

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 1 Girls 11-12 100 Yard IM****1:11.19 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Morgan, Alex	12	Mako Swimming	1:07.68	1:05.46	14U
	30.91	1:05.46 (34.55)				
2	Caruth, Avery	12	Nation's Capital Swim Club	1:07.82	1:05.78	14U
	30.93	1:05.78 (34.85)				
3	Vayra, Eva	12	Nation's Capital Swim Club	1:08.28	1:08.15	14U
	29.67	1:08.15 (38.48)				
4	Carroll, Hannah	12	Mako Swimming	1:08.73	1:08.47	14U
	31.95	1:08.47 (36.52)				
5	Andrews, Caroline	12	York Swim Club of Northern Vir	1:09.47	1:08.54	14U
	31.70	1:08.54 (36.84)				
6	Flanagan, Claire	11	Mako Swimming	1:09.10	1:08.93	14U
	31.76	1:08.93 (37.17)				
7	Boyle, Mollie	12	Herndon Aquatic Club	1:10.89	1:10.70	14U
	33.07	1:10.70 (37.63)				
8	Maier, Emma	11	Nation's Capital Swim Club	1:12.32	1:10.95	14U
	33.12	1:10.95 (37.83)				

Event 1 Girls 11-12 100 Yard IM**1:11.19 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Morgan, Alex	12	Mako Swimming	1:09.64	1:07.68	14U
	32.31	1:07.68 (35.37)				
2	Caruth, Avery	12	Nation's Capital Swim Club	1:10.24	1:07.82	14U
	31.00	1:07.82 (36.82)				
3	Vayra, Eva	12	Nation's Capital Swim Club	1:11.03	1:08.28	14U
	30.30	1:08.28 (37.98)				
4	Carroll, Hannah	12	Mako Swimming	1:08.77	1:08.73	14U
	31.73	1:08.73 (37.00)				
5	Flanagan, Claire	11	Mako Swimming	1:10.26	1:09.10	14U
	30.80	1:09.10 (38.30)				
6	Andrews, Caroline	12	York Swim Club of Northern Vir	1:10.90	1:09.47	14U
	32.08	1:09.47 (37.39)				
7	Boyle, Mollie	12	Herndon Aquatic Club	1:12.83	1:10.89	14U
	33.27	1:10.89 (37.62)				
8	Maier, Emma	11	Nation's Capital Swim Club	1:14.21	1:12.32	
	32.03	1:12.32 (40.29)				
9	Pozo, Josie	11	Herndon Aquatic Club	1:14.41	1:12.51	
	33.81	1:12.51 (38.70)				
10	Carroll, Izzie	11	Mako Swimming	1:13.63	1:12.75	
	34.46	1:12.75 (38.29)				
11	Aurilio, Natalie	12	The Capitol Sea Devils	1:15.57	1:13.22	
	32.05	1:13.22 (41.17)				
12	Steiling, Charlotte	12	York Swim Club of Northern Vir	1:13.40	1:13.88	
	34.20	1:13.88 (39.68)				
13	Springer, Sedona	11	Nation's Capital Swim Club	1:15.05	1:14.07	
	35.42	1:14.07 (38.65)				
14	Kosowski, Julia	11	Mako Swimming	1:14.18	1:15.29	
	34.10	1:15.29 (41.19)				

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 1 Girls 11-12 100 Yard IM)**

	Name	Age	Team	Seed Time	Prelim Time
15	McLain, Skyla	12	Nation's Capital Swim Club	1:16.38	1:15.34
	35.67	1:15.34 (39.67)			
16	Negrelli, Ana	11	The Fish	1:14.87	1:15.66
	34.72	1:15.66 (40.94)			
17	Olsen, Ingrid	12	The Capitol Sea Devils	1:21.21	1:16.45
	35.95	1:16.45 (40.50)			
18	Zimmer, Raquel	12	The Capitol Sea Devils	1:24.22	1:16.69
	37.16	1:16.69 (39.53)			
19	Hetzel, Julia Grace	12	The Capitol Sea Devils	1:21.93	1:16.79
	38.15	1:16.79 (38.64)			
20	Bortner, Avery	11	Fairfax Foxes Swimming	1:16.81	1:17.24
	36.80	1:17.24 (40.44)			
21	Hanik, Bailey	11	Fairfax Foxes Swimming	1:17.22	1:18.40
	36.09	1:18.40 (42.31)			
22	McShane, Rachel	12	York Swim Club of Northern Vir	1:20.02	1:18.44
	37.90	1:18.44 (40.54)			
23	Sahin, Payton	11	York Swim Club of Northern Vir	1:22.01	1:18.80
	39.35	1:18.80 (39.45)			
24	Boyd, Charlie	12	York Swim Club of Northern Vir	1:21.93	1:18.82
	37.76	1:18.82 (41.06)			
25	Lewis, Laney	12	Mako Swimming	1:17.56	1:19.05
	34.23	1:19.05 (44.82)			
26	Falsone, Isabella	11	The Fish	1:23.30	1:20.54
	36.73	1:20.54 (43.81)			
27	Edelstein, Hannah	12	The Capitol Sea Devils	1:21.03	1:21.16
	36.03	1:21.16 (45.13)			
*28	Kiernan, Sinead	12	York Swim Club of Northern Vir	1:28.16	1:22.39
	38.90	1:22.39 (43.49)			
*28	King, Katie	11	Mako Swimming	1:25.80	1:22.39
	40.97	1:22.39 (41.42)			
30	Fahle, Gryffin	11	York Swim Club of Northern Vir	1:26.71	1:23.10
	38.79	1:23.10 (44.31)			
31	Litzler, Lucy	12	York Swim Club of Northern Vir	1:25.75	1:23.31
	37.40	1:23.31 (45.91)			
32	Kim, Maddie	11	Mako Swimming	1:33.94	1:23.57
	40.83	1:23.57 (42.74)			
33	Hiscock, Ellie	11	The Capitol Sea Devils	1:29.86	1:24.16
	40.43	1:24.16 (43.73)			
34	Abraham, Sophia	11	The St. James	1:25.36	1:24.37
	40.23	1:24.37 (44.14)			
35	Gibbs, Evelyn	11	Mako Swimming	1:29.05	1:24.95
	40.03	1:24.95 (44.92)			
36	Simpson, Delaney	11	Fairfax Foxes Swimming	1:27.58	1:25.89
	41.83	1:25.89 (44.06)			
37	Yoo, Delaney	11	The Fish	1:25.54	1:26.39
	40.19	1:26.39 (46.20)			
38	O'Malley, Shona	11	The Capitol Sea Devils	NT	1:26.42
	42.65	1:26.42 (43.77)			
39	Draughon, Scarlett	11	The Capitol Sea Devils	1:28.47	1:26.73
	41.06	1:26.73 (45.67)			
40	Forde, Madison	11	York Swim Club of Northern Vir	1:30.92	1:26.88
	39.50	1:26.88 (47.38)			
41	Peters, Adeline	12	The Capitol Sea Devils	1:29.25	1:27.13
	43.13	1:27.13 (44.00)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 1 Girls 11-12 100 Yard IM)**

	Name	Age	Team	Seed Time	Prelim Time
42	Smith, Lexi	12	Mako Swimming	1:26.19	1:27.22
	39.89	1:27.22 (47.33)			
43	Omara, Morrin	12	The Capitol Sea Devils	1:52.08	1:27.62
	42.59	1:27.62 (45.03)			
44	Linker, Reagan	12	The Capitol Sea Devils	NT	1:28.77
	44.26	1:28.77 (44.51)			
45	Solomon, Ephi	11	The Capitol Sea Devils	NT	1:28.84
	42.90	1:28.84 (45.94)			
46	Fawsett, Katie	12	The Capitol Sea Devils	1:30.23	1:29.23
	41.11	1:29.23 (48.12)			
47	Frazitta, Ryan	11	Herndon Aquatic Club	NT	1:30.78
	40.44	1:30.78 (50.34)			
48	Zheng, Charlotte	11	The Fish	1:32.91	1:31.62
	45.92	1:31.62 (45.70)			
49	Natoli, Finley	11	Nation's Capital Swim Club	1:54.01	1:31.81
	41.20	1:31.81 (50.61)			
50	Berona, Samantha	11	The Capitol Sea Devils	NT	1:32.86
	45.09	1:32.86 (47.77)			
51	Brink, Reagan	11	Herndon Aquatic Club	1:36.47	1:33.35
52	Mehr, Addison	12	York Swim Club of Northern Vir	1:34.26	1:33.56
	46.84	1:33.56 (46.72)			
53	Sause, Nora	11	Nation's Capital Swim Club	1:38.89	1:35.26
	47.98	1:35.26 (47.28)			
54	Juarez, Vivian	12	The Capitol Sea Devils	1:39.35	1:36.86
	46.25	1:36.86 (50.61)			
---	Cheng, Aria	11	Mako Swimming	1:18.10	DQ
	Shoulders past vertical toward breast - back				
	35.31	DQ (40.10)			
---	Cahill, Violet	11	The Capitol Sea Devils	NT	DQ
	Shoulders past vertical toward breast - back				
	42.98	DQ (1:45.98)			

Event 2 Boys 11-12 100 Yard IM**1:11.29 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Moh, Evan	12	Mako Swimming	1:05.53	1:04.48 14U
	29.97	1:04.48 (34.51)			
2	Soderlund, Josh	11	Nation's Capital Swim Club	1:05.71	1:05.79 14U
	29.94	1:05.79 (35.85)			
3	Herbert, Mason	12	Mako Swimming	1:07.68	1:06.80 14U
	31.80	1:06.80 (35.00)			
4	Soukup, Aidan	12	Nation's Capital Swim Club	1:07.10	1:06.96 14U
	31.33	1:06.96 (35.63)			
5	Cooper, Henry	12	The Fish	1:08.86	1:07.51 14U
	30.47	1:07.51 (37.04)			
6	Klaiber, Owen	12	The Fish	1:08.02	1:07.56 14U
	31.51	1:07.56 (36.05)			
7	Major, Teddy	12	York Swim Club of Northern Vir	1:09.74	1:08.74 14U
	31.21	1:08.74 (37.53)			
8	Maier, Will	11	Mako Swimming	1:09.34	1:08.79 14U
	30.66	1:08.79 (38.13)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 2 Boys 11-12 100 Yard IM****1:11.29 14U PVS 14U Championship**

Name		Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Moh, Evan	12	Mako Swimming	1:08.71	1:05.53	14U
	31.40		1:05.53 (34.13)			
2	Soderlund, Josh	11	Nation's Capital Swim Club	1:08.27	1:05.71	14U
	30.03		1:05.71 (35.68)			
3	Soukup, Aidan	12	Nation's Capital Swim Club	1:06.44	1:07.10	14U
	30.44		1:07.10 (36.66)			
4	Herbert, Mason	12	Mako Swimming	1:10.08	1:07.68	14U
	32.88		1:07.68 (34.80)			
5	Klaiber, Owen	12	The Fish	1:09.60	1:08.02	14U
	31.81		1:08.02 (36.21)			
6	Cooper, Henry	12	The Fish	1:09.76	1:08.86	14U
	31.08		1:08.86 (37.78)			
7	Maier, Will	11	Mako Swimming	1:10.15	1:09.34	14U
	31.78		1:09.34 (37.56)			
8	Major, Teddy	12	York Swim Club of Northern Vir	1:10.86	1:09.74	14U
	32.36		1:09.74 (37.38)			
9	Yoon, Gio	11	Fairfax Foxes Swimming	1:20.04	1:10.71	14U
	33.35		1:10.71 (37.36)			
10	Pelaez, Andrew	11	The Fish	1:09.94	1:11.52	
	33.04		1:11.52 (38.48)			
11	Friedman, Benjamin	12	York Swim Club of Northern Vir	1:16.95	1:12.52	
	33.80		1:12.52 (38.72)			
12	Johnson, Reid	11	The Capitol Sea Devils	1:13.85	1:12.83	
	33.89		1:12.83 (38.94)			
13	Owens, Harrison	12	York Swim Club of Northern Vir	1:13.59	1:14.00	
	35.25		1:14.00 (38.75)			
14	Parks, Nicholas	11	York Swim Club of Northern Vir	1:17.01	1:14.08	
	34.33		1:14.08 (39.75)			
15	Somov, Maxim	11	The Capitol Sea Devils	1:17.82	1:15.94	
	35.87		1:15.94 (40.07)			
16	Nault, Jericho	12	Herndon Aquatic Club	1:17.47	1:16.47	
	37.54		1:16.47 (38.93)			
17	Huey, Carter	12	The Fish	1:16.24	1:16.92	
	34.25		1:16.92 (42.67)			
18	Ma, Mario	12	The Fish	1:18.65	1:17.45	
	36.66		1:17.45 (40.79)			
19	Kelly, Charlie	11	York Swim Club of Northern Vir	1:19.69	1:17.77	
	36.53		1:17.77 (41.24)			
20	Pinilla, Lulu	12	Mako Swimming	1:20.55	1:18.15	
	34.72		1:18.15 (43.43)			
21	Hylton, Bryson	12	The Fish	1:18.17	1:18.37	
	36.39		1:18.37 (41.98)			
22	Major, Henry	11	York Swim Club of Northern Vir	1:27.25	1:18.47	
	36.25		1:18.47 (42.22)			
23	Jenks, Chase	11	York Swim Club of Northern Vir	1:22.15	1:21.49	
	35.69		1:21.49 (45.80)			
24	Stewart, Hank	11	Mako Swimming	1:21.52	1:21.51	
	37.40		1:21.51 (44.11)			
25	McCall, Jack	11	York Swim Club of Northern Vir	1:25.14	1:22.48	
	38.56		1:22.48 (43.92)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 2 Boys 11-12 100 Yard IM)**

	Name	Age	Team	Seed Time	Prelim Time
26	DiGaudio, Luke	12	York Swim Club of Northern Vir	1:29.07	1:23.30
	39.75	1:23.30 (43.55)			
27	Butcher, Benny	12	The Capitol Sea Devils	1:21.10	1:23.79
	39.60	1:23.79 (44.19)			
28	Farquhar, Dylan	11	York Swim Club of Northern Vir	1:26.07	1:24.51
	38.79	1:24.51 (45.72)			
29	Coombs, Sawyer	11	The Capitol Sea Devils	1:29.51	1:32.26
	42.91	1:32.26 (49.35)			
30	Misiaszek, Max	12	The Capitol Sea Devils	NT	1:43.63
	50.95	1:43.63 (52.68)			
31	Sloan, Nicholas	11	The Capitol Sea Devils	1:56.92	1:54.34
	53.97	1:54.34 (1:00.37)			
---	Busen, Holden	12	Nation's Capital Swim Club	1:14.80	DQ
	False start - Misc				
	33.12	DQ (40.46)			
---	Cao, Lincoln	11	York Swim Club of Northern Vir	1:52.99	DQ
	Shoulders past vertical toward breast - back				
	49.12	DQ (54.60)			

Event 3 Girls 13-14 100 Yard Butterfly**58.49 SECT EZ Sectionals****1:03.99 SR PVS Open Champs****1:04.59 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Roth, Laura	14	Nation's Capital Swim Club	59.60	58.77 SR
	28.25	58.77 (30.52)			
2	Mullen, Violet	13	Nation's Capital Swim Club	1:00.29	1:00.55 SR
	28.37	1:00.55 (32.18)			
3	Haggard, Esme	14	York Swim Club of Northern Vir	1:02.84	1:00.84 SR
	28.13	1:00.84 (32.71)			
4	Caven, Fiona	14	Mako Swimming	1:03.04	1:02.17 SR
	28.74	1:02.17 (33.43)			
5	Lopez Murphy, Emilia	14	The Capitol Sea Devils	1:04.55	1:02.23 SR
	28.88	1:02.23 (33.35)			
6	Nogales, Allegra	14	Nation's Capital Swim Club	1:01.88	1:02.47 SR
	29.42	1:02.47 (33.05)			
7	Kriz, Alexa	14	York Swim Club of Northern Vir	1:05.86	1:03.82 SR
	29.93	1:03.82 (33.89)			
8	Vayra, Emilia	14	Nation's Capital Swim Club	1:03.09	1:03.90 SR
	29.78	1:03.90 (34.12)			
B - Final					
9	Morgan, Annabelle	14	Nation's Capital Swim Club	1:06.25	1:05.76
	31.13	1:05.76 (34.63)			
10	Thomas, Lillie	13	Fairfax Foxes Swimming	1:07.85	1:06.11
	30.57	1:06.11 (35.54)			
11	Young, Jessica	14	The Fish	1:07.99	1:06.38
	30.80	1:06.38 (35.58)			
*12	Wood, Audrey	14	The Capitol Sea Devils	1:06.46	1:06.48
	31.35	1:06.48 (35.13)			
*12	Kim, Gina	13	Mako Swimming	1:07.99	1:06.48
	30.72	1:06.48 (35.76)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****B - Final ... (Event 3 Girls 13-14 100 Yard Butterfly)**

	Name	Age	Team	Prelim Time	Finals Time
14	Bareis, Mary	13	York Swim Club of Northern Vir	1:07.30	1:06.68
	31.14	1:06.68 (35.54)			
15	McEvoy, Isabel	14	The Capitol Sea Devils	1:06.14	1:06.95
	29.88	1:06.95 (37.07)			
16	Garr, Sydney	14	Mako Swimming	1:06.99	1:07.01
	30.90	1:07.01 (36.11)			

Event 3 Girls 13-14 100 Yard Butterfly**58.49 SECT EZ Sectionals****1:03.99 SR PVS Open Champs****1:04.59 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Roth, Laura	14	Nation's Capital Swim Club	59.93	59.60	SR
	27.87	59.60 (31.73)				
2	Mullen, Violet	13	Nation's Capital Swim Club	59.50	1:00.29	SR
	27.81	1:00.29 (32.48)				
3	Nogales, Allegra	14	Nation's Capital Swim Club	1:03.47	1:01.88	SR
	29.53	1:01.88 (32.35)				
4	Haggard, Esme	14	York Swim Club of Northern Vir	1:00.53	1:02.84	SR
	29.14	1:02.84 (33.70)				
5	Caven, Fiona	14	Mako Swimming	1:04.19	1:03.04	SR
	28.82	1:03.04 (34.22)				
6	Vayra, Emilia	14	Nation's Capital Swim Club	1:03.25	1:03.09	SR
	29.86	1:03.09 (33.23)				
7	Lopez Murphy, Emilia	14	The Capitol Sea Devils	1:03.83	1:04.55	14U
	30.62	1:04.55 (33.93)				
8	Kriz, Alexa	14	York Swim Club of Northern Vir	1:06.65	1:05.86	
	29.89	1:05.86 (35.97)				
9	McEvoy, Isabel	14	The Capitol Sea Devils	1:05.86	1:06.14	
	31.24	1:06.14 (34.90)				
10	Morgan, Annabelle	14	Nation's Capital Swim Club	1:06.28	1:06.25	
	30.47	1:06.25 (35.78)				
11	Wood, Audrey	14	The Capitol Sea Devils	1:06.24	1:06.46	
	31.13	1:06.46 (35.33)				
12	Garr, Sydney	14	Mako Swimming	1:08.29	1:06.99	
	30.88	1:06.99 (36.11)				
13	Bareis, Mary	13	York Swim Club of Northern Vir	1:10.00	1:07.30	
	31.16	1:07.30 (36.14)				
14	Thomas, Lillie	13	Fairfax Foxes Swimming	1:07.34	1:07.85	
	30.90	1:07.85 (36.95)				
*15	Young, Jessica	14	The Fish	1:08.31	1:07.99	
	30.64	1:07.99 (37.35)				
*15	Kim, Gina	13	Mako Swimming	1:10.39	1:07.99	
	31.30	1:07.99 (36.69)				
17	Lutz, Catalina	14	Nation's Capital Swim Club	1:13.86	1:08.05	
	31.38	1:08.05 (36.67)				
18	Joesten, Annika	14	Nation's Capital Swim Club	1:10.16	1:08.60	
	32.00	1:08.60 (36.60)				
19	Willie, Skyler	13	Mako Swimming	1:12.57	1:08.61	
	31.77	1:08.61 (36.84)				
20	Alper, Aspen	14	The Capitol Sea Devils	1:10.50	1:08.65	
	31.71	1:08.65 (36.94)				

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 3 Girls 13-14 100 Yard Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time
21	Meth, Sophia	13	The Capitol Sea Devils	1:11.13	1:10.62
	31.99	1:10.62 (38.63)			
22	Scully, Lila	13	York Swim Club of Northern Vir	1:30.46	1:10.64
	31.92	1:10.64 (38.72)			
23	Plath, Breanna	14	The Fish	1:12.00	1:10.73
	32.89	1:10.73 (37.84)			
24	McHenry, Ziva	13	The Fish	1:15.48	1:11.18
	32.45	1:11.18 (38.73)			
25	DeMille, Meadow	14	Mako Swimming	1:09.10	1:12.51
	32.71	1:12.51 (39.80)			
26	Vasquez-Dretzka, Teresa	13	The Capitol Sea Devils	1:13.83	1:13.56
	33.99	1:13.56 (39.57)			
27	Donnelly, Molly	13	Mako Swimming	1:17.40	1:13.65
	34.40	1:13.65 (39.25)			
28	Salgado, Eva	13	Nation's Capital Swim Club	1:15.77	1:16.68
	35.18	1:16.68 (41.50)			
29	Van Brackle, Heidi	13	Mako Swimming	1:18.35	1:19.17
	35.44	1:19.17 (43.73)			
30	Melendrez, Ava	14	Fairfax Foxes Swimming	1:27.14	1:20.41
	35.51	1:20.41 (44.90)			
31	Saputo, Veena	13	The Capitol Sea Devils	1:28.11	1:22.98
	39.42	1:22.98 (43.56)			
32	Wiley-Jimenez, Ari	13	The Fish	1:30.21	1:23.54
	37.76	1:23.54 (45.78)			
33	Collins, Brooke	14	The Fish	1:16.35	1:24.58
	37.92	1:24.58 (46.66)			
34	Olsen, Evelyn	14	The Capitol Sea Devils	1:25.50	1:25.19
	37.63	1:25.19 (47.56)			
35	Burks, Paige	14	Fairfax Foxes Swimming	1:33.49	1:28.43
	37.98	1:28.43 (50.45)			
---	Adams, Lucie	14	The Capitol Sea Devils	NT	DQ
	Shoulders not at or past vertical towards breast off the wall				
	38.68	DQ (45.08)			

Event 4 Boys 13-14 100 Yard Butterfly**53.19 SECT EZ Sectionals****57.29 SR PVS Open Champs****1:00.99 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Kim, Darren	14	Mako Swimming	55.79	54.70 SR
	25.67	54.70 (29.03)			
2	Zhao, Darren	14	The Fish	55.79	54.94 SR
	25.55	54.94 (29.39)			
3	Gilliland, Patrick	14	York Swim Club of Northern Vir	59.72	57.62 14U
	26.95	57.62 (30.67)			
4	Leis, Jack	14	York Swim Club of Northern Vir	59.93	57.75 14U
	26.65	57.75 (31.10)			
5	Scott, Liam	14	Nation's Capital Swim Club	59.17	58.98 14U
	27.31	58.98 (31.67)			
6	Cotter, Everett	14	Mako Swimming	1:00.18	59.41 14U
	27.57	59.41 (31.84)			
7	Hill, Owen	14	The Fish	1:01.31	1:02.04
	28.12	1:02.04 (33.92)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****A - Final ... (Event 4 Boys 13-14 100 Yard Butterfly)**

	Name	Age	Team	Prelim Time	Finals Time
8	Coleman, Will	13	Nation's Capital Swim Club	1:01.60	1:02.21
	29.38	1:02.21 (32.83)			

B - Final

9	Martinez, Victor	14	Nation's Capital Swim Club	1:02.81	1:00.84	14U
	28.46	1:00.84 (32.38)				
10	Kelly, Joseph	14	York Swim Club of Northern Vir	1:03.82	1:01.63	
	28.52	1:01.63 (33.11)				
11	Heeb, Gavin	13	Nation's Capital Swim Club	1:04.58	1:03.04	
	28.98	1:03.04 (34.06)				
12	Xing, Aspen	13	The Fish	1:05.55	1:03.73	
	30.28	1:03.73 (33.45)				
13	Cory, Maddox	13	Nation's Capital Swim Club	1:05.20	1:03.97	
	29.47	1:03.97 (34.50)				
14	Fortune, Sam	14	Mako Swimming	1:04.79	1:04.11	
	29.96	1:04.11 (34.15)				
15	Price, August	13	The Fish	1:05.11	1:04.30	
	30.18	1:04.30 (34.12)				
16	Bussey, Joseph	13	The Capitol Sea Devils	1:04.33	1:04.34	
	30.48	1:04.34 (33.86)				

Event 4 Boys 13-14 100 Yard Butterfly**53.19 SECT EZ Sectionals****57.29 SR PVS Open Champs****1:00.99 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
*1	Kim, Darren	14	Mako Swimming	57.22	55.79 SR
	25.78	55.79 (30.01)			
*1	Zhao, Darren	14	The Fish	56.95	55.79 SR
	25.80	55.79 (29.99)			
3	Scott, Liam	14	Nation's Capital Swim Club	1:04.63	59.17 14U
	27.08	59.17 (32.09)			
4	Gilliland, Patrick	14	York Swim Club of Northern Vir	1:00.71	59.72 14U
	28.11	59.72 (31.61)			
5	Leis, Jack	14	York Swim Club of Northern Vir	1:01.05	59.93 14U
	27.46	59.93 (32.47)			
6	Cotter, Everett	14	Mako Swimming	1:02.10	1:00.18 14U
	28.07	1:00.18 (32.11)			
7	Hill, Owen	14	The Fish	1:03.54	1:01.31
	28.26	1:01.31 (33.05)			
8	Coleman, Will	13	Nation's Capital Swim Club	1:03.88	1:01.60
	28.76	1:01.60 (32.84)			
9	Martinez, Victor	14	Nation's Capital Swim Club	1:01.18	1:02.81
	29.11	1:02.81 (33.70)			
10	Kelly, Joseph	14	York Swim Club of Northern Vir	1:03.65	1:03.82
	28.88	1:03.82 (34.94)			
11	Bussey, Joseph	13	The Capitol Sea Devils	1:08.57	1:04.33
	29.34	1:04.33 (34.99)			
12	Heeb, Gavin	13	Nation's Capital Swim Club	1:06.35	1:04.58
	29.94	1:04.58 (34.64)			
13	Fortune, Sam	14	Mako Swimming	1:03.85	1:04.79
	30.44	1:04.79 (34.35)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 4 Boys 13-14 100 Yard Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time
14	Price, August	13	The Fish	1:14.53	1:05.11
	29.98	1:05.11 (35.13)			
15	Cory, Maddox	13	Nation's Capital Swim Club	1:06.40	1:05.20
	30.44	1:05.20 (34.76)			
16	Xing, Aspen	13	The Fish	1:05.76	1:05.55
	30.94	1:05.55 (34.61)			
17	Hein, Logan	14	Mako Swimming	1:04.93	1:05.80
	29.68	1:05.80 (36.12)			
18	Abel, Oly	14	The Fish	1:06.77	1:06.14
	29.40	1:06.14 (36.74)			
19	Smith, Henry	14	Nation's Capital Swim Club	1:10.05	1:07.12
	31.21	1:07.12 (35.91)			
20	Kim, Jonah	13	Mako Swimming	1:11.70	1:07.20
	30.44	1:07.20 (36.76)			
21	Gori, Theo	14	York Swim Club of Northern Vir	1:04.09	1:07.50
	29.70	1:07.50 (37.80)			
22	Versaggi, Ryan	13	York Swim Club of Northern Vir	1:12.01	1:08.90
	31.83	1:08.90 (37.07)			
23	King, Andrew	13	Mako Swimming	1:18.14	1:09.46
	32.77	1:09.46 (36.69)			
24	Stephens, Alex	14	Mako Swimming	1:13.74	1:09.52
	32.00	1:09.52 (37.52)			
25	Greene, Phillip	13	Mako Swimming	1:25.39	1:13.91
	34.12	1:13.91 (39.79)			
26	Tolar, Oliver	13	Nation's Capital Swim Club	1:18.09	1:14.04
	32.79	1:14.04 (41.25)			
27	Whittemore, Nathan	13	The Fish	1:40.42	1:23.42
	36.91	1:23.42 (46.51)			
28	Hawksworth, Andrew	14	The Capitol Sea Devils	1:50.80	1:37.27
	42.94	1:37.27 (54.33)			

Event 5 Girls 15-18 100 Yard Butterfly**58.49 SECT EZ Sectionals****1:03.99 SR PVS Open Champs**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Loftis, Ella	16	Nation's Capital Swim Club	57.01	56.69 SECT
	26.17	56.69 (30.52)			
2	Rowan, Elliott	15	York Swim Club of Northern Vir	58.99	56.90 SECT
	26.44	56.90 (30.46)			
3	Sherman, Lila	16	The Fish	59.86	57.30 SECT
	26.49	57.30 (30.81)			
4	Dobrydney, Claire	17	Pava Panthers Swim Club	57.90	57.65 SECT
	26.49	57.65 (31.16)			
5	Friess, Caroline	17	Pava Panthers Swim Club	58.47	57.91 SECT
	27.36	57.91 (30.55)			
6	Gramlich, Hazel	15	York Swim Club of Northern Vir	1:00.48	58.84 SR
	27.65	58.84 (31.19)			
7	Cota-Robles, Isabella	15	Nation's Capital Swim Club	59.90	59.06 SR
	27.77	59.06 (31.29)			
8	Dewhirst, Emma	15	Nation's Capital Swim Club	1:01.27	1:00.60 SR
	28.22	1:00.60 (32.38)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****B - Final ... (Event 5 Girls 15-18 100 Yard Butterfly)**

	Name	Age	Team	Prelim Time	Finals Time	
B - Final						
9	Barker, Lilly	17	York Swim Club of Northern Vir	1:02.96	1:00.61	SR
	27.50	1:00.61 (33.11)				
10	Thomas, Emma	15	Fairfax Foxes Swimming	1:02.18	1:00.75	SR
	28.00	1:00.75 (32.75)				
11	Eubanks, Leah	15	The Fish	1:02.37	1:00.89	SR
	28.77	1:00.89 (32.12)				
12	Lopez Murphy, Malena	16	The Capitol Sea Devils	1:01.70	1:01.37	SR
	28.93	1:01.37 (32.44)				
13	Samsot, Alex	15	Nation's Capital Swim Club	1:02.66	1:01.40	SR
	28.97	1:01.40 (32.43)				
14	Tasber, Casey	16	The Fish	1:02.72	1:01.89	SR
	28.84	1:01.89 (33.05)				
15	Stegmaier, Shannon	15	Mako Swimming	1:02.69	1:02.75	SR
	30.56	1:02.75 (32.19)				
16	Winslow, Kylie	16	Mako Swimming	1:03.05	1:04.87	
	29.94	1:04.87 (34.93)				

Event 5 Girls 15-18 100 Yard Butterfly**58.49 SECT EZ Sectionals****1:03.99 SR PVS Open Champs**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Loftis, Ella	16	Nation's Capital Swim Club	59.66	57.01	SECT
	26.61	57.01 (30.40)				
2	Dobrydney, Claire	17	Pava Panthers Swim Club	57.22	57.90	SECT
	26.77	57.90 (31.13)				
3	Friess, Caroline	17	Pava Panthers Swim Club	58.29	58.47	SECT
	27.61	58.47 (30.86)				
4	Rowan, Elliott	15	York Swim Club of Northern Vir	58.02	58.99	SR
	27.75	58.99 (31.24)				
5	Sherman, Lila	16	The Fish	57.46	59.86	SR
	27.99	59.86 (31.87)				
6	Cota-Robles, Isabella	15	Nation's Capital Swim Club	59.92	59.90	SR
	28.09	59.90 (31.81)				
7	Gramlich, Hazel	15	York Swim Club of Northern Vir	59.17	1:00.48	SR
	28.51	1:00.48 (31.97)				
8	Dewhirst, Emma	15	Nation's Capital Swim Club	1:00.44	1:01.27	SR
	28.72	1:01.27 (32.55)				
9	Lopez Murphy, Malena	16	The Capitol Sea Devils	1:02.23	1:01.70	SR
	29.00	1:01.70 (32.70)				
10	Thomas, Emma	15	Fairfax Foxes Swimming	1:01.35	1:02.18	SR
	28.34	1:02.18 (33.84)				
11	Eubanks, Leah	15	The Fish	1:02.74	1:02.37	SR
	29.66	1:02.37 (32.71)				
12	Samsot, Alex	15	Nation's Capital Swim Club	1:01.39	1:02.66	SR
	29.01	1:02.66 (33.65)				
13	Stegmaier, Shannon	15	Mako Swimming	1:02.13	1:02.69	SR
	30.21	1:02.69 (32.48)				
14	Tasber, Casey	16	The Fish	1:05.23	1:02.72	SR
	29.38	1:02.72 (33.34)				
15	Barker, Lilly	17	York Swim Club of Northern Vir	1:01.49	1:02.96	SR
	28.81	1:02.96 (34.15)				

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 5 Girls 15-18 100 Yard Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time	
16	Winslow, Kylie	16	Mako Swimming	1:06.66	1:03.05	SR
	29.82	1:03.05 (33.23)				
17	Miller, Etta	15	Nation's Capital Swim Club	1:04.71	1:03.07	SR
	29.43	1:03.07 (33.64)				
18	Lee, Christina	15	Nation's Capital Swim Club	1:01.48	1:03.91	SR
	29.21	1:03.91 (34.70)				
19	Fletcher, Leah	15	The Capitol Sea Devils	1:01.26	1:03.95	SR
	29.12	1:03.95 (34.83)				
20	Prudius, Laura	16	York Swim Club of Northern Vir	1:04.94	1:04.49	
	29.80	1:04.49 (34.69)				
21	Noyes, Logan	15	Pava Panthers Swim Club	1:03.29	1:05.64	
	29.99	1:05.64 (35.65)				
22	Weldon, Courtney	17	York Swim Club of Northern Vir	1:04.26	1:05.82	
	29.64	1:05.82 (36.18)				
23	Frank, Lucie	16	Fairfax Foxes Swimming	1:07.59	1:06.15	
	31.08	1:06.15 (35.07)				
24	Anderson, Claire	15	Mako Swimming	1:04.75	1:06.21	
	30.44	1:06.21 (35.77)				
25	Hughes, Sydney	16	The Fish	1:07.52	1:07.36	
	31.77	1:07.36 (35.59)				
26	Fulton, Evelyn	16	The Capitol Sea Devils	1:09.85	1:07.83	
	31.26	1:07.83 (36.57)				
27	Colon, Ava	16	Mako Swimming	1:11.94	1:08.05	
	30.87	1:08.05 (37.18)				
28	Na, Audrey	15	Nation's Capital Swim Club	1:12.25	1:08.31	
	31.13	1:08.31 (37.18)				
29	Lin, Marissa	15	The Fish	1:07.99	1:09.05	
	31.93	1:09.05 (37.12)				
30	Bailey, Kate	15	Nation's Capital Swim Club	1:11.40	1:09.08	
	32.30	1:09.08 (36.78)				
31	Hispiche, Claire	16	York Swim Club of Northern Vir	1:11.67	1:09.33	
	31.65	1:09.33 (37.68)				
32	Hankins, Camryn	17	Jcc Swimming	1:08.75	1:11.89	
	33.57	1:11.89 (38.32)				
33	Ryder, Anna	17	Fairfax Foxes Swimming	1:13.35	1:13.34	
	35.14	1:13.34 (38.20)				
34	Rosa, Amaya	16	York Swim Club of Northern Vir	1:13.29	1:13.99	
	34.19	1:13.99 (39.80)				
35	Popp, Miriam	16	Arlington Aquatic Club	1:17.83	1:15.39	
	35.33	1:15.39 (40.06)				
36	Falsone, Sofia	15	The Fish	1:19.12	1:19.31	
	36.40	1:19.31 (42.91)				
37	Surridge, Hannah	16	Fairfax Foxes Swimming	1:20.76	1:19.42	
	35.37	1:19.42 (44.05)				
38	Yurcisin, Vivi	16	The Capitol Sea Devils	1:23.68	1:20.03	
	36.45	1:20.03 (43.58)				
---	Fitzgerald, Maya	16	Arlington Aquatic Club	1:01.98	DQ	
	Alternating Kick					
	29.23	DQ (32.52)				

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 6 Boys 15-18 100 Yard Butterfly****53.19 SECT EZ Sectionals****57.29 SR PVS Open Champs**

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Southern, Ryan	18	Nation's Capital Swim Club	49.71	49.47	SECT
	22.84	49.47 (26.63)				
2	Garvin, Parris	18	Pava Panthers Swim Club	49.66	49.64	SECT
	23.65	49.64 (25.99)				
3	Barlotta, Connor	16	Nation's Capital Swim Club	51.73	51.05	SECT
	24.33	51.05 (26.72)				
4	Anderson, James	17	Mako Swimming	52.71	51.61	SECT
	24.00	51.61 (27.61)				
5	Ramos, Diego	16	Pava Panthers Swim Club	51.80	51.90	SECT
	24.32	51.90 (27.58)				
6	Sanchez, Luca	16	The Fish	51.62	51.94	SECT
	24.09	51.94 (27.85)				
7	Wang, Allen	17	Nation's Capital Swim Club	53.31	52.76	SECT
	24.93	52.76 (27.83)				
8	Zenyuh, Quinn	15	Pava Panthers Swim Club	51.74	52.99	SECT
	24.52	52.99 (28.47)				
B - Final						
9	Tragle, Harrison	16	Pava Panthers Swim Club	53.49	52.54	SECT
	24.00	52.54 (28.54)				
10	Rowan, Graham	17	York Swim Club of Northern Vir	55.83	53.16	SECT
	24.49	53.16 (28.67)				
11	Fahle, Keaghan	17	York Swim Club of Northern Vir	55.80	54.21	SR
	25.27	54.21 (28.94)				
12	Cantrell, William	17	Nation's Capital Swim Club	54.03	54.71	SR
	25.52	54.71 (29.19)				
13	Abel, Lucas	16	The Fish	56.35	55.12	SR
	26.09	55.12 (29.03)				
14	Van Schagen, Asher	16	The Capitol Sea Devils	56.48	56.14	SR
	26.23	56.14 (29.91)				
15	Portner, Sully	16	Arlington Aquatic Club	56.87	56.38	SR
	26.18	56.38 (30.20)				
16	Young, Marcus	16	The Fish	57.08	57.45	
	26.68	57.45 (30.77)				

Event 6 Boys 15-18 100 Yard Butterfly**53.19 SECT EZ Sectionals****57.29 SR PVS Open Champs**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Garvin, Parris	18	Pava Panthers Swim Club	49.74	49.66	SECT
	23.18	49.66 (26.48)				
2	Southern, Ryan	18	Nation's Capital Swim Club	49.34	49.71	SECT
	23.09	49.71 (26.62)				
3	Sanchez, Luca	16	The Fish	52.84	51.62	SECT
	23.86	51.62 (27.76)				
4	Barlotta, Connor	16	Nation's Capital Swim Club	52.06	51.73	SECT
	24.77	51.73 (26.96)				
5	Zenyuh, Quinn	15	Pava Panthers Swim Club	52.85	51.74	SECT
	24.26	51.74 (27.48)				

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 6 Boys 15-18 100 Yard Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time	
6	Ramos, Diego	16	Pava Panthers Swim Club	52.70	51.80	SECT
	24.18	51.80 (27.62)				
7	Anderson, James	17	Mako Swimming	50.16	52.71	SECT
	24.96	52.71 (27.75)				
8	Wang, Allen	17	Nation's Capital Swim Club	53.33	53.31	SR
	25.01	53.31 (28.30)				
9	Tragle, Harrison	16	Pava Panthers Swim Club	53.35	53.49	SR
	24.97	53.49 (28.52)				
10	Cantrell, William	17	Nation's Capital Swim Club	54.69	54.03	SR
	25.23	54.03 (28.80)				
11	Fahle, Keaghan	17	York Swim Club of Northern Vir	56.68	55.80	SR
	26.45	55.80 (29.35)				
12	Rowan, Graham	17	York Swim Club of Northern Vir	52.00	55.83	SR
	25.57	55.83 (30.26)				
13	Abel, Lucas	16	The Fish	56.09	56.35	SR
	26.14	56.35 (30.21)				
14	Budharaju, Pranav	17	York Swim Club of Northern Vir	55.66	56.38	SR
	26.36	56.38 (30.02)				
15	Van Schagen, Asher	16	The Capitol Sea Devils	57.09	56.48	SR
	26.56	56.48 (29.92)				
16	Portner, Sully	16	Arlington Aquatic Club	57.11	56.87	SR
	25.98	56.87 (30.89)				
17	Young, Marcus	16	The Fish	56.99	57.08	SR
	26.68	57.08 (30.40)				
18	Pozo, Theo	15	Herndon Aquatic Club	57.06	57.09	SR
	26.18	57.09 (30.91)				
19	Tonthat, Nathan	15	Mako Swimming	59.72	57.10	SR
	26.61	57.10 (30.49)				
20	Smith, Marcos	16	Fairfax Foxes Swimming	59.60	57.11	SR
	26.31	57.11 (30.80)				
21	Kohn, Sean	16	Nation's Capital Swim Club	59.20	57.31	
	26.79	57.31 (30.52)				
22	Tan, Zachary	17	York Swim Club of Northern Vir	57.08	57.50	
	26.35	57.50 (31.15)				
23	Hosseini, Ayaan	17	Fairfax Foxes Swimming	58.22	57.66	
	26.48	57.66 (31.18)				
24	Negron, Matthew	17	Mako Swimming	1:00.92	57.72	
	26.59	57.72 (31.13)				
25	Koay, Kyle	16	The Fish	59.13	57.79	
	26.79	57.79 (31.00)				
26	Lopez, Lucas	17	Arlington Aquatic Club	52.15	58.62	
	26.39	58.62 (32.23)				
27	Bechtle, JJ	16	York Swim Club of Northern Vir	58.81	58.74	
	27.18	58.74 (31.56)				
28	Jurutka, Nate	16	York Swim Club of Northern Vir	58.68	1:00.27	
	27.63	1:00.27 (32.64)				
29	Hume, Rafi	16	The Capitol Sea Devils	1:04.28	1:01.26	
	28.49	1:01.26 (32.77)				
30	Goede, Noah	16	The St. James	1:03.17	1:01.91	
	27.94	1:01.91 (33.97)				
31	Walther, Tyson	17	Arlington Aquatic Club	1:06.38	1:02.37	
	28.48	1:02.37 (33.89)				

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 6 Boys 15-18 100 Yard Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time
32	Hernandez-Giblin, Javier	16	The Fish	1:03.12	1:02.50
	28.98	1:02.50 (33.52)			
33	Smouha, Jackson	16	Nation's Capital Swim Club	1:05.14	1:02.88
	29.04	1:02.88 (33.84)			
34	Wright, Miles	16	Arlington Aquatic Club	1:03.57	1:03.26
	29.34	1:03.26 (33.92)			
35	McCleary, Carter	15	Fairfax Foxes Swimming	1:07.51	1:03.50
	29.46	1:03.50 (34.04)			
36	Chiquitucto, Christian	15	The Capitol Sea Devils	1:04.88	1:03.51
	28.85	1:03.51 (34.66)			
37	Stipanovic, Charles	15	York Swim Club of Northern Vir	1:02.19	1:03.84
	28.06	1:03.84 (35.78)			
38	Moh, Aaron	15	Mako Swimming	1:03.81	1:04.10
	28.66	1:04.10 (35.44)			
39	Prasad, Jagrav	16	The Fish	1:04.11	1:04.75
	30.01	1:04.75 (34.74)			
40	Rodriguez, Nicholas	17	Arlington Aquatic Club	1:08.44	1:05.69
	30.16	1:05.69 (35.53)			
41	Gallton, Zach	15	The Capitol Sea Devils	1:16.94	1:08.52
	31.92	1:08.52 (36.60)			

Event 7 Girls 11-12 100 Yard Butterfly**58.49 SECT EZ Sectionals****1:03.99 SR PVS Open Champs****1:11.99 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Vayra, Eva	12	Nation's Capital Swim Club	1:05.02	1:04.17 14U
	30.94	1:04.17 (33.23)			
2	Caruth, Avery	12	Nation's Capital Swim Club	1:04.95	1:04.32 14U
	31.00	1:04.32 (33.32)			
3	Andrews, Caroline	12	York Swim Club of Northern Vir	1:09.64	1:08.88 14U
	32.75	1:08.88 (36.13)			
4	Paynter, Abby	12	Mako Swimming	1:11.10	1:08.91 14U
	33.20	1:08.91 (35.71)			
5	Steiling, Charlotte	12	York Swim Club of Northern Vir	1:11.31	1:09.91 14U
	31.58	1:09.91 (38.33)			
6	Salerno, Genevieve	11	Fairfax Foxes Swimming	1:12.03	1:10.25 14U
	32.58	1:10.25 (37.67)			
7	Negrelli, Ana	11	The Fish	1:13.53	1:10.64 14U
	32.77	1:10.64 (37.87)			
8	Erwin, Amelia	11	The Fish	1:12.25	1:11.76 14U
	33.66	1:11.76 (38.10)			

Event 7 Girls 11-12 100 Yard Butterfly**58.49 SECT EZ Sectionals****1:03.99 SR PVS Open Champs****1:11.99 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Caruth, Avery	12	Nation's Capital Swim Club	1:07.71	1:04.95 14U
	30.41	1:04.95 (34.54)			
2	Vayra, Eva	12	Nation's Capital Swim Club	1:06.78	1:05.02 14U
	29.70	1:05.02 (35.32)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 7 Girls 11-12 100 Yard Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time	
3	Andrews, Caroline	12	York Swim Club of Northern Vir	1:11.15	1:09.64	14U
	32.22	1:09.64 (37.42)				
4	Paynter, Abby	12	Mako Swimming	1:14.96	1:11.10	14U
	34.13	1:11.10 (36.97)				
5	Steiling, Charlotte	12	York Swim Club of Northern Vir	1:20.85	1:11.31	14U
	31.67	1:11.31 (39.64)				
6	Salerno, Genevieve	11	Fairfax Foxes Swimming	1:15.65	1:12.03	
	32.56	1:12.03 (39.47)				
7	Erwin, Amelia	11	The Fish	1:14.20	1:12.25	
	34.41	1:12.25 (37.84)				
8	Negrelli, Ana	11	The Fish	1:17.45	1:13.53	
	33.18	1:13.53 (40.35)				
9	Zimmer, Raquel	12	The Capitol Sea Devils	1:19.69	1:14.05	
	34.50	1:14.05 (39.55)				
10	Walsh, Caitlin	12	York Swim Club of Northern Vir	1:28.83	1:14.23	
	32.84	1:14.23 (41.39)				
11	Vanderbeek, Adeline	12	Mako Swimming	1:16.89	1:14.40	
	34.16	1:14.40 (40.24)				
12	Bortner, Avery	11	Fairfax Foxes Swimming	1:17.01	1:15.22	
	34.92	1:15.22 (40.30)				
13	Springer, Sedona	11	Nation's Capital Swim Club	1:19.19	1:16.25	
	35.06	1:16.25 (41.19)				
14	McLain, Skyla	12	Nation's Capital Swim Club	1:18.07	1:17.57	
	35.34	1:17.57 (42.23)				
15	Kim, Ella	11	Mako Swimming	1:14.89	1:17.93	
	34.75	1:17.93 (43.18)				
16	Hanik, Bailey	11	Fairfax Foxes Swimming	1:20.11	1:18.17	
	36.68	1:18.17 (41.49)				
17	Boyle, Mollie	12	Herndon Aquatic Club	1:19.00	1:18.26	
	35.84	1:18.26 (42.42)				
18	Brown, Mallory	11	The Capitol Sea Devils	NT	1:19.19	
	36.91	1:19.19 (42.28)				
19	Falsone, Isabella	11	The Fish	1:21.03	1:20.86	
	37.50	1:20.86 (43.36)				
20	Segerson, Vivian	12	The Capitol Sea Devils	1:21.38	1:22.20	
	37.94	1:22.20 (44.26)				
21	Lewis, Laney	12	Mako Swimming	1:23.69	1:22.41	
	35.74	1:22.41 (46.67)				
22	Schmitz, Clara	12	The Fish	1:39.67	1:30.00	
	40.97	1:30.00 (49.03)				
23	Forde, Madison	11	York Swim Club of Northern Vir	1:42.75	1:30.11	
	41.16	1:30.11 (48.95)				
24	Fahle, Gryffin	11	York Swim Club of Northern Vir	NT	1:32.31	
	43.33	1:32.31 (48.98)				
25	Yoo, Delaney	11	The Fish	1:46.11	1:35.64	
	41.93	1:35.64 (53.71)				
---	Omara, Morrin	12	The Capitol Sea Devils	NT	DQ	
	Scissors kick					
	46.02	DQ (54.27)				

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 8 Boys 11-12 100 Yard Butterfly****53.19 SECT EZ Sectionals****57.29 SR PVS Open Champs****1:12.29 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Soukup, Aidan	12	Nation's Capital Swim Club	1:05.02	1:04.39	14U
	30.84		1:04.39 (33.55)			
2	Fulton, Simon	12	The Capitol Sea Devils	1:07.85	1:04.72	14U
	29.94		1:04.72 (34.78)			
3	Wahl, Liam	12	Mako Swimming	1:09.20	1:07.05	14U
	32.23		1:07.05 (34.82)			
4	Pelaez, Andrew	11	The Fish	1:14.02	1:08.58	14U
	31.89		1:08.58 (36.69)			
5	Klaiber, Owen	12	The Fish	1:11.60	1:08.73	14U
	32.02		1:08.73 (36.71)			
6	Major, Teddy	12	York Swim Club of Northern Vir	1:10.33	1:10.03	14U
	31.75		1:10.03 (38.28)			
7	Cooper, Henry	12	The Fish	1:10.76	1:10.36	14U
	32.07		1:10.36 (38.29)			
8	Kelly, Charlie	11	York Swim Club of Northern Vir	1:17.61	1:15.77	
	33.51		1:15.77 (42.26)			

Event 8 Boys 11-12 100 Yard Butterfly**53.19 SECT EZ Sectionals****57.29 SR PVS Open Champs****1:12.29 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Soukup, Aidan	12	Nation's Capital Swim Club	1:03.82	1:05.02	14U
	31.35		1:05.02 (33.67)			
2	Fulton, Simon	12	The Capitol Sea Devils	NT	1:07.85	14U
	30.92		1:07.85 (36.93)			
3	Wahl, Liam	12	Mako Swimming	1:12.30	1:09.20	14U
	12.71		1:09.20 (56.49)			
4	Major, Teddy	12	York Swim Club of Northern Vir	1:12.27	1:10.33	14U
	31.70		1:10.33 (38.63)			
5	Cooper, Henry	12	The Fish	1:11.00	1:10.76	14U
	32.64		1:10.76 (38.12)			
6	Klaiber, Owen	12	The Fish	1:09.88	1:11.60	14U
	32.80		1:11.60 (38.80)			
7	Pelaez, Andrew	11	The Fish	1:17.06	1:14.02	
	33.70		1:14.02 (40.32)			
8	Headd, Gus	12	The Capitol Sea Devils	1:21.43	1:14.22	
	33.23		1:14.22 (40.99)			
9	Flook, Liam	11	Mako Swimming	1:13.07	1:15.84	
	33.36		1:15.84 (42.48)			
10	Kelly, Charlie	11	York Swim Club of Northern Vir	1:15.22	1:17.61	
	36.25		1:17.61 (41.36)			
11	Dumas, Calibro	11	Fairfax Foxes Swimming	1:24.99	1:19.26	
	34.91		1:19.26 (44.35)			
12	Huey, Carter	12	The Fish	1:30.72	1:19.50	
	37.03		1:19.50 (42.47)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 8 Boys 11-12 100 Yard Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time
13	Mattos, Nicholas	12	The Capitol Sea Devils	1:18.37	1:19.94
	36.14	1:19.94 (43.80)			
14	Busen, Holden	12	Nation's Capital Swim Club	1:32.24	1:20.34
	36.34	1:20.34 (44.00)			
15	Jenks, Chase	11	York Swim Club of Northern Vir	1:26.67	1:24.88
	36.45	1:24.88 (48.43)			
16	Stewart, Hank	11	Mako Swimming	NT	1:25.95
	40.60	1:25.95 (45.35)			
17	Kimbler, Elijah	11	Mako Swimming	1:53.37	1:42.45
	41.79	1:42.45 (1:00.66)			
---	Brannan, Luke	11	York Swim Club of Northern Vir	NT	DQ
	Alternating Kick				
	39.67	DQ (50.37)			

Event 9 Girls 13-14 400 Yard IM**4:38.39 SECT EZ Sectionals****4:59.99 SR PVS Open Champs****5:00.99 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Busen, McKinley	14	Nation's Capital Swim Club	4:34.56	4:25.85 SECT
	28.74	1:00.38 (31.64)	1:33.11 (32.73)	2:06.91 (33.80)	
	2:45.53 (38.62)	3:26.09 (40.56)	3:55.62 (29.53)	4:25.85 (30.23)	
2	Morgan, Alexandra	14	Nation's Capital Swim Club	4:31.61	4:28.97 SECT
	27.13	58.46 (31.33)	1:32.50 (34.04)	2:06.60 (34.10)	
	2:45.42 (38.82)	3:25.47 (40.05)	3:57.78 (32.31)	4:28.97 (31.19)	
3	Tolar, Mackey	13	Nation's Capital Swim Club	4:38.65	4:36.10 SECT
	30.00	1:04.79 (34.79)	1:37.60 (32.81)	2:10.31 (32.71)	
	2:51.74 (41.43)	3:32.88 (41.14)	4:04.65 (31.77)	4:36.10 (31.45)	
4	Bendza, Corinne	14	Nation's Capital Swim Club	4:56.92	4:49.14 SR
	28.94	1:03.98 (35.04)	1:42.01 (38.03)	2:20.18 (38.17)	
	2:59.44 (39.26)	3:39.07 (39.63)	4:15.10 (36.03)	4:49.14 (34.04)	
5	Roth, Mei Mei	14	Unattached	4:57.06	4:53.34 SR
	30.59	1:05.66 (35.07)	1:44.23 (38.57)	2:22.68 (38.45)	
	3:05.33 (42.65)	3:48.15 (42.82)	4:21.56 (33.41)	4:53.34 (31.78)	
6	Malm, Hannah	14	The Capitol Sea Devils	5:06.69	4:58.68 SR
	30.48	1:05.96 (35.48)	1:44.17 (38.21)	2:21.13 (36.96)	
	3:07.80 (46.67)	3:52.03 (44.23)	4:26.52 (34.49)	4:58.68 (32.16)	
7	Klaiber, Anna	14	The Fish	4:59.51	4:59.34 SR
	31.60	1:08.33 (36.73)	1:47.38 (39.05)	2:26.06 (38.68)	
	3:08.30 (42.24)	3:52.26 (43.96)	4:26.55 (34.29)	4:59.34 (32.79)	
8	McEvoy, Isabel	14	The Capitol Sea Devils	5:10.97	5:06.89
	31.25	1:08.97 (37.72)	1:47.73 (38.76)	2:26.36 (38.63)	
	3:11.30 (44.94)	3:57.57 (46.27)	4:32.60 (35.03)	5:06.89 (34.29)	

Event 9 Girls 13-14 400 Yard IM**4:38.39 SECT EZ Sectionals****4:59.99 SR PVS Open Champs****5:00.99 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Morgan, Alexandra	14	Nation's Capital Swim Club	4:51.87	4:31.61 SECT
	27.62	59.78 (32.16)	1:34.57 (34.79)	2:09.10 (34.53)	
	2:48.36 (39.26)	3:28.81 (40.45)	4:00.38 (31.57)	4:31.61 (31.23)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 9 Girls 13-14 400 Yard IM)**

	Name	Age	Team	Seed Time	Prelim Time	
2	Busen, McKinley	14	Nation's Capital Swim Club	4:30.13	4:34.56	SECT
	27.99	1:01.12 (33.13)	1:35.31 (34.19)	2:09.76 (34.45)		
	2:50.18 (40.42)	3:30.98 (40.80)	4:03.32 (32.34)	4:34.56 (31.24)		
3	Tolar, Mackey	13	Nation's Capital Swim Club	4:39.42	4:38.65	SR
	29.47	1:03.45 (33.98)	1:37.19 (33.74)	2:10.02 (32.83)		
	2:52.76 (42.74)	3:35.36 (42.60)	4:07.26 (31.90)	4:38.65 (31.39)		
4	Steiner, Lilly	14	The Capitol Sea Devils	4:51.00	4:42.58	SR
	29.17	1:03.06 (33.89)	1:39.86 (36.80)	2:16.61 (36.75)		
	2:59.53 (42.92)	3:41.17 (41.64)	4:12.31 (31.14)	4:42.58 (30.27)		
5	Bendza, Corinne	14	Nation's Capital Swim Club	4:54.82	4:56.92	SR
	30.35	1:06.01 (35.66)	1:46.29 (40.28)	2:24.70 (38.41)		
	3:06.07 (41.37)	3:45.98 (39.91)	4:22.81 (36.83)	4:56.92 (34.11)		
6	Roth, Mei Mei	14	Unattached	5:25.53	4:57.06	SR
	31.53	1:08.65 (37.12)	1:47.91 (39.26)	2:27.49 (39.58)		
	3:11.21 (43.72)	3:53.67 (42.46)	4:26.53 (32.86)	4:57.06 (30.53)		
7	Klaiber, Anna	14	The Fish	5:03.63	4:59.51	SR
	31.32	1:08.11 (36.79)	1:45.79 (37.68)	2:24.09 (38.30)		
	3:08.04 (43.95)	3:51.55 (43.51)	4:26.10 (34.55)	4:59.51 (33.41)		
8	Malm, Hannah	14	The Capitol Sea Devils	5:12.46	5:06.69	
	30.50	1:07.09 (36.59)	1:45.80 (38.71)	2:23.90 (38.10)		
	3:09.84 (45.94)	3:56.17 (46.33)	4:32.10 (35.93)	5:06.69 (34.59)		
9	Caven, Fiona	14	Mako Swimming	NT	5:07.04	
	30.78	1:06.39 (35.61)	1:47.92 (41.53)	2:27.89 (39.97)		
	3:12.06 (44.17)	3:55.14 (43.08)	4:31.10 (35.96)	5:07.04 (35.94)		
10	McEvoy, Isabel	14	The Capitol Sea Devils	5:07.70	5:10.97	
	32.38	1:10.32 (37.94)	1:48.90 (38.58)	2:27.63 (38.73)		
	3:13.51 (45.88)	4:00.43 (46.92)	4:35.95 (35.52)	5:10.97 (35.02)		
11	Springer, Summer	13	Nation's Capital Swim Club	NT	5:11.81	
	34.27	1:14.33 (40.06)	1:52.72 (38.39)	2:33.29 (40.57)		
	3:14.80 (41.51)	3:56.70 (41.90)	4:35.44 (38.74)	5:11.81 (36.37)		
12	Young, Jessica	14	The Fish	5:21.01	5:17.72	
	32.99	1:13.13 (40.14)	1:54.82 (41.69)	2:38.18 (43.36)		
	3:21.43 (43.25)	4:05.61 (44.18)	4:42.53 (36.92)	5:17.72 (35.19)		
13	Trimble, Grace	13	York Swim Club of Northern Vir	NT	5:53.46	
	37.53	1:20.72 (43.19)		2:57.41 ()		
	3:46.84 (49.43)	4:35.83 (48.99)	5:14.74 (38.91)	5:53.46 (38.72)		
14	Melendrez, Ava	14	Fairfax Foxes Swimming	NT	6:01.77	
	38.32	1:26.25 (47.93)	2:10.93 (44.68)	2:56.78 (45.85)		
	3:48.16 (51.38)	4:39.41 (51.25)	5:20.82 (41.41)	6:01.77 (40.95)		
---	Plath, Breanna	14	The Fish	5:39.49	DQ	
	Shoulders past vertical toward breast - back					
	34.70	1:15.96 (41.26)	2:39.57 (1:23.61)			
	3:29.12 ()	4:19.41 (50.29)	4:58.48 (39.07)	DQ (36.43)		

