	1:35.73 (38.06)	2:04.95 (29.22)		
12 Simpson, David	JR	GEORGE C. MARSHALL HIGH SCHOOL	2:11.61	2:12.51	5
26.42	59.99 (33.57)	1:41.00 (41.01)	2:12.51 (31.51)		
13 Simpson, Gavin	SR	WASHINGTON-LIBERTY HIGH SCHOOL	2:11.06	2:13.40	4
27.11	1:04.08 (36.97)	1:41.92 (37.84)	2:13.40 (31.48)		
14 Holguin, Sinclair	FR	GEORGE C. MARSHALL HIGH SCHOOL	2:16.09	2:16.28	3
29.72	1:05.15 (35.43)	1:44.52 (39.37)	2:16.28 (31.76)		
15 Wright, Miles	SO	WAKEFIELD HIGH SCHOOL	2:20.77	2:21.92	2
29.97	1:06.34 (36.37)	1:48.36 (42.02)	2:21.92 (33.56)		
16 Patrum, Charles	SO	HERNDON HORNETS	2:24.32	2:23.61	1
30.87	1:08.44 (37.57)	1:50.62 (42.18)	2:23.61 (32.99)		

## Liberty Conference Championships 2025

## Results

## Event 5 Boys 200 Yard IM

Conf 6: 1:49.99 ! 1/27/2018 Casey Storch

Langley

1:49.14 AAA All American

1:51.34 AAC All American Conside

1:56.77 STAT State Cut

2:01.59 REGN Region Cut

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Jia, Aaron	SR	MCLEAN HIGH SCHOOL	1:56.44	1:54.33	STAT
25.75		54.15 (28.40) 1:27.42 (33.27)	1:54.33 (26.91)		
2 Zhou, Michael	JR	LANGLEY HIGH SCHOOL	1:57.28	1:55.04	STAT
24.96		53.46 (28.50) 1:27.87 (34.41)	1:55.04 (27.17)		
3 Saunders, Daniel	SR	HERNDON HORNETS	1:59.78	1:58.73	REGN
26.26		56.35 (30.09) 1:30.48 (34.13)	1:58.73 (28.25)		
4 Williams, Henry	SO	MCLEAN HIGH SCHOOL	2:07.85	1:59.70	REGN
25.82		55.58 (29.76) 1:31.61 (36.03)	1:59.70 (28.09)		
5 Flickinger, Ryan	JR	LANGLEY HIGH SCHOOL	2:11.02	2:02.20	
25.82		55.22 (29.40) 1:32.48 (37.26)	2:02.20 (29.72)		
6 Thornton, Sandro	SO	LANGLEY HIGH SCHOOL	2:02.51	2:02.21	
26.98		57.50 (30.52) 1:33.32 (35.82)	2:02.21 (28.89)		
7 Kambhampaty, Kedar	JR	WASHINGTON-LIBERTY HIGH SCHOO	2:03.72	2:02.32	
26.45		57.55 (31.10) 1:32.07 (34.52)	2:02.32 (30.25)		
8 Pedicano, Nicholas	JR	YORKTOWN HIGH SCHOOL	2:09.30	2:03.91	
26.24		57.67 (31.43) 1:34.59 (36.92)	2:03.91 (29.32)		
9 Lees, Jeremy	SR	MCLEAN HIGH SCHOOL	2:09.43	2:03.97	
26.71		59.08 (32.37) 1:34.28 (35.20)	2:03.97 (29.69)		
10 Li, Andy	SO	LANGLEY HIGH SCHOOL	NT	2:06.77	
28.53		59.53 (31.00) 1:36.41 (36.88)	2:06.77 (30.36)		
11 Barlotta, Connor	SO	MCLEAN HIGH SCHOOL	2:11.69	2:07.75	
26.39		58.65 (32.26) 1:38.05 (39.40)	2:07.75 (29.70)		
12 Simpson, Gavin	SR	WASHINGTON-LIBERTY HIGH SCHOO	2:14.91	2:11.06	
27.09		1:01.95 (34.86) 1:39.77 (37.82)	2:11.06 (31.29)		
13 Simpson, David	JR	GEORGE C. MARSHALL HIGH SCHOOL	2:13.19	2:11.61	
27.06		1:00.35 (33.29) 1:41.60 (41.25)	2:11.61 (30.01)		
14 Holguin, Sinclair	FR	GEORGE C. MARSHALL HIGH SCHOOL	2:17.03	2:16.09	
29.34		1:04.36 (35.02) 1:44.16 (39.80)	2:16.09 (31.93)		
15 Wright, Miles	SO	WAKEFIELD HIGH SCHOOL	2:20.62	2:20.77	
29.86		1:06.71 (36.85) 1:46.59 (39.88)	2:20.77 (34.18)		
16 Patrum, Charles	SO	HERNDON HORNETS	2:27.00	2:24.32	
31.36		1:09.02 (37.66) 1:51.54 (42.52)	2:24.32 (32.78)		
17 Donahue, Patrick	FR	HERNDON HORNETS	2:24.28	2:26.55	
31.80		1:09.64 (37.84) 1:50.44 (40.80)	2:26.55 (36.11)		
18 Cecil, Nicholas	SR	WASHINGTON-LIBERTY HIGH SCHOO	2:25.24	2:27.20	
28.90		1:06.04 (37.14) 1:48.84 (42.80)	2:27.20 (38.36)		
19 Kuoh, Michael	FR	YORKTOWN HIGH SCHOOL	2:29.00	2:28.40	
31.58		1:06.72 (35.14) 1:52.15 (45.43)	2:28.40 (36.25)		
20 Hans, Billy	SO	YORKTOWN HIGH SCHOOL	2:27.19	2:28.87	
31.63		1:08.75 (37.12) 1:52.94 (44.19)	2:28.87 (35.93)		
21 Eradat, Kian	JR	GEORGE C. MARSHALL HIGH SCHOOL	2:28.88	2:30.98	
31.50		1:07.07 (35.57) 1:53.29 (46.22)	2:30.98 (37.69)		
22 Sumner, Henry	SO	YORKTOWN HIGH SCHOOL	2:31.34	2:31.18	
31.85		1:08.56 (36.71) 1:54.03 (45.47)	2:31.18 (37.15)		
23 Kiersz, Matthew	SO	GEORGE C. MARSHALL HIGH SCHOOL	2:35.53	2:31.90	
29.61		1:06.48 (36.87) 1:55.57 (49.09)	2:31.90 (36.33)		

**Liberty Conference Championships 2025**

**Results**

**Preliminaries ... (Event 5 Boys 200 Yard IM)**

Name	Yr	School	Seed Time	Prelim Time
24 Hamill, Alexander	JR	WAKEFIELD HIGH SCHOOL	2:29.06	2:34.05
33.66	1:14.55 (40.89)	1:57.92 (43.37)	2:34.05 (36.13)	
25 Steis, Austin	FR	HERNDON HORNETS	2:35.95	2:38.03
36.18	1:14.92 (38.74)	2:02.34 (47.42)	2:38.03 (35.69)	
--- Langsdale, Griffin	SO	WASHINGTON-LIBERTY HIGH SCHOO	2:13.94	DQ
27.06	1:00.71 (33.65)	1:38.99 (38.28)	DQ (31.24)	

**Event 6 Girls 200 Yard IM**

Conf 6: 1:58.79 ! 1/27/2021 Torri Huske  
 2:01.38 AAA All American  
 2:04.11 AAC All American Consider  
 2:08.39 STAT State Cut  
 2:13.89 REGN Region Cut

Yorktown

Name	Yr	School	Prelim Time	Finals Time	Points
<b>Championship Final</b>					
1 Kuang, Gloria	JR	LANGLEY HIGH SCHOOL	2:10.49	2:05.67	STAT 20
27.16	57.49 (30.33)	1:36.07 (38.58)	2:05.67 (29.60)		
2 Sherman, Nora	SR	YORKTOWN HIGH SCHOOL	2:10.42	2:07.10	STAT 17
27.59	59.10 (31.51)	1:37.39 (38.29)	2:07.10 (29.71)		
3 Scogna, Charlie	SR	WASHINGTON-LIBERTY HIGH SCHOO	2:10.66	2:09.07	REGN 16
27.66	1:00.48 (32.82)	1:38.79 (38.31)	2:09.07 (30.28)		
4 Falzone, Ana	SR	MCLEAN HIGH SCHOOL	2:14.37	2:12.35	REGN 15
28.36	1:01.61 (33.25)	1:39.91 (38.30)	2:12.35 (32.44)		
5 McDonald, Katie	SO	WASHINGTON-LIBERTY HIGH SCHOO	2:13.50	2:13.12	REGN 14
29.08	1:02.21 (33.13)	1:41.04 (38.83)	2:13.12 (32.08)		
6 MacIvor, Amelia	FR	WASHINGTON-LIBERTY HIGH SCHOO	2:14.29	2:14.34	13
28.50	1:01.27 (32.77)	1:43.98 (42.71)	2:14.34 (30.36)		
7 Dinh, Lam	SO	LANGLEY HIGH SCHOOL	2:18.84	2:18.60	12
30.12	1:03.45 (33.33)	1:46.97 (43.52)	2:18.60 (31.63)		
8 Gharakhanian, Audrey	SO	MCLEAN HIGH SCHOOL	2:21.02	2:21.53	11
29.96	1:06.78 (36.82)	1:46.18 (39.40)	2:21.53 (35.35)		
<b>Consolation Final</b>					
9 Haynes, Emory	JR	YORKTOWN HIGH SCHOOL	2:21.37	2:20.36	9
31.00	1:07.93 (36.93)	1:47.51 (39.58)	2:20.36 (32.85)		
10 Giglio, Chloe	SO	MCLEAN HIGH SCHOOL	2:24.84	2:22.41	7
29.61	1:04.15 (34.54)	1:46.32 (42.17)	2:22.41 (36.09)		
11 Eliot, Anna	SR	WASHINGTON-LIBERTY HIGH SCHOO	2:28.58	2:26.81	6
31.45	1:12.18 (40.73)	1:51.82 (39.64)	2:26.81 (34.99)		
12 Vanegas, Isabelle	JR	MCLEAN HIGH SCHOOL	2:33.02	2:27.68	5
34.28	1:11.72 (37.44)	1:53.48 (41.76)	2:27.68 (34.20)		
13 Christensen, Pax	JR	YORKTOWN HIGH SCHOOL	2:31.06	2:28.51	4
30.69	1:07.62 (36.93)	1:52.25 (44.63)	2:28.51 (36.26)		
14 Gleditsch, Caroline	SR	GEORGE C. MARSHALL HIGH SCHOOL	2:27.27	2:30.84	3
32.40	1:09.21 (36.81)	1:52.12 (42.91)	2:30.84 (38.72)		
15 Sarathay, Anoushka	FR	LANGLEY HIGH SCHOOL	2:33.64	2:33.39	2
33.12	1:11.16 (38.04)	1:58.33 (47.17)	2:33.39 (35.06)		
16 Fredricks, McKenna	SO	YORKTOWN HIGH SCHOOL	2:33.48	2:33.45	1
32.34	1:09.10 (36.76)	1:56.36 (47.26)	2:33.45 (37.09)		



## Liberty Conference Championships 2025

## Results

## Event 6 Girls 200 Yard IM

Conf 6: 1:58.79 ! 1/27/2021 Torri Huske

Yorktown

2:01.38 AAA All American

2:04.11 AAC All American Conside

2:08.39 STAT State Cut

2:13.89 REGN Region Cut

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Sherman, Nora		SR YORKTOWN HIGH SCHOOL	2:13.00	2:10.42	REGN
27.73	1:00.04 (32.31)	1:38.95 (38.91)	2:10.42 (31.47)		
2 Kuang, Gloria		JR LANGLEY HIGH SCHOOL	2:12.64	2:10.49	REGN
27.35	59.77 (32.42)	1:39.34 (39.57)	2:10.49 (31.15)		
3 Scogna, Charlie		SR WASHINGTON-LIBERTY HIGH SCHOO	2:13.50	2:10.66	REGN
27.94	1:01.54 (33.60)	1:40.97 (39.43)	2:10.66 (29.69)		
4 McDonald, Katie		SO WASHINGTON-LIBERTY HIGH SCHOO	2:15.07	2:13.50	REGN
29.37	1:02.30 (32.93)	1:41.73 (39.43)	2:13.50 (31.77)		
5 MacIvor, Amelia		FR WASHINGTON-LIBERTY HIGH SCHOO	2:15.88	2:14.29	
28.54	1:00.60 (32.06)	1:43.56 (42.96)	2:14.29 (30.73)		
6 Falzone, Ana		SR MCLEAN HIGH SCHOOL	2:16.38	2:14.37	
29.06	1:02.87 (33.81)	1:41.48 (38.61)	2:14.37 (32.89)		
7 Dinh, Lam		SO LANGLEY HIGH SCHOOL	2:20.96	2:18.84	
30.70	1:05.16 (34.46)	1:47.39 (42.23)	2:18.84 (31.45)		
8 Gharakhanian, Audrey		SO MCLEAN HIGH SCHOOL	2:24.38	2:21.02	
30.60	1:07.51 (36.91)	1:46.72 (39.21)	2:21.02 (34.30)		
9 Haynes, Emory		JR YORKTOWN HIGH SCHOOL	2:25.04	2:21.37	
30.92	1:07.88 (36.96)	1:47.30 (39.42)	2:21.37 (34.07)		
10 Giglio, Chloe		SO MCLEAN HIGH SCHOOL	2:25.40	2:24.84	
31.17	1:05.50 (34.33)	1:47.22 (41.72)	2:24.84 (37.62)		
11 Gleditsch, Caroline		SR GEORGE C. MARSHALL HIGH SCHOOL	2:35.81	2:27.27	
32.51	1:09.79 (37.28)	1:50.90 (41.11)	2:27.27 (36.37)		
12 Eliot, Anna		SR WASHINGTON-LIBERTY HIGH SCHOO	2:30.93	2:28.58	
32.04	1:13.78 (41.74)	1:53.29 (39.51)	2:28.58 (35.29)		
13 Christensen, Pax		JR YORKTOWN HIGH SCHOOL	2:30.46	2:31.06	
30.32	1:07.19 (36.87)	1:53.42 (46.23)	2:31.06 (37.64)		
14 Vanegas, Isabelle		JR MCLEAN HIGH SCHOOL	2:32.91	2:33.02	
36.39	1:15.10 (38.71)	1:57.11 (42.01)	2:33.02 (35.91)		
15 Fredricks, McKenna		SO YORKTOWN HIGH SCHOOL	NT	2:33.48	
32.02	1:08.39 (36.37)	1:56.68 (48.29)	2:33.48 (36.80)		
16 Sarathay, Anoushka		FR LANGLEY HIGH SCHOOL	2:39.50	2:33.64	
31.80	1:10.70 (38.90)	1:56.93 (46.23)	2:33.64 (36.71)		
17 McDonough, Sasha		SO LANGLEY HIGH SCHOOL	2:43.09	2:35.08	
30.56	1:09.00 (38.44)	1:58.44 (49.44)	2:35.08 (36.64)		
18 Ismail, Maryam		SO GEORGE C. MARSHALL HIGH SCHOOL	2:52.08	2:41.65	
34.23	1:16.97 (42.74)	2:03.80 (46.83)	2:41.65 (37.85)		
19 Lin, Marissa		FR GEORGE C. MARSHALL HIGH SCHOOL	2:45.34	2:45.16	
32.53	1:13.56 (41.03)	2:06.89 (53.33)	2:45.16 (38.27)		
20 Graff, Elizabeth		SR HERNDON HORNETS	2:54.52	2:52.34	
21 Hoil, Camila		SO WAKEFIELD HIGH SCHOOL	2:58.62	2:58.92	
40.58	1:25.48 (44.90)	2:19.97 (54.49)	2:58.92 (38.95)		
22 McFarland, Lillian		FR HERNDON HORNETS	2:57.15	2:59.52	
35.15	1:20.79 (45.64)	2:17.77 (56.98)	2:59.52 (41.75)		
23 Banikiotes, Elizabeth		FR HERNDON HORNETS	3:11.41	3:05.89	
40.72	1:23.83 (43.11)	2:22.46 (58.63)	3:05.89 (43.43)		

**Liberty Conference Championships 2025**

**Results**

**Preliminaries ... (Event 6 Girls 200 Yard IM)**

Name	Yr	School	Seed Time	Prelim Time
--- Goldman, Maya	FR	HERNDON HORNETS	2:57.84	DQ
			39.78 1:25.49 (45.71) 2:17.73 (52.24) DQ (1:07.50)	
--- Hu, Elizabeth	FR	GEORGE C. MARSHALL HIGH SCHOOL	2:36.16	DQ
			33.72 1:12.87 (39.15) 1:58.75 (45.88) DQ (35.32)	

