



31st Annual Harvest Moon Invitational

October 5-6, 2024

Sanction # PVI-25-05

Hosted by:



MEET DIRECTOR	MEET REFEREE
<p>Kerstin Severin kerstin.severin@herndon-va.gov (703) 435-6800 x2128</p>	<p>Jan van Nimwegen jnimwegen@earthlink.net Officials sign-up contact Jan van Nimwegen</p>

SANCTION	<ul style="list-style-type: none"> Held under the sanction of USA Swimming through Potomac Valley Swimming: PVI-25-05. In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, the Town of Herndon, Herndon Aquatic Club, and Herndon Community Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
FACILITY	<p style="text-align: center;">HERNDON COMMUNITY CENTER 814 Ferndale Avenue Herndon, VA 20170 (703) 787-7300</p> <ul style="list-style-type: none"> The pool is 8 lanes, 25 yards, with a depth of 4.5'-4.7' at the starting end and 3.5'-5' at the turning end. The meet hosts shall ensure the required course dimensions.
ENTRY DEADLINE	<p style="text-align: center;">Tuesday, September 24, 2024</p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
SCHEDULE	<p style="text-align: center;">Saturday, October 5, 2024 and Sunday, October 6, 2024</p> <p style="text-align: center;">9-10 Girls and 11-12 Boys: Warmup 6:30am – 7:50am; Events 8:00am 9-10 Boys and 11-12 Girls: Warmup 12:00pm – 1:20pm; Events 1:30pm</p> <ul style="list-style-type: none"> Meet Director reserves the right to adjust times/sessions after entries are received
ELIGIBILITY	<ul style="list-style-type: none"> Open to registered and invited teams' members 9-12 years old. Invited teams are HACC, Machine Aquatics, YMCA Water Wolves, NCAP-Tyson, and York Swim Club. Any other club interested in participating may contact the Meet Director to see if there is space available. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i> Article 302. Swimmers may only participate in their own age group, based upon their age on the first day of the meet. Entries will be processed in the order they are received until capacity is reached.
DISABILITY SWIMMERS	<ul style="list-style-type: none"> PVS and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.
TIMING SYSTEM	<ul style="list-style-type: none"> Semi-Automatic timing (buttons primary) will be used.
MEET PROTOCOLS	<ul style="list-style-type: none"> All attendees (athletes, coaches, officials, and volunteers) will enter the facility through the main

	<p>entrance. Athletes will proceed to their designated Team Area in the auxiliary rooms where they are encouraged to maintain social distancing.</p> <ul style="list-style-type: none"> • Each session will be limited to 350 swimmers. • Concessions will not be sold. All attendees (athletes, coaches, officials, and volunteers) must bring their own water bottle and snacks. Limited hospitality will be provided. • During competition athletes will proceed to the Clerk of Course located in the main hallway leading to the pool from their assigned team areas. Swimmers will then proceed from the Clerk of Course to the deck area where they will line up behind the blocks. • One-way traffic will be maintained on the pool deck at all times. Swimmers will access the pool deck through the emergency entrance door in the main hallway and will exit the pool deck through the locker rooms. They will exit the locker rooms and return to their assigned team areas using the main hallway. • Any attendee (swimmer, coach, official, volunteer) not following the meet protocols will be subject to immediate removal from the meet. • There will be limited seating on the bleachers located on the pool deck. Due to limited seating space parents are requested to only use the seating when their child is swimming an event.
RULES	<ul style="list-style-type: none"> • Current USA Swimming rules shall govern this meet. • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. • No on-deck USA Swimming registration is permitted. • In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. • Deck Changes are prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Dive-over starts may be used. The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F. • Deck Entries will be accepted. No new heats will be created to accommodate deck entries.
EVENT RULES	<ul style="list-style-type: none"> • All events are timed finals. • A contestant may enter no more than 3 events per day, or 6 events for the meet. • Time constraints may require limiting the number of events that are swum.
POSITIVE CHECK IN	<ul style="list-style-type: none"> • All events will be pre-seeded.
WARM-UP	<ul style="list-style-type: none"> • The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director will determine the structure of warm-up, including times/lane assignments. • There will be two forty (40) minute warmup sessions. Teams will be notified of their warmup assignments.