Event 10 Boys 13-14 400 Yard IM**4:15.09 SECT EZ Sectionals****4:35.29 SR PVS Open Champs****4:43.99 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Zhao, Darren	14	The Fish	4:39.01	4:39.73	14U
	27.34	59.34 (32.00)	1:35.34 (36.00)	2:12.30 (36.96)		
	2:52.92 (40.62)	3:33.57 (40.65)	4:07.08 (33.51)	4:39.73 (32.65)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****A - Final ... (Event 10 Boys 13-14 400 Yard IM)**

	Name	Age	Team	Prelim Time	Finals Time	
2	Leis, Jack	14	York Swim Club of Northern Vir	4:52.47	4:43.79	14U
	28.80	1:02.24 (33.44)	1:38.44 (36.20)	2:15.76 (37.32)		
	2:58.00 (42.24)	3:40.89 (42.89)	4:13.06 (32.17)	4:43.79 (30.73)		
3	Nielsen, Grant	14	Nation's Capital Swim Club	5:01.09	4:58.81	
	30.60	1:07.85 (37.25)	1:45.50 (37.65)	2:22.49 (36.99)		
	3:06.83 (44.34)	3:51.70 (44.87)	4:26.02 (34.32)	4:58.81 (32.79)		
4	Abel, Oly	14	The Fish	5:08.19	5:09.74	
	31.02	1:08.75 (37.73)	1:49.17 (40.42)	2:28.22 (39.05)		
	3:14.27 (46.05)	4:00.21 (45.94)	4:36.05 (35.84)	5:09.74 (33.69)		
5	Ledford, Miles	13	Arlington Aquatic Club	5:26.62	5:41.15	
	36.52	1:20.77 (44.25)	2:05.21 (44.44)	2:49.10 (43.89)		
	3:39.47 (50.37)	4:28.72 (49.25)	5:05.68 (36.96)	5:41.15 (35.47)		
6	Farahi, Peyton	13	Fairfax Foxes Swimming	5:48.34	5:46.93	
	36.39	1:20.43 (44.04)	2:06.26 (45.83)	2:52.13 (45.87)		
	3:38.62 (46.49)	4:27.63 (49.01)	5:07.79 (40.16)	5:46.93 (39.14)		

Event 10 Boys 13-14 400 Yard IM**4:15.09 SECT EZ Sectionals****4:35.29 SR PVS Open Champs****4:43.99 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Maher, Manu	14	Nation's Capital Swim Club	4:10.72	4:04.33	SECT
	25.30	55.29 (29.99)	1:26.94 (31.65)	1:57.45 (30.51)		
	2:33.47 (36.02)	3:09.52 (36.05)	3:37.46 (27.94)	4:04.33 (26.87)		
2	Zhao, Darren	14	The Fish	4:42.87	4:39.01	14U
	27.55	59.35 (31.80)	1:35.55 (36.20)	2:12.08 (36.53)		
	2:53.03 (40.95)	3:34.79 (41.76)	4:07.13 (32.34)	4:39.01 (31.88)		
3	Leis, Jack	14	York Swim Club of Northern Vir	5:04.73	4:52.47	
	29.91	1:04.34 (34.43)	1:42.06 (37.72)	2:20.61 (38.55)		
	3:04.25 (43.64)	3:47.08 (42.83)	4:21.03 (33.95)	4:52.47 (31.44)		
4	Nielsen, Grant	14	Nation's Capital Swim Club	5:33.72	5:01.09	
	29.75	1:07.66 (37.91)	1:46.12 (38.46)	2:23.47 (37.35)		
	3:09.50 (46.03)	3:53.91 (44.41)	4:28.13 (34.22)	5:01.09 (32.96)		
5	Abel, Oly	14	The Fish	5:09.32	5:08.19	
	30.87	1:09.15 (38.28)	1:49.09 (39.94)	2:29.36 (40.27)		
	3:13.18 (43.82)	3:58.64 (45.46)	4:33.73 (35.09)	5:08.19 (34.46)		
6	Ledford, Miles	13	Arlington Aquatic Club	NT	5:26.62	
	35.35	1:16.86 (41.51)	1:59.05 (42.19)	2:38.16 (39.11)		
	3:25.74 (47.58)	4:13.77 (48.03)	4:50.68 (36.91)	5:26.62 (35.94)		
7	Farahi, Peyton	13	Fairfax Foxes Swimming	NT	5:48.34	
	37.33	1:21.39 (44.06)	2:06.76 (45.37)	2:51.00 (44.24)		
	3:39.27 (48.27)	4:26.40 (47.13)	5:09.01 (42.61)	5:48.34 (39.33)		
---	Klepper, Ari	14	The Capitol Sea Devils	NT	DQ	
	One hand touch - breast					
	31.81	1:09.72 (37.91)	1:48.95 (39.23)	2:28.87 (39.92)		
	3:13.65 (44.78)	3:59.73 (46.08)	4:36.90 (37.17)	DQ (36.90)		
---	McCall, Billy	13	York Swim Club of Northern Vir	5:17.56	DQ	
	Delay initiating turn after past vertical - back					
	32.00	1:10.72 (38.72)	1:48.25 (37.53)	2:25.87 (37.62)		
	3:07.69 (41.82)	3:50.11 (42.42)	4:22.68 (32.57)	DQ (30.29)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 11 Girls 15-18 400 Yard IM****4:38.39 SECT EZ Sectionals****4:59.99 SR PVS Open Champs**

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Loftis, Ella	16	Nation's Capital Swim Club	4:26.94	4:25.84	SECT
	27.79	59.36 (31.57)	1:33.25 (33.89)	2:06.91 (33.66)		
	2:44.08 (37.17)	3:22.52 (38.44)	3:54.74 (32.22)	4:25.84 (31.10)		
2	Sherman, Lila	16	The Fish	4:42.81	4:31.40	SECT
	28.09	1:00.85 (32.76)	1:34.53 (33.68)	2:09.14 (34.61)		
	2:50.40 (41.26)	3:31.61 (41.21)	4:02.11 (30.50)	4:31.40 (29.29)		
3	Wahl, Lilly	15	Mako Swimming	4:58.81	4:53.16	SR
	31.40	1:08.25 (36.85)	1:44.47 (36.22)	2:20.62 (36.15)		
	3:02.64 (42.02)	3:45.00 (42.36)	4:19.89 (34.89)	4:53.16 (33.27)		
4	Gharakhanian, Audrey	16	York Swim Club of Northern Vir	5:04.13	5:01.01	
	31.27	1:08.37 (37.10)	1:49.29 (40.92)	2:28.51 (39.22)		
	3:09.53 (41.02)	3:50.09 (40.56)	4:26.91 (36.82)	5:01.01 (34.10)		
5	Kaplan, Yuki	15	York Swim Club of Northern Vir	5:31.89	5:28.49	
	35.29	1:14.29 (39.00)	1:55.47 (41.18)	2:34.89 (39.42)		
	3:22.66 (47.77)	4:09.73 (47.07)	4:50.40 (40.67)	5:28.49 (38.09)		

Event 11 Girls 15-18 400 Yard IM**4:38.39 SECT EZ Sectionals****4:59.99 SR PVS Open Champs**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Cory, McKenzie	15	Nation's Capital Swim Club	4:35.91	4:26.78	SECT
	28.50	1:01.24 (32.74)	1:33.03 (31.79)	2:05.54 (32.51)		
	2:44.45 (38.91)	3:24.48 (40.03)	3:55.89 (31.41)	4:26.78 (30.89)		
2	Loftis, Ella	16	Nation's Capital Swim Club	4:35.59	4:26.94	SECT
	28.17	59.73 (31.56)	1:34.29 (34.56)	2:07.98 (33.69)		
	2:45.56 (37.58)	3:23.94 (38.38)	3:55.83 (31.89)	4:26.94 (31.11)		
3	Ohara, Kalyn	16	Nation's Capital Swim Club	4:37.62	4:34.91	SECT
	28.70	1:02.08 (33.38)	1:36.32 (34.24)	2:11.34 (35.02)		
	2:50.38 (39.04)	3:31.57 (41.19)	4:03.92 (32.35)	4:34.91 (30.99)		
4	Sherman, Lila	16	The Fish	4:28.01	4:42.81	SR
	29.16	1:03.25 (34.09)	1:39.41 (36.16)	2:15.66 (36.25)		
	2:57.74 (42.08)	3:40.34 (42.60)	4:12.42 (32.08)	4:42.81 (30.39)		
5	Wahl, Lilly	15	Mako Swimming	5:03.53	4:58.81	SR
	30.88	1:08.12 (37.24)	1:45.72 (37.60)	2:23.40 (37.68)		
	3:06.26 (42.86)	3:49.50 (43.24)	4:24.75 (35.25)	4:58.81 (34.06)		
6	Gharakhanian, Audrey	16	York Swim Club of Northern Vir	5:01.52	5:04.13	
	32.58	1:09.35 (36.77)	1:49.78 (40.43)	2:29.27 (39.49)		
	3:09.35 (40.08)	3:50.74 (41.39)	4:27.82 (37.08)	5:04.13 (36.31)		
7	Dowler, Callie	17	Arlington Aquatic Club	NT	5:18.45	
	34.45	1:14.27 (39.82)	1:53.42 (39.15)	2:32.33 (38.91)		
	3:16.77 (44.44)	4:02.08 (45.31)	4:40.83 (38.75)	5:18.45 (37.62)		
8	Kaplan, Yuki	15	York Swim Club of Northern Vir	NT	5:31.89	
	35.19	1:15.98 (40.79)	1:56.72 (40.74)	2:36.05 (39.33)		
	3:22.81 (46.76)	4:12.05 (49.24)	4:52.79 (40.74)	5:31.89 (39.10)		
9	Kimsey, Zoe	15	Herndon Aquatic Club	NT	5:33.18	
	35.83	1:15.81 (39.98)	1:58.55 (42.74)	2:41.77 (43.22)		
	3:27.97 (46.20)	4:15.52 (47.55)	4:55.02 (39.50)	5:33.18 (38.16)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 12 Boys 15-18 400 Yard IM****4:15.09 SECT EZ Sectionals****4:35.29 SR PVS Open Champs**

Name		Age	Team	Prelim Time	Finals Time	
A - Final						
1	Mullen, Paul	18	Nation's Capital Swim Club	4:12.24	4:04.59	SECT
	25.60	53.25 (27.65)	1:24.21 (30.96)	1:54.78 (30.57)		
	2:31.14 (36.36)	3:06.99 (35.85)	3:36.16 (29.17)	4:04.59 (28.43)		
2	Godlove, Carter	17	The Fish	4:16.36	4:16.26	SR
	27.03	57.66 (30.63)	1:30.45 (32.79)	2:02.68 (32.23)		
	2:40.87 (38.19)	3:19.07 (38.20)	3:47.58 (28.51)	4:16.26 (28.68)		
3	Barlotta, Connor	16	Nation's Capital Swim Club	4:23.81	4:20.90	SR
	26.18	55.41 (29.23)	1:29.14 (33.73)	2:02.48 (33.34)		
	2:41.52 (39.04)	3:20.09 (38.57)	3:51.02 (30.93)	4:20.90 (29.88)		
4	Bockman, Isaac	16	The Fish	4:34.02	4:22.68	SR
	27.90	59.35 (31.45)	1:33.09 (33.74)	2:06.33 (33.24)		
	2:43.99 (37.66)	3:22.80 (38.81)	3:53.62 (30.82)	4:22.68 (29.06)		
5	Cantrell, William	17	Nation's Capital Swim Club	4:28.38	4:28.87	SR
	27.88	57.77 (29.89)	1:33.60 (35.83)	2:08.50 (34.90)		
	2:47.95 (39.45)	3:28.47 (40.52)	3:59.34 (30.87)	4:28.87 (29.53)		
6	Johnson, Finn	15	The Capitol Sea Devils	4:30.11	4:33.05	SR
	27.65	1:01.81 (34.16)	1:38.84 (37.03)	2:14.68 (35.84)		
	2:55.63 (40.95)	3:36.08 (40.45)	4:05.01 (28.93)	4:33.05 (28.04)		
7	Philipov, Michael	16	Nation's Capital Swim Club	4:38.00	4:39.07	
	26.80	57.37 (30.57)	1:32.22 (34.85)	2:05.66 (33.44)		
	2:50.94 (45.28)	3:35.67 (44.73)	4:08.23 (32.56)	4:39.07 (30.84)		
8	Salazar, JT	15	The Fish	4:36.62	4:40.64	
	28.96	1:02.65 (33.69)	1:38.99 (36.34)	2:14.91 (35.92)		
	2:56.69 (41.78)	3:38.02 (41.33)	4:09.97 (31.95)	4:40.64 (30.67)		

Event 12 Boys 15-18 400 Yard IM**4:15.09 SECT EZ Sectionals****4:35.29 SR PVS Open Champs**

Name		Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Haggard, Bruno	17	York Swim Club of Northern Vir	4:09.33	4:01.77	SECT
	24.92	53.39 (28.47)	1:23.90 (30.51)	1:54.42 (30.52)		
	2:30.14 (35.72)	3:06.11 (35.97)	3:34.72 (28.61)	4:01.77 (27.05)		
2	Mullen, Paul	18	Nation's Capital Swim Club	4:03.03	4:12.24	SECT
	25.20	53.83 (28.63)	1:26.36 (32.53)	1:58.50 (32.14)		
	2:34.76 (36.26)	3:13.04 (38.28)	3:43.04 (30.00)	4:12.24 (29.20)		
3	Godlove, Carter	17	The Fish	4:13.49	4:16.36	SR
	27.29	57.98 (30.69)	1:31.01 (33.03)	2:03.01 (32.00)		
	2:40.84 (37.83)	3:18.58 (37.74)	3:47.54 (28.96)	4:16.36 (28.82)		
4	Barlotta, Connor	16	Nation's Capital Swim Club	4:33.41	4:23.81	SR
	25.96	55.86 (29.90)	1:30.14 (34.28)	2:03.60 (33.46)		
	2:44.05 (40.45)	3:23.42 (39.37)	3:53.92 (30.50)	4:23.81 (29.89)		
5	Cantrell, William	17	Nation's Capital Swim Club	4:33.46	4:28.38	SR
	27.18	58.30 (31.12)	1:34.61 (36.31)	2:09.32 (34.71)		
	2:48.87 (39.55)	3:28.87 (40.00)	3:59.22 (30.35)	4:28.38 (29.16)		
6	Johnson, Finn	15	The Capitol Sea Devils	4:31.19	4:30.11	SR
	27.92	1:01.43 (33.51)	1:37.19 (35.76)	2:12.18 (34.99)		
	2:53.33 (41.15)	3:34.10 (40.77)	4:02.79 (28.69)	4:30.11 (27.32)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 12 Boys 15-18 400 Yard IM)**

	Name	Age	Team	Seed Time	Prelim Time	
7	Bockman, Isaac	16	The Fish	4:30.86	4:34.02	SR
	29.31	1:02.69 (33.38)	1:37.88 (35.19)	2:12.67 (34.79)		
	2:51.19 (38.52)	3:30.93 (39.74)	4:03.14 (32.21)	4:34.02 (30.88)		
8	Salazar, JT	15	The Fish	4:40.87	4:36.62	
	29.69	1:02.68 (32.99)	1:38.84 (36.16)	2:13.53 (34.69)		
	2:54.75 (41.22)	3:36.25 (41.50)	4:06.80 (30.55)	4:36.62 (29.82)		
9	Philipov, Michael	16	Nation's Capital Swim Club	4:50.15	4:38.00	
	27.35	57.88 (30.53)	1:32.88 (35.00)	2:06.11 (33.23)		
	2:51.04 (44.93)	3:35.42 (44.38)	4:07.75 (32.33)	4:38.00 (30.25)		
10	Pozo, Theo	15	Herndon Aquatic Club	4:49.97	4:57.17	
	30.91	1:08.27 (37.36)	1:46.73 (38.46)	2:25.54 (38.81)		
	3:07.72 (42.18)	3:51.84 (44.12)	4:25.61 (33.77)	4:57.17 (31.56)		
11	Wright, Miles	16	Arlington Aquatic Club	5:09.43	5:02.24	
	30.70	1:06.67 (35.97)	1:45.63 (38.96)	2:24.44 (38.81)		
	3:06.86 (42.42)	3:50.95 (44.09)	4:27.32 (36.37)	5:02.24 (34.92)		
12	Bunnell, Christopher	17	Herndon Aquatic Club	NT	5:58.28	
	34.52	1:20.73 (46.21)	2:08.39 (47.66)	2:55.61 (47.22)		
	3:46.47 (50.86)	4:36.49 (50.02)	5:21.86 (45.37)	5:58.28 (36.42)		
13	Lang, Armwell	17	The Capitol Sea Devils	5:58.86	6:20.27	
	37.63	1:22.48 (44.85)	2:11.23 (48.75)	2:58.59 (47.36)		
	3:52.20 (53.61)	4:47.74 (55.54)	5:35.35 (47.61)	6:20.27 (44.92)		
---	Fahle, Keaghan	17	York Swim Club of Northern Vir	5:18.16	DQ	
	False start - Misc					
	27.60	1:00.65 (33.05)	1:36.81 (36.16)	2:11.68 (34.87)		
	2:54.51 (42.83)	3:37.42 (42.91)	4:07.37 (29.95)	DQ (28.45)		

Event 13 Girls 11-12 200 Yard Breaststroke**2:29.39 SECT EZ Sectionals****2:39.99 SR PVS Open Champs****2:54.09 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Morgan, Alex	12	Mako Swimming	2:27.27	2:24.90	SECT
	33.53	1:09.44 (35.91)	1:46.57 (37.13)	2:24.90 (38.33)		
2	Flanagan, Claire	11	Mako Swimming	2:46.48	2:41.16	14U
	35.79	1:16.59 (40.80)	1:58.78 (42.19)	2:41.16 (42.38)		
3	Carroll, Izzie	11	Mako Swimming	2:49.31	2:46.45	14U
	38.80	1:21.38 (42.58)	2:04.59 (43.21)	2:46.45 (41.86)		
4	Carroll, Hannah	12	Mako Swimming	2:50.95	2:48.83	14U
	36.34	1:17.81 (41.47)	2:03.71 (45.90)	2:48.83 (45.12)		
5	Howard, Serena	12	Mako Swimming	2:53.87	2:51.00	14U
	39.23	1:22.25 (43.02)	2:06.74 (44.49)	2:51.00 (44.26)		
6	Bortner, Avery	11	Fairfax Foxes Swimming	2:59.42	2:55.25	
	39.84	1:24.51 (44.67)	2:10.03 (45.52)	2:55.25 (45.22)		
7	Brown, Mallory	11	The Capitol Sea Devils	2:58.55	2:57.11	
	38.96	1:21.75 (42.79)	2:07.99 (46.24)	2:57.11 (49.12)		
8	Erwin, Amelia	11	The Fish	3:01.48	2:58.29	
	41.43	1:26.44 (45.01)	2:12.15 (45.71)	2:58.29 (46.14)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 13 Girls 11-12 200 Yard Breaststroke****2:29.39 SECT EZ Sectionals****2:39.99 SR PVS Open Champs****2:54.09 14U PVS 14U Championship**

Name		Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Morgan, Alex	12	Mako Swimming	2:29.47	2:27.27	SECT
	33.39	1:10.73 (37.34)	1:49.48 (38.75)	2:27.27 (37.79)		
2	Flanagan, Claire	11	Mako Swimming	2:41.67	2:46.48	14U
	36.78	1:18.70 (41.92)	2:01.64 (42.94)	2:46.48 (44.84)		
3	Carroll, Izzie	11	Mako Swimming	3:04.53	2:49.31	14U
	39.93	1:23.38 (43.45)	2:06.42 (43.04)	2:49.31 (42.89)		
4	Carroll, Hannah	12	Mako Swimming	2:49.21	2:50.95	14U
	37.22	1:20.94 (43.72)	2:06.29 (45.35)	2:50.95 (44.66)		
5	Howard, Serena	12	Mako Swimming	2:55.71	2:53.87	14U
	39.42	1:24.63 (45.21)	2:08.28 (43.65)	2:53.87 (45.59)		
6	Brown, Mallory	11	The Capitol Sea Devils	3:30.04	2:58.55	
	39.94	1:24.23 (44.29)	2:10.66 (46.43)	2:58.55 (47.89)		
7	Bortner, Avery	11	Fairfax Foxes Swimming	3:31.87	2:59.42	
	41.08	1:27.26 (46.18)	2:14.68 (47.42)	2:59.42 (44.74)		
8	Erwin, Amelia	11	The Fish	3:05.38	3:01.48	
	43.43	1:29.97 (46.54)	2:16.28 (46.31)	3:01.48 (45.20)		
9	Baghai, Nila	12	The Fish	3:07.48	3:02.48	
	40.58	1:26.32 (45.74)	2:14.42 (48.10)	3:02.48 (48.06)		
10	Boyd, Charlie	12	York Swim Club of Northern Vir	3:08.11	3:02.86	
	42.71	1:30.14 (47.43)	2:17.29 (47.15)	3:02.86 (45.57)		
11	Hetzel, Julia Grace	12	The Capitol Sea Devils	3:23.11	3:03.05	
	41.05	1:28.35 (47.30)	2:16.61 (48.26)	3:03.05 (46.44)		
12	McShane, Rachel	12	York Swim Club of Northern Vir	3:18.45	3:08.82	
	43.25	1:30.49 (47.24)	2:19.02 (48.53)	3:08.82 (49.80)		
13	Negrelli, Ana	11	The Fish	NT	3:09.08	
	44.50	1:32.87 (48.37)	2:22.60 (49.73)	3:09.08 (46.48)		
14	Sahin, Payton	11	York Swim Club of Northern Vir	3:21.78	3:10.11	
	40.48	1:27.59 (47.11)	2:20.36 (52.77)	3:10.11 (49.75)		
15	Simpson, Delaney	11	Fairfax Foxes Swimming	3:21.20	3:13.89	
	45.03	1:34.83 (49.80)	2:24.02 (49.19)	3:13.89 (49.87)		
16	Olsen, Ingrid	12	The Capitol Sea Devils	3:33.81	3:14.45	
	42.46	1:32.36 (49.90)	2:23.85 (51.49)	3:14.45 (50.60)		
17	Draughon, Scarlett	11	The Capitol Sea Devils	NT	3:17.86	
	47.18	1:37.84 (50.66)	2:27.44 (49.60)	3:17.86 (50.42)		
18	Sause, Nora	11	Nation's Capital Swim Club	3:38.02	3:20.48	
	47.16	1:39.28 (52.12)	2:31.26 (51.98)	3:20.48 (49.22)		
19	Zheng, Charlotte	11	The Fish	3:32.34	3:22.02	
	48.05	1:39.24 (51.19)	2:31.62 (52.38)	3:22.02 (50.40)		
20	Kiernan, Sinead	12	York Swim Club of Northern Vir	NT	3:25.71	
	48.23	1:42.10 (53.87)	2:34.86 (52.76)	3:25.71 (50.85)		
21	Hiscock, Ellie	11	The Capitol Sea Devils	3:37.96	3:26.67	
	46.39	1:39.40 (53.01)	2:33.62 (54.22)	3:26.67 (53.05)		
22	Magnuson, Sydney	11	York Swim Club of Northern Vir	NT	3:28.43	
	46.93	1:40.53 (53.60)	2:34.97 (54.44)	3:28.43 (53.46)		
23	Yoo, Delaney	11	The Fish	3:31.20	3:30.76	
	46.54	1:40.53 (53.99)	2:36.81 (56.28)	3:30.76 (53.95)		
24	Abraham, Sophia	11	The St. James	3:30.82	3:32.64	
	47.77	1:41.14 (53.37)	2:37.70 (56.56)	3:32.64 (54.94)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 13 Girls 11-12 200 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
25	Smith, Lexi	12	Mako Swimming	NT	3:36.43
	48.40	1:46.04 (57.64)	2:41.49 (55.45)	3:36.43 (54.94)	
26	Fawsett, Katie	12	The Capitol Sea Devils	NT	3:37.54
	47.81	1:47.65 (59.84)	2:38.72 (51.07)	3:37.54 (58.82)	
27	Omara, Morrin	12	The Capitol Sea Devils	NT	3:43.24
	51.95	1:49.75 (57.80)	2:47.06 (57.31)	3:43.24 (56.18)	
28	Juarez, Vivian	12	The Capitol Sea Devils	NT	3:51.65
	51.26	1:51.09 (59.83)	2:51.03 (59.94)	3:51.65 (1:00.62)	

Event 14 Boys 11-12 200 Yard Breaststroke**2:14.99 SECT EZ Sectionals****2:23.99 SR PVS Open Champs****2:53.69 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Kelly, Charlie	12	The Capitol Sea Devils	2:23.18	2:21.21 SR
	32.91	1:08.73 (35.82)	1:45.61 (36.88)	2:21.21 (35.60)	
2	Moh, Evan	12	Mako Swimming	2:36.74	2:34.48 14U
	34.23	1:12.37 (38.14)	1:54.25 (41.88)	2:34.48 (40.23)	
3	Friedman, Benjamin	12	York Swim Club of Northern Vir	2:49.82	2:47.05 14U
	38.05	1:20.49 (42.44)	2:03.39 (42.90)	2:47.05 (43.66)	
4	Herbert, Mason	12	Mako Swimming	2:46.92	2:49.22 14U
	37.31	1:20.56 (43.25)	2:05.29 (44.73)	2:49.22 (43.93)	
5	Klaiber, Owen	12	The Fish	2:50.21	2:49.55 14U
	37.94	1:21.62 (43.68)	2:06.57 (44.95)	2:49.55 (42.98)	
6	Guthner, Lucas	12	Mako Swimming	2:54.66	2:49.78 14U
	37.43	1:20.27 (42.84)	2:06.40 (46.13)	2:49.78 (43.38)	
7	Lindroos, Ciaran	12	York Swim Club of Northern Vir	2:50.17	2:50.01 14U
	38.45	1:21.91 (43.46)	2:05.97 (44.06)	2:50.01 (44.04)	
8	Hartman, Charlie	12	Nation's Capital Swim Club	2:52.62	2:53.88
	38.72	1:23.78 (45.06)	2:09.24 (45.46)	2:53.88 (44.64)	

Event 14 Boys 11-12 200 Yard Breaststroke**2:14.99 SECT EZ Sectionals****2:23.99 SR PVS Open Champs****2:53.69 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Kelly, Charlie	12	The Capitol Sea Devils	2:30.34	2:23.18 SR
	33.51	1:09.86 (36.35)	1:46.54 (36.68)	2:23.18 (36.64)	
2	Moh, Evan	12	Mako Swimming	2:38.59	2:36.74 14U
	35.58	1:16.15 (40.57)	1:56.90 (40.75)	2:36.74 (39.84)	
3	Herbert, Mason	12	Mako Swimming	3:04.43	2:46.92 14U
	37.18	1:19.41 (42.23)	2:04.09 (44.68)	2:46.92 (42.83)	
4	Friedman, Benjamin	12	York Swim Club of Northern Vir	2:58.99	2:49.82 14U
	39.11	1:22.20 (43.09)	2:05.66 (43.46)	2:49.82 (44.16)	
5	Lindroos, Ciaran	12	York Swim Club of Northern Vir	2:57.99	2:50.17 14U
	39.43	1:21.57 (42.14)	2:05.87 (44.30)	2:50.17 (44.30)	
6	Klaiber, Owen	12	The Fish	2:49.63	2:50.21 14U
	37.29	1:20.64 (43.35)	2:05.34 (44.70)	2:50.21 (44.87)	
7	Hartman, Charlie	12	Nation's Capital Swim Club	NT	2:52.62 14U
	39.28	1:24.14 (44.86)	2:09.01 (44.87)	2:52.62 (43.61)	
8	Guthner, Lucas	12	Mako Swimming	NT	2:54.66
	39.63	1:26.34 (46.71)	2:12.72 (46.38)	2:54.66 (41.94)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 14 Boys 11-12 200 Yard Breaststroke)**

	Name	Age	Team		
9	Somov, Maxim	11	The Capitol Sea Devils	3:10.56	2:56.38
	38.74	1:22.44 (43.70)	2:08.99 (46.55)	2:56.38 (47.39)	
10	Nault, Jericho	12	Herndon Aquatic Club	3:18.92	2:58.27
	40.80	1:26.11 (45.31)	2:14.92 (48.81)	2:58.27 (43.35)	
11	Hylton, Bryson	12	The Fish	NT	3:05.72
	41.81	1:29.28 (47.47)	2:19.03 (49.75)	3:05.72 (46.69)	
12	Curtin, Aiden	11	Mako Swimming	3:37.62	3:05.97
	42.14	1:29.47 (47.33)	2:18.93 (49.46)	3:05.97 (47.04)	
13	Ma, Mario	12	The Fish	3:14.52	3:07.68
	43.52	1:31.27 (47.75)	2:20.25 (48.98)	3:07.68 (47.43)	
14	DiGaudio, Luke	12	York Swim Club of Northern Vir	3:35.22	3:14.43
	42.65	1:32.29 (49.64)	2:23.40 (51.11)	3:14.43 (51.03)	
15	Williams, Archer	11	The Fish	3:43.60	3:15.19
	41.66	1:32.52 (50.86)	2:25.98 (53.46)	3:15.19 (49.21)	
16	Butcher, Benny	12	The Capitol Sea Devils	3:34.98	3:24.05
	44.31	1:37.00 (52.69)	2:30.30 (53.30)	3:24.05 (53.75)	
17	Coombs, Sawyer	11	The Capitol Sea Devils	NT	3:41.12
	47.25	1:45.62 (58.37)	2:44.90 (59.28)	3:41.12 (56.22)	
18	Misiaszek, Max	12	The Capitol Sea Devils	NT	4:20.72
	55.80	2:02.20 (1:06.40)	3:15.10 (1:12.90)	4:20.72 (1:05.62)	

Event 15 Girls 13-14 200 Yard Breaststroke**2:29.39 SECT EZ Sectionals****2:39.99 14U PVS 14U Championship****2:39.99 SR PVS Open Champs**

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Roth, Anna	14	Nation's Capital Swim Club	2:25.67	2:23.83	SECT
	33.08	1:09.17 (36.09)	1:46.15 (36.98)	2:23.83 (37.68)		
2	Walther, Rio	14	Nation's Capital Swim Club	2:30.44	2:24.69	SECT
	32.97	1:09.89 (36.92)	1:47.16 (37.27)	2:24.69 (37.53)		
3	Haggard, Esme	14	York Swim Club of Northern Vir	2:36.74	2:33.03	14U
	34.43	1:13.39 (38.96)	1:52.85 (39.46)	2:33.03 (40.18)		
4	Mullen, Violet	13	Nation's Capital Swim Club	2:31.52	2:34.14	14U
	35.70	1:14.53 (38.83)	1:54.11 (39.58)	2:34.14 (40.03)		
5	Kriz, Alexa	14	York Swim Club of Northern Vir	2:38.66	2:35.81	14U
	35.06	1:14.43 (39.37)	1:54.59 (40.16)	2:35.81 (41.22)		
6	Oconnell, Nomi	13	The Fish	2:41.65	2:37.89	14U
	34.93	1:14.72 (39.79)	1:56.18 (41.46)	2:37.89 (41.71)		
7	Meth, Sophia	13	The Capitol Sea Devils	2:40.96	2:42.53	
	35.96	1:16.50 (40.54)	1:59.37 (42.87)	2:42.53 (43.16)		
8	Donnelly, Molly	13	Mako Swimming	2:42.95	2:44.49	
	38.04	1:19.40 (41.36)	2:02.86 (43.46)	2:44.49 (41.63)		
B - Final						
9	Young, Jessica	14	The Fish	2:42.97	2:37.42	14U
	34.67	1:14.82 (40.15)	1:55.13 (40.31)	2:37.42 (42.29)		
10	Garr, Sydney	14	Mako Swimming	2:44.82	2:45.53	
	37.78	1:19.81 (42.03)	2:02.28 (42.47)	2:45.53 (43.25)		
11	Willie, Skyler	13	Mako Swimming	2:48.61	2:48.77	
	39.13	1:21.02 (41.89)	2:04.57 (43.55)	2:48.77 (44.20)		
12	Scully, Lila	13	York Swim Club of Northern Vir	2:53.95	2:50.17	
	38.38	1:21.61 (43.23)	2:05.66 (44.05)	2:50.17 (44.51)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****B - Final ... (Event 15 Girls 13-14 200 Yard Breaststroke)**

	Name	Age	Team	Prelim Time	Finals Time
13	Collins, Brooke	14	The Fish	2:50.79	2:50.51
	38.11	1:21.76 (43.65)	2:06.87 (45.11)	2:50.51 (43.64)	
14	LaMonica, Eloise	13	York Swim Club of Northern Vir	2:52.48	2:50.85
	38.90	1:21.95 (43.05)	2:07.37 (45.42)	2:50.85 (43.48)	
15	Redding, Amelia	14	York Swim Club of Northern Vir	2:51.58	2:53.75
	40.08	1:24.61 (44.53)	2:08.67 (44.06)	2:53.75 (45.08)	
16	Wood, Audrey	14	The Capitol Sea Devils	2:54.38	2:55.39
	38.56	1:23.98 (45.42)	2:11.40 (47.42)	2:55.39 (43.99)	

Event 15 Girls 13-14 200 Yard Breaststroke**2:29.39 SECT EZ Sectionals****2:39.99 14U PVS 14U Championship****2:39.99 SR PVS Open Champs**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Roth, Anna	14	Nation's Capital Swim Club	2:24.05	2:25.67 SECT
	33.70	1:10.82 (37.12)	1:48.34 (37.52)	2:25.67 (37.33)	
2	Walther, Rio	14	Nation's Capital Swim Club	2:27.51	2:30.44 14U
	34.40	1:12.82 (38.42)	1:51.74 (38.92)	2:30.44 (38.70)	
3	Mullen, Violet	13	Nation's Capital Swim Club	2:31.21	2:31.52 14U
	34.75	1:12.74 (37.99)	1:51.96 (39.22)	2:31.52 (39.56)	
4	Haggard, Esme	14	York Swim Club of Northern Vir	2:31.11	2:36.74 14U
	36.57	1:16.05 (39.48)	1:56.49 (40.44)	2:36.74 (40.25)	
5	Kriz, Alexa	14	York Swim Club of Northern Vir	2:37.56	2:38.66 14U
	35.33	1:15.66 (40.33)	1:57.84 (42.18)	2:38.66 (40.82)	
6	Meth, Sophia	13	The Capitol Sea Devils	2:44.60	2:40.96
	35.64	1:15.53 (39.89)	1:57.67 (42.14)	2:40.96 (43.29)	
7	Oconnell, Nomi	13	The Fish	2:39.28	2:41.65
	36.08	1:17.11 (41.03)	1:59.32 (42.21)	2:41.65 (42.33)	
8	Donnelly, Molly	13	Mako Swimming	2:50.12	2:42.95
	37.82	1:19.78 (41.96)	2:01.25 (41.47)	2:42.95 (41.70)	
9	Young, Jessica	14	The Fish	2:39.02	2:42.97
	35.91	1:17.28 (41.37)	2:01.18 (43.90)	2:42.97 (41.79)	
10	Garr, Sydney	14	Mako Swimming	2:48.92	2:44.82
	37.24	1:19.27 (42.03)	2:01.86 (42.59)	2:44.82 (42.96)	
11	Willie, Skyler	13	Mako Swimming	3:11.19	2:48.61
	38.44	1:21.44 (43.00)	2:04.66 (43.22)	2:48.61 (43.95)	
12	Collins, Brooke	14	The Fish	2:54.61	2:50.79
	39.02	1:21.65 (42.63)	2:07.05 (45.40)	2:50.79 (43.74)	
13	Redding, Amelia	14	York Swim Club of Northern Vir	2:59.38	2:51.58
	39.65	1:22.96 (43.31)	2:06.73 (43.77)	2:51.58 (44.85)	
14	LaMonica, Eloise	13	York Swim Club of Northern Vir	2:49.96	2:52.48
	38.88	1:22.60 (43.72)	2:07.37 (44.77)	2:52.48 (45.11)	
15	Scully, Lila	13	York Swim Club of Northern Vir	2:54.22	2:53.95
	38.42	1:22.55 (44.13)	2:07.84 (45.29)	2:53.95 (46.11)	
16	Wood, Audrey	14	The Capitol Sea Devils	3:05.70	2:54.38
	39.33	1:23.38 (44.05)	2:08.80 (45.42)	2:54.38 (45.58)	
17	Ortiz, Ellie	14	York Swim Club of Northern Vir	3:06.50	2:56.22
	40.14	1:24.74 (44.60)	2:10.33 (45.59)	2:56.22 (45.89)	
18	Olsen, Evelyn	14	The Capitol Sea Devils	3:25.41	3:10.36
	41.71	1:30.57 (48.86)	2:20.87 (50.30)	3:10.36 (49.49)	
19	Adams, Lucie	14	The Capitol Sea Devils	NT	3:18.32
	43.99	1:34.06 (50.07)	2:26.93 (52.87)	3:18.32 (51.39)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 15 Girls 13-14 200 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
20	Cristinzio, Anna	13	The Capitol Sea Devils	3:33.78	3:18.43
	43.31	1:34.09 (50.78)	2:26.53 (52.44)	3:18.43 (51.90)	
---	Jones, Islita	13	The Capitol Sea Devils	3:30.30	DQ
	47.95	1:39.76 (51.81)	2:34.67 (54.91)	DQ (51.31)	

Event 16 Boys 13-14 200 Yard Breaststroke**2:14.99 SECT EZ Sectionals****2:23.99 SR PVS Open Champs****2:31.39 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Maher, Manu	14	Nation's Capital Swim Club	2:09.36	2:09.68 SECT
	29.08	1:02.03 (32.95)	1:36.19 (34.16)	2:09.68 (33.49)	
2	Scott, Liam	14	Nation's Capital Swim Club	2:18.15	2:18.68 SR
	30.58	1:05.00 (34.42)	1:41.71 (36.71)	2:18.68 (36.97)	
3	Chan, Jaxon	13	Mako Swimming	2:28.77	2:25.66 14U
	32.84	1:10.02 (37.18)	1:47.74 (37.72)	2:25.66 (37.92)	
4	Bussey, Joseph	13	The Capitol Sea Devils	2:25.79	2:27.57 14U
	33.71	1:10.76 (37.05)	1:49.37 (38.61)	2:27.57 (38.20)	
5	Suggs, Dylan	13	The Capitol Sea Devils	2:29.91	2:28.95 14U
	32.69	1:10.37 (37.68)	1:49.86 (39.49)	2:28.95 (39.09)	
6	Heeb, Gavin	13	Nation's Capital Swim Club	2:28.81	2:29.93 14U
	33.01	1:11.15 (38.14)	1:51.15 (40.00)	2:29.93 (38.78)	
7	Maier, Jack	13	Mako Swimming	2:33.34	2:30.65 14U
	33.83	1:12.69 (38.86)	1:51.24 (38.55)	2:30.65 (39.41)	
8	King, Andrew	13	Mako Swimming	2:34.01	2:31.59
	34.56	1:12.92 (38.36)	1:51.78 (38.86)	2:31.59 (39.81)	
B - Final					
9	Kim, Jonah	13	Mako Swimming	2:37.65	2:32.87
	34.40	1:14.07 (39.67)	1:53.61 (39.54)	2:32.87 (39.26)	
10	Smith, Henry	14	Nation's Capital Swim Club	2:36.41	2:33.09
	34.33	1:13.23 (38.90)	1:53.15 (39.92)	2:33.09 (39.94)	
11	Klepper, Ari	14	The Capitol Sea Devils	2:41.51	2:39.20
	34.71	1:14.47 (39.76)	1:56.35 (41.88)	2:39.20 (42.85)	
12	Greene, Phillip	13	Mako Swimming	2:40.05	2:39.26
	35.79	1:16.52 (40.73)	1:57.81 (41.29)	2:39.26 (41.45)	
13	Fortune, Sam	14	Mako Swimming	2:54.02	2:58.17
	40.38	1:25.29 (44.91)	2:12.10 (46.81)	2:58.17 (46.07)	
14	Maloney, Max	13	The Capitol Sea Devils	3:07.96	3:01.41
	40.48	1:24.28 (43.80)	2:14.78 (50.50)	3:01.41 (46.63)	
15	Abosaid, Simon	13	Mako Swimming	3:09.54	3:07.17
	40.84	1:28.48 (47.64)	2:18.64 (50.16)	3:07.17 (48.53)	
16	Hawksworth, Andrew	14	The Capitol Sea Devils	3:13.20	3:15.06
	45.32	1:35.44 (50.12)	2:25.49 (50.05)	3:15.06 (49.57)	

Event 16 Boys 13-14 200 Yard Breaststroke**2:14.99 SECT EZ Sectionals****2:23.99 SR PVS Open Champs****2:31.39 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Maher, Manu	14	Nation's Capital Swim Club	2:18.61	2:09.36 SECT
	29.08	1:01.80 (32.72)	1:35.78 (33.98)	2:09.36 (33.58)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 16 Boys 13-14 200 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time	
2	Scott, Liam	14	Nation's Capital Swim Club	2:24.20	2:18.15	SR
	31.72	1:05.70 (33.98)	1:42.40 (36.70)	2:18.15 (35.75)		
3	Bussey, Joseph	13	The Capitol Sea Devils	2:32.49	2:25.79	14U
	32.62	1:09.77 (37.15)	1:48.09 (38.32)	2:25.79 (37.70)		
4	Chan, Jaxon	13	Mako Swimming	2:37.55	2:28.77	14U
	34.47	1:11.38 (36.91)	1:51.52 (40.14)	2:28.77 (37.25)		
5	Heeb, Gavin	13	Nation's Capital Swim Club	2:55.65	2:28.81	14U
	33.14	1:11.55 (38.41)	1:50.13 (38.58)	2:28.81 (38.68)		
6	Suggs, Dylan	13	The Capitol Sea Devils	2:31.98	2:29.91	14U
	32.37	1:11.80 (39.43)	1:50.32 (38.52)	2:29.91 (39.59)		
7	Maier, Jack	13	Mako Swimming	2:48.43	2:33.34	
	35.73	1:15.05 (39.32)	1:54.63 (39.58)	2:33.34 (38.71)		
8	King, Andrew	13	Mako Swimming	2:48.06	2:34.01	
	35.02	1:14.13 (39.11)	1:54.42 (40.29)	2:34.01 (39.59)		
9	Smith, Henry	14	Nation's Capital Swim Club	2:42.41	2:36.41	
	34.19	1:13.23 (39.04)	1:55.06 (41.83)	2:36.41 (41.35)		
10	Kim, Jonah	13	Mako Swimming	2:43.47	2:37.65	
	35.30	1:14.80 (39.50)	1:56.76 (41.96)	2:37.65 (40.89)		
11	Greene, Phillip	13	Mako Swimming	2:49.97	2:40.05	
	35.83	1:16.23 (40.40)	1:58.69 (42.46)	2:40.05 (41.36)		
12	Klepper, Ari	14	The Capitol Sea Devils	2:42.64	2:41.51	
	35.60	1:16.35 (40.75)	1:59.27 (42.92)	2:41.51 (42.24)		
13	Fortune, Sam	14	Mako Swimming	2:53.41	2:54.02	
	37.93	1:23.04 (45.11)	2:09.35 (46.31)	2:54.02 (44.67)		
14	Maloney, Max	13	The Capitol Sea Devils	NT	3:07.96	
	41.26	1:31.69 (50.43)	2:21.96 (50.27)	3:07.96 (46.00)		
15	Abosaid, Simon	13	Mako Swimming	NT	3:09.54	
	43.19	1:32.78 (49.59)	2:23.45 (50.67)	3:09.54 (46.09)		
16	Hawksworth, Andrew	14	The Capitol Sea Devils	3:16.26	3:13.20	
	44.82	1:34.72 (49.90)	2:24.83 (50.11)	3:13.20 (48.37)		
---	Whittemore, Nathan	13	The Fish	NT	DQ	
	Non-simultaneous arms					
	39.14	1:25.76 (46.62)	2:13.77 (48.01)	DQ (47.33)		

Event 17 Girls 15-18 200 Yard Breaststroke**2:29.39 SECT EZ Sectionals****2:39.99 SR PVS Open Champs**

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Sullivan, Anna	17	York Swim Club of Northern Vir	2:28.67	2:26.80	SECT
	33.00	1:09.71 (36.71)	1:48.82 (39.11)	2:26.80 (37.98)		
2	Ohara, Kalyn	16	Nation's Capital Swim Club	2:27.40	2:27.74	SECT
	32.77	1:10.14 (37.37)	1:48.84 (38.70)	2:27.74 (38.90)		
3	Gharakhanian, Audrey	16	York Swim Club of Northern Vir	2:37.42	2:35.39	SR
	36.09	1:14.39 (38.30)	1:54.74 (40.35)	2:35.39 (40.65)		
4	Fulton, Evelyn	16	The Capitol Sea Devils	2:38.03	2:37.47	SR
	35.51	1:15.05 (39.54)	1:55.74 (40.69)	2:37.47 (41.73)		
5	Hughes, Sydney	16	The Fish	2:37.57	2:38.10	SR
	35.79	1:16.30 (40.51)	1:57.18 (40.88)	2:38.10 (40.92)		
6	Tasber, Casey	16	The Fish	2:40.80	2:38.56	SR
	36.64	1:16.95 (40.31)	1:57.98 (41.03)	2:38.56 (40.58)		
7	Ladd, Ruth	16	The Capitol Sea Devils	2:45.47	2:47.09	
	36.37	1:18.85 (42.48)	2:02.87 (44.02)	2:47.09 (44.22)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****A - Final ... (Event 17 Girls 15-18 200 Yard Breaststroke)**

Name	Age	Team	Prelim Time	Finals Time
8 Waller, Elli	15	The Fish	2:45.24	2:47.75
38.44	1:20.80 (42.36)	2:04.20 (43.40)	2:47.75 (43.55)	

B - Final

9 Gramlich, Hazel	15	York Swim Club of Northern Vir	2:46.31	2:40.47
36.77	1:17.10 (40.33)	1:59.76 (42.66)	2:40.47 (40.71)	
10 Fitzgerald, Maya	16	Arlington Aquatic Club	2:48.21	2:42.09
37.74	1:19.08 (41.34)	2:01.49 (42.41)	2:42.09 (40.60)	
11 Le Sage, Charlotte	15	The Capitol Sea Devils	2:47.35	2:42.38
35.70	1:17.20 (41.50)	2:00.06 (42.86)	2:42.38 (42.32)	
12 Rosa, Amaya	16	York Swim Club of Northern Vir	2:47.81	2:43.07
36.08	1:16.90 (40.82)	1:59.76 (42.86)	2:43.07 (43.31)	
13 Colon, Ava	16	Mako Swimming	2:49.56	2:44.70
34.87	1:15.46 (40.59)	1:59.36 (43.90)	2:44.70 (45.34)	
14 Falsone, Sofia	15	The Fish	3:14.08	3:13.43
40.95	1:31.53 (50.58)	2:22.15 (50.62)	3:13.43 (51.28)	
15 Lin, Marissa	15	The Fish	3:26.31	3:25.05
46.00	1:38.32 (52.32)	2:32.93 (54.61)	3:25.05 (52.12)	
16 Tillman, Aaliyah	15	Herndon Aquatic Club	3:41.76	3:33.75
48.02	1:42.47 (54.45)	2:38.52 (56.05)	3:33.75 (55.23)	

Event 17 Girls 15-18 200 Yard Breaststroke**2:29.39 SECT EZ Sectionals****2:39.99 SR PVS Open Champs**

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Ohara, Kalyn	16	Nation's Capital Swim Club	2:31.02	2:27.40 SECT
32.48	1:10.22 (37.74)	1:48.79 (38.57)	2:27.40 (38.61)	
2 Sullivan, Anna	17	York Swim Club of Northern Vir	2:28.29	2:28.67 SECT
34.50	1:11.79 (37.29)	1:50.57 (38.78)	2:28.67 (38.10)	
3 Gharakhanian, Audrey	16	York Swim Club of Northern Vir	2:34.20	2:37.42 SR
35.97	1:15.29 (39.32)	1:56.25 (40.96)	2:37.42 (41.17)	
4 Hughes, Sydney	16	The Fish	2:37.71	2:37.57 SR
36.92	1:16.29 (39.37)	1:57.39 (41.10)	2:37.57 (40.18)	
5 Fulton, Evelyn	16	The Capitol Sea Devils	2:42.31	2:38.03 SR
36.53	1:16.13 (39.60)	1:57.15 (41.02)	2:38.03 (40.88)	
6 Tasber, Casey	16	The Fish	2:47.19	2:40.80
36.95	1:17.86 (40.91)	1:59.28 (41.42)	2:40.80 (41.52)	
7 Waller, Elli	15	The Fish	2:46.62	2:45.24
38.71	1:20.48 (41.77)	2:03.50 (43.02)	2:45.24 (41.74)	
8 Ladd, Ruth	16	The Capitol Sea Devils	2:43.62	2:45.47
36.04	1:17.83 (41.79)	2:01.14 (43.31)	2:45.47 (44.33)	
9 Gramlich, Hazel	15	York Swim Club of Northern Vir	2:52.30	2:46.31
37.98	1:20.42 (42.44)	2:03.47 (43.05)	2:46.31 (42.84)	
10 Le Sage, Charlotte	15	The Capitol Sea Devils	2:46.56	2:47.35
37.40	1:20.19 (42.79)	2:04.18 (43.99)	2:47.35 (43.17)	
11 Rosa, Amaya	16	York Swim Club of Northern Vir	2:54.49	2:47.81
38.88	1:21.62 (42.74)	2:04.71 (43.09)	2:47.81 (43.10)	
12 Fitzgerald, Maya	16	Arlington Aquatic Club	NT	2:48.21
38.71	1:21.95 (43.24)	2:04.99 (43.04)	2:48.21 (43.22)	
13 Colon, Ava	16	Mako Swimming	2:48.05	2:49.56
36.54	1:18.70 (42.16)	2:03.71 (45.01)	2:49.56 (45.85)	
14 Popp, Miriam	16	Arlington Aquatic Club	3:10.36	3:04.80
42.20	1:29.60 (47.40)	2:17.22 (47.62)	3:04.80 (47.58)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 17 Girls 15-18 200 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
15	Falsone, Sofia	15	The Fish	3:05.32	3:14.08
	42.36	1:30.39 (48.03)	2:23.00 (52.61)	3:14.08 (51.08)	
16	Lin, Marissa	15	The Fish	3:26.41	3:26.31
	45.76	1:38.30 (52.54)	2:32.57 (54.27)	3:26.31 (53.74)	
17	Tillman, Aaliyah	15	Herndon Aquatic Club	3:46.01	3:41.76
	48.40	1:47.72 (59.32)	2:46.78 (59.06)	3:41.76 (54.98)	
---	Yurcisin, Vivi	16	The Capitol Sea Devils	2:47.02	DQ
	False start				
	37.92	1:20.36 (42.44)	2:05.04 (44.68)	DQ (43.35)	

Event 18 Boys 15-18 200 Yard Breaststroke**2:14.99 SECT EZ Sectionals****2:23.99 SR PVS Open Champs**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Garvin, Parris	18	Pava Panthers Swim Club	2:02.90	2:03.06 SECT
	27.92	59.46 (31.54)	1:31.25 (31.79)	2:03.06 (31.81)	
2	Mullen, Paul	18	Nation's Capital Swim Club	2:16.65	2:13.07 SECT
	30.10	1:05.03 (34.93)	1:39.63 (34.60)	2:13.07 (33.44)	
3	Guthrie, Hunter	17	The Fish	2:19.07	2:16.42 SR
	29.79	1:04.35 (34.56)	1:40.38 (36.03)	2:16.42 (36.04)	
4	Smouha, Jackson	16	Nation's Capital Swim Club	2:19.07	2:18.08 SR
	30.91	1:06.41 (35.50)	1:42.39 (35.98)	2:18.08 (35.69)	
5	Rogers, Zane	17	Nation's Capital Swim Club	2:21.66	2:19.63 SR
	31.17	1:07.45 (36.28)	1:43.61 (36.16)	2:19.63 (36.02)	
6	Steele, Bennett	16	Pava Panthers Swim Club	2:20.21	2:20.83 SR
	31.30	1:06.89 (35.59)	1:43.96 (37.07)	2:20.83 (36.87)	
7	Walther, Tyson	17	Arlington Aquatic Club	2:22.62	2:22.73 SR
	31.70	1:07.78 (36.08)	1:44.71 (36.93)	2:22.73 (38.02)	
8	Godlove, Carter	17	The Fish	2:21.45	2:24.44
	31.63	1:07.76 (36.13)	1:46.00 (38.24)	2:24.44 (38.44)	
B - Final					
9	Tan, Zachary	17	York Swim Club of Northern Vir	2:23.80	2:15.21 SR
	30.48	1:04.41 (33.93)	1:38.96 (34.55)	2:15.21 (36.25)	
10	Young, Marcus	16	The Fish	2:25.20	2:21.18 SR
	31.13	1:06.69 (35.56)	1:43.70 (37.01)	2:21.18 (37.48)	
11	Hume, Rafi	16	The Capitol Sea Devils	2:28.63	2:23.35 SR
	31.83	1:07.76 (35.93)	1:46.31 (38.55)	2:23.35 (37.04)	
12	Kohnno, Sean	16	Nation's Capital Swim Club	2:31.83	2:33.33
	34.58	1:13.89 (39.31)	1:53.87 (39.98)	2:33.33 (39.46)	
13	Chiquitucto, Christian	15	The Capitol Sea Devils	2:41.14	2:33.69
	33.60	1:12.58 (38.98)	1:53.57 (40.99)	2:33.69 (40.12)	
14	Hernandez-Giblin, Javier	16	The Fish	2:32.26	2:38.68
	36.25	1:15.69 (39.44)	1:56.78 (41.09)	2:38.68 (41.90)	
15	Winthrop, Nate	15	The Fish	2:38.18	2:39.35
	35.05	1:15.54 (40.49)	1:57.36 (41.82)	2:39.35 (41.99)	
16	Gallton, Zach	15	The Capitol Sea Devils	2:41.53	2:42.39
	35.38	1:15.54 (40.16)	1:59.53 (43.99)	2:42.39 (42.86)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 18 Boys 15-18 200 Yard Breaststroke****2:14.99 SECT EZ Sectionals****2:23.99 SR PVS Open Champs**

Name		Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Garvin, Parris	18	Pava Panthers Swim Club	2:02.37	2:02.90	SECT
	27.25	57.93 (30.68)	1:30.16 (32.23)	2:02.90 (32.74)		
2	Mullen, Paul	18	Nation's Capital Swim Club	2:18.96	2:16.65	SR
	31.78	1:06.94 (35.16)	1:42.17 (35.23)	2:16.65 (34.48)		
3	Campet, Luke	17	York Swim Club of Northern Vir	2:15.51	2:16.83	SR
	30.35	1:05.69 (35.34)	1:41.02 (35.33)	2:16.83 (35.81)		
*4	Smouha, Jackson	16	Nation's Capital Swim Club	2:27.58	2:19.07	SR
	31.43	1:06.75 (35.32)	1:43.03 (36.28)	2:19.07 (36.04)		
*4	Guthrie, Hunter	17	The Fish	2:20.69	2:19.07	SR
	30.10	1:05.29 (35.19)	1:42.29 (37.00)	2:19.07 (36.78)		
6	Steele, Bennett	16	Pava Panthers Swim Club	2:18.99	2:20.21	SR
	31.29	1:06.86 (35.57)	1:42.96 (36.10)	2:20.21 (37.25)		
7	Godlove, Carter	17	The Fish	2:21.45	2:21.45	SR
	32.09	1:08.06 (35.97)	1:44.86 (36.80)	2:21.45 (36.59)		
8	Rogers, Zane	17	Nation's Capital Swim Club	2:24.71	2:21.66	SR
	31.61	1:07.88 (36.27)	1:44.58 (36.70)	2:21.66 (37.08)		
9	Walther, Tyson	17	Arlington Aquatic Club	2:23.27	2:22.62	SR
	32.15	1:07.78 (35.63)	1:44.84 (37.06)	2:22.62 (37.78)		
10	Tan, Zachary	17	York Swim Club of Northern Vir	2:17.68	2:23.80	SR
	32.19	1:08.29 (36.10)	1:45.29 (37.00)	2:23.80 (38.51)		
11	Young, Marcus	16	The Fish	2:20.51	2:25.20	
	32.56	1:09.99 (37.43)	1:48.45 (38.46)	2:25.20 (36.75)		
12	Hume, Rafi	16	The Capitol Sea Devils	2:21.42	2:28.63	
	34.00	1:11.60 (37.60)	1:49.88 (38.28)	2:28.63 (38.75)		
13	Kohn, Sean	16	Nation's Capital Swim Club	2:38.21	2:31.83	
	34.42	1:12.83 (38.41)	1:52.65 (39.82)	2:31.83 (39.18)		
14	Hernandez-Giblin, Javier	16	The Fish	2:36.15	2:32.26	
	33.42	1:12.38 (38.96)	1:52.37 (39.99)	2:32.26 (39.89)		
15	McCleary, Carter	15	Fairfax Foxes Swimming	2:40.58	2:33.00	
	33.70	1:11.78 (38.08)	1:52.10 (40.32)	2:33.00 (40.90)		
16	Winthrop, Nate	15	The Fish	2:52.24	2:38.18	
	34.58	1:14.12 (39.54)	1:55.61 (41.49)	2:38.18 (42.57)		
17	Chiquitucto, Christian	15	The Capitol Sea Devils	2:48.02	2:41.14	
	34.87	1:13.60 (38.73)	1:56.58 (42.98)	2:41.14 (44.56)		
18	Gallton, Zach	15	The Capitol Sea Devils	NT	2:41.53	
	35.47	1:15.80 (40.33)	1:57.85 (42.05)	2:41.53 (43.68)		
19	Wright, Miles	16	Arlington Aquatic Club	2:39.43	2:42.37	
	37.98	1:18.92 (40.94)	2:01.29 (42.37)	2:42.37 (41.08)		
20	Bunnell, Christopher	17	Herndon Aquatic Club	NT	2:54.06	
	38.79	1:23.55 (44.76)	2:08.72 (45.17)	2:54.06 (45.34)		
21	Bechtle, JJ	16	York Swim Club of Northern Vir	NT	2:56.17	
	38.39	1:23.32 (44.93)	2:09.24 (45.92)	2:56.17 (46.93)		
22	Lang, Armwell	17	The Capitol Sea Devils	3:12.90	3:21.65	
	42.57	1:33.59 (51.02)	2:27.30 (53.71)	3:21.65 (54.35)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 19 Girls 11-12 200 Yard Backstroke****2:08.89 SECT EZ Sectionals****2:17.79 SR PVS Open Champs****2:31.39 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Paynter, Abby	12	Mako Swimming	2:26.36	2:20.96	14U
	32.70	1:08.30 (35.60)	1:45.52 (37.22)	2:20.96 (35.44)		
2	Erwin, Amelia	11	The Fish	2:28.70	2:27.68	14U
	34.62	1:11.83 (37.21)	1:50.07 (38.24)	2:27.68 (37.61)		
3	Andrews, Caroline	12	York Swim Club of Northern Vir	2:28.34	2:27.76	14U
	33.71	1:10.92 (37.21)	1:50.39 (39.47)	2:27.76 (37.37)		
4	Maher, Emma	11	Nation's Capital Swim Club	2:29.88	2:30.07	14U
	34.11	1:11.85 (37.74)	1:51.93 (40.08)	2:30.07 (38.14)		
5	Morgan, Alex	12	Mako Swimming	2:33.79	2:30.83	14U
	35.24	1:13.22 (37.98)	1:52.32 (39.10)	2:30.83 (38.51)		
6	Howard, Serena	12	Mako Swimming	2:34.14	2:32.45	
	36.21	1:15.33 (39.12)	1:54.79 (39.46)	2:32.45 (37.66)		
7	Salerno, Genevieve	11	Fairfax Foxes Swimming	2:34.43	2:33.29	
	35.17	1:13.89 (38.72)	1:54.14 (40.25)	2:33.29 (39.15)		
8	Aurilio, Natalie	12	The Capitol Sea Devils	2:34.68	2:34.45	
	34.99	1:14.45 (39.46)	1:54.85 (40.40)	2:34.45 (39.60)		