**Event 7 Boys 50 Yard Freestyle**

Conf 6: **20.82 ! 1/27/2024 Hunter Zipperer Langley**  
**20.41 AAA All American**  
**20.80 AAC All American Consider**  
**21.86 STAT State Cut**  
**22.59 REGN Region Cut**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>Championship Final</b>					
1 Thompson, Max	FR	LANGLEY HIGH SCHOOL	21.60	21.40	STAT 20
2 Wang, Allen	SO	MCLEAN HIGH SCHOOL	22.59	22.22	REGN 17
3 Speer, Eric	SO	HERNDON HORNETS	22.52	22.39	REGN 16
4 Lemire, Noah	SR	HERNDON HORNETS	22.62	22.60	15
5 Weinstock, Harrison	SR	MCLEAN HIGH SCHOOL	22.68	22.67	14
6 Thornsbury, Aiden	SO	LANGLEY HIGH SCHOOL	22.88	22.98	13
7 Leveto, Mason	SR	HERNDON HORNETS	23.06	23.10	12
8 Bartkowski, Nolan	SO	MCLEAN HIGH SCHOOL	22.90	23.38	11
<b>Consolation Final</b>					
9 Hong, Tyler	SO	WASHINGTON-LIBERTY HIGH SCHOOL	23.61	23.30	9
10 Hans, Alex	JR	YORKTOWN HIGH SCHOOL	23.64	23.31	7
11 Lohman, Andrew	SR	MCLEAN HIGH SCHOOL	23.31	23.35	6
12 Young, Marcus	SO	LANGLEY HIGH SCHOOL	23.32	23.63	5
13 Keirse, Hank	FR	WASHINGTON-LIBERTY HIGH SCHOOL	23.47	23.71	4
14 Redding, Ian	SR	GEORGE C. MARSHALL HIGH SCHOOL	23.86	23.85	3
15 Mar, Hudson	SR	GEORGE C. MARSHALL HIGH SCHOOL	23.64	23.87	2
16 Hotra, Charlie	SR	YORKTOWN HIGH SCHOOL	23.71	24.13	1

**Event 7 Boys 50 Yard Freestyle**

Conf 6: **20.82 ! 1/27/2024 Hunter Zipperer Langley**  
**20.41 AAA All American**  
**20.80 AAC All American Consider**  
**21.86 STAT State Cut**  
**22.59 REGN Region Cut**

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Thompson, Max	FR	LANGLEY HIGH SCHOOL	21.85	21.60
2 Zipperer, Hunter	SR	LANGLEY HIGH SCHOOL	21.72	22.23
3 Speer, Eric	SO	HERNDON HORNETS	22.69	22.52
4 Wang, Allen	SO	MCLEAN HIGH SCHOOL	22.25	22.59
5 Lemire, Noah	SR	HERNDON HORNETS	23.00	22.62
6 Weinstock, Harrison	SR	MCLEAN HIGH SCHOOL	22.59	22.68
7 Thornsbury, Aiden	SO	LANGLEY HIGH SCHOOL	23.31	22.88
8 Bartkowski, Nolan	SO	MCLEAN HIGH SCHOOL	23.13	22.90
9 Leveto, Mason	SR	HERNDON HORNETS	24.15	23.06
10 Lohman, Andrew	SR	MCLEAN HIGH SCHOOL	NT	23.31
11 Young, Marcus	SO	LANGLEY HIGH SCHOOL	23.13	23.32
12 Keirse, Hank	FR	WASHINGTON-LIBERTY HIGH SCHOOL	23.75	23.47
13 Hong, Tyler	SO	WASHINGTON-LIBERTY HIGH SCHOOL	23.68	23.61

## Liberty Conference Championships 2025

## Results

## Preliminaries ... (Event 7 Boys 50 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
*14 Hans, Alex	JR	YORKTOWN HIGH SCHOOL	24.03	23.64
*14 Mar, Hudson	SR	GEORGE C. MARSHALL HIGH SCHOOL	23.53	23.64
16 Hotra, Charlie	SR	YORKTOWN HIGH SCHOOL	24.13	23.71
17 Redding, Ian	SR	GEORGE C. MARSHALL HIGH SCHOOL	24.00	23.86
18 Cocker, George	SO	YORKTOWN HIGH SCHOOL	24.12	23.88
19 Sanderson, Emmett	SO	GEORGE C. MARSHALL HIGH SCHOOL	24.07	23.92
20 Keifer, Jack	SR	HERNDON HORNETS	24.58	24.25
21 Scheifele, Jack	JR	WAKEFIELD HIGH SCHOOL	24.57	24.31
22 Royal, Henry	SO	YORKTOWN HIGH SCHOOL	25.09	24.37
23 Brucker, Lex	SO	GEORGE C. MARSHALL HIGH SCHOOL	24.38	24.39
24 Bolfek, Jackson	SR	WASHINGTON-LIBERTY HIGH SCHOOL	24.63	24.59
25 McComis, Cooper	SR	WASHINGTON-LIBERTY HIGH SCHOOL	NT	24.89
26 Mazel, Jimmy	SR	WAKEFIELD HIGH SCHOOL	26.81	27.48

## Event 8 Girls 50 Yard Freestyle

Conf 6: 23.88 ! 1/26/2019 Claire Mowery Wash-Liberty  
 23.08 AAA All American  
 23.54 AAC All American Consider  
 24.51 STAT State Cut  
 25.19 REGN Region Cut

Name	Yr	School	Prelim Time	Finals Time	Points
<b>Championship Final</b>					
1 Hecmanczuk, Mary	JR	YORKTOWN HIGH SCHOOL	24.06	24.41	STAT 20
2 Murphy, Eleanor	SR	MCLEAN HIGH SCHOOL	24.98	25.01	REGN 17
3 Cory, McKenzie	FR	YORKTOWN HIGH SCHOOL	24.71	25.05	REGN 16
4 Georgieva, Sophia	JR	GEORGE C. MARSHALL HIGH SCHOOL	25.28	25.39	15
5 Boyko, Sophia	SO	WASHINGTON-LIBERTY HIGH SCHOOL	25.68	25.53	14
6 Cobb, Emme	SR	YORKTOWN HIGH SCHOOL	25.49	25.63	13
7 Ebert, Shelby	SR	WASHINGTON-LIBERTY HIGH SCHOOL	25.69	25.70	12
8 Spignardo, Calla	SR	GEORGE C. MARSHALL HIGH SCHOOL	25.64	25.80	11
<b>Consolation Final</b>					
9 Desautels, Alaina	SR	YORKTOWN HIGH SCHOOL	25.73	25.55	9
10 Gary, Morgan	SR	MCLEAN HIGH SCHOOL	25.94	25.92	7
11 Miller, Elisabeth	SO	LANGLEY HIGH SCHOOL	26.27	25.99	6
12 Paulson, Val	SR	LANGLEY HIGH SCHOOL	25.96	26.12	5
13 Taylor, Kate	JR	WASHINGTON-LIBERTY HIGH SCHOOL	26.28	26.30	4
*14 Xiao, Victoria	SR	MCLEAN HIGH SCHOOL	26.16	26.37	2.50
*14 Varacalli, Hayley	SR	LANGLEY HIGH SCHOOL	26.39	26.37	2.50
16 Gattoni, Bianca	SO	HERNDON HORNETS	26.47	26.59	1

## Event 8 Girls 50 Yard Freestyle

Conf 6: 23.88 ! 1/26/2019 Claire Mowery Wash-Liberty  
 23.08 AAA All American  
 23.54 AAC All American Consider  
 24.51 STAT State Cut  
 25.19 REGN Region Cut

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Hecmanczuk, Mary	JR	YORKTOWN HIGH SCHOOL	25.31	24.06
2 Cory, McKenzie	FR	YORKTOWN HIGH SCHOOL	25.59	24.71
3 Murphy, Eleanor	SR	MCLEAN HIGH SCHOOL	24.89	24.98

**Liberty Conference Championships 2025****Results****Preliminaries ... (Event 8 Girls 50 Yard Freestyle)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
4	Georgieva, Sophia	JR	GEORGE C. MARSHALL HIGH SCHOOL	25.88	25.28
5	Cobb, Emme	SR	YORKTOWN HIGH SCHOOL	25.88	25.49
6	Spignardo, Calla	SR	GEORGE C. MARSHALL HIGH SCHOOL	26.22	25.64
7	Boyko, Sophia	SO	WASHINGTON-LIBERTY HIGH SCHOO	25.63	25.68
8	Ebert, Shelby	SR	WASHINGTON-LIBERTY HIGH SCHOO	26.01	25.69
9	Desautels, Alaina	SR	YORKTOWN HIGH SCHOOL	26.53	25.73
10	Gary, Morgan	SR	MCLEAN HIGH SCHOOL	26.50	25.94
11	Paulson, Val	SR	LANGLEY HIGH SCHOOL	26.38	25.96
12	Xiao, Victoria	SR	MCLEAN HIGH SCHOOL	26.44	26.16
13	Miller, Elisabeth	SO	LANGLEY HIGH SCHOOL	26.27	26.27
14	Taylor, Kate	JR	WASHINGTON-LIBERTY HIGH SCHOO	26.62	26.28
15	Varacalli, Hayley	SR	LANGLEY HIGH SCHOOL	26.79	26.39
16	Gattoni, Bianca	SO	HERNDON HORNETS	27.75	26.47
17	Cota-Robles, Bella	FR	LANGLEY HIGH SCHOOL	26.50	26.56
18	Hare, Eva	JR	MCLEAN HIGH SCHOOL	27.00	26.62
19	Semanchik, Katherine	SR	HERNDON HORNETS	27.28	26.70
20	Yashar, Elise	SO	GEORGE C. MARSHALL HIGH SCHOOL	26.94	27.02
21	Young-Smith, Isabelle	SR	WAKEFIELD HIGH SCHOOL	27.56	27.51
22	Kimsey, Zoe	FR	HERNDON HORNETS	28.64	28.76
23	Patel, Malvika	JR	GEORGE C. MARSHALL HIGH SCHOOL	30.00	30.78
24	McKenica, Gabrielle	FR	HERNDON HORNETS	30.58	31.04
25	Everling, Lauren	SO	WAKEFIELD HIGH SCHOOL	33.31	31.63
26	Bredeck, Lilianne	FR	WAKEFIELD HIGH SCHOOL	34.64	34.42
---	Ramos, Maya	SR	WASHINGTON-LIBERTY HIGH SCHOO	28.58	DFS

**Event 9 Boys 1 mtr Diving****410.02 STAT State Cut****303.99 REGN Region Cut**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Score</b>	<b>Points</b>
1	DeSando, Michael	JR	GEORGE C. MARSHALL HIGH SCHOOL	NP 395.45 REGN	20
2	Fu, Alan	SO	LANGLEY HIGH SCHOOL	NP 345.10 REGN	17
3	Reed, Jack	SR	YORKTOWN HIGH SCHOOL	NP 279.95	16
4	Thomas, Jackson	FR	MCLEAN HIGH SCHOOL	NP 269.15	15
5	Staren, Michael	FR	WASHINGTON-LIBERTY HIGH SCHOO	NP 255.60	14
6	Coogen, Quinn	FR	WASHINGTON-LIBERTY HIGH SCHOO	NP 250.30	13
7	DiBenigno, Logan	FR	YORKTOWN HIGH SCHOOL	NP 243.15	12
8	Bowman, Jack	SR	WASHINGTON-LIBERTY HIGH SCHOO	NP 236.20	11
9	Collie, Ryan	JR	HERNDON HORNETS	NP 221.95	9
10	Hooton, Trent	FR	MCLEAN HIGH SCHOOL	NP 220.75	7
11	Hood, Noah	SR	MCLEAN HIGH SCHOOL	NP 196.15	6
12	Fontaine, Ryan	SO	HERNDON HORNETS	NP 192.00	5
13	Brabender, Jackson	FR	GEORGE C. MARSHALL HIGH SCHOOL	NP 190.30	4
14	Roques, Daniel	SO	MCLEAN HIGH SCHOOL	NP 176.40	3
15	Nasr, Adam	SR	WASHINGTON-LIBERTY HIGH SCHOO	NP 156.90	2
16	Keppler, Ben	SO	YORKTOWN HIGH SCHOOL	NP 151.45	1
17	Salmon, Jack	SR	HERNDON HORNETS	NP 87.50	

**Liberty Conference Championships 2025**

**Results**

**Event 10 Girls 1 mtr Diving**

**341.92 STAT State Cut**  
**274.29 REGN Region Cut**

	<b>Name</b>	<b>Yr</b>	<b>School</b>		<b>Finals Score</b>		<b>Points</b>
1	Lawler, Cate	SO	YORKTOWN HIGH SCHOOL	NP	334.95	REGN	20
2	Winn, Arissona	SR	YORKTOWN HIGH SCHOOL	NP	296.90	REGN	17
3	Bhasin, Ziya	JR	MCLEAN HIGH SCHOOL	NP	295.20	REGN	16
4	Pereira, Francesca	SR	YORKTOWN HIGH SCHOOL	NP	270.25		15
5	Abba, Lauren	JR	MCLEAN HIGH SCHOOL	NP	268.65		14
6	Page, Sierra	SR	LANGLEY HIGH SCHOOL	NP	260.05		13
7	O'Bryne, Samara	SO	HERNDON HORNETS	NP	246.55		12
8	Mar, Zoe	SO	GEORGE C. MARSHALL HIGH SCHOOL	NP	232.60		11
9	Bowman, Audrey	SO	WASHINGTON-LIBERTY HIGH SCHOO	NP	224.95		9
10	Sheetz, Jenna	JR	YORKTOWN HIGH SCHOOL	NP	224.15		7
11	Oif, Charlotte	JR	WAKEFIELD HIGH SCHOOL	NP	217.55		6
12	Collazo, Miah	FR	LANGLEY HIGH SCHOOL	NP	213.40		5
13	Chen, Katherine	SO	MCLEAN HIGH SCHOOL	NP	179.10		4
14	Schiaffino, Elizabeth	SR	WAKEFIELD HIGH SCHOOL	NP	167.75		3
15	Clist, Grace	JR	HERNDON HORNETS	NP	167.30		2
16	Matsko, Annika	JR	WASHINGTON-LIBERTY HIGH SCHOO	NP	161.20		1
17	Diaz, Riley	JR	MCLEAN HIGH SCHOOL	NP	122.60		

**Event 11 Boys 100 Yard Butterfly**

**Conf 6: 48.67 ! 1/28/2023 Rian Graham Herndon**  
**48.38 AAA All American**  
**49.53 AAC All American Conside**  
**51.88 STAT State Cut**  
**53.99 REGN Region Cut**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Prelim Time</b>	<b>Finals Time</b>		<b>Points</b>
<b>Championship Final</b>							
1	Haggard, Bruno	JR	MCLEAN HIGH SCHOOL	50.16	50.55	STAT	20
	24.23				50.55 (26.32)		
2	Thompson, Max	FR	LANGLEY HIGH SCHOOL	51.77	51.54	STAT	17
	24.54				51.54 (27.00)		
3	Weinstock, Harrison	SR	MCLEAN HIGH SCHOOL	54.25	52.91	REGN	16
	25.05				52.91 (27.86)		
4	Lopez, Lucas	JR	WAKEFIELD HIGH SCHOOL	53.50	53.09	REGN	15
	25.06				53.09 (28.03)		
5	Owen, Jacob	JR	YORKTOWN HIGH SCHOOL	53.48	53.45	REGN	14
	24.83				53.45 (28.62)		
6	Ramos, Diego	SO	WASHINGTON-LIBERTY HIGH SCHOO	52.87	53.52	REGN	13
	25.34				53.52 (28.18)		
7	Parkhomenko, Cameron	SO	MCLEAN HIGH SCHOOL	54.77	54.37		12
	25.14				54.37 (29.23)		
8	Simpson, David	JR	GEORGE C. MARSHALL HIGH SCHOOL	54.51	55.32		11
	25.65				55.32 (29.67)		
<b>Consolation Final</b>							
9	Rayson, Kellan	SR	HERNDON HORNETS	54.88	53.34	REGN	9
	24.66				53.34 (28.68)		
10	Quintero, Elvis	SR	MCLEAN HIGH SCHOOL	55.27	54.62		7
	25.51				54.62 (29.11)		
11	Aslaksen, Matthew	SR	YORKTOWN HIGH SCHOOL	56.09	54.74		6
	25.16				54.74 (29.58)		

## Liberty Conference Championships 2025

## Results

## Consolation Final ... (Event 11 Boys 100 Yard Butterfly)

Name	Yr	School	Prelim Time	Finals Time	Points
12 Leveto, Mason	SR	HERNDON HORNETS	56.05	55.19	5
25.03	55.19 (30.16)				
13 Langsdale, Griffin	SO	WASHINGTON-LIBERTY HIGH SCHOO	56.16	56.22	4
25.99	56.22 (30.23)				
14 Simpson, Gavin	SR	WASHINGTON-LIBERTY HIGH SCHOO	57.71	57.16	3
26.92	57.16 (30.24)				
15 Steele, Bennett	FR	LANGLEY HIGH SCHOOL	57.60	57.34	2
26.15	57.34 (31.19)				
16 Braynard, Rajin	SR	LANGLEY HIGH SCHOOL	57.52	58.75	1
27.44	58.75 (31.31)				

## Event 11 Boys 100 Yard Butterfly

Conf 6: 48.67 ! 1/28/2023 Rian Graham Herndon  
 48.38 AAA All American  
 49.53 AAC All American Consider  
 51.88 STAT State Cut  
 53.99 REGN Region Cut