SUPERVISION	<ul style="list-style-type: none"> Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas. Team Areas are outside of the pool deck in air-conditioned spaces. Swimmers are encouraged to wear appropriate clothing to maintain body warmth.
MEDICAL ASSISTANCE	<ul style="list-style-type: none"> Medical assistance will be provided by facility staff. If you require medical assistance, please notify a facility lifeguard or a member of the meet staff.
AWARDS	<ul style="list-style-type: none"> Medals will be awarded for 1st through 8th place for individual events. Awards for 1st, 2nd, and 3rd will be awarded for each gender and age in the following categories: <ul style="list-style-type: none"> The Harvest Moon FULL MOON Award <ul style="list-style-type: none"> Awarded based on the accumulated times for the following 6 events: 200 YD Individual Medley, 200 YD Freestyle, 100 YD Freestyle, 100 YD Backstroke, 100 YD Breaststroke, and the 100 YD Butterfly. Swimmers must legally swim all six of the listed events to be eligible for the award. The Harvest Moon HALF MOON Award <ul style="list-style-type: none"> Awarded based on the accumulated times for the following 6 events: 100 YD Individual Medley, 100 YD Freestyle, 50 YD Freestyle, 50 YD Backstroke, 50 YD Breaststroke, and the 50 YD Butterfly. Swimmers must legally swim all six of the listed events to be eligible for the award.
PROGRAMS	<ul style="list-style-type: none"> Programs will be available online www.swimhacc.org and emailed to attending teams no later than October 3, 2024. Programs will be available for coaches and officials at each session.
CREDENTIALS	<ul style="list-style-type: none"> Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck other than in the designated spectator area. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck other than in the designated spectator area. Coaches and Officials should have proof of active USA Swimming membership with them.
SPECTATOR ENTRY FEE	<ul style="list-style-type: none"> Spectators will only be allowed on deck in the designated spectator area. No spectators are allowed in the main hallway where the Clerk of Course is located.
OFFICIALS	<ul style="list-style-type: none"> Each participating club is requested to provide at least one table worker of official (Referee Starter, Chief Judge or Stroke & Turn Judge) per session if entering 25 or more entries. Officials interested in volunteering should contact Jan van Nimwegen, jnimwegen@earthlink.net prior to October 2nd. Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the Meet Referee upon arrival to make their services available. A comprehensive officials' briefing will precede each session during warm-ups.
TIMERS	<ul style="list-style-type: none"> Two (2) timers will be used per lane. The host club will strive to provide at least 1 timer per lane. Participating clubs are requested to provide timers in proportion to their entries. One timer is requested for each 25 entries. An online Volunteer Signup will be sent to each participating club.
ENTRY PROCEDURES	<ul style="list-style-type: none"> Entries should be submitted by email to the Meet Director. Include in the subject of the email, "2024 HARVEST MOON - *****" with the club's initials in place of the asterisks. Also include training site if your club submits multiple entry files. Include in entry email: entry file, report of entries by name, report of entries by event. In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). Entries directly from individual team members will not be accepted. Entries by phone or fax will not be accepted.

	<ul style="list-style-type: none"> • The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director. • Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 and no further entries will be accepted from that club until the said fine is paid.
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ENTRY FEES	<p style="text-align: right;">Per Swimmer Surcharge: \$10.00</p> <p style="text-align: right;">Individual Events: \$12.00</p> <p style="text-align: right;">Deck Entries \$20.00</p> <ul style="list-style-type: none"> • Make checks payable to Town of Herndon. Checks may be mailed to: <table style="margin-left: 40px; border: none;"> <tr> <td style="text-align: center; vertical-align: top;"> <p>USPS ONLY</p> <p>Kerstin Severin 777 Lynn St. Herndon VA 20172-0427</p> </td> <td style="text-align: center; vertical-align: top; padding-left: 20px;"> <p>FedEx, UPS, etc.</p> <p>Kerstin Severin Herndon Community Center 814 Ferndale Ave Herndon VA 20170</p> </td> </tr> </table> • Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet. 	<p>USPS ONLY</p> <p>Kerstin Severin 777 Lynn St. Herndon VA 20172-0427</p>	<p>FedEx, UPS, etc.</p> <p>Kerstin Severin Herndon Community Center 814 Ferndale Ave Herndon VA 20170</p>
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October 5-6, 2024