Event 19 Girls 11-12 200 Yard Backstroke**2:08.89 SECT EZ Sectionals****2:17.79 SR PVS Open Champs****2:31.39 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Paynter, Abby	12	Mako Swimming	2:31.69	2:26.36	14U
	1:12.60	1:51.04 (38.44)	2:26.36 (35.32)			
2	Andrews, Caroline	12	York Swim Club of Northern Vir	2:30.28	2:28.34	14U
	34.96	1:12.54 (37.58)	1:50.86 (38.32)	2:28.34 (37.48)		
3	Erwin, Amelia	11	The Fish	2:31.71	2:28.70	14U
	35.06	1:13.03 (37.97)	1:51.30 (38.27)	2:28.70 (37.40)		
4	Maher, Emma	11	Nation's Capital Swim Club	NT	2:29.88	14U
	34.96	1:12.90 (37.94)	1:52.76 (39.86)	2:29.88 (37.12)		
5	Morgan, Alex	12	Mako Swimming	NT	2:33.79	
	1:15.40	1:55.08 (39.68)	2:33.79 (38.71)			
6	Howard, Serena	12	Mako Swimming	2:42.90	2:34.14	
	36.57	1:16.09 (39.52)	1:55.75 (39.66)	2:34.14 (38.39)		
7	Salerno, Genevieve	11	Fairfax Foxes Swimming	2:47.72	2:34.43	
	1:14.42	1:55.08 (40.66)	2:34.43 (39.35)			
8	Aurilio, Natalie	12	The Capitol Sea Devils	2:49.92	2:34.68	
	36.13	1:14.80 (38.67)	1:55.82 (41.02)	2:34.68 (38.86)		
9	Kim, Ella	11	Mako Swimming	NT	2:35.39	
	45.82	1:27.53 (41.71)	2:07.03 (39.50)	2:35.39 (28.36)		
10	Kosowski, Julia	11	Mako Swimming	2:35.09	2:35.40	
	36.79	1:16.67 (39.88)	1:57.15 (40.48)	2:35.40 (38.25)		
11	Segerson, Vivian	12	The Capitol Sea Devils	NT	2:37.88	
	36.94	1:59.08 (1:22.14)	2:42.45 (43.37)	2:37.88 ()		
12	Pozo, Josie	11	Herndon Aquatic Club	2:55.02	2:37.89	
	37.73	1:18.18 (40.45)	1:59.28 (41.10)	2:37.89 (38.61)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 19 Girls 11-12 200 Yard Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
13	Steiling, Charlotte	12	York Swim Club of Northern Vir	NT	2:43.16
	40.28	1:21.75 (41.47)	2:02.89 (41.14)	2:43.16 (40.27)	
14	Lewis, Laney	12	Mako Swimming	2:38.45	2:43.90
	1:19.51	2:01.79 (42.28)	2:43.90 (42.11)		
15	Hanik, Bailey	11	Fairfax Foxes Swimming	2:46.31	2:44.36
	39.85	1:21.76 (41.91)	2:03.88 (42.12)	2:44.36 (40.48)	
16	Falsone, Isabella	11	The Fish	2:57.53	2:50.51
	1:23.41	2:07.97 (44.56)	2:50.51 (42.54)		
17	Gibbs, Evelyn	11	Mako Swimming	NT	2:54.90
	41.48	1:27.01 (45.53)	2:13.49 (46.48)	2:54.90 (41.41)	
18	Simpson, Delaney	11	Fairfax Foxes Swimming	3:08.52	3:02.14
	43.30	1:30.15 (46.85)	2:17.21 (47.06)	3:02.14 (44.93)	
19	Litzler, Lucy	12	York Swim Club of Northern Vir	3:13.99	3:03.12
	40.46	3:03.12 (2:22.66)	3:03.12 ()		
20	Schmitz, Clara	12	The Fish	3:29.74	3:04.29
	42.26	1:29.23 (46.97)	2:18.45 (49.22)	3:04.29 (45.84)	
21	Smith, Lexi	12	Mako Swimming	NT	3:04.90
	43.10	2:20.99 (1:37.89)	3:04.90 (43.91)		
22	Zheng, Charlotte	11	The Fish	NT	3:18.70
	48.00	1:39.11 (51.11)	3:18.70 (1:39.59)		
23	Abraham, Sophia	11	The St. James	3:06.70	3:18.84
	46.16	1:37.04 (50.88)	2:29.02 (51.98)	3:18.84 (49.82)	
---	Baghai, Nila	12	The Fish	3:13.53	DQ
	Delay initiating turn after past vertical				
	44.39	1:31.41 (47.02)	2:18.53 (47.12)	DQ (45.81)	

Event 20 Boys 11-12 200 Yard Backstroke**1:58.59 SECT EZ Sectionals****2:07.99 SR PVS Open Champs****2:32.69 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Kelly, Charlie	12	The Capitol Sea Devils	2:09.75	2:08.44 14U
	31.02	1:03.62 (32.60)	1:36.54 (32.92)	2:08.44 (31.90)	
2	Hartman, Charlie	12	Nation's Capital Swim Club	2:17.21	2:16.19 14U
	32.10	1:07.42 (35.32)	1:42.41 (34.99)	2:16.19 (33.78)	
3	Maier, Will	11	Mako Swimming	2:22.15	2:20.45 14U
	32.65	1:08.36 (35.71)	1:44.65 (36.29)	2:20.45 (35.80)	
4	Soderlund, Josh	11	Nation's Capital Swim Club	2:18.81	2:21.53 14U
	32.43	1:08.80 (36.37)	1:45.22 (36.42)	2:21.53 (36.31)	
5	Cooper, Henry	12	The Fish	2:23.69	2:22.19 14U
	32.84	1:08.25 (35.41)	1:45.82 (37.57)	2:22.19 (36.37)	
6	Fulton, Simon	12	The Capitol Sea Devils	2:22.55	2:24.40 14U
	33.56	1:09.91 (36.35)	1:47.64 (37.73)	2:24.40 (36.76)	
7	Johnson, Reid	11	The Capitol Sea Devils	2:30.42	2:27.90 14U
	34.62	1:12.61 (37.99)	1:50.96 (38.35)	2:27.90 (36.94)	
8	Major, Teddy	12	York Swim Club of Northern Vir	2:29.72	2:28.35 14U
	34.84	1:12.92 (38.08)	1:51.36 (38.44)	2:28.35 (36.99)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 20 Boys 11-12 200 Yard Backstroke****1:58.59 SECT EZ Sectionals****2:07.99 SR PVS Open Champs****2:32.69 14U PVS 14U Championship**

Name		Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Kelly, Charlie	12	The Capitol Sea Devils	2:27.26	2:09.75 14U
	31.89	1:05.95 (34.06)	1:38.85 (32.90)	2:09.75 (30.90)	
2	Hartman, Charlie	12	Nation's Capital Swim Club	2:36.62	2:17.21 14U
	31.64	1:06.12 (34.48)	1:42.41 (36.29)	2:17.21 (34.80)	
3	Soderlund, Josh	11	Nation's Capital Swim Club	NT	2:18.81 14U
	32.83	1:07.95 (35.12)	1:43.56 (35.61)	2:18.81 (35.25)	
4	Maier, Will	11	Mako Swimming	2:21.76	2:22.15 14U
	32.96	1:08.95 (35.99)	1:45.93 (36.98)	2:22.15 (36.22)	
5	Fulton, Simon	12	The Capitol Sea Devils	NT	2:22.55 14U
	33.41	1:10.31 (36.90)	1:47.76 (37.45)	2:22.55 (34.79)	
6	Cooper, Henry	12	The Fish	2:20.49	2:23.69 14U
	33.36	1:09.87 (36.51)	1:47.49 (37.62)	2:23.69 (36.20)	
7	Major, Teddy	12	York Swim Club of Northern Vir	2:43.91	2:29.72 14U
	34.34	1:13.03 (38.69)	1:51.84 (38.81)	2:29.72 (37.88)	
8	Johnson, Reid	11	The Capitol Sea Devils	NT	2:30.42 14U
	36.44	1:15.32 (38.88)	1:54.28 (38.96)	2:30.42 (36.14)	
9	Owens, Harrison	12	York Swim Club of Northern Vir	NT	2:33.06
	36.14	1:14.58 (38.44)	1:54.22 (39.64)	2:33.06 (38.84)	
10	Parks, Nicholas	11	York Swim Club of Northern Vir	2:39.39	2:34.69
	36.14	1:15.54 (39.40)	1:55.80 (40.26)	2:34.69 (38.89)	
11	Pinilla, Lulu	12	Mako Swimming	2:38.49	2:35.44
	37.06	1:16.88 (39.82)	1:56.87 (39.99)	2:35.44 (38.57)	
12	Casteel, Zach	12	Fairfax Foxes Swimming	NT	2:35.62
	34.40	1:13.63 (39.23)	1:53.05 (39.42)	2:35.62 (42.57)	
13	Mattos, Nicholas	12	The Capitol Sea Devils	NT	2:44.51
	39.13	2:03.95 (1:24.82)	2:44.51 (40.56)		
14	Williams, Archer	11	The Fish	3:06.24	2:46.95
	38.67	1:21.71 (43.04)	2:05.99 (44.28)	2:46.95 (40.96)	
15	Curtin, Aiden	11	Mako Swimming	NT	2:47.48
	39.22	1:22.56 (43.34)	2:06.10 (43.54)	2:47.48 (41.38)	
16	Ma, Mario	12	The Fish	NT	2:48.05
	39.94	1:22.72 (42.78)	2:05.88 (43.16)	2:48.05 (42.17)	
17	Major, Henry	11	York Swim Club of Northern Vir	NT	2:52.78
	39.95	1:22.33 (42.38)	2:07.82 (45.49)	2:52.78 (44.96)	
18	Neal, Lewis	12	Mako Swimming	3:09.47	2:56.29
	42.35	1:27.09 (44.74)	2:13.75 (46.66)	2:56.29 (42.54)	
19	Brannan, Luke	11	York Swim Club of Northern Vir	NT	3:00.13
	41.41	1:26.17 (44.76)	2:12.89 (46.72)	3:00.13 (47.24)	
---	Hylton, Bryson	12	The Fish	3:12.46	DQ
	Delay initiating turn after past vertical				
	39.01	1:22.59 (43.58)	2:08.02 (45.43)	DQ (44.09)	
---	Pelaez, Andrew	11	The Fish	2:31.53	DQ
	Shoulders past vertical toward breast				
	34.61	1:12.90 (38.29)	1:51.68 (38.78)	DQ (39.40)	
---	Stewart, Hank	11	Mako Swimming	NT	DQ
	Delay initiating turn after past vertical				
	42.42	1:27.62 (45.20)	2:11.54 (43.92)	DQ (42.57)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 20 Boys 11-12 200 Yard Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
--- Sloan, Nicholas	11	The Capitol Sea Devils	NT	DNF
Did not finish				
55.78	1:55.77 (59.99)			

Event 21 Girls 13-14 200 Yard Backstroke**2:08.89 SECT EZ Sectionals****2:17.79 SR PVS Open Champs****2:17.99 14U PVS 14U Championship**

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Steiner, Lilly	14	The Capitol Sea Devils	2:12.53	2:10.84 SR
29.85	1:02.81 (32.96)	1:36.86 (34.05)	2:10.84 (33.98)	
2 Carroll, Maddie	14	Mako Swimming	2:14.57	2:12.64 SR
30.37	1:03.37 (33.00)	1:37.90 (34.53)	2:12.64 (34.74)	
3 McHenry, Ziva	13	The Fish	2:15.10	2:14.49 SR
31.85	1:06.12 (34.27)	1:40.30 (34.18)	2:14.49 (34.19)	
4 Walther, Rio	14	Nation's Capital Swim Club	2:16.52	2:15.14 SR
31.90	1:05.93 (34.03)	1:41.18 (35.25)	2:15.14 (33.96)	
5 Malm, Hannah	14	The Capitol Sea Devils	2:19.65	2:18.08
33.02	1:07.63 (34.61)	1:43.08 (35.45)	2:18.08 (35.00)	
6 Howard, Gwyn	14	Mako Swimming	2:19.51	2:18.10
32.85	1:07.77 (34.92)	1:43.36 (35.59)	2:18.10 (34.74)	
7 Vayra, Emilia	14	Nation's Capital Swim Club	2:17.53	2:19.67
32.67	1:08.43 (35.76)	1:44.38 (35.95)	2:19.67 (35.29)	
8 Morgan, Annabelle	14	Nation's Capital Swim Club	2:19.15	2:22.84
32.17	1:07.66 (35.49)	1:45.35 (37.69)	2:22.84 (37.49)	

B - Final

9 Alper, Aspen	14	The Capitol Sea Devils	2:20.67	2:19.35
32.25	1:07.25 (35.00)	1:43.15 (35.90)	2:19.35 (36.20)	
10 Springer, Summer	13	Nation's Capital Swim Club	2:25.23	2:21.66
32.48	1:08.56 (36.08)	1:46.08 (37.52)	2:21.66 (35.58)	
11 Kim, Gina	13	Mako Swimming	2:24.99	2:22.14
32.45	1:07.85 (35.40)	1:45.80 (37.95)	2:22.14 (36.34)	
12 Roth, Mei Mei	14	Unattached	2:23.77	2:23.03
34.51	1:11.61 (37.10)	1:48.48 (36.87)	2:23.03 (34.55)	
13 Nogales, Allegra	14	Nation's Capital Swim Club	2:24.52	2:24.93
34.47	1:11.37 (36.90)	1:49.03 (37.66)	2:24.93 (35.90)	
14 Caven, Fiona	14	Mako Swimming	2:27.94	2:26.03
34.18	1:10.98 (36.80)	1:48.66 (37.68)	2:26.03 (37.37)	
15 Joesten, Annika	14	Nation's Capital Swim Club	2:26.78	2:26.29
34.75	1:11.05 (36.30)	1:49.35 (38.30)	2:26.29 (36.94)	
16 Bendza, Corinne	14	Nation's Capital Swim Club	2:25.22	2:26.80
33.58	1:11.73 (38.15)	1:50.47 (38.74)	2:26.80 (36.33)	

Event 21 Girls 13-14 200 Yard Backstroke**2:08.89 SECT EZ Sectionals****2:17.79 SR PVS Open Champs****2:17.99 14U PVS 14U Championship**

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Steiner, Lilly	14	The Capitol Sea Devils	2:16.52	2:12.53 SR
30.52	1:03.58 (33.06)	1:37.81 (34.23)	2:12.53 (34.72)	
2 Carroll, Maddie	14	Mako Swimming	2:16.52	2:14.57 SR
31.82	1:05.89 (34.07)	1:40.21 (34.32)	2:14.57 (34.36)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 21 Girls 13-14 200 Yard Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time	
3	McHenry, Ziva	13	The Fish	2:18.34	2:15.10	SR
	31.68	1:06.27 (34.59)	1:40.94 (34.67)	2:15.10 (34.16)		
4	Walther, Rio	14	Nation's Capital Swim Club	2:12.99	2:16.52	SR
	32.47	1:06.48 (34.01)	1:41.43 (34.95)	2:16.52 (35.09)		
5	Vayra, Emilia	14	Nation's Capital Swim Club	2:15.74	2:17.53	SR
	32.29	1:06.97 (34.68)	1:42.09 (35.12)	2:17.53 (35.44)		
6	Morgan, Annabelle	14	Nation's Capital Swim Club	2:27.57	2:19.15	
	32.29	1:08.10 (35.81)	1:44.16 (36.06)	2:19.15 (34.99)		
7	Howard, Gwyn	14	Mako Swimming	2:20.31	2:19.51	
	33.47	1:09.19 (35.72)	1:44.98 (35.79)	2:19.51 (34.53)		
8	Malm, Hannah	14	The Capitol Sea Devils	2:18.36	2:19.65	
	33.28	1:08.91 (35.63)	1:44.17 (35.26)	2:19.65 (35.48)		
9	Alper, Aspen	14	The Capitol Sea Devils	2:23.17	2:20.67	
	32.63	1:07.30 (34.67)	1:43.06 (35.76)	2:20.67 (37.61)		
10	Roth, Mei Mei	14	Unattached	2:39.38	2:23.77	
	33.45	1:10.69 (37.24)	1:47.83 (37.14)	2:23.77 (35.94)		
11	Nogales, Allegra	14	Nation's Capital Swim Club	2:25.80	2:24.52	
	33.68	1:10.08 (36.40)	1:47.82 (37.74)	2:24.52 (36.70)		
12	Kim, Gina	13	Mako Swimming	2:30.31	2:24.99	
	34.10	1:10.75 (36.65)	1:48.08 (37.33)	2:24.99 (36.91)		
13	Bendza, Corinne	14	Nation's Capital Swim Club	2:34.26	2:25.22	
	32.23	1:08.80 (36.57)	1:48.04 (39.24)	2:25.22 (37.18)		
14	Springer, Summer	13	Nation's Capital Swim Club	2:26.27	2:25.23	
	33.38	1:10.23 (36.85)	1:48.28 (38.05)	2:25.23 (36.95)		
15	Joesten, Annika	14	Nation's Capital Swim Club	2:31.44	2:26.78	
	34.61	1:12.16 (37.55)	1:49.56 (37.40)	2:26.78 (37.22)		
16	Caven, Fiona	14	Mako Swimming	2:25.17	2:27.94	
	36.94	1:15.44 (38.50)	1:52.93 (37.49)	2:27.94 (35.01)		
17	Klaiber, Anna	14	The Fish	2:28.72	2:31.79	
	35.08	1:13.57 (38.49)	1:53.12 (39.55)	2:31.79 (38.67)		
18	Plath, Breanna	14	The Fish	NT	2:35.57	
	37.68	2:35.97 (1:58.29)	2:35.57 ()			
19	Salgado, Eva	13	Nation's Capital Swim Club	2:35.87	2:38.42	
	35.96	1:15.21 (39.25)	1:57.04 (41.83)	2:38.42 (41.38)		
20	Wiley-Jimenez, Ari	13	The Fish	2:41.12	2:39.03	
	37.48	1:17.64 (40.16)	1:59.46 (41.82)	2:39.03 (39.57)		
21	Bareis, Mary	13	York Swim Club of Northern Vir	2:46.72	2:41.77	
	38.94	1:20.21 (41.27)	2:01.21 (41.00)	2:41.77 (40.56)		
22	Van Brackle, Heidi	13	Mako Swimming	2:45.67	2:45.40	
	40.51	1:22.86 (42.35)	2:05.32 (42.46)	2:45.40 (40.08)		
23	Burks, Paige	14	Fairfax Foxes Swimming	2:52.05	2:47.34	
	38.84	1:21.64 (42.80)	2:05.88 (44.24)	2:47.34 (41.46)		
24	Saputo, Veena	13	The Capitol Sea Devils	3:07.44	2:51.92	
	40.52	1:23.92 (43.40)	2:08.39 (44.47)	2:51.92 (43.53)		
25	Cristinzio, Anna	13	The Capitol Sea Devils	NT	2:56.44	
	40.56	2:56.44 (2:15.88)				

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 22 Boys 13-14 200 Yard Backstroke****1:58.59 SECT EZ Sectionals****2:07.99 SR PVS Open Champs****2:11.99 14U PVS 14U Championship**

Name		Age	Team	Prelim Time	Finals Time	
A - Final						
1	Kim, Darren	14	Mako Swimming	2:07.28	2:09.01	14U
	29.44	1:01.66 (32.22)	1:34.89 (33.23)	2:09.01 (34.12)		
2	Cory, Maddox	13	Nation's Capital Swim Club	2:13.89	2:10.94	14U
	29.99	1:03.04 (33.05)	1:37.82 (34.78)	2:10.94 (33.12)		
3	Martinez, Victor	14	Nation's Capital Swim Club	2:13.03	2:11.64	14U
	31.02	1:04.42 (33.40)	1:38.49 (34.07)	2:11.64 (33.15)		
4	Cotter, Everett	14	Mako Swimming	2:16.38	2:14.75	
	32.56	1:07.25 (34.69)	1:41.88 (34.63)	2:14.75 (32.87)		
5	Price, August	13	The Fish	2:18.25	2:15.75	
	32.22	1:06.79 (34.57)	1:41.79 (35.00)	2:15.75 (33.96)		
6	Zhao, Darren	14	The Fish	2:17.70	2:17.77	
	31.25	1:06.31 (35.06)	1:42.11 (35.80)	2:17.77 (35.66)		
7	Nielsen, Grant	14	Nation's Capital Swim Club	2:19.32	2:18.10	
	31.48	1:06.46 (34.98)	1:42.92 (36.46)	2:18.10 (35.18)		
8	Coleman, Will	13	Nation's Capital Swim Club	2:19.29	2:20.72	
	33.04	1:08.31 (35.27)	1:44.88 (36.57)	2:20.72 (35.84)		
B - Final						
9	Chan, Jaxon	13	Mako Swimming	2:22.29	2:19.80	
	33.61	1:09.42 (35.81)	1:45.57 (36.15)	2:19.80 (34.23)		
10	Maier, Jack	13	Mako Swimming	2:25.92	2:23.50	
	34.15	1:10.77 (36.62)	1:47.59 (36.82)	2:23.50 (35.91)		
11	Abel, Oly	14	The Fish	2:28.00	2:23.62	
	32.74	1:10.05 (37.31)	1:47.84 (37.79)	2:23.62 (35.78)		
12	Hill, Owen	14	The Fish	2:22.22	2:25.46	
	34.11	1:10.33 (36.22)	1:48.33 (38.00)	2:25.46 (37.13)		
13	Suggs, Dylan	13	The Capitol Sea Devils	2:29.13	2:26.29	
	34.85	1:12.30 (37.45)	1:50.74 (38.44)	2:26.29 (35.55)		
14	Tolar, Oliver	13	Nation's Capital Swim Club	2:25.16	2:27.40	
	32.78	1:09.60 (36.82)	1:48.75 (39.15)	2:27.40 (38.65)		
15	Kownacki, Cooper	13	Mako Swimming	2:28.55	2:27.75	
	33.83	1:11.53 (37.70)	1:50.87 (39.34)	2:27.75 (36.88)		
16	Xing, Aspen	13	The Fish	2:28.27	2:28.40	
	34.78	1:12.43 (37.65)	1:51.42 (38.99)	2:28.40 (36.98)		

Event 22 Boys 13-14 200 Yard Backstroke**1:58.59 SECT EZ Sectionals****2:07.99 SR PVS Open Champs****2:11.99 14U PVS 14U Championship**

Name		Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Kim, Darren	14	Mako Swimming	2:10.56	2:07.28	SR
	28.95	1:01.02 (32.07)	1:34.18 (33.16)	2:07.28 (33.10)		
2	Martinez, Victor	14	Nation's Capital Swim Club	2:13.01	2:13.03	
	31.79	1:05.30 (33.51)	1:39.25 (33.95)	2:13.03 (33.78)		
3	Cory, Maddox	13	Nation's Capital Swim Club	2:14.23	2:13.89	
	30.91	1:05.19 (34.28)	1:39.88 (34.69)	2:13.89 (34.01)		
4	Cotter, Everett	14	Mako Swimming	2:19.74	2:16.38	
	32.50	1:07.09 (34.59)	1:42.73 (35.64)	2:16.38 (33.65)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 22 Boys 13-14 200 Yard Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
5	Zhao, Darren	14	The Fish	2:16.99	2:17.70
	31.74	1:06.78 (35.04)	1:42.63 (35.85)	2:17.70 (35.07)	
6	Price, August	13	The Fish	2:21.55	2:18.25
	32.44	1:07.90 (35.46)	1:43.45 (35.55)	2:18.25 (34.80)	
7	Coleman, Will	13	Nation's Capital Swim Club	2:25.19	2:19.29
	33.13	1:08.20 (35.07)	1:44.44 (36.24)	2:19.29 (34.85)	
8	Nielsen, Grant	14	Nation's Capital Swim Club	2:23.82	2:19.32
	31.67	1:06.76 (35.09)	1:43.51 (36.75)	2:19.32 (35.81)	
9	Hill, Owen	14	The Fish	2:29.78	2:22.22
	34.11	1:10.33 (36.22)	1:47.08 (36.75)	2:22.22 (35.14)	
10	Chan, Jaxon	13	Mako Swimming	2:23.05	2:22.29
	34.21	1:10.62 (36.41)	1:47.35 (36.73)	2:22.29 (34.94)	
11	Gori, Theo	14	York Swim Club of Northern Vir	2:20.66	2:23.22
	33.18	1:09.83 (36.65)	1:46.54 (36.71)	2:23.22 (36.68)	
12	Tolar, Oliver	13	Nation's Capital Swim Club	2:41.42	2:25.16
	34.09	1:10.56 (36.47)	1:48.65 (38.09)	2:25.16 (36.51)	
13	Maier, Jack	13	Mako Swimming	2:26.10	2:25.92
	34.79	1:12.36 (37.57)	1:49.50 (37.14)	2:25.92 (36.42)	
14	Abel, Oly	14	The Fish	2:24.40	2:28.00
	33.64	1:12.98 (39.34)	1:51.31 (38.33)	2:28.00 (36.69)	
15	Xing, Aspen	13	The Fish	2:32.64	2:28.27
	35.00	1:12.40 (37.40)	1:51.23 (38.83)	2:28.27 (37.04)	
16	Kownacki, Cooper	13	Mako Swimming	2:26.25	2:28.55
	35.07	1:12.77 (37.70)	1:51.10 (38.33)	2:28.55 (37.45)	
17	Suggs, Dylan	13	The Capitol Sea Devils	2:37.44	2:29.13
	35.66	1:14.06 (38.40)	1:53.07 (39.01)	2:29.13 (36.06)	
18	Maloney, Max	13	The Capitol Sea Devils	NT	2:46.11
	39.87	1:22.89 (43.02)	2:04.98 (42.09)	2:46.11 (41.13)	
19	Farahi, Peyton	13	Fairfax Foxes Swimming	3:01.10	2:48.15
	40.77	1:23.55 (42.78)	2:07.93 (44.38)	2:48.15 (40.22)	
20	Abosaid, Simon	13	Mako Swimming	NT	2:50.66
	40.00	1:23.97 (43.97)	2:08.06 (44.09)	2:50.66 (42.60)	
21	Whittemore, Nathan	13	The Fish	NT	2:55.65
	40.95	1:26.49 (45.54)	2:12.74 (46.25)	2:55.65 (42.91)	

Event 23 Girls 15-18 200 Yard Backstroke**2:08.89 SECT EZ Sectionals****2:17.79 SR PVS Open Champs**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Rowan, Elliott	15	York Swim Club of Northern Vir	2:11.32	2:07.24 SECT
	29.96	1:02.42 (32.46)	1:35.41 (32.99)	2:07.24 (31.83)	
2	Samsot, Alex	15	Nation's Capital Swim Club	2:15.35	2:11.10 SR
	30.65	1:03.53 (32.88)	1:37.70 (34.17)	2:11.10 (33.40)	
3	Frank, Lucie	16	Fairfax Foxes Swimming	2:15.68	2:11.30 SR
	30.15	1:02.81 (32.66)	1:37.04 (34.23)	2:11.30 (34.26)	
4	Cota-Robles, Isabella	15	Nation's Capital Swim Club	2:14.28	2:15.07 SR
	30.82	1:04.82 (34.00)	1:39.88 (35.06)	2:15.07 (35.19)	
5	Eubanks, Leah	15	The Fish	2:19.68	2:16.03 SR
	31.60	1:05.73 (34.13)	1:41.15 (35.42)	2:16.03 (34.88)	
6	Thomas, Emma	15	Fairfax Foxes Swimming	2:19.15	2:17.20 SR
	30.78	1:04.85 (34.07)	1:40.55 (35.70)	2:17.20 (36.65)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****A - Final ... (Event 23 Girls 15-18 200 Yard Backstroke)**

	Name	Age	Team	Prelim Time	Finals Time
7	Na, Audrey	15	Nation's Capital Swim Club	2:14.53	2:19.24
	30.98	1:05.44 (34.46)	1:42.56 (37.12)	2:19.24 (36.68)	
8	Stegmaier, Shannon	15	Mako Swimming	2:21.82	2:21.00
	33.13	1:08.60 (35.47)	1:44.95 (36.35)	2:21.00 (36.05)	

B - Final

9	Hispiche, Claire	16	York Swim Club of Northern Vir	2:27.18	2:17.37	SR
	32.18	1:07.30 (35.12)	1:42.84 (35.54)	2:17.37 (34.53)		
10	Prudius, Laura	16	York Swim Club of Northern Vir	2:24.54	2:19.40	
	31.26	1:05.17 (33.91)	1:41.64 (36.47)	2:19.40 (37.76)		
11	Miller, Etta	15	Nation's Capital Swim Club	2:22.11	2:20.61	
	32.79	1:08.36 (35.57)	1:44.70 (36.34)	2:20.61 (35.91)		
12	Hankins, Camryn	17	Jcc Swimming	2:25.43	2:22.44	
	33.45	1:09.00 (35.55)	1:45.79 (36.79)	2:22.44 (36.65)		
13	Bailey, Kate	15	Nation's Capital Swim Club	2:25.66	2:22.50	
	33.53	1:09.46 (35.93)	1:46.35 (36.89)	2:22.50 (36.15)		
14	Weldon, Courtney	17	York Swim Club of Northern Vir	2:23.68	2:22.97	
	32.58	1:09.15 (36.57)	1:46.40 (37.25)	2:22.97 (36.57)		
15	Fletcher, Leah	15	The Capitol Sea Devils	2:25.19	2:24.27	
	32.83	1:09.23 (36.40)	1:47.01 (37.78)	2:24.27 (37.26)		
16	Waller, Elli	15	The Fish	2:22.33	2:28.50	
	34.45	1:12.58 (38.13)	1:51.64 (39.06)	2:28.50 (36.86)		

Event 23 Girls 15-18 200 Yard Backstroke**2:08.89 SECT EZ Sectionals****2:17.79 SR PVS Open Champs**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Rowan, Elliott	15	York Swim Club of Northern Vir	2:04.81	2:11.32	SR
	30.95	1:04.95 (34.00)	1:38.86 (33.91)	2:11.32 (32.46)		
2	Cota-Robles, Isabella	15	Nation's Capital Swim Club	2:17.24	2:14.28	SR
	31.34	1:05.83 (34.49)	1:40.37 (34.54)	2:14.28 (33.91)		
3	Na, Audrey	15	Nation's Capital Swim Club	2:16.26	2:14.53	SR
	31.12	1:05.21 (34.09)	1:39.95 (34.74)	2:14.53 (34.58)		
4	Samsot, Alex	15	Nation's Capital Swim Club	2:08.71	2:15.35	SR
	30.62	1:04.14 (33.52)	1:38.86 (34.72)	2:15.35 (36.49)		
5	Frank, Lucie	16	Fairfax Foxes Swimming	2:11.82	2:15.68	SR
	31.54	1:05.86 (34.32)	1:41.25 (35.39)	2:15.68 (34.43)		
6	Thomas, Emma	15	Fairfax Foxes Swimming	2:14.96	2:19.15	
	31.39	1:05.60 (34.21)	1:41.84 (36.24)	2:19.15 (37.31)		
7	Eubanks, Leah	15	The Fish	2:19.26	2:19.68	
	32.89	1:08.18 (35.29)	1:44.23 (36.05)	2:19.68 (35.45)		
8	Stegmaier, Shannon	15	Mako Swimming	2:26.04	2:21.82	
	35.11	1:11.15 (36.04)	1:46.94 (35.79)	2:21.82 (34.88)		
9	Miller, Etta	15	Nation's Capital Swim Club	2:22.69	2:22.11	
	34.25	1:09.78 (35.53)	1:46.04 (36.26)	2:22.11 (36.07)		
10	Waller, Elli	15	The Fish	2:25.04	2:22.33	
	33.35	1:09.77 (36.42)	1:46.79 (37.02)	2:22.33 (35.54)		
11	Weldon, Courtney	17	York Swim Club of Northern Vir	2:18.24	2:23.68	
	33.16	1:10.46 (37.30)	1:48.22 (37.76)	2:23.68 (35.46)		
12	Prudius, Laura	16	York Swim Club of Northern Vir	2:19.86	2:24.54	
	33.01	1:09.12 (36.11)	1:46.41 (37.29)	2:24.54 (38.13)		
13	Fletcher, Leah	15	The Capitol Sea Devils	2:20.60	2:25.19	
	32.61	1:09.35 (36.74)	1:47.83 (38.48)	2:25.19 (37.36)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 23 Girls 15-18 200 Yard Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
14	Hankins, Camryn	17	Jcc Swimming	2:21.27	2:25.43
	35.21	1:12.37 (37.16)	1:49.04 (36.67)	2:25.43 (36.39)	
15	Bailey, Kate	15	Nation's Capital Swim Club	2:27.21	2:25.66
	34.40	1:11.25 (36.85)	1:48.96 (37.71)	2:25.66 (36.70)	
16	Hispiche, Claire	16	York Swim Club of Northern Vir	2:22.25	2:27.18
	35.08	1:12.54 (37.46)	1:50.27 (37.73)	2:27.18 (36.91)	
17	Barker, Lilly	17	York Swim Club of Northern Vir	2:24.92	2:27.55
	34.32	1:11.23 (36.91)	1:48.82 (37.59)	2:27.55 (38.73)	
18	Stevens, Audrey	16	The St. James	NT	2:27.66
	34.82	1:12.28 (37.46)	1:50.34 (38.06)	2:27.66 (37.32)	
19	Nyamgarav, Nicole	16	Arlington Aquatic Club	2:21.88	2:31.84
	36.64	1:14.94 (38.30)	1:53.58 (38.64)	2:31.84 (38.26)	
20	Povinelli, Sadie	16	The Capitol Sea Devils	2:31.29	2:32.64
	35.14	1:13.56 (38.42)	1:53.24 (39.68)	2:32.64 (39.40)	
21	Ladd, Ruth	16	The Capitol Sea Devils	2:32.24	2:37.22
	36.44	1:15.83 (39.39)	1:56.75 (40.92)	2:37.22 (40.47)	
22	Clancy, Keira	15	The Capitol Sea Devils	2:35.20	2:37.76
	35.84	1:15.28 (39.44)	1:56.75 (41.47)	2:37.76 (41.01)	
---	Tillman, Aaliyah	15	Herndon Aquatic Club	NT	DQ
	Delay initiating turn after past vertical				

Event 24 Boys 15-18 200 Yard Backstroke**1:58.59 SECT EZ Sectionals****2:07.99 SR PVS Open Champs**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Sanchez, Luca	16	The Fish	1:49.93	1:49.74 SECT
	25.29	52.78 (27.49)	1:21.43 (28.65)	1:49.74 (28.31)	
2	Abel, Lucas	16	The Fish	1:59.00	1:56.09 SECT
	27.11	56.29 (29.18)	1:26.32 (30.03)	1:56.09 (29.77)	
3	Zenyuh, Quinn	15	Pava Panthers Swim Club	2:07.22	1:56.85 SECT
	27.10	56.57 (29.47)	1:26.77 (30.20)	1:56.85 (30.08)	
4	Haggard, Bruno	17	York Swim Club of Northern Vir	1:53.68	1:58.34 SECT
	25.98	54.93 (28.95)	1:26.44 (31.51)	1:58.34 (31.90)	
5	Rowan, Graham	17	York Swim Club of Northern Vir	2:06.72	1:59.53 SR
	27.53	57.46 (29.93)	1:28.52 (31.06)	1:59.53 (31.01)	
6	Smith, Marcos	16	Fairfax Foxes Swimming	2:02.79	2:02.05 SR
	27.83	58.74 (30.91)	1:30.40 (31.66)	2:02.05 (31.65)	
7	Philipov, Michael	16	Nation's Capital Swim Club	2:02.74	2:04.03 SR
	29.67	1:01.06 (31.39)	1:32.73 (31.67)	2:04.03 (31.30)	
8	Van Schagen, Asher	16	The Capitol Sea Devils	2:03.91	2:04.31 SR
	28.89	1:00.13 (31.24)	1:32.33 (32.20)	2:04.31 (31.98)	
B - Final					
9	Hernandez-Giblin, Javier	16	The Fish	2:07.62	2:09.49
	29.79	1:02.75 (32.96)	1:36.01 (33.26)	2:09.49 (33.48)	
10	Goede, Noah	16	The St. James	2:15.63	2:09.78
	30.62	1:03.77 (33.15)	1:37.74 (33.97)	2:09.78 (32.04)	
11	Williams, Darius	16	Fairfax Foxes Swimming	2:16.22	2:09.97
	29.12	1:01.26 (32.14)	1:35.22 (33.96)	2:09.97 (34.75)	
12	Tonthat, Nathan	15	Mako Swimming	2:15.32	2:10.09
	29.67	1:03.22 (33.55)	1:37.57 (34.35)	2:10.09 (32.52)	
13	Prasad, Jagrav	16	The Fish	2:11.57	2:12.95
	29.81	1:02.97 (33.16)	1:37.98 (35.01)	2:12.95 (34.97)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 25 Women 11 & Over 1000 Yard Freestyle****10:38.99 11&O SECT EZ Sectionals****11:29.89 11&O SR PVS Open Champs**

Name		Age	Team	Seed Time	Finals Time	
1	De, Lara	17	Nation's Capital Swim Club	10:25.18	10:34.05	SECT
	28.46	59.79 (31.33)	1:31.68 (31.89)	2:03.39 (31.71)		
	2:35.12 (31.73)	3:07.04 (31.92)	3:38.91 (31.87)	4:10.85 (31.94)		
	4:42.74 (31.89)	5:14.86 (32.12)	5:47.09 (32.23)	6:19.00 (31.91)		
	6:50.97 (31.97)	7:22.99 (32.02)	7:54.80 (31.81)	8:27.05 (32.25)		
	8:59.09 (32.04)	9:31.04 (31.95)	10:03.03 (31.99)	10:34.05 (31.02)		
2	Roth, Laura	14	Nation's Capital Swim Club	12:05.85	10:42.13	SR
	30.77	1:03.67 (32.90)	1:37.02 (33.35)	2:09.75 (32.73)		
	2:42.46 (32.71)	3:15.45 (32.99)	3:48.71 (33.26)	4:21.97 (33.26)		
	4:55.17 (33.20)	5:27.72 (32.55)	6:00.57 (32.85)	6:33.43 (32.86)		
	7:05.94 (32.51)	7:38.28 (32.34)	8:10.16 (31.88)	8:41.61 (31.45)		
	9:12.42 (30.81)	9:43.51 (31.09)	10:14.04 (30.53)	10:42.13 (28.09)		
3	Roth, Anna	14	Nation's Capital Swim Club	12:01.10	10:42.52	SR
	29.92	1:02.28 (32.36)	1:34.95 (32.67)	2:07.87 (32.92)		
	2:40.96 (33.09)	3:13.69 (32.73)	3:46.36 (32.67)	4:19.49 (33.13)		
	4:52.35 (32.86)	5:25.21 (32.86)	5:58.21 (33.00)	6:30.79 (32.58)		
	7:03.41 (32.62)	7:35.85 (32.44)	8:08.69 (32.84)	8:40.40 (31.71)		
	9:11.84 (31.44)	9:43.23 (31.39)	10:14.05 (30.82)	10:42.52 (28.47)		
4	Tolar, Mackey	13	Nation's Capital Swim Club	11:03.03	10:45.94	SR
	29.76	1:01.93 (32.17)	1:34.26 (32.33)	2:06.91 (32.65)		
	2:39.36 (32.45)	3:12.44 (33.08)	3:45.31 (32.87)	4:17.97 (32.66)		
	4:50.64 (32.67)	5:23.53 (32.89)	5:56.29 (32.76)	6:29.16 (32.87)		
	7:01.72 (32.56)	7:34.13 (32.41)	8:06.65 (32.52)	8:39.05 (32.40)		
	9:11.53 (32.48)	9:43.97 (32.44)	10:15.97 (32.00)	10:45.94 (29.97)		
5	Tasber, Casey	16	The Fish	11:32.98	11:17.83	SR
	29.29	1:00.45 (31.16)	1:32.61 (32.16)	2:05.80 (33.19)		
	2:39.31 (33.51)	3:13.20 (33.89)	3:47.30 (34.10)	4:22.00 (34.70)		
	4:56.57 (34.57)	5:31.06 (34.49)	6:05.64 (34.58)	6:40.34 (34.70)		
	7:15.15 (34.81)	7:49.88 (34.73)	8:24.89 (35.01)	8:59.78 (34.89)		
	9:34.99 (35.21)	10:09.92 (34.93)	10:44.62 (34.70)	11:17.83 (33.21)		
6	Thomas, Emma	15	Fairfax Foxes Swimming	10:48.02	11:25.44	SR
	28.75	59.90 (31.15)	1:31.96 (32.06)	2:04.63 (32.67)		
	2:37.18 (32.55)	3:10.22 (33.04)	3:43.57 (33.35)	4:17.63 (34.06)		
	4:52.55 (34.92)	5:27.85 (35.30)	6:03.54 (35.69)	6:39.20 (35.66)		
	7:13.72 (34.52)	7:49.01 (35.29)	8:24.66 (35.65)	9:00.88 (36.22)		
	9:37.23 (36.35)	10:13.48 (36.25)	10:49.72 (36.24)	11:25.44 (35.72)		
7	Waller, Elli	15	The Fish	12:19.61	11:28.97	SR
	30.61	1:04.84 (34.23)	1:39.39 (34.55)	2:14.27 (34.88)		
	2:48.97 (34.70)	3:23.78 (34.81)	3:58.97 (35.19)	4:34.05 (35.08)		
	5:08.88 (34.83)	5:43.83 (34.95)	6:19.08 (35.25)	6:54.20 (35.12)		
	7:28.87 (34.67)	8:03.83 (34.96)	8:38.70 (34.87)	9:13.06 (34.36)		
	9:47.73 (34.67)	10:22.48 (34.75)	10:56.64 (34.16)	11:28.97 (32.33)		
8	Gramlich, Hazel	15	York Swim Club of Northern Vir	NT	11:30.37	
	31.63	1:07.36 (35.73)	1:42.15 (34.79)	2:16.95 (34.80)		
	2:52.53 (35.58)	3:27.92 (35.39)	4:02.60 (34.68)	4:37.39 (34.79)		
	5:13.14 (35.75)	5:47.80 (34.66)	6:22.80 (35.00)	6:57.75 (34.95)		
	7:32.75 (35.00)	8:07.85 (35.10)	8:42.20 (34.35)	9:16.40 (34.20)		
	9:50.42 (34.02)	10:24.26 (33.84)	10:58.23 (33.97)	11:30.37 (32.14)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 25 Women 11 & Over 1000 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
9	McHenry, Ziva	13	The Fish	12:02.86	11:39.07
	30.87	1:05.88 (35.01)	1:41.48 (35.60)	2:17.17 (35.69)	
	2:53.11 (35.94)	3:28.65 (35.54)	4:04.41 (35.76)	4:40.36 (35.95)	
	5:15.85 (35.49)	5:51.72 (35.87)	6:27.04 (35.32)	7:02.30 (35.26)	
	7:37.76 (35.46)	8:12.62 (34.86)	8:47.41 (34.79)	9:22.11 (34.70)	
	9:57.04 (34.93)	10:31.51 (34.47)	11:05.89 (34.38)	11:39.07 (33.18)	
10	Sheehan, Kate	17	The Fish	11:18.48	11:44.68
	31.11	1:05.38 (34.27)	1:40.10 (34.72)	2:15.23 (35.13)	
	2:50.85 (35.62)	3:26.01 (35.16)	4:01.54 (35.53)	4:36.82 (35.28)	
	5:12.39 (35.57)	5:47.77 (35.38)	6:22.85 (35.08)	6:58.47 (35.62)	
	7:34.38 (35.91)	8:10.01 (35.63)	8:46.08 (36.07)	9:21.86 (35.78)	
	9:57.55 (35.69)	10:33.23 (35.68)	11:09.08 (35.85)	11:44.68 (35.60)	
11	Moore, Gilleran	15	The Capitol Sea Devils	12:44.55	12:03.81
	31.63	1:07.31 (35.68)	1:43.91 (36.60)	2:20.82 (36.91)	
	2:57.26 (36.44)	3:34.36 (37.10)	4:11.23 (36.87)	4:48.35 (37.12)	
	5:25.48 (37.13)	6:02.34 (36.86)	6:38.76 (36.42)	7:15.41 (36.65)	
	7:51.84 (36.43)	8:28.88 (37.04)	9:05.52 (36.64)	9:41.85 (36.33)	
	10:18.42 (36.57)	10:54.94 (36.52)	11:31.20 (36.26)	12:03.81 (32.61)	
12	Povinelli, Sadie	16	The Capitol Sea Devils	13:02.73	12:28.70
	32.90	1:09.23 (36.33)	1:46.83 (37.60)	2:23.97 (37.14)	
	3:01.38 (37.41)	3:39.10 (37.72)	4:16.94 (37.84)	4:54.85 (37.91)	
	5:32.65 (37.80)	6:10.48 (37.83)	6:48.56 (38.08)	7:26.77 (38.21)	
	8:04.94 (38.17)	8:42.93 (37.99)	9:20.95 (38.02)	9:58.89 (37.94)	
	10:36.85 (37.96)	11:14.76 (37.91)	11:52.11 (37.35)	12:28.70 (36.59)	
13	Thomas, Lillie	13	Fairfax Foxes Swimming	13:41.56	12:30.69
	33.36	1:09.92 (36.56)	1:47.53 (37.61)	2:24.76 (37.23)	
	3:02.38 (37.62)	3:40.17 (37.79)	4:18.54 (38.37)	4:56.89 (38.35)	
	5:34.93 (38.04)	6:13.65 (38.72)	6:51.77 (38.12)	7:30.09 (38.32)	
	8:08.21 (38.12)	8:46.76 (38.55)	9:24.69 (37.93)	10:02.66 (37.97)	
	10:40.31 (37.65)	11:18.35 (38.04)	11:55.96 (37.61)	12:30.69 (34.73)	
14	Fletcher, Leah	15	The Capitol Sea Devils	11:46.16	12:31.96
	31.30	1:06.77 (35.47)	1:43.79 (37.02)	2:20.65 (36.86)	
	2:57.88 (37.23)	3:35.53 (37.65)	4:13.83 (38.30)	4:51.88 (38.05)	
	5:29.95 (38.07)	6:08.62 (38.67)	6:46.86 (38.24)	7:25.01 (38.15)	
	8:03.35 (38.34)	8:42.06 (38.71)	9:20.81 (38.75)	9:59.51 (38.70)	
	10:37.88 (38.37)	11:16.54 (38.66)	11:54.42 (37.88)	12:31.96 (37.54)	
15	McIntosh, Caeli	17	York Swim Club of Northern Vir	NT	12:33.78
	32.97	1:10.00 (37.03)	1:47.47 (37.47)	2:25.67 (38.20)	
	3:04.13 (38.46)	3:42.89 (38.76)	4:22.08 (39.19)	5:00.63 (38.55)	
	5:39.55 (38.92)	6:18.05 (38.50)	6:55.99 (37.94)	7:34.11 (38.12)	
	8:11.97 (37.86)	8:50.22 (38.25)	9:28.27 (38.05)	10:06.07 (37.80)	
	10:43.93 (37.86)	11:21.12 (37.19)	11:58.12 (37.00)	12:33.78 (35.66)	
16	Oconnell, Nomi	13	The Fish	12:50.42	12:45.22
	33.88	1:11.92 (38.04)	1:50.89 (38.97)	2:29.29 (38.40)	
	3:07.98 (38.69)	3:47.05 (39.07)	4:26.18 (39.13)	5:04.53 (38.35)	
	5:43.03 (38.50)	6:21.44 (38.41)	7:00.20 (38.76)	7:39.05 (38.85)	
	8:17.82 (38.77)	8:56.37 (38.55)	9:34.66 (38.29)	10:13.17 (38.51)	
	10:51.75 (38.58)	11:30.46 (38.71)	12:08.25 (37.79)	12:45.22 (36.97)	
17	Rosa, Amaya	16	York Swim Club of Northern Vir	NT	12:51.03
	33.25	1:10.49 (37.24)	1:48.78 (38.29)	2:28.05 (39.27)	
	3:07.04 (38.99)	3:46.45 (39.41)	4:25.23 (38.78)	5:04.67 (39.44)	
	5:43.90 (39.23)	6:24.24 (40.34)	7:02.99 (38.75)	7:41.92 (38.93)	
	8:20.75 (38.83)	9:00.49 (39.74)	9:39.75 (39.26)	10:18.33 (38.58)	
	10:57.11 (38.78)	11:35.50 (38.39)	12:13.90 (38.40)	12:51.03 (37.13)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 25 Women 11 & Over 1000 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
18	Le Sage, Charlotte	15	The Capitol Sea Devils	14:42.20	12:56.18
	32.62	1:09.66 (37.04)	1:48.01 (38.35)	2:27.40 (39.39)	
	3:07.24 (39.84)	3:47.95 (40.71)	4:28.52 (40.57)	5:08.71 (40.19)	
	5:49.13 (40.42)	6:29.60 (40.47)	7:09.62 (40.02)	7:50.14 (40.52)	
	8:30.37 (40.23)	9:10.30 (39.93)	9:49.46 (39.16)	10:29.15 (39.69)	
	11:07.88 (38.73)	11:45.79 (37.91)	12:23.17 (37.38)	12:56.18 (33.01)	
19	DeMille, Meadow	14	Mako Swimming	NT	13:01.65
	35.15	1:12.70 (37.55)	1:51.37 (38.67)	2:30.69 (39.32)	
	3:10.44 (39.75)	3:49.67 (39.23)	4:29.08 (39.41)	5:09.03 (39.95)	
	5:48.91 (39.88)	6:28.15 (39.24)	7:07.95 (39.80)	7:47.25 (39.30)	
	8:26.63 (39.38)	9:06.52 (39.89)	9:46.27 (39.75)	10:26.22 (39.95)	
	11:06.29 (40.07)	11:45.85 (39.56)	12:24.64 (38.79)	13:01.65 (37.01)	
20	Ruiz de Gamboa, Ana	12	The Capitol Sea Devils	NT	13:06.28
	32.35	1:10.18 (37.83)	1:48.28 (38.10)	2:26.75 (38.47)	
	3:05.06 (38.31)	3:44.48 (39.42)	4:23.95 (39.47)	5:03.12 (39.17)	
	5:42.41 (39.29)	6:22.71 (40.30)	7:02.79 (40.08)	7:42.77 (39.98)	
	8:23.36 (40.59)	9:04.62 (41.26)	9:46.12 (41.50)	10:27.13 (41.01)	
	11:08.37 (41.24)	11:49.16 (40.79)	12:29.87 (40.71)	13:06.28 (36.41)	
21	Lin, Marissa	15	The Fish	14:07.95	13:17.06
	34.24	1:12.52 (38.28)	1:52.32 (39.80)	2:31.69 (39.37)	
	3:11.31 (39.62)	3:52.05 (40.74)	4:32.63 (40.58)	5:13.52 (40.89)	
	5:54.20 (40.68)	6:35.12 (40.92)	7:15.53 (40.41)	7:56.82 (41.29)	
	8:37.89 (41.07)	9:18.80 (40.91)	10:00.17 (41.37)	10:41.00 (40.83)	
	11:21.80 (40.80)	12:01.41 (39.61)	12:40.34 (38.93)	13:17.06 (36.72)	
22	Wiley-Jimenez, Ari	13	The Fish	13:45.18	13:40.37
	35.82	1:15.88 (40.06)	1:56.92 (41.04)	2:38.24 (41.32)	
	3:19.93 (41.69)	4:01.15 (41.22)	4:43.36 (42.21)	5:25.23 (41.87)	
	6:08.40 (43.17)	6:50.00 (41.60)	7:30.71 (40.71)	8:12.89 (42.18)	
	8:55.87 (42.98)	9:38.52 (42.65)	10:20.48 (41.96)	11:02.42 (41.94)	
	11:43.26 (40.84)	12:22.50 (39.24)	13:02.32 (39.82)	13:40.37 (38.05)	
23	Powell-Switaj, Zoe	14	The St. James	14:43.71	13:44.01
	35.04	1:14.59 (39.55)	1:55.52 (40.93)	2:36.96 (41.44)	
	3:18.89 (41.93)	4:00.88 (41.99)	4:42.97 (42.09)	5:25.40 (42.43)	
	6:07.29 (41.89)	6:49.31 (42.02)	7:31.22 (41.91)	8:13.91 (42.69)	
	8:55.69 (41.78)	9:37.83 (42.14)	10:18.99 (41.16)	11:00.52 (41.53)	
	11:42.13 (41.61)	12:24.45 (42.32)	13:05.70 (41.25)	13:44.01 (38.31)	
24	Falsone, Sofia	15	The Fish	14:17.55	14:00.98
	37.06	1:18.41 (41.35)	2:00.55 (42.14)	2:43.07 (42.52)	
	3:26.03 (42.96)	4:08.85 (42.82)	4:51.82 (42.97)	5:34.97 (43.15)	
	6:18.08 (43.11)	7:01.34 (43.26)	7:44.38 (43.04)	8:27.38 (43.00)	
	9:09.06 (41.68)	9:51.31 (42.25)	10:33.84 (42.53)	11:16.13 (42.29)	
	11:58.47 (42.34)	12:40.32 (41.85)	13:21.68 (41.36)	14:00.98 (39.30)	
25	Jasinski, Maggie	12	Fairfax Foxes Swimming	NT	15:11.63
	37.59	1:21.26 (43.67)	2:06.41 (45.15)	2:51.59 (45.18)	
	3:37.60 (46.01)	4:24.44 (46.84)	5:10.55 (46.11)	5:58.65 (48.10)	
	6:46.68 (48.03)	7:33.86 (47.18)	8:20.94 (47.08)	9:08.11 (47.17)	
	9:55.44 (47.33)	10:42.25 (46.81)	11:29.84 (47.59)	12:17.07 (47.23)	
	13:02.20 (45.13)	13:47.42 (45.22)	14:31.67 (44.25)	15:11.63 (39.96)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 25 Men 11 & Over 1000 Yard Freestyle****9:59.49 11&O SECT EZ Sectionals****10:21.39 11&O SR PVS Open Champs**

Name	Age	Team	Seed Time	Finals Time
1 Abel, Lucas	16	The Fish	10:26.91	10:31.32
27.19	58.09 (30.90)	1:29.84 (31.75)	2:02.02 (32.18)	
2:33.99 (31.97)	3:06.02 (32.03)	3:37.92 (31.90)	4:10.42 (32.50)	
4:42.45 (32.03)	5:14.01 (31.56)	5:45.94 (31.93)	6:17.87 (31.93)	
6:49.63 (31.76)	7:21.39 (31.76)	7:52.96 (31.57)	8:24.83 (31.87)	
8:56.51 (31.68)	9:28.58 (32.07)	10:00.68 (32.10)	10:31.32 (30.64)	
2 Smith, Marcos	16	Fairfax Foxes Swimming	11:12.04	10:41.25
27.81	59.44 (31.63)	1:31.87 (32.43)	2:04.91 (33.04)	
2:37.53 (32.62)	3:10.10 (32.57)	3:42.16 (32.06)	4:14.36 (32.20)	
4:47.11 (32.75)	5:19.13 (32.02)	5:51.94 (32.81)	6:24.49 (32.55)	
6:57.07 (32.58)	7:29.76 (32.69)	8:02.45 (32.69)	8:34.78 (32.33)	
9:07.18 (32.40)	9:39.35 (32.17)	10:10.89 (31.54)	10:41.25 (30.36)	
3 Winthrop, Nate	15	The Fish	12:03.86	11:22.19
29.83	1:02.39 (32.56)	1:35.97 (33.58)	2:10.27 (34.30)	
2:44.71 (34.44)	3:19.15 (34.44)	3:53.51 (34.36)	4:27.56 (34.05)	
5:02.10 (34.54)	5:36.92 (34.82)	6:12.04 (35.12)	6:47.11 (35.07)	
7:21.91 (34.80)	7:57.36 (35.45)	8:31.97 (34.61)	9:06.78 (34.81)	
9:41.62 (34.84)	10:16.41 (34.79)	10:50.27 (33.86)	11:22.19 (31.92)	
4 Prasad, Jagrav	16	The Fish	11:34.53	11:31.67
28.45	1:00.63 (32.18)	1:34.95 (34.32)	2:09.95 (35.00)	
2:45.00 (35.05)	3:20.51 (35.51)	3:55.45 (34.94)	4:30.63 (35.18)	
5:06.33 (35.70)	5:41.31 (34.98)	6:16.97 (35.66)	6:52.68 (35.71)	
7:28.12 (35.44)	8:03.27 (35.15)	8:39.68 (36.41)	9:14.25 (34.57)	
9:49.25 (35.00)	10:24.56 (35.31)	10:58.82 (34.26)	11:31.67 (32.85)	
5 Butler, Henry	12	The St. James	NT	11:37.71
29.88	1:04.63 (34.75)	1:39.55 (34.92)	2:14.77 (35.22)	
2:50.35 (35.58)	3:25.65 (35.30)	4:01.36 (35.71)	4:37.00 (35.64)	
5:13.34 (36.34)	5:48.29 (34.95)	6:24.00 (35.71)	6:58.97 (34.97)	
7:34.15 (35.18)	8:09.84 (35.69)	8:45.50 (35.66)	9:20.95 (35.45)	
9:55.49 (34.54)	10:31.17 (35.68)	11:05.54 (34.37)	11:37.71 (32.17)	
6 MacKay, Bryce	12	York Swim Club of Northern Vir	NT	11:44.76
29.66	1:02.43 (32.77)	1:36.55 (34.12)	2:11.24 (34.69)	
2:47.30 (36.06)	3:23.18 (35.88)	3:58.87 (35.69)	4:35.58 (36.71)	
5:12.47 (36.89)	5:48.40 (35.93)	6:24.24 (35.84)	7:00.21 (35.97)	
7:36.72 (36.51)	8:13.33 (36.61)	8:50.02 (36.69)	9:26.51 (36.49)	
10:01.97 (35.46)	10:38.29 (36.32)	11:13.86 (35.57)	11:44.76 (30.90)	
7 Hill, Owen	14	The Fish	11:58.15	11:48.22
31.18	1:05.32 (34.14)	1:40.62 (35.30)	2:15.87 (35.25)	
2:51.49 (35.62)	3:27.44 (35.95)	4:03.37 (35.93)	4:39.06 (35.69)	
5:14.68 (35.62)	5:50.52 (35.84)	6:26.56 (36.04)	7:02.17 (35.61)	
7:38.10 (35.93)	8:13.92 (35.82)	8:50.42 (36.50)	9:26.72 (36.30)	
10:02.89 (36.17)	10:39.62 (36.73)	11:15.40 (35.78)	11:48.22 (32.82)	
8 Kownacki, Cooper	13	Mako Swimming	NT	11:52.50
30.80	1:05.34 (34.54)	1:40.73 (35.39)	2:15.99 (35.26)	
2:51.52 (35.53)	3:27.53 (36.01)	4:02.99 (35.46)	4:39.25 (36.26)	
5:15.67 (36.42)	5:52.74 (37.07)	6:29.04 (36.30)	7:05.61 (36.57)	
7:41.80 (36.19)	8:17.86 (36.06)	8:54.57 (36.71)	9:30.35 (35.78)	
10:06.72 (36.37)	10:42.62 (35.90)	11:18.49 (35.87)	11:52.50 (34.01)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025

Results

(Event 25 Men 11 & Over 1000 Yard Freestyle)