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Haggard, Bruno	JR	MCLEAN HIGH SCHOOL	51.76	50.16	STAT
23.66	50.16 (26.50)				
2 Thompson, Max	FR	LANGLEY HIGH SCHOOL	51.87	51.77	STAT
24.37	51.77 (27.40)				
3 Ramos, Diego	SO	WASHINGTON-LIBERTY HIGH SCHOO	55.68	52.87	REGN
24.31	52.87 (28.56)				
4 Owen, Jacob	JR	YORKTOWN HIGH SCHOOL	55.12	53.48	REGN
24.50	53.48 (28.98)				
5 Lopez, Lucas	JR	WAKEFIELD HIGH SCHOOL	55.82	53.50	REGN
25.22	53.50 (28.28)				
6 Weinstock, Harrison	SR	MCLEAN HIGH SCHOOL	54.06	54.25	
25.22	54.25 (29.03)				
7 Simpson, David	JR	GEORGE C. MARSHALL HIGH SCHOOL	56.09	54.51	
26.28	54.51 (28.23)				
8 Parkhomenko, Cameron	SO	MCLEAN HIGH SCHOOL	55.06	54.77	
25.16	54.77 (29.61)				
9 Rayson, Kellan	SR	HERNDON HORNETS	53.13	54.88	
25.13	54.88 (29.75)				
10 Quintero, Elvis	SR	MCLEAN HIGH SCHOOL	54.94	55.27	
25.37	55.27 (29.90)				
11 Leveto, Mason	SR	HERNDON HORNETS	57.13	56.05	
25.38	56.05 (30.67)				
12 Aslaksen, Matthew	SR	YORKTOWN HIGH SCHOOL	56.87	56.09	
25.22	56.09 (30.87)				
13 Langsdale, Griffin	SO	WASHINGTON-LIBERTY HIGH SCHOO	57.62	56.16	
26.16	56.16 (30.00)				
14 Braynard, Rajin	SR	LANGLEY HIGH SCHOOL	55.21	57.52	
26.62	57.52 (30.90)				
15 Steele, Bennett	FR	LANGLEY HIGH SCHOOL	57.69	57.60	
26.73	57.60 (30.87)				
16 Simpson, Gavin	SR	WASHINGTON-LIBERTY HIGH SCHOO	59.28	57.71	
26.85	57.71 (30.86)				
17 Pozo, Theo	FR	LANGLEY HIGH SCHOOL	59.34	58.25	
26.92	58.25 (31.33)				

**Liberty Conference Championships 2025**

**Results**

**Preliminaries ... (Event 11 Boys 100 Yard Butterfly)**

Name	Yr	School	Seed Time	Prelim Time
18 Tu, Timothy	JR	GEORGE C. MARSHALL HIGH SCHOOL	1:00.03	58.31
26.54				58.31 (31.77)
19 Moneymaker, Mathew	JR	YORKTOWN HIGH SCHOOL	1:02.25	59.24
27.61				59.24 (31.63)
20 Allvin, Eli	SR	GEORGE C. MARSHALL HIGH SCHOOL	1:00.56	59.68
27.29				59.68 (32.39)
21 Spignardo, Desmond	SO	GEORGE C. MARSHALL HIGH SCHOOL	1:02.02	1:02.10
29.59				1:02.10 (32.51)
22 McComis, Cooper	SR	WASHINGTON-LIBERTY HIGH SCHOO	1:01.09	1:02.56
28.90				1:02.56 (33.66)
23 Marvin, Luke	JR	HERNDON HORNETS	1:06.72	1:04.41
28.89				1:04.41 (35.52)
24 Dunn, Brady	SO	YORKTOWN HIGH SCHOOL	1:08.00	1:05.20
29.99				1:05.20 (35.21)
25 Solanki, Samar	FR	HERNDON HORNETS	1:05.70	1:05.42
28.04				1:05.42 (37.38)
26 Rodriguez, Nicholas	JR	WAKEFIELD HIGH SCHOOL	1:10.75	1:07.00
30.37				1:07.00 (36.63)

**Event 12 Girls 100 Yard Butterfly**

Conf 6: **51.34 ! 1/28/2015 Torri Huske Yorktown**  
**54.32 AAA All American**  
**55.58 AAC All American Consider**  
**58.04 STAT State Cut**  
**59.79 REGN Region Cut**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>Championship Final</b>					
1 Hecmanczuk, Mary	JR	YORKTOWN HIGH SCHOOL	55.83	57.23	STAT 20
26.92				57.23 (30.31)	
2 Falzone, Ana	SR	MCLEAN HIGH SCHOOL	1:00.50	1:00.11	17
28.24				1:00.11 (31.87)	
3 Wright, Morgan	SR	HERNDON HORNETS	1:00.65	1:00.57	16
28.46				1:00.57 (32.11)	
4 Hughes, Danielle	SR	MCLEAN HIGH SCHOOL	1:01.45	1:01.00	15
28.36				1:01.00 (32.64)	
5 Pilot, Elizabeth	SO	YORKTOWN HIGH SCHOOL	1:01.55	1:01.89	14
28.69				1:01.89 (33.20)	
6 Miller, Elisabeth	SO	LANGLEY HIGH SCHOOL	1:02.48	1:02.35	13
29.16				1:02.35 (33.19)	
7 O'Hearn, Penelope	JR	GEORGE C. MARSHALL HIGH SCHOOL	1:02.15	1:02.38	12
28.62				1:02.38 (33.76)	
8 Taylor, Sasha	JR	WASHINGTON-LIBERTY HIGH SCHOO	1:02.74	1:02.91	11
29.05				1:02.91 (33.86)	
<b>Consolation Final</b>					
9 Cota-Robles, Bella	FR	LANGLEY HIGH SCHOOL	1:03.35	1:01.97	9
28.58				1:01.97 (33.39)	
10 McDermott, Kate	SR	GEORGE C. MARSHALL HIGH SCHOOL	1:02.77	1:02.89	7
28.52				1:02.89 (34.37)	
11 Maloney, Evie	SO	WASHINGTON-LIBERTY HIGH SCHOO	1:04.33	1:04.34	6
30.12				1:04.34 (34.22)	
12 Hardwick, Katie	JR	YORKTOWN HIGH SCHOOL	1:05.98	1:04.47	5
29.51				1:04.47 (34.96)	

## Liberty Conference Championships 2025

## Results

## Consolation Final ... (Event 12 Girls 100 Yard Butterfly)

Name	Yr	School	Prelim Time	Finals Time	Points
13 Varacalli, Hayley	SR	LANGLEY HIGH SCHOOL	1:05.03	1:04.50	4
28.93		1:04.50 (35.57)			
14 Torg, Carrie	JR	WASHINGTON-LIBERTY HIGH SCHOO	1:06.01	1:04.90	3
30.06		1:04.90 (34.84)			
15 Hinton, Sophie	JR	MCLEAN HIGH SCHOOL	1:07.75	1:06.87	2
31.30		1:06.87 (35.57)			
16 Woodworth, Taylor	JR	WASHINGTON-LIBERTY HIGH SCHOO	1:06.84	1:07.08	1
30.16		1:07.08 (36.92)			

## Event 12 Girls 100 Yard Butterfly

Conf 6: 51.34 ! 1/28/2015 Torri Huske  
 54.32 AAA All American  
 55.58 AAC All American Consider  
 58.04 STAT State Cut  
 59.79 REGN Region Cut

Yorktown

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Hecmanczuk, Mary	JR	YORKTOWN HIGH SCHOOL	59.13	55.83	STAT
26.19		55.83 (29.64)			
2 Falzone, Ana	SR	MCLEAN HIGH SCHOOL	1:00.90	1:00.50	
28.54		1:00.50 (31.96)			
3 Wright, Morgan	SR	HERNDON HORNETS	1:02.19	1:00.65	
29.16		1:00.65 (31.49)			
4 Hughes, Danielle	SR	MCLEAN HIGH SCHOOL	1:02.34	1:01.45	
28.18		1:01.45 (33.27)			
5 Pilot, Elizabeth	SO	YORKTOWN HIGH SCHOOL	1:04.94	1:01.55	
28.26		1:01.55 (33.29)			
6 O'Hearn, Penelope	JR	GEORGE C. MARSHALL HIGH SCHOOL	1:05.34	1:02.15	
29.06		1:02.15 (33.09)			
7 Miller, Elisabeth	SO	LANGLEY HIGH SCHOOL	1:04.71	1:02.48	
29.18		1:02.48 (33.30)			
8 Taylor, Sasha	JR	WASHINGTON-LIBERTY HIGH SCHOO	1:03.68	1:02.74	
29.86		1:02.74 (32.88)			
9 McDermott, Kate	SR	GEORGE C. MARSHALL HIGH SCHOOL	1:06.45	1:02.77	
28.94		1:02.77 (33.83)			
10 Cota-Robles, Bella	FR	LANGLEY HIGH SCHOOL	1:02.66	1:03.35	
29.31		1:03.35 (34.04)			
11 Maloney, Evie	SO	WASHINGTON-LIBERTY HIGH SCHOO	1:09.14	1:04.33	
30.23		1:04.33 (34.10)			
12 Varacalli, Hayley	SR	LANGLEY HIGH SCHOOL	1:06.21	1:05.03	
30.14		1:05.03 (34.89)			
13 Hardwick, Katie	JR	YORKTOWN HIGH SCHOOL	1:08.48	1:05.98	
30.19		1:05.98 (35.79)			
14 Torg, Carrie	JR	WASHINGTON-LIBERTY HIGH SCHOO	1:08.40	1:06.01	
31.48		1:06.01 (34.53)			
15 Woodworth, Taylor	JR	WASHINGTON-LIBERTY HIGH SCHOO	1:09.90	1:06.84	
30.24		1:06.84 (36.60)			
16 Hinton, Sophie	JR	MCLEAN HIGH SCHOOL	1:08.35	1:07.75	
30.59		1:07.75 (37.16)			
17 Robell, Zoe	JR	MCLEAN HIGH SCHOOL	1:08.34	1:07.84	
31.78		1:07.84 (36.06)			
18 Lin, Marissa	FR	GEORGE C. MARSHALL HIGH SCHOOL	1:09.28	1:07.99	
32.28		1:07.99 (35.71)			



## Liberty Conference Championships 2025

## Results

## Preliminaries ... (Event 12 Girls 100 Yard Butterfly)

Name	Yr	School	Prelim Time	Finals Time
19 Sarathay, Anoushka	FR	LANGLEY HIGH SCHOOL	1:08.68	1:08.04
31.63				1:08.04 (36.41)
20 Anderson, Natalie	FR	YORKTOWN HIGH SCHOOL	1:10.78	1:08.86
32.31				1:08.86 (36.55)
21 Baldwin, Ellie	SR	GEORGE C. MARSHALL HIGH SCHOOL	1:14.60	1:09.86
32.70				1:09.86 (37.16)
22 Larson, Gabrielle		WAKEFIELD HIGH SCHOOL	1:13.74	1:13.11
34.30				1:13.11 (38.81)
23 Semanchik, Maggie	FR	HERNDON HORNETS	1:23.16	1:20.15
35.09				1:20.15 (45.06)
24 Williams, Nina	JR	HERNDON HORNETS	1:24.75	1:23.41
37.32				1:23.41 (46.09)
25 Goldman, Maya	FR	HERNDON HORNETS	1:31.31	1:32.57
40.97				1:32.57 (51.60)

## Event 13 Boys 100 Yard Freestyle

Conf 6: 48.68 ! 1/28/2023 Noah Dyer Herndon  
 44.72 AAA All American  
 45.56 AAC All American Consider  
 48.19 STAT State Cut  
 49.29 REGN Region Cut

Name	Yr	School	Prelim Time	Finals Time	Points
<b>Championship Final</b>					
1 Wang, Allen	SO	MCLEAN HIGH SCHOOL	48.46	47.49! STAT	20
23.25					47.49 (24.24)
2 Kuhn, Cameron	JR	LANGLEY HIGH SCHOOL	47.77	47.68! STAT	17
22.88					47.68 (24.80)
3 Shin, Ethan	JR	LANGLEY HIGH SCHOOL	47.73	47.81! STAT	16
23.18					47.81 (24.63)
4 Sutanto, Zach	JR	MCLEAN HIGH SCHOOL	49.05	48.91 REGN	15
23.68					48.91 (25.23)
5 Lemire, Noah	SR	HERNDON HORNETS	49.81	49.71	14
23.92					49.71 (25.79)
6 Rogers, Zane	JR	WASHINGTON-LIBERTY HIGH SCHOOL	49.70	49.92	13
23.89					49.92 (26.03)
7 Hans, Alex	JR	YORKTOWN HIGH SCHOOL	51.16	51.10	12
24.60					51.10 (26.50)
8 King, Daniel	FR	HERNDON HORNETS	50.83	51.24	11
24.95					51.24 (26.29)
<b>Consolation Final</b>					
9 Redding, Dylan	SR	GEORGE C. MARSHALL HIGH SCHOOL	51.46	50.82	9
24.33					50.82 (26.49)
10 Sanderson, Emmett	SO	GEORGE C. MARSHALL HIGH SCHOOL	51.89	51.04	7
24.64					51.04 (26.40)
11 Cocker, George	SO	YORKTOWN HIGH SCHOOL	52.06	51.07	6
24.47					51.07 (26.60)
12 Young, Marcus	SO	LANGLEY HIGH SCHOOL	52.71	51.44	5
24.30					51.44 (27.14)
13 Wyszogrodzki, Victor	SR	GEORGE C. MARSHALL HIGH SCHOOL	51.69	51.80	4
24.53					51.80 (27.27)
14 Frantz, Landon	JR	MCLEAN HIGH SCHOOL	52.59	52.45	3
24.96					52.45 (27.49)

**Liberty Conference Championships 2025**

**Results**

**Consolation Final ... (Event 13 Boys 100 Yard Freestyle)**

Name	Yr	School	Prelim Time	Finals Time	Points
15 Lavin, Connor	FR	YORKTOWN HIGH SCHOOL	52.66	52.68	2
	25.35	52.68 (27.33)			
16 Perlish, Jack	SO	MCLEAN HIGH SCHOOL	52.31	52.71	1
	25.33	52.71 (27.38)			

**Event 13 Boys 100 Yard Freestyle**

Conf 6: **48.68 ! 1/28/2023 Noah Dyer Herndon**  
**44.72 AAA All American**  
**45.56 AAC All American Consider**  
**48.19 STAT State Cut**  
**49.29 REGN Region Cut**

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Shin, Ethan	JR	LANGLEY HIGH SCHOOL	48.21	47.73! STAT
	23.24	47.73 (24.49)		
2 Kuhn, Cameron	JR	LANGLEY HIGH SCHOOL	49.21	47.77! STAT
	23.06	47.77 (24.71)		
3 Wang, Allen	SO	MCLEAN HIGH SCHOOL	48.50	48.46! REGN
	23.42	48.46 (25.04)		
4 Sutanto, Zach	JR	MCLEAN HIGH SCHOOL	49.75	49.05 REGN
	23.73	49.05 (25.32)		
5 Rogers, Zane	JR	WASHINGTON-LIBERTY HIGH SCHOOL	49.47	49.70
	23.98	49.70 (25.72)		
6 Zipperer, Hunter	SR	LANGLEY HIGH SCHOOL	48.38	49.72
	23.76	49.72 (25.96)		
7 Lemire, Noah	SR	HERNDON HORNETS	51.02	49.81
	24.10	49.81 (25.71)		
8 King, Daniel	FR	HERNDON HORNETS	52.64	50.83
	24.67	50.83 (26.16)		
9 Hans, Alex	JR	YORKTOWN HIGH SCHOOL	53.49	51.16
	24.63	51.16 (26.53)		
10 Redding, Dylan	SR	GEORGE C. MARSHALL HIGH SCHOOL	52.82	51.46
	24.51	51.46 (26.95)		
11 Wyszogrodzki, Victor	SR	GEORGE C. MARSHALL HIGH SCHOOL	50.81	51.69
	24.52	51.69 (27.17)		
12 Sanderson, Emmett	SO	GEORGE C. MARSHALL HIGH SCHOOL	53.53	51.89
	25.10	51.89 (26.79)		
13 Cocker, George	SO	YORKTOWN HIGH SCHOOL	52.84	52.06
	24.54	52.06 (27.52)		
14 Perlish, Jack	SO	MCLEAN HIGH SCHOOL	53.13	52.31
	25.17	52.31 (27.14)		
15 Frantz, Landon	JR	MCLEAN HIGH SCHOOL	NT	52.59
	24.67	52.59 (27.92)		
16 Lavin, Connor	FR	YORKTOWN HIGH SCHOOL	55.28	52.66
	25.46	52.66 (27.20)		
17 Young, Marcus	SO	LANGLEY HIGH SCHOOL	50.56	52.71
	25.11	52.71 (27.60)		
18 Mar, Hudson	SR	GEORGE C. MARSHALL HIGH SCHOOL	52.81	53.26
	26.38	53.26 (26.88)		
19 Hotra, Charlie	SR	YORKTOWN HIGH SCHOOL	55.01	53.34
	25.26	53.34 (28.08)		