Saturday, October 5, 2024

9-10 Girls and 11-12 Boys: Warmup 6:30am – 7:50am Events 8:00am

9-10 Boys and 11-12 Girls: Warmup 12:00pm – 1:20pm Events 1:30pm

9-10 Girls and 11-12 Boys

EVENT #	EVENT
1	Girls 9 Year Old 200 Freestyle
3	Girls 10 Year Old 200 Freestyle
6	Boys 11 Year Old 200 Freestyle
8	Boys 12 Year Old 200 Freestyle
9	Girls 9 Year Old 100 Individual Medley
11	Girls 10 Year Old 100 Individual Medley
14	Boys 11 Year Old 100 Individual Medley
16	Boys 12 Year Old 100 Individual Medley
17	Girls 9 Year Old 100 Backstroke
19	Girls 10 Year Old 100 Backstroke
22	Boys 11 Year Old 100 Backstroke
24	Boys 12 Year Old 100 Backstroke
25	Girls 9 Year Old 50 Butterfly
27	Girls 10 Year Old 50 Butterfly
30	Boys 11 Year Old 50 Butterfly
32	Boys 12 Year Old 50 Butterfly
33	Girls 9 Year Old 100 Breaststroke
35	Girls 10 Year Old 100 Breaststroke
38	Boys 11 Year Old 100 Breaststroke
40	Boys 12 Year Old 100 Breaststroke
41	Girls 9 Year Old 50 Freestyle
43	Girls 10 Year Old 50 Freestyle
46	Boys 11 Year Old 50 Freestyle
48	Boys 12 Year Old 50 Freestyle

9-10 Boys and 11-12 Girls

EVENT #	EVENT
2	Boys 9 Year Old 200 Freestyle
4	Boys 10 Year Old 200 Freestyle
5	Girls 11 Year Old 200 Freestyle
7	Girls 12 Year Old 200 Freestyle
10	Boys 9 Year Old 100 Individual Medley
12	Boys 10 Year Old 100 Individual Medley
13	Girls 11 Year Old 100 Individual Medley
15	Girls 12 Year Old 100 Individual Medley
18	Boys 9 Year Old 100 Backstroke
20	Boys 10 Year Old 100 Backstroke
21	Girls 11 Year Old 100 Backstroke
23	Girls 12 Year Old 100 Backstroke
26	Boys 9 Year Old 50 Butterfly
28	Boys 10 Year Old 50 Butterfly
29	Girls 11 Year Old 50 Butterfly
31	Girls 12 Year Old 50 Butterfly
34	Boys 9 Year Old 100 Breaststroke
36	Boys 10 Year Old 100 Breaststroke
37	Girls 11 Year Old 100 Breaststroke
39	Girls 12 Year Old 100 Breaststroke
42	Boys 9 Year Old 50 Freestyle
44	Boys 10 Year Old 50 Freestyle
45	Girls 11 Year Old 50 Freestyle
47	Girls 12 Year Old 50 Freestyle

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October 5-6, 2024

Sunday, October 6, 2024

9-10 Girls and 11-12 Boys: Warmup 6:30am – 7:50am Events 8:00am

9-10 Boys and 11-12 Girls: Warmup 12:00pm – 1:20pm Events 1:30pm

9-10 Girls and 11-12 Boys

EVENT #	EVENT
49	Girls 9 Year Old 200 Individual Medley
51	Girls 10 Year Old 200 Individual Medley
54	Boys 11 Year Old 200 Individual Medley
56	Boys 12 Year Old 200 Individual Medley
57	Girls 9 Year Old 100 Freestyle
59	Girls 10 Year Old 100 Freestyle
62	Boys 11 Year Old 100 Freestyle
64	Boys 12 Year Old 100 Freestyle
65	Girls 9 Year Old 50 Breaststroke
67	Girls 10 Year Old 50 Breaststroke
70	Boys 11 Year Old 50 Breaststroke
72	Boys 12 Year Old 50 Breaststroke
73	Girls 9 Year Old 100 Butterfly
75	Girls 10 Year Old 100 Butterfly
78	Boys 11 Year Old 100 Butterfly
80	Boys 12 Year Old 100 Butterfly
81	Girls 9 Year Old 50 Backstroke
83	Girls 10 Year Old 50 Backstroke
86	Boys 11 Year Old 50 Backstroke
88	Boys 12 Year Old 50 Backstroke

9-10 Boys and 11-12 Girls

EVENT #	EVENT
50	Boys 9 Year Old 200 Individual Medley
52	Boys 10 Year Old 200 Individual Medley
53	Girls 11 Year Old 200 Individual Medley
55	Girls 12 Year Old 200 Individual Medley
58	Boys 9 Year Old 100 Freestyle
60	Boys 10 Year Old 100 Freestyle
61	Girls 11 Year Old 100 Freestyle
63	Girls 12 Year Old 100 Freestyle
66	Boys 9 Year Old 50 Breaststroke
68	Boys 10 Year Old 50 Breaststroke
69	Girls 11 Year Old 50 Breaststroke
71	Girls 12 Year Old 50 Breaststroke
74	Boys 9 Year Old 100 Butterfly
76	Boys 10 Year Old 100 Butterfly
77	Girls 11 Year Old 100 Butterfly
79	Girls 12 Year Old 100 Butterfly
82	Boys 9 Year Old 50 Backstroke
84	Boys 10 Year Old 50 Backstroke
85	Girls 11 Year Old 50 Backstroke
87	Girls 12 Year Old 50 Backstroke