	Name	Age	Team	Seed Time	Finals Time
9	Fortune, Sam	14	Mako Swimming	NT	11:54.37
	31.04	1:06.07 (35.03)	1:41.77 (35.70)	2:17.39 (35.62)	
	2:53.28 (35.89)	3:29.04 (35.76)	4:05.09 (36.05)	4:40.17 (35.08)	
	5:16.54 (36.37)	5:53.27 (36.73)	6:29.95 (36.68)	7:06.30 (36.35)	
	7:43.52 (37.22)	8:20.33 (36.81)	8:57.08 (36.75)	9:33.58 (36.50)	
	10:10.03 (36.45)	10:45.98 (35.95)	11:20.89 (34.91)	11:54.37 (33.48)	
10	Cotter, Everett	14	Mako Swimming	NT	11:55.93
	31.69	1:07.80 (36.11)	1:44.41 (36.61)	2:20.17 (35.76)	
	2:56.95 (36.78)	3:33.75 (36.80)	4:10.48 (36.73)	4:47.21 (36.73)	
	5:24.37 (37.16)	6:00.64 (36.27)	6:37.70 (37.06)	7:15.16 (37.46)	
	7:50.70 (35.54)	8:27.96 (37.26)	9:04.14 (36.18)	9:40.81 (36.67)	
	10:15.81 (35.00)	10:50.87 (35.06)	11:24.66 (33.79)	11:55.93 (31.27)	
11	Barry, Declan	14	Mako Swimming	13:42.72	12:06.00
	30.08	1:03.91 (33.83)	1:39.34 (35.43)	2:15.04 (35.70)	
	2:51.47 (36.43)	3:28.97 (37.50)	4:06.91 (37.94)	4:44.76 (37.85)	
	5:22.26 (37.50)	5:59.97 (37.71)	6:37.70 (37.73)	7:14.86 (37.16)	
	7:51.44 (36.58)	8:28.99 (37.55)	9:05.93 (36.94)	9:42.94 (37.01)	
	10:19.80 (36.86)	10:56.37 (36.57)	11:31.47 (35.10)	12:06.00 (34.53)	
12	Eubanks, Gavin	12	The Fish	12:36.31	12:26.44
	31.19	1:06.07 (34.88)	1:42.06 (35.99)	2:18.75 (36.69)	
	2:55.92 (37.17)	3:33.24 (37.32)	4:10.86 (37.62)	4:48.79 (37.93)	
	5:26.62 (37.83)	6:04.15 (37.53)	6:42.28 (38.13)	7:20.59 (38.31)	
	7:58.60 (38.01)	8:36.86 (38.26)	9:14.98 (38.12)	9:53.20 (38.22)	
	10:31.82 (38.62)	11:11.29 (39.47)	11:49.72 (38.43)	12:26.44 (36.72)	
13	Chiquitucto, Joshua	13	The Capitol Sea Devils	NT	15:03.10
	38.14	1:23.59 (45.45)	2:06.81 (43.22)	2:51.81 (45.00)	
	3:38.04 (46.23)	4:25.05 (47.01)	5:11.62 (46.57)	5:58.93 (47.31)	
	6:45.95 (47.02)	7:33.27 (47.32)	8:18.86 (45.59)	9:07.22 (48.36)	
	9:53.66 (46.44)	10:40.60 (46.94)	11:26.87 (46.27)	12:13.46 (46.59)	
	12:59.41 (45.95)	13:44.06 (44.65)	14:29.38 (45.32)	15:03.10 (33.72)	
14	Plavchan, Lincoln	11	Fairfax Foxes Swimming	NT	15:06.52
	36.30	1:17.92 (41.62)	2:01.77 (43.85)	2:47.03 (45.26)	
	3:32.90 (45.87)	4:19.31 (46.41)	5:05.09 (45.78)	5:52.36 (47.27)	
	6:38.61 (46.25)	7:25.67 (47.06)	8:12.88 (47.21)	9:00.41 (47.53)	
	9:47.09 (46.68)	10:33.45 (46.36)	11:21.33 (47.88)	12:07.01 (45.68)	
	12:53.28 (46.27)	13:39.94 (46.66)	14:25.51 (45.57)	15:06.52 (41.01)	
15	Dalai, Yug	11	The Capitol Sea Devils	NT	16:54.37
	39.58	1:24.00 (44.42)	2:13.62 (49.62)	3:02.45 (48.83)	
			5:39.02 ()	6:30.30 (51.28)	
	7:21.70 (51.40)	8:14.63 (52.93)	9:07.45 (52.82)	10:00.27 (52.82)	
	10:53.44 (53.17)	11:44.45 (51.01)	13:28.14 (1:43.69)		
	14:19.67 ()	15:11.35 (51.68)	16:05.43 (54.08)	16:54.37 (48.94)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 26 Women 11 & Over 1650 Yard Freestyle****17:49.39 11&O SECT EZ Sectionals****19:05.56 11&O SR PVS Open Champs**

	Name	Age	Team	Seed Time	Finals Time	
1	Roche, Madeline	16	Nation's Capital Swim Club	17:52.39	18:06.41	SR
	28.50	59.43 (30.93)	1:30.95 (31.52)	2:02.98 (32.03)		
	2:35.13 (32.15)	3:07.52 (32.39)	3:40.03 (32.51)	4:12.53 (32.50)		
	4:45.23 (32.70)	5:18.00 (32.77)	5:50.95 (32.95)	6:23.51 (32.56)		
	6:56.15 (32.64)	7:29.24 (33.09)	8:02.47 (33.23)	8:35.87 (33.40)		
	9:09.19 (33.32)	9:42.52 (33.33)	10:16.17 (33.65)	10:49.82 (33.65)		
	11:23.44 (33.62)	11:57.13 (33.69)	12:30.83 (33.70)	13:04.38 (33.55)		
	13:38.02 (33.64)	14:12.06 (34.04)	14:45.48 (33.42)	15:19.27 (33.79)		
	15:52.72 (33.45)	16:26.44 (33.72)	17:00.06 (33.62)	17:33.52 (33.46)	18:06.41 (32.89)	
2	Steiner, Lilly	14	The Capitol Sea Devils	18:42.58	18:12.04	SR
	29.00	1:00.63 (31.63)	1:33.34 (32.71)	2:06.54 (33.20)		
	2:39.40 (32.86)	3:12.64 (33.24)	3:45.80 (33.16)	4:18.88 (33.08)		
	4:52.52 (33.64)	5:25.73 (33.21)	5:59.27 (33.54)	6:32.65 (33.38)		
	7:06.08 (33.43)	7:39.44 (33.36)	8:12.98 (33.54)	8:46.17 (33.19)		
	9:19.70 (33.53)	9:53.12 (33.42)	10:26.77 (33.65)	10:59.98 (33.21)		
	11:33.19 (33.21)	12:06.75 (33.56)	12:40.07 (33.32)	13:12.79 (32.72)		
	13:46.31 (33.52)	14:19.62 (33.31)	14:53.02 (33.40)	15:26.28 (33.26)		
	15:59.64 (33.36)	16:33.27 (33.63)	17:06.92 (33.65)	17:40.26 (33.34)	18:12.04 (31.78)	
3	Cameron, Bryn	17	Arlington Aquatic Club	18:47.67	18:58.27	SR
	30.26	1:04.43 (34.17)	1:38.99 (34.56)	2:13.30 (34.31)		
	2:47.66 (34.36)	3:22.12 (34.46)	3:56.58 (34.46)	4:30.10 (33.52)		
	5:03.92 (33.82)	5:37.86 (33.94)	6:11.74 (33.88)	6:46.17 (34.43)		
	7:20.45 (34.28)	7:55.17 (34.72)	8:29.79 (34.62)	9:05.04 (35.25)		
	9:40.17 (35.13)	10:14.68 (34.51)	10:48.77 (34.09)	11:23.91 (35.14)		
	11:58.47 (34.56)	12:32.72 (34.25)	13:07.00 (34.28)	13:40.72 (33.72)		
	14:15.67 (34.95)	14:49.83 (34.16)	15:25.29 (35.46)	16:01.54 (36.25)		
	16:37.90 (36.36)	17:13.71 (35.81)	17:49.72 (36.01)	18:25.02 (35.30)	18:58.27 (33.25)	
4	Feinberg, Mad	17	Fairfax Foxes Swimming	18:42.27	19:33.24	
	31.71	1:06.37 (34.66)	1:41.39 (35.02)	2:16.55 (35.16)		
	2:51.77 (35.22)	3:27.08 (35.31)	4:01.63 (34.55)	4:36.35 (34.72)		
	5:11.08 (34.73)	5:45.93 (34.85)	6:20.96 (35.03)	6:55.90 (34.94)		
	7:31.11 (35.21)	8:06.13 (35.02)	8:41.46 (35.33)	9:16.94 (35.48)		
	9:52.36 (35.42)	10:28.01 (35.65)	11:04.12 (36.11)	11:40.14 (36.02)		
	12:16.15 (36.01)	12:52.11 (35.96)	13:27.48 (35.37)	14:03.64 (36.16)		
	14:40.23 (36.59)	15:17.31 (37.08)	15:55.02 (37.71)	16:32.51 (37.49)		
	17:09.79 (37.28)	17:46.30 (36.51)	18:22.45 (36.15)	18:58.77 (36.32)	19:33.24 (34.47)	
5	Ladd, Ruth	16	The Capitol Sea Devils	20:31.76	20:21.30	
	30.48	1:04.29 (33.81)	1:39.37 (35.08)	2:14.94 (35.57)		
	2:50.82 (35.88)	3:27.55 (36.73)	4:04.12 (36.57)	4:41.00 (36.88)		
	5:18.12 (37.12)	5:55.34 (37.22)	6:32.55 (37.21)	7:09.82 (37.27)		
	7:46.84 (37.02)	8:24.91 (38.07)	9:02.47 (37.56)	9:39.70 (37.23)		
	10:17.25 (37.55)	10:55.42 (38.17)	11:33.39 (37.97)	12:11.61 (38.22)		
	12:48.89 (37.28)	13:26.35 (37.46)	14:03.89 (37.54)	14:41.30 (37.41)		
	15:18.70 (37.40)	15:56.57 (37.87)	16:34.75 (38.18)	17:13.03 (38.28)		
	17:51.04 (38.01)	18:29.04 (38.00)	19:07.30 (38.26)	19:44.71 (37.41)	20:21.30 (36.59)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 26 Women 11 & Over 1650 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
6	Collins, Brooke	14	The Fish	NT	21:28.57
	32.79	1:10.51 (37.72)	1:49.40 (38.89)	2:28.06 (38.66)	
	3:06.70 (38.64)	3:45.89 (39.19)	4:25.12 (39.23)	5:04.30 (39.18)	
	5:44.10 (39.80)	6:23.97 (39.87)	7:03.60 (39.63)	7:42.54 (38.94)	
	8:21.91 (39.37)	9:00.87 (38.96)	9:40.18 (39.31)	10:20.29 (40.11)	
	10:59.57 (39.28)	11:38.62 (39.05)	12:18.08 (39.46)	12:57.98 (39.90)	
	13:36.88 (38.90)	14:16.72 (39.84)	14:56.35 (39.63)	15:36.02 (39.67)	
	16:15.40 (39.38)	16:54.97 (39.57)	17:35.33 (40.36)	18:14.76 (39.43)	
	18:54.07 (39.31)	19:33.14 (39.07)	20:12.45 (39.31)	20:51.78 (39.33)	21:28.57 (36.79)

Event 26 Men 11 & Over 1650 Yard Freestyle**16:43.99 11&O SECT EZ Sectionals****18:13.09 11&O SR PVS Open Champs**

	Name	Age	Team	Seed Time	Finals Time
1	Guthrie, Hunter	17	The Fish	16:05.87	16:15.26 SECT
	25.81	54.44 (28.63)	1:23.44 (29.00)	1:53.06 (29.62)	
	2:22.70 (29.64)	2:52.13 (29.43)	3:21.79 (29.66)	3:51.19 (29.40)	
	4:20.80 (29.61)	4:50.68 (29.88)	5:20.29 (29.61)	5:50.07 (29.78)	
	6:19.71 (29.64)	6:49.50 (29.79)	7:19.78 (30.28)	7:49.68 (29.90)	
	8:19.55 (29.87)	8:49.50 (29.95)	9:19.51 (30.01)	9:49.15 (29.64)	
	10:18.92 (29.77)	10:48.90 (29.98)	11:19.14 (30.24)	11:49.15 (30.01)	
	12:19.15 (30.00)	12:48.85 (29.70)	13:18.78 (29.93)	13:48.67 (29.89)	
	14:18.49 (29.82)	14:48.20 (29.71)	15:17.90 (29.70)	15:47.57 (29.67)	16:15.26 (27.69)
2	Johnson, Finn	15	The Capitol Sea Devils	17:10.82	16:55.17 SR
	26.79	56.18 (29.39)	1:26.50 (30.32)	1:57.55 (31.05)	
	2:28.69 (31.14)	3:00.01 (31.32)	3:31.24 (31.23)	4:02.15 (30.91)	
	4:32.78 (30.63)	5:03.80 (31.02)	5:34.68 (30.88)	6:06.10 (31.42)	
	6:37.47 (31.37)	7:08.54 (31.07)	7:39.62 (31.08)	8:10.82 (31.20)	
	8:41.85 (31.03)	9:12.41 (30.56)	9:43.50 (31.09)	10:14.33 (30.83)	
	10:44.97 (30.64)	11:15.84 (30.87)	11:46.66 (30.82)	12:17.60 (30.94)	
	12:48.70 (31.10)	13:19.28 (30.58)	13:50.18 (30.90)	14:21.78 (31.60)	
	14:52.73 (30.95)	15:24.05 (31.32)	15:55.32 (31.27)	16:26.01 (30.69)	16:55.17 (29.16)
3	Coleman, Edward	13	Nation's Capital Swim Club	18:45.13	17:19.13 SR
	27.50	57.69 (30.19)	1:28.77 (31.08)	2:00.21 (31.44)	
	2:32.22 (32.01)	3:04.62 (32.40)	3:36.83 (32.21)	4:09.35 (32.52)	
	4:41.14 (31.79)	5:12.74 (31.60)	5:44.62 (31.88)	6:16.43 (31.81)	
	6:48.44 (32.01)	7:20.47 (32.03)	7:52.68 (32.21)	8:24.39 (31.71)	
	8:56.41 (32.02)	9:28.34 (31.93)	9:59.77 (31.43)	10:31.77 (32.00)	
	11:03.53 (31.76)	11:34.96 (31.43)	12:07.02 (32.06)	12:38.87 (31.85)	
	13:10.12 (31.25)	13:42.05 (31.93)	14:14.50 (32.45)	14:46.36 (31.86)	
	15:17.47 (31.11)	15:48.85 (31.38)	16:19.89 (31.04)	16:50.68 (30.79)	17:19.13 (28.45)
4	Young, Marcus	16	The Fish	17:52.38	17:34.73 SR
	28.64	1:00.14 (31.50)	1:31.45 (31.31)	2:02.70 (31.25)	
	2:34.49 (31.79)	3:06.27 (31.78)	3:38.63 (32.36)	4:10.84 (32.21)	
	4:42.81 (31.97)	5:14.80 (31.99)	5:47.22 (32.42)	6:19.89 (32.67)	
	6:52.01 (32.12)	7:24.33 (32.32)	7:56.87 (32.54)	8:29.51 (32.64)	
	9:01.86 (32.35)	9:34.24 (32.38)	10:06.50 (32.26)	10:38.54 (32.04)	
	11:10.68 (32.14)	11:42.75 (32.07)	12:14.84 (32.09)	12:46.75 (31.91)	
	13:19.05 (32.30)	13:51.41 (32.36)	14:23.69 (32.28)	14:56.26 (32.57)	
	15:28.58 (32.32)	16:00.92 (32.34)	16:33.06 (32.14)	17:04.65 (31.59)	17:34.73 (30.08)

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 26 Men 11 & Over 1650 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	
5	Farley, Evan	14	Nation's Capital Swim Club	19:01.22	17:45.13	SR
	27.72	57.94 (30.22)	1:28.98 (31.04)	2:00.47 (31.49)		
	2:32.38 (31.91)	3:04.20 (31.82)	3:36.63 (32.43)	4:08.81 (32.18)		
	4:40.80 (31.99)	5:13.02 (32.22)	5:45.13 (32.11)	6:17.49 (32.36)		
	6:49.94 (32.45)	7:22.21 (32.27)	7:54.75 (32.54)	8:27.36 (32.61)		
	9:00.03 (32.67)	9:33.09 (33.06)	10:05.86 (32.77)	10:38.45 (32.59)		
	11:11.69 (33.24)	11:44.31 (32.62)	12:17.10 (32.79)	12:50.00 (32.90)		
	13:22.63 (32.63)	13:55.91 (33.28)	14:28.67 (32.76)	15:01.81 (33.14)		
	15:34.99 (33.18)	16:07.70 (32.71)	16:40.77 (33.07)	17:13.24 (32.47)	17:45.13 (31.89)	
6	Phillips, Logan	14	Nation's Capital Swim Club	17:41.24	18:00.47	SR
	28.29	59.17 (30.88)	1:30.08 (30.91)	2:01.37 (31.29)		
	2:33.27 (31.90)	3:05.50 (32.23)	3:37.91 (32.41)	4:10.50 (32.59)		
	4:43.31 (32.81)	5:16.53 (33.22)	5:50.00 (33.47)	6:23.20 (33.20)		
	6:56.82 (33.62)	7:30.20 (33.38)	8:03.16 (32.96)	8:36.06 (32.90)		
	9:09.05 (32.99)	9:42.06 (33.01)	10:15.36 (33.30)	10:48.71 (33.35)		
	11:22.11 (33.40)	11:55.60 (33.49)	12:29.00 (33.40)	13:02.58 (33.58)		
	13:36.08 (33.50)	14:10.15 (34.07)	14:43.55 (33.40)	15:16.83 (33.28)		
	15:50.04 (33.21)	16:22.95 (32.91)	16:55.64 (32.69)	17:28.40 (32.76)	18:00.47 (32.07)	
7	Rubin, Jack	13	Arlington Aquatic Club	NT	18:35.38	
	28.72	1:00.85 (32.13)	1:33.47 (32.62)	2:06.32 (32.85)		
	2:39.49 (33.17)	3:13.00 (33.51)	3:46.49 (33.49)	4:18.87 (32.38)		
	4:51.99 (33.12)	5:25.71 (33.72)	5:59.81 (34.10)	6:33.96 (34.15)		
	7:08.27 (34.31)	7:42.02 (33.75)	8:16.03 (34.01)	8:50.72 (34.69)		
	9:25.79 (35.07)	10:00.72 (34.93)	10:35.38 (34.66)	11:08.62 (33.24)		
	11:44.07 (35.45)	12:18.16 (34.09)	12:52.62 (34.46)	13:26.72 (34.10)		
	14:02.07 (35.35)	14:35.61 (33.54)	15:09.50 (33.89)	15:44.59 (35.09)		
	16:18.01 (33.42)	16:53.04 (35.03)	17:27.81 (34.77)	18:02.31 (34.50)	18:35.38 (33.07)	
8	Rubin, Erik	15	Arlington Aquatic Club	NT	18:36.29	
	28.64	1:00.62 (31.98)	1:33.45 (32.83)	2:06.57 (33.12)		
	2:39.89 (33.32)	3:13.14 (33.25)	3:46.93 (33.79)	4:20.60 (33.67)		
	4:54.76 (34.16)	5:29.01 (34.25)	6:03.45 (34.44)	6:38.20 (34.75)		
	7:12.88 (34.68)	7:47.00 (34.12)	8:21.40 (34.40)	8:56.00 (34.60)		
	9:30.61 (34.61)	10:05.11 (34.50)	10:40.12 (35.01)	11:15.02 (34.90)		
	11:49.76 (34.74)	12:24.57 (34.81)	12:58.86 (34.29)	13:33.28 (34.42)		
	14:07.83 (34.55)	14:42.56 (34.73)	15:17.19 (34.63)	15:51.46 (34.27)		
	16:25.34 (33.88)	16:59.34 (34.00)	17:32.87 (33.53)	18:05.81 (32.94)	18:36.29 (30.48)	
9	Price, August	13	The Fish	NT	18:40.58	
	30.63	1:03.71 (33.08)	1:38.07 (34.36)	2:11.97 (33.90)		
	2:46.01 (34.04)	3:20.58 (34.57)	3:55.19 (34.61)	4:30.22 (35.03)		
	5:04.95 (34.73)	5:39.66 (34.71)	6:14.12 (34.46)	6:48.67 (34.55)		
	7:23.72 (35.05)	7:58.40 (34.68)	8:32.88 (34.48)	9:08.15 (35.27)		
	9:41.84 (33.69)	10:15.96 (34.12)	10:49.71 (33.75)	11:23.88 (34.17)		
	11:57.83 (33.95)	12:31.29 (33.46)	13:05.25 (33.96)	13:39.12 (33.87)		
	14:13.17 (34.05)	14:47.11 (33.94)	15:21.05 (33.94)	15:55.14 (34.09)		
	16:28.51 (33.37)	17:02.19 (33.68)	17:35.48 (33.29)	18:08.64 (33.16)	18:40.58 (31.94)	
10	Holguin, Sinclair	16	York Swim Club of Northern Vir	NT	19:12.26	
	30.30	1:03.26 (32.96)	1:37.47 (34.21)	2:11.80 (34.33)		
	2:46.94 (35.14)	3:20.62 (33.68)	3:55.69 (35.07)	4:30.26 (34.57)		
	5:04.64 (34.38)	5:39.29 (34.65)	6:13.16 (33.87)	6:48.03 (34.87)		
	7:23.42 (35.39)	8:33.61 (1:10.19)		9:08.95 ()		
	9:44.82 (35.87)	10:19.76 (34.94)	10:54.99 (35.23)	11:30.19 (35.20)		
	12:05.74 (35.55)	12:41.54 (35.80)	13:17.16 (35.62)	13:53.09 (35.93)		
	14:28.95 (35.86)	15:04.27 (35.32)	15:39.80 (35.53)	16:15.31 (35.51)		
	16:50.26 (34.95)	17:25.74 (35.48)	18:01.78 (36.04)	18:37.61 (35.83)	19:12.26 (34.65)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 26 Men 11 & Over 1650 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
11	Mohr, Jonah	14	Nation's Capital Swim Club	20:00.00	19:31.28
	30.99	1:05.63 (34.64)	1:40.93 (35.30)	2:16.16 (35.23)	
	2:51.03 (34.87)	3:26.18 (35.15)	4:01.81 (35.63)	4:37.88 (36.07)	
	5:13.09 (35.21)	5:48.68 (35.59)	6:24.62 (35.94)	7:01.38 (36.76)	
	7:36.59 (35.21)	8:12.53 (35.94)	8:49.32 (36.79)	9:25.06 (35.74)	
	10:00.37 (35.31)	10:35.68 (35.31)	11:11.34 (35.66)	11:47.84 (36.50)	
	12:23.83 (35.99)	12:59.98 (36.15)	13:35.56 (35.58)	14:11.37 (35.81)	
	14:47.43 (36.06)	15:23.35 (35.92)	15:59.18 (35.83)	16:33.93 (34.75)	
	17:09.37 (35.44)	17:45.08 (35.71)	18:20.23 (35.15)	18:55.82 (35.59)	19:31.28 (35.46)
12	McCleary, Carter	15	Fairfax Foxes Swimming	20:15.30	19:44.83
	30.41	1:05.04 (34.63)	1:40.37 (35.33)	2:16.19 (35.82)	
	2:51.96 (35.77)	3:27.34 (35.38)	4:03.69 (36.35)	4:39.17 (35.48)	
	5:14.67 (35.50)	5:51.03 (36.36)	6:27.16 (36.13)	7:03.30 (36.14)	
	7:39.28 (35.98)	8:15.14 (35.86)	8:51.14 (36.00)	9:27.50 (36.36)	
	10:03.53 (36.03)	10:38.77 (35.24)	11:14.50 (35.73)	11:50.27 (35.77)	
	12:26.32 (36.05)	13:03.06 (36.74)	13:40.14 (37.08)	14:16.83 (36.69)	
	14:53.67 (36.84)	15:30.04 (36.37)	16:06.76 (36.72)	16:43.05 (36.29)	
	17:20.05 (37.00)	17:56.75 (36.70)	18:33.56 (36.81)	19:10.75 (37.19)	19:44.83 (34.08)
13	Honeysett, Seth	15	Mako Swimming	NT	20:59.49
	29.83	1:03.84 (34.01)	1:39.96 (36.12)	2:17.60 (37.64)	
	2:55.68 (38.08)	3:34.36 (38.68)	4:13.48 (39.12)	4:53.20 (39.72)	
	5:32.98 (39.78)	6:12.08 (39.10)	6:51.18 (39.10)	7:30.58 (39.40)	
	8:10.27 (39.69)	8:49.31 (39.04)	9:28.47 (39.16)	10:08.08 (39.61)	
	10:47.74 (39.66)	11:27.95 (40.21)	12:06.61 (38.66)	12:45.66 (39.05)	
	13:25.08 (39.42)	14:04.18 (39.10)	14:43.37 (39.19)	15:21.75 (38.38)	
	16:00.21 (38.46)	16:38.55 (38.34)	17:17.35 (38.80)	17:56.22 (38.87)	
	18:34.57 (38.35)	19:12.20 (37.63)	19:48.98 (36.78)	20:26.13 (37.15)	20:59.49 (33.36)
14	Gonzalez, Vikas	13	Arlington Aquatic Club	NT	21:22.77
	34.23	1:12.17 (37.94)	1:51.82 (39.65)	2:30.12 (38.30)	
	3:08.40 (38.28)	3:46.93 (38.53)	4:25.70 (38.77)	5:04.86 (39.16)	
	5:43.53 (38.67)	6:22.30 (38.77)	7:01.28 (38.98)	7:39.89 (38.61)	
	8:18.59 (38.70)	8:57.74 (39.15)	9:36.36 (38.62)	10:15.91 (39.55)	
	10:54.11 (38.20)	11:32.41 (38.30)	12:11.23 (38.82)	12:49.88 (38.65)	
	13:28.32 (38.44)	14:07.40 (39.08)	14:45.33 (37.93)	15:23.57 (38.24)	
	16:02.46 (38.89)	16:41.19 (38.73)	17:19.20 (38.01)	17:56.11 (36.91)	
	18:33.68 (37.57)	19:11.09 (37.41)	19:48.37 (37.28)	20:24.09 (35.72)	21:22.77 (58.68)
15	Willard, Garrett	17	Arlington Aquatic Club	22:22.05	21:34.16
	33.26	1:11.20 (37.94)	1:49.83 (38.63)	2:29.15 (39.32)	
	3:08.50 (39.35)	3:48.49 (39.99)	4:27.83 (39.34)	5:07.80 (39.97)	
	5:47.44 (39.64)	6:27.68 (40.24)	7:06.94 (39.26)	7:47.12 (40.18)	
	8:27.52 (40.40)	9:08.32 (40.80)	9:49.00 (40.68)	10:29.55 (40.55)	
	11:08.72 (39.17)	11:48.57 (39.85)	12:27.52 (38.95)	13:07.06 (39.54)	
	13:46.84 (39.78)	14:28.03 (41.19)	15:07.75 (39.72)	15:48.24 (40.49)	
	16:29.67 (41.43)	17:09.88 (40.21)	17:48.98 (39.10)	18:28.31 (39.33)	
	19:07.95 (39.64)	19:47.63 (39.68)	20:26.21 (38.58)	21:02.60 (36.39)	21:34.16 (31.56)
16	Ledford, Miles	13	Arlington Aquatic Club	NT	21:54.45
	33.69	1:11.84 (38.15)	1:50.38 (38.54)	2:29.96 (39.58)	
	3:09.07 (39.11)	3:47.89 (38.82)	4:28.14 (40.25)	5:07.43 (39.29)	
	5:48.42 (40.99)	6:27.75 (39.33)	7:08.36 (40.61)	7:49.35 (40.99)	
	8:29.46 (40.11)	9:08.83 (39.37)	9:48.67 (39.84)	10:28.76 (40.09)	
	11:08.65 (39.89)	11:50.10 (41.45)	12:31.00 (40.90)	13:12.43 (41.43)	
	13:53.30 (40.87)	14:34.97 (41.67)	15:16.82 (41.85)	15:58.00 (41.18)	
	16:38.45 (40.45)	17:20.49 (42.04)	18:02.80 (42.31)	18:40.65 (37.85)	
	19:21.72 (41.07)	20:01.86 (40.14)	20:41.92 (40.06)	21:18.37 (36.45)	21:54.45 (36.08)

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 26 Men 11 & Over 1650 Yard Freestyle)**

Name	Age	Team	Seed Time	Finals Time
--- Moore, Collin	16	Nation's Capital Swim Club	17:31.05	DFS
Declared false start				

Event 27 Girls 9-10 500 Yard Freestyle**6:59.99 9-10 14U PVS 14U Championship**

Name	Age	Team	Seed Time	Finals Time
1 Scully, Maggie	10	York Swim Club of Northern Vir	6:47.07	6:28.59 14U
34.45	1:12.33 (37.88)	1:51.39 (39.06)	2:30.85 (39.46)	
3:11.56 (40.71)	3:52.55 (40.99)	4:33.81 (41.26)	5:13.69 (39.88)	
5:51.87 (38.18)	6:28.59 (36.72)			
2 Van Schagen, Tessa	10	The Capitol Sea Devils	7:14.72	6:29.34 14U
31.37	1:09.00 (37.63)	1:49.03 (40.03)	2:30.59 (41.56)	
3:11.27 (40.68)	3:52.19 (40.92)	4:32.84 (40.65)	5:14.28 (41.44)	
5:53.19 (38.91)	6:29.34 (36.15)			
3 Palacio, Isa	10	Nation's Capital Swim Club	NT	6:41.57 14U
34.72	1:13.66 (38.94)	1:53.57 (39.91)	2:34.93 (41.36)	
3:16.13 (41.20)	3:58.25 (42.12)	4:40.05 (41.80)	5:21.56 (41.51)	
6:02.33 (40.77)	6:41.57 (39.24)			
4 Whritenour, Calli	10	Mako Swimming	NT	7:05.45
35.21	1:16.30 (41.09)	1:58.92 (42.62)	2:41.90 (42.98)	
3:24.70 (42.80)	4:09.02 (44.32)	4:55.37 (46.35)	5:42.54 (47.17)	
6:27.27 (44.73)	7:05.45 (38.18)			
5 Cervenak, McKinley	10	York Swim Club of Northern Vir	7:27.29	7:09.70
35.65	1:16.91 (41.26)	2:00.95 (44.04)	2:45.45 (44.50)	
3:30.75 (45.30)	4:15.67 (44.92)	5:01.44 (45.77)	5:47.33 (45.89)	
6:28.28 (40.95)	7:09.70 (41.42)			
6 Hetmanski, Meghan	10	York Swim Club of Northern Vir	8:13.22	7:24.09
40.28	1:24.03 (43.75)	2:09.35 (45.32)	2:55.74 (46.39)	
3:42.00 (46.26)	4:27.97 (45.97)	5:13.60 (45.63)	5:58.16 (44.56)	
6:42.62 (44.46)	7:24.09 (41.47)			
7 Ungaretti, Colette	10	Mako Swimming	7:56.62	7:25.73
39.37	1:23.79 (44.42)	2:09.58 (45.79)	2:55.20 (45.62)	
3:42.70 (47.50)	4:28.34 (45.64)	5:15.09 (46.75)	6:00.08 (44.99)	
6:45.18 (45.10)	7:25.73 (40.55)			
8 Misra, Kavya	10	The Capitol Sea Devils	NT	7:29.24
36.56	1:19.62 (43.06)	2:05.87 (46.25)	2:52.50 (46.63)	
3:39.08 (46.58)	4:27.12 (48.04)	5:15.09 (47.97)	6:02.83 (47.74)	
6:49.29 (46.46)	7:29.24 (39.95)			
9 O'Brien, Kylie	10	York Swim Club of Northern Vir	NT	7:43.18
39.01	1:24.91 (45.90)	2:11.59 (46.68)	2:59.37 (47.78)	
3:47.31 (47.94)	4:34.95 (47.64)	5:22.72 (47.77)	6:10.91 (48.19)	
6:58.84 (47.93)	7:43.18 (44.34)			
10 Falsone, Alessandra	9	The Fish	8:24.53	7:52.77
41.62	1:29.22 (47.60)	2:16.44 (47.22)	3:05.63 (49.19)	
3:54.38 (48.75)	4:43.06 (48.68)	5:30.48 (47.42)	6:18.58 (48.10)	
7:07.21 (48.63)	7:52.77 (45.56)			
11 Duffy, Abby	9	York Swim Club of Northern Vir	NT	7:55.02
40.56	1:27.03 (46.47)	2:14.65 (47.62)	3:03.12 (48.47)	
3:53.92 (50.80)	4:43.20 (49.28)	5:34.00 (50.80)	6:24.64 (50.64)	
7:12.44 (47.80)	7:55.02 (42.58)			
12 Erwin, Caroline	9	The Fish	NT	8:03.59
42.62	1:30.23 (47.61)	2:19.72 (49.49)	3:09.29 (49.57)	
3:59.15 (49.86)	4:48.64 (49.49)	5:38.02 (49.38)	6:28.80 (50.78)	
7:18.62 (49.82)	8:03.59 (44.97)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 27 Girls 9-10 500 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
13	Bonetti, Leonor	9	The Capitol Sea Devils	NT	8:16.37
	42.60	1:32.58 (49.98)	2:23.13 (50.55)	3:16.05 (52.92)	
	4:09.18 (53.13)	4:58.55 (49.37)	5:50.17 (51.62)	6:39.84 (49.67)	
	7:29.41 (49.57)	8:16.37 (46.96)			
14	Birns, Emmie	10	The Capitol Sea Devils	NT	8:59.65
	43.97	1:35.15 (51.18)	2:30.35 (55.20)	3:26.51 (56.16)	
	4:21.53 (55.02)	5:17.78 (56.25)	6:14.87 (57.09)	7:11.88 (57.01)	
	8:07.34 (55.46)	8:59.65 (52.31)			

Event 27 Boys 9-10 500 Yard Freestyle**6:59.99 9-10 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Finals Time
1	Wasilewski, Ben/Benjamin	10	The St. James	7:12.16	6:35.38 14U
	34.36	1:12.74 (38.38)	1:52.58 (39.84)	2:32.77 (40.19)	
	3:13.99 (41.22)	3:55.88 (41.89)	4:36.90 (41.02)	5:15.94 (39.04)	
	5:56.48 (40.54)	6:35.38 (38.90)			
2	Boyle, Collin	10	Herndon Aquatic Club	NT	6:35.59 14U
	33.96	1:12.50 (38.54)	1:53.17 (40.67)	2:33.47 (40.30)	
	3:13.97 (40.50)	3:55.21 (41.24)	4:36.07 (40.86)	5:17.11 (41.04)	
	5:57.00 (39.89)	6:35.59 (38.59)			
3	Donnelly, Keegan	10	Mako Swimming	7:22.03	6:48.90 14U
	35.56	1:15.33 (39.77)	1:57.15 (41.82)	2:38.69 (41.54)	
	3:21.04 (42.35)	4:03.32 (42.28)	4:45.51 (42.19)	5:27.25 (41.74)	
	6:10.00 (42.75)	6:48.90 (38.90)			
4	Crawford, Jose	10	The Capitol Sea Devils	NT	6:50.02 14U
	36.74	1:16.99 (40.25)	1:58.88 (41.89)	2:40.63 (41.75)	
	3:22.94 (42.31)	4:05.59 (42.65)	4:48.55 (42.96)	5:30.88 (42.33)	
	6:12.19 (41.31)	6:50.02 (37.83)			
5	Schneider, Brady	10	York Swim Club of Northern Vir	NT	7:16.00
	37.73	1:20.42 (42.69)	2:04.00 (43.58)	2:49.21 (45.21)	
	3:34.64 (45.43)	4:20.79 (46.15)	5:05.60 (44.81)	5:50.73 (45.13)	
	6:35.10 (44.37)	7:16.00 (40.90)			
6	Duffy, Danny	10	York Swim Club of Northern Vir	NT	7:36.67
	40.27	1:26.07 (45.80)	2:11.62 (45.55)	2:58.06 (46.44)	
	3:45.27 (47.21)	4:34.17 (48.90)	5:21.62 (47.45)	6:09.29 (47.67)	
	6:55.46 (46.17)	7:36.67 (41.21)			
7	Evans, Ian	10	The Capitol Sea Devils	NT	8:07.06
	43.51	1:30.67 (47.16)	2:19.98 (49.31)	3:10.39 (50.41)	
	4:00.31 (49.92)	4:50.95 (50.64)	5:41.14 (50.19)	6:31.27 (50.13)	
	7:20.66 (49.39)	8:07.06 (46.40)			

Event 28 Girls 11-12 100 Yard Backstroke**59.29 SECT EZ Sectionals****1:04.99 SR PVS Open Champs****1:10.99 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Paynter, Abby	12	Mako Swimming	1:06.43	1:04.53 SR
	31.08	1:04.53 (33.45)			
2	Caruth, Avery	12	Nation's Capital Swim Club	1:05.96	1:05.79 14U
	32.22	1:05.79 (33.57)			
3	Sorden, Claire	12	Mako Swimming	1:08.16	1:06.93 14U
	31.60	1:06.93 (35.33)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****A - Final ... (Event 28 Girls 11-12 100 Yard Backstroke)**

	Name	Age	Team	Prelim Time	Finals Time	
4	Andrews, Caroline	12	York Swim Club of Northern Vir	1:07.62	1:07.63	14U
	32.70	1:07.63 (34.93)				
5	Kosowski, Julia	11	Mako Swimming	1:10.59	1:09.50	14U
	33.33	1:09.50 (36.17)				
6	Howard, Serena	12	Mako Swimming	1:09.79	1:09.95	14U
	33.78	1:09.95 (36.17)				
7	Erwin, Amelia	11	The Fish	1:10.09	1:10.81	14U
	34.32	1:10.81 (36.49)				
8	Aurilio, Natalie	12	The Capitol Sea Devils	1:11.17	1:12.18	
	34.71	1:12.18 (37.47)				

Event 28 Girls 11-12 100 Yard Backstroke**59.29 SECT EZ Sectionals****1:04.99 SR PVS Open Champs****1:10.99 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Caruth, Avery	12	Nation's Capital Swim Club	1:10.25	1:05.96	14U
	32.30	1:05.96 (33.66)				
2	Paynter, Abby	12	Mako Swimming	1:09.91	1:06.43	14U
	32.73	1:06.43 (33.70)				
3	Andrews, Caroline	12	York Swim Club of Northern Vir	1:10.01	1:07.62	14U
	33.12	1:07.62 (34.50)				
4	Sorden, Claire	12	Mako Swimming	1:08.92	1:08.16	14U
	32.48	1:08.16 (35.68)				
5	Howard, Serena	12	Mako Swimming	1:12.16	1:09.79	14U
	33.87	1:09.79 (35.92)				
6	Erwin, Amelia	11	The Fish	1:10.43	1:10.09	14U
	34.20	1:10.09 (35.89)				
7	Kosowski, Julia	11	Mako Swimming	1:11.12	1:10.59	14U
	33.84	1:10.59 (36.75)				
8	Aurilio, Natalie	12	The Capitol Sea Devils	1:16.82	1:11.17	
	34.38	1:11.17 (36.79)				
9	Salerno, Genevieve	11	Fairfax Foxes Swimming	1:14.74	1:11.44	
	34.10	1:11.44 (37.34)				
10	Segerson, Vivian	12	The Capitol Sea Devils	1:12.93	1:11.46	
	34.92	1:11.46 (36.54)				
11	Gassenmeyer, Paige	12	Herndon Aquatic Club	1:15.96	1:11.62	
	34.70	1:11.62 (36.92)				
12	Kim, Ella	11	Mako Swimming	1:14.12	1:11.90	
	35.01	1:11.90 (36.89)				
13	Walsh, Caitlin	12	York Swim Club of Northern Vir	1:15.99	1:12.02	
	34.54	1:12.02 (37.48)				
14	Barnes, Makayla	12	Mako Swimming	1:14.88	1:12.81	
	35.36	1:12.81 (37.45)				
15	Cheng, Aria	11	Mako Swimming	1:14.60	1:12.88	
	35.48	1:12.88 (37.40)				
16	Lewis, Laney	12	Mako Swimming	1:12.02	1:13.51	
	34.90	1:13.51 (38.61)				
17	Sorden, Cate	11	Mako Swimming	1:17.29	1:13.89	
	35.45	1:13.89 (38.44)				
18	Kache, Rania	12	York Swim Club of Northern Vir	NT	1:14.13	
	35.91	1:14.13 (38.22)				

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 28 Girls 11-12 100 Yard Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
19	McLain, Skyla	12	Nation's Capital Swim Club	1:16.34	1:15.06
	36.46	1:15.06 (38.60)			
20	Steiling, Charlotte	12	York Swim Club of Northern Vir	1:16.67	1:15.68
	37.32	1:15.68 (38.36)			
21	Hanik, Bailey	11	Fairfax Foxes Swimming	1:17.65	1:15.88
	37.42	1:15.88 (38.46)			
22	Pelehac, Lilly	11	Nation's Capital Swim Club	1:19.64	1:16.25
	37.52	1:16.25 (38.73)			
23	Brown, Mallory	11	The Capitol Sea Devils	1:25.07	1:17.11
	37.81	1:17.11 (39.30)			
24	Seidman, Alexandra	12	Nation's Capital Swim Club	1:20.75	1:17.37
	36.76	1:17.37 (40.61)			
25	Jasinski, Maggie	12	Fairfax Foxes Swimming	1:21.25	1:18.27
	38.08	1:18.27 (40.19)			
26	Falsone, Isabella	11	The Fish	1:19.00	1:18.59
	37.45	1:18.59 (41.14)			
27	Martinez, Olivia	11	Nation's Capital Swim Club	1:17.66	1:18.98
	38.85	1:18.98 (40.13)			
28	Fahle, Gryffin	11	York Swim Club of Northern Vir	1:29.42	1:20.32
	38.75	1:20.32 (41.57)			
29	Schneider, Tinsley	11	The St. James	1:19.26	1:20.34
	38.53	1:20.34 (41.81)			
30	Spencer, Aubrey	11	The St. James	1:32.58	1:20.83
	37.91	1:20.83 (42.92)			
31	Leger, Leah	11	The St. James	NT	1:21.19
	1:22.07	1:21.19 ()			
32	Bitner, Ally	12	Fairfax Foxes Swimming	NT	1:21.42
	39.44	1:21.42 (41.98)			
33	Shepard, Harper	11	The Fish	1:25.31	1:22.96
34	Gabet, Coraline	12	York Swim Club of Northern Vir	1:23.32	1:22.99
	40.82	1:22.99 (42.17)			
35	Zimmer, Raquel	12	The Capitol Sea Devils	1:41.83	1:23.35
	40.47	1:23.35 (42.88)			
36	Chivvis, Usha	12	The Capitol Sea Devils	NT	1:23.99
	40.84	1:23.99 (43.15)			
37	Schmitz, Clara	12	The Fish	1:33.44	1:24.08
	41.48	1:24.08 (42.60)			
38	Padilla, Summer	11	York Swim Club of Northern Vir	1:28.89	1:24.09
	40.19	1:24.09 (43.90)			
39	Kiernan, Sinead	12	York Swim Club of Northern Vir	NT	1:24.40
	41.15	1:24.40 (43.25)			
40	Richardson, Annica	11	Nation's Capital Swim Club	1:25.81	1:24.53
	39.86	1:24.53 (44.67)			
41	Sahin, Payton	11	York Swim Club of Northern Vir	1:28.97	1:25.02
	40.64	1:25.02 (44.38)			
42	Sellgren, Kirin	11	York Swim Club of Northern Vir	1:33.67	1:26.33
	41.91	1:26.33 (44.42)			
43	Smith, Nora	11	The Capitol Sea Devils	NT	1:27.17
	41.93	1:27.17 (45.24)			
44	Kempler, Lillian	12	Mako Swimming	1:34.00	1:27.54
	42.60	1:27.54 (44.94)			
45	Baghai, Nila	12	The Fish	1:29.85	1:28.68
	42.60	1:28.68 (46.08)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 28 Girls 11-12 100 Yard Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
46	Hill, Helena	11	Nation's Capital Swim Club	1:25.63	1:29.17
	43.12	1:29.17 (46.05)			
47	Brink, Reagan	11	Herndon Aquatic Club	1:43.96	1:29.19
	41.14	1:29.19 (48.05)			
48	Cassell, Evie	12	Fairfax Foxes Swimming	1:39.64	1:29.38
	46.53	1:29.38 (42.85)			
49	Solomon, Ephi	11	The Capitol Sea Devils	1:41.09	1:29.42
50	Hong, Ayin	11	The Fish	1:37.35	1:29.55
	44.42	1:29.55 (45.13)			
51	Frazitta, Ryan	11	Herndon Aquatic Club	NT	1:29.96
	44.28	1:29.96 (45.68)			
52	Sick, Ava	11	Nation's Capital Swim Club	1:31.82	1:30.21
	44.08	1:30.21 (46.13)			
53	Valentini, Ellie	11	The Capitol Sea Devils	1:57.39	1:31.44
	42.89	1:31.44 (48.55)			
54	Zheng, Charlotte	11	The Fish	1:34.09	1:32.45
	44.50	1:32.45 (47.95)			
55	Hardwick, Mira	12	Fairfax Foxes Swimming	2:03.06	1:33.14
	44.39	1:33.14 (48.75)			
56	Fortner, Eleanor	12	Herndon Aquatic Club	NT	1:33.77
	44.74	1:33.77 (49.03)			
57	Abrams, LoLo	11	Jcc Swimming	1:48.47	1:34.51
	47.45	1:34.51 (47.06)			
58	Berthe, Hannah	11	York Swim Club of Northern Vir	NT	1:34.72
	45.96	1:34.72 (48.76)			
59	Coppins, Ellis	12	York Swim Club of Northern Vir	1:52.41	1:34.95
	1:34.93	1:34.95 (0.02)			
60	Parry, Mina	11	The Capitol Sea Devils	NT	1:39.42
	47.71	1:39.42 (51.71)			
61	Suazo, Sophia	11	Herndon Aquatic Club	1:45.18	1:42.83
	47.14	1:42.83 (55.69)			
---	Steele, Gigi	12	The Capitol Sea Devils	1:18.53	DQ
	Delay initiating turn after past vertical				
	34.42	DQ (39.27)			
---	Stiles, Tori	12	The Capitol Sea Devils	NT	DQ
	Not on back off wall				
	48.67	DQ (54.25)			

Event 29 Boys 11-12 100 Yard Backstroke**54.49 SECT EZ Sectionals****58.79 SR PVS Open Champs****1:10.99 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Cooper, Henry	12	The Fish	1:03.96	1:02.96 14U
	30.62	1:02.96 (32.34)			
2	MacKay, Bryce	12	York Swim Club of Northern Vir	1:04.64	1:03.62 14U
	30.89	1:03.62 (32.73)			
3	Eden, Owen	12	The Fish	1:05.89	1:04.34 14U
	31.72	1:04.34 (32.62)			
4	Maier, Will	11	Mako Swimming	1:05.23	1:04.82 14U
	31.58	1:04.82 (33.24)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****A - Final ... (Event 29 Boys 11-12 100 Yard Backstroke)**

	Name	Age	Team	Prelim Time	Finals Time	
5	Butler, Henry	12	The St. James	1:05.40	1:05.41	14U
	31.50	1:05.41 (33.91)				
6	Chawla, Vikas	12	Nation's Capital Swim Club	1:07.77	1:07.07	14U
	32.19	1:07.07 (34.88)				
7	Moh, Evan	12	Mako Swimming	1:08.18	1:07.57	14U
	32.55	1:07.57 (35.02)				
8	Pelaez, Andrew	11	The Fish	1:08.85	1:08.30	14U
	32.95	1:08.30 (35.35)				

Event 29 Boys 11-12 100 Yard Backstroke**54.49 SECT EZ Sectionals****58.79 SR PVS Open Champs****1:10.99 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Cooper, Henry	12	The Fish	1:05.62	1:03.96	14U
	1:03.96	1:03.96 ()				
2	MacKay, Bryce	12	York Swim Club of Northern Vir	1:08.45	1:04.64	14U
	31.34	1:04.64 (33.30)				
3	Maier, Will	11	Mako Swimming	1:06.54	1:05.23	14U
	31.42	1:05.23 (33.81)				
4	Butler, Henry	12	The St. James	1:08.29	1:05.40	14U
	31.38	1:05.40 (34.02)				
5	Eden, Owen	12	The Fish	1:05.28	1:05.89	14U
	32.71	1:05.89 (33.18)				
6	Chawla, Vikas	12	Nation's Capital Swim Club	1:08.84	1:07.77	14U
	32.37	1:07.77 (35.40)				
7	Moh, Evan	12	Mako Swimming	1:08.90	1:08.18	14U
	1:08.18	1:08.18 ()				
8	Pelaez, Andrew	11	The Fish	1:08.32	1:08.85	14U
	1:09.91	1:08.85 ()				
9	Johnson, Reid	11	The Capitol Sea Devils	1:11.61	1:10.45	14U
	34.39	1:10.45 (36.06)				
10	Suarez, Davidson	12	The St. James	1:17.30	1:10.62	14U
	1:12.42	1:10.62 ()				
11	Parks, Nicholas	11	York Swim Club of Northern Vir	1:12.35	1:10.71	14U
	33.85	1:10.71 (36.86)				
12	Wahl, Liam	12	Mako Swimming	1:13.63	1:11.08	
	33.91	1:11.08 (37.17)				
13	Goggin, Luke	12	Herndon Aquatic Club	1:16.90	1:13.25	
	36.13	1:13.25 (37.12)				
14	Majiros, Chanler	12	Mako Swimming	1:13.51	1:14.57	
	1:14.57	1:14.57 ()				
15	Huey, Carter	12	The Fish	1:16.96	1:14.63	
	36.10	1:14.63 (38.53)				
16	Somensatto, Marc	12	York Swim Club of Northern Vir	1:24.28	1:15.33	
	37.49	1:15.33 (37.84)				
17	Pinilla, Lulu	12	Mako Swimming	1:15.64	1:15.58	
	36.82	1:15.58 (38.76)				
18	Underdown, Reid	11	York Swim Club of Northern Vir	1:15.87	1:15.64	
	1:15.64	1:15.64 ()				
19	Mattos, Nicholas	12	The Capitol Sea Devils	NT	1:16.43	
	37.64	1:16.43 (38.79)				

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 29 Boys 11-12 100 Yard Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
20	Curtin, Aiden	11	Mako Swimming	1:23.33	1:16.80
	36.92	1:16.80 (39.88)			
21	Hylton, Bryson	12	The Fish	1:24.75	1:17.24
	37.76	1:17.24 (39.48)			
22	Powell-Switaj, Benton	12	The St. James	1:20.17	1:17.60
	1:17.60	1:17.60 ()			
23	Cline, Alex	12	York Swim Club of Northern Vir	1:25.26	1:17.97
	36.45	1:17.97 (41.52)			
24	Etris, Connor	12	York Swim Club of Northern Vir	1:19.31	1:18.07
	36.90	1:18.07 (41.17)			
25	Stewart, Hank	11	Mako Swimming	1:24.72	1:19.41
	38.26	1:19.41 (41.15)			
26	Lybarger, Hudson	11	The Capitol Sea Devils	1:24.38	1:20.14
	39.16	1:20.14 (40.98)			
27	Goldman, Benjamin	12	Herndon Aquatic Club	1:22.55	1:21.08
	41.42	1:21.08 (39.66)			
28	Major, Henry	11	York Swim Club of Northern Vir	1:25.58	1:21.25
	39.28	1:21.25 (41.97)			
29	Neal, Lewis	12	Mako Swimming	1:29.01	1:22.90
	40.78	1:22.90 (42.12)			
30	McCall, Jack	11	York Swim Club of Northern Vir	1:31.34	1:23.34
	40.29	1:23.34 (43.05)			
31	Ingham, Lucas	11	Herndon Aquatic Club	1:22.43	1:23.53
	39.36	1:23.53 (44.17)			
32	Moosavi, Cameron	11	York Swim Club of Northern Vir	NT	1:23.86
	39.41	1:23.86 (44.45)			
33	Perez-Roberts, Parker	11	York Swim Club of Northern Vir	1:36.86	1:23.97
	39.70	1:23.97 (44.27)			
34	Plavchan, Lincoln	11	Fairfax Foxes Swimming	1:26.24	1:24.85
	40.62	1:24.85 (44.23)			
35	Ornyas, Johnny	11	Fairfax Foxes Swimming	NT	1:25.67
	40.92	1:25.67 (44.75)			
36	Spotts, William	12	Nation's Capital Swim Club	1:47.03	1:26.36
	41.34	1:26.36 (45.02)			
37	Kaplan, Saul	11	The Capitol Sea Devils	NT	1:27.05
	41.56	1:27.05 (45.49)			
38	Tabak, Lucas	11	York Swim Club of Northern Vir	NT	1:28.41
	41.77	1:28.41 (46.64)			
39	Setlow, CJ	12	Fairfax Foxes Swimming	1:42.89	1:29.59
	43.95	1:29.59 (45.64)			
40	Melmed, Ian	11	The Capitol Sea Devils	NT	1:29.70
	43.75	1:29.70 (45.95)			
41	Banach, Lyle	11	The Capitol Sea Devils	1:39.80	1:30.42
	42.68	1:30.42 (47.74)			
42	Tannesen, Finn	11	Herndon Aquatic Club	NT	1:32.12
	45.48	1:32.12 (46.64)			
43	Evans, Jack	12	The Capitol Sea Devils	1:32.50	1:33.88
	44.08	1:33.88 (49.80)			
44	Keating, Gavin	12	York Swim Club of Northern Vir	1:39.83	1:35.15
45	Kelly, Brice	11	The Capitol Sea Devils	1:41.29	1:35.28
	46.09	1:35.28 (49.19)			
46	Meyers, Weston	12	The Capitol Sea Devils	1:47.80	1:38.81
	47.68	1:38.81 (51.13)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 29 Boys 11-12 100 Yard Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
47	Danciu-Burdescu, Noah	11	The Capitol Sea Devils	NT	1:39.90
	46.88		1:39.90 (53.02)		
48	Misiaszek, Max	12	The Capitol Sea Devils	NT	1:42.50
	47.54		1:42.50 (54.96)		
49	Hickey, Ben	11	York Swim Club of Northern Vir	NT	1:43.59
	51.30		1:43.59 (52.29)		
50	Kipper, Colton	11	Herndon Aquatic Club	NT	1:45.12
	51.82		1:45.12 (53.30)		
---	Prachanronarong-Budo, Ryker	11	Jcc Swimming	1:30.81	DQ
	Delay initiating turn after past vertical				
	39.10		DQ (45.31)		
---	MacKay, Devin	11	York Swim Club of Northern Vir	1:52.16	DQ
	Delay initiating turn after past vertical				
	51.06		DQ (53.24)		
---	Brannan, Luke	11	York Swim Club of Northern Vir	1:22.85	DQ
	Delay initiating turn after past vertical				
	38.34		DQ (41.49)		
---	Rattenbury, Cray	11	Nation's Capital Swim Club	1:23.12	DQ
	Delay initiating turn after past vertical				
	36.69		DQ (39.42)		
---	Pitocchelli, Fox	11	The Capitol Sea Devils	NT	DQ
	Delay initiating turn after past vertical				
	44.72		DQ (50.24)		
---	Sloan, Nicholas	11	The Capitol Sea Devils	1:55.52	DQ
	Delay initiating arm pull at turn				

Event 30 Girls 13-14 50 Yard Freestyle**24.79 SECT EZ Sectionals****26.29 SR PVS Open Champs****26.39 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Busen, McKinley	14	Nation's Capital Swim Club	24.64	24.35 SECT
2	Roth, Anna	14	Nation's Capital Swim Club	25.64	25.16 SR
3	Roth, Laura	14	Nation's Capital Swim Club	25.40	25.19 SR
4	Howard, Gwyn	14	Mako Swimming	26.05	25.81 SR
5	Kriz, Alexa	14	York Swim Club of Northern Vir	26.00	25.89 SR
6	Carroll, Maddie	14	Mako Swimming	25.92	25.94 SR
7	Mullen, Violet	13	Nation's Capital Swim Club	25.87	25.95 SR
8	Steiner, Lilly	14	The Capitol Sea Devils	26.18	26.25 SR
B - Final					
9	Haggard, Esme	14	York Swim Club of Northern Vir	26.32	25.56 SR
10	Roth, Mei Mei	14	Unattached	26.26	26.07 SR
11	McHenry, Ziva	13	The Fish	26.19	26.33 14U
12	Caven, Fiona	14	Mako Swimming	26.58	26.36 14U
13	Ryan, Haley	13	York Swim Club of Northern Vir	26.81	26.40
14	Lopez Murphy, Emilia	14	The Capitol Sea Devils	26.41	26.45
15	Nogales, Allegra	14	Nation's Capital Swim Club	26.83	26.90
16	Klaiber, Anna	14	The Fish	27.07	27.19

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 30 Girls 13-14 50 Yard Freestyle**

24.79 SECT EZ Sectionals

26.29 SR PVS Open Champs

26.39 14U PVS 14U Championship

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Busen, McKinley	14	Nation's Capital Swim Club	24.27	24.64	SECT
2	Roth, Laura	14	Nation's Capital Swim Club	25.74	25.40	SR
3	Roth, Anna	14	Nation's Capital Swim Club	25.18	25.64	SR
4	Mullen, Violet	13	Nation's Capital Swim Club	25.89	25.87	SR
5	Carroll, Maddie	14	Mako Swimming	26.28	25.92	SR
6	Kriz, Alexa	14	York Swim Club of Northern Vir	26.05	26.00	SR
7	Howard, Gwyn	14	Mako Swimming	26.15	26.05	SR
8	Steiner, Lilly	14	The Capitol Sea Devils	26.43	26.18	SR
9	McHenry, Ziva	13	The Fish	26.68	26.19	SR
10	Roth, Mei Mei	14	Unattached	26.31	26.26	SR
11	Haggard, Esme	14	York Swim Club of Northern Vir	25.95	26.32	14U
12	Lopez Murphy, Emilia	14	The Capitol Sea Devils	26.17	26.41	
13	Caven, Fiona	14	Mako Swimming	26.79	26.58	
14	Ryan, Haley	13	York Swim Club of Northern Vir	26.85	26.81	
15	Nogales, Allegra	14	Nation's Capital Swim Club	26.02	26.83	
16	Klaiber, Anna	14	The Fish	27.39	27.07	
17	Vayra, Emilia	14	Nation's Capital Swim Club	27.65	27.08	
18	Morgan, Annabelle	14	Nation's Capital Swim Club	27.47	27.21	
19	Garr, Sydney	14	Mako Swimming	27.28	27.27	
20	Kim, Gina	13	Mako Swimming	27.60	27.28	
21	Willie, Skyler	13	Mako Swimming	28.56	27.42	
22	Keenan, Mica	13	York Swim Club of Northern Vir	28.56	27.69	
23	Traboulsi, Sophia	14	York Swim Club of Northern Vir	26.92	27.73	
24	Scully, Lila	13	York Swim Club of Northern Vir	27.50	27.81	
25	Collins, Brooke	14	The Fish	27.75	27.86	
26	Ryder, Amelia	14	Fairfax Foxes Swimming	28.73	28.14	
27	Knobl, Kendyl	14	York Swim Club of Northern Vir	29.23	28.32	
28	Gowel, Annie	14	The Capitol Sea Devils	28.99	28.44	
29	McDonough, Simone	13	York Swim Club of Northern Vir	29.36	28.54	
30	Flanigan, Johanna	13	York Swim Club of Northern Vir	33.14	28.55	
31	Trimble, Grace	13	York Swim Club of Northern Vir	29.33	28.67	
32	Paisley, Sydney	13	Nation's Capital Swim Club	29.02	28.76	
33	Vasquez-Dretzka, Teresa	13	The Capitol Sea Devils	29.42	28.97	
34	O'Brien, Avery	13	York Swim Club of Northern Vir	29.53	29.35	
35	Corbett, Kenzie	13	Arlington Aquatic Club	31.17	29.39	
36	Pappas, Grace	13	Fairfax Foxes Swimming	29.88	29.42	
37	Vasquez, Ava	13	The Capitol Sea Devils	32.51	29.44	
38	Shepherd, Adrienne	13	Fairfax Foxes Swimming	29.53	29.49	
39	Olsen, Evelyn	14	The Capitol Sea Devils	29.37	29.53	
40	Cravens, Natalie	13	York Swim Club of Northern Vir	29.40	29.56	
41	Melendrez, Ava	14	Fairfax Foxes Swimming	30.52	29.58	
42	Trollinger, Betsy	13	Mako Swimming	31.95	29.59	
*43	Kache, Sonali	14	York Swim Club of Northern Vir	29.50	29.60	
*43	D'Ambrogi, Isabella	14	The St. James	29.73	29.60	
45	Kramer, Renee	14	York Swim Club of Northern Vir	31.99	29.79	
46	Wahala, Mary	13	Mako Swimming	31.91	29.92	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 30 Girls 13-14 50 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
47	Wiley-Jimenez, Ari	13	The Fish	31.05	29.98
48	Rutherford, Sophie	14	The Capitol Sea Devils	30.56	30.07
49	Berlin, Elodie	14	The Capitol Sea Devils	31.51	30.44
50	Henry, Lara	13	York Swim Club of Northern Vir	30.49	30.71
51	Lypson-Campbell, Morgan	14	The Capitol Sea Devils	31.26	30.93
*52	Robinson, Kate	13	York Swim Club of Northern Vir	32.72	31.02
*52	Sander, Mia	13	The St. James	30.56	31.02
54	Mack, Quincy	13	Fairfax Foxes Swimming	32.51	31.06
55	Mall, Avani	13	York Swim Club of Northern Vir	30.44	31.21
*56	O'Reilly, Elliott	13	York Swim Club of Northern Vir	30.84	31.23
*56	Marlin, Finley	13	The Capitol Sea Devils	30.58	31.23
58	Pappageorge, Nicole	14	Herndon Aquatic Club	35.11	31.31
59	Hernandez-Giblin, Esperanza	14	The Fish	32.34	31.39
60	Smith, Cristina	14	Fairfax Foxes Swimming	31.79	31.42
61	Ali-Minayar, Ava	14	The St. James	32.37	31.44
62	Marra, Coco	13	The St. James	31.62	31.45
63	Hong, Eilis	13	The Capitol Sea Devils	31.65	31.52
64	Gordon, Shelby	13	The Capitol Sea Devils	32.43	31.86
65	Zayas, Leandra	14	Jcc Swimming	30.71	31.97
66	Vigneault, Emmy	13	The Capitol Sea Devils	32.03	32.17
67	Penberthy, Tamsyn	13	The Capitol Sea Devils	34.13	32.26
68	Silva, Miranda	13	Mako Swimming	31.74	32.51
69	Cypes, Riley	14	The Capitol Sea Devils	32.53	32.55
70	Krabbe, Ashley	14	The Capitol Sea Devils	33.46	33.14
71	Caraway, Summer	13	Herndon Aquatic Club	NT	33.23
72	Treyster, Lila	13	York Swim Club of Northern Vir	32.54	33.81
73	Jones, Islita	13	The Capitol Sea Devils	33.13	33.92
74	Hietpas, Emily	13	Fairfax Foxes Swimming	NT	33.96
75	Sucro, Arya	13	Herndon Aquatic Club	41.11	34.20
76	Coogan, Bonnie	13	York Swim Club of Northern Vir	39.07	35.33
77	Schenker, Katie	13	The Capitol Sea Devils	36.47	35.39
78	Coogan, Mary	13	York Swim Club of Northern Vir	34.69	35.79
79	Ponce-Garcia, Julia	13	The Capitol Sea Devils	NT	36.78
80	Babbitt, Catherine	13	The Capitol Sea Devils	NT	36.85
81	Bundy, Addie	14	Jcc Swimming	33.64	36.89
82	Yuan, Aimee	13	The Fish	34.53	38.39
83	Rangnekar, Shyla	13	The Capitol Sea Devils	37.80	40.35
84	Smith, Eloise	13	The Capitol Sea Devils	41.35	40.38