## Liberty Conference Championships 2025

## Results

## Preliminaries ... (Event 13 Boys 100 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
20 Scheifele, Jack	JR	WAKEFIELD HIGH SCHOOL	54.25	53.65
25.89		53.65 (27.76)		
21 Bartl, Alex	SR	WASHINGTON-LIBERTY HIGH SCHOO	55.78	55.44
22 Evans, Silas	SR	WASHINGTON-LIBERTY HIGH SCHOO	58.06	56.36
26.65		56.36 (29.71)		
23 LoGerfo, Louis	FR	WASHINGTON-LIBERTY HIGH SCHOO	NT	57.66
27.19		57.66 (30.47)		
24 Platt, Logan	SR	HERNDON HORNETS	58.14	58.29
27.93		58.29 (30.36)		
25 Draganic, Aleksander	FR	HERNDON HORNETS	1:00.25	59.40
27.79		59.40 (31.61)		

## Event 14 Girls 100 Yard Freestyle

Conf 6: 50.60 ! 1/27/2018 Torre Huske

Yorktown

50.16 AAA All American

50.99 AAC All American Consider

53.14 STAT State Cut

54.79 REGN Region Cut

Name	Yr	School	Prelim Time	Finals Time	Points
<b>Championship Final</b>					
1 Watson, Marina	SR	LANGLEY HIGH SCHOOL	53.39	53.78	REGN 20
25.93		53.78 (27.85)			
2 McCarthy, Clara	SR	WASHINGTON-LIBERTY HIGH SCHOO	54.17	54.00	REGN 17
26.36		54.00 (27.64)			
3 Steber, Gretchen	SO	LANGLEY HIGH SCHOOL	54.30	54.42	REGN 16
26.45		54.42 (27.97)			
4 Murphy, Eleanor	SR	MCLEAN HIGH SCHOOL	55.82	55.01	15
26.41		55.01 (28.60)			
5 Johnson, Abbygail	FR	HERNDON HORNETS	55.04	55.16	14
26.81		55.16 (28.35)			
6 Young, Amelia	FR	WAKEFIELD HIGH SCHOOL	54.95	55.61	13
26.71		55.61 (28.90)			
7 English, Ella	SO	MCLEAN HIGH SCHOOL	55.58	56.24	12
26.44		56.24 (29.80)			
8 Desautels, Alaina	SR	YORKTOWN HIGH SCHOOL	55.66	57.20	11
28.15		57.20 (29.05)			
<b>Consolation Final</b>					
9 Spignardo, Calla	SR	GEORGE C. MARSHALL HIGH SCHOOL	56.37	56.17	9
27.22		56.17 (28.95)			
10 Cobb, Emme	SR	YORKTOWN HIGH SCHOOL	56.52	56.28	7
27.76		56.28 (28.52)			
11 Ebert, Shelby	SR	WASHINGTON-LIBERTY HIGH SCHOO	56.67	57.06	6
27.45		57.06 (29.61)			
12 Gary, Morgan	SR	MCLEAN HIGH SCHOOL	57.73	57.11	5
27.36		57.11 (29.75)			
13 Georgieva, Sophia	JR	GEORGE C. MARSHALL HIGH SCHOOL	55.97	57.59	4
27.17		57.59 (30.42)			
14 Murphy, Abigail	SO	MCLEAN HIGH SCHOOL	57.47	57.88	3
27.83		57.88 (30.05)			
15 Robyak, Brooke	FR	GEORGE C. MARSHALL HIGH SCHOOL	58.26	57.95	2
27.91		57.95 (30.04)			
16 Kelly, Audrey	SO	LANGLEY HIGH SCHOOL	58.72	58.58	1
27.70		58.58 (30.88)			

## Liberty Conference Championships 2025

## Results

## Event 14 Girls 100 Yard Freestyle

Conf 6: 50.60 ! 1/27/2018 Torre Huske

Yorktown

50.16 AAA All American

50.99 AAC All American Conside

53.14 STAT State Cut

54.79 REGN Region Cut

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Watson, Marina	SR	LANGLEY HIGH SCHOOL	54.32	53.39	REGN
25.79		53.39 (27.60)			
2 McCarthy, Clara	SR	WASHINGTON-LIBERTY HIGH SCHOO	55.86	54.17	REGN
26.33		54.17 (27.84)			
3 Steber, Gretchen	SO	LANGLEY HIGH SCHOOL	56.01	54.30	REGN
26.25		54.30 (28.05)			
4 Young, Amelia	FR	WAKEFIELD HIGH SCHOOL	58.26	54.95	
26.53		54.95 (28.42)			
5 Johnson, Abbygail	FR	HERNDON HORNETS	55.37	55.04	
26.40		55.04 (28.64)			
6 English, Ella	SO	MCLEAN HIGH SCHOOL	58.51	55.58	
26.28		55.58 (29.30)			
7 Desautels, Alaina	SR	YORKTOWN HIGH SCHOOL	58.94	55.66	
27.34		55.66 (28.32)			
8 Murphy, Eleanor	SR	MCLEAN HIGH SCHOOL	56.50	55.82	
26.44		55.82 (29.38)			
9 Georgieva, Sophia	JR	GEORGE C. MARSHALL HIGH SCHOOL	57.08	55.97	
26.83		55.97 (29.14)			
10 Spignardo, Calla	SR	GEORGE C. MARSHALL HIGH SCHOOL	58.59	56.37	
27.14		56.37 (29.23)			
11 Cobb, Emme	SR	YORKTOWN HIGH SCHOOL	57.10	56.52	
27.18		56.52 (29.34)			
12 Ebert, Shelby	SR	WASHINGTON-LIBERTY HIGH SCHOO	57.37	56.67	
27.21		56.67 (29.46)			
13 Murphy, Abigail	SO	MCLEAN HIGH SCHOOL	58.89	57.47	
27.66		57.47 (29.81)			
14 Gary, Morgan	SR	MCLEAN HIGH SCHOOL	59.25	57.73	
27.82		57.73 (29.91)			
15 Robyak, Brooke	FR	GEORGE C. MARSHALL HIGH SCHOOL	59.64	58.26	
27.91		58.26 (30.35)			
16 Kelly, Audrey	SO	LANGLEY HIGH SCHOOL	59.81	58.72	
27.77		58.72 (30.95)			
17 O'Dea, Sabrina	JR	YORKTOWN HIGH SCHOOL	1:01.42	59.01	
28.16		59.01 (30.85)			
18 Armstrong, Katelyn	SO	LANGLEY HIGH SCHOOL	NT	59.09	
27.63		59.09 (31.46)			
19 Yashar, Elise	SO	GEORGE C. MARSHALL HIGH SCHOOL	59.96	59.10	
27.93		59.10 (31.17)			
20 Semanchik, Katherine	SR	HERNDON HORNETS	1:00.97	59.85	
28.58		59.85 (31.27)			
21 Kammerman, Noa	SO	YORKTOWN HIGH SCHOOL	1:00.75	1:00.35	
28.10		1:00.35 (32.25)			
22 Young-Smith, Isabelle	SR	WAKEFIELD HIGH SCHOOL	1:02.23	1:01.97	
29.64		1:01.97 (32.33)			
23 Kimsey, Zoe	FR	HERNDON HORNETS	1:02.28	1:02.99	
30.32		1:02.99 (32.67)			

**Liberty Conference Championships 2025**

**Results**

**Preliminaries ... (Event 14 Girls 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time
24 Ramos, Maya	SR	WASHINGTON-LIBERTY HIGH SCHOO	1:05.44	1:04.15
29.94		1:04.15 (34.21)		
25 Gehring, Krista	JR	WASHINGTON-LIBERTY HIGH SCHOO	1:05.84	1:04.34
30.30		1:04.34 (34.04)		
26 Anderson, Christa	SR	HERNDON HORNETS	1:07.08	1:06.09
32.11		1:06.09 (33.98)		
27 Yates, Emilia	JR	WAKEFIELD HIGH SCHOOL	1:13.12	1:08.64
32.29		1:08.64 (36.35)		
28 Marston, Hadley	SR	WAKEFIELD HIGH SCHOOL	1:14.83	1:13.11
34.29		1:13.11 (38.82)		

**Event 15 Boys 500 Yard Freestyle**

**Conf 6: 4:37.89 ! 1/28/2023 Rian Graham Herndon**  
**4:28.60 AAA All American**  
**4:32.95 AAC All American Consider**  
**4:47.10 STAT State Cut**  
**4:57.29 REGN Region Cut**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>Championship Final</b>					
1 Jia, Aaron	SR	MCLEAN HIGH SCHOOL	4:38.56	4:35.52! STAT	20
26.04		53.55 (27.51) 1:20.92 (27.37)	1:48.42 (27.50)		
2:16.14 (27.72)		2:44.33 (28.19) 3:12.46 (28.13)	3:40.55 (28.09)		
4:08.41 (27.86)		4:35.52 (27.11)			
2 Dilber, Sarp	SO	MCLEAN HIGH SCHOOL	4:52.36	4:47.24 REGN	17
26.53		54.91 (28.38) 1:23.56 (28.65)	1:52.78 (29.22)		
2:22.10 (29.32)		2:51.70 (29.60) 3:21.43 (29.73)	3:51.11 (29.68)		
4:19.97 (28.86)		4:47.24 (27.27)			
3 Thornton, Sandro	SO	LANGLEY HIGH SCHOOL	4:50.34	4:50.02 REGN	16
25.86		53.99 (28.13) 1:22.61 (28.62)	1:51.64 (29.03)		
2:21.04 (29.40)		2:50.90 (29.86) 3:20.64 (29.74)	3:50.82 (30.18)		
4:20.90 (30.08)		4:50.02 (29.12)			
4 Robinson, Mitchell	SO	YORKTOWN HIGH SCHOOL	5:05.44	4:52.23 REGN	15
26.68		55.42 (28.74) 1:25.48 (30.06)	1:55.24 (29.76)		
2:24.97 (29.73)		2:54.99 (30.02) 3:24.64 (29.65)	3:54.03 (29.39)		
4:23.62 (29.59)		4:52.23 (28.61)			
5 Pahlevanpour, Alex	JR	LANGLEY HIGH SCHOOL	4:56.40	4:56.78 REGN	14
26.45		55.21 (28.76) 1:24.36 (29.15)	1:53.94 (29.58)		
2:23.55 (29.61)		2:53.68 (30.13) 3:24.09 (30.41)	3:55.19 (31.10)		
4:26.33 (31.14)		4:56.78 (30.45)			
6 Hussey, Liam	SO	YORKTOWN HIGH SCHOOL	5:01.71	5:02.40	13
27.12		56.27 (29.15) 1:26.69 (30.42)	1:57.34 (30.65)		
2:28.24 (30.90)		2:59.28 (31.04) 3:30.58 (31.30)	4:02.17 (31.59)		
4:33.69 (31.52)		5:02.40 (28.71)			
7 Moore, Collin	SO	GEORGE C. MARSHALL HIGH SCHOOL	5:08.02	5:02.61	12
27.25		56.82 (29.57) 1:27.29 (30.47)	1:58.20 (30.91)		
2:29.09 (30.89)		2:59.98 (30.89) 3:31.08 (31.10)	4:02.31 (31.23)		
4:33.40 (31.09)		5:02.61 (29.21)			
8 Bockman, Isaac	SO	LANGLEY HIGH SCHOOL	5:09.79	5:18.19	11
28.09		59.87 (31.78) 1:32.23 (32.36)	2:04.82 (32.59)		
2:37.55 (32.73)		3:10.01 (32.46) 3:42.55 (32.54)	4:15.04 (32.49)		
4:47.27 (32.23)		5:18.19 (30.92)			

## Liberty Conference Championships 2025

## Results

## Consolation Final ... (Event 15 Boys 500 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
<b>Consolation Final</b>					
9 Holguin, Sinclair	FR	GEORGE C. MARSHALL HIGH SCHOOL	5:18.01	5:10.12	9
27.58	57.52 (29.94)	1:28.25 (30.73)	1:59.70 (31.45)		
2:31.44 (31.74)	3:03.50 (32.06)	3:35.60 (32.10)	4:07.90 (32.30)		
4:39.79 (31.89)	5:10.12 (30.33)				
10 Beall, Sam	SR	YORKTOWN HIGH SCHOOL	5:13.41	5:14.03	7
27.91	58.41 (30.50)	1:30.44 (32.03)	2:03.00 (32.56)		
2:35.34 (32.34)	3:07.61 (32.27)	3:39.88 (32.27)	4:12.15 (32.27)		
4:43.68 (31.53)	5:14.03 (30.35)				
11 Adams, Andrew	FR	YORKTOWN HIGH SCHOOL	5:23.93	5:14.39	6
28.05	59.10 (31.05)	1:30.71 (31.61)	2:02.96 (32.25)		
2:35.56 (32.60)	3:07.96 (32.40)	3:40.29 (32.33)	4:12.58 (32.29)		
4:43.93 (31.35)	5:14.39 (30.46)				
12 Epperson, Trevor	FR	MCLEAN HIGH SCHOOL	5:26.59	5:19.67	5
27.22	58.03 (30.81)	1:29.63 (31.60)	2:01.95 (32.32)		
2:34.14 (32.19)	3:07.01 (32.87)	3:40.64 (33.63)	4:14.61 (33.97)		
4:48.49 (33.88)	5:19.67 (31.18)				
13 Koay, Kyle	SO	MCLEAN HIGH SCHOOL	5:26.61	5:20.58	4
27.88	58.30 (30.42)	1:30.45 (32.15)	2:02.67 (32.22)		
2:35.10 (32.43)	3:07.69 (32.59)	3:40.66 (32.97)	4:13.81 (33.15)		
4:47.56 (33.75)	5:20.58 (33.02)				
14 Baez, Rafael	JR	HERNDON HORNETS	5:29.24	5:21.22	3
27.16	57.72 (30.56)	1:29.80 (32.08)	2:02.31 (32.51)		
2:35.32 (33.01)	3:08.38 (33.06)	3:41.88 (33.50)	4:16.14 (34.26)		
4:49.59 (33.45)	5:21.22 (31.63)				
15 Pozo, Theo	FR	LANGLEY HIGH SCHOOL	5:25.38	5:28.18	2
27.59	58.59 (31.00)	1:30.37 (31.78)	2:03.17 (32.80)		
2:36.07 (32.90)	3:09.86 (33.79)	3:43.89 (34.03)	4:18.32 (34.43)		
4:53.75 (35.43)	5:28.18 (34.43)				
16 Huggler, Peter	SO	WASHINGTON-LIBERTY HIGH SCHOO	5:41.81	5:37.29	1
27.30	58.84 (31.54)	1:32.10 (33.26)	2:06.67 (34.57)		
2:41.83 (35.16)	3:17.05 (35.22)	3:52.81 (35.76)	4:28.94 (36.13)		
5:04.78 (35.84)	5:37.29 (32.51)				

## Event 15 Boys 500 Yard Freestyle

Conf 6: 4:37.89 ! 1/28/2023 Rian Graham

Herndon

4:28.60 AAA All American

4:32.95 AAC All American Conside

4:47.10 STAT State Cut

4:57.29 REGN Region Cut

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Jia, Aaron	SR	MCLEAN HIGH SCHOOL	4:40.96	4:38.56	STAT
26.16	53.78 (27.62)	1:21.31 (27.53)	1:49.14 (27.83)		
2:17.24 (28.10)	2:45.69 (28.45)	3:14.52 (28.83)	3:42.92 (28.40)		
4:11.11 (28.19)	4:38.56 (27.45)				
2 Thornton, Sandro	SO	LANGLEY HIGH SCHOOL	4:52.53	4:50.34	REGN
25.78	54.39 (28.61)	1:23.72 (29.33)	1:53.14 (29.42)		
2:22.54 (29.40)	2:52.21 (29.67)	3:21.88 (29.67)	3:51.69 (29.81)		
4:21.58 (29.89)	4:50.34 (28.76)				
3 Dilber, Sarp	SO	MCLEAN HIGH SCHOOL	4:55.85	4:52.36	REGN
26.57	55.13 (28.56)	1:24.16 (29.03)	1:53.66 (29.50)		
2:23.64 (29.98)	2:53.47 (29.83)	3:23.51 (30.04)	3:53.69 (30.18)		
4:23.66 (29.97)	4:52.36 (28.70)				