Event 31 Boys 13-14 50 Yard Freestyle**22.39 SECT EZ Sectionals****23.59 SR PVS Open Champs****24.89 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Kim, Darren	14	Mako Swimming	23.30	22.79 SR
2	Clark, Logan	14	The St. James	23.92	23.38 SR
3	Sorden, Connor	13	Mako Swimming	24.23	23.89 14U
4	Bussey, Joseph	13	The Capitol Sea Devils	25.04	24.60 14U
5	Farley, Evan	14	Nation's Capital Swim Club	24.84	24.66 14U
6	Barry, Declan	14	Mako Swimming	25.15	24.81 14U
7	Kumbang, Yusuf	14	Fairfax Foxes Swimming	24.51	24.87 14U

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****A - Final ... (Event 31 Boys 13-14 50 Yard Freestyle)**

	Name	Age	Team	Prelim Time	Finals Time
8	Fukui, Taka	14	Jcc Swimming	25.17	25.22

B - Final

9	Klepper, Ari	14	The Capitol Sea Devils	25.26	24.94
10	Hill, Owen	14	The Fish	25.31	25.03
11	Kelly, Joseph	14	York Swim Club of Northern Vir	25.46	25.04
12	Phillips, Logan	14	Nation's Capital Swim Club	25.49	25.16
13	Penwell, Lawrence	13	Mako Swimming	25.37	25.38
14	Gori, Theo	14	York Swim Club of Northern Vir	25.56	25.40
15	Sayasithsena, Vincent	14	Mako Swimming	25.42	25.42
16	Alhambra, Kendal	14	Herndon Aquatic Club	25.52	25.62

Event 31 Boys 13-14 50 Yard Freestyle**22.39 SECT EZ Sectionals****23.59 SR PVS Open Champs****24.89 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Kim, Darren	14	Mako Swimming	23.11	23.30	SR
2	Leis, Jack	14	York Swim Club of Northern Vir	23.51	23.89	14U
3	Clark, Logan	14	The St. James	24.43	23.92	14U
4	Sorden, Connor	13	Mako Swimming	24.93	24.23	14U
5	Kumbang, Yusuf	14	Fairfax Foxes Swimming	25.77	24.51	14U
6	Farley, Evan	14	Nation's Capital Swim Club	26.34	24.84	14U
7	Bussey, Joseph	13	The Capitol Sea Devils	26.42	25.04	
8	Barry, Declan	14	Mako Swimming	25.46	25.15	
9	Fukui, Taka	14	Jcc Swimming	26.26	25.17	
10	Klepper, Ari	14	The Capitol Sea Devils	26.29	25.26	
11	Hill, Owen	14	The Fish	26.17	25.31	
12	Penwell, Lawrence	13	Mako Swimming	25.61	25.37	
13	Sayasithsena, Vincent	14	Mako Swimming	26.73	25.42	
14	Kelly, Joseph	14	York Swim Club of Northern Vir	25.99	25.46	
15	Phillips, Logan	14	Nation's Capital Swim Club	26.11	25.49	
16	Alhambra, Kendal	14	Herndon Aquatic Club	25.63	25.52	
17	Gori, Theo	14	York Swim Club of Northern Vir	26.09	25.56	
18	Penwell, William	13	Mako Swimming	25.84	25.61	
19	Rattenbury, Torin	13	Nation's Capital Swim Club	26.13	25.87	
20	Casteel, Nick	14	Fairfax Foxes Swimming	NT	25.90	
21	McCall, Billy	13	York Swim Club of Northern Vir	25.75	25.91	
22	Alman, Judah	14	Mako Swimming	26.37	25.95	
23	Sumner, George	14	Arlington Aquatic Club	26.24	25.99	
24	Nielsen, Grant	14	Nation's Capital Swim Club	26.16	26.00	
25	Stephens, Alex	14	Mako Swimming	26.15	26.14	
26	Martinez, Victor	14	Nation's Capital Swim Club	26.44	26.25	
27	Suggs, Dylan	13	The Capitol Sea Devils	27.29	26.43	
28	Asambiani, Artur	13	Fairfax Foxes Swimming	28.37	26.44	
29	Heeb, Gavin	13	Nation's Capital Swim Club	27.19	26.53	
30	Fortune, Sam	14	Mako Swimming	26.19	26.54	
31	Dean, Boone	14	Mako Swimming	25.58	26.60	
32	Maier, Jack	13	Mako Swimming	27.29	26.66	
33	Versaggi, Ryan	13	York Swim Club of Northern Vir	26.97	26.74	
34	Dowla, Dheva	13	Fairfax Foxes Swimming	28.39	26.75	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 31 Boys 13-14 50 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
*35	Hiscock, Will	13	The Capitol Sea Devils	27.34	26.77
*35	Kirkwood, Jose	13	York Swim Club of Northern Vir	29.13	26.77
37	Lee, Jayden	14	York Swim Club of Northern Vir	26.78	26.80
38	Chan, Jaxon	13	Mako Swimming	27.86	26.90
39	Tolar, Oliver	13	Nation's Capital Swim Club	27.98	27.01
40	Maloney, Max	13	The Capitol Sea Devils	NT	27.02
*41	Coleman, Will	13	Nation's Capital Swim Club	27.30	27.24
*41	Kownacki, Cooper	13	Mako Swimming	28.15	27.24
43	Toomey, Kyle	13	Herndon Aquatic Club	26.89	27.26
*44	Stephens, Sammy	13	Fairfax Foxes Swimming	27.57	27.34
*44	Banh, Sean	13	The St. James	27.37	27.34
*44	Ledford, Miles	13	Arlington Aquatic Club	26.92	27.34
*44	Linker, Owen	14	The Capitol Sea Devils	26.95	27.34
*48	Rosenthal, Parker	13	The Capitol Sea Devils	28.74	27.49
*48	Ryder, John	14	Fairfax Foxes Swimming	27.54	27.49
50	Mohr, Jonah	14	Nation's Capital Swim Club	28.86	27.56
51	McGee, Ryan	13	York Swim Club of Northern Vir	26.38	27.62
52	Schneider, Teague	13	The St. James	32.44	27.87
53	Askvig, Lukas	14	The Capitol Sea Devils	29.39	27.88
54	Granius, Aden	13	Fairfax Foxes Swimming	26.88	27.91
55	Rochberg, Nico	13	The Capitol Sea Devils	28.46	28.01
56	Xing, Aspen	13	The Fish	28.07	28.07
57	Thayer, Henry	13	Arlington Aquatic Club	29.22	28.17
58	Morais, Vincent	14	Herndon Aquatic Club	31.51	28.38
59	Avila, Drew	14	Fairfax Foxes Swimming	28.86	28.69
60	Abella, Zayden	13	Herndon Aquatic Club	31.65	28.86
61	Smith, Josh	14	The Capitol Sea Devils	32.00	28.90
62	Ekingen, Atlas	13	Fairfax Foxes Swimming	29.83	28.97
63	Yilmaz, Alex	13	Herndon Aquatic Club	NT	29.06
64	Strautz, Alek	14	Herndon Aquatic Club	NT	29.19
65	Christen, Aiden	14	Herndon Aquatic Club	32.41	29.25
*66	Chiquitucto, Joshua	13	The Capitol Sea Devils	31.79	29.36
*66	Ghate, Aren	13	Herndon Aquatic Club	30.23	29.36
68	Abosaid, Simon	13	Mako Swimming	29.03	29.54
69	Park, Colton	14	The Capitol Sea Devils	NT	29.63
70	Funderburk, J.B.	13	The Capitol Sea Devils	30.37	29.68
71	Regan, Gabriel	13	The Capitol Sea Devils	30.35	29.83
72	Schneidau, Dylan	13	The Capitol Sea Devils	29.57	29.90
73	Koay, Ethan	14	The Fish	29.98	30.05
74	Wright, Emmett	13	Fairfax Foxes Swimming	30.10	30.15
75	Monahan, Patrick	13	York Swim Club of Northern Vir	31.18	30.18
76	Farahi, Peyton	13	Fairfax Foxes Swimming	31.24	30.31
77	Harvey, Nathan	13	Mako Swimming	30.06	30.32
78	Levine, Seth	14	The Capitol Sea Devils	30.58	30.36
79	Bloss, Nathan	13	Arlington Aquatic Club	31.44	30.58
80	Hawksworth, Andrew	14	The Capitol Sea Devils	34.71	30.81
81	Vasasali, Krishna	13	Herndon Aquatic Club	33.40	31.17
82	Malm, Nathaniel	13	The Capitol Sea Devils	32.76	31.28
83	Wadas, Jake	13	Fairfax Foxes Swimming	33.87	31.83
84	Booher, Paxton	13	Fairfax Foxes Swimming	33.69	32.43
85	Warin, Garrett	13	Nation's Capital Swim Club	36.47	32.44
86	Giras, Cooper	13	The Fish	33.86	32.48

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 31 Boys 13-14 50 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
87	Green, Leo	13	The Capitol Sea Devils	33.40	32.53
88	Donahue, Adrian	13	Herndon Aquatic Club	32.40	32.70
89	Lewis, Carter	13	Fairfax Foxes Swimming	37.41	33.07
90	Lindsay, Alan	13	Fairfax Foxes Swimming	36.52	33.39
91	Bernasconi, Robert	13	Herndon Aquatic Club	32.41	34.42
92	Medina, Gianluca	13	Herndon Aquatic Club	39.72	35.25
93	Lin, Arion	14	The Capitol Sea Devils	36.41	36.67
94	Chinnam, Ritwik	14	Herndon Aquatic Club	NT	37.38

Event 32 Girls 11-12 50 Yard Freestyle**24.79 SECT EZ Sectionals****26.29 SR PVS Open Champs****28.39 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Vayra, Eva	12	Nation's Capital Swim Club	26.62	26.47 14U
2	Carroll, Hannah	12	Mako Swimming	27.41	27.32 14U
3	Ruiz de Gamboa, Ana	12	The Capitol Sea Devils	28.04	27.70 14U
*4	Bitner, Ally	12	Fairfax Foxes Swimming	27.56	27.77 14U
*4	Sorden, Claire	12	Mako Swimming	27.96	27.77 14U
6	Strano, Emma	12	Mako Swimming	28.22	27.91 14U
7	Moretz, Courtney	11	The Fish	28.21	27.94 14U
8	Dolan, Hannah	12	Nation's Capital Swim Club	28.30	28.35 14U

Event 32 Girls 11-12 50 Yard Freestyle**24.79 SECT EZ Sectionals****26.29 SR PVS Open Champs****28.39 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Vayra, Eva	12	Nation's Capital Swim Club	28.50	26.62 14U
2	Carroll, Hannah	12	Mako Swimming	27.33	27.41 14U
3	Bitner, Ally	12	Fairfax Foxes Swimming	29.90	27.56 14U
4	Sorden, Claire	12	Mako Swimming	28.14	27.96 14U
5	Ruiz de Gamboa, Ana	12	The Capitol Sea Devils	27.43	28.04 14U
6	Moretz, Courtney	11	The Fish	28.57	28.21 14U
7	Strano, Emma	12	Mako Swimming	28.93	28.22 14U
8	Dolan, Hannah	12	Nation's Capital Swim Club	31.04	28.30 14U
9	Sorden, Cate	11	Mako Swimming	28.22	28.32 14U
10	Boyle, Mollie	12	Herndon Aquatic Club	29.49	28.43
11	Steiling, Charlotte	12	York Swim Club of Northern Vir	28.80	28.52
12	Barnes, Makayla	12	Mako Swimming	28.83	28.54
13	Negrelli, Ana	11	The Fish	30.19	28.83
14	Walsh, Caitlin	12	York Swim Club of Northern Vir	30.22	28.89
15	Kache, Rania	12	York Swim Club of Northern Vir	29.31	28.90
16	Springer, Sedona	11	Nation's Capital Swim Club	29.63	29.45
17	Falsone, Isabella	11	The Fish	31.42	29.76
18	Fried, Hadley	11	Mako Swimming	28.77	29.87
19	Todd, Hannah	12	Herndon Aquatic Club	31.50	29.91
20	McLain, Skyla	12	Nation's Capital Swim Club	30.20	29.93
21	Lewis, Laney	12	Mako Swimming	29.44	30.07

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 32 Girls 11-12 50 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
22	Verasin, Tasanee	12	The St. James	30.59	30.17
23	Edelstein, Hannah	12	The Capitol Sea Devils	30.65	30.27
24	Leger, Leah	11	The St. James	29.68	30.32
25	Rosenthal, Giana	11	The Capitol Sea Devils	NT	30.39
26	Spencer, Aubrey	11	The St. James	33.19	30.71
27	Newsad, Isla	12	Mako Swimming	31.42	30.80
28	Gibbs, Evelyn	11	Mako Swimming	31.75	30.84
29	Nolten, Yasmina	12	The Fish	32.61	31.22
30	King, Katie	11	Mako Swimming	32.14	31.40
31	Padilla, Summer	11	York Swim Club of Northern Vir	31.45	31.49
32	Valentini, Ellie	11	The Capitol Sea Devils	36.66	31.64
33	Schmitz, Clara	12	The Fish	31.72	31.67
34	Martinez, Olivia	11	Nation's Capital Swim Club	31.98	31.79
35	Berntson, Lily	11	Fairfax Foxes Swimming	31.83	32.06
36	Pfiffner, Maddie	12	York Swim Club of Northern Vir	33.79	32.18
37	Gannon, Maeve	11	Fairfax Foxes Swimming	33.36	32.19
38	Pelehac, Lilly	11	Nation's Capital Swim Club	32.88	32.23
39	Hadzi-Vidanovic, Lily	12	The Capitol Sea Devils	31.63	32.37
40	Kiernan, Sinead	12	York Swim Club of Northern Vir	33.07	32.75
41	Smith, Nora	11	The Capitol Sea Devils	36.73	32.79
42	Draughon, Scarlett	11	The Capitol Sea Devils	34.32	32.84
43	Dogan, Ayla	11	Mako Swimming	33.82	32.85
44	Hockenbury, Claire	11	Fairfax Foxes Swimming	31.63	32.86
45	Sisserson, Hailey	11	Herndon Aquatic Club	32.88	32.95
46	O'Malley, Shona	11	The Capitol Sea Devils	35.74	33.10
47	Daumit, Maren	12	Fairfax Foxes Swimming	33.68	33.20
48	Linker, Reagan	12	The Capitol Sea Devils	35.64	33.32
49	Abraham, Naveen	11	The Capitol Sea Devils	35.87	33.37
50	Fawsett, Katie	12	The Capitol Sea Devils	33.86	33.45
51	Richardson, Annica	11	Nation's Capital Swim Club	35.92	33.56
52	Hanspal, Ella	12	Mako Swimming	38.55	33.65
53	Hardwick, Mira	12	Fairfax Foxes Swimming	36.70	33.79
54	Juarez, Vivian	12	The Capitol Sea Devils	34.23	34.01
55	Chivvis, Usha	12	The Capitol Sea Devils	35.64	34.07
56	Frazitta, Ryan	11	Herndon Aquatic Club	NT	34.24
57	Peters, Adeline	12	The Capitol Sea Devils	35.39	35.16
58	Morgan, Abby	12	Herndon Aquatic Club	35.28	35.18
59	Bryce, Sabrina	11	The Capitol Sea Devils	37.30	35.21
60	Rogers, Grace	11	Nation's Capital Swim Club	37.42	35.22
61	Mohl, Lucy	12	York Swim Club of Northern Vir	33.54	35.28
62	Berona, Samantha	11	The Capitol Sea Devils	NT	35.46
63	Clark, Elise	12	York Swim Club of Northern Vir	40.61	35.58
64	Magnuson, Sydney	11	York Swim Club of Northern Vir	36.91	35.70
65	Goldian, Claire	11	York Swim Club of Northern Vir	NT	35.86
66	Berthe, Hannah	11	York Swim Club of Northern Vir	36.58	36.00
*67	Dalecki, Nora	12	The Capitol Sea Devils	38.30	36.11
*67	Peffer, Rooney	11	Herndon Aquatic Club	37.68	36.11
69	Brink, Reagan	11	Herndon Aquatic Club	35.03	36.16
70	Nelson, Juliette	11	The Capitol Sea Devils	35.74	36.37
71	Hietpas, Rachel	11	Fairfax Foxes Swimming	NT	36.41
72	Scallan, Adair	11	The Capitol Sea Devils	45.89	36.43
73	Sick, Ava	11	Nation's Capital Swim Club	35.93	37.02

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 32 Girls 11-12 50 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
74	Kempler, Lillian	12	Mako Swimming	35.76	37.03
75	Anderson, Riley	11	Herndon Aquatic Club	37.39	37.50
76	Wright, Charlotte	11	Fairfax Foxes Swimming	37.44	37.57
77	Chiquitucto, Grace	11	The Capitol Sea Devils	43.05	38.03
78	Suazo, Sophia	11	Herndon Aquatic Club	39.88	38.04
79	Abrams, LoLo	11	Jcc Swimming	37.50	38.38
80	Cassell, Evie	12	Fairfax Foxes Swimming	41.59	38.87
81	Stiles, Tori	12	The Capitol Sea Devils	39.66	39.20
82	Sanchez, Isabel	12	The Capitol Sea Devils	NT	39.23
83	Sause, Nora	11	Nation's Capital Swim Club	40.34	39.33
84	Parry, Mina	11	The Capitol Sea Devils	NT	39.90
85	Ritter, Bryce	12	York Swim Club of Northern Vir	41.00	40.38
86	Getz, Cora	11	The Capitol Sea Devils	NT	40.45
87	Buckley, Fiona	12	The Capitol Sea Devils	43.09	40.74
88	Coppins, Ellis	12	York Swim Club of Northern Vir	44.99	40.86
89	Taylor, Scarlett	11	York Swim Club of Northern Vir	42.42	41.13
90	Cappell, Cora	11	The Capitol Sea Devils	39.80	41.45
91	Hershman, Rosie	11	York Swim Club of Northern Vir	44.44	41.72
92	Cahill, Violet	11	The Capitol Sea Devils	56.81	54.59

Event 33 Boys 11-12 50 Yard Freestyle**22.39 SECT EZ Sectionals****23.59 SR PVS Open Champs****28.39 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	von der Heydt, Alexander	12	The Fish	26.04	26.04 14U
2	Soukup, Aidan	12	Nation's Capital Swim Club	26.57	26.20 14U
3	Herbert, Mason	12	Mako Swimming	26.47	26.30 14U
4	Giangrandi, Ralph	11	The St. James	27.66	27.05 14U
5	Eubanks, Gavin	12	The Fish	27.77	27.18 14U
6	Major, Teddy	12	York Swim Club of Northern Vir	27.38	27.30 14U
7	Pelaez, Andrew	11	The Fish	27.52	27.49 14U
8	Klaiber, Owen	12	The Fish	27.56	27.59 14U

Event 33 Boys 11-12 50 Yard Freestyle**22.39 SECT EZ Sectionals****23.59 SR PVS Open Champs****28.39 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	von der Heydt, Alexander	12	The Fish	27.23	26.04 14U
2	Herbert, Mason	12	Mako Swimming	27.55	26.47 14U
3	Soukup, Aidan	12	Nation's Capital Swim Club	26.70	26.57 14U
4	Major, Teddy	12	York Swim Club of Northern Vir	28.45	27.38 14U
5	Pelaez, Andrew	11	The Fish	27.66	27.52 14U
6	Klaiber, Owen	12	The Fish	28.23	27.56 14U
7	Giangrandi, Ralph	11	The St. James	28.48	27.66 14U
8	Eubanks, Gavin	12	The Fish	28.59	27.77 14U
9	Powell-Switaj, Benton	12	The St. James	28.21	27.79 14U
10	Wahl, Liam	12	Mako Swimming	28.01	28.13 14U

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 33 Boys 11-12 50 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
*11	Casteel, Zach	12	Fairfax Foxes Swimming	38.49	28.55
*11	Lindroos, Ciaran	12	York Swim Club of Northern Vir	29.36	28.55
13	Williams, Archer	11	The Fish	29.73	28.66
14	Parks, Nicholas	11	York Swim Club of Northern Vir	29.48	28.92
15	Mattos, Nicholas	12	The Capitol Sea Devils	29.84	29.13
16	Guthner, Lucas	12	Mako Swimming	30.40	29.15
17	Gowel, Joey	12	The Capitol Sea Devils	29.68	29.19
18	Nguyen, Gabriel	12	York Swim Club of Northern Vir	32.08	29.45
19	Major, Henry	11	York Swim Club of Northern Vir	30.20	29.58
20	Flook, Liam	11	Mako Swimming	29.87	29.65
21	Montgomery, Luke	11	The St. James	29.27	29.76
22	Nault, Jericho	12	Herndon Aquatic Club	31.18	29.77
23	Schlotterer, Patrick	11	The Capitol Sea Devils	32.83	29.79
24	Rasmussen, Henry	11	York Swim Club of Northern Vir	30.89	30.05
25	Rattenbury, Cray	11	Nation's Capital Swim Club	30.69	30.12
26	Farquhar, Dylan	11	York Swim Club of Northern Vir	31.93	30.45
27	Kumbang, Zach	12	Fairfax Foxes Swimming	30.29	30.48
28	Bradley, Finn	12	York Swim Club of Northern Vir	32.36	30.51
29	Moosavi, Cameron	11	York Swim Club of Northern Vir	32.00	30.58
30	Yang, Dylan	11	Mako Swimming	31.78	30.74
*31	Mullins, Finn	12	Herndon Aquatic Club	32.77	30.75
*31	Kelly, Charlie	11	York Swim Club of Northern Vir	30.39	30.75
33	Devlin, Jack	11	Mako Swimming	31.19	30.83
34	Ma, Mario	12	The Fish	31.01	30.93
35	Tramonte, Tommy	11	York Swim Club of Northern Vir	31.98	31.20
36	McCall, Jack	11	York Swim Club of Northern Vir	32.20	31.28
37	Underdown, Reid	11	York Swim Club of Northern Vir	31.97	31.33
38	Toomey, Tyler	12	Herndon Aquatic Club	33.15	31.38
39	Traboulsi, Roman	11	York Swim Club of Northern Vir	32.42	31.62
40	Goldman, Benjamin	12	Herndon Aquatic Club	36.01	31.68
41	Jenks, Chase	11	York Swim Club of Northern Vir	32.11	31.86
42	Wright, Hank	11	Fairfax Foxes Swimming	33.63	32.31
43	Monahan, John	11	York Swim Club of Northern Vir	36.30	33.00
44	Butcher, Benny	12	The Capitol Sea Devils	32.32	33.14
*45	Connors, Jay	11	Herndon Aquatic Club	34.52	33.22
*45	Ornyas, Johnny	11	Fairfax Foxes Swimming	37.38	33.22
*47	Weber, Danny	12	The Fish	34.14	33.46
*47	Kaplan, Saul	11	The Capitol Sea Devils	35.03	33.46
*47	Krabbe, Adrian	11	The Capitol Sea Devils	33.97	33.46
50	Pitocchelli, Fox	11	The Capitol Sea Devils	33.64	33.63
51	Lavin, Keegan	12	York Swim Club of Northern Vir	NT	34.01
52	Limachi Orellana, Madox	11	York Swim Club of Northern Vir	NT	34.12
53	Tabak, Lucas	11	York Swim Club of Northern Vir	NT	34.32
54	Melmed, Ian	11	The Capitol Sea Devils	35.17	34.34
55	Kinsella, Peter	11	York Swim Club of Northern Vir	36.21	34.37
*56	Keating, Gavin	12	York Swim Club of Northern Vir	35.84	34.60
*56	DiGaudio, Luke	12	York Swim Club of Northern Vir	35.92	34.60
58	Banach, Lyle	11	The Capitol Sea Devils	34.99	34.80
59	Maloney, Owen	11	Fairfax Foxes Swimming	39.43	34.92
60	Morgan, Timmy	11	Herndon Aquatic Club	35.75	35.27
61	Ladd, Josiah	12	The Capitol Sea Devils	35.60	35.29
62	Pitotti, AJ	11	The Capitol Sea Devils	NT	35.55

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 33 Boys 11-12 50 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
63	Montero, Iban	11	The Capitol Sea Devils	36.61	35.56
64	Nelson, Sebastian	11	Mako Swimming	34.77	35.70
65	Kelly, Brice	11	The Capitol Sea Devils	39.74	35.92
66	Evans, Jack	12	The Capitol Sea Devils	36.26	36.17
67	Eckstein, Henry	11	The Capitol Sea Devils	NT	36.92
68	Kipper, Colton	11	Herndon Aquatic Club	38.20	37.31
69	Perez, Nicholas	11	The Capitol Sea Devils	NT	37.49
70	Todd, Brennan	11	Fairfax Foxes Swimming	35.78	37.71
71	Meeker, Nolan	11	Fairfax Foxes Swimming	NT	37.72
72	Sharp, Teddy	11	The Capitol Sea Devils	NT	38.06
73	MacKay, Devin	11	York Swim Club of Northern Vir	39.44	38.19
74	Aiyer, Rohan	11	The Capitol Sea Devils	39.11	40.01
75	Rochberg, Lucas	11	The Capitol Sea Devils	42.75	40.22
76	Momin, Rayan	12	The Capitol Sea Devils	NT	41.10
77	Houlahan, Noah	11	The Capitol Sea Devils	NT	41.24
78	Misiaszek, Max	12	The Capitol Sea Devils	44.94	41.67
79	Hickey, Ben	11	York Swim Club of Northern Vir	43.16	42.51
80	Sloan, Nicholas	11	The Capitol Sea Devils	44.56	43.39
81	Malkani, Nik	11	The Capitol Sea Devils	44.79	45.35
82	Ackley, Noah	11	York Swim Club of Northern Vir	48.61	46.20
83	Sucro, Nolan	11	Herndon Aquatic Club	NT	48.76

Event 34 Girls 15-18 50 Yard Freestyle**24.79 SECT EZ Sectionals****26.29 SR PVS Open Champs**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Sherman, Lila	16	The Fish	24.26	24.18 SECT
2	Watts, Emma	17	The Fish	24.82	24.34 SECT
3	Gramlich, Hazel	15	York Swim Club of Northern Vir	25.18	24.35 SECT
4	Dobrydney, Claire	17	Pava Panthers Swim Club	24.79	24.36 SECT
5	Rowan, Elliott	15	York Swim Club of Northern Vir	25.56	24.80 SR
6	Loftis, Ella	16	Nation's Capital Swim Club	24.91	24.81 SR
7	Friess, Caroline	17	Pava Panthers Swim Club	25.28	25.14 SR
8	Masten, Payton	16	Pava Panthers Swim Club	25.58	25.40 SR
B - Final					
9	Cota-Robles, Isabella	15	Nation's Capital Swim Club	26.23	25.31 SR
10	Clark, Kira	17	The St. James	25.63	25.39 SR
*11	Elster, Fiona	16	York Swim Club of Northern Vir	26.06	25.59 SR
*11	Young, Amelia	15	Arlington Aquatic Club	25.80	25.59 SR
13	Barker, Lilly	17	York Swim Club of Northern Vir	26.00	25.75 SR
14	Beggan, Berkleigh	16	Pava Panthers Swim Club	25.88	25.76 SR
15	Dewhirst, Emma	15	Nation's Capital Swim Club	26.15	25.77 SR
16	Oliphant, Lucy	15	Arlington Aquatic Club	26.17	26.00 SR

Event 34 Girls 15-18 50 Yard Freestyle**24.79 SECT EZ Sectionals****26.29 SR PVS Open Champs**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Sherman, Lila	16	The Fish	24.41	24.26 SECT
2	Dobrydney, Claire	17	Pava Panthers Swim Club	24.25	24.79 SECT

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 34 Girls 15-18 50 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time	
3	Watts, Emma	17	The Fish	24.49	24.82	SR
4	Loftis, Ella	16	Nation's Capital Swim Club	25.48	24.91	SR
5	Gramlich, Hazel	15	York Swim Club of Northern Vir	24.33	25.18	SR
6	Friess, Caroline	17	Pava Panthers Swim Club	25.36	25.28	SR
7	Rowan, Elliott	15	York Swim Club of Northern Vir	24.78	25.56	SR
8	Masten, Payton	16	Pava Panthers Swim Club	25.19	25.58	SR
9	Clark, Kira	17	The St. James	24.31	25.63	SR
10	Young, Amelia	15	Arlington Aquatic Club	25.64	25.80	SR
11	Beggan, Berkleigh	16	Pava Panthers Swim Club	26.25	25.88	SR
12	Barker, Lilly	17	York Swim Club of Northern Vir	24.71	26.00	SR
13	Elster, Fiona	16	York Swim Club of Northern Vir	NT	26.06	SR
14	Dewhirst, Emma	15	Nation's Capital Swim Club	25.50	26.15	SR
15	Oliphant, Lucy	15	Arlington Aquatic Club	25.98	26.17	SR
16	Cota-Robles, Isabella	15	Nation's Capital Swim Club	25.75	26.23	SR
17	Weatherbee, Alex	16	Fairfax Foxes Swimming	25.68	26.33	
18	Fitzgerald, Maya	16	Arlington Aquatic Club	25.83	26.33	
19	Prudius, Laura	16	York Swim Club of Northern Vir	25.98	26.38	
20	Madison, Leah	16	Fairfax Foxes Swimming	26.30	26.40	
*21	Colon, Ava	16	Mako Swimming	26.80	26.41	
*21	Frank, Lucie	16	Fairfax Foxes Swimming	26.21	26.41	
23	Stegmaier, Shannon	15	Mako Swimming	25.93	26.42	
24	Roche, Madeline	16	Nation's Capital Swim Club	28.66	26.47	
25	Fulton, Evelyn	16	The Capitol Sea Devils	26.56	26.59	
26	Hayken, Gia	16	Pava Panthers Swim Club	26.09	26.68	
27	Feinberg, Mad	17	Fairfax Foxes Swimming	26.07	26.75	
28	Tasber, Casey	16	The Fish	26.46	26.78	
29	Thomas, Emma	15	Fairfax Foxes Swimming	25.83	27.05	
*30	Hughes, Sydney	16	The Fish	26.94	27.19	
*30	Stevens, Audrey	16	The St. James	27.07	27.19	
32	Katen, Valerie	15	Nation's Capital Swim Club	27.22	27.26	
33	Weldon, Courtney	17	York Swim Club of Northern Vir	26.86	27.28	
*34	Lee, Christina	15	Nation's Capital Swim Club	26.49	27.31	
*34	Robinson, Ashley	15	Mako Swimming	26.79	27.31	
36	Fletcher, Leah	15	The Capitol Sea Devils	26.16	27.32	
37	Burke, Caroline	16	The St. James	25.71	27.35	
38	Xing, Chloe	15	The Fish	26.39	27.49	
39	Anderson, Claire	15	Mako Swimming	25.80	27.53	
40	Wallinger, Ella	17	York Swim Club of Northern Vir	27.02	27.59	
41	Campbell, Chloe	16	Arlington Aquatic Club	27.70	27.60	
42	Sullivan, Anna	17	York Swim Club of Northern Vir	25.93	27.68	
43	Hankins, Camryn	17	Jcc Swimming	27.15	27.75	
44	Nyamgarav, Nicole	16	Arlington Aquatic Club	27.64	27.89	
45	Monsky, Maclain	17	The St. James	27.08	27.90	
46	Parisi, Mireille	15	Arlington Aquatic Club	27.72	27.91	
47	Winslow, Kylie	16	Mako Swimming	26.99	28.10	
48	Logsdon, Evelyn	15	Arlington Aquatic Club	28.88	28.23	
49	Wallinger, Josie	17	York Swim Club of Northern Vir	28.22	28.31	
50	Miller, Etta	15	Nation's Capital Swim Club	28.44	28.41	
51	Snow, Sophie	16	Fairfax Foxes Swimming	27.70	28.51	
52	Smith, Camryn	15	The Capitol Sea Devils	NT	28.52	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 34 Girls 15-18 50 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
53	Popp, Miriam	16	Arlington Aquatic Club	29.46	28.63
54	Bailey, Kate	15	Nation's Capital Swim Club	29.06	28.64
55	Beltz, Kaja	16	The Capitol Sea Devils	28.27	28.70
56	Shields, Kate	15	York Swim Club of Northern Vir	29.16	28.87
57	Rosa, Amaya	16	York Swim Club of Northern Vir	29.13	29.01
58	Ryder, Anna	17	Fairfax Foxes Swimming	28.45	29.06
59	McDonough, Sasha	16	York Swim Club of Northern Vir	29.50	29.15
60	DeVore, Sarah	17	York Swim Club of Northern Vir	32.25	29.42
61	Benatti, Ella	15	Arlington Aquatic Club	29.95	29.50
62	Dixon, Lordon	16	Arlington Aquatic Club	29.09	29.66
63	Larson, Gabby	15	Arlington Aquatic Club	30.16	29.85
64	Kaplan, Yuki	15	York Swim Club of Northern Vir	29.77	30.08
65	Zaft, Junie	15	The Capitol Sea Devils	29.34	30.18
66	Bassotti, Elise	15	Arlington Aquatic Club	31.13	30.32
67	Green, Cami	15	The Capitol Sea Devils	29.58	30.35
68	Kumar, Kiera	15	The Capitol Sea Devils	30.16	30.37
69	Freund, Adelei	15	The Capitol Sea Devils	32.74	30.51
70	Willard, Olivia	15	York Swim Club of Northern Vir	29.51	30.63
71	Benisch, Reynie	16	York Swim Club of Northern Vir	30.51	30.72
72	Kasemsuwannakaeth, Pearly	17	The Capitol Sea Devils	30.91	30.87
73	Walker, Kaylee	16	The Capitol Sea Devils	30.88	30.96
74	Hietpas, Anna	17	Fairfax Foxes Swimming	42.57	31.23
75	Veerothai, Nina	18	The Capitol Sea Devils	29.74	31.24
76	Sander, Keiko	17	The St. James	29.92	31.54
77	Khalimova, Kamilya	16	The Fish	30.67	31.58
78	Formagus, Emma	16	The Capitol Sea Devils	29.47	31.59
79	Choi, Isabella	15	Arlington Aquatic Club	30.11	31.71
80	Smoyer, Misha	16	Arlington Aquatic Club	32.02	32.06
81	Olson, Morgan	16	The Capitol Sea Devils	32.47	32.12
82	Edelstein, Naomi	15	The Capitol Sea Devils	31.81	32.37
83	Hardwick, Maggie	15	Fairfax Foxes Swimming	31.68	32.71
84	Henderson, Ayden	16	The Capitol Sea Devils	34.19	33.64
85	Peaks, Sophia	16	York Swim Club of Northern Vir	33.13	33.86
86	Tillman, Aaliyah	15	Herndon Aquatic Club	38.34	38.09
87	Veretennikova, Anastasia	15	The Capitol Sea Devils	NT	38.59
88	Patrick, Julia	15	York Swim Club of Northern Vir	38.91	39.64

Event 35 Boys 15-18 50 Yard Freestyle**22.39 SECT EZ Sectionals****23.59 SR PVS Open Champs**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Thompson, Max	16	Pava Panthers Swim Club	21.16	20.77 SECT
2	Campet, Luke	17	York Swim Club of Northern Vir	22.29	21.49 SECT
3	Ramos, Diego	16	Pava Panthers Swim Club	21.80	21.71 SECT
4	Wang, Allen	17	Nation's Capital Swim Club	21.79	21.83 SECT
5	Tragle, Harrison	16	Pava Panthers Swim Club	22.19	21.86 SECT
6	Southern, Ryan	18	Nation's Capital Swim Club	21.99	22.05 SECT
7	Chilton, James	17	The St. James	22.17	22.08 SECT
8	Rogers, Zane	17	Nation's Capital Swim Club	22.14	22.18 SECT
B - Final					
9	Bechtle, JJ	16	York Swim Club of Northern Vir	22.42	22.37 SECT

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****B - Final ... (Event 35 Boys 15-18 50 Yard Freestyle)**

	Name	Age	Team	Prelim Time	Finals Time	
10	Rowan, Graham	17	York Swim Club of Northern Vir	23.10	22.50	SR
11	Guthrie, Hunter	17	The Fish	23.01	22.59	SR
12	Rossmann, Henry	15	The Fish	22.99	22.76	SR
13	Zenyuh, Quinn	15	Pava Panthers Swim Club	22.95	22.86	SR
14	Fukui, Hiro	16	Jcc Swimming	23.02	22.92	SR
15	Alexander, Matthew	17	Fairfax Foxes Swimming	23.07	22.97	SR
16	Young, Marcus	16	The Fish	23.14	23.11	SR

Event 35 Boys 15-18 50 Yard Freestyle**22.39 SECT EZ Sectionals****23.59 SR PVS Open Champs**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Thompson, Max	16	Pava Panthers Swim Club	21.09	21.16	SECT
2	Wang, Allen	17	Nation's Capital Swim Club	21.82	21.79	SECT
3	Ramos, Diego	16	Pava Panthers Swim Club	21.88	21.80	SECT
4	Southern, Ryan	18	Nation's Capital Swim Club	21.76	21.99	SECT
5	Anderson, James	17	Mako Swimming	21.67	22.00	SECT
6	Rogers, Zane	17	Nation's Capital Swim Club	22.13	22.14	SECT
7	Chilton, James	17	The St. James	21.52	22.17	SECT
8	Tragle, Harrison	16	Pava Panthers Swim Club	21.71	22.19	SECT
9	Campet, Luke	17	York Swim Club of Northern Vir	21.91	22.29	SECT
10	Bechtel, JJ	16	York Swim Club of Northern Vir	22.50	22.42	SR
11	Zenyuh, Quinn	15	Pava Panthers Swim Club	22.69	22.95	SR
12	Rossmann, Henry	15	The Fish	23.16	22.99	SR
13	Guthrie, Hunter	17	The Fish	22.75	23.01	SR
14	Fukui, Hiro	16	Jcc Swimming	22.11	23.02	SR
15	Alexander, Matthew	17	Fairfax Foxes Swimming	22.46	23.07	SR
16	Leather, James	17	Pava Panthers Swim Club	22.97	23.09	SR
17	Rowan, Graham	17	York Swim Club of Northern Vir	22.09	23.10	SR
18	Young, Marcus	16	The Fish	23.32	23.14	SR
19	Arraya, Michael	17	Fairfax Foxes Swimming	23.34	23.18	SR
20	Kohno, Sean	16	Nation's Capital Swim Club	23.31	23.28	SR
21	Manning, Jason	17	Mako Swimming	23.61	23.34	SR
22	Tan, Zachary	17	York Swim Club of Northern Vir	23.40	23.35	SR
23	McNeely, Connor	17	Mako Swimming	22.95	23.35	SR
*24	Henry, Robert	15	York Swim Club of Northern Vir	23.51	23.40	SR
*24	Flickinger, Ryan	17	Pava Panthers Swim Club	23.42	23.40	SR
26	Moore, Collin	16	Nation's Capital Swim Club	24.15	23.46	SR
27	Kinsella, James	16	York Swim Club of Northern Vir	41.10	23.50	SR
28	Williams, Darius	16	Fairfax Foxes Swimming	23.63	23.51	SR
29	Portner, Sully	16	Arlington Aquatic Club	23.23	23.56	SR
30	Barlotta, Connor	16	Nation's Capital Swim Club	25.13	23.59	SR
31	Van Schagen, Asher	16	The Capitol Sea Devils	23.82	23.60	
32	Pabotoy, Sam	17	Fairfax Foxes Swimming	23.53	23.64	
33	Stipanovic, Charles	15	York Swim Club of Northern Vir	23.72	23.66	
34	Papadopoulos, Frederick	15	Arlington Aquatic Club	23.72	23.67	
35	Dilber, Sarp	16	The Fish	23.23	23.69	
36	Lavin, Connor	15	York Swim Club of Northern Vir	24.49	23.73	
37	Abel, Lucas	16	The Fish	23.70	23.78	
38	Smith, Marcos	16	Fairfax Foxes Swimming	23.29	23.80	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 35 Boys 15-18 50 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
*39	Johnson, Finn	15	The Capitol Sea Devils	23.16	23.82
*39	Abbineni, Yogi	15	Pava Panthers Swim Club	23.50	23.82
41	Jurutka, Nate	16	York Swim Club of Northern Vir	24.29	23.88
42	Gibson, Charles	16	York Swim Club of Northern Vir	24.31	23.89
43	D'Ambrogi, Colton	16	The St. James	23.83	23.98
44	Chiquitucto, Christian	15	The Capitol Sea Devils	25.27	24.04
45	Fahle, Keaghan	17	York Swim Club of Northern Vir	23.43	24.07
46	Wang, Kenneth	16	York Swim Club of Northern Vir	23.77	24.14
47	Budharaju, Pranav	17	York Swim Club of Northern Vir	24.42	24.16
48	Frantz, Landon	17	York Swim Club of Northern Vir	23.42	24.17
49	Climer, Michael	16	The St. James	24.24	24.34
50	Musgrove, Aidan	17	Fairfax Foxes Swimming	24.23	24.40
51	Kim, Daniel	17	York Swim Club of Northern Vir	24.63	24.43
52	van de Graaff, Tony	16	Mako Swimming	23.07	24.50
53	Tidd, Eli	16	Herndon Aquatic Club	24.36	24.59
54	Holguin, Sinclair	16	York Swim Club of Northern Vir	24.37	24.61
55	Nelson, Andrew	16	The Capitol Sea Devils	24.80	24.79
56	Goede, Noah	16	The St. James	25.31	24.85
57	Underdown, Parks	15	York Swim Club of Northern Vir	24.65	24.92
58	Heisler, Nick	16	Pava Panthers Swim Club	24.42	24.99
59	Huggler, Peter	16	Arlington Aquatic Club	26.28	25.03
60	Guo, Lucas	15	Herndon Aquatic Club	25.60	25.11
61	Winthrop, Nate	15	The Fish	25.60	25.16
62	Walther, Tyson	17	Arlington Aquatic Club	25.13	25.25
63	Caldwell, Luke	15	Fairfax Foxes Swimming	25.25	25.27
64	Dunn, Brady	16	York Swim Club of Northern Vir	24.99	25.35
65	Moh, Aaron	15	Mako Swimming	25.10	25.36
66	Jewett, Jakob	15	Fairfax Foxes Swimming	25.27	25.47
67	Giese, Tyler	15	York Swim Club of Northern Vir	25.66	25.51
68	Garcia, Xavier	15	The St. James	25.74	25.67
69	Wright, Miles	16	Arlington Aquatic Club	25.76	25.70
70	Kramer, Nathan	16	York Swim Club of Northern Vir	26.11	25.81
71	Siple, Nathan	15	The Capitol Sea Devils	26.32	25.85
72	Corbett, Quade	15	Arlington Aquatic Club	26.28	25.88
73	Hosseini, Ayaan	17	Fairfax Foxes Swimming	24.93	25.89
74	Salazar, JT	15	The Fish	27.01	26.03
75	Kim, Brandon	15	The Fish	26.17	26.10
76	Hernandez-Giblin, Javier	16	The Fish	24.51	26.17
77	Sebunia, Griffin	16	York Swim Club of Northern Vir	25.89	26.19
78	Frantz, Cayden	15	York Swim Club of Northern Vir	27.29	26.32
79	Simpson, Levi	15	Herndon Aquatic Club	26.62	26.50
80	Kinsella, Brian	15	York Swim Club of Northern Vir	27.26	26.60
81	Bunnell, Christopher	17	Herndon Aquatic Club	NT	26.72
82	Dowla, Dhanava	15	Fairfax Foxes Swimming	26.49	26.84
83	Nadeem, Faris	16	Herndon Aquatic Club	26.98	26.85
84	McSween, Connor	15	Fairfax Foxes Swimming	26.97	26.88
85	Hogan, Connor	17	Arlington Aquatic Club	27.45	26.95
86	Rodriguez, Nicholas	17	Arlington Aquatic Club	26.44	26.97
87	Donahue, Patrick	15	Herndon Aquatic Club	26.92	27.05
88	Freeman, Asher	15	Jcc Swimming	27.91	27.45
89	Kang, HeeDoh	15	Arlington Aquatic Club	28.94	27.48
90	Yates, Finn	15	Herndon Aquatic Club	29.47	27.49

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 35 Boys 15-18 50 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
91	Gripas, Alexey	15	The Capitol Sea Devils	29.60	27.98
92	Shah, Amahl	15	The Capitol Sea Devils	30.87	29.79
---	Lindroos, Kai	17	York Swim Club of Northern Vir	23.41	DQ
	No Show Penalty Event				
---	Barlow, Quincy	16	Fairfax Foxes Swimming	23.25	DQ
	False start				

Event 36 Girls 11-12 200 Yard Freestyle**1:54.99 SECT EZ Sectionals****2:03.19 SR PVS Open Champs****2:15.99 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Vayra, Eva	12	Nation's Capital Swim Club	2:04.54	2:04.86 14U
	28.38	59.91 (31.53)	1:32.49 (32.58)	2:04.86 (32.37)	
2	Moretz, Courtney	11	The Fish	2:12.50	2:11.90 14U
	29.89	1:02.94 (33.05)	1:37.71 (34.77)	2:11.90 (34.19)	
3	Caruth, Avery	12	Nation's Capital Swim Club	2:13.34	2:12.44 14U
	30.36	1:04.53 (34.17)	1:38.72 (34.19)	2:12.44 (33.72)	
4	Carroll, Hannah	12	Mako Swimming	2:14.72	2:13.38 14U
	30.24	1:03.86 (33.62)	1:39.20 (35.34)	2:13.38 (34.18)	
5	Ruiz de Gamboa, Ana	12	The Capitol Sea Devils	2:14.20	2:15.02 14U
	29.78	1:03.72 (33.94)	1:39.80 (36.08)	2:15.02 (35.22)	
6	Olsen, Ingrid	12	The Capitol Sea Devils	2:22.29	2:15.78 14U
	30.67	1:05.69 (35.02)	1:41.18 (35.49)	2:15.78 (34.60)	
7	Salerno, Genevieve	11	Fairfax Foxes Swimming	2:20.75	2:18.67
	30.38	1:05.92 (35.54)	1:42.91 (36.99)	2:18.67 (35.76)	
8	McNiff, Alison	12	Mako Swimming	2:22.83	2:22.74
	32.30	1:08.11 (35.81)	1:45.95 (37.84)	2:22.74 (36.79)	

Event 36 Girls 11-12 200 Yard Freestyle**1:54.99 SECT EZ Sectionals****2:03.19 SR PVS Open Champs****2:15.99 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Vayra, Eva	12	Nation's Capital Swim Club	2:10.63	2:04.54 14U
	28.53	1:00.06 (31.53)	1:32.61 (32.55)	2:04.54 (31.93)	
2	Moretz, Courtney	11	The Fish	2:13.09	2:12.50 14U
	30.64	1:05.11 (34.47)	1:38.71 (33.60)	2:12.50 (33.79)	
3	Caruth, Avery	12	Nation's Capital Swim Club	2:15.85	2:13.34 14U
	31.03	1:05.35 (34.32)	1:39.73 (34.38)	2:13.34 (33.61)	
4	Ruiz de Gamboa, Ana	12	The Capitol Sea Devils	2:17.86	2:14.20 14U
	30.90	1:05.35 (34.45)	1:40.15 (34.80)	2:14.20 (34.05)	
5	Carroll, Hannah	12	Mako Swimming	2:14.08	2:14.72 14U
	30.38	1:04.81 (34.43)	1:39.66 (34.85)	2:14.72 (35.06)	
6	Salerno, Genevieve	11	Fairfax Foxes Swimming	2:32.12	2:20.75
	30.89	1:06.96 (36.07)	1:44.41 (37.45)	2:20.75 (36.34)	
7	Olsen, Ingrid	12	The Capitol Sea Devils	2:27.91	2:22.29
	31.62	1:07.93 (36.31)	1:45.35 (37.42)	2:22.29 (36.94)	
8	McNiff, Alison	12	Mako Swimming	2:24.31	2:22.83
	31.52	1:07.65 (36.13)	1:45.82 (38.17)	2:22.83 (37.01)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 36 Girls 11-12 200 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
9	Howard, Serena	12	Mako Swimming	2:23.52	2:23.78
	32.55	1:08.95 (36.40)	1:46.78 (37.83)	2:23.78 (37.00)	
10	Hetzel, Julia Grace	12	The Capitol Sea Devils	2:30.26	2:24.20
	31.46	1:08.67 (37.21)	1:47.35 (38.68)	2:24.20 (36.85)	
11	Springer, Sedona	11	Nation's Capital Swim Club	2:29.59	2:24.88
	31.97	1:08.18 (36.21)	1:46.69 (38.51)	2:24.88 (38.19)	
12	Vanderbeek, Adeline	12	Mako Swimming	2:37.60	2:26.16
	31.96	1:08.55 (36.59)	1:47.63 (39.08)	2:26.16 (38.53)	
13	Hanik, Bailey	11	Fairfax Foxes Swimming	2:27.30	2:27.16
	33.39	1:11.26 (37.87)	1:49.88 (38.62)	2:27.16 (37.28)	
14	Gibbs, Evelyn	11	Mako Swimming	2:48.33	2:29.63
	33.59	1:12.78 (39.19)	1:52.61 (39.83)	2:29.63 (37.02)	
15	Zimmer, Raquel	12	The Capitol Sea Devils	2:29.97	2:30.58
	34.28	1:12.63 (38.35)	1:53.01 (40.38)	2:30.58 (37.57)	
16	Gannon, Maeve	11	Fairfax Foxes Swimming	2:35.02	2:30.64
	34.67	1:12.58 (37.91)	1:51.44 (38.86)	2:30.64 (39.20)	
17	Seidman, Alexandra	12	Nation's Capital Swim Club	2:35.43	2:31.51
	33.01	1:11.33 (38.32)	1:52.50 (41.17)	2:31.51 (39.01)	
18	Niland, Avery	12	York Swim Club of Northern Vir	3:07.60	2:33.70
	35.28	1:14.13 (38.85)	1:55.17 (41.04)	2:33.70 (38.53)	
19	Shepard, Harper	11	The Fish	2:35.21	2:35.53
	34.74		1:55.91 ()	2:35.53 (39.62)	
20	McShane, Rachel	12	York Swim Club of Northern Vir	2:46.93	2:35.77
	33.96	1:13.41 (39.45)	1:55.10 (41.69)	2:35.77 (40.67)	
21	Hiscock, Ellie	11	The Capitol Sea Devils	2:46.06	2:37.61
	35.04	1:15.13 (40.09)	1:57.25 (42.12)	2:37.61 (40.36)	
22	Gabet, Coraline	12	York Swim Club of Northern Vir	2:46.39	2:41.26
	35.88	1:17.21 (41.33)	1:59.69 (42.48)	2:41.26 (41.57)	
23	Simpson, Delaney	11	Fairfax Foxes Swimming	3:07.85	2:41.43
	35.79	1:16.84 (41.05)	1:59.12 (42.28)	2:41.43 (42.31)	
24	Jasinski, Maggie	12	Fairfax Foxes Swimming	2:58.04	2:42.82
	38.28	1:21.03 (42.75)	2:03.48 (42.45)	2:42.82 (39.34)	
25	Draughon, Scarlett	11	The Capitol Sea Devils	3:01.14	2:42.88
	38.17	1:20.12 (41.95)	2:03.08 (42.96)	2:42.88 (39.80)	
26	Berntson, Lily	11	Fairfax Foxes Swimming	2:48.94	2:49.83
	34.93	1:17.30 (42.37)	2:03.08 (45.78)	2:49.83 (46.75)	
27	Hill, Helena	11	Nation's Capital Swim Club	2:52.26	2:52.26
	38.87	1:22.80 (43.93)	2:09.33 (46.53)	2:52.26 (42.93)	
28	Allen, Caris	12	Herndon Aquatic Club	2:57.52	2:53.60
	37.76	1:20.94 (43.18)	2:09.08 (48.14)	2:53.60 (44.52)	
29	Nelson, Juliette	11	The Capitol Sea Devils	3:03.77	2:57.79
	40.87	1:27.41 (46.54)	2:15.26 (47.85)	2:57.79 (42.53)	
30	Rogers, Grace	11	Nation's Capital Swim Club	3:28.81	3:05.94
	39.57	1:26.61 (47.04)	2:17.93 (51.32)	3:05.94 (48.01)	
31	Berona, Samantha	11	The Capitol Sea Devils	NT	3:06.01
	40.28		2:16.48 ()	3:06.01 (49.53)	
32	Cappell, Cora	11	The Capitol Sea Devils	NT	3:13.90
	43.03	1:32.93 (49.90)	2:24.67 (51.74)	3:13.90 (49.23)	
33	Berry, Allison	11	York Swim Club of Northern Vir	NT	3:16.41
	42.70	1:33.45 (50.75)	2:25.73 (52.28)	3:16.41 (50.68)	
34	Deuterman, Sophia	12	Fairfax Foxes Swimming	NT	3:40.39
	47.97	1:45.76 (57.79)	2:43.20 (57.44)	3:40.39 (57.19)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 37 Boys 11-12 200 Yard Freestyle****1:46.29 SECT EZ Sectionals****1:52.09 SR PVS Open Champs****2:14.99 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	MacKay, Bryce	12	York Swim Club of Northern Vir	2:04.55	2:02.85	14U
	27.86	58.31 (30.45)	1:30.80 (32.49)	2:02.85 (32.05)		
2	Eden, Owen	12	The Fish	2:11.04	2:06.08	14U
	29.00	1:01.39 (32.39)	1:34.73 (33.34)	2:06.08 (31.35)		
3	Soukup, Aidan	12	Nation's Capital Swim Club	2:11.58	2:06.31	14U
	28.91	1:01.16 (32.25)	1:34.29 (33.13)	2:06.31 (32.02)		
4	Cooper, Henry	12	The Fish	2:10.02	2:07.89	14U
	29.46	1:01.72 (32.26)	1:35.44 (33.72)	2:07.89 (32.45)		
5	Herbert, Mason	12	Mako Swimming	2:10.71	2:11.88	14U
	29.26	1:02.78 (33.52)	1:37.58 (34.80)	2:11.88 (34.30)		
6	von der Heydt, Alexander	12	The Fish	2:14.53	2:14.20	14U
	29.74	1:03.75 (34.01)	1:39.83 (36.08)	2:14.20 (34.37)		
7	Maier, Will	11	Mako Swimming	2:15.84	2:14.73	14U
	30.38	1:04.11 (33.73)	1:39.48 (35.37)	2:14.73 (35.25)		
8	Goggin, Luke	12	Herndon Aquatic Club	2:16.34	2:17.55	
	31.24	1:06.54 (35.30)	1:42.68 (36.14)	2:17.55 (34.87)		

Event 37 Boys 11-12 200 Yard Freestyle**1:46.29 SECT EZ Sectionals****1:52.09 SR PVS Open Champs****2:14.99 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	MacKay, Bryce	12	York Swim Club of Northern Vir	2:07.47	2:04.55	14U
	27.63	58.89 (31.26)	1:32.38 (33.49)	2:04.55 (32.17)		
2	Cooper, Henry	12	The Fish	2:09.45	2:10.02	14U
	29.81	1:02.94 (33.13)	1:37.63 (34.69)	2:10.02 (32.39)		
3	Herbert, Mason	12	Mako Swimming	2:20.85	2:10.71	14U
	29.03	1:02.01 (32.98)	1:37.11 (35.10)	2:10.71 (33.60)		
4	Eden, Owen	12	The Fish	2:11.89	2:11.04	14U
	28.92	1:02.11 (33.19)	1:36.87 (34.76)	2:11.04 (34.17)		
5	Soukup, Aidan	12	Nation's Capital Swim Club	2:09.22	2:11.58	14U
	29.22	1:03.38 (34.16)	1:37.88 (34.50)	2:11.58 (33.70)		
6	von der Heydt, Alexander	12	The Fish	2:17.01	2:14.53	14U
	29.03	1:03.34 (34.31)	1:39.08 (35.74)	2:14.53 (35.45)		
7	Maier, Will	11	Mako Swimming	2:15.92	2:15.84	
	30.20	1:04.91 (34.71)	1:40.21 (35.30)	2:15.84 (35.63)		
8	Goggin, Luke	12	Herndon Aquatic Club	2:20.86	2:16.34	
	30.89	1:05.45 (34.56)	1:41.55 (36.10)	2:16.34 (34.79)		
9	Chawla, Vikas	12	Nation's Capital Swim Club	2:21.10	2:18.76	
	31.33	1:08.14 (36.81)	1:44.32 (36.18)	2:18.76 (34.44)		
10	Owens, Harrison	12	York Swim Club of Northern Vir	2:31.06	2:19.62	
	31.86	1:08.34 (36.48)	1:45.25 (36.91)	2:19.62 (34.37)		
11	Giangrandi, Ralph	11	The St. James	2:25.12	2:20.21	
	30.19	1:05.94 (35.75)	1:43.91 (37.97)	2:20.21 (36.30)		
12	Williams, Archer	11	The Fish	2:26.33	2:22.15	
	31.65	1:08.50 (36.85)	1:46.42 (37.92)	2:22.15 (35.73)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 37 Boys 11-12 200 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
13	Yoon, Gio	11	Fairfax Foxes Swimming	2:35.09	2:23.09
	31.90	1:07.97 (36.07)	1:45.40 (37.43)	2:23.09 (37.69)	
14	Friedman, Benjamin	12	York Swim Club of Northern Vir	2:30.05	2:26.30
	31.42	1:08.41 (36.99)	1:47.29 (38.88)	2:26.30 (39.01)	
15	Huey, Carter	12	The Fish	2:31.03	2:29.60
	33.75	1:11.99 (38.24)	1:51.76 (39.77)	2:29.60 (37.84)	
16	Pinilla, Lulu	12	Mako Swimming	2:32.75	2:30.46
	35.06	1:14.24 (39.18)	1:52.68 (38.44)	2:30.46 (37.78)	
17	Hylton, Bryson	12	The Fish	2:35.17	2:31.38
	33.04	1:11.41 (38.37)	1:52.77 (41.36)	2:31.38 (38.61)	
18	Simon, Graham	12	York Swim Club of Northern Vir	2:42.58	2:31.85
	33.49	1:12.73 (39.24)	1:53.45 (40.72)	2:31.85 (38.40)	
19	Montgomery, Luke	11	The St. James	2:31.15	2:33.64
	33.08	1:11.82 (38.74)	1:54.00 (42.18)	2:33.64 (39.64)	
20	Swearingen, Liam	12	The St. James	2:39.83	2:34.58
	34.36	1:15.14 (40.78)	1:57.26 (42.12)	2:34.58 (37.32)	
21	Redmann, Isaac	11	The Capitol Sea Devils	3:04.40	2:40.54
	35.78	1:16.95 (41.17)	2:00.17 (43.22)	2:40.54 (40.37)	
22	Plavchan, Lincoln	11	Fairfax Foxes Swimming	2:40.62	2:42.72
	35.48	1:15.86 (40.38)	1:58.81 (42.95)	2:42.72 (43.91)	
23	Sisson, Louis	12	The Capitol Sea Devils	3:14.46	2:43.68
	37.90	1:20.67 (42.77)	2:03.35 (42.68)	2:43.68 (40.33)	
24	Limachi Orellana, Madox	11	York Swim Club of Northern Vir	NT	2:44.35
	35.04	1:16.34 (41.30)	1:59.99 (43.65)	2:44.35 (44.36)	
25	Etris, Connor	12	York Swim Club of Northern Vir	2:36.85	2:45.18
	35.24	1:17.42 (42.18)	2:02.45 (45.03)	2:45.18 (42.73)	
26	Prachanronarong-Budo, Ryker	11	Jcc Swimming	2:46.69	2:45.20
	35.82	1:20.93 (45.11)	2:05.16 (44.23)	2:45.20 (40.04)	
27	Kimbler, Elijah	11	Mako Swimming	3:12.80	2:48.37
	36.96	1:20.43 (43.47)	2:48.37 (1:27.94)		
28	Cline, Alex	12	York Swim Club of Northern Vir	NT	2:51.75
	38.56	1:22.00 (43.44)	2:07.98 (45.98)	2:51.75 (43.77)	
29	Wang, Alex	11	Nation's Capital Swim Club	NT	2:53.83
	39.17	1:25.02 (45.85)	2:12.55 (47.53)	2:53.83 (41.28)	
30	Kinsella, Peter	11	York Swim Club of Northern Vir	NT	2:54.09
	37.92	1:22.89 (44.97)	2:10.49 (47.60)	2:54.09 (43.60)	
31	Redmann, Lucas	11	The Capitol Sea Devils	NT	2:54.84
	38.48	1:22.09 (43.61)	2:09.15 (47.06)	2:54.84 (45.69)	

Event 38 Girls 13-14 200 Yard IM**2:10.69 SECT EZ Sectionals****2:19.39 SR PVS Open Champs****2:19.99 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Tolar, Mackey	13	Nation's Capital Swim Club	2:11.10	2:08.19 SECT
	28.10	58.63 (30.53)	1:38.43 (39.80)	2:08.19 (29.76)	
2	Roth, Mei Mei	14	Unattached	2:21.11	2:17.56 SR
	29.67	1:06.28 (36.61)	1:47.51 (41.23)	2:17.56 (30.05)	
3	Bendza, Corinne	14	Nation's Capital Swim Club	2:23.22	2:19.45 14U
	28.83	1:06.75 (37.92)	1:45.68 (38.93)	2:19.45 (33.77)	
4	Malm, Hannah	14	The Capitol Sea Devils	2:21.81	2:20.53
	29.52	1:04.26 (34.74)	1:48.44 (44.18)	2:20.53 (32.09)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****A - Final ... (Event 38 Girls 13-14 200 Yard IM)**

	Name	Age	Team	Prelim Time	Finals Time
5	Young, Jessica	14	The Fish	2:25.27	2:23.62
	30.66	1:09.59 (38.93)	1:50.34 (40.75)	2:23.62 (33.28)	
6	Nicholakos, Sia	14	York Swim Club of Northern Vir	2:23.74	2:23.63
	29.34	1:07.33 (37.99)	1:49.15 (41.82)	2:23.63 (34.48)	
7	Lutz, Catalina	14	Nation's Capital Swim Club	2:25.95	2:24.21
	30.38	1:07.19 (36.81)	1:49.36 (42.17)	2:24.21 (34.85)	
8	Thomas, Lillie	13	Fairfax Foxes Swimming	2:25.94	2:25.45
	30.01	1:07.24 (37.23)	1:49.67 (42.43)	2:25.45 (35.78)	

B - Final

9	Kim, Gina	13	Mako Swimming	2:29.62	2:21.80
	29.74	1:05.80 (36.06)	1:49.21 (43.41)	2:21.80 (32.59)	
10	Meth, Sophia	13	The Capitol Sea Devils	2:30.17	2:25.21
	31.33	1:09.88 (38.55)	1:50.78 (40.90)	2:25.21 (34.43)	
11	McEvoy, Isabel	14	The Capitol Sea Devils	2:26.74	2:25.76
	30.23	1:07.91 (37.68)	1:52.16 (44.25)	2:25.76 (33.60)	
12	Wood, Audrey	14	The Capitol Sea Devils	2:31.43	2:26.89
	30.77	1:09.97 (39.20)	1:54.56 (44.59)	2:26.89 (32.33)	
13	Alper, Aspen	14	The Capitol Sea Devils	2:31.37	2:27.45
	30.91	1:06.77 (35.86)	1:53.25 (46.48)	2:27.45 (34.20)	
14	Wang, Alice	14	The Fish	2:33.33	2:31.69
	31.91	1:11.31 (39.40)	1:57.05 (45.74)	2:31.69 (34.64)	
15	Corbett, Kenzie	13	Arlington Aquatic Club	2:34.69	2:32.66
	33.71	1:11.06 (37.35)	1:58.70 (47.64)	2:32.66 (33.96)	
16	Donnelly, Molly	13	Mako Swimming	2:34.01	2:34.95
	33.92	1:14.58 (40.66)	1:57.14 (42.56)	2:34.95 (37.81)	

Event 38 Girls 13-14 200 Yard IM**2:10.69 SECT EZ Sectionals****2:19.39 SR PVS Open Champs****2:19.99 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Tolar, Mackey	13	Nation's Capital Swim Club	2:11.98	2:11.10 SR
	28.31	59.37 (31.06)	1:40.03 (40.66)	2:11.10 (31.07)	
2	Roth, Mei Mei	14	Unattached	2:23.26	2:21.11
	29.17	1:06.22 (37.05)	1:49.71 (43.49)	2:21.11 (31.40)	
3	Malm, Hannah	14	The Capitol Sea Devils	2:25.45	2:21.81
	29.27	1:05.48 (36.21)	1:49.55 (44.07)	2:21.81 (32.26)	
4	Bendza, Corinne	14	Nation's Capital Swim Club	2:17.84	2:23.22
	29.73	1:08.65 (38.92)	1:48.66 (40.01)	2:23.22 (34.56)	
5	Nicholakos, Sia	14	York Swim Club of Northern Vir	2:29.26	2:23.74
	29.16	1:06.22 (37.06)	1:48.56 (42.34)	2:23.74 (35.18)	
6	Young, Jessica	14	The Fish	2:27.30	2:25.27
	31.48	1:09.16 (37.68)	1:51.55 (42.39)	2:25.27 (33.72)	
7	Thomas, Lillie	13	Fairfax Foxes Swimming	2:25.23	2:25.94
	31.16	1:07.41 (36.25)	1:50.58 (43.17)	2:25.94 (35.36)	
8	Lutz, Catalina	14	Nation's Capital Swim Club	2:28.27	2:25.95
	31.18	1:10.42 (39.24)	1:51.59 (41.17)	2:25.95 (34.36)	
9	McEvoy, Isabel	14	The Capitol Sea Devils	2:25.29	2:26.74
	31.41	1:08.69 (37.28)	1:53.01 (44.32)	2:26.74 (33.73)	
10	Kim, Gina	13	Mako Swimming	2:31.78	2:29.62
	30.90	1:08.29 (37.39)	1:55.39 (47.10)	2:29.62 (34.23)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 38 Girls 13-14 200 Yard IM)**

	Name	Age	Team	Seed Time	Prelim Time
11	Meth, Sophia	13	The Capitol Sea Devils	2:29.72	2:30.17
	31.31	1:10.16 (38.85)	1:54.01 (43.85)	2:30.17 (36.16)	
12	Alper, Aspen	14	The Capitol Sea Devils	2:33.43	2:31.37
	31.09	1:07.48 (36.39)	1:55.07 (47.59)	2:31.37 (36.30)	
13	Wood, Audrey	14	The Capitol Sea Devils	2:31.53	2:31.43
	31.30	1:12.18 (40.88)	1:56.57 (44.39)	2:31.43 (34.86)	
14	Wang, Alice	14	The Fish	2:37.63	2:33.33
	33.42	1:15.23 (41.81)	1:59.05 (43.82)	2:33.33 (34.28)	
15	Donnelly, Molly	13	Mako Swimming	2:44.44	2:34.01
	34.35	1:15.83 (41.48)	1:57.63 (41.80)	2:34.01 (36.38)	
16	Corbett, Kenzie	13	Arlington Aquatic Club	2:44.46	2:34.69
	33.68	1:13.02 (39.34)	2:00.43 (47.41)	2:34.69 (34.26)	
17	Scully, Lila	13	York Swim Club of Northern Vir	2:34.65	2:35.21
	32.36	1:10.77 (38.41)	1:57.95 (47.18)	2:35.21 (37.26)	
18	Keenan, Mica	13	York Swim Club of Northern Vir	2:36.98	2:36.06
	32.29	1:11.59 (39.30)	1:59.08 (47.49)	2:36.06 (36.98)	
19	Redding, Amelia	14	York Swim Club of Northern Vir	NT	2:36.82
	35.91	1:16.72 (40.81)	2:00.67 (43.95)	2:36.82 (36.15)	
20	Bareis, Mary	13	York Swim Club of Northern Vir	2:42.46	2:37.68
	32.55	1:12.98 (40.43)	2:01.41 (48.43)	2:37.68 (36.27)	
21	Feeley, Elle	13	York Swim Club of Northern Vir	3:04.69	2:38.38
	33.17	1:13.39 (40.22)	2:00.69 (47.30)	2:38.38 (37.69)	
22	Joesten, Annika	14	Nation's Capital Swim Club	2:41.32	2:38.85
	33.50	1:12.85 (39.35)	2:04.10 (51.25)	2:38.85 (34.75)	
23	Vasquez-Dretzka, Teresa	13	The Capitol Sea Devils	2:38.56	2:41.20
	33.90	1:15.73 (41.83)	2:05.08 (49.35)	2:41.20 (36.12)	
24	Flanigan, Johanna	13	York Swim Club of Northern Vir	NT	2:41.49
	33.85	1:19.07 (45.22)	2:05.60 (46.53)	2:41.49 (35.89)	
25	Van Brackle, Heidi	13	Mako Swimming	2:46.32	2:42.77
	36.44	1:18.70 (42.26)	2:07.48 (48.78)	2:42.77 (35.29)	
26	Marlin, Finley	13	The Capitol Sea Devils	2:42.41	2:42.88
	36.32	1:14.36 (38.04)	2:07.30 (52.94)	2:42.88 (35.58)	
27	Trollinger, Betsy	13	Mako Swimming	2:49.38	2:44.33
	33.75	1:14.42 (40.67)	2:06.52 (52.10)	2:44.33 (37.81)	
28	Vassilakos, Sophie	13	York Swim Club of Northern Vir	2:46.97	2:45.33
	35.04	1:15.57 (40.53)	2:10.11 (54.54)	2:45.33 (35.22)	
29	LaMonica, Eloise	13	York Swim Club of Northern Vir	NT	2:47.48
	37.16	1:20.53 (43.37)	2:06.79 (46.26)	2:47.48 (40.69)	
30	Zhang, Anya	13	York Swim Club of Northern Vir	NT	2:47.73
	35.25	1:19.50 (44.25)	2:06.91 (47.41)	2:47.73 (40.82)	
31	Powell-Switaj, Zoe	14	The St. James	2:49.85	2:48.87
	36.49	1:18.94 (42.45)	2:11.06 (52.12)	2:48.87 (37.81)	
32	Flood, Corrigan	13	The Capitol Sea Devils	NT	2:49.65
	38.35	1:20.89 (42.54)	2:10.24 (49.35)	2:49.65 (39.41)	
33	Tickle, Kelly	13	Fairfax Foxes Swimming	2:52.08	2:50.01
	38.07	1:20.75 (42.68)	2:11.18 (50.43)	2:50.01 (38.83)	
34	Salgado, Eva	13	Nation's Capital Swim Club	2:51.45	2:50.36
	34.40	1:16.70 (42.30)	2:12.21 (55.51)	2:50.36 (38.15)	
35	Gowel, Annie	14	The Capitol Sea Devils	NT	2:53.89
	35.99	1:19.13 (43.14)	2:12.51 (53.38)	2:53.89 (41.38)	
36	Ortiz, Ellie	14	York Swim Club of Northern Vir	3:01.65	2:54.46
	39.27	1:25.59 (46.32)	2:12.68 (47.09)	2:54.46 (41.78)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 38 Girls 13-14 200 Yard IM)**

	Name	Age	Team	Seed Time	Prelim Time
37	Rutherford, Sophie	14	The Capitol Sea Devils	NT	2:55.12
	35.21	1:21.17 (45.96)	2:15.42 (54.25)	2:55.12 (39.70)	
38	Saputo, Veena	13	The Capitol Sea Devils	3:04.14	2:55.16
	37.80	1:21.13 (43.33)	2:15.53 (54.40)	2:55.16 (39.63)	
39	Lee, Ava	14	The Capitol Sea Devils	2:54.80	2:55.46
	36.29	1:22.97 (46.68)	2:14.94 (51.97)	2:55.46 (40.52)	
40	Marra, Coco	13	The St. James	NT	2:56.37
	37.36	1:21.08 (43.72)	2:17.35 (56.27)	2:56.37 (39.02)	
41	Cristinzio, Anna	13	The Capitol Sea Devils	NT	2:56.53
	38.29	1:21.52 (43.23)	2:14.19 (52.67)	2:56.53 (42.34)	
42	Perez-Roberts, Rubi	14	York Swim Club of Northern Vir	3:00.11	2:56.68
	33.51	1:16.61 (43.10)	2:12.17 (55.56)	2:56.68 (44.51)	
43	Adams, Lucie	14	The Capitol Sea Devils	NT	2:57.07
	36.02	1:23.59 (47.57)	2:57.07 (1:33.48)		
44	Penberthy, Tamsyn	13	The Capitol Sea Devils	NT	2:57.51
	39.72	1:23.44 (43.72)	2:17.48 (54.04)	2:57.51 (40.03)	
45	Jordan, Brianna	13	Nation's Capital Swim Club	3:36.44	2:58.13
	42.25	1:27.24 (44.99)	2:17.28 (50.04)	2:58.13 (40.85)	
46	Williams, Josephine	13	York Swim Club of Northern Vir	3:12.43	2:58.15
		1:26.75 ()	2:17.24 (50.49)	2:58.15 (40.91)	
47	Hartford, Keira	13	The Capitol Sea Devils	3:10.26	2:58.71
	38.39	1:24.16 (45.77)	2:17.33 (53.17)	2:58.71 (41.38)	
48	Silva, Miranda	13	Mako Swimming	3:02.36	2:59.12
	39.72	1:24.99 (45.27)	2:19.25 (54.26)	2:59.12 (39.87)	
49	Byers, Bryn	13	Mako Swimming	2:57.10	2:59.55
	39.40	1:24.62 (45.22)	2:19.39 (54.77)	2:59.55 (40.16)	
50	Burks, Paige	14	Fairfax Foxes Swimming	3:02.89	2:59.77
	39.86	1:23.35 (43.49)	2:19.94 (56.59)	2:59.77 (39.83)	
51	Levine, Lila	13	The Capitol Sea Devils	3:11.98	3:00.39
	39.85	1:25.10 (45.25)	2:19.38 (54.28)	3:00.39 (41.01)	
52	Benjamin, Ella	14	The Capitol Sea Devils	2:59.14	3:00.71
	41.85	1:26.23 (44.38)	2:20.10 (53.87)	3:00.71 (40.61)	
53	Hietpas, Emily	13	Fairfax Foxes Swimming	3:02.14	3:04.09
	43.65	1:31.59 (47.94)	2:21.92 (50.33)	3:04.09 (42.17)	
54	Lypson-Campbell, Morgan	14	The Capitol Sea Devils	NT	3:07.12
	37.99	1:27.00 (49.01)	2:21.74 (54.74)	3:07.12 (45.38)	
55	Gordon, Shelby	13	The Capitol Sea Devils	3:08.60	3:07.67
	40.22	1:29.38 (49.16)	2:27.38 (58.00)	3:07.67 (40.29)	
56	Bello, Lily	13	The Capitol Sea Devils	3:19.34	3:29.56
	45.02	1:34.91 (49.89)	2:36.83 (1:01.92)	3:29.56 (52.73)	
57	Bundy, Addie	14	Jcc Swimming	3:26.47	3:40.82
	46.09	1:42.61 (56.52)	2:48.00 (1:05.39)	3:40.82 (52.82)	
---	Coogan, Mary	13	York Swim Club of Northern Vir	NT	DQ
	Shoulders past vertical toward breast - back				
		1:30.86 ()	DQ (1:55.13)		

Event 39 Boys 13-14 200 Yard IM**1:59.39 SECT EZ Sectionals****2:06.99 SR PVS Open Champs****2:12.49 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Maher, Manu	14	Nation's Capital Swim Club	1:57.17	1:51.91 SECT
	23.98	52.91 (28.93)	1:25.72 (32.81)	1:51.91 (26.19)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****A - Final ... (Event 39 Boys 13-14 200 Yard IM)**

	Name	Age	Team	Prelim Time	Finals Time	
2	Zhao, Darren	14	The Fish	2:08.61	2:08.18	14U
	25.75	59.28 (33.53)	1:37.04 (37.76)	2:08.18 (31.14)		
3	Sorden, Connor	13	Mako Swimming	2:13.59	2:10.68	14U
	27.64	59.87 (32.23)	1:41.36 (41.49)	2:10.68 (29.32)		
4	McCall, Billy	13	York Swim Club of Northern Vir	2:16.61	2:13.61	
	30.08	1:02.82 (32.74)	1:43.26 (40.44)	2:13.61 (30.35)		
5	Cotter, Everett	14	Mako Swimming	2:18.68	2:14.63	
	28.41	1:02.23 (33.82)	1:44.25 (42.02)	2:14.63 (30.38)		
6	Russell, Wyatt	14	Nation's Capital Swim Club	2:19.83	2:16.87	
	29.03	1:05.33 (36.30)	1:43.76 (38.43)	2:16.87 (33.11)		
7	Kim, Jonah	13	Mako Swimming	2:19.08	2:17.58	
	30.23	1:05.65 (35.42)	1:46.25 (40.60)	2:17.58 (31.33)		
8	Fortune, Sam	14	Mako Swimming	2:23.47	2:25.70	
	29.63	1:07.46 (37.83)	1:52.63 (45.17)	2:25.70 (33.07)		

B - Final

9	Gilliland, Patrick	14	York Swim Club of Northern Vir	2:23.98	2:11.67	14U
	28.16	1:01.07 (32.91)	1:40.91 (39.84)	2:11.67 (30.76)		
10	Cory, Maddox	13	Nation's Capital Swim Club	2:26.66	2:21.06	
	29.21	1:03.93 (34.72)	1:51.13 (47.20)	2:21.06 (29.93)		
11	Kumbang, Yusuf	14	Fairfax Foxes Swimming	2:26.03	2:23.98	
	29.89	1:07.87 (37.98)	1:53.25 (45.38)	2:23.98 (30.73)		
12	Xing, Aspen	13	The Fish	2:27.97	2:25.69	
	30.54	1:08.24 (37.70)	1:52.59 (44.35)	2:25.69 (33.10)		
13	Jedrzejewski, Julian	13	Fairfax Foxes Swimming	2:29.14	2:26.71	
	31.98	1:10.05 (38.07)	1:52.09 (42.04)	2:26.71 (34.62)		
14	Greene, Phillip	13	Mako Swimming	2:29.99	2:27.41	
	32.34	1:10.70 (38.36)	1:53.32 (42.62)	2:27.41 (34.09)		
15	Kownacki, Cooper	13	Mako Swimming	2:27.83	2:27.57	
	31.06	1:08.92 (37.86)	1:54.31 (45.39)	2:27.57 (33.26)		
16	Dowla, Dheva	13	Fairfax Foxes Swimming	2:29.20	2:29.89	
	30.15	1:08.17 (38.02)	1:53.90 (45.73)	2:29.89 (35.99)		

Event 39 Boys 13-14 200 Yard IM**1:59.39 SECT EZ Sectionals****2:06.99 SR PVS Open Champs****2:12.49 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Maher, Manu	14	Nation's Capital Swim Club	1:58.32	1:57.17	SECT
	25.17	54.99 (29.82)	1:29.99 (35.00)	1:57.17 (27.18)		
2	Zhao, Darren	14	The Fish	2:10.61	2:08.61	14U
	26.02	59.36 (33.34)	1:37.57 (38.21)	2:08.61 (31.04)		
3	Sorden, Connor	13	Mako Swimming	2:19.69	2:13.59	
	28.09	1:01.28 (33.19)	1:45.97 (44.69)	2:13.59 (27.62)		
4	McCall, Billy	13	York Swim Club of Northern Vir	2:23.10	2:16.61	
	30.74	1:06.68 (35.94)	1:46.52 (39.84)	2:16.61 (30.09)		
5	Cotter, Everett	14	Mako Swimming	2:19.59	2:18.68	
	29.48	1:04.83 (35.35)	1:47.95 (43.12)	2:18.68 (30.73)		
6	Kim, Jonah	13	Mako Swimming	2:24.62	2:19.08	
	30.04	1:05.89 (35.85)	1:48.13 (42.24)	2:19.08 (30.95)		
7	Russell, Wyatt	14	Nation's Capital Swim Club	2:25.24	2:19.83	
	28.98	1:06.35 (37.37)	1:45.74 (39.39)	2:19.83 (34.09)		
8	Fortune, Sam	14	Mako Swimming	2:25.32	2:23.47	
	30.95	1:06.78 (35.83)	1:51.96 (45.18)	2:23.47 (31.51)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 39 Boys 13-14 200 Yard IM)**

Name		Age	Team		
9	Gilliland, Patrick	14	York Swim Club of Northern Vir	2:22.26	2:23.98
	29.84	1:05.67 (35.83)	1:49.69 (44.02)	2:23.98 (34.29)	
10	Kumbang, Yusuf	14	Fairfax Foxes Swimming	2:28.10	2:26.03
	30.05	1:08.47 (38.42)	1:53.53 (45.06)	2:26.03 (32.50)	
11	Cory, Maddox	13	Nation's Capital Swim Club	2:25.66	2:26.66
	31.40	1:06.59 (35.19)	1:55.56 (48.97)	2:26.66 (31.10)	
12	Kownacki, Cooper	13	Mako Swimming	2:38.79	2:27.83
	32.64	1:09.62 (36.98)	1:53.65 (44.03)	2:27.83 (34.18)	
13	Clark, Logan	14	The St. James	2:32.06	2:27.84
	32.63	1:05.26 (32.63)	1:56.37 (51.11)	2:27.84 (31.47)	
14	Xing, Aspen	13	The Fish	2:31.73	2:27.97
	31.18	1:09.82 (38.64)	1:54.24 (44.42)	2:27.97 (33.73)	
15	Jedrzejewski, Julian	13	Fairfax Foxes Swimming	2:34.56	2:29.14
	33.02	1:13.58 (40.56)	1:55.96 (42.38)	2:29.14 (33.18)	
16	Dowla, Dheva	13	Fairfax Foxes Swimming	2:38.49	2:29.20
	30.34	1:08.38 (38.04)	1:54.21 (45.83)	2:29.20 (34.99)	
17	Greene, Phillip	13	Mako Swimming	2:41.55	2:29.99
	34.10	1:12.40 (38.30)	1:55.45 (43.05)	2:29.99 (34.54)	
18	Lee, Jayden	14	York Swim Club of Northern Vir	2:48.39	2:31.92
	35.11	1:13.36 (38.25)	1:59.11 (45.75)	2:31.92 (32.81)	
19	Latcovich, Jack	13	The Capitol Sea Devils	2:36.13	2:32.50
	33.51	1:10.83 (37.32)	1:58.60 (47.77)	2:32.50 (33.90)	
20	Morais, Vincent	14	Herndon Aquatic Club	2:55.66	2:33.59
	34.02	1:15.69 (41.67)	1:59.77 (44.08)	2:33.59 (33.82)	
21	Thayer, Henry	13	Arlington Aquatic Club	2:39.38	2:33.74
	33.85	1:12.01 (38.16)	1:59.75 (47.74)	2:33.74 (33.99)	
22	Versaggi, Ryan	13	York Swim Club of Northern Vir	2:32.20	2:34.35
	33.48	1:13.92 (40.44)	2:01.44 (47.52)	2:34.35 (32.91)	
23	Cocker, Emmett	14	York Swim Club of Northern Vir	2:36.46	2:34.65
	33.73	1:15.76 (42.03)	1:57.50 (41.74)	2:34.65 (37.15)	
24	Ma, Ryan	14	Mako Swimming	3:00.67	2:35.89
	33.59	1:13.82 (40.23)	2:01.43 (47.61)	2:35.89 (34.46)	
25	Alman, Caleb	14	Mako Swimming	2:37.41	2:36.31
	31.50	1:13.20 (41.70)	1:57.88 (44.68)	2:36.31 (38.43)	
26	Yates, Oliver	13	Herndon Aquatic Club	NT	2:36.77
	33.30	1:14.61 (41.31)	2:01.31 (46.70)	2:36.77 (35.46)	
27	Stephens, Sammy	13	Fairfax Foxes Swimming	NT	2:39.69
	35.64	1:16.92 (41.28)	2:04.70 (47.78)	2:39.69 (34.99)	
28	Ledford, Miles	13	Arlington Aquatic Club	2:31.39	2:40.68
	35.17	1:16.20 (41.03)	2:04.14 (47.94)	2:40.68 (36.54)	
29	Brinkerhoff-Molluzzo, Costas	14	The Capitol Sea Devils	NT	2:41.56
	34.13	1:14.26 (40.13)	2:07.39 (53.13)	2:41.56 (34.17)	
30	Prayoonto, Ian	13	Pava Panthers Swim Club	NT	2:41.68
	35.28	1:14.86 (39.58)	2:04.58 (49.72)	2:41.68 (37.10)	
31	Feeley, Finn	13	York Swim Club of Northern Vir	NT	2:43.09
	33.87	1:13.51 (39.64)	2:07.27 (53.76)	2:43.09 (35.82)	
32	Rosenthal, Parker	13	The Capitol Sea Devils	2:43.57	2:43.45
	36.40	1:16.25 (39.85)	2:07.30 (51.05)	2:43.45 (36.15)	
33	Bloss, Nathan	13	Arlington Aquatic Club	2:45.30	2:46.46
	37.82	1:19.99 (42.17)	2:09.70 (49.71)	2:46.46 (36.76)	
34	Regan, Gabriel	13	The Capitol Sea Devils	3:00.37	2:46.95
	37.17	1:20.25 (43.08)	2:09.73 (49.48)	2:46.95 (37.22)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 39 Boys 13-14 200 Yard IM)**

	Name	Age	Team	Seed Time	Prelim Time
35	Funderburk, J.B.	13	The Capitol Sea Devils	3:27.87	2:46.98
	37.02	1:21.21 (44.19)	2:09.99 (48.78)	2:46.98 (36.99)	
36	Levine, Seth	14	The Capitol Sea Devils	2:50.98	2:48.14
	35.52	1:16.53 (41.01)	2:06.37 (49.84)	2:48.14 (41.77)	
37	Kirkwood, Jose	13	York Swim Club of Northern Vir	NT	2:54.62
	35.97	1:21.14 (45.17)	2:14.59 (53.45)	2:54.62 (40.03)	
38	Bolden, Matthew	13	Nation's Capital Swim Club	NT	2:56.18
	34.00	1:20.03 (46.03)	2:14.72 (54.69)	2:56.18 (41.46)	
39	Banh, Sean	13	The St. James	NT	2:59.91
	37.21	1:22.35 (45.14)	2:19.67 (57.32)	2:59.91 (40.24)	
---	Daoud, Shane	13	York Swim Club of Northern Vir	NT	DQ
	Not on back off wall - back				
	53.97	1:46.63 (52.66)	2:45.60 (58.97)	DQ (42.97)	
---	Abel, Oly	14	The Fish	2:30.17	DQ
	Shoulders past vertical toward breast - back				
	29.79	1:08.58 (38.79)	1:54.19 (45.61)	DQ (33.86)	
---	Malm, Nathaniel	13	The Capitol Sea Devils	NT	DQ
	Kick breaststroke type - fly				
	44.97	1:35.67 (50.70)	2:28.40 (52.73)	DQ (40.37)	
---	Kim, Everett	13	York Swim Club of Northern Vir	NT	DQ
	Shoulders not at or past vertical towards breast off the wall - fly				
	33.88	1:16.03 (42.15)	2:04.77 (48.74)	DQ (40.73)	

Event 40 Girls 15-18 200 Yard IM**2:10.69 SECT EZ Sectionals****2:19.39 SR PVS Open Champs**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Loftis, Ella	16	Nation's Capital Swim Club	2:05.65	2:04.36 SECT
	26.78	57.79 (31.01)	1:33.95 (36.16)	2:04.36 (30.41)	
2	Sherman, Lila	16	The Fish	2:08.35	2:08.40 SECT
	27.37	58.79 (31.42)	1:39.05 (40.26)	2:08.40 (29.35)	
3	Roche, Madeline	16	Nation's Capital Swim Club	2:15.75	2:13.10 SR
	28.62	1:00.22 (31.60)	1:43.26 (43.04)	2:13.10 (29.84)	
*4	Gramlich, Hazel	15	York Swim Club of Northern Vir	2:18.44	2:13.33 SR
	28.28	1:01.79 (33.51)	1:42.67 (40.88)	2:13.33 (30.66)	
*4	De, Lara	17	Nation's Capital Swim Club	2:15.15	2:13.33 SR
	29.63	1:02.94 (33.31)	1:43.73 (40.79)	2:13.33 (29.60)	
6	Steves, Madeleine	17	The Fish	2:16.89	2:17.02 SR
	29.50	1:04.09 (34.59)	1:44.47 (40.38)	2:17.02 (32.55)	
7	Young, Amelia	15	Arlington Aquatic Club	2:21.15	2:18.81 SR
	30.76	1:05.46 (34.70)	1:47.36 (41.90)	2:18.81 (31.45)	
8	Lopez Murphy, Malena	16	The Capitol Sea Devils	2:21.41	2:21.74
	29.46	1:06.39 (36.93)	1:49.29 (42.90)	2:21.74 (32.45)	
B - Final					
9	Wahl, Lilly	15	Mako Swimming	2:22.26	2:16.99 SR
	30.78	1:04.59 (33.81)	1:44.08 (39.49)	2:16.99 (32.91)	
10	Cline, Hanna	17	York Swim Club of Northern Vir	2:25.65	2:19.58
	30.40	1:06.24 (35.84)	1:47.02 (40.78)	2:19.58 (32.56)	
11	Hispiche, Claire	16	York Swim Club of Northern Vir	2:26.66	2:21.99
	30.12	1:05.57 (35.45)	1:48.77 (43.20)	2:21.99 (33.22)	
12	Murphy, Caitlyn	16	Mako Swimming	2:23.59	2:22.20
	30.35	1:05.71 (35.36)	1:49.36 (43.65)	2:22.20 (32.84)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****B - Final ... (Event 40 Girls 15-18 200 Yard IM)**

	Name	Age	Team	Prelim Time	Finals Time
13	Amatucci, Gina	17	Fairfax Foxes Swimming	2:24.40	2:23.32
	29.81	1:07.81 (38.00)	1:48.59 (40.78)	2:23.32 (34.73)	
14	Le Sage, Charlotte	15	The Capitol Sea Devils	2:25.30	2:23.92
	31.21	1:08.21 (37.00)	1:50.76 (42.55)	2:23.92 (33.16)	
15	Gharakhanian, Audrey	16	York Swim Club of Northern Vir	2:25.69	2:23.96
	30.49	1:07.53 (37.04)	1:48.37 (40.84)	2:23.96 (35.59)	
16	Stevens, Audrey	16	The St. James	2:26.31	2:28.00
	30.82	1:08.07 (37.25)	1:52.30 (44.23)	2:28.00 (35.70)	

Event 40 Girls 15-18 200 Yard IM**2:10.69 SECT EZ Sectionals****2:19.39 SR PVS Open Champs**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Loftis, Ella	16	Nation's Capital Swim Club	2:06.58	2:05.65 SECT
	27.23	59.08 (31.85)	1:35.31 (36.23)	2:05.65 (30.34)	
2	Sherman, Lila	16	The Fish	2:07.79	2:08.35 SECT
	27.18	58.96 (31.78)	1:39.11 (40.15)	2:08.35 (29.24)	
3	Cory, McKenzie	15	Nation's Capital Swim Club	2:07.44	2:08.49 SECT
	27.29	57.64 (30.35)	1:37.30 (39.66)	2:08.49 (31.19)	
4	De, Lara	17	Nation's Capital Swim Club	2:14.91	2:15.15 SR
	29.97	1:03.67 (33.70)	1:44.72 (41.05)	2:15.15 (30.43)	
5	Roche, Madeline	16	Nation's Capital Swim Club	2:17.33	2:15.75 SR
	29.17	1:01.36 (32.19)	1:44.69 (43.33)	2:15.75 (31.06)	
6	Steves, Madeleine	17	The Fish	2:11.48	2:16.89 SR
	29.19	1:03.43 (34.24)	1:44.11 (40.68)	2:16.89 (32.78)	
7	Gramlich, Hazel	15	York Swim Club of Northern Vir	2:16.77	2:18.44 SR
	28.74	1:04.28 (35.54)	1:47.21 (42.93)	2:18.44 (31.23)	
8	Samsot, Alex	15	Nation's Capital Swim Club	2:13.31	2:20.40
	30.84	1:05.99 (35.15)	1:47.36 (41.37)	2:20.40 (33.04)	
9	Young, Amelia	15	Arlington Aquatic Club	2:20.90	2:21.15
	31.15	1:06.56 (35.41)	1:48.55 (41.99)	2:21.15 (32.60)	
10	Lopez Murphy, Malena	16	The Capitol Sea Devils	2:23.90	2:21.41
	29.85	1:06.25 (36.40)	1:49.89 (43.64)	2:21.41 (31.52)	
11	Wahl, Lilly	15	Mako Swimming	2:19.98	2:22.26
	31.92	1:07.55 (35.63)	1:49.24 (41.69)	2:22.26 (33.02)	
12	Murphy, Caitlyn	16	Mako Swimming	2:24.58	2:23.59
	30.47	1:06.14 (35.67)	1:50.32 (44.18)	2:23.59 (33.27)	
13	Amatucci, Gina	17	Fairfax Foxes Swimming	2:17.11	2:24.40
	30.43	1:07.77 (37.34)	1:48.91 (41.14)	2:24.40 (35.49)	
14	Le Sage, Charlotte	15	The Capitol Sea Devils	2:27.78	2:25.30
	32.31	1:10.47 (38.16)	1:52.75 (42.28)	2:25.30 (32.55)	
15	Cline, Hanna	17	York Swim Club of Northern Vir	2:24.10	2:25.65
	32.41	1:09.63 (37.22)	1:51.77 (42.14)	2:25.65 (33.88)	
16	Gharakhanian, Audrey	16	York Swim Club of Northern Vir	2:21.42	2:25.69
	30.90	1:09.26 (38.36)	1:49.56 (40.30)	2:25.69 (36.13)	
17	Prudius, Laura	16	York Swim Club of Northern Vir	2:19.15	2:25.75
	30.50	1:06.91 (36.41)	1:52.29 (45.38)	2:25.75 (33.46)	
18	Stevens, Audrey	16	The St. James	2:26.26	2:26.31
	31.21	1:07.76 (36.55)	1:52.04 (44.28)	2:26.31 (34.27)	
19	Clark, Kira	17	The St. James	2:18.45	2:26.61
	31.98	1:09.30 (37.32)	1:52.06 (42.76)	2:26.61 (34.55)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 40 Girls 15-18 200 Yard IM)**

	Name	Age	Team	Seed Time	Prelim Time
20	Hispiche, Claire	16	York Swim Club of Northern Vir	2:25.50	2:26.66
	31.52	1:08.42 (36.90)	1:52.72 (44.30)	2:26.66 (33.94)	
21	Hughes, Sydney	16	The Fish	2:24.60	2:27.83
	31.14	1:11.88 (40.74)	1:54.51 (42.63)	2:27.83 (33.32)	
22	Eubanks, Leah	15	The Fish	2:25.33	2:28.20
	30.90	1:08.70 (37.80)	1:54.65 (45.95)	2:28.20 (33.55)	
23	Liu, Diane	15	The Fish	2:29.95	2:28.71
	32.73	1:10.83 (38.10)	1:54.65 (43.82)	2:28.71 (34.06)	
24	Dowler, Callie	17	Arlington Aquatic Club	2:34.27	2:29.75
	32.86	1:09.57 (36.71)	1:53.62 (44.05)	2:29.75 (36.13)	
25	Snow, Sophie	16	Fairfax Foxes Swimming	2:36.69	2:32.49
	33.41	1:11.26 (37.85)	2:00.34 (49.08)	2:32.49 (32.15)	
26	Wallinger, Ella	17	York Swim Club of Northern Vir	2:24.62	2:33.95
	33.25	1:12.43 (39.18)	1:58.54 (46.11)	2:33.95 (35.41)	
27	Povinelli, Sadie	16	The Capitol Sea Devils	2:36.47	2:34.68
	34.10	1:12.87 (38.77)	1:59.70 (46.83)	2:34.68 (34.98)	
28	Weldon, Courtney	17	York Swim Club of Northern Vir	2:32.77	2:37.21
	30.85	1:10.28 (39.43)	2:00.90 (50.62)	2:37.21 (36.31)	
29	Pascuccio Gomez, Fiona	16	The Capitol Sea Devils	2:36.73	2:38.44
	32.85	1:13.87 (41.02)	2:02.78 (48.91)	2:38.44 (35.66)	
30	Wallinger, Josie	17	York Swim Club of Northern Vir	2:37.27	2:38.83
	34.29	1:13.58 (39.29)	2:01.36 (47.78)	2:38.83 (37.47)	
31	Dixon, Lordon	16	Arlington Aquatic Club	2:39.81	2:38.88
	35.04	1:14.06 (39.02)	2:01.39 (47.33)	2:38.88 (37.49)	
32	Moore, Gilleran	15	The Capitol Sea Devils	2:35.85	2:38.89
	33.05	1:14.45 (41.40)	2:03.17 (48.72)	2:38.89 (35.72)	
33	Popp, Miriam	16	Arlington Aquatic Club	2:37.12	2:39.57
	35.68	1:15.90 (40.22)	2:03.10 (47.20)	2:39.57 (36.47)	
34	Ryder, Anna	17	Fairfax Foxes Swimming	2:42.14	2:40.75
	35.57	1:17.33 (41.76)	2:04.97 (47.64)	2:40.75 (35.78)	
35	Himmelsteib, Melissa	15	The Fish	2:44.26	2:43.07
	33.83	1:15.89 (42.06)	2:05.90 (50.01)	2:43.07 (37.17)	
36	Hartman, Caroline	16	York Swim Club of Northern Vir	2:36.14	2:43.53
	33.90	1:16.20 (42.30)	2:04.18 (47.98)	2:43.53 (39.35)	
37	Dober, Leah	15	Arlington Aquatic Club	2:53.17	2:46.45
	36.78	1:22.59 (45.81)	2:09.03 (46.44)	2:46.45 (37.42)	
38	Lin, Marissa	15	The Fish	2:43.88	2:46.67
	32.84	1:15.23 (42.39)	2:07.99 (52.76)	2:46.67 (38.68)	
39	Campet, Annabelle	15	York Swim Club of Northern Vir	2:46.48	2:47.34
	33.38	1:17.00 (43.62)	2:07.90 (50.90)	2:47.34 (39.44)	
40	Breton, Gracie	15	Arlington Aquatic Club	2:44.48	2:48.60
	37.71	1:21.26 (43.55)	2:13.88 (52.62)	2:48.60 (34.72)	
41	Walker, Kaylee	16	The Capitol Sea Devils	2:46.99	2:51.74
	37.61	1:17.89 (40.28)	2:12.31 (54.42)	2:51.74 (39.43)	
42	Freund, Adelei	15	The Capitol Sea Devils	3:22.60	2:53.50
	35.63	1:18.92 (43.29)	2:11.55 (52.63)	2:53.50 (41.95)	
43	Falsone, Sofia	15	The Fish	2:53.92	2:54.46
	37.46	1:22.16 (44.70)	2:14.03 (51.87)	2:54.46 (40.43)	
44	Olson, Morgan	16	The Capitol Sea Devils	3:00.09	2:55.69
	40.19	1:27.53 (47.34)	2:17.16 (49.63)	2:55.69 (38.53)	
45	Sander, Keiko	17	The St. James	2:55.88	3:02.69
	36.80	1:24.54 (47.74)	2:22.27 (57.73)	3:02.69 (40.42)	
46	Biso-Aponte, Katarina	15	Arlington Aquatic Club	3:07.77	3:04.13
	40.37	1:27.32 (46.95)	2:23.91 (56.59)	3:04.13 (40.22)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 40 Girls 15-18 200 Yard IM)**

	Name	Age	Team	Seed Time	Prelim Time
47	Edelstein, Naomi	15	The Capitol Sea Devils	3:10.20	3:08.09
	38.80	1:28.03 (49.23)	2:26.33 (58.30)	3:08.09 (41.76)	
---	Pabotoy, Charlotte	17	Fairfax Foxes Swimming	NT	DQ
	False start - Misc				
	39.50	1:23.79 (44.29)	2:11.22 (47.43)	DQ (41.42)	
---	Clancy, Keira	15	The Capitol Sea Devils	2:47.52	DQ
	Not on back off wall - back				
	35.65	1:17.35 (41.70)	2:11.69 (54.34)	DQ (37.93)	
---	Hillier, Lorelei	15	The Capitol Sea Devils	NT	DQ
	One hand touch - breast				
	36.14	1:20.58 (44.44)	2:15.42 (54.84)	DQ (44.82)	

Event 41 Boys 15-18 200 Yard IM**1:59.39 SECT EZ Sectionals****2:06.99 SR PVS Open Champs**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Thompson, Max	16	Pava Panthers Swim Club	1:57.17	1:53.90 SECT
	23.97	52.23 (28.26)	1:26.19 (33.96)	1:53.90 (27.71)	
2	Sanchez, Luca	16	The Fish	1:59.00	1:55.11 SECT
	24.93	54.11 (29.18)	1:28.22 (34.11)	1:55.11 (26.89)	
3	Godlove, Carter	17	The Fish	1:59.24	1:58.31 SECT
	25.47	55.13 (29.66)	1:31.78 (36.65)	1:58.31 (26.53)	
4	Dilber, Sarp	16	The Fish	2:03.51	2:01.69 SR
	26.45	57.59 (31.14)	1:34.28 (36.69)	2:01.69 (27.41)	
5	Bockman, Isaac	16	The Fish	2:07.91	2:03.42 SR
	26.46	58.34 (31.88)	1:34.73 (36.39)	2:03.42 (28.69)	
6	Cantrell, William	17	Nation's Capital Swim Club	2:07.09	2:04.49 SR
	26.28	57.73 (31.45)	1:36.78 (39.05)	2:04.49 (27.71)	
7	Cummins, Beckett	16	Fairfax Foxes Swimming	2:09.28	2:06.51 SR
	26.61	59.67 (33.06)	1:36.55 (36.88)	2:06.51 (29.96)	
8	Philipov, Michael	16	Nation's Capital Swim Club	2:09.40	2:14.34
	26.68	59.53 (32.85)	1:43.39 (43.86)	2:14.34 (30.95)	
B - Final					
9	Arraya, Michael	17	Fairfax Foxes Swimming	2:09.46	2:06.59 SR
	26.72	56.94 (30.22)	1:36.71 (39.77)	2:06.59 (29.88)	
10	Holguin, Sinclair	16	York Swim Club of Northern Vir	2:11.82	2:06.96 SR
	27.61	1:00.13 (32.52)	1:37.08 (36.95)	2:06.96 (29.88)	
11	Cramer, Aaron	17	Nation's Capital Swim Club	2:10.93	2:07.90
	27.64	1:00.94 (33.30)	1:37.60 (36.66)	2:07.90 (30.30)	
12	Henry, Robert	15	York Swim Club of Northern Vir	2:09.45	2:08.29
	26.14	59.87 (33.73)	1:39.62 (39.75)	2:08.29 (28.67)	
13	Fahle, Keaghan	17	York Swim Club of Northern Vir	2:09.75	2:08.45
	25.99	59.30 (33.31)	1:40.57 (41.27)	2:08.45 (27.88)	
14	Tonthat, Nathan	15	Mako Swimming	2:10.68	2:08.62
	26.88	1:01.52 (34.64)	1:38.58 (37.06)	2:08.62 (30.04)	
15	Koay, Kyle	16	The Fish	2:11.79	2:10.77
	27.41	1:00.62 (33.21)	1:40.42 (39.80)	2:10.77 (30.35)	
16	Pabotoy, Sam	17	Fairfax Foxes Swimming	2:10.59	2:13.55
	26.23	1:00.69 (34.46)	1:42.59 (41.90)	2:13.55 (30.96)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 41 Boys 15-18 200 Yard IM****1:59.39 SECT EZ Sectionals****2:06.99 SR PVS Open Champs**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Thompson, Max	16	Pava Panthers Swim Club	1:56.80	1:57.17	SECT
	24.52	54.63 (30.11)	1:29.02 (34.39)	1:57.17 (28.15)		
2	Sanchez, Luca	16	The Fish	1:56.72	1:59.00	SECT
	24.76	53.28 (28.52)	1:30.43 (37.15)	1:59.00 (28.57)		
3	Godlove, Carter	17	The Fish	1:58.82	1:59.24	SECT
	25.29	55.39 (30.10)	1:32.33 (36.94)	1:59.24 (26.91)		
4	Dilber, Sarp	16	The Fish	2:02.57	2:03.51	SR
	26.87	58.82 (31.95)	1:36.02 (37.20)	2:03.51 (27.49)		
5	Steele, Bennett	16	Pava Panthers Swim Club	2:04.40	2:05.97	SR
	26.84	58.16 (31.32)	1:35.84 (37.68)	2:05.97 (30.13)		
6	Cantrell, William	17	Nation's Capital Swim Club	2:05.61	2:07.09	
	26.32	59.04 (32.72)	1:37.98 (38.94)	2:07.09 (29.11)		
7	Bockman, Isaac	16	The Fish	2:06.41	2:07.91	
	27.61	1:00.31 (32.70)	1:38.02 (37.71)	2:07.91 (29.89)		
8	Cummins, Beckett	16	Fairfax Foxes Swimming	2:05.17	2:09.28	
	27.49	1:00.90 (33.41)	1:38.80 (37.90)	2:09.28 (30.48)		
9	Philipov, Michael	16	Nation's Capital Swim Club	2:13.53	2:09.40	
	25.95	57.83 (31.88)	1:39.63 (41.80)	2:09.40 (29.77)		
10	Henry, Robert	15	York Swim Club of Northern Vir	2:18.33	2:09.45	
	26.47	1:00.79 (34.32)	1:40.33 (39.54)	2:09.45 (29.12)		
11	Arraya, Michael	17	Fairfax Foxes Swimming	2:11.66	2:09.46	
	27.34	58.80 (31.46)	1:38.33 (39.53)	2:09.46 (31.13)		
12	Fahle, Keaghan	17	York Swim Club of Northern Vir	2:14.57	2:09.75	
	26.45	1:00.60 (34.15)	1:41.26 (40.66)	2:09.75 (28.49)		
13	Manning, Jason	17	Mako Swimming	2:03.51	2:10.24	
	26.78	1:00.18 (33.40)	1:37.66 (37.48)	2:10.24 (32.58)		
14	Pabotoy, Sam	17	Fairfax Foxes Swimming	2:16.52	2:10.59	
	26.29	1:00.97 (34.68)	1:40.85 (39.88)	2:10.59 (29.74)		
15	Tonthat, Nathan	15	Mako Swimming	2:14.87	2:10.68	
	27.38	1:02.36 (34.98)	1:39.48 (37.12)	2:10.68 (31.20)		
16	Cramer, Aaron	17	Nation's Capital Swim Club	2:11.83	2:10.93	
	28.18	1:02.36 (34.18)	1:39.69 (37.33)	2:10.93 (31.24)		
17	Koay, Kyle	16	The Fish	2:12.44	2:11.79	
	27.92	1:01.37 (33.45)	1:41.55 (40.18)	2:11.79 (30.24)		
18	Holguin, Sinclair	16	York Swim Club of Northern Vir	2:13.51	2:11.82	
	29.53	1:03.82 (34.29)	1:41.79 (37.97)	2:11.82 (30.03)		
19	Bechtle, JJ	16	York Swim Club of Northern Vir	2:13.31	2:14.07	
	27.75	1:00.77 (33.02)	1:43.89 (43.12)	2:14.07 (30.18)		
20	Steves, Michael	15	The Fish	2:12.71	2:16.58	
	29.07	1:03.97 (34.90)	1:44.93 (40.96)	2:16.58 (31.65)		
21	Nicholson, Adam	16	The St. James	NT	2:17.11	
	28.94	1:04.01 (35.07)	1:43.06 (39.05)	2:17.11 (34.05)		
22	Prasad, Jagrav	16	The Fish	2:15.22	2:17.36	
	28.74	1:02.51 (33.77)	1:43.67 (41.16)	2:17.36 (33.69)		
23	Salazar, JT	15	The Fish	2:19.85	2:17.68	
	29.75	1:05.21 (35.46)	1:47.11 (41.90)	2:17.68 (30.57)		
24	Goede, Noah	16	The St. James	2:29.31	2:17.77	
	29.19	1:03.01 (33.82)	1:46.62 (43.61)	2:17.77 (31.15)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 41 Boys 15-18 200 Yard IM)**

	Name	Age	Team	Seed Time	Prelim Time
25	Lopez, Lucas	17	Arlington Aquatic Club	2:02.28	2:18.00
	27.44	1:01.79 (34.35)	1:45.05 (43.26)	2:18.00 (32.95)	
26	Sheehey, Pete	16	Arlington Aquatic Club	2:23.76	2:18.02
	28.06	1:02.14 (34.08)	1:46.06 (43.92)	2:18.02 (31.96)	
27	Alman, Matt	16	Mako Swimming	2:21.80	2:18.52
	29.14	1:05.39 (36.25)	1:45.36 (39.97)	2:18.52 (33.16)	
28	Uzokoff, Connor	17	The St. James	2:13.04	2:18.86
	28.97	1:06.00 (37.03)	1:44.44 (38.44)	2:18.86 (34.42)	
29	Tidd, Eli	16	Herndon Aquatic Club	2:15.30	2:19.62
	28.04	1:04.20 (36.16)	1:46.19 (41.99)	2:19.62 (33.43)	
30	Lee, Nathan	17	York Swim Club of Northern Vir	2:11.99	2:19.94
	29.19	1:05.14 (35.95)	1:47.38 (42.24)	2:19.94 (32.56)	
31	Giese, Tyler	15	York Swim Club of Northern Vir	2:23.14	2:21.53
	29.98	1:04.56 (34.58)	1:48.84 (44.28)	2:21.53 (32.69)	
32	Dunn, Brady	16	York Swim Club of Northern Vir	NT	2:21.96
	28.12	1:04.92 (36.80)	1:48.10 (43.18)	2:21.96 (33.86)	
33	Musgrove, Aidan	17	Fairfax Foxes Swimming	2:13.31	2:22.42
	29.03	1:05.57 (36.54)	1:47.69 (42.12)	2:22.42 (34.73)	
34	Dunham, Clive	15	The St. James	2:22.49	2:22.84
	30.52	1:06.57 (36.05)	1:48.76 (42.19)	2:22.84 (34.08)	
35	Oh, Jacob	16	Arlington Aquatic Club	2:22.18	2:23.53
	30.86	1:08.15 (37.29)	1:50.25 (42.10)	2:23.53 (33.28)	
36	Underdown, Parks	15	York Swim Club of Northern Vir	2:33.37	2:23.64
	29.34	1:04.37 (35.03)	1:50.39 (46.02)	2:23.64 (33.25)	
37	Moh, Aaron	15	Mako Swimming	2:27.64	2:24.47
	30.14	1:06.57 (36.43)	1:49.80 (43.23)	2:24.47 (34.67)	
38	Jewett, Jakob	15	Fairfax Foxes Swimming	2:25.78	2:25.07
	29.47	1:05.69 (36.22)	1:50.58 (44.89)	2:25.07 (34.49)	
39	Gallton, Zach	15	The Capitol Sea Devils	NT	2:25.94
	30.40	1:09.04 (38.64)	1:50.95 (41.91)	2:25.94 (34.99)	
40	Kinsella, James	16	York Swim Club of Northern Vir	NT	2:26.66
	28.35	1:05.38 (37.03)	1:50.76 (45.38)	2:26.66 (35.90)	
41	Kramer, Nathan	16	York Swim Club of Northern Vir	2:29.77	2:27.05
	31.31	1:10.11 (38.80)	1:52.05 (41.94)	2:27.05 (35.00)	
42	Honeysett, Seth	15	Mako Swimming	2:25.57	2:28.10
	29.28	1:06.53 (37.25)	1:54.95 (48.42)	2:28.10 (33.15)	
43	Shrieves, Eddie	15	Fairfax Foxes Swimming	2:25.78	2:28.85
	32.06	1:10.48 (38.42)	1:54.59 (44.11)	2:28.85 (34.26)	
44	Jedrzejewski, Aleks	15	Fairfax Foxes Swimming	2:33.85	2:28.87
	31.13	1:10.69 (39.56)	1:56.15 (45.46)	2:28.87 (32.72)	
45	Nadeem, Faris	16	Herndon Aquatic Club	2:42.73	2:31.46
	30.61	1:12.32 (41.71)	1:58.35 (46.03)	2:31.46 (33.11)	
46	Hogan, Connor	17	Arlington Aquatic Club	2:38.96	2:32.23
	32.38	1:10.76 (38.38)	1:57.97 (47.21)	2:32.23 (34.26)	
47	Freeman, Asher	15	Jcc Swimming	2:49.26	2:35.88
	31.47	1:12.11 (40.64)	1:59.47 (47.36)	2:35.88 (36.41)	
48	Tun, Lwinmaung	16	The Capitol Sea Devils	2:47.97	2:38.25
	31.66	1:13.97 (42.31)	2:00.40 (46.43)	2:38.25 (37.85)	
49	Sebunia, Griffin	16	York Swim Club of Northern Vir	2:33.27	2:40.76
	34.07	1:13.86 (39.79)	2:04.59 (50.73)	2:40.76 (36.17)	
50	Duong, Christian	15	The Capitol Sea Devils	NT	2:42.02
	34.63	1:13.68 (39.05)	2:02.73 (49.05)	2:42.02 (39.29)	
51	Johnson, Kyle	15	The Capitol Sea Devils	2:51.07	2:49.02
	37.07	1:22.70 (45.63)	2:12.96 (50.26)	2:49.02 (36.06)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 41 Boys 15-18 200 Yard IM)**

	Name	Age	Team	Seed Time	Prelim Time
52	Lang, Armwell	17	The Capitol Sea Devils	2:52.37	2:54.53
	34.00	1:17.95 (43.95)	2:11.06 (53.11)	2:54.53 (43.47)	
---	Hernandez-Giblin, Javier	16	The Fish	2:18.62	DQ
	Shoulders past vertical toward breast - back				
	28.96	1:02.27 (33.31)	1:39.32 (37.05)	DQ (31.89)	

Event 42 Girls 11-12 200 Yard IM**2:10.69 SECT EZ Sectionals****2:19.39 SR PVS Open Champs****2:33.19 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Morgan, Alex	12	Mako Swimming	2:23.90	2:21.53 14U
	31.14	1:07.26 (36.12)	1:46.00 (38.74)	2:21.53 (35.53)	
2	Paynter, Abby	12	Mako Swimming	2:23.01	2:21.64 14U
	31.79	1:06.86 (35.07)	1:50.96 (44.10)	2:21.64 (30.68)	
3	Flanagan, Claire	11	Mako Swimming	2:30.08	2:29.63 14U
	31.59	1:09.53 (37.94)	1:54.29 (44.76)	2:29.63 (35.34)	
*4	Carroll, Izzie	11	Mako Swimming	2:35.97	2:33.77
	34.34	1:14.08 (39.74)	1:58.75 (44.67)	2:33.77 (35.02)	
*4	Erwin, Amelia	11	The Fish	2:35.66	2:33.77
	32.98	1:11.77 (38.79)	1:59.11 (47.34)	2:33.77 (34.66)	
6	Fried, Hadley	11	Mako Swimming	2:37.97	2:36.81
	32.49	1:11.57 (39.08)	1:59.44 (47.87)	2:36.81 (37.37)	
7	Boyle, Mollie	12	Herndon Aquatic Club	2:37.97	2:37.98
	33.88	1:14.75 (40.87)	2:03.61 (48.86)	2:37.98 (34.37)	
8	Brown, Mallory	11	The Capitol Sea Devils	2:40.85	2:41.84
	34.87	1:16.23 (41.36)	2:03.15 (46.92)	2:41.84 (38.69)	

Event 42 Girls 11-12 200 Yard IM**2:10.69 SECT EZ Sectionals****2:19.39 SR PVS Open Champs****2:33.19 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Paynter, Abby	12	Mako Swimming	2:39.07	2:23.01 14U
	32.89	1:07.74 (34.85)	1:51.11 (43.37)	2:23.01 (31.90)	
2	Morgan, Alex	12	Mako Swimming	2:32.81	2:23.90 14U
	32.77	1:09.28 (36.51)	1:48.32 (39.04)	2:23.90 (35.58)	
3	Flanagan, Claire	11	Mako Swimming	2:31.50	2:30.08 14U
	31.81	1:10.59 (38.78)	1:53.71 (43.12)	2:30.08 (36.37)	
4	Erwin, Amelia	11	The Fish	2:35.83	2:35.66
	33.96	1:12.61 (38.65)	2:00.72 (48.11)	2:35.66 (34.94)	
5	Carroll, Izzie	11	Mako Swimming	2:41.66	2:35.97
	35.22	1:15.44 (40.22)	2:01.33 (45.89)	2:35.97 (34.64)	
*6	Boyle, Mollie	12	Herndon Aquatic Club	2:36.11	2:37.97
	32.82	1:13.43 (40.61)	2:01.88 (48.45)	2:37.97 (36.09)	
*6	Fried, Hadley	11	Mako Swimming	2:47.93	2:37.97
	31.63	1:11.12 (39.49)	1:59.76 (48.64)	2:37.97 (38.21)	
8	Brown, Mallory	11	The Capitol Sea Devils	3:07.47	2:40.85
	35.26	1:16.49 (41.23)	2:02.65 (46.16)	2:40.85 (38.20)	
9	Aurilio, Natalie	12	The Capitol Sea Devils	2:43.86	2:41.49
		1:14.18 ()	2:06.29 (52.11)	2:41.49 (35.20)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 42 Girls 11-12 200 Yard IM)**