## Liberty Conference Championships 2025

## Results

## Preliminaries ... (Event 15 Boys 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
4 Pahlevanpour, Alex	JR	LANGLEY HIGH SCHOOL	5:06.12	4:56.40 REGN
26.52	55.36 (28.84)	1:24.47 (29.11)	1:54.24 (29.77)	
2:24.45 (30.21)	2:54.64 (30.19)	3:24.68 (30.04)	3:55.27 (30.59)	
4:25.99 (30.72)	4:56.40 (30.41)			
5 Hussey, Liam	SO	YORKTOWN HIGH SCHOOL	5:05.81	5:01.71
27.15	57.06 (29.91)	1:27.27 (30.21)	1:57.91 (30.64)	
2:28.77 (30.86)	2:59.60 (30.83)	3:30.79 (31.19)	4:01.90 (31.11)	
4:32.95 (31.05)	5:01.71 (28.76)			
6 Robinson, Mitchell	SO	YORKTOWN HIGH SCHOOL	4:57.03	5:05.44
27.89	58.30 (30.41)	1:29.15 (30.85)	2:00.24 (31.09)	
2:31.56 (31.32)	3:02.62 (31.06)	3:33.89 (31.27)	4:05.10 (31.21)	
4:36.12 (31.02)	5:05.44 (29.32)			
7 Moore, Collin	SO	GEORGE C. MARSHALL HIGH SCHOOL	5:10.97	5:08.02
27.92	58.70 (30.78)	1:29.89 (31.19)	2:01.75 (31.86)	
2:33.41 (31.66)	3:04.53 (31.12)	3:35.66 (31.13)	4:06.67 (31.01)	
4:37.83 (31.16)	5:08.02 (30.19)			
8 Bockman, Isaac	SO	LANGLEY HIGH SCHOOL	5:07.44	5:09.79
28.34	59.65 (31.31)	1:30.95 (31.30)	2:02.15 (31.20)	
2:33.41 (31.26)	3:05.08 (31.67)	3:36.90 (31.82)	4:08.27 (31.37)	
4:39.50 (31.23)	5:09.79 (30.29)			
9 Beall, Sam	SR	YORKTOWN HIGH SCHOOL	5:14.65	5:13.41
27.94	58.70 (30.76)	1:30.15 (31.45)	2:02.14 (31.99)	
2:34.62 (32.48)	3:06.91 (32.29)	3:39.16 (32.25)	4:11.19 (32.03)	
4:42.55 (31.36)	5:13.41 (30.86)			
10 Holguin, Sinclair	FR	GEORGE C. MARSHALL HIGH SCHOOL	5:23.09	5:18.01
27.90	57.79 (29.89)	1:28.83 (31.04)	2:01.01 (32.18)	
2:33.32 (32.31)	3:06.55 (33.23)	3:39.43 (32.88)	4:13.12 (33.69)	
4:46.49 (33.37)	5:18.01 (31.52)			
11 Adams, Andrew	FR	YORKTOWN HIGH SCHOOL	5:23.97	5:23.93
29.24	1:00.79 (31.55)	1:33.57 (32.78)	2:05.98 (32.41)	
2:39.18 (33.20)	3:12.31 (33.13)	3:46.28 (33.97)	4:19.95 (33.67)	
4:52.41 (32.46)	5:23.93 (31.52)			
12 Pozo, Theo	FR	LANGLEY HIGH SCHOOL	NT	5:25.38
28.70	1:01.01 (32.31)	1:33.60 (32.59)	2:06.67 (33.07)	
2:39.67 (33.00)	3:12.97 (33.30)	3:46.67 (33.70)	4:20.74 (34.07)	
4:55.04 (34.30)	5:25.38 (30.34)			
13 Epperson, Trevor	FR	MCLEAN HIGH SCHOOL	5:22.52	5:26.59
26.79	58.75 (31.96)	1:31.61 (32.86)	2:04.46 (32.85)	
2:37.36 (32.90)	3:10.83 (33.47)	3:44.68 (33.85)	4:18.29 (33.61)	
4:52.49 (34.20)	5:26.59 (34.10)			
14 Koay, Kyle	SO	MCLEAN HIGH SCHOOL	5:20.34	5:26.61
28.32	59.53 (31.21)	1:31.79 (32.26)	2:04.62 (32.83)	
2:38.06 (33.44)	3:12.12 (34.06)	3:46.08 (33.96)	4:20.76 (34.68)	
4:54.49 (33.73)	5:26.61 (32.12)			
15 Baez, Rafael	JR	HERNDON HORNETS	5:27.88	5:29.24
26.43	56.08 (29.65)	1:28.13 (32.05)	2:02.10 (33.97)	
2:35.99 (33.89)	3:10.49 (34.50)	3:44.55 (34.06)	4:19.69 (35.14)	
4:55.37 (35.68)	5:29.24 (33.87)			
16 Huggler, Peter	SO	WASHINGTON-LIBERTY HIGH SCHOO	5:50.53	5:41.81
29.04	1:02.08 (33.04)	1:36.56 (34.48)	2:11.88 (35.32)	
2:46.87 (34.99)	3:22.86 (35.99)	3:58.67 (35.81)	4:33.94 (35.27)	
5:09.34 (35.40)	5:41.81 (32.47)			

## Liberty Conference Championships 2025

## Results

## Preliminaries ... (Event 15 Boys 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
17 Ali, Emaad	SO	WASHINGTON-LIBERTY HIGH SCHOO	5:38.89	5:43.59
30.55	1:04.29 (33.74)	1:39.59 (35.30)	2:14.45 (34.86)	
2:50.13 (35.68)	3:25.84 (35.71)	4:01.00 (35.16)	4:36.31 (35.31)	
5:10.56 (34.25)	5:43.59 (33.03)			
18 Willard, Garrett	SO	WASHINGTON-LIBERTY HIGH SCHOO	5:54.16	6:03.54
32.19	1:08.04 (35.85)	1:45.66 (37.62)	2:23.59 (37.93)	
3:02.07 (38.48)	3:38.85 (36.78)	4:16.15 (37.30)	4:53.40 (37.25)	
5:30.00 (36.60)	6:03.54 (33.54)			
19 Schiller-Jensen, Elijah	FR	WASHINGTON-LIBERTY HIGH SCHOO	5:46.96	6:06.36
31.72	1:05.60 (33.88)	1:41.50 (35.90)	2:19.06 (37.56)	
2:58.50 (39.44)	3:37.03 (38.53)	4:15.92 (38.89)	4:54.29 (38.37)	
5:31.78 (37.49)	6:06.36 (34.58)			
20 Wottawah, Fynn	FR	GEORGE C. MARSHALL HIGH SCHOOL	6:12.37	6:08.03
29.76	1:04.47 (34.71)	1:40.99 (36.52)	2:18.40 (37.41)	
2:56.86 (38.46)	3:35.64 (38.78)	4:14.27 (38.63)	4:52.86 (38.59)	
5:32.00 (39.14)	6:08.03 (36.03)			
21 Steis, Austin	FR	HERNDON HORNETS	6:03.68	6:09.20
33.01	1:10.00 (36.99)	1:47.78 (37.78)	2:26.32 (38.54)	
3:04.47 (38.15)	3:42.17 (37.70)	4:19.82 (37.65)	4:58.13 (38.31)	
5:34.90 (36.77)	6:09.20 (34.30)			
22 Harrell, Smith	SR	GEORGE C. MARSHALL HIGH SCHOOL	6:20.51	6:16.15
30.08	1:04.93 (34.85)	1:41.55 (36.62)	2:19.98 (38.43)	
2:58.84 (38.86)	3:38.76 (39.92)	4:18.45 (39.69)	4:58.09 (39.64)	
5:38.34 (40.25)	6:16.15 (37.81)			
23 Biggs, Benjamin	SO	WAKEFIELD HIGH SCHOOL	6:33.82	6:27.50
31.57	1:08.20 (36.63)	1:46.53 (38.33)	2:26.85 (40.32)	
3:07.61 (40.76)	3:48.45 (40.84)	4:28.80 (40.35)	5:10.52 (41.72)	
5:50.99 (40.47)	6:27.50 (36.51)			
24 Laskowski, Spencer	JR	HERNDON HORNETS	6:39.12	6:36.54
32.16	1:09.66 (37.50)	1:50.39 (40.73)	2:31.56 (41.17)	
3:12.15 (40.59)	3:53.24 (41.09)	4:33.99 (40.75)	5:15.89 (41.90)	
5:57.32 (41.43)	6:36.54 (39.22)			
25 Harbour, Rhys	JR	WAKEFIELD HIGH SCHOOL	7:08.45	6:56.33
34.51	1:15.27 (40.76)	1:57.15 (41.88)	2:39.51 (42.36)	
3:23.27 (43.76)	4:05.91 (42.64)	4:49.81 (43.90)	5:33.22 (43.41)	
6:16.13 (42.91)	6:56.33 (40.20)			
26 Jain, Bhavya	FR	HERNDON HORNETS	NT	7:03.06
35.13	1:13.71 (38.58)	1:54.82 (41.11)	2:38.04 (43.22)	
3:21.98 (43.94)	4:06.92 (44.94)	4:52.14 (45.22)	5:37.97 (45.83)	
6:22.70 (44.73)	7:03.06 (40.36)			
27 Mazel, Jimmy	SR	WAKEFIELD HIGH SCHOOL	7:33.00	7:43.91
33.04	1:13.05 (40.01)	1:57.18 (44.13)	2:43.10 (45.92)	
3:32.48 (49.38)	4:22.97 (50.49)	5:16.13 (53.16)	6:07.81 (51.68)	
6:58.74 (50.93)	7:43.91 (45.17)			
28 Salazar Mercado, Nathanael	SO	WAKEFIELD HIGH SCHOOL	7:51.94	7:55.83
35.84	1:22.35 (46.51)	2:11.46 (49.11)	3:00.11 (48.65)	
3:49.25 (49.14)	4:38.69 (49.44)	5:28.55 (49.86)	6:19.09 (50.54)	
7:10.52 (51.43)	7:55.83 (45.31)			



## Liberty Conference Championships 2025

## Results

## Event 16 Girls 500 Yard Freestyle

Conf 6: 4:44.06 ! 1/31/2014 Bella Rongione

Langley

4:53.16 AAA All American

4:58.35 AAC All American Conside

5:09.86 STAT State Cut

5:24.39 REGN Region Cut

Name	Yr	School	Prelim Time	Finals Time	Points
<b>Championship Final</b>					
1 Sherman, Lila	SO	YORKTOWN HIGH SCHOOL	5:01.15	5:00.30	STAT 20
26.56	55.95 (29.39)	1:26.46 (30.51)	1:57.11 (30.65)		
2:27.96 (30.85)	2:58.89 (30.93)	3:29.63 (30.74)	4:00.56 (30.93)		
4:30.91 (30.35)	5:00.30 (29.39)				
2 Young, Jay	SR	YORKTOWN HIGH SCHOOL	5:13.14	5:14.20	REGN 17
28.10	58.59 (30.49)	1:30.24 (31.65)	2:01.86 (31.62)		
2:33.95 (32.09)	3:05.78 (31.83)	3:38.07 (32.29)	4:10.28 (32.21)		
4:42.54 (32.26)	5:14.20 (31.66)				
3 Furches, Jackie	SO	YORKTOWN HIGH SCHOOL	5:16.66	5:16.23	REGN 16
28.59	59.81 (31.22)	1:31.25 (31.44)	2:03.14 (31.89)		
2:35.27 (32.13)	3:07.61 (32.34)	3:39.96 (32.35)	4:12.29 (32.33)		
4:44.64 (32.35)	5:16.23 (31.59)				
4 De, Lara	JR	LANGLEY HIGH SCHOOL	5:19.81	5:19.56	REGN 15
5 Taylor, Kate	JR	WASHINGTON-LIBERTY HIGH SCHOO	5:25.68	5:24.88	14
29.35	1:01.07 (31.72)	1:33.55 (32.48)	2:06.42 (32.87)		
2:39.21 (32.79)	3:12.37 (33.16)	3:45.46 (33.09)	4:18.60 (33.14)		
4:52.18 (33.58)	5:24.88 (32.70)				
6 McCarthy, Willa	SR	WASHINGTON-LIBERTY HIGH SCHOO	5:25.86	5:33.60	13
29.73	1:02.17 (32.44)	1:36.07 (33.90)	2:09.95 (33.88)		
2:43.82 (33.87)	3:18.20 (34.38)	3:52.38 (34.18)	4:26.66 (34.28)		
5:00.74 (34.08)	5:33.60 (32.86)				
7 Sheehan, Kate	JR	MCLEAN HIGH SCHOOL	5:37.16	5:39.98	12
30.07	1:02.55 (32.48)	1:36.16 (33.61)	2:10.11 (33.95)		
2:44.38 (34.27)	3:18.61 (34.23)	3:53.62 (35.01)	4:29.07 (35.45)		
5:04.66 (35.59)	5:39.98 (35.32)				
8 Schmitt, Katherine	SR	YORKTOWN HIGH SCHOOL	5:39.10	5:42.91	11
30.77	1:04.10 (33.33)	1:38.38 (34.28)	2:12.81 (34.43)		
2:47.63 (34.82)	3:22.55 (34.92)	3:57.55 (35.00)	4:32.93 (35.38)		
5:08.36 (35.43)	5:42.91 (34.55)				
<b>Consolation Final</b>					
9 Xing, Chloe	FR	LANGLEY HIGH SCHOOL	5:53.33	5:42.92	9
30.38	1:04.69 (34.31)	1:39.09 (34.40)	2:13.92 (34.83)		
2:48.53 (34.61)	3:23.72 (35.19)	3:58.62 (34.90)	4:33.86 (35.24)		
5:08.85 (34.99)	5:42.92 (34.07)				
10 Robyak, Kayla	SR	GEORGE C. MARSHALL HIGH SCHOOL	5:45.12	5:49.96	7
30.19	1:04.30 (34.11)	1:38.82 (34.52)	2:13.48 (34.66)		
2:48.74 (35.26)	3:25.23 (36.49)	4:02.47 (37.24)	4:39.26 (36.79)		
5:15.42 (36.16)	5:49.96 (34.54)				
11 Dowler, Callie	JR	WASHINGTON-LIBERTY HIGH SCHOO	5:59.64	5:56.17	6
31.23	1:05.42 (34.19)	1:40.48 (35.06)	2:16.43 (35.95)		
2:52.92 (36.49)	3:30.07 (37.15)	4:07.51 (37.44)	4:44.46 (36.95)		
5:21.33 (36.87)	5:56.17 (34.84)				
12 Ramsey, Daniella	JR	HERNDON HORNETS	6:04.05	6:00.60	5
30.73	1:06.49 (35.76)	1:42.98 (36.49)	2:19.80 (36.82)		
2:57.82 (38.02)	3:34.97 (37.15)	4:12.92 (37.95)	4:50.40 (37.48)		
5:26.78 (36.38)	6:00.60 (33.82)				

**Liberty Conference Championships 2025**

**Results**

**Consolation Final ... (Event 16 Girls 500 Yard Freestyle)**

Name	Yr	School	Prelim Time	Finals Time	Points
13 Campbell, Carys	FR	MCLEAN HIGH SCHOOL	6:12.24	6:03.78	4
32.72		1:08.32 (35.60) 1:44.92 (36.60)	2:21.91 (36.99)		
2:59.07 (37.16)		3:36.42 (37.35) 4:14.70 (38.28)	4:51.53 (36.83)		
5:28.89 (37.36)		6:03.78 (34.89)			
14 Hu, Elizabeth	FR	GEORGE C. MARSHALL HIGH SCHOOL	6:09.37	6:06.90	3
32.89		1:08.81 (35.92) 1:45.35 (36.54)	2:22.12 (36.77)		
2:59.59 (37.47)		3:37.36 (37.77) 4:15.42 (38.06)	4:53.16 (37.74)		
5:30.68 (37.52)		6:06.90 (36.22)			
15 Buley, Cassandra	SR	HERNDON HORNETS	6:06.53	6:10.03	2
33.32		1:09.66 (36.34) 1:46.88 (37.22)	2:24.90 (38.02)		
3:02.75 (37.85)		3:40.50 (37.75) 4:18.07 (37.57)	4:56.36 (38.29)		
5:34.03 (37.67)		6:10.03 (36.00)			
16 Simpson, Penelope	SO	WASHINGTON-LIBERTY HIGH SCHOO	6:09.14	6:16.01	1
31.99		1:08.16 (36.17) 1:45.84 (37.68)	2:24.09 (38.25)		
3:02.84 (38.75)		3:41.63 (38.79) 4:19.98 (38.35)	4:58.72 (38.74)		
5:37.78 (39.06)		6:16.01 (38.23)			

**Event 16 Girls 500 Yard Freestyle**

Conf 6: 4:44.06 ! 1/31/2014 Bella Rongione Langley  
 4:53.16 AAA All American  
 4:58.35 AAC All American Conside  
 5:09.86 STAT State Cut  
 5:24.39 REGN Region Cut