	Name	Age	Team	Seed Time	Prelim Time
10	Kim, Ella	11	Mako Swimming	NT	2:44.54
	33.64	1:12.89 (39.25)	2:03.99 (51.10)	2:44.54 (40.55)	
11	Bortner, Avery	11	Fairfax Foxes Swimming	3:03.53	2:45.49
	34.72	1:18.30 (43.58)	2:05.22 (46.92)	2:45.49 (40.27)	
12	Vanderbeek, Adeline	12	Mako Swimming	2:51.35	2:50.17
	35.56	1:19.14 (43.58)	2:10.97 (51.83)	2:50.17 (39.20)	
13	Steele, Gigi	12	The Capitol Sea Devils	3:11.24	2:50.46
	37.00	1:19.36 (42.36)	2:11.80 (52.44)	2:50.46 (38.66)	
14	Segerson, Vivian	12	The Capitol Sea Devils	2:47.41	2:50.64
	36.87	1:19.48 (42.61)	2:11.26 (51.78)	2:50.64 (39.38)	
15	Hadzi-Vidanovic, Lily	12	The Capitol Sea Devils	3:01.08	2:55.43
	37.50	1:20.97 (43.47)	2:12.89 (51.92)	2:55.43 (42.54)	
16	Hockenbury, Claire	11	Fairfax Foxes Swimming	2:55.05	2:55.53
	35.94	1:23.02 (47.08)	2:14.46 (51.44)	2:55.53 (41.07)	
17	Boyd, Charlie	12	York Swim Club of Northern Vir	2:52.10	2:55.99
	39.16	1:22.60 (43.44)	2:13.40 (50.80)	2:55.99 (42.59)	
18	Cocker, Claire	11	York Swim Club of Northern Vir	3:00.01	2:58.24
	39.76	1:26.84 (47.08)	2:17.06 (50.22)	2:58.24 (41.18)	
19	Daumit, Maren	12	Fairfax Foxes Swimming	3:05.42	3:05.61
	42.23	1:29.77 (47.54)	2:23.39 (53.62)	3:05.61 (42.22)	
20	Magnuson, Sydney	11	York Swim Club of Northern Vir	3:18.09	3:06.93
	42.27	1:30.27 (48.00)	2:23.36 (53.09)	3:06.93 (43.57)	
21	Omara, Morrin	12	The Capitol Sea Devils	NT	3:10.07
	46.17	1:33.68 (47.51)	2:30.85 (57.17)	3:10.07 (39.22)	
22	Wright, Charlotte	11	Fairfax Foxes Swimming	NT	3:11.43
		1:37.15 ()	2:26.48 (49.33)	3:11.43 (44.95)	
23	Silson, Ava	12	The Capitol Sea Devils	NT	3:14.94
	39.85	1:29.49 (49.64)	2:27.56 (58.07)	3:14.94 (47.38)	
24	Draughon, Vivienne	12	The Capitol Sea Devils	NT	3:16.50
	42.79	1:32.07 (49.28)	2:34.06 (1:01.99)	3:16.50 (42.44)	
25	Mohl, Lucy	12	York Swim Club of Northern Vir	3:20.48	3:20.92
	42.82	1:37.57 (54.75)	2:36.56 (58.99)	3:20.92 (44.36)	
26	Wade, Lillian	11	Fairfax Foxes Swimming	NT	3:45.42
	58.61	1:53.05 (54.44)	2:54.24 (1:01.19)	3:45.42 (51.18)	
---	Kosowski, Julia	11	Mako Swimming	2:41.74	DQ
	Not on back off wall - back				
	36.38	1:15.70 (39.32)	2:04.78 (49.08)	DQ (36.75)	
---	Andrews, Caroline	12	York Swim Club of Northern Vir	2:30.75	DQ
	False start - Misc				
	31.96	1:08.95 (36.99)	1:53.99 (45.04)	DQ (33.53)	

Event 43 Boys 11-12 200 Yard IM**1:59.39 SECT EZ Sectionals****2:06.99 SR PVS Open Champs****2:33.39 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Kelly, Charlie	12	The Capitol Sea Devils	2:12.89	2:07.29 14U
	28.30	1:01.45 (33.15)	1:37.71 (36.26)	2:07.29 (29.58)	
2	Hartman, Charlie	12	Nation's Capital Swim Club	2:22.82	2:21.05 14U
	28.51	1:02.73 (34.22)	1:48.55 (45.82)	2:21.05 (32.50)	
3	Fulton, Simon	12	The Capitol Sea Devils	2:25.37	2:25.79 14U
	30.20	1:05.98 (35.78)	1:52.47 (46.49)	2:25.79 (33.32)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****A - Final ... (Event 43 Boys 11-12 200 Yard IM)**

	Name	Age	Team	Prelim Time	Finals Time	
4	Klaiber, Owen	12	The Fish	2:27.02	2:26.05	14U
	31.32	1:09.20 (37.88)	1:52.45 (43.25)	2:26.05 (33.60)		
5	Johnson, Reid	11	The Capitol Sea Devils	2:37.79	2:34.73	
	35.16	1:11.18 (36.02)	2:00.84 (49.66)	2:34.73 (33.89)		
6	Owens, Harrison	12	York Swim Club of Northern Vir	2:38.76	2:37.99	
	35.05	1:15.04 (39.99)	2:02.25 (47.21)	2:37.99 (35.74)		
7	Flook, Liam	11	Mako Swimming	2:44.47	2:43.56	
	34.29	1:15.60 (41.31)	2:06.65 (51.05)	2:43.56 (36.91)		
---	Nguyen, Gabriel	12	York Swim Club of Northern Vir	2:36.28	DQ	
	Shoulders not at or past vertical towards breast off the wall - fly					
	33.15	1:11.90 (38.75)	2:00.45 (48.55)	DQ (35.93)		

Event 43 Boys 11-12 200 Yard IM**1:59.39 SECT EZ Sectionals****2:06.99 SR PVS Open Champs****2:33.39 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Kelly, Charlie	12	The Capitol Sea Devils	2:14.44	2:12.89	14U
	29.64	1:04.45 (34.81)	1:42.20 (37.75)	2:12.89 (30.69)		
2	Hartman, Charlie	12	Nation's Capital Swim Club	2:25.45	2:22.82	14U
	29.41	1:03.94 (34.53)	1:50.56 (46.62)	2:22.82 (32.26)		
3	Fulton, Simon	12	The Capitol Sea Devils	NT	2:25.37	14U
	30.82	1:07.60 (36.78)	1:53.76 (46.16)	2:25.37 (31.61)		
4	Klaiber, Owen	12	The Fish	2:29.47	2:27.02	14U
	31.20	1:09.63 (38.43)	1:53.05 (43.42)	2:27.02 (33.97)		
5	Nguyen, Gabriel	12	York Swim Club of Northern Vir	2:45.22	2:36.28	
	34.12	1:13.38 (39.26)	2:00.12 (46.74)	2:36.28 (36.16)		
6	Johnson, Reid	11	The Capitol Sea Devils	2:40.17	2:37.79	
	36.46	1:14.52 (38.06)	2:03.56 (49.04)	2:37.79 (34.23)		
7	Owens, Harrison	12	York Swim Club of Northern Vir	2:53.10	2:38.76	
	37.34	1:14.89 (37.55)	2:03.48 (48.59)	2:38.76 (35.28)		
8	Flook, Liam	11	Mako Swimming	2:50.50	2:44.47	
	33.24	1:15.02 (41.78)	2:07.00 (51.98)	2:44.47 (37.47)		
9	Kumbang, Zach	12	Fairfax Foxes Swimming	2:40.61	2:46.29	
	34.37	1:17.00 (42.63)	2:09.65 (52.65)	2:46.29 (36.64)		
10	Neal, Lewis	12	Mako Swimming	3:10.71	2:50.43	
	38.42	1:22.65 (44.23)	2:12.07 (49.42)	2:50.43 (38.36)		
11	Curtin, Aiden	11	Mako Swimming	3:16.88	2:51.05	
	37.96	1:21.66 (43.70)	2:11.54 (49.88)	2:51.05 (39.51)		
12	Maria, Michael	12	York Swim Club of Northern Vir	2:58.36	2:52.29	
	37.66	1:23.15 (45.49)	2:09.19 (46.04)	2:52.29 (43.10)		
13	Stewart, Hank	11	Mako Swimming	3:01.49	2:53.71	
	38.46	1:21.99 (43.53)	2:16.00 (54.01)	2:53.71 (37.71)		
14	Toomey, Tyler	12	Herndon Aquatic Club	3:00.25	2:56.34	
	38.48	1:21.27 (42.79)	2:19.29 (58.02)	2:56.34 (37.05)		
15	Redmann, Isaac	11	The Capitol Sea Devils	3:09.65	2:56.47	
	39.70	1:22.43 (42.73)	2:16.60 (54.17)	2:56.47 (39.87)		
16	Butcher, Benny	12	The Capitol Sea Devils	3:12.64	3:03.50	
	40.29	1:29.21 (48.92)	2:22.84 (53.63)	3:03.50 (40.66)		
17	Setlow, CJ	12	Fairfax Foxes Swimming	3:24.88	3:04.79	
	37.18	1:24.24 (47.06)	2:21.72 (57.48)	3:04.79 (43.07)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 43 Boys 11-12 200 Yard IM)**

	Name	Age	Team	Seed Time	Prelim Time
18	Lybarger, Hudson	11	The Capitol Sea Devils	3:17.27	3:05.02
	44.54	1:30.51 (45.97)	2:24.58 (54.07)	3:05.02 (40.44)	
19	Redmann, Lucas	11	The Capitol Sea Devils	NT	3:12.26
	42.03	1:35.30 (53.27)	2:29.01 (53.71)	3:12.26 (43.25)	
20	Hall, Henry	11	York Swim Club of Northern Vir	NT	3:15.07
	41.90	1:35.53 (53.63)	2:30.44 (54.91)	3:15.07 (44.63)	
21	Coombs, Sawyer	11	The Capitol Sea Devils	NT	3:17.74
	43.34	1:31.77 (48.43)	2:31.98 (1:00.21)	3:17.74 (45.76)	
22	Maloney, Owen	11	Fairfax Foxes Swimming	3:56.04	3:22.76
	43.53	1:38.43 (54.90)	2:34.73 (56.30)	3:22.76 (48.03)	
---	Gaitan, Nico	11	The Capitol Sea Devils	NT	DQ
	Shoulders past vertical toward breast - back				
	45.04	1:37.98 (52.94)	2:28.65 (50.67)	DQ (44.17)	
---	Spotts, William	12	Nation's Capital Swim Club	NT	DQ
	Alternating Kick - fly				
	43.58	1:30.86 (47.28)	2:26.20 (55.34)	DQ (42.54)	
---	Nelson, Sebastian	11	Mako Swimming	NT	DQ
	Delay initiating arm pull at turn - back				
	45.82	1:37.02 (51.20)	2:38.35 (1:01.33)	DQ (47.77)	
---	Kelly, Charlie	11	York Swim Club of Northern Vir	2:58.85	DQ
	Not on back off wall - back				
	35.46	1:19.50 (44.04)	2:10.87 (51.37)	DQ (38.27)	
---	Headd, Gus	12	The Capitol Sea Devils	2:48.26	DQ
	No Show Penalty Event - Misc				
---	Major, Teddy	12	York Swim Club of Northern Vir	2:29.60	DQ
	Shoulders past vertical toward breast - back				
	31.84	1:08.44 (36.60)	1:56.53 (48.09)	DQ (32.30)	

Event 44 Girls 13-14 100 Yard Breaststroke**1:08.19 SECT EZ Sectionals****1:14.49 14U PVS 14U Championship****1:14.49 SR PVS Open Champs**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Busen, McKinley	14	Nation's Capital Swim Club	1:09.12	1:06.09 SECT
	31.05	1:06.09 (35.04)			
2	Walther, Rio	14	Nation's Capital Swim Club	1:08.42	1:07.09 SECT
	31.72	1:07.09 (35.37)			
3	Springer, Summer	13	Nation's Capital Swim Club	1:09.55	1:08.72 14U
	32.08	1:08.72 (36.64)			
4	Meth, Sophia	13	The Capitol Sea Devils	1:12.70	1:10.72 14U
	33.25	1:10.72 (37.47)			
5	Kriz, Alexa	14	York Swim Club of Northern Vir	1:12.92	1:11.21 14U
	33.97	1:11.21 (37.24)			
6	Haggard, Esme	14	York Swim Club of Northern Vir	1:13.06	1:11.53 14U
	33.54	1:11.53 (37.99)			
7	Young, Jessica	14	The Fish	1:12.53	1:12.35 14U
	33.89	1:12.35 (38.46)			
8	Caven, Fiona	14	Mako Swimming	1:13.17	1:12.45 14U
	34.80	1:12.45 (37.65)			
B - Final					
9	Lutz, Catalina	14	Nation's Capital Swim Club	1:14.18	1:11.67 14U
	34.40	1:11.67 (37.27)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****B - Final ... (Event 44 Girls 13-14 100 Yard Breaststroke)**

	Name	Age	Team	Prelim Time	Finals Time	
10	Traboulsi, Sophia	14	York Swim Club of Northern Vir	1:16.75	1:13.52	14U
	34.57	1:13.52 (38.95)				
11	Oconnell, Nomi	13	The Fish	1:14.77	1:13.57	14U
	34.58	1:13.57 (38.99)				
12	Thomas, Lillie	13	Fairfax Foxes Swimming	1:13.88	1:13.64	14U
	34.37	1:13.64 (39.27)				
13	Donnelly, Molly	13	Mako Swimming	1:14.41	1:14.09	14U
	36.38	1:14.09 (37.71)				
14	Nicholakos, Sia	14	York Swim Club of Northern Vir	1:15.43	1:15.54	
	36.41	1:15.54 (39.13)				
15	Garr, Sydney	14	Mako Swimming	1:17.48	1:16.04	
	35.45	1:16.04 (40.59)				
16	Klingensmith, Claire	13	The St. James	1:14.06	1:16.94	
	36.75	1:16.94 (40.19)				

Event 44 Girls 13-14 100 Yard Breaststroke**1:08.19 SECT EZ Sectionals****1:14.49 14U PVS 14U Championship****1:14.49 SR PVS Open Champs**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Walther, Rio	14	Nation's Capital Swim Club	1:07.34	1:08.42	14U
	32.63	1:08.42 (35.79)				
2	Busen, McKinley	14	Nation's Capital Swim Club	1:12.00	1:09.12	14U
	32.25	1:09.12 (36.87)				
3	Springer, Summer	13	Nation's Capital Swim Club	1:11.70	1:09.55	14U
	32.38	1:09.55 (37.17)				
4	Young, Jessica	14	The Fish	1:11.84	1:12.53	14U
	33.69	1:12.53 (38.84)				
5	Meth, Sophia	13	The Capitol Sea Devils	1:11.55	1:12.70	14U
	33.86	1:12.70 (38.84)				
6	Kriz, Alexa	14	York Swim Club of Northern Vir	1:12.27	1:12.92	14U
	35.15	1:12.92 (37.77)				
7	Haggard, Esme	14	York Swim Club of Northern Vir	1:10.76	1:13.06	14U
	34.65	1:13.06 (38.41)				
8	Caven, Fiona	14	Mako Swimming	1:15.87	1:13.17	14U
	34.39	1:13.17 (38.78)				
9	Thomas, Lillie	13	Fairfax Foxes Swimming	1:13.47	1:13.88	14U
	35.88	1:13.88 (38.00)				
10	Klingensmith, Claire	13	The St. James	1:16.83	1:14.06	14U
	35.81	1:14.06 (38.25)				
11	Lutz, Catalina	14	Nation's Capital Swim Club	1:14.15	1:14.18	14U
	35.02	1:14.18 (39.16)				
12	Donnelly, Molly	13	Mako Swimming	1:15.37	1:14.41	14U
	36.73	1:14.41 (37.68)				
13	Oconnell, Nomi	13	The Fish	1:13.76	1:14.77	
	35.02	1:14.77 (39.75)				
14	Nicholakos, Sia	14	York Swim Club of Northern Vir	1:14.43	1:15.43	
	36.09	1:15.43 (39.34)				
15	Traboulsi, Sophia	14	York Swim Club of Northern Vir	1:15.88	1:16.75	
	35.89	1:16.75 (40.86)				
16	Garr, Sydney	14	Mako Swimming	1:18.07	1:17.48	
	36.62	1:17.48 (40.86)				

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 44 Girls 13-14 100 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
17	Willie, Skyler	13	Mako Swimming	1:22.38	1:17.86
	37.20	1:17.86 (40.66)			
18	O'Brien, Avery	13	York Swim Club of Northern Vir	1:18.99	1:19.45
	37.77	1:19.45 (41.68)			
19	LaMonica, Eloise	13	York Swim Club of Northern Vir	1:17.64	1:20.48
	37.63	1:20.48 (42.85)			
20	Collins, Brooke	14	The Fish	1:19.66	1:20.63
	38.66	1:20.63 (41.97)			
21	Henry, Lara	13	York Swim Club of Northern Vir	1:17.56	1:21.03
	38.03	1:21.03 (43.00)			
22	Feeley, Elle	13	York Swim Club of Northern Vir	1:25.78	1:21.71
	38.81	1:21.71 (42.90)			
23	Gonzalez, Mia	13	Mako Swimming	1:25.31	1:22.23
	39.75	1:22.23 (42.48)			
24	Ortiz, Ellie	14	York Swim Club of Northern Vir	1:27.32	1:22.34
	38.14	1:22.34 (44.20)			
25	Ali-Minayar, Ava	14	The St. James	1:27.22	1:22.39
	38.52	1:22.39 (43.87)			
26	Flood, Corrigan	13	The Capitol Sea Devils	1:30.76	1:22.56
	39.37	1:22.56 (43.19)			
27	Wahala, Mary	13	Mako Swimming	1:23.25	1:23.45
	39.22	1:23.45 (44.23)			
28	Thompson, Mia	14	York Swim Club of Northern Vir	1:25.04	1:23.63
	39.72	1:23.63 (43.91)			
29	Saks, Thandie	14	The St. James	1:22.31	1:24.05
	38.49	1:24.05 (45.56)			
30	O'Reilly, Elliott	13	York Swim Club of Northern Vir	1:25.44	1:24.25
	39.28	1:24.25 (44.97)			
31	Shepherd, Adrienne	13	Fairfax Foxes Swimming	1:25.51	1:27.18
	41.35	1:27.18 (45.83)			
32	Sander, Mia	13	The St. James	1:26.91	1:27.19
	41.76	1:27.19 (45.43)			
33	Zhang, Anya	13	York Swim Club of Northern Vir	1:29.40	1:27.26
	42.83	1:27.26 (44.43)			
34	Perez-Roberts, Rubi	14	York Swim Club of Northern Vir	1:33.03	1:27.75
	40.92	1:27.75 (46.83)			
35	Smith, Cristina	14	Fairfax Foxes Swimming	1:31.50	1:28.00
	41.57	1:28.00 (46.43)			
36	Wiley-Jimenez, Ari	13	The Fish	1:28.19	1:28.01
	40.44	1:28.01 (47.57)			
37	Jordan, Brianna	13	Nation's Capital Swim Club	1:32.12	1:28.71
	42.97	1:28.71 (45.74)			
38	Pappas, Grace	13	Fairfax Foxes Swimming	NT	1:28.82
	42.88	1:28.82 (45.94)			
39	Hernandez-Giblin, Esperanza	14	The Fish	1:30.38	1:29.49
	42.35	1:29.49 (47.14)			
40	Tickle, Kelly	13	Fairfax Foxes Swimming	1:25.03	1:29.53
	42.24	1:29.53 (47.29)			
41	Williams, Josephine	13	York Swim Club of Northern Vir	1:29.56	1:29.70
	42.41	1:29.70 (47.29)			
42	Mack, Quincy	13	Fairfax Foxes Swimming	1:30.82	1:29.72
	43.53	1:29.72 (46.19)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 44 Girls 13-14 100 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
43	Krabbe, Ashley	14	The Capitol Sea Devils	1:26.95	1:30.00
	42.49	1:30.00 (47.51)			
44	Hong, Eilis	13	The Capitol Sea Devils	1:32.13	1:30.29
	41.95	1:30.29 (48.34)			
45	McDonough, Simone	13	York Swim Club of Northern Vir	1:29.43	1:30.47
	42.38	1:30.47 (48.09)			
46	Caraway, Summer	13	Herndon Aquatic Club	NT	1:31.33
	43.10	1:31.33 (48.23)			
47	Vasquez, Ava	13	The Capitol Sea Devils	1:39.15	1:31.56
	42.78	1:31.56 (48.78)			
48	Schenker, Katie	13	The Capitol Sea Devils	1:38.09	1:34.58
	44.75	1:34.58 (49.83)			
49	Cypes, Riley	14	The Capitol Sea Devils	1:34.18	1:34.80
	44.73	1:34.80 (50.07)			
50	Cristinzio, Anna	13	The Capitol Sea Devils	1:32.60	1:35.08
	44.02	1:35.08 (51.06)			
*51	Lee, Ava	14	The Capitol Sea Devils	1:33.82	1:35.57
	46.23	1:35.57 (49.34)			
*51	Yuan, Aimee	13	The Fish	1:38.73	1:35.57
	44.78	1:35.57 (50.79)			
53	Byers, Bryn	13	Mako Swimming	1:30.80	1:36.54
	44.91	1:36.54 (51.63)			
54	Adams, Lucie	14	The Capitol Sea Devils	NT	1:36.90
	45.51	1:36.90 (51.39)			
55	Benjamin, Ella	14	The Capitol Sea Devils	1:35.38	1:37.05
	46.28	1:37.05 (50.77)			
56	Rangnekar, Shyla	13	The Capitol Sea Devils	1:35.23	1:37.30
	45.26	1:37.30 (52.04)			
57	Hartford, Keira	13	The Capitol Sea Devils	1:43.34	1:37.94
	47.86	1:37.94 (50.08)			
58	Robinson, Kate	13	York Swim Club of Northern Vir	1:35.49	1:38.10
	44.65	1:38.10 (53.45)			
59	Ponce-Garcia, Julia	13	The Capitol Sea Devils	NT	1:38.18
	46.37	1:38.18 (51.81)			
60	Beland, Madeleine	13	The Capitol Sea Devils	1:41.03	1:38.25
	46.77	1:38.25 (51.48)			
61	Coogan, Bonnie	13	York Swim Club of Northern Vir	1:43.13	1:38.84
	47.41	1:38.84 (51.43)			
62	Sucro, Arya	13	Herndon Aquatic Club	1:46.96	1:39.23
	46.24	1:39.23 (52.99)			
63	Treyster, Lila	13	York Swim Club of Northern Vir	1:53.56	1:41.02
	47.96	1:41.02 (53.06)			
64	Jones, Islita	13	The Capitol Sea Devils	1:41.35	1:42.26
	48.58	1:42.26 (53.68)			
65	Wesolowski, Colette	13	The Capitol Sea Devils	1:49.33	1:43.89
	50.60	1:43.89 (53.29)			
66	Bello, Lily	13	The Capitol Sea Devils	1:39.84	1:45.36
	51.13	1:45.36 (54.23)			
67	Smith, Eloise	13	The Capitol Sea Devils	1:58.17	1:52.01
	52.29	1:52.01 (59.72)			
---	Zayas, Leandra	14	Jcc Swimming	1:31.40	DQ
	Arms two strokes underwater				
	46.23	DQ (50.29)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 44 Girls 13-14 100 Yard Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
--- Babbitt, Catherine	13	The Capitol Sea Devils	NT	DQ
Downward butterfly kick				
51.11	DQ (57.41)			

Event 45 Boys 13-14 100 Yard Breaststroke**1:01.49 SECT EZ Sectionals****1:06.19 SR PVS Open Champs****1:09.79 14U PVS 14U Championship**

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Maher, Manu	14	Nation's Capital Swim Club	1:01.27	57.24 SECT
26.97	57.24 (30.27)			
2 Scott, Liam	14	Nation's Capital Swim Club	1:03.57	1:03.04 SR
29.93	1:03.04 (33.11)			
3 Kim, Darren	14	Mako Swimming	1:05.83	1:03.46 SR
29.36	1:03.46 (34.10)			
4 Suggs, Dylan	13	The Capitol Sea Devils	1:09.64	1:06.32 14U
31.15	1:06.32 (35.17)			
5 Bussey, Joseph	13	The Capitol Sea Devils	1:08.26	1:06.73 14U
31.58	1:06.73 (35.15)			
6 Farley, Evan	14	Nation's Capital Swim Club	1:08.67	1:07.69 14U
32.06	1:07.69 (35.63)			
7 Chan, Jaxon	13	Mako Swimming	1:08.60	1:07.82 14U
32.24	1:07.82 (35.58)			
8 Maier, Jack	13	Mako Swimming	1:10.33	1:09.21 14U
33.10	1:09.21 (36.11)			
B - Final				
9 Heeb, Gavin	13	Nation's Capital Swim Club	1:11.41	1:08.16 14U
32.39	1:08.16 (35.77)			
10 Alman, Judah	14	Mako Swimming	1:11.30	1:09.29 14U
33.12	1:09.29 (36.17)			
11 King, Andrew	13	Mako Swimming	1:12.11	1:10.34
33.61	1:10.34 (36.73)			
12 Coleman, Will	13	Nation's Capital Swim Club	1:12.65	1:11.39
34.43	1:11.39 (36.96)			
13 Kim, Jonah	13	Mako Swimming	1:12.57	1:11.96
33.43	1:11.96 (38.53)			
14 Whritenour, Pax	14	Mako Swimming	1:15.19	1:12.62
34.10	1:12.62 (38.52)			
15 Klepper, Ari	14	The Capitol Sea Devils	1:13.87	1:13.49
34.62	1:13.49 (38.87)			
16 Stephens, Alex	14	Mako Swimming	1:14.42	1:14.26
34.77	1:14.26 (39.49)			

Event 45 Boys 13-14 100 Yard Breaststroke**1:01.49 SECT EZ Sectionals****1:06.19 SR PVS Open Champs****1:09.79 14U PVS 14U Championship**

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Maher, Manu	14	Nation's Capital Swim Club	1:00.05	1:01.27 SECT
28.79	1:01.27 (32.48)			
2 Scott, Liam	14	Nation's Capital Swim Club	1:07.05	1:03.57 SR
30.24	1:03.57 (33.33)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 45 Boys 13-14 100 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time	
3	Kim, Darren	14	Mako Swimming	1:08.34	1:05.83	SR
	30.52	1:05.83 (35.31)				
4	Bussey, Joseph	13	The Capitol Sea Devils	1:10.16	1:08.26	14U
	32.57	1:08.26 (35.69)				
5	Chan, Jaxon	13	Mako Swimming	1:10.32	1:08.60	14U
	33.40	1:08.60 (35.20)				
6	Farley, Evan	14	Nation's Capital Swim Club	1:13.85	1:08.67	14U
	32.62	1:08.67 (36.05)				
7	Suggs, Dylan	13	The Capitol Sea Devils	1:10.28	1:09.64	14U
	32.60	1:09.64 (37.04)				
8	Maier, Jack	13	Mako Swimming	1:13.73	1:10.33	
	33.09	1:10.33 (37.24)				
9	Alman, Judah	14	Mako Swimming	1:08.71	1:11.30	
	32.59	1:11.30 (38.71)				
10	Heeb, Gavin	13	Nation's Capital Swim Club	1:12.27	1:11.41	
	34.00	1:11.41 (37.41)				
11	King, Andrew	13	Mako Swimming	1:16.38	1:12.11	
	35.03	1:12.11 (37.08)				
12	Kim, Jonah	13	Mako Swimming	1:14.43	1:12.57	
	34.14	1:12.57 (38.43)				
13	Coleman, Will	13	Nation's Capital Swim Club	1:12.78	1:12.65	
	34.32	1:12.65 (38.33)				
14	Klepper, Ari	14	The Capitol Sea Devils	1:14.62	1:13.87	
	34.20	1:13.87 (39.67)				
15	Stephens, Alex	14	Mako Swimming	1:16.40	1:14.42	
	35.24	1:14.42 (39.18)				
16	Whritenour, Pax	14	Mako Swimming	1:18.76	1:15.19	
	35.19	1:15.19 (40.00)				
17	Greene, Phillip	13	Mako Swimming	1:16.62	1:15.26	
	35.07	1:15.26 (40.19)				
18	Kim, Christian	13	The Fish	1:16.01	1:15.60	
	34.32	1:15.60 (41.28)				
19	Alman, Caleb	14	Mako Swimming	1:14.46	1:17.06	
	35.62	1:17.06 (41.44)				
20	Jedrzejewski, Julian	13	Fairfax Foxes Swimming	1:24.99	1:17.49	
	37.77	1:17.49 (39.72)				
21	Linker, Owen	14	The Capitol Sea Devils	1:16.73	1:17.62	
	36.73	1:17.62 (40.89)				
22	Schneider, Teague	13	The St. James	1:31.23	1:18.22	
	36.83	1:18.22 (41.39)				
23	Granius, Aden	13	Fairfax Foxes Swimming	1:16.24	1:18.58	
	36.25	1:18.58 (42.33)				
24	Mohr, Jonah	14	Nation's Capital Swim Club	1:18.66	1:18.66	
	36.47	1:18.66 (42.19)				
25	Cocker, Emmett	14	York Swim Club of Northern Vir	1:19.44	1:18.82	
	36.66	1:18.82 (42.16)				
26	McGee, Ryan	13	York Swim Club of Northern Vir	1:17.56	1:19.16	
	36.85	1:19.16 (42.31)				
27	Koay, Ethan	14	The Fish	1:19.47	1:19.34	
	37.53	1:19.34 (41.81)				
28	Gonzalez, Vikas	13	Arlington Aquatic Club	1:19.11	1:19.36	
	37.23	1:19.36 (42.13)				

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 45 Boys 13-14 100 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
29	Dean, Boone	14	Mako Swimming	1:18.34	1:19.43
	37.66	1:19.43 (41.77)			
30	Alhambra, Kendal	14	Herndon Aquatic Club	1:16.59	1:19.51
	36.48	1:19.51 (43.03)			
31	Ma, Ryan	14	Mako Swimming	1:16.47	1:20.31
	38.42	1:20.31 (41.89)			
32	Walker, Daniel	13	Fairfax Foxes Swimming	NT	1:20.76
	38.14	1:20.76 (42.62)			
33	Abella, Zayden	13	Herndon Aquatic Club	1:25.89	1:22.65
	38.55	1:22.65 (44.10)			
34	Askvig, Lukas	14	The Capitol Sea Devils	1:31.56	1:23.18
	38.24	1:23.18 (44.94)			
35	Strautz, Alek	14	Herndon Aquatic Club	NT	1:23.43
	39.50	1:23.43 (43.93)			
36	Cohen, Parker	14	The Capitol Sea Devils	1:30.31	1:23.49
	40.12	1:23.49 (43.37)			
37	Park, Colton	14	The Capitol Sea Devils	NT	1:23.80
38	Sumner, George	14	Arlington Aquatic Club	1:20.49	1:24.05
	39.49	1:24.05 (44.56)			
39	Farahi, Peyton	13	Fairfax Foxes Swimming	1:23.54	1:24.90
	40.32	1:24.90 (44.58)			
40	Yilmaz, Alex	13	Herndon Aquatic Club	NT	1:25.30
	39.05	1:25.30 (46.25)			
41	Kim, Everett	13	York Swim Club of Northern Vir	NT	1:25.77
	40.89	1:25.77 (44.88)			
42	Smith, Josh	14	The Capitol Sea Devils	1:36.03	1:25.93
43	Ekingen, Atlas	13	Fairfax Foxes Swimming	NT	1:26.83
	40.52	1:26.83 (46.31)			
44	Toomey, Kyle	13	Herndon Aquatic Club	1:30.93	1:27.07
	41.24	1:27.07 (45.83)			
45	Wright, Emmett	13	Fairfax Foxes Swimming	1:29.80	1:28.83
	40.63	1:28.83 (48.20)			
46	Booher, Paxton	13	Fairfax Foxes Swimming	NT	1:31.42
	42.80	1:31.42 (48.62)			
47	Hawksworth, Andrew	14	The Capitol Sea Devils	1:35.22	1:31.49
	43.32	1:31.49 (48.17)			
48	Monahan, Patrick	13	York Swim Club of Northern Vir	1:36.11	1:31.73
	42.01	1:31.73 (49.72)			
49	Ghate, Aren	13	Herndon Aquatic Club	1:34.55	1:32.59
	41.78	1:32.59 (50.81)			
50	Green, Leo	13	The Capitol Sea Devils	1:37.98	1:33.46
	42.24	1:33.46 (51.22)			
51	Wuchenich, Benjamin	13	The Capitol Sea Devils	NT	1:33.74
	45.55	1:33.74 (48.19)			
52	Lin, Arion	14	The Capitol Sea Devils	1:33.89	1:34.96
	45.24	1:34.96 (49.72)			
53	Lewis, Carter	13	Fairfax Foxes Swimming	NT	1:36.20
	45.04	1:36.20 (51.16)			
54	Vasasali, Krishna	13	Herndon Aquatic Club	1:37.22	1:37.82
	44.02	1:37.82 (53.80)			
55	Chinnam, Ritwik	14	Herndon Aquatic Club	NT	1:38.58
	46.44	1:38.58 (52.14)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 45 Boys 13-14 100 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
56	Lindsay, Alan	13	Fairfax Foxes Swimming	1:36.24	1:39.01
	45.40	1:39.01 (53.61)			
57	Combs, Kana	13	The Capitol Sea Devils	1:37.58	1:40.66
58	Daoud, Shane	13	York Swim Club of Northern Vir	1:44.50	1:44.99
59	Medina, Gianluca	13	Herndon Aquatic Club	1:51.12	1:46.22
---	Bernasconi, Robert	13	Herndon Aquatic Club	1:34.11	DQ
	Downward butterfly kick				
	44.95	DQ (48.64)			
---	Bushati, Alfred	13	The Capitol Sea Devils	NT	DQ
	One hand touch				
	47.96	DQ (1:03.85)			

Event 46 Girls 15-18 100 Yard Breaststroke**1:08.19 SECT EZ Sectionals****1:14.49 SR PVS Open Champs**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Burke, Caroline	16	The St. James	1:11.17	1:08.32 SR
	32.48	1:08.32 (35.84)			
2	Sullivan, Anna	17	York Swim Club of Northern Vir	1:13.03	1:09.52 SR
	32.51	1:09.52 (37.01)			
3	Masten, Payton	16	Pava Panthers Swim Club	1:09.30	1:09.53 SR
	32.64	1:09.53 (36.89)			
4	Fulton, Evelyn	16	The Capitol Sea Devils	1:13.29	1:11.25 SR
	33.53	1:11.25 (37.72)			
5	Dent, Gillian	15	Arlington Aquatic Club	1:15.36	1:11.81 SR
	34.18	1:11.81 (37.63)			
6	Gharakhanian, Audrey	16	York Swim Club of Northern Vir	1:13.74	1:12.64 SR
	34.26	1:12.64 (38.38)			
7	Katen, Valerie	15	Nation's Capital Swim Club	1:13.16	1:13.06 SR
	34.13	1:13.06 (38.93)			
8	Colon, Ava	16	Mako Swimming	1:13.52	1:13.24 SR
	33.66	1:13.24 (39.58)			
B - Final					
9	Wahl, Lilly	15	Mako Swimming	1:15.47	1:13.18 SR
	35.41	1:13.18 (37.77)			
10	Xing, Chloe	15	The Fish	1:17.39	1:15.29
	35.62	1:15.29 (39.67)			
11	Elster, Fiona	16	York Swim Club of Northern Vir	1:18.70	1:15.41
	34.75	1:15.41 (40.66)			
12	Logsdon, Evelyn	15	Arlington Aquatic Club	1:18.94	1:16.15
	35.29	1:16.15 (40.86)			
13	Ladd, Ruth	16	The Capitol Sea Devils	1:18.35	1:16.89
	35.97	1:16.89 (40.92)			
14	Pabotoy, Charlotte	17	Fairfax Foxes Swimming	1:17.38	1:17.54
	36.37	1:17.54 (41.17)			
15	Monsky, Maclain	17	The St. James	1:19.00	1:18.69
	36.59	1:18.69 (42.10)			
16	Robinson, Ashley	15	Mako Swimming	1:19.18	1:19.91
	36.77	1:19.91 (43.14)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 46 Girls 15-18 100 Yard Breaststroke****1:08.19 SECT EZ Sectionals****1:14.49 SR PVS Open Champs**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Masten, Payton	16	Pava Panthers Swim Club	1:08.60	1:09.30	SR
	32.87	1:09.30 (36.43)				
2	Weatherbee, Alex	16	Fairfax Foxes Swimming	1:08.24	1:11.01	SR
	33.10	1:11.01 (37.91)				
3	Burke, Caroline	16	The St. James	1:07.43	1:11.17	SR
	33.72	1:11.17 (37.45)				
4	Sullivan, Anna	17	York Swim Club of Northern Vir	1:08.47	1:13.03	SR
	34.80	1:13.03 (38.23)				
5	Katen, Valerie	15	Nation's Capital Swim Club	1:12.43	1:13.16	SR
	33.87	1:13.16 (39.29)				
6	Fulton, Evelyn	16	The Capitol Sea Devils	1:14.53	1:13.29	SR
	34.86	1:13.29 (38.43)				
7	Colon, Ava	16	Mako Swimming	1:12.46	1:13.52	SR
	34.06	1:13.52 (39.46)				
8	Gharakhanian, Audrey	16	York Swim Club of Northern Vir	1:11.59	1:13.74	SR
	34.45	1:13.74 (39.29)				
9	Dent, Gillian	15	Arlington Aquatic Club	1:09.82	1:15.36	
	35.45	1:15.36 (39.91)				
10	Wahl, Lilly	15	Mako Swimming	1:13.35	1:15.47	
	35.65	1:15.47 (39.82)				
11	McIntosh, Caeli	17	York Swim Club of Northern Vir	1:20.84	1:16.78	
	35.54	1:16.78 (41.24)				
12	Pabotoy, Charlotte	17	Fairfax Foxes Swimming	1:21.57	1:17.38	
	36.60	1:17.38 (40.78)				
13	Xing, Chloe	15	The Fish	1:14.20	1:17.39	
	37.76	1:17.39 (39.63)				
14	Ladd, Ruth	16	The Capitol Sea Devils	1:15.87	1:18.35	
	36.76	1:18.35 (41.59)				
15	Smith, Camryn	15	The Capitol Sea Devils	NT	1:18.68	
	37.06	1:18.68 (41.62)				
16	Elster, Fiona	16	York Swim Club of Northern Vir	NT	1:18.70	
	35.24	1:18.70 (43.46)				
17	Anderson, Claire	15	Mako Swimming	1:14.13	1:18.74	
	36.86	1:18.74 (41.88)				
18	Logsdon, Evelyn	15	Arlington Aquatic Club	1:12.96	1:18.94	
	37.04	1:18.94 (41.90)				
19	Monsky, Maclain	17	The St. James	1:11.57	1:19.00	
	36.60	1:19.00 (42.40)				
20	Robinson, Ashley	15	Mako Swimming	1:17.73	1:19.18	
	36.88	1:19.18 (42.30)				
21	Beltz, Kaja	16	The Capitol Sea Devils	1:14.89	1:19.58	
	38.28	1:19.58 (41.30)				
22	Parisi, Mireille	15	Arlington Aquatic Club	1:17.69	1:19.60	
	37.18	1:19.60 (42.42)				
23	Rosa, Amaya	16	York Swim Club of Northern Vir	1:19.46	1:19.69	
	37.18	1:19.69 (42.51)				
24	Sonn, Cami	15	Arlington Aquatic Club	1:17.18	1:19.71	
	37.22	1:19.71 (42.49)				

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 46 Girls 15-18 100 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
25	Liu, Diane	15	The Fish	1:19.62	1:20.42
	38.28	1:20.42 (42.14)			
26	Khalimova, Kamilya	16	The Fish	1:20.58	1:20.53
	37.51	1:20.53 (43.02)			
27	Hankins, Camryn	17	Jcc Swimming	1:21.20	1:20.92
	38.12	1:20.92 (42.80)			
28	Waller, Elli	15	The Fish	1:18.27	1:21.24
	39.49	1:21.24 (41.75)			
29	Hartman, Caroline	16	York Swim Club of Northern Vir	1:23.75	1:21.39
	39.65	1:21.39 (41.74)			
30	Shields, Kate	15	York Swim Club of Northern Vir	1:22.26	1:21.75
	38.22	1:21.75 (43.53)			
31	Stegmaier, Shannon	15	Mako Swimming	1:20.70	1:24.04
	40.68	1:24.04 (43.36)			
32	Willard, Olivia	15	York Swim Club of Northern Vir	1:24.87	1:24.74
	39.22	1:24.74 (45.52)			
33	Dober, Leah	15	Arlington Aquatic Club	1:24.85	1:25.03
	39.83	1:25.03 (45.20)			
34	Veerothai, Nina	18	The Capitol Sea Devils	1:24.12	1:25.29
	40.75	1:25.29 (44.54)			
35	Hardwick, Maggie	15	Fairfax Foxes Swimming	1:21.66	1:25.54
	41.14	1:25.54 (44.40)			
36	Formagus, Emma	16	The Capitol Sea Devils	1:18.10	1:25.74
	41.10	1:25.74 (44.64)			
37	Bassotti, Elise	15	Arlington Aquatic Club	1:27.30	1:26.54
	42.10	1:26.54 (44.44)			
38	Campbell, Chloe	16	Arlington Aquatic Club	1:21.40	1:27.23
	41.17	1:27.23 (46.06)			
39	Kasemsuwannakaeth, Pearly	17	The Capitol Sea Devils	1:24.18	1:27.59
	40.54	1:27.59 (47.05)			
40	Hillier, Lorelei	15	The Capitol Sea Devils	1:25.29	1:27.86
	41.27	1:27.86 (46.59)			
41	Choi, Isabella	15	Arlington Aquatic Club	1:20.05	1:28.53
42	Kumar, Kiera	15	The Capitol Sea Devils	1:29.08	1:28.86
	42.90	1:28.86 (45.96)			
43	Larson, Gabby	15	Arlington Aquatic Club	1:33.19	1:30.51
	15.67	1:30.51 (1:14.84)			
44	Campet, Annabelle	15	York Swim Club of Northern Vir	1:31.94	1:31.74
	42.54	1:31.74 (49.20)			
45	Falsone, Sofia	15	The Fish	1:25.99	1:31.98
	42.53	1:31.98 (49.45)			
46	Lin, Marissa	15	The Fish	1:32.80	1:32.94
	44.67	1:32.94 (48.27)			
47	Smoyer, Misha	16	Arlington Aquatic Club	1:33.89	1:33.02
	44.25	1:33.02 (48.77)			
48	Peaks, Sophia	16	York Swim Club of Northern Vir	1:40.84	1:33.06
	43.09	1:33.06 (49.97)			
49	Benatti, Ella	15	Arlington Aquatic Club	1:35.69	1:34.08
	43.60	1:34.08 (50.48)			
50	Henderson, Ayden	16	The Capitol Sea Devils	1:37.35	1:36.92
	45.42	1:36.92 (51.50)			
51	Veretennikova, Anastasia	15	The Capitol Sea Devils	NT	1:40.79
	47.30	1:40.79 (53.49)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 46 Girls 15-18 100 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
52	Tillman, Aaliyah	15	Herndon Aquatic Club	1:46.54	1:43.17
	47.66	1:43.17 (55.51)			
53	Patrick, Julia	15	York Swim Club of Northern Vir	NT	1:52.62
	51.52	1:52.62 (1:01.10)			

Event 47 Boys 15-18 100 Yard Breaststroke**1:01.49 SECT EZ Sectionals****1:06.19 SR PVS Open Champs**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Garvin, Parris	18	Pava Panthers Swim Club	56.33	55.66 SECT
	26.23	55.66 (29.43)			
2	Haggard, Bruno	17	York Swim Club of Northern Vir	57.92	56.20 SECT
	26.76	56.20 (29.44)			
3	Mullen, Paul	18	Nation's Capital Swim Club	1:03.40	1:01.15 SECT
	29.24	1:01.15 (31.91)			
4	Young, Marcus	16	The Fish	1:01.39	1:01.25 SECT
	28.40	1:01.25 (32.85)			
5	Rossman, Henry	15	The Fish	1:03.24	1:01.80 SR
	29.43	1:01.80 (32.37)			
6	Guthrie, Hunter	17	The Fish	1:03.46	1:01.89 SR
	29.25	1:01.89 (32.64)			
7	Garcia, Xavier	15	The St. James	1:03.40	1:03.46 SR
	29.63	1:03.46 (33.83)			
8	Steele, Bennett	16	Pava Panthers Swim Club	1:04.54	1:03.65 SR
	29.49	1:03.65 (34.16)			
B - Final					
9	Wang, Kenneth	16	York Swim Club of Northern Vir	1:04.73	1:01.67 SR
	29.27	1:01.67 (32.40)			
10	Cummins, Beckett	16	Fairfax Foxes Swimming	1:05.14	1:01.89 SR
	30.45	1:01.89 (31.44)			
11	Uzokoff, Connor	17	The St. James	1:05.95	1:02.80 SR
	29.32	1:02.80 (33.48)			
12	Bockman, Isaac	16	The Fish	1:05.61	1:03.56 SR
	30.14	1:03.56 (33.42)			
13	Walther, Tyson	17	Arlington Aquatic Club	1:04.88	1:03.89 SR
	29.89	1:03.89 (34.00)			
14	Smouha, Jackson	16	Nation's Capital Swim Club	1:05.30	1:04.07 SR
	30.33	1:04.07 (33.74)			
15	Fukui, Hiro	16	Jcc Swimming	1:07.19	1:06.43
	31.19	1:06.43 (35.24)			
16	Barlow, Quincy	16	Fairfax Foxes Swimming	1:07.34	1:07.41
	31.70	1:07.41 (35.71)			

Event 47 Boys 15-18 100 Yard Breaststroke**1:01.49 SECT EZ Sectionals****1:06.19 SR PVS Open Champs**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Garvin, Parris	18	Pava Panthers Swim Club	55.96	56.33 SECT
	26.71	56.33 (29.62)			
2	Haggard, Bruno	17	York Swim Club of Northern Vir	1:00.67	57.92 SECT
	27.29	57.92 (30.63)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 47 Boys 15-18 100 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time	
3	Young, Marcus	16	The Fish	1:00.99	1:01.39	SECT
	28.52	1:01.39 (32.87)				
4	Rossman, Henry	15	The Fish	1:04.00	1:03.24	SR
	30.45	1:03.24 (32.79)				
*5	Garcia, Xavier	15	The St. James	1:03.73	1:03.40	SR
	29.92	1:03.40 (33.48)				
*5	Mullen, Paul	18	Nation's Capital Swim Club	1:03.23	1:03.40	SR
	30.27	1:03.40 (33.13)				
7	Guthrie, Hunter	17	The Fish	1:03.46	1:03.46	SR
	29.75	1:03.46 (33.71)				
8	Steele, Bennett	16	Pava Panthers Swim Club	1:02.60	1:04.54	SR
	30.32	1:04.54 (34.22)				
9	Wang, Kenneth	16	York Swim Club of Northern Vir	1:02.94	1:04.73	SR
	30.30	1:04.73 (34.43)				
10	Walther, Tyson	17	Arlington Aquatic Club	1:05.07	1:04.88	SR
	30.23	1:04.88 (34.65)				
11	Cummins, Beckett	16	Fairfax Foxes Swimming	1:01.40	1:05.14	SR
	31.72	1:05.14 (33.42)				
12	Smouha, Jackson	16	Nation's Capital Swim Club	1:06.75	1:05.30	SR
	31.12	1:05.30 (34.18)				
13	Kim, Daniel	17	York Swim Club of Northern Vir	1:05.82	1:05.43	SR
	30.19	1:05.43 (35.24)				
14	Bockman, Isaac	16	The Fish	1:05.65	1:05.61	SR
	30.83	1:05.61 (34.78)				
15	Uzokoff, Connor	17	The St. James	1:02.23	1:05.95	SR
	30.89	1:05.95 (35.06)				
16	Fukui, Hiro	16	Jcc Swimming	1:05.67	1:07.19	
	31.39	1:07.19 (35.80)				
17	Barlow, Quincy	16	Fairfax Foxes Swimming	1:12.91	1:07.34	
	32.10	1:07.34 (35.24)				
18	Nicholson, Adam	16	The St. James	1:11.96	1:08.32	
	32.56	1:08.32 (35.76)				
19	Hume, Rafi	16	The Capitol Sea Devils	1:05.22	1:08.68	
	32.80	1:08.68 (35.88)				
20	Alexander, Matthew	17	Fairfax Foxes Swimming	1:06.39	1:08.81	
	32.59	1:08.81 (36.22)				
21	Meehan, Jack	15	Fairfax Foxes Swimming	1:10.91	1:09.61	
	32.39	1:09.61 (37.22)				
22	Portner, Sully	16	Arlington Aquatic Club	1:08.31	1:09.72	
	32.29	1:09.72 (37.43)				
23	Papadopoulos, Frederick	15	Arlington Aquatic Club	1:08.06	1:10.38	
	33.30	1:10.38 (37.08)				
24	Alman, Matt	16	Mako Swimming	1:08.65	1:10.80	
	33.49	1:10.80 (37.31)				
25	Chiquitucto, Christian	15	The Capitol Sea Devils	1:11.84	1:10.94	
26	Donahue, Patrick	15	Herndon Aquatic Club	1:11.38	1:11.50	
	33.49	1:11.50 (38.01)				
27	Frantz, Landon	17	York Swim Club of Northern Vir	1:14.97	1:11.55	
	32.68	1:11.55 (38.87)				
28	Guo, Lucas	15	Herndon Aquatic Club	1:11.98	1:11.80	
	34.46	1:11.80 (37.34)				

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 47 Boys 15-18 100 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
29	Wright, Miles	16	Arlington Aquatic Club	1:13.34	1:12.15
	34.95	1:12.15 (37.20)			
30	Stipanovic, Charles	15	York Swim Club of Northern Vir	1:12.87	1:12.41
	33.12	1:12.41 (39.29)			
31	Nelson, Andrew	16	The Capitol Sea Devils	1:18.16	1:12.98
	34.27	1:12.98 (38.71)			
32	Heisler, Nick	16	Pava Panthers Swim Club	1:04.49	1:13.93
	33.66	1:13.93 (40.27)			
33	Engstrom, Russell	15	York Swim Club of Northern Vir	NT	1:14.19
	34.53	1:14.19 (39.66)			
34	Tun, Lwinmaung	16	The Capitol Sea Devils	1:13.64	1:14.34
	34.55	1:14.34 (39.79)			
35	Kang, HeeDoh	15	Arlington Aquatic Club	1:17.76	1:14.47
	34.58	1:14.47 (39.89)			
36	Gallton, Zach	15	The Capitol Sea Devils	1:14.23	1:14.61
	35.47	1:14.61 (39.14)			
37	Oh, Jacob	16	Arlington Aquatic Club	1:12.94	1:14.85
	35.07	1:14.85 (39.78)			
38	Bunnell, Christopher	17	Herndon Aquatic Club	NT	1:16.93
	36.29	1:16.93 (40.64)			
39	Kinsella, Brian	15	York Swim Club of Northern Vir	1:18.83	1:18.75
	36.59	1:18.75 (42.16)			
40	Simpson, Levi	15	Herndon Aquatic Club	1:30.22	1:20.53
	38.32	1:20.53 (42.21)			
41	Honeysett, Seth	15	Mako Swimming	1:20.70	1:20.77
	37.11	1:20.77 (43.66)			
42	Kim, Brandon	15	The Fish	1:20.39	1:26.01
	37.92	1:26.01 (48.09)			
43	Duong, Christian	15	The Capitol Sea Devils	1:22.78	1:26.02
	42.10	1:26.02 (43.92)			
44	Johnson, Kyle	15	The Capitol Sea Devils	1:29.12	1:27.45
	40.34	1:27.45 (47.11)			
45	Shah, Amahl	15	The Capitol Sea Devils	1:29.77	1:29.32
	41.06	1:29.32 (48.26)			
46	Lang, Armwell	17	The Capitol Sea Devils	1:30.02	1:31.28
	42.68	1:31.28 (48.60)			
---	Gripas, Alexey	15	The Capitol Sea Devils	NT	DQ
	Head under for 2 or more strokes				
	38.90	DQ (45.03)			
---	Tan, Zachary	17	York Swim Club of Northern Vir	1:01.33	DQ
	One hand touch				
	30.27	DQ (34.55)			
---	Siple, Nathan	15	The Capitol Sea Devils	NT	DQ
	Arms two strokes underwater				
	41.08	DQ (42.95)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 48 Girls 11-12 100 Yard Breaststroke****1:08.19 SECT EZ Sectionals****1:14.49 SR PVS Open Champs****1:21.19 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Morgan, Alex	12	Mako Swimming	1:09.40	1:07.37	SECT
	31.99		1:07.37 (35.38)			
2	Flanagan, Claire	11	Mako Swimming	1:16.53	1:14.93	14U
	34.59		1:14.93 (40.34)			
3	Strano, Emma	12	Mako Swimming	1:14.89	1:15.57	14U
	36.54		1:15.57 (39.03)			
4	Carroll, Izzie	11	Mako Swimming	1:19.63	1:17.70	14U
	38.02		1:17.70 (39.68)			
5	Verasin, Tasanee	12	The St. James	1:21.00	1:17.75	14U
	36.69		1:17.75 (41.06)			
6	Cheng, Aria	11	Mako Swimming	1:22.63	1:21.58	
	39.22		1:21.58 (42.36)			
7	Bortner, Avery	11	Fairfax Foxes Swimming	1:22.63	1:21.86	
	39.18		1:21.86 (42.68)			
8	Dolan, Hannah	12	Nation's Capital Swim Club	1:23.46	1:23.53	
	39.59		1:23.53 (43.94)			

Event 48 Girls 11-12 100 Yard Breaststroke**1:08.19 SECT EZ Sectionals****1:14.49 SR PVS Open Champs****1:21.19 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Morgan, Alex	12	Mako Swimming	1:09.48	1:09.40	SR
	32.92		1:09.40 (36.48)			
2	Strano, Emma	12	Mako Swimming	1:17.67	1:14.89	14U
	36.49		1:14.89 (38.40)			
3	Flanagan, Claire	11	Mako Swimming	1:14.18	1:16.53	14U
	36.14		1:16.53 (40.39)			
4	Carroll, Izzie	11	Mako Swimming	1:22.13	1:19.63	14U
	38.40		1:19.63 (41.23)			
5	Verasin, Tasanee	12	The St. James	1:25.70	1:21.00	14U
	38.56		1:21.00 (42.44)			
*6	Bortner, Avery	11	Fairfax Foxes Swimming	1:26.17	1:22.63	
	39.17		1:22.63 (43.46)			
*6	Cheng, Aria	11	Mako Swimming	1:24.65	1:22.63	
	39.12		1:22.63 (43.51)			
8	Dolan, Hannah	12	Nation's Capital Swim Club	1:31.57	1:23.46	
	39.40		1:23.46 (44.06)			
9	Boyd, Charlie	12	York Swim Club of Northern Vir	1:26.93	1:24.24	
	39.93		1:24.24 (44.31)			
10	Negrelli, Ana	11	The Fish	1:27.16	1:24.86	
	39.68		1:24.86 (45.18)			
11	McNiff, Alison	12	Mako Swimming	1:26.91	1:25.50	
	40.70		1:25.50 (44.80)			
12	Hetzel, Julia Grace	12	The Capitol Sea Devils	1:32.63	1:25.73	
	40.75		1:25.73 (44.98)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 48 Girls 11-12 100 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
13	Baghai, Nila	12	The Fish	1:25.90	1:26.06
	40.51	1:26.06 (45.55)			
14	Pfiffner, Maddie	12	York Swim Club of Northern Vir	1:33.49	1:26.34
	40.41	1:26.34 (45.93)			
15	McShane, Rachel	12	York Swim Club of Northern Vir	1:31.79	1:26.86
	40.56	1:26.86 (46.30)			
16	Todd, Hannah	12	Herndon Aquatic Club	1:27.95	1:27.10
	40.66	1:27.10 (46.44)			
17	O'Malley, Shona	11	The Capitol Sea Devils	1:29.35	1:27.71
	42.89	1:27.71 (44.82)			
18	Schneider, Tinsley	11	The St. James	1:28.38	1:28.15
	42.06	1:28.15 (46.09)			
19	Sahin, Payton	11	York Swim Club of Northern Vir	1:29.80	1:29.51
	40.94	1:29.51 (48.57)			
20	Niland, Avery	12	York Swim Club of Northern Vir	1:29.51	1:30.47
	41.85	1:30.47 (48.62)			
21	Cocker, Claire	11	York Swim Club of Northern Vir	1:28.11	1:30.55
	42.24	1:30.55 (48.31)			
22	Olsen, Ingrid	12	The Capitol Sea Devils	1:39.52	1:31.03
	42.01	1:31.03 (49.02)			
23	Simpson, Delaney	11	Fairfax Foxes Swimming	1:35.27	1:32.16
	45.04	1:32.16 (47.12)			
24	King, Katie	11	Mako Swimming	1:34.58	1:32.54
	44.63	1:32.54 (47.91)			
25	Newsad, Isla	12	Mako Swimming	1:33.49	1:33.10
	44.35	1:33.10 (48.75)			
26	Fawsett, Katie	12	The Capitol Sea Devils	1:35.35	1:33.19
	43.55	1:33.19 (49.64)			
27	Dalecki, Nora	12	The Capitol Sea Devils	1:36.57	1:33.79
	43.62	1:33.79 (50.17)			
28	Silson, Ava	12	The Capitol Sea Devils	1:32.79	1:34.85
	45.87	1:34.85 (48.98)			
29	Hiscock, Ellie	11	The Capitol Sea Devils	1:36.24	1:36.02
	45.73	1:36.02 (50.29)			
30	Sause, Nora	11	Nation's Capital Swim Club	1:41.35	1:36.45
	47.07	1:36.45 (49.38)			
31	Rosenthal, Giana	11	The Capitol Sea Devils	NT	1:36.71
	46.11	1:36.71 (50.60)			
32	Dogan, Ayla	11	Mako Swimming	1:45.40	1:36.74
	45.18	1:36.74 (51.56)			
33	Zheng, Charlotte	11	The Fish	1:34.99	1:37.59
	48.23	1:37.59 (49.36)			
34	Peters, Adeline	12	The Capitol Sea Devils	NT	1:37.63
	46.44	1:37.63 (51.19)			
35	Hietpas, Rachel	11	Fairfax Foxes Swimming	1:39.91	1:39.17
	48.48	1:39.17 (50.69)			
36	Hong, Ayin	11	The Fish	1:39.27	1:40.27
	48.14	1:40.27 (52.13)			
37	Linker, Reagan	12	The Capitol Sea Devils	1:39.22	1:40.54
	48.05	1:40.54 (52.49)			
38	Sellgren, Kirin	11	York Swim Club of Northern Vir	1:56.56	1:40.57
	47.50	1:40.57 (53.07)			
39	Nolten, Yasmina	12	The Fish	1:41.83	1:40.90
	48.04	1:40.90 (52.86)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 48 Girls 11-12 100 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
40	Berry, Allison	11	York Swim Club of Northern Vir	1:37.90	1:41.15
	48.02	1:41.15 (53.13)			
41	Hanspal, Ella	12	Mako Swimming	NT	1:41.63
	46.49	1:41.63 (55.14)			
42	Sisserson, Hailey	11	Herndon Aquatic Club	NT	1:41.72
	48.22	1:41.72 (53.50)			
43	Omara, Morrin	12	The Capitol Sea Devils	NT	1:43.00
	50.23	1:43.00 (52.77)			
44	Abella, Ellie	12	Herndon Aquatic Club	1:46.00	1:43.30
	46.61	1:43.30 (56.69)			
45	Clark, Elise	12	York Swim Club of Northern Vir	NT	1:44.41
	49.95	1:44.41 (54.46)			
46	Chiquitucto, Grace	11	The Capitol Sea Devils	1:52.96	1:44.60
	49.65	1:44.60 (54.95)			
47	Ritter, Bryce	12	York Swim Club of Northern Vir	2:00.55	1:45.22
	49.14	1:45.22 (56.08)			
48	Bryce, Sabrina	11	The Capitol Sea Devils	NT	1:46.72
	51.15	1:46.72 (55.57)			
49	Taylor, Scarlett	11	York Swim Club of Northern Vir	1:48.96	1:47.03
	52.19	1:47.03 (54.84)			
50	Fahle, Gryffin	11	York Swim Club of Northern Vir	NT	1:47.12
	52.01	1:47.12 (55.11)			
51	Buckley, Fiona	12	The Capitol Sea Devils	NT	1:48.13
	49.91	1:48.13 (58.22)			
52	Morgan, Abby	12	Herndon Aquatic Club	2:22.49	1:48.64
	51.70	1:48.64 (56.94)			
53	Goldian, Claire	11	York Swim Club of Northern Vir	NT	1:48.88
	50.91	1:48.88 (57.97)			
54	Deuterman, Sophia	12	Fairfax Foxes Swimming	2:10.36	1:50.26
	54.62	1:50.26 (55.64)			
55	Juarez, Vivian	12	The Capitol Sea Devils	1:46.87	1:50.63
	51.50	1:50.63 (59.13)			
56	Sanchez, Isabel	12	The Capitol Sea Devils	NT	1:51.53
	54.36	1:51.53 (57.17)			
57	Allen, Caris	12	Herndon Aquatic Club	1:57.88	1:52.87
	52.16	1:52.87 (1:00.71)			
58	Getz, Cora	11	The Capitol Sea Devils	2:13.64	1:53.02
	54.59	1:53.02 (58.43)			
59	Anderson, Riley	11	Herndon Aquatic Club	1:54.23	1:53.68
	52.75	1:53.68 (1:00.93)			
60	Wade, Lillian	11	Fairfax Foxes Swimming	NT	1:54.71
	55.17	1:54.71 (59.54)			
61	Peffer, Rooney	11	Herndon Aquatic Club	NT	1:54.87
	54.12	1:54.87 (1:00.75)			