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Sherman, Lila	SO	YORKTOWN HIGH SCHOOL	5:08.34	5:01.15	STAT
26.74		56.54 (29.80) 1:27.04 (30.50)	1:57.98 (30.94)		
2:28.90 (30.92)		2:59.68 (30.78) 3:30.76 (31.08)	4:01.52 (30.76)		
4:31.77 (30.25)		5:01.15 (29.38)			
2 Young, Jay	SR	YORKTOWN HIGH SCHOOL	5:23.06	5:13.14	REGN
27.93		58.84 (30.91) 1:30.62 (31.78)	2:02.91 (32.29)		
2:34.81 (31.90)		3:06.81 (32.00) 3:38.86 (32.05)	4:10.84 (31.98)		
4:42.82 (31.98)		5:13.14 (30.32)			
3 Furches, Jackie	SO	YORKTOWN HIGH SCHOOL	5:26.12	5:16.66	REGN
29.32		1:01.15 (31.83) 1:33.67 (32.52)	2:05.83 (32.16)		
2:37.51 (31.68)		3:09.10 (31.59) 3:40.81 (31.71)	4:12.84 (32.03)		
4:45.09 (32.25)		5:16.66 (31.57)			
4 De, Lara	JR	LANGLEY HIGH SCHOOL	5:31.09	5:19.81	REGN
5 Taylor, Kate	JR	WASHINGTON-LIBERTY HIGH SCHOO	5:43.94	5:25.68	
29.77		1:01.54 (31.77) 1:34.15 (32.61)	2:06.91 (32.76)		
2:39.95 (33.04)		3:12.87 (32.92) 3:45.87 (33.00)	4:19.13 (33.26)		
4:52.53 (33.40)		5:25.68 (33.15)			
6 McCarthy, Willa	SR	WASHINGTON-LIBERTY HIGH SCHOO	5:44.46	5:25.86	
29.01		1:00.66 (31.65) 1:32.94 (32.28)	2:05.89 (32.95)		
2:39.17 (33.28)		3:12.31 (33.14) 3:45.84 (33.53)	4:19.53 (33.69)		
4:53.32 (33.79)		5:25.86 (32.54)			
7 Sheehan, Kate	JR	MCLEAN HIGH SCHOOL	5:48.07	5:37.16	
29.78		1:02.26 (32.48) 1:35.48 (33.22)	2:09.39 (33.91)		
2:43.15 (33.76)		3:17.22 (34.07) 3:52.05 (34.83)	4:27.30 (35.25)		
5:02.40 (35.10)		5:37.16 (34.76)			
8 Schmitt, Katherine	SR	YORKTOWN HIGH SCHOOL	5:54.91	5:39.10	
30.54		1:03.45 (32.91) 1:37.31 (33.86)	2:11.52 (34.21)		
2:45.92 (34.40)		3:20.64 (34.72) 3:55.30 (34.66)	4:30.23 (34.93)		
5:05.08 (34.85)		5:39.10 (34.02)			

## Liberty Conference Championships 2025

## Results

## Preliminaries ... (Event 16 Girls 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
9 Robyak, Kayla	SR	GEORGE C. MARSHALL HIGH SCHOOL	6:00.66	5:45.12
30.28	1:04.09 (33.81)	1:39.20 (35.11)	2:14.56 (35.36)	
2:50.11 (35.55)	3:25.50 (35.39)	4:01.25 (35.75)	4:36.80 (35.55)	
5:12.21 (35.41)	5:45.12 (32.91)			
10 Xing, Chloe	FR	LANGLEY HIGH SCHOOL	NT	5:53.33
32.33	1:07.88 (35.55)	1:43.10 (35.22)	2:19.39 (36.29)	
2:55.35 (35.96)	3:31.31 (35.96)	4:07.67 (36.36)	4:43.67 (36.00)	
5:19.52 (35.85)	5:53.33 (33.81)			
11 Dowler, Callie	JR	WASHINGTON-LIBERTY HIGH SCHOOL	6:07.47	5:59.64
31.68	1:06.53 (34.85)	1:42.84 (36.31)	2:20.32 (37.48)	
2:57.36 (37.04)	3:34.12 (36.76)	4:10.67 (36.55)	4:47.72 (37.05)	
5:24.60 (36.88)	5:59.64 (35.04)			
12 Ramsey, Daniella	JR	HERNDON HORNETS	6:24.82	6:04.05
31.22	1:07.14 (35.92)	1:44.05 (36.91)	2:20.82 (36.77)	
2:58.37 (37.55)	3:36.58 (38.21)	4:14.83 (38.25)	4:52.70 (37.87)	
5:30.41 (37.71)	6:04.05 (33.64)			
13 Buley, Cassandra	SR	HERNDON HORNETS	6:14.70	6:06.53
32.52	1:08.35 (35.83)	1:45.35 (37.00)	2:22.31 (36.96)	
2:59.86 (37.55)	3:37.34 (37.48)	4:14.59 (37.25)	4:52.08 (37.49)	
5:29.86 (37.78)	6:06.53 (36.67)			
14 Simpson, Penelope	SO	WASHINGTON-LIBERTY HIGH SCHOOL	6:13.40	6:09.14
32.72	1:08.84 (36.12)	1:45.22 (36.38)	2:23.00 (37.78)	
3:01.26 (38.26)	3:38.97 (37.71)	4:16.76 (37.79)	4:54.39 (37.63)	
5:32.59 (38.20)	6:09.14 (36.55)			
15 Hu, Elizabeth	FR	GEORGE C. MARSHALL HIGH SCHOOL	6:14.78	6:09.37
32.62	1:08.04 (35.42)	1:44.63 (36.59)	2:21.53 (36.90)	
2:59.63 (38.10)	3:37.66 (38.03)	4:16.16 (38.50)	4:54.89 (38.73)	
5:33.15 (38.26)	6:09.37 (36.22)			
16 Campbell, Carys	FR	MCLEAN HIGH SCHOOL	6:19.69	6:12.24
32.76	1:08.83 (36.07)	1:45.45 (36.62)	2:22.91 (37.46)	
3:00.89 (37.98)	3:39.14 (38.25)	4:18.55 (39.41)	4:58.31 (39.76)	
5:35.91 (37.60)	6:12.24 (36.33)			
17 Monroe, Amalya	FR	MCLEAN HIGH SCHOOL	6:15.13	6:12.29
32.86	1:10.08 (37.22)	1:49.14 (39.06)	2:29.12 (39.98)	
3:08.43 (39.31)	3:47.79 (39.36)	4:26.31 (38.52)	5:04.21 (37.90)	
5:38.54 (34.33)	6:12.29 (33.75)			
18 Saadat, Melody	FR	LANGLEY HIGH SCHOOL	NT	6:20.67
33.82	1:11.16 (37.34)	1:50.63 (39.47)	2:30.21 (39.58)	
3:08.79 (38.58)	3:47.04 (38.25)	4:25.39 (38.35)	5:05.02 (39.63)	
5:43.81 (38.79)	6:20.67 (36.86)			
19 Winston, Sarah	SO	MCLEAN HIGH SCHOOL	6:26.22	6:22.37
31.35	1:07.01 (35.66)	1:45.21 (38.20)	2:23.39 (38.18)	
3:02.69 (39.30)	3:43.15 (40.46)	4:23.44 (40.29)	5:04.42 (40.98)	
5:45.48 (41.06)	6:22.37 (36.89)			
20 Baldeon Masturzo, Sofia	SO	GEORGE C. MARSHALL HIGH SCHOOL	6:24.34	6:23.02
30.90	1:06.43 (35.53)	1:44.17 (37.74)	2:23.28 (39.11)	
3:03.19 (39.91)	3:42.99 (39.80)	4:23.29 (40.30)	5:04.35 (41.06)	
5:44.28 (39.93)	6:23.02 (38.74)			
21 Ismail, Maryam	SO	GEORGE C. MARSHALL HIGH SCHOOL	6:33.02	6:24.92
32.25	1:09.83 (37.58)	1:49.41 (39.58)	2:29.36 (39.95)	
3:08.92 (39.56)	3:49.15 (40.23)	4:28.93 (39.78)	5:08.77 (39.84)	
5:46.93 (38.16)	6:24.92 (37.99)			

**Liberty Conference Championships 2025**

**Results**

**Preliminaries ... (Event 16 Girls 500 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time
22 Anderson, Christa	SR	HERNDON HORNETS	6:39.03	6:29.90
33.49	1:11.23 (37.74)	1:51.18 (39.95)	2:31.86 (40.68)	
3:12.36 (40.50)	3:52.12 (39.76)	4:33.16 (41.04)	5:12.95 (39.79)	
5:52.98 (40.03)	6:29.90 (36.92)			
23 Chavez Olivas, Elena	SR	LANGLEY HIGH SCHOOL	6:53.45	6:33.87
34.00	1:12.05 (38.05)	1:51.58 (39.53)	2:31.73 (40.15)	
3:13.01 (41.28)	3:53.67 (40.66)	4:34.75 (41.08)	5:15.67 (40.92)	
5:56.38 (40.71)	6:33.87 (37.49)			
24 McKenica, Gabrielle	FR	HERNDON HORNETS	6:40.56	6:42.17
33.84	1:13.06 (39.22)	1:54.46 (41.40)	2:36.53 (42.07)	
3:18.70 (42.17)	4:00.37 (41.67)	4:42.14 (41.77)	5:21.88 (39.74)	
6:04.31 (42.43)	6:42.17 (37.86)			
25 Hoil, Camila	SO	WAKEFIELD HIGH SCHOOL	6:34.51	6:49.70
36.38	1:17.41 (41.03)	1:58.07 (40.66)	2:39.01 (40.94)	
3:21.71 (42.70)	4:04.06 (42.35)	4:45.71 (41.65)	5:28.03 (42.32)	
6:09.85 (41.82)	6:49.70 (39.85)			
26 Everling, Lauren	SO	WAKEFIELD HIGH SCHOOL	7:14.77	6:58.62
35.40	1:15.66 (40.26)	1:58.49 (42.83)	2:41.46 (42.97)	
3:25.23 (43.77)	4:10.11 (44.88)	4:54.80 (44.69)	5:38.50 (43.70)	
6:20.22 (41.72)	6:58.62 (38.40)			
27 Mahon, Loralai	FR	WAKEFIELD HIGH SCHOOL	8:53.46	8:51.44
43.47	1:35.27 (51.80)	2:30.75 (55.48)	3:26.40 (55.65)	
4:20.84 (54.44)	5:16.93 (56.09)	6:12.52 (55.59)	7:07.30 (54.78)	
8:00.36 (53.06)	8:51.44 (51.08)			

**Event 17 Boys 200 Yard Freestyle Relay**

Conf 6: 1:25.73 ! 2/1/2020 Wash-Liberty Wash-Liberty  
 C Silva, A Kambhampaty, S Conley, J Mowery  
 1:24.15 AAA All American  
 1:25.57 AAC All American Consider  
 1:28.25 STAT State Cut  
 1:33.09 REGN Region Cut

Team	Relay	Seed Time	Finals Time	Points
1 LANGLEY HIGH SCHOOL		1:29.95	1:28.29 REGN	40
1) Kuhn, Cameron JR	2) Thornsby, Aiden SO	3) Garvin, Parris JR	4) Shin, Ethan JR	
22.27	44.57 (22.30)	1:06.92 (22.35)	1:28.29 (21.37)	
2 MCLEAN HIGH SCHOOL		NT	1:29.29 REGN	34
1) Bartkowski, Nolan SO	2) Weinstock, Harrison SR	3) Lohman, Andrew SR	4) Sutanto, Zach JR	
23.39	45.12 (21.73)	1:07.04 (21.92)	1:29.29 (22.25)	
3 WASHINGTON-LIBERTY HIGH SC		1:33.03	1:29.72 REGN	32
1) Rogers, Zane JR	2) Hong, Tyler SO	3) Ramos, Diego SO	4) Kambhampaty, Kedar JR	
22.74	45.30 (22.56)	1:07.12 (21.82)	1:29.72 (22.60)	
4 HERNDON HORNETS		1:32.93	1:29.82 REGN	30
1) Lemire, Noah SR	2) Leveto, Mason SR	3) Speer, Eric SO	4) Rayson, Kellan SR	
22.77	45.48 (22.71)	1:07.66 (22.18)	1:29.82 (22.16)	
5 YORKTOWN HIGH SCHOOL		1:33.26	1:31.39 REGN	28
1) Hans, Alex JR	2) Hotra, Charlie SR	3) Cocker, George SO	4) Pedicano, Nicholas JR	
23.13	45.86 (22.73)	1:08.92 (23.06)	1:31.39 (22.47)	
6 GEORGE C. MARSHALL HIGH SCH		1:34.02	1:32.80 REGN	26
1) Redding, Ian SR	2) Sanderson, Emmett SO	3) Redding, Dylan SR	4) Mar, Hudson SR	
23.82	46.77 (22.95)	1:09.81 (23.04)	1:32.80 (22.99)	
7 WAKEFIELD HIGH SCHOOL		NT	1:42.56	24
1) Scheifele, Jack JR	2) Wright, Miles SO	3) Rodriguez, Nicholas JR	4) Biggs, Benjamin SO	
24.35	50.36 (26.01)	1:15.83 (25.47)	1:42.56 (26.73)	

## Liberty Conference Championships 2025

## Results

## Event 18 Girls 200 Yard Freestyle Relay

Conf 6: 1:35.04 ! 2/1/2020

Yorktown

Yorktown

E Larsen, N English, C Burgeson, T Huske

1:35.48 AAA All American

1:37.15 AAC All American Consider

1:39.62 STAT State Cut

1:45.09 REGN Region Cut

Team	Relay	Seed Time	Finals Time	Points
1 YORKTOWN HIGH SCHOOL		1:41.20	1:40.53 REGN	40
1) Sherman, Lila SO	2) Sherman, Nora SR	3) Cobb, Emme SR	4) Desautels, Alaina SR	
25.07	50.02 (24.95)	1:15.30 (25.28)	1:40.53 (25.23)	
2 GEORGE C. MARSHALL HIGH SCHOOL		1:43.28	1:40.91 REGN	34
1) Georgieva, Sophia JR	2) Robyak, Brooke FR	3) Spignardo, Calla SR	4) Watts, Emma JR	
25.56	51.67 (26.11)	1:16.90 (25.23)	1:40.91 (24.01)	
3 MCLEAN HIGH SCHOOL		NT	1:41.04 REGN	32
1) English, Ella SO	2) Hughes, Danielle SR	3) Falzone, Ana SR	4) Murphy, Eleanor SR	
25.76	50.92 (25.16)	1:16.24 (25.32)	1:41.04 (24.80)	
4 WASHINGTON-LIBERTY HIGH SCHOOL		1:44.43	1:41.92 REGN	30
1) Ebert, Shelby SR	2) Boyko, Sophia SO	3) McCarthy, Clara SR	4) Scogna, Charlie SR	
25.96	58.21 (32.25)	1:25.09 (26.88)	1:41.92 (16.83)	
5 LANGLEY HIGH SCHOOL		1:43.87	1:41.94 REGN	28
1) Steber, Gretchen SO	2) Varacalli, Hayley SR	3) Miller, Elisabeth SO	4) Watson, Marina SR	
25.14	51.20 (26.06)	1:17.20 (26.00)	1:41.94 (24.74)	
6 HERNDON HORNETS		1:46.13	1:43.74 REGN	26
1) Gattoni, Bianca SO	2) Ramsey, Daniella JR	3) Wright, Morgan SR	4) Johnson, Abbygail FR	
26.66	53.14 (26.48)	1:18.58 (25.44)	1:43.74 (25.16)	
7 WAKEFIELD HIGH SCHOOL		NT	1:54.44	24
1) Young, Amelia FR	2) Young-Smith, Isabelle SR	3) Larson, Gabrielle	4) Marston, Hadley SR	
26.08	53.03 (26.95)	1:25.90 (32.87)	1:54.44 (28.54)	

## Event 19 Boys 100 Yard Backstroke

Conf 6: 49.23 ! 1/29/2022 Nolan Dunkel

Yorktown

48.94 AAA All American

50.13 AAC All American Consider

52.90 STAT State Cut

55.19 REGN Region Cut

Name	Yr	School	Prelim Time	Finals Time	Points
<b>Championship Final</b>					
1 Zhou, Michael		JR LANGLEY HIGH SCHOOL	51.21	50.68 STAT	20
24.69		50.68 (25.99)			
2 Lopez, Lucas		JR WAKEFIELD HIGH SCHOOL	53.63	52.42 STAT	17
25.66		52.42 (26.76)			
3 Flickinger, Ryan		JR LANGLEY HIGH SCHOOL	54.44	53.33 REGN	16
25.78		53.33 (27.55)			
4 Williams, Henry		SO MCLEAN HIGH SCHOOL	53.47	53.70 REGN	15
25.92		53.70 (27.78)			
5 Parkhomenko, Cameron		SO MCLEAN HIGH SCHOOL	54.85	54.15 REGN	14
26.02		54.15 (28.13)			
6 Owen, Jacob		JR YORKTOWN HIGH SCHOOL	53.58	54.39 REGN	13
25.97		54.39 (28.42)			
7 Quintero, Elvis		SR MCLEAN HIGH SCHOOL	55.96	55.45	12
26.05		55.45 (29.40)			
8 Pedicano, Nicholas		JR YORKTOWN HIGH SCHOOL	55.07	56.17	11
26.95		56.17 (29.22)			

**Liberty Conference Championships 2025**

**Results**

**Consolation Final ... (Event 19 Boys 100 Yard Backstroke)**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>Consolation Final</b>					
9 Li, Andy		SO LANGLEY HIGH SCHOOL	56.47	56.01	9
	27.25	56.01 (28.76)			
10 Budharaju, Pranav		JR MCLEAN HIGH SCHOOL	56.60	56.74	7
	27.37	56.74 (29.37)			
11 Allvin, Eli		SR GEORGE C. MARSHALL HIGH SCHOOL	57.10	57.77	6
	26.76	57.77 (31.01)			
12 Hong, Tyler		SO WASHINGTON-LIBERTY HIGH SCHOO	1:00.81	58.29	5
	28.59	58.29 (29.70)			
13 Aslaksen, Matthew		SR YORKTOWN HIGH SCHOOL	1:01.05	58.65	4
	27.79	58.65 (30.86)			
14 Na, Elijah		SR WASHINGTON-LIBERTY HIGH SCHOO	59.13	59.18	3
	27.82	59.18 (31.36)			
15 Baez, Rafael		JR HERNDON HORNETS	59.64	1:00.14	2
	28.96	1:00.14 (31.18)			
16 Moneymaker, Mathew		JR YORKTOWN HIGH SCHOOL	1:01.02	1:00.97	1
	29.63	1:00.97 (31.34)			

**Event 19 Boys 100 Yard Backstroke**

**Conf 6:** 49.23 ! 1/29/2022 Nolan Dunkel  
 48.94 AAA All American  
 50.13 AAC All American Conside  
 52.90 STAT State Cut  
 55.19 REGN Region Cut

Yorktown

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Zhou, Michael		JR LANGLEY HIGH SCHOOL	52.47	51.21	STAT
	25.05	51.21 (26.16)			
2 Williams, Henry		SO MCLEAN HIGH SCHOOL	56.13	53.47	REGN
	25.99	53.47 (27.48)			
3 Owen, Jacob		JR YORKTOWN HIGH SCHOOL	57.16	53.58	REGN
	25.80	53.58 (27.78)			
4 Lopez, Lucas		JR WAKEFIELD HIGH SCHOOL	56.81	53.63	REGN
	25.99	53.63 (27.64)			
5 Flickinger, Ryan		JR LANGLEY HIGH SCHOOL	55.14	54.44	REGN
	26.18	54.44 (28.26)			
6 Parkhomenko, Cameron		SO MCLEAN HIGH SCHOOL	57.00	54.85	REGN
	26.58	54.85 (28.27)			
7 Pedicano, Nicholas		JR YORKTOWN HIGH SCHOOL	56.22	55.07	REGN
	26.63	55.07 (28.44)			
8 Quintero, Elvis		SR MCLEAN HIGH SCHOOL	55.10	55.96	
	26.62	55.96 (29.34)			
9 Li, Andy		SO LANGLEY HIGH SCHOOL	56.90	56.47	
	27.26	56.47 (29.21)			
10 Budharaju, Pranav		JR MCLEAN HIGH SCHOOL	59.15	56.60	
	26.97	56.60 (29.63)			
11 Allvin, Eli		SR GEORGE C. MARSHALL HIGH SCHOOL	59.53	57.10	
	26.92	57.10 (30.18)			
12 Na, Elijah		SR WASHINGTON-LIBERTY HIGH SCHOO	1:00.26	59.13	
	28.16	59.13 (30.97)			
13 Wyszogrodzki, Victor		SR GEORGE C. MARSHALL HIGH SCHOOL	58.78	59.36	
	27.96	59.36 (31.40)			

## Liberty Conference Championships 2025

## Results

## Preliminaries ... (Event 19 Boys 100 Yard Backstroke)

Name	Yr	School	Seed Time	Prelim Time
14 Baez, Rafael	JR	HERNDON HORNETS	1:00.16	59.64
28.83				59.64 (30.81)
15 Hong, Tyler	SO	WASHINGTON-LIBERTY HIGH SCHOO	1:00.54	1:00.81
29.60				1:00.81 (31.21)
16 Moneymaker, Mathew	JR	YORKTOWN HIGH SCHOOL	1:05.78	1:01.02
30.00				1:01.02 (31.02)
17 Aslaksen, Matthew	SR	YORKTOWN HIGH SCHOOL	1:01.07	1:01.05
28.92				1:01.05 (32.13)
18 Keirse, Hank	FR	WASHINGTON-LIBERTY HIGH SCHOO	NT	1:01.36
29.71				1:01.36 (31.65)
19 Alms, John	FR	LANGLEY HIGH SCHOOL	1:00.78	1:01.83
30.13				1:01.83 (31.70)
20 Keifer, Jack	SR	HERNDON HORNETS	1:04.44	1:01.99
30.04				1:01.99 (31.95)
21 Spignardo, Desmond	SO	GEORGE C. MARSHALL HIGH SCHOOL	1:06.27	1:05.12
32.46				1:05.12 (32.66)
22 Kiersz, Matthew	SO	GEORGE C. MARSHALL HIGH SCHOOL	1:06.29	1:05.46
31.37				1:05.46 (34.09)
23 Solanki, Samar	FR	HERNDON HORNETS	1:05.58	1:06.33
31.27				1:06.33 (35.06)
24 Marvin, Luke	JR	HERNDON HORNETS	1:13.01	1:09.32
33.25				1:09.32 (36.07)
25 Doyle, Rian	JR	WASHINGTON-LIBERTY HIGH SCHOO	1:11.60	1:11.98
35.00				1:11.98 (36.98)

## Event 20 Girls 100 Yard Backstroke

Conf 6: 55.86 ! 1/26/2019 Anna Redican

South Lakes

54.69 AAA All American

55.91 AAC All American Consider

58.43 STAT State Cut

1:00.39 REGN Region Cut

Name	Yr	School	Prelim Time	Finals Time	Points
<b>Championship Final</b>					
1 Cory, McKenzie	FR	YORKTOWN HIGH SCHOOL	55.35	54.77! AAC	20
26.59					54.77 (28.18)
2 Kuang, Gloria	JR	LANGLEY HIGH SCHOOL	57.74	56.90 STAT	17
27.77					56.90 (29.13)
3 MacIvor, Amelia	FR	WASHINGTON-LIBERTY HIGH SCHOO	57.95	58.24 STAT	16
28.45					58.24 (29.79)
4 Sherman, Nora	SR	YORKTOWN HIGH SCHOOL	59.14	58.90 REGN	15
28.50					58.90 (30.40)
5 Woodworth, Taylor	JR	WASHINGTON-LIBERTY HIGH SCHOO	1:00.13	59.84 REGN	14
28.82					59.84 (31.02)
6 English, Ella	SO	MCLEAN HIGH SCHOOL	1:00.64	1:00.38 REGN	13
28.80					1:00.38 (31.58)
7 Boyko, Sophia	SO	WASHINGTON-LIBERTY HIGH SCHOO	1:01.18	1:00.77	12
29.26					1:00.77 (31.51)
8 Hughes, Danielle	SR	MCLEAN HIGH SCHOOL	1:00.66	1:02.03	11
29.76					1:02.03 (32.27)
<b>Consolation Final</b>					
9 Pilot, Elizabeth	SO	YORKTOWN HIGH SCHOOL	1:01.52	1:00.98	9
29.66					1:00.98 (31.32)

**Liberty Conference Championships 2025**

**Results**

**Consolation Final ... (Event 20 Girls 100 Yard Backstroke)**

Name	Yr	School	Prelim Time	Finals Time	Points
10 Bui, Emma	FR	MCLEAN HIGH SCHOOL	1:01.44	1:01.43	7
29.90		1:01.43 (31.53)			
11 Dinh, Lam	SO	LANGLEY HIGH SCHOOL	1:02.43	1:01.52	6
30.20		1:01.52 (31.32)			
12 O'Hearn, Penelope	JR	GEORGE C. MARSHALL HIGH SCHOOL	1:01.41	1:02.11	5
30.11		1:02.11 (32.00)			
13 Wood, Olivia	JR	MCLEAN HIGH SCHOOL	1:02.85	1:03.80	4
31.09		1:03.80 (32.71)			
14 Anderson, Natalie	FR	YORKTOWN HIGH SCHOOL	1:05.41	1:04.20	3
30.85		1:04.20 (33.35)			
15 McDonald, Katie	SO	WASHINGTON-LIBERTY HIGH SCHOO	1:01.92	1:04.33	2
31.47		1:04.33 (32.86)			
16 Paulson, Val	SR	LANGLEY HIGH SCHOOL	1:02.86	1:05.14	1
30.81		1:05.14 (34.33)			

**Event 20 Girls 100 Yard Backstroke**

Conf 6: **55.86 ! 1/26/2019 Anna Redican South Lakes**  
**54.69 AAA All American**  
**55.91 AAC All American Consider**  
**58.43 STAT State Cut**  
**1:00.39 REGN Region Cut**

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Cory, McKenzie	FR	YORKTOWN HIGH SCHOOL	59.38	55.35! AAC
26.90		55.35 (28.45)		
2 Kuang, Gloria	JR	LANGLEY HIGH SCHOOL	1:00.51	57.74 STAT
28.32		57.74 (29.42)		
3 MacIvor, Amelia	FR	WASHINGTON-LIBERTY HIGH SCHOO	1:00.81	57.95 STAT
28.58		57.95 (29.37)		
4 Sherman, Nora	SR	YORKTOWN HIGH SCHOOL	1:00.25	59.14 REGN
28.87		59.14 (30.27)		
5 Woodworth, Taylor	JR	WASHINGTON-LIBERTY HIGH SCHOO	1:04.26	1:00.13 REGN
29.27		1:00.13 (30.86)		
6 English, Ella	SO	MCLEAN HIGH SCHOOL	1:02.60	1:00.64
28.91		1:00.64 (31.73)		
7 Hughes, Danielle	SR	MCLEAN HIGH SCHOOL	1:02.19	1:00.66
28.88		1:00.66 (31.78)		
8 Boyko, Sophia	SO	WASHINGTON-LIBERTY HIGH SCHOO	1:00.91	1:01.18
29.31		1:01.18 (31.87)		
9 O'Hearn, Penelope	JR	GEORGE C. MARSHALL HIGH SCHOOL	1:04.09	1:01.41
30.13		1:01.41 (31.28)		
10 Bui, Emma	FR	MCLEAN HIGH SCHOOL	1:04.46	1:01.44
29.77		1:01.44 (31.67)		
11 Pilot, Elizabeth	SO	YORKTOWN HIGH SCHOOL	1:04.85	1:01.52
29.74		1:01.52 (31.78)		
12 McDonald, Katie	SO	WASHINGTON-LIBERTY HIGH SCHOO	1:02.34	1:01.92
29.82		1:01.92 (32.10)		
13 Dinh, Lam	SO	LANGLEY HIGH SCHOOL	1:04.11	1:02.43
30.30		1:02.43 (32.13)		
14 Wood, Olivia	JR	MCLEAN HIGH SCHOOL	1:06.97	1:02.85
30.52		1:02.85 (32.33)		
15 Paulson, Val	SR	LANGLEY HIGH SCHOOL	1:04.15	1:02.86
29.78		1:02.86 (33.08)		



**Liberty Conference Championships 2025**

**Results**

**Preliminaries ... (Event 20 Girls 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Prelim Time
16 Ice, Megan	SR	GEORGE C. MARSHALL HIGH SCHOOL	1:06.85	1:02.98
				30.58 1:02.98 (32.40)
17 Anderson, Natalie	FR	YORKTOWN HIGH SCHOOL	1:08.09	1:05.41
				31.59 1:05.41 (33.82)
18 Gattoni, Bianca	SO	HERNDON HORNETS	1:08.87	1:05.93
				31.71 1:05.93 (34.22)
19 Sjoberg, Zoey	SO	GEORGE C. MARSHALL HIGH SCHOOL	1:09.62	1:06.70
				31.34 1:06.70 (35.36)
20 Armstrong, Katelyn	SO	LANGLEY HIGH SCHOOL	1:06.91	1:07.53
				31.70 1:07.53 (35.83)
21 Baldwin, Ellie	SR	GEORGE C. MARSHALL HIGH SCHOOL	1:12.25	1:09.67
				33.62 1:09.67 (36.05)
22 Buley, Cassandra	SR	HERNDON HORNETS	1:12.99	1:13.66
				36.10 1:13.66 (37.56)
23 Larson, Gabrielle		WAKEFIELD HIGH SCHOOL	1:13.84	1:13.95
				35.87 1:13.95 (38.08)
24 McFarland, Lillian	FR	HERNDON HORNETS	1:17.31	1:17.02
				37.48 1:17.02 (39.54)
25 Banikiotes, Elizabeth	FR	HERNDON HORNETS	1:20.62	1:21.54
				39.23 1:21.54 (42.31)
26 Marston, Hadley	SR	WAKEFIELD HIGH SCHOOL	1:27.26	1:22.58
				39.78 1:22.58 (42.80)

**Event 21 Boys 100 Yard Breaststroke**

Conf 6: 56.57 ! 1/30/2016 Dorje Wu McLean-VA  
 55.22 AAA All American  
 56.46 AAC All American Conside  
 59.20 STAT State Cut  
 1:01.29 REGN Region Cut

Name	Yr	School	Prelim Time	Finals Time	Points
<b>Championship Final</b>					
1 Garvin, Parris	JR	LANGLEY HIGH SCHOOL	57.49	56.87	STAT 20
				26.81 56.87 (30.06)	
2 Shin, Ethan	JR	LANGLEY HIGH SCHOOL	58.41	58.23	STAT 17
				27.92 58.23 (30.31)	
3 Saunders, Daniel	SR	HERNDON HORNETS	59.34	58.89	STAT 16
				27.95 58.89 (30.94)	
4 Robinson, Mitchell	SO	YORKTOWN HIGH SCHOOL	1:00.01	59.22	REGN 15
				27.91 59.22 (31.31)	
5 Kambhampaty, Kedar	JR	WASHINGTON-LIBERTY HIGH SCHOO	1:01.01	59.95	REGN 14
				28.14 59.95 (31.81)	
6 Kuhn, Cameron	JR	LANGLEY HIGH SCHOOL	59.66	1:00.41	REGN 13
				28.13 1:00.41 (32.28)	
*7 Ramos, Diego	SO	WASHINGTON-LIBERTY HIGH SCHOO	59.84	1:00.67	REGN 11.50
				28.48 1:00.67 (32.19)	
*7 Speer, Eric	SO	HERNDON HORNETS	1:00.39	1:00.67	REGN 11.50
				28.67 1:00.67 (32.00)	
<b>Consolation Final</b>					
9 Sutanto, Zach	JR	MCLEAN HIGH SCHOOL	1:01.06	1:01.05	REGN 9
				29.01 1:01.05 (32.04)	
10 Lees, Jeremy	SR	MCLEAN HIGH SCHOOL	1:01.26	1:02.28	7
				29.45 1:02.28 (32.83)	

## Liberty Conference Championships 2025

## Results

## Consolation Final ... (Event 21 Boys 100 Yard Breaststroke)

Name	Yr	School	Prelim Time	Finals Time	Points
11 Steele, Bennett	FR	LANGLEY HIGH SCHOOL	1:02.76	1:03.35	6
28.77			1:03.35 (34.58)		
12 Redding, Dylan	SR	GEORGE C. MARSHALL HIGH SCHOOL	1:03.25	1:03.45	5
29.37			1:03.45 (34.08)		
13 Bolfek, Jackson	SR	WASHINGTON-LIBERTY HIGH SCHOO	1:04.54	1:03.74	4
29.42			1:03.74 (34.32)		
14 Kim, Daniel	JR	MCLEAN HIGH SCHOOL	1:05.53	1:05.55	3
30.59			1:05.55 (34.96)		
15 Lohman, Andrew	SR	MCLEAN HIGH SCHOOL	1:06.80	1:05.60	2
29.83			1:05.60 (35.77)		
16 DeGrande, Eamon	JR	YORKTOWN HIGH SCHOOL	1:06.45	1:07.37	1
31.11			1:07.37 (36.26)		

## Event 21 Boys 100 Yard Breaststroke

Conf 6: 56.57 ! 1/30/2016 Dorje Wu

McLean-VA

55.22 AAA All American  
 56.46 AAC All American Conside  
 59.20 STAT State Cut  
 1:01.29 REGN Region Cut

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Garvin, Parris	JR	LANGLEY HIGH SCHOOL	59.63	57.49	STAT
27.10				57.49 (30.39)	
2 Shin, Ethan	JR	LANGLEY HIGH SCHOOL	59.53	58.41	STAT
28.14				58.41 (30.27)	
3 Saunders, Daniel	SR	HERNDON HORNETS	1:00.59	59.34	REGN
28.12				59.34 (31.22)	
4 Kuhn, Cameron	JR	LANGLEY HIGH SCHOOL	1:01.72	59.66	REGN
27.62				59.66 (32.04)	
5 Ramos, Diego	SO	WASHINGTON-LIBERTY HIGH SCHOO	1:02.17	59.84	REGN
27.84				59.84 (32.00)	
6 Robinson, Mitchell	SO	YORKTOWN HIGH SCHOOL	1:03.44	1:00.01	REGN
28.12				1:00.01 (31.89)	
7 Speer, Eric	SO	HERNDON HORNETS	1:01.58	1:00.39	REGN
28.35				1:00.39 (32.04)	
8 Kambhampaty, Kedar	JR	WASHINGTON-LIBERTY HIGH SCHOO	1:01.45	1:01.01	REGN
28.55				1:01.01 (32.46)	
9 Sutanto, Zach	JR	MCLEAN HIGH SCHOOL	1:01.89	1:01.06	REGN
28.60				1:01.06 (32.46)	
10 Lees, Jeremy	SR	MCLEAN HIGH SCHOOL	1:04.10	1:01.26	REGN
28.19				1:01.26 (33.07)	
11 Steele, Bennett	FR	LANGLEY HIGH SCHOOL	1:03.28	1:02.76	
29.60				1:02.76 (33.16)	
12 Redding, Dylan	SR	GEORGE C. MARSHALL HIGH SCHOOL	1:06.75	1:03.25	
29.29				1:03.25 (33.96)	
13 Bolfek, Jackson	SR	WASHINGTON-LIBERTY HIGH SCHOO	1:06.00	1:04.54	
30.12				1:04.54 (34.42)	
14 Kim, Daniel	JR	MCLEAN HIGH SCHOOL	NT	1:05.53	
31.81				1:05.53 (33.72)	
15 DeGrande, Eamon	JR	YORKTOWN HIGH SCHOOL	1:10.09	1:06.45	
31.35				1:06.45 (35.10)	
16 Lohman, Andrew	SR	MCLEAN HIGH SCHOOL	1:07.71	1:06.80	
29.47				1:06.80 (37.33)	

**Liberty Conference Championships 2025**

**Results**

**Preliminaries ... (Event 21 Boys 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Prelim Time
17 Cecil, Nicholas	SR	WASHINGTON-LIBERTY HIGH SCHOO	1:09.95	1:09.91
32.23				1:09.91 (37.68)
18 Berry, Gavin	SO	GEORGE C. MARSHALL HIGH SCHOOL	1:14.56	1:10.75
19 Brucker, Lex	SO	GEORGE C. MARSHALL HIGH SCHOOL	1:13.31	1:12.39
32.97				1:12.39 (39.42)
20 Voigt, Matt	SR	YORKTOWN HIGH SCHOOL	1:17.84	1:12.44
32.76				1:12.44 (39.68)
21 Patrum, Charles	SO	HERNDON HORNETS	1:14.50	1:12.55
35.58				1:12.55 (36.97)
22 Donahue, Patrick	FR	HERNDON HORNETS	1:15.63	1:13.19
34.06				1:13.19 (39.13)
23 Wright, Miles	SO	WAKEFIELD HIGH SCHOOL	1:12.65	1:13.61
35.95				1:13.61 (37.66)
24 Hamill, Alexander	JR	WAKEFIELD HIGH SCHOOL	1:13.78	1:15.04
34.37				1:15.04 (40.67)
25 Woltman, Ben	SR	GEORGE C. MARSHALL HIGH SCHOOL	1:14.94	1:15.61
33.91				1:15.61 (41.70)
26 Hans, Billy	SO	YORKTOWN HIGH SCHOOL	1:16.48	1:16.15
35.11				1:16.15 (41.04)
27 Combs, Nicolas	SR	WAKEFIELD HIGH SCHOOL	1:24.98	1:22.53
37.34				1:22.53 (45.19)

**Event 22 Girls 100 Yard Breaststroke**

Conf 6: **1:02.16 ! 1/28/2017 Anna Keating James Madison**  
**1:02.53 AAA All American**  
**1:03.85 AAC All American Consider**  
**1:06.21 STAT State Cut**  
**1:09.49 REGN Region Cut**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>Championship Final</b>					
1 Haynes, Emory	JR	YORKTOWN HIGH SCHOOL	1:07.10	1:06.60	REGN 20
31.07					1:06.60 (35.53)
2 Johnson, Abbygail	FR	HERNDON HORNETS	1:07.62	1:07.18	REGN 17
32.06					1:07.18 (35.12)
3 Scogna, Charlie	SR	WASHINGTON-LIBERTY HIGH SCHOO	1:08.13	1:08.04	REGN 16
31.54					1:08.04 (36.50)
4 Watts, Emma	JR	GEORGE C. MARSHALL HIGH SCHOOL	1:09.26	1:09.04	REGN 15
32.58					1:09.04 (36.46)
5 Young, Jay	SR	YORKTOWN HIGH SCHOOL	1:11.47	1:09.73	14
32.07					1:09.73 (37.66)
6 Taylor, Sasha	JR	WASHINGTON-LIBERTY HIGH SCHOO	1:09.95	1:10.71	13
32.74					1:10.71 (37.97)
7 Ramsey, Daniella	JR	HERNDON HORNETS	1:11.73	1:11.88	12
34.20					1:11.88 (37.68)
8 Steber, Gretchen	SO	LANGLEY HIGH SCHOOL	1:10.29	1:12.04	11
33.89					1:12.04 (38.15)
<b>Consolation Final</b>					
9 Maloney, Evie	SO	WASHINGTON-LIBERTY HIGH SCHOO	1:11.90	1:11.84	9
33.99					1:11.84 (37.85)
10 McDermott, Kate	SR	GEORGE C. MARSHALL HIGH SCHOOL	1:12.07	1:12.21	7
34.03					1:12.21 (38.18)
11 Roed, Rory	SO	MCLEAN HIGH SCHOOL	1:13.47	1:12.36	6
33.44					1:12.36 (38.92)

## Liberty Conference Championships 2025

## Results

## Consolation Final ... (Event 22 Girls 100 Yard Breaststroke)

Name	Yr	School	Prelim Time	Finals Time	Points
12 Gharakhanian, Audrey	SO	MCLEAN HIGH SCHOOL	1:11.87	1:12.66	5
34.24			1:12.66 (38.42)		
13 Eliot, Anna	SR	WASHINGTON-LIBERTY HIGH SCHOO	1:11.77	1:12.83	4
33.82			1:12.83 (39.01)		
14 Giglio, Chloe	SO	MCLEAN HIGH SCHOOL	1:13.55	1:12.91	3
34.19			1:12.91 (38.72)		
15 O'Dea, Sabrina	JR	YORKTOWN HIGH SCHOOL	1:11.82	1:13.29	2
34.49			1:13.29 (38.80)		
16 Vanegas, Isabelle	JR	MCLEAN HIGH SCHOOL	1:14.78	1:14.57	1
35.82			1:14.57 (38.75)		

## Event 22 Girls 100 Yard Breaststroke

Conf 6: 1:02.16 ! 1/28/2017 Anna Keating

James Madison

1:02.53 AAA All American

1:03.85 AAC All American Consider

1:06.21 STAT State Cut

1:09.49 REGN Region Cut

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Haynes, Emory	JR	YORKTOWN HIGH SCHOOL	1:10.12	1:07.10	REGN
31.13			1:07.10 (35.97)		
2 Johnson, Abbygail	FR	HERNDON HORNETS	1:09.34	1:07.62	REGN
32.23			1:07.62 (35.39)		
3 Scogna, Charlie	SR	WASHINGTON-LIBERTY HIGH SCHOO	1:10.38	1:08.13	REGN
31.74			1:08.13 (36.39)		
4 Watts, Emma	JR	GEORGE C. MARSHALL HIGH SCHOOL	1:10.09	1:09.26	REGN
32.88			1:09.26 (36.38)		
5 Taylor, Sasha	JR	WASHINGTON-LIBERTY HIGH SCHOO	1:11.68	1:09.95	
32.99			1:09.95 (36.96)		
6 Steber, Gretchen	SO	LANGLEY HIGH SCHOOL	1:11.34	1:10.29	
32.87			1:10.29 (37.42)		
7 Young, Jay	SR	YORKTOWN HIGH SCHOOL	1:11.19	1:11.47	
33.11			1:11.47 (38.36)		
8 Ramsey, Daniella	JR	HERNDON HORNETS	1:14.22	1:11.73	
34.66			1:11.73 (37.07)		
9 Eliot, Anna	SR	WASHINGTON-LIBERTY HIGH SCHOO	1:12.88	1:11.77	
33.52			1:11.77 (38.25)		
10 O'Dea, Sabrina	JR	YORKTOWN HIGH SCHOOL	1:15.20	1:11.82	
34.42			1:11.82 (37.40)		
11 Gharakhanian, Audrey	SO	MCLEAN HIGH SCHOOL	1:15.47	1:11.87	
34.09			1:11.87 (37.78)		
12 Maloney, Evie	SO	WASHINGTON-LIBERTY HIGH SCHOO	1:13.59	1:11.90	
33.99			1:11.90 (37.91)		
13 McDermott, Kate	SR	GEORGE C. MARSHALL HIGH SCHOOL	1:15.06	1:12.07	
33.84			1:12.07 (38.23)		
14 Roed, Rory	SO	MCLEAN HIGH SCHOOL	1:15.97	1:13.47	
34.04			1:13.47 (39.43)		
15 Giglio, Chloe	SO	MCLEAN HIGH SCHOOL	1:13.02	1:13.55	
34.69			1:13.55 (38.86)		
16 Vanegas, Isabelle	JR	MCLEAN HIGH SCHOOL	1:15.96	1:14.78	
35.51			1:14.78 (39.27)		
17 Gleditsch, Caroline	SR	GEORGE C. MARSHALL HIGH SCHOOL	1:20.15	1:15.93	
35.47			1:15.93 (40.46)		

**Liberty Conference Championships 2025**

**Results**

**Preliminaries ... (Event 22 Girls 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Prelim Time
18 Kelly, Audrey	SO	LANGLEY HIGH SCHOOL	1:18.46	1:17.67
	36.33	1:17.67 (41.34)		
19 Baldeon Masturzo, Sofia	SO	GEORGE C. MARSHALL HIGH SCHOOL	1:19.08	1:18.22
	37.30	1:18.22 (40.92)		
20 Anderson, Josie	SO	HERNDON HORNETS	1:21.47	1:18.38
	37.16	1:18.38 (41.22)		
21 Eaton, Raegan	SO	LANGLEY HIGH SCHOOL	1:21.21	1:18.64
	36.42	1:18.64 (42.22)		
22 Christensen, Pax	JR	YORKTOWN HIGH SCHOOL	NT	1:18.94
	36.97	1:18.94 (41.97)		
23 Woolman, Natasha	SO	LANGLEY HIGH SCHOOL	1:21.63	1:19.49
	37.75	1:19.49 (41.74)		
24 Graff, Elizabeth	SR	HERNDON HORNETS	1:23.83	1:21.85
	37.86	1:21.85 (43.99)		
25 Yates, Emilia	JR	WAKEFIELD HIGH SCHOOL	1:31.00	1:32.76
	43.23	1:32.76 (49.53)		
26 Bredeck, Lilianne	FR	WAKEFIELD HIGH SCHOOL	1:35.81	1:39.81
	44.61	1:39.81 (55.20)		

**Event 23 Boys 400 Yard Freestyle Relay**

Conf 6: **3:06.58 !** 1/27/2024 **Langley** **Langley**  
**M. Zhou, A. Kuhn, C. Hu, H. Zipperer**  
**3:05.17 AAA All American**  
**3:08.08 AAC All American Consider**  
**3:15.62 STAT State Cut**  
**3:27.89 REGN Region Cut**

Team	Relay	Seed Time	Finals Time	Points
1 MCLEAN HIGH SCHOOL		NT	3:09.55 STAT	40
1) Wang, Allen SO	2) Jia, Aaron SR	3) Sutanto, Zach JR	4) Haggard, Bruno JR	
	23.00 48.00 (48.00)	1:10.52 (22.52)	1:35.36 (47.36)	
	1:58.08 (22.72)	2:23.69 (48.33)	2:45.45 (21.76)	3:09.55 (45.86)
2 LANGLEY HIGH SCHOOL		3:16.52	3:10.28 STAT	34
1) Thompson, Max FR	2) Thornton, Sandro SO	3) Kuhn, Cameron JR	4) Zhou, Michael JR	
	22.50 46.79 (46.79)	1:10.03 (23.24)	1:36.33 (49.54)	
	1:59.01 (22.68)	2:23.86 (47.53)	2:46.09 (22.23)	3:10.28 (46.42)
3 YORKTOWN HIGH SCHOOL		3:29.59	3:20.77 REGN	32
1) Robinson, Mitchell SO	2) Owen, Jacob JR	3) Hans, Alex JR	4) Hussey, Liam SO	
	24.22 50.13 (50.13)	1:13.81 (23.68)	1:40.35 (50.22)	
	2:04.72 (24.37)	2:31.27 (50.92)	2:54.87 (23.60)	3:20.77 (49.50)
4 HERNDON HORNETS		3:29.04	3:21.62 REGN	30
1) King, Daniel FR	2) Baez, Rafael JR	3) Saunders, Daniel SR	4) Lemire, Noah SR	
	24.57 50.76 (50.76)	1:15.16 (24.40)	1:42.30 (51.54)	
	2:06.26 (23.96)	2:32.23 (49.93)	2:55.50 (23.27)	3:21.62 (49.39)
5 WASHINGTON-LIBERTY HIGH SC		3:25.59	3:30.32	28
1) Hong, Tyler SO	2) Bartl, Alex SR	3) Keirse, Hank FR	4) Langsdale, Griffin SO	
	24.81 51.20 (51.20)	1:16.76 (25.56)	1:46.00 (54.80)	
	2:10.22 (24.22)	2:38.53 (52.53)	3:02.99 (24.46)	3:30.32 (51.79)
6 GEORGE C. MARSHALL HIGH SCH		3:35.90	3:32.92	26
1) Simpson, David JR	2) Moore, Collin SO	3) Brucker, Lex SO	4) Sanderson, Emmett SO	
	25.07 52.62 (52.62)	1:18.24 (25.62)	1:47.74 (55.12)	
	2:13.40 (25.66)	2:41.84 (54.10)	3:05.89 (24.05)	3:32.92 (51.08)

## Liberty Conference Championships 2025

## Results

**(Event 23 Boys 400 Yard Freestyle Relay)**

Team	Relay			Seed Time	Finals Time	Points
7 WAKEFIELD HIGH SCHOOL				NT	3:41.06	24
1) Lopez, Lucas JR	2) Scheifele, Jack JR	3) Wright, Miles SO		4) Hamill, Alexander JR		
24.51	51.44 (51.44)	1:16.25 (24.81)	1:44.32 (52.88)			
2:11.07 (26.75)	2:41.92 (57.60)	3:09.41 (27.49)	3:41.06 (59.14)			

**Event 24 Girls 400 Yard Freestyle Relay**

Conf 6: 3:29.79 ! 2/1/2020

Yorktown

Yorktown

E Larsen, G Jansen, C Burgeson, T Huske

3:27.68 AAA All American

3:31.16 AAC All American Consider

3:37.16 STAT State Cut

3:51.09 REGN Region Cut

Team	Relay			Seed Time	Finals Time	Points
1 YORKTOWN HIGH SCHOOL				2:22.31	3:34.72 STAT	40
1) Sherman, Lila SO	2) Cory, McKenzie FR	3) Hecmanczuk, Mary JR		4) Sherman, Nora SR		
26.40	55.27 (55.27)	1:20.64 (25.37)	1:48.59 (53.32)			
2:13.93 (25.34)	2:41.53 (52.94)	3:06.72 (25.19)	3:34.72 (53.19)			
2 LANGLEY HIGH SCHOOL				3:47.51	3:38.48 REGN	34
1) Kuang, Gloria JR	2) Cota-Robles, Bella FR	3) De, Lara JR		4) Watson, Marina SR		
25.53	52.71 (52.71)	1:19.67 (26.96)	1:49.24 (56.53)			
2:15.72 (26.48)	2:45.30 (56.06)	3:10.33 (25.03)	3:38.48 (53.18)			
3 WASHINGTON-LIBERTY HIGH SC				3:47.65	3:43.79 REGN	32
1) Boyko, Sophia SO	2) Taylor, Kate JR	3) McCarthy, Willa SR		4) Ebert, Shelby SR		
27.18	57.03 (57.03)	1:23.73 (26.70)	1:52.97 (55.94)			
2:19.40 (26.43)	2:48.77 (55.80)	3:15.21 (26.44)	3:43.79 (55.02)			
4 MCLEAN HIGH SCHOOL				NT	3:47.78 REGN	30
1) Murphy, Abigail SO	2) Gary, Morgan SR	3) Xiao, Victoria SR		4) Bui, Emma FR		
27.71	57.09 (57.09)	1:23.17 (26.08)	1:53.88 (56.79)			
2:21.01 (27.13)	2:52.08 (58.20)	3:18.54 (26.46)	3:47.78 (55.70)			
5 GEORGE C. MARSHALL HIGH SCH				3:55.51	3:52.17	28
1) Robyak, Brooke FR	2) Yashar, Elise SO	3) Robyak, Kayla SR		4) Georgieva, Sophia JR		
27.47	59.07 (59.07)	1:26.85 (27.78)	1:57.22 (58.15)			
2:25.16 (27.94)	2:56.64 (59.42)	3:22.62 (25.98)	3:52.17 (55.53)			
6 HERNDON HORNETS				3:49.98	4:05.78	26
1) Kimsey, Zoe FR	2) Buley, Cassandra SR	3) Ramsey, Daniella JR		4) Semanchik, Katherine SR		
29.24	1:02.08 (1:02.08)	1:32.99 (30.91)	2:06.42 (1:04.34)			
2:35.00 (28.58)	3:06.48 (1:00.06)	3:33.79 (27.31)	4:05.78 (59.30)			
7 WAKEFIELD HIGH SCHOOL				NT	4:13.25	24
1) Young, Amelia FR	2) Young-Smith, Isabelle SR	3) Yates, Emilia JR		4) Everling, Lauren SO		
27.11	56.33 (56.33)	1:24.33 (28.00)	1:56.36 (1:00.03)			
2:28.03 (31.67)	3:04.30 (1:07.94)	3:37.32 (33.02)	4:13.25 (1:08.95)			