Event 49 Boys 11-12 100 Yard Breaststroke**1:01.49 SECT EZ Sectionals****1:06.19 SR PVS Open Champs****1:21.59 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Kelly, Charlie	12	The Capitol Sea Devils	1:07.02	1:05.93 SR
	31.80	1:05.93 (34.13)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****A - Final ... (Event 49 Boys 11-12 100 Yard Breaststroke)**

	Name	Age	Team	Prelim Time	Finals Time	
2	Moh, Evan	12	Mako Swimming	1:10.42	1:08.24	14U
	32.28		1:08.24 (35.96)			
3	Butler, Henry	12	The St. James	1:14.70	1:15.05	14U
	34.50		1:15.05 (40.55)			
4	Guthner, Lucas	12	Mako Swimming	1:17.56	1:16.19	14U
	35.31		1:16.19 (40.88)			
5	Lindroos, Ciaran	12	York Swim Club of Northern Vir	1:18.57	1:17.44	14U
	36.19		1:17.44 (41.25)			
6	Friedman, Benjamin	12	York Swim Club of Northern Vir	1:19.36	1:18.74	14U
	36.59		1:18.74 (42.15)			
7	Eubanks, Gavin	12	The Fish	1:18.85	1:19.17	14U
	37.22		1:19.17 (41.95)			
8	Hartman, Charlie	12	Nation's Capital Swim Club	1:19.25	1:20.63	14U
	38.12		1:20.63 (42.51)			

Event 49 Boys 11-12 100 Yard Breaststroke**1:01.49 SECT EZ Sectionals****1:06.19 SR PVS Open Champs****1:21.59 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Kelly, Charlie	12	The Capitol Sea Devils	1:09.06	1:07.02	14U
	32.44		1:07.02 (34.58)			
2	Moh, Evan	12	Mako Swimming	1:09.86	1:10.42	14U
	32.77		1:10.42 (37.65)			
3	Butler, Henry	12	The St. James	1:17.36	1:14.70	14U
	34.15		1:14.70 (40.55)			
4	Guthner, Lucas	12	Mako Swimming	1:26.38	1:17.56	14U
	36.49		1:17.56 (41.07)			
5	Lindroos, Ciaran	12	York Swim Club of Northern Vir	1:22.09	1:18.57	14U
	37.67		1:18.57 (40.90)			
6	Eubanks, Gavin	12	The Fish	1:24.67	1:18.85	14U
	37.70		1:18.85 (41.15)			
7	Hartman, Charlie	12	Nation's Capital Swim Club	1:24.77	1:19.25	14U
	38.25		1:19.25 (41.00)			
8	Friedman, Benjamin	12	York Swim Club of Northern Vir	1:23.55	1:19.36	14U
	37.18		1:19.36 (42.18)			
9	Fulton, Simon	12	The Capitol Sea Devils	NT	1:20.15	14U
	38.39		1:20.15 (41.76)			
10	Nault, Jericho	12	Herndon Aquatic Club	1:22.42	1:20.56	14U
	38.48		1:20.56 (42.08)			
11	Maria, Michael	12	York Swim Club of Northern Vir	1:26.32	1:21.67	
	38.45		1:21.67 (43.22)			
12	Majiros, Chanler	12	Mako Swimming	1:22.68	1:22.06	
	39.27		1:22.06 (42.79)			
13	Schlotterer, Patrick	11	The Capitol Sea Devils	1:30.84	1:24.22	
	39.91		1:24.22 (44.31)			
14	Devlin, Jack	11	Mako Swimming	1:28.09	1:24.98	
	40.05		1:24.98 (44.93)			
15	Mullins, Finn	12	Herndon Aquatic Club	1:35.43	1:28.73	
	41.94		1:28.73 (46.79)			
16	Somensatto, Marc	12	York Swim Club of Northern Vir	1:33.49	1:28.76	
	43.40		1:28.76 (45.36)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 49 Boys 11-12 100 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
17	Suarez, Davidson	12	The St. James	2:00.40	1:29.23
	42.74	1:29.23 (46.49)			
18	DiGaudio, Luke	12	York Swim Club of Northern Vir	1:36.78	1:29.25
	41.30	1:29.25 (47.95)			
19	Monahan, John	11	York Swim Club of Northern Vir	1:44.99	1:29.38
	43.48	1:29.38 (45.90)			
20	Ma, Mario	12	The Fish	1:30.70	1:29.42
	42.16	1:29.42 (47.26)			
21	Yang, Dylan	11	Mako Swimming	1:34.51	1:29.68
	42.62	1:29.68 (47.06)			
22	Bradley, Finn	12	York Swim Club of Northern Vir	1:36.15	1:30.31
	42.86	1:30.31 (47.45)			
23	Simon, Graham	12	York Swim Club of Northern Vir	1:33.72	1:30.46
	43.63	1:30.46 (46.83)			
24	Rasmussen, Henry	11	York Swim Club of Northern Vir	1:33.71	1:31.65
	42.91	1:31.65 (48.74)			
25	Perez-Roberts, Parker	11	York Swim Club of Northern Vir	1:44.05	1:31.73
	44.17	1:31.73 (47.56)			
26	Farquhar, Dylan	11	York Swim Club of Northern Vir	NT	1:31.83
	42.65	1:31.83 (49.18)			
27	Ingham, Lucas	11	Herndon Aquatic Club	1:35.68	1:34.64
	44.76	1:34.64 (49.88)			
28	Gaitan, Nico	11	The Capitol Sea Devils	NT	1:34.89
	44.03	1:34.89 (50.86)			
29	Traboulsi, Roman	11	York Swim Club of Northern Vir	1:38.82	1:35.87
	45.82	1:35.87 (50.05)			
30	Weber, Danny	12	The Fish	1:38.03	1:37.96
	47.35	1:37.96 (50.61)			
31	Wang, Alex	11	Nation's Capital Swim Club	1:38.43	1:38.24
	45.55	1:38.24 (52.69)			
32	Tramonte, Tommy	11	York Swim Club of Northern Vir	1:40.63	1:38.37
	46.32	1:38.37 (52.05)			
33	Swearingen, Liam	12	The St. James	1:44.78	1:39.82
	46.79	1:39.82 (53.03)			
34	Montero, Iban	11	The Capitol Sea Devils	NT	1:40.81
	46.73	1:40.81 (54.08)			
35	Connors, Jay	11	Herndon Aquatic Club	1:47.78	1:41.00
	46.26	1:41.00 (54.74)			
36	Tannesen, Finn	11	Herndon Aquatic Club	1:40.62	1:42.52
	47.81	1:42.52 (54.71)			
37	Coombs, Sawyer	11	The Capitol Sea Devils	1:44.55	1:43.66
	48.26	1:43.66 (55.40)			
38	Perez, Nicholas	11	The Capitol Sea Devils	NT	1:43.95
	48.31	1:43.95 (55.64)			
39	Wright, Hank	11	Fairfax Foxes Swimming	2:01.64	1:46.83
	51.34	1:46.83 (55.49)			
40	Kimbler, Elijah	11	Mako Swimming	1:53.31	1:46.87
	49.25	1:46.87 (57.62)			
41	Brannan, Luke	11	York Swim Club of Northern Vir	1:46.92	1:47.35
	49.29	1:47.35 (58.06)			
42	Sisson, Louis	12	The Capitol Sea Devils	1:58.89	1:47.80
	52.07	1:47.80 (55.73)			
43	Meyers, Weston	12	The Capitol Sea Devils	1:57.44	1:48.90
	52.65	1:48.90 (56.25)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 49 Boys 11-12 100 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
44	Todd, Brennan	11	Fairfax Foxes Swimming	1:49.57	1:50.86
	52.58	1:50.86 (58.28)			
45	Ackley, Noah	11	York Swim Club of Northern Vir	NT	1:51.09
	52.73	1:51.09 (58.36)			
46	Morgan, Timmy	11	Herndon Aquatic Club	1:48.99	1:54.06
	54.16	1:54.06 (59.90)			
47	Eckstein, Henry	11	The Capitol Sea Devils	NT	1:54.23
	54.44	1:54.23 (59.79)			
48	Meeker, Nolan	11	Fairfax Foxes Swimming	NT	1:57.91
	55.64	1:57.91 (1:02.27)			
49	Aiyer, Rohan	11	The Capitol Sea Devils	NT	2:02.13
	57.50	2:02.13 (1:04.63)			
50	Malkani, Nik	11	The Capitol Sea Devils	NT	2:03.58
	56.69	2:03.58 (1:06.89)			
51	Rochberg, Lucas	11	The Capitol Sea Devils	NT	2:04.14
	59.16	2:04.14 (1:04.98)			
52	Pitotti, AJ	11	The Capitol Sea Devils	NT	2:04.46
	59.61	2:04.46 (1:04.85)			
53	Houlahan, Noah	11	The Capitol Sea Devils	NT	2:10.15
	1:03.45	2:10.15 (1:06.70)			
---	Yoon, Gio	11	Fairfax Foxes Swimming	1:35.51	DQ
	Downward butterfly kick				
	39.02	DQ (41.97)			
---	Danciu-Burdescu, Noah	11	The Capitol Sea Devils	NT	DQ
	Scissors kick				
	57.57	DQ (1:05.98)			
---	Sharp, Teddy	11	The Capitol Sea Devils	NT	DQ
	One hand touch				
	52.41	DQ (56.64)			
---	Ladd, Josiah	12	The Capitol Sea Devils	NT	DQ
	One hand touch				
	46.35	DQ (55.51)			

Event 50 Girls 13-14 200 Yard Freestyle**1:54.99 SECT EZ Sectionals****2:03.19 SR PVS Open Champs****2:04.09 14U PVS 14U Championship**

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Morgan, Alexandra	14	Nation's Capital Swim Club	1:55.48	1:54.00	SECT
	26.15	54.42 (28.27)	1:23.93 (29.51)	1:54.00 (30.07)		
2	Roth, Laura	14	Nation's Capital Swim Club	1:57.80	1:55.50	SR
	27.44	57.40 (29.96)	1:26.75 (29.35)	1:55.50 (28.75)		
3	Tolar, Mackey	13	Nation's Capital Swim Club	1:59.27	1:56.20	SR
	27.36	56.95 (29.59)	1:27.23 (30.28)	1:56.20 (28.97)		
4	Carroll, Maddie	14	Mako Swimming	2:01.38	2:00.23	SR
	27.65	57.72 (30.07)	1:28.61 (30.89)	2:00.23 (31.62)		
5	Steiner, Lilly	14	The Capitol Sea Devils	2:01.62	2:01.20	SR
	27.48	58.21 (30.73)	1:29.88 (31.67)	2:01.20 (31.32)		
6	Mullen, Violet	13	Nation's Capital Swim Club	2:01.10	2:01.53	SR
	27.79	58.46 (30.67)	1:29.64 (31.18)	2:01.53 (31.89)		
7	Malm, Hannah	14	The Capitol Sea Devils	2:03.19	2:01.86	SR
	27.97	58.70 (30.73)	1:30.31 (31.61)	2:01.86 (31.55)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****A - Final ... (Event 50 Girls 13-14 200 Yard Freestyle)**

	Name	Age	Team	Prelim Time	Finals Time	
8	Howard, Gwyn	14	Mako Swimming	2:01.76	2:02.57	SR
	28.28	59.50 (31.22)	1:31.18 (31.68)	2:02.57 (31.39)		

B - Final

9	Roth, Anna	14	Nation's Capital Swim Club	2:03.47	1:59.06	SR
	27.15	57.31 (30.16)	1:28.14 (30.83)	1:59.06 (30.92)		
10	Walther, Rio	14	Nation's Capital Swim Club	2:04.44	2:01.57	SR
	27.44	57.87 (30.43)	1:29.78 (31.91)	2:01.57 (31.79)		
11	McHenry, Ziva	13	The Fish	2:04.42	2:03.51	14U
	28.63	59.74 (31.11)	1:31.48 (31.74)	2:03.51 (32.03)		
12	Lopez Murphy, Emilia	14	The Capitol Sea Devils	2:06.68	2:05.81	
	27.89	59.20 (31.31)	1:32.52 (33.32)	2:05.81 (33.29)		
13	Klaiber, Anna	14	The Fish	2:08.03	2:06.50	
	29.74	1:02.42 (32.68)	1:35.24 (32.82)	2:06.50 (31.26)		
14	Vayra, Emilia	14	Nation's Capital Swim Club	2:08.69	2:07.30	
	28.51	1:00.50 (31.99)	1:33.90 (33.40)	2:07.30 (33.40)		
15	Morgan, Annabelle	14	Nation's Capital Swim Club	2:09.90	2:08.15	
	28.78	1:01.60 (32.82)	1:34.97 (33.37)	2:08.15 (33.18)		
16	Nogales, Allegra	14	Nation's Capital Swim Club	2:08.15	2:10.05	
	29.08	1:02.01 (32.93)	1:36.28 (34.27)	2:10.05 (33.77)		

Event 50 Girls 13-14 200 Yard Freestyle**1:54.99 SECT EZ Sectionals****2:03.19 SR PVS Open Champs****2:04.09 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Morgan, Alexandra	14	Nation's Capital Swim Club	1:57.91	1:55.48	SR
	26.54	55.96 (29.42)	1:26.40 (30.44)	1:55.48 (29.08)		
2	Roth, Laura	14	Nation's Capital Swim Club	2:02.39	1:57.80	SR
	28.04	58.31 (30.27)	1:28.35 (30.04)	1:57.80 (29.45)		
3	Tolar, Mackey	13	Nation's Capital Swim Club	2:02.33	1:59.27	SR
	27.67	58.04 (30.37)	1:28.71 (30.67)	1:59.27 (30.56)		
4	Mullen, Violet	13	Nation's Capital Swim Club	1:59.71	2:01.10	SR
	27.92	58.59 (30.67)	1:29.81 (31.22)	2:01.10 (31.29)		
5	Carroll, Maddie	14	Mako Swimming	2:03.17	2:01.38	SR
	28.38	59.24 (30.86)	1:30.23 (30.99)	2:01.38 (31.15)		
6	Steiner, Lilly	14	The Capitol Sea Devils	2:00.07	2:01.62	SR
	28.01	58.40 (30.39)	1:29.72 (31.32)	2:01.62 (31.90)		
7	Howard, Gwyn	14	Mako Swimming	2:03.83	2:01.76	SR
	28.45	59.24 (30.79)	1:30.88 (31.64)	2:01.76 (30.88)		
8	Malm, Hannah	14	The Capitol Sea Devils	2:02.05	2:03.19	SR
	27.72	58.55 (30.83)	1:31.20 (32.65)	2:03.19 (31.99)		
9	Roth, Anna	14	Nation's Capital Swim Club	2:01.25	2:03.47	14U
	28.20	59.62 (31.42)	1:31.49 (31.87)	2:03.47 (31.98)		
10	McHenry, Ziva	13	The Fish	2:06.90	2:04.42	
	28.55	1:00.48 (31.93)	1:32.50 (32.02)	2:04.42 (31.92)		
11	Walther, Rio	14	Nation's Capital Swim Club	2:05.89	2:04.44	
	28.15	59.50 (31.35)	1:31.98 (32.48)	2:04.44 (32.46)		
12	Lopez Murphy, Emilia	14	The Capitol Sea Devils	2:05.22	2:06.68	
	28.29	1:00.32 (32.03)	1:33.58 (33.26)	2:06.68 (33.10)		
13	Klaiber, Anna	14	The Fish	2:06.83	2:08.03	
	30.10	1:03.15 (33.05)	1:36.95 (33.80)	2:08.03 (31.08)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 50 Girls 13-14 200 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
14	Nogales, Allegra	14	Nation's Capital Swim Club	2:09.17	2:08.15
	29.23	1:00.87 (31.64)	1:34.48 (33.61)	2:08.15 (33.67)	
15	Vayra, Emilia	14	Nation's Capital Swim Club	2:08.73	2:08.69
	29.06	1:01.31 (32.25)	1:34.84 (33.53)	2:08.69 (33.85)	
16	Morgan, Annabelle	14	Nation's Capital Swim Club	2:09.42	2:09.90
	29.07	1:01.67 (32.60)	1:35.73 (34.06)	2:09.90 (34.17)	
17	Springer, Summer	13	Nation's Capital Swim Club	2:10.33	2:11.01
	30.02	1:03.26 (33.24)	1:37.49 (34.23)	2:11.01 (33.52)	
18	McEvoy, Isabel	14	The Capitol Sea Devils	2:08.42	2:11.02
	29.75	1:02.88 (33.13)	1:36.94 (34.06)	2:11.02 (34.08)	
19	Wood, Audrey	14	The Capitol Sea Devils	2:12.54	2:11.66
	30.60	1:04.41 (33.81)	1:38.07 (33.66)	2:11.66 (33.59)	
20	Ryan, Haley	13	York Swim Club of Northern Vir	2:10.69	2:11.73
	29.92	1:03.81 (33.89)	1:38.32 (34.51)	2:11.73 (33.41)	
21	Alper, Aspen	14	The Capitol Sea Devils	2:15.36	2:13.20
	30.80	1:04.58 (33.78)	1:39.49 (34.91)	2:13.20 (33.71)	
22	Bendza, Corinne	14	Nation's Capital Swim Club	2:08.52	2:13.98
	29.95	1:04.67 (34.72)	1:39.70 (35.03)	2:13.98 (34.28)	
23	Joesten, Annika	14	Nation's Capital Swim Club	2:16.73	2:14.51
	30.75	1:04.50 (33.75)	1:40.15 (35.65)	2:14.51 (34.36)	
24	Trimble, Grace	13	York Swim Club of Northern Vir	2:21.60	2:15.27
	32.19	1:06.64 (34.45)	1:40.95 (34.31)	2:15.27 (34.32)	
25	Meth, Sophia	13	The Capitol Sea Devils	2:18.40	2:17.99
	31.51	1:06.07 (34.56)	1:42.41 (36.34)	2:17.99 (35.58)	
26	Klingensmith, Claire	13	The St. James	2:24.14	2:18.65
	32.71	1:08.54 (35.83)	1:44.77 (36.23)	2:18.65 (33.88)	
27	Oconnell, Nomi	13	The Fish	2:20.76	2:18.93
	32.03	1:07.86 (35.83)	1:43.79 (35.93)	2:18.93 (35.14)	
28	Bareis, Mary	13	York Swim Club of Northern Vir	2:22.79	2:18.97
	33.06	1:08.94 (35.88)	1:44.10 (35.16)	2:18.97 (34.87)	
29	Paisley, Sydney	13	Nation's Capital Swim Club	2:20.48	2:19.51
	31.10	1:06.87 (35.77)	1:43.55 (36.68)	2:19.51 (35.96)	
30	Marlin, Finley	13	The Capitol Sea Devils	2:26.39	2:20.27
	33.49	1:09.97 (36.48)	1:45.64 (35.67)	2:20.27 (34.63)	
31	Vasquez-Dretzka, Teresa	13	The Capitol Sea Devils	2:24.87	2:20.44
	33.30	1:10.42 (37.12)	1:46.40 (35.98)	2:20.44 (34.04)	
32	Vassilakos, Sophie	13	York Swim Club of Northern Vir	2:26.47	2:21.72
	33.92	1:10.88 (36.96)	1:47.18 (36.30)	2:21.72 (34.54)	
33	Wang, Alice	14	The Fish	2:14.37	2:22.38
	31.91	1:07.91 (36.00)	1:45.58 (37.67)	2:22.38 (36.80)	
34	Olsen, Evelyn	14	The Capitol Sea Devils	2:22.68	2:22.92
	33.03	1:10.08 (37.05)	1:47.18 (37.10)	2:22.92 (35.74)	
35	Cravens, Natalie	13	York Swim Club of Northern Vir	2:24.04	2:23.11
	32.66	1:09.46 (36.80)	1:46.55 (37.09)	2:23.11 (36.56)	
36	Knobl, Kendyl	14	York Swim Club of Northern Vir	2:29.41	2:23.32
	31.91	1:07.99 (36.08)	1:46.23 (38.24)	2:23.32 (37.09)	
37	Van Brackle, Heidi	13	Mako Swimming	2:26.93	2:23.97
	33.71	1:11.02 (37.31)	1:48.38 (37.36)	2:23.97 (35.59)	
38	Kramer, Renee	14	York Swim Club of Northern Vir	2:35.59	2:24.25
	34.15	1:12.21 (38.06)	1:48.90 (36.69)	2:24.25 (35.35)	
39	Thompson, Mia	14	York Swim Club of Northern Vir	2:27.16	2:24.44
	33.29	1:10.82 (37.53)	1:48.61 (37.79)	2:24.44 (35.83)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025

Results

Preliminaries ... (Event 50 Girls 13-14 200 Yard Freestyle)

Name		Age	Team	Seed Time	Prelim Time
40	Redding, Amelia	14	York Swim Club of Northern Vir	2:25.90	2:25.33
	35.27	1:12.85 (37.58)	1:49.46 (36.61)	2:25.33 (35.87)	
41	Saks, Thandie	14	The St. James	NT	2:29.76
	32.08	1:08.84 (36.76)	1:49.23 (40.39)	2:29.76 (40.53)	
42	D'Ambrogi, Isabella	14	The St. James	2:29.25	2:29.82
	33.42	1:10.78 (37.36)	1:50.62 (39.84)	2:29.82 (39.20)	
43	Gonzalez, Mia	13	Mako Swimming	2:39.71	2:30.11
	35.11	1:13.01 (37.90)	1:52.26 (39.25)	2:30.11 (37.85)	
44	Kache, Sonali	14	York Swim Club of Northern Vir	2:33.97	2:30.36
	33.74	1:12.62 (38.88)	1:52.21 (39.59)	2:30.36 (38.15)	
45	Powell-Switaj, Zoe	14	The St. James	2:33.53	2:31.15
	34.53	1:13.36 (38.83)	1:53.30 (39.94)	2:31.15 (37.85)	
46	Mall, Avani	13	York Swim Club of Northern Vir	2:33.98	2:33.20
	33.81	1:13.95 (40.14)	1:54.42 (40.47)	2:33.20 (38.78)	
47	Melendrez, Ava	14	Fairfax Foxes Swimming	NT	2:33.25
	31.98	1:10.88 (38.90)	1:53.08 (42.20)	2:33.25 (40.17)	
48	Pappageorge, Nicole	14	Herndon Aquatic Club	2:48.08	2:33.86
	34.21	1:13.58 (39.37)	1:54.52 (40.94)	2:33.86 (39.34)	
49	Burks, Paige	14	Fairfax Foxes Swimming	2:45.79	2:34.41
	36.33	1:16.05 (39.72)	1:56.30 (40.25)	2:34.41 (38.11)	
50	Rutherfurd, Sophie	14	The Capitol Sea Devils	2:32.10	2:35.18
	33.17	1:13.28 (40.11)	1:55.90 (42.62)	2:35.18 (39.28)	
51	Vigneault, Emmy	13	The Capitol Sea Devils	2:51.55	2:37.49
	34.07	1:14.78 (40.71)	1:58.46 (43.68)	2:37.49 (39.03)	
52	Saputo, Veena	13	The Capitol Sea Devils	2:51.52	2:38.06
	35.24	1:15.07 (39.83)	1:57.09 (42.02)	2:38.06 (40.97)	
53	Berlin, Elodie	14	The Capitol Sea Devils	2:35.64	2:41.21
	35.02		1:58.67 ()	2:41.21 (42.54)	
54	Levine, Lila	13	The Capitol Sea Devils	2:45.41	2:42.32
	36.58	1:17.39 (40.81)	2:00.06 (42.67)	2:42.32 (42.26)	
55	Beland, Madeleine	13	The Capitol Sea Devils	2:53.82	2:53.12
		1:22.71 ()	2:53.12 (1:30.41)		
56	Wesolowski, Colette	13	The Capitol Sea Devils	3:13.18	3:14.08
	42.83	1:32.48 (49.65)	2:24.51 (52.03)	3:14.08 (49.57)	

Event 51 Boys 13-14 200 Yard Freestyle

1:46.29 SECT EZ Sectionals
1:52.09 SR PVS Open Champs
1:56.99 14U PVS 14U Championship

Name		Age	Team	Prelim Time	Finals Time
A - Final					
1	Scott, Liam	14	Nation's Capital Swim Club	1:53.73	1:51.91 SR
	25.06	53.40 (28.34)	1:22.61 (29.21)	1:51.91 (29.30)	
2	Zhao, Darren	14	The Fish	1:54.76	1:54.94 14U
	26.27	54.55 (28.28)	1:24.44 (29.89)	1:54.94 (30.50)	
3	Phillips, Logan	14	Nation's Capital Swim Club	1:58.29	1:55.60 14U
	26.10	55.07 (28.97)	1:25.51 (30.44)	1:55.60 (30.09)	
4	Cotter, Everett	14	Mako Swimming	2:01.88	1:59.92
	27.82	58.65 (30.83)	1:30.08 (31.43)	1:59.92 (29.84)	
5	Kelly, Joseph	14	York Swim Club of Northern Vir	2:04.09	2:00.42
	27.04	57.35 (30.31)	1:28.75 (31.40)	2:00.42 (31.67)	
6	Cory, Maddox	13	Nation's Capital Swim Club	2:04.85	2:02.06
	27.55	58.71 (31.16)	1:31.50 (32.79)	2:02.06 (30.56)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****A - Final ... (Event 51 Boys 13-14 200 Yard Freestyle)**

	Name	Age	Team	Prelim Time	Finals Time
7	Rattenbury, Torin	13	Nation's Capital Swim Club	2:02.84	2:02.86
	28.00	58.97 (30.97)	1:32.22 (33.25)	2:02.86 (30.64)	
8	Penwell, Lawrence	13	Mako Swimming	2:05.62	2:05.73
	27.78	59.21 (31.43)	1:32.69 (33.48)	2:05.73 (33.04)	

B - Final

9	Gori, Theo	14	York Swim Club of Northern Vir	2:08.58	2:00.24
	27.18	56.98 (29.80)	1:28.63 (31.65)	2:00.24 (31.61)	
10	Penwell, William	13	Mako Swimming	2:06.79	2:04.29
	28.57	1:00.50 (31.93)	1:33.33 (32.83)	2:04.29 (30.96)	
11	Nielsen, Grant	14	Nation's Capital Swim Club	2:06.35	2:04.54
	27.23	58.91 (31.68)	1:32.04 (33.13)	2:04.54 (32.50)	
12	Russell, Wyatt	14	Nation's Capital Swim Club	2:07.96	2:05.96
	28.15	1:00.31 (32.16)	1:33.65 (33.34)	2:05.96 (32.31)	
13	Hill, Owen	14	The Fish	2:08.05	2:06.82
	28.25	59.97 (31.72)	1:33.64 (33.67)	2:06.82 (33.18)	
14	Fukui, Taka	14	Jcc Swimming	2:08.10	2:07.39
	28.32	1:00.59 (32.27)	1:34.91 (34.32)	2:07.39 (32.48)	
15	Sayasithsena, Vincent	14	Mako Swimming	2:09.28	2:08.42
	28.14	1:00.64 (32.50)	1:34.89 (34.25)	2:08.42 (33.53)	
16	Brinkerhoff-Molluzzo, Costas	14	The Capitol Sea Devils	2:09.01	2:09.27
	29.29	1:01.59 (32.30)	1:35.63 (34.04)	2:09.27 (33.64)	

Event 51 Boys 13-14 200 Yard Freestyle**1:46.29 SECT EZ Sectionals****1:52.09 SR PVS Open Champs****1:56.99 14U PVS 14U Championship**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Scott, Liam	14	Nation's Capital Swim Club	1:56.22	1:53.73 14U
	25.35	54.20 (28.85)	1:24.20 (30.00)	1:53.73 (29.53)	
2	Zhao, Darren	14	The Fish	1:58.10	1:54.76 14U
	26.60	55.54 (28.94)	1:25.44 (29.90)	1:54.76 (29.32)	
3	Phillips, Logan	14	Nation's Capital Swim Club	1:56.57	1:58.29
	26.43	56.28 (29.85)	1:27.38 (31.10)	1:58.29 (30.91)	
4	Leis, Jack	14	York Swim Club of Northern Vir	2:01.07	1:59.09
	26.27	55.64 (29.37)	1:26.48 (30.84)	1:59.09 (32.61)	
5	Cotter, Everett	14	Mako Swimming	2:05.15	2:01.88
	28.39	59.52 (31.13)	1:31.27 (31.75)	2:01.88 (30.61)	
6	Rattenbury, Torin	13	Nation's Capital Swim Club	2:06.63	2:02.84
	27.48	57.93 (30.45)	1:30.42 (32.49)	2:02.84 (32.42)	
7	Kelly, Joseph	14	York Swim Club of Northern Vir	2:03.69	2:04.09
	27.98	59.47 (31.49)	1:31.87 (32.40)	2:04.09 (32.22)	
8	Cory, Maddox	13	Nation's Capital Swim Club	2:09.10	2:04.85
	28.07	1:00.12 (32.05)	1:33.30 (33.18)	2:04.85 (31.55)	
9	Penwell, Lawrence	13	Mako Swimming	2:09.91	2:05.62
	28.53	1:00.25 (31.72)	1:33.07 (32.82)	2:05.62 (32.55)	
10	Nielsen, Grant	14	Nation's Capital Swim Club	2:05.78	2:06.35
	27.60	59.56 (31.96)	1:33.44 (33.88)	2:06.35 (32.91)	
11	Penwell, William	13	Mako Swimming	2:20.81	2:06.79
	30.68	1:03.13 (32.45)	1:35.32 (32.19)	2:06.79 (31.47)	
12	Russell, Wyatt	14	Nation's Capital Swim Club	2:09.13	2:07.96
	28.51	1:01.08 (32.57)	1:34.93 (33.85)	2:07.96 (33.03)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 51 Boys 13-14 200 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
13	Hill, Owen	14	The Fish	2:06.94	2:08.05
	29.12	1:01.43 (32.31)	1:35.10 (33.67)	2:08.05 (32.95)	
14	Fukui, Taka	14	Jcc Swimming	2:35.79	2:08.10
	27.92	1:00.11 (32.19)	1:34.69 (34.58)	2:08.10 (33.41)	
15	Gori, Theo	14	York Swim Club of Northern Vir	2:05.06	2:08.58
	27.47	58.75 (31.28)	1:33.11 (34.36)	2:08.58 (35.47)	
16	Brinkerhoff-Molluzzo, Costas	14	The Capitol Sea Devils	2:12.69	2:09.01
	29.46	1:01.90 (32.44)	1:35.68 (33.78)	2:09.01 (33.33)	
17	Sayasithsena, Vincent	14	Mako Swimming	2:13.85	2:09.28
	28.93	1:02.44 (33.51)	1:36.37 (33.93)	2:09.28 (32.91)	
18	Martinez, Victor	14	Nation's Capital Swim Club	2:06.02	2:09.44
	29.15	1:01.54 (32.39)	1:35.77 (34.23)	2:09.44 (33.67)	
19	Hiscock, Will	13	The Capitol Sea Devils	2:12.48	2:09.86
	28.39	1:00.60 (32.21)	1:35.23 (34.63)	2:09.86 (34.63)	
20	Whritenour, Pax	14	Mako Swimming	2:18.38	2:10.29
	30.01	1:03.92 (33.91)	2:10.29 (1:06.37)		
21	Suggs, Dylan	13	The Capitol Sea Devils	2:14.21	2:11.04
	29.11	1:01.93 (32.82)	1:37.39 (35.46)	2:11.04 (33.65)	
22	Abel, Oly	14	The Fish	2:18.76	2:11.97
	30.19	1:04.83 (34.64)	1:39.21 (34.38)	2:11.97 (32.76)	
23	Latcovich, Jack	13	The Capitol Sea Devils	2:18.03	2:14.27
	30.00	1:04.43 (34.43)	1:39.52 (35.09)	2:14.27 (34.75)	
24	Tolar, Oliver	13	Nation's Capital Swim Club	2:22.91	2:14.29
	30.87	1:05.04 (34.17)	1:39.81 (34.77)	2:14.29 (34.48)	
25	Maloney, Max	13	The Capitol Sea Devils	NT	2:14.87
	31.73	1:04.56 (32.83)	1:40.68 (36.12)	2:14.87 (34.19)	
26	Rosenthal, Parker	13	The Capitol Sea Devils	2:21.46	2:15.49
	29.96	1:04.19 (34.23)	1:40.81 (36.62)	2:15.49 (34.68)	
27	Gonzalez, Vikas	13	Arlington Aquatic Club	2:16.72	2:15.74
	30.76	1:05.05 (34.29)	1:40.97 (35.92)	2:15.74 (34.77)	
28	King, Andrew	13	Mako Swimming	2:22.37	2:18.09
	32.08	1:08.06 (35.98)	1:43.65 (35.59)	2:18.09 (34.44)	
29	Yates, Oliver	13	Herndon Aquatic Club	NT	2:20.50
	30.80	1:05.24 (34.44)	1:42.96 (37.72)	2:20.50 (37.54)	
30	Asambiani, Artur	13	Fairfax Foxes Swimming	2:29.28	2:21.91
	31.31	1:06.97 (35.66)	1:45.59 (38.62)	2:21.91 (36.32)	
31	Kim, Christian	13	The Fish	2:18.92	2:23.42
	31.74	1:08.68 (36.94)	1:49.01 (40.33)	2:23.42 (34.41)	
32	Harvey, Nathan	13	Mako Swimming	2:36.84	2:24.27
	33.24	1:10.93 (37.69)	1:46.72 (35.79)	2:24.27 (37.55)	
33	Feeley, Finn	13	York Swim Club of Northern Vir	2:32.02	2:25.73
	33.14	1:09.83 (36.69)	1:48.60 (38.77)	2:25.73 (37.13)	
34	Donahue, Adrian	13	Herndon Aquatic Club	2:40.96	2:30.00
	34.00	1:12.05 (38.05)	1:51.08 (39.03)	2:30.00 (38.92)	
35	Chiquitucto, Joshua	13	The Capitol Sea Devils	2:27.76	2:30.74
	34.18	1:12.70 (38.52)	1:51.75 (39.05)	2:30.74 (38.99)	
36	Whittemore, Nathan	13	The Fish	2:39.67	2:34.64
	33.60	1:14.56 (40.96)	1:57.14 (42.58)	2:34.64 (37.50)	
37	Cohen, Parker	14	The Capitol Sea Devils	2:41.26	2:34.77
	33.54	1:13.00 (39.46)	1:55.03 (42.03)	2:34.77 (39.74)	
38	Abosaid, Simon	13	Mako Swimming	2:43.74	2:35.80
	33.99	1:14.88 (40.89)	1:56.95 (42.07)	2:35.80 (38.85)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 51 Boys 13-14 200 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
39	Schneidau, Dylan	13	The Capitol Sea Devils	2:30.66	2:36.68
	35.33	1:16.31 (40.98)	1:56.56 (40.25)	2:36.68 (40.12)	
40	Wuchenich, Benjamin	13	The Capitol Sea Devils	NT	2:37.65
	35.89	1:15.40 (39.51)	1:57.83 (42.43)	2:37.65 (39.82)	
41	Warin, Garrett	13	Nation's Capital Swim Club	NT	2:40.51
	35.09	1:14.45 (39.36)	1:58.68 (44.23)	2:40.51 (41.83)	
42	Wadas, Jake	13	Fairfax Foxes Swimming	NT	2:46.72
	35.39	1:16.32 (40.93)	2:01.44 (45.12)	2:46.72 (45.28)	
---	Rochberg, Nico	13	The Capitol Sea Devils	NT	DQ
	No touch on turn				
	33.90	1:16.58 (42.68)	DQ (1:30.55)		

Event 52 Girls 15-18 200 Yard Freestyle**1:54.99 SECT EZ Sectionals****2:03.19 SR PVS Open Champs**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Watts, Emma	17	The Fish	1:54.29	1:52.28 SECT
	25.33	53.38 (28.05)	1:22.76 (29.38)	1:52.28 (29.52)	
2	Dobrydney, Claire	17	Pava Panthers Swim Club	1:57.33	1:54.55 SECT
	26.33	54.64 (28.31)	1:24.29 (29.65)	1:54.55 (30.26)	
3	Ohara, Kalyn	16	Nation's Capital Swim Club	1:57.30	1:55.27 SR
	26.93	55.86 (28.93)	1:25.70 (29.84)	1:55.27 (29.57)	
4	Eubanks, Leah	15	The Fish	2:01.35	1:56.38 SR
	27.02	56.60 (29.58)	1:26.76 (30.16)	1:56.38 (29.62)	
5	Friess, Caroline	17	Pava Panthers Swim Club	1:58.00	1:57.00 SR
	27.27	56.98 (29.71)	1:27.49 (30.51)	1:57.00 (29.51)	
6	De, Lara	17	Nation's Capital Swim Club	1:57.33	1:58.26 SR
	27.71	57.63 (29.92)	1:28.11 (30.48)	1:58.26 (30.15)	
7	Thomas, Emma	15	Fairfax Foxes Swimming	2:01.93	2:00.28 SR
	26.73	56.38 (29.65)	1:27.99 (31.61)	2:00.28 (32.29)	
8	Tasber, Casey	16	The Fish	2:01.19	2:01.30 SR
	26.71	55.94 (29.23)	1:28.06 (32.12)	2:01.30 (33.24)	
B - Final					
9	Rowan, Elliott	15	York Swim Club of Northern Vir	2:02.28	1:55.11 SR
	26.20	55.15 (28.95)	1:24.70 (29.55)	1:55.11 (30.41)	
10	Cota-Robles, Isabella	15	Nation's Capital Swim Club	2:03.58	2:00.59 SR
	27.98	58.82 (30.84)	1:30.02 (31.20)	2:00.59 (30.57)	
11	Feinberg, Mad	17	Fairfax Foxes Swimming	2:04.78	2:01.80 SR
	27.75	58.39 (30.64)	1:30.34 (31.95)	2:01.80 (31.46)	
12	Dewhirst, Emma	15	Nation's Capital Swim Club	2:02.38	2:01.92 SR
	27.65	58.37 (30.72)	1:30.44 (32.07)	2:01.92 (31.48)	
*13	Noyes, Logan	15	Pava Panthers Swim Club	2:06.08	2:03.78
	28.18	59.16 (30.98)	1:31.06 (31.90)	2:03.78 (32.72)	
*13	Beggan, Berkleigh	16	Pava Panthers Swim Club	2:05.25	2:03.78
	27.89	58.92 (31.03)	1:31.27 (32.35)	2:03.78 (32.51)	
15	Oliphant, Lucy	15	Arlington Aquatic Club	2:05.84	2:04.41
	28.69	1:00.36 (31.67)	1:32.51 (32.15)	2:04.41 (31.90)	
16	Winslow, Kylie	16	Mako Swimming	2:05.61	2:06.74
	28.54	1:00.30 (31.76)	1:33.37 (33.07)	2:06.74 (33.37)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 52 Girls 15-18 200 Yard Freestyle****1:54.99 SECT EZ Sectionals****2:03.19 SR PVS Open Champs**

Name		Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Watts, Emma	17	The Fish	1:52.16	1:54.29	SECT
	26.19	55.09 (28.90)	1:24.75 (29.66)	1:54.29 (29.54)		
2	Ohara, Kalyn	16	Nation's Capital Swim Club	1:55.84	1:57.30	SR
	26.97	56.58 (29.61)	1:26.92 (30.34)	1:57.30 (30.38)		
*3	De, Lara	17	Nation's Capital Swim Club	1:56.99	1:57.33	SR
	27.15	56.78 (29.63)	1:26.95 (30.17)	1:57.33 (30.38)		
*3	Dobrydney, Claire	17	Pava Panthers Swim Club	1:52.41	1:57.33	SR
	26.71	56.04 (29.33)	1:26.54 (30.50)	1:57.33 (30.79)		
5	Friess, Caroline	17	Pava Panthers Swim Club	1:58.57	1:58.00	SR
	27.53	57.54 (30.01)	1:28.43 (30.89)	1:58.00 (29.57)		
6	Tasber, Casey	16	The Fish	2:04.50	2:01.19	SR
	28.22	57.79 (29.57)	1:29.14 (31.35)	2:01.19 (32.05)		
7	Eubanks, Leah	15	The Fish	1:56.27	2:01.35	SR
	28.08	58.93 (30.85)	1:30.55 (31.62)	2:01.35 (30.80)		
8	Thomas, Emma	15	Fairfax Foxes Swimming	1:58.63	2:01.93	SR
	27.86	58.56 (30.70)	1:30.29 (31.73)	2:01.93 (31.64)		
9	Rowan, Elliott	15	York Swim Club of Northern Vir	1:54.06	2:02.28	SR
	28.06	58.66 (30.60)	1:30.45 (31.79)	2:02.28 (31.83)		
10	Dewhirst, Emma	15	Nation's Capital Swim Club	2:01.24	2:02.38	SR
	27.82	58.25 (30.43)	1:30.43 (32.18)	2:02.38 (31.95)		
11	Cota-Robles, Isabella	15	Nation's Capital Swim Club	2:07.64	2:03.58	
	28.41	1:00.08 (31.67)	1:32.17 (32.09)	2:03.58 (31.41)		
12	Feinberg, Mad	17	Fairfax Foxes Swimming	1:59.13	2:04.78	
	28.32	59.54 (31.22)	1:32.05 (32.51)	2:04.78 (32.73)		
13	Beggan, Berkleigh	16	Pava Panthers Swim Club	2:08.62	2:05.25	
	27.38	58.44 (31.06)	1:31.53 (33.09)	2:05.25 (33.72)		
14	Winslow, Kylie	16	Mako Swimming	2:03.84	2:05.61	
	28.33	1:00.05 (31.72)	1:32.80 (32.75)	2:05.61 (32.81)		
15	Oliphant, Lucy	15	Arlington Aquatic Club	2:10.73	2:05.84	
	29.17	1:01.17 (32.00)	1:33.60 (32.43)	2:05.84 (32.24)		
16	Noyes, Logan	15	Pava Panthers Swim Club	2:04.80	2:06.08	
	28.83	1:00.37 (31.54)	1:32.93 (32.56)	2:06.08 (33.15)		
17	Murphy, Caitlyn	16	Mako Swimming	2:03.62	2:06.24	
	28.58	1:00.09 (31.51)	1:33.28 (33.19)	2:06.24 (32.96)		
18	Lopez Murphy, Malena	16	The Capitol Sea Devils	2:08.70	2:06.66	
	28.81	1:00.72 (31.91)	1:33.86 (33.14)	2:06.66 (32.80)		
19	Madison, Leah	16	Fairfax Foxes Swimming	2:07.60	2:07.34	
	28.92	1:01.39 (32.47)	1:34.58 (33.19)	2:07.34 (32.76)		
20	Hayken, Gia	16	Pava Panthers Swim Club	2:07.04	2:07.65	
	28.81	1:00.97 (32.16)	1:34.38 (33.41)	2:07.65 (33.27)		
21	Barker, Lilly	17	York Swim Club of Northern Vir	2:02.55	2:07.92	
	29.15	1:00.79 (31.64)	1:34.03 (33.24)	2:07.92 (33.89)		
22	Cline, Hanna	17	York Swim Club of Northern Vir	2:01.60	2:08.02	
	29.37	1:01.27 (31.90)	1:34.72 (33.45)	2:08.02 (33.30)		
23	Steves, Madeleine	17	The Fish	2:04.30	2:08.15	
	28.76	1:01.06 (32.30)	1:34.84 (33.78)	2:08.15 (33.31)		
24	Frank, Lucie	16	Fairfax Foxes Swimming	2:05.71	2:08.44	
	29.36	1:02.10 (32.74)	1:35.75 (33.65)	2:08.44 (32.69)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 52 Girls 15-18 200 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
25	Samsot, Alex	15	Nation's Capital Swim Club	2:06.81	2:08.60
	29.29	1:02.01 (32.72)	1:35.36 (33.35)	2:08.60 (33.24)	
26	Waller, Elli	15	The Fish	2:07.41	2:08.67
	29.79	1:02.52 (32.73)	1:35.83 (33.31)	2:08.67 (32.84)	
27	Lee, Christina	15	Nation's Capital Swim Club	2:07.89	2:09.35
	29.06	1:01.56 (32.50)	1:35.89 (34.33)	2:09.35 (33.46)	
28	Miller, Etta	15	Nation's Capital Swim Club	2:12.41	2:09.90
	30.33	1:03.13 (32.80)	1:37.02 (33.89)	2:09.90 (32.88)	
29	Le Sage, Charlotte	15	The Capitol Sea Devils	2:11.62	2:10.34
	29.10	1:02.14 (33.04)	1:36.10 (33.96)	2:10.34 (34.24)	
30	Fitzgerald, Maya	16	Arlington Aquatic Club	2:08.22	2:10.71
	30.61	1:03.16 (32.55)	1:37.03 (33.87)	2:10.71 (33.68)	
31	Dent, Gillian	15	Arlington Aquatic Club	2:08.31	2:11.37
	29.70	1:02.72 (33.02)	1:37.56 (34.84)	2:11.37 (33.81)	
32	Hispiche, Claire	16	York Swim Club of Northern Vir	2:08.39	2:11.42
	31.36	1:05.35 (33.99)	1:39.44 (34.09)	2:11.42 (31.98)	
33	Amatucci, Gina	17	Fairfax Foxes Swimming	2:04.69	2:11.94
	30.25	1:03.49 (33.24)	1:37.71 (34.22)	2:11.94 (34.23)	
34	Nyamgarav, Nicole	16	Arlington Aquatic Club	2:10.95	2:12.10
	30.93	1:04.60 (33.67)	1:38.70 (34.10)	2:12.10 (33.40)	
35	Moore, Gilleran	15	The Capitol Sea Devils	2:09.69	2:12.75
	29.89	1:02.41 (32.52)	1:37.29 (34.88)	2:12.75 (35.46)	
36	Bailey, Kate	15	Nation's Capital Swim Club	2:16.59	2:13.98
	30.97	1:05.07 (34.10)	1:39.80 (34.73)	2:13.98 (34.18)	
37	McIntosh, Caeli	17	York Swim Club of Northern Vir	2:07.61	2:14.02
	29.88	1:02.78 (32.90)	1:37.83 (35.05)	2:14.02 (36.19)	
38	Dowler, Callie	17	Arlington Aquatic Club	2:12.49	2:16.45
	30.77	1:04.49 (33.72)	1:39.49 (35.00)	2:16.45 (36.96)	
39	Ladd, Ruth	16	The Capitol Sea Devils	2:12.73	2:16.79
	31.09	1:05.97 (34.88)	1:41.60 (35.63)	2:16.79 (35.19)	
40	Povinelli, Sadie	16	The Capitol Sea Devils	2:17.72	2:17.53
	30.95	1:05.41 (34.46)	1:41.51 (36.10)	2:17.53 (36.02)	
41	Fletcher, Leah	15	The Capitol Sea Devils	2:09.79	2:17.69
	30.73	1:05.08 (34.35)	1:41.20 (36.12)	2:17.69 (36.49)	
42	Green, Cami	15	The Capitol Sea Devils	2:16.93	2:19.93
	32.54	1:07.63 (35.09)	1:43.64 (36.01)	2:19.93 (36.29)	
43	Kaplan, Yuki	15	York Swim Club of Northern Vir	2:27.24	2:23.20
	33.07	1:09.79 (36.72)	1:47.15 (37.36)	2:23.20 (36.05)	
44	DeVore, Sarah	17	York Swim Club of Northern Vir	2:32.55	2:23.31
	31.59	1:07.89 (36.30)	1:45.66 (37.77)	2:23.31 (37.65)	
45	Himmelsteib, Melissa	15	The Fish	2:23.48	2:23.34
	32.89	1:09.02 (36.13)	1:46.18 (37.16)	2:23.34 (37.16)	
46	Sonn, Cami	15	Arlington Aquatic Club	2:24.80	2:23.62
	32.48	1:08.83 (36.35)	1:46.09 (37.26)	2:23.62 (37.53)	
47	Zaft, Junie	15	The Capitol Sea Devils	NT	2:24.64
	33.28	1:09.43 (36.15)	1:47.59 (38.16)	2:24.64 (37.05)	
48	Breton, Gracie	15	Arlington Aquatic Club	2:22.65	2:26.10
	33.82	1:10.70 (36.88)	1:48.55 (37.85)	2:26.10 (37.55)	
49	Clancy, Keira	15	The Capitol Sea Devils	2:16.96	2:28.75
	32.43	1:09.67 (37.24)	1:49.22 (39.55)	2:28.75 (39.53)	
50	Hietpas, Anna	17	Fairfax Foxes Swimming	NT	2:31.53
	33.39	1:12.24 (38.85)	1:53.50 (41.26)	2:31.53 (38.03)	
51	Benisch, Reynie	16	York Swim Club of Northern Vir	2:38.46	2:36.52
	33.46	1:12.40 (38.94)	1:54.06 (41.66)	2:36.52 (42.46)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 52 Girls 15-18 200 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
52	Biso-Aponte, Katarina	15	Arlington Aquatic Club	2:45.54	2:41.69
	37.05	1:18.53 (41.48)	2:00.92 (42.39)	2:41.69 (40.77)	

Event 53 Boys 15-18 200 Yard Freestyle**1:46.29 SECT EZ Sectionals****1:52.09 SR PVS Open Champs**

	Name	Age	Team	Prelim Time	Finals Time
--	------	-----	------	-------------	-------------

A - Final

1	Haggard, Bruno	17	York Swim Club of Northern Vir	1:43.12	1:39.41	SECT
	23.03	48.38 (25.35)	1:14.17 (25.79)	1:39.41 (25.24)		
2	Mullen, Paul	18	Nation's Capital Swim Club	1:46.87	1:43.86	SECT
	24.54	51.17 (26.63)	1:17.73 (26.56)	1:43.86 (26.13)		
3	Sanchez, Luca	16	The Fish	1:47.24	1:44.95	SECT
	24.62	51.31 (26.69)	1:18.51 (27.20)	1:44.95 (26.44)		
4	Godlove, Carter	17	The Fish	1:48.15	1:46.23	SECT
	24.39	51.35 (26.96)	1:19.03 (27.68)	1:46.23 (27.20)		
5	Rogers, Zane	17	Nation's Capital Swim Club	1:46.41	1:46.90	SR
	24.56	51.99 (27.43)	1:19.42 (27.43)	1:46.90 (27.48)		
6	Wang, Allen	17	Nation's Capital Swim Club	1:45.38	1:47.24	SR
	24.42	51.33 (26.91)	1:19.27 (27.94)	1:47.24 (27.97)		
7	Leather, James	17	Pava Panthers Swim Club	1:48.37	1:47.63	SR
	24.65	52.08 (27.43)	1:19.78 (27.70)	1:47.63 (27.85)		
8	Johnson, Finn	15	The Capitol Sea Devils	1:47.96	1:50.46	SR
	24.71	52.52 (27.81)	1:21.21 (28.69)	1:50.46 (29.25)		

B - Final

9	Southern, Ryan	18	Nation's Capital Swim Club	1:49.44	1:44.15	SECT
	23.55	49.88 (26.33)	1:17.21 (27.33)	1:44.15 (26.94)		
10	Campet, Luke	17	York Swim Club of Northern Vir	1:48.60	1:45.54	SECT
	23.58	49.94 (26.36)	1:17.44 (27.50)	1:45.54 (28.10)		
11	Zenyuh, Quinn	15	Pava Panthers Swim Club	1:49.58	1:48.19	SR
	24.79	51.89 (27.10)	1:20.17 (28.28)	1:48.19 (28.02)		
12	Van Schagen, Asher	16	The Capitol Sea Devils	1:49.25	1:48.98	SR
	24.98	52.56 (27.58)	1:21.04 (28.48)	1:48.98 (27.94)		
13	Chilton, James	17	The St. James	1:50.52	1:50.13	SR
	24.82	53.23 (28.41)	1:21.70 (28.47)	1:50.13 (28.43)		
14	McNeely, Connor	17	Mako Swimming	1:50.58	1:50.28	SR
	25.58	53.39 (27.81)	1:21.79 (28.40)	1:50.28 (28.49)		
15	Cantrell, William	17	Nation's Capital Swim Club	1:52.13	1:50.31	SR
	25.47	53.21 (27.74)	1:22.05 (28.84)	1:50.31 (28.26)		
16	Smith, Marcos	16	Fairfax Foxes Swimming	1:52.25	1:52.79	
	24.30	52.58 (28.28)	1:22.89 (30.31)	1:52.79 (29.90)		

Event 53 Boys 15-18 200 Yard Freestyle**1:46.29 SECT EZ Sectionals****1:52.09 SR PVS Open Champs**

	Name	Age	Team	Seed Time	Prelim Time
--	------	-----	------	-----------	-------------

Preliminaries

1	Haggard, Bruno	17	York Swim Club of Northern Vir	1:39.73	1:43.12	SECT
	23.60	49.22 (25.62)	1:17.03 (27.81)	1:43.12 (26.09)		
2	Wang, Allen	17	Nation's Capital Swim Club	1:44.76	1:45.38	SECT
	24.46	50.63 (26.17)	1:17.82 (27.19)	1:45.38 (27.56)		
3	Rogers, Zane	17	Nation's Capital Swim Club	1:48.95	1:46.41	SR
	24.44	51.69 (27.25)	1:19.22 (27.53)	1:46.41 (27.19)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 53 Boys 15-18 200 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time	
4	Mullen, Paul	18	Nation's Capital Swim Club	1:43.35	1:46.87	SR
	25.27	52.33 (27.06)	1:19.58 (27.25)	1:46.87 (27.29)		
5	Sanchez, Luca	16	The Fish	1:46.95	1:47.24	SR
	24.71	51.77 (27.06)	1:19.72 (27.95)	1:47.24 (27.52)		
6	Johnson, Finn	15	The Capitol Sea Devils	1:48.28	1:47.96	SR
	25.29	53.04 (27.75)	1:20.63 (27.59)	1:47.96 (27.33)		
7	Godlove, Carter	17	The Fish	1:47.88	1:48.15	SR
	24.60	51.99 (27.39)	1:20.22 (28.23)	1:48.15 (27.93)		
8	Leather, James	17	Pava Panthers Swim Club	1:49.89	1:48.37	SR
	25.12	52.75 (27.63)	1:20.86 (28.11)	1:48.37 (27.51)		
9	Campet, Luke	17	York Swim Club of Northern Vir	1:46.24	1:48.60	SR
	24.89	52.41 (27.52)	1:20.38 (27.97)	1:48.60 (28.22)		
10	Van Schagen, Asher	16	The Capitol Sea Devils	1:51.65	1:49.25	SR
	25.73	53.36 (27.63)	1:21.23 (27.87)	1:49.25 (28.02)		
11	Southern, Ryan	18	Nation's Capital Swim Club	1:47.98	1:49.44	SR
	24.77	52.54 (27.77)	1:20.73 (28.19)	1:49.44 (28.71)		
12	Zenyuh, Quinn	15	Pava Panthers Swim Club	1:50.60	1:49.58	SR
	25.07	52.39 (27.32)	1:20.72 (28.33)	1:49.58 (28.86)		
13	Anderson, James	17	Mako Swimming	1:47.70	1:49.95	SR
	25.24	53.14 (27.90)	1:21.25 (28.11)	1:49.95 (28.70)		
14	Chilton, James	17	The St. James	1:46.64	1:50.52	SR
	25.32	53.32 (28.00)	1:22.00 (28.68)	1:50.52 (28.52)		
15	McNeely, Connor	17	Mako Swimming	1:49.18	1:50.58	SR
	26.01	53.96 (27.95)	1:22.07 (28.11)	1:50.58 (28.51)		
16	Cantrell, William	17	Nation's Capital Swim Club	1:50.97	1:52.13	
	25.67	54.06 (28.39)	1:22.94 (28.88)	1:52.13 (29.19)		
17	Smith, Marcos	16	Fairfax Foxes Swimming	1:50.96	1:52.25	
	25.29	53.80 (28.51)	1:23.09 (29.29)	1:52.25 (29.16)		
18	Barlotta, Connor	16	Nation's Capital Swim Club	1:57.53	1:53.00	
	25.72	54.23 (28.51)	1:23.89 (29.66)	1:53.00 (29.11)		
19	Jurutka, Nate	16	York Swim Club of Northern Vir	1:54.89	1:53.03	
	26.06	54.14 (28.08)	1:23.20 (29.06)	1:53.03 (29.83)		
20	Abel, Lucas	16	The Fish	1:49.66	1:53.17	
	25.51	54.09 (28.58)	1:23.48 (29.39)	1:53.17 (29.69)		
21	Koay, Kyle	16	The Fish	1:55.87	1:53.30	
	26.20	55.12 (28.92)	1:24.17 (29.05)	1:53.30 (29.13)		
22	Moore, Collin	16	Nation's Capital Swim Club	1:53.67	1:53.84	
	26.76	55.35 (28.59)	1:25.28 (29.93)	1:53.84 (28.56)		
23	Kohn, Sean	16	Nation's Capital Swim Club	1:52.45	1:54.00	
	26.14	54.53 (28.39)	1:23.89 (29.36)	1:54.00 (30.11)		
24	Flickinger, Ryan	17	Pava Panthers Swim Club	1:50.47	1:54.25	
	25.87	54.50 (28.63)	1:24.28 (29.78)	1:54.25 (29.97)		
25	Philipov, Michael	16	Nation's Capital Swim Club	1:56.07	1:55.07	
	26.34	55.76 (29.42)	1:25.77 (30.01)	1:55.07 (29.30)		
26	Lavin, Connor	15	York Swim Club of Northern Vir	1:55.20	1:55.13	
	26.04	54.92 (28.88)	1:24.86 (29.94)	1:55.13 (30.27)		
27	Hosseini, Ayaan	17	Fairfax Foxes Swimming	1:56.03	1:55.26	
	25.77	54.92 (29.15)	1:25.50 (30.58)	1:55.26 (29.76)		
28	Rowan, Graham	17	York Swim Club of Northern Vir	1:43.99	1:56.14	
	25.80	54.97 (29.17)	1:25.41 (30.44)	1:56.14 (30.73)		
29	Cramer, Aaron	17	Nation's Capital Swim Club	1:57.57	1:56.75	
	26.20	55.91 (29.71)	1:26.43 (30.52)	1:56.75 (30.32)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 53 Boys 15-18 200 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
30	Williams, Darius	16	Fairfax Foxes Swimming	1:59.27	1:58.60
	26.09	56.21 (30.12)	1:27.56 (31.35)	1:58.60 (31.04)	
31	Steves, Michael	15	The Fish	1:59.43	1:58.99
	27.04	57.25 (30.21)	1:28.43 (31.18)	1:58.99 (30.56)	
32	van de Graaff, Tony	16	Mako Swimming	1:53.20	1:59.47
	26.89	56.37 (29.48)	1:27.84 (31.47)	1:59.47 (31.63)	
33	Hume, Rafi	16	The Capitol Sea Devils	1:52.92	1:59.86
	27.55	58.29 (30.74)	1:29.63 (31.34)	1:59.86 (30.23)	
34	Tonthat, Nathan	15	Mako Swimming	2:02.54	1:59.95
	27.81	58.39 (30.58)	1:29.54 (31.15)	1:59.95 (30.41)	
35	Sheehey, Pete	16	Arlington Aquatic Club	1:57.99	2:00.13
	27.71	57.57 (29.86)	1:29.16 (31.59)	2:00.13 (30.97)	
36	Lindroos, Kai	17	York Swim Club of Northern Vir	1:51.49	2:00.67
	25.95	55.82 (29.87)	1:27.87 (32.05)	2:00.67 (32.80)	
37	Winthrop, Nate	15	The Fish	2:04.47	2:00.69
	27.64	57.87 (30.23)	1:29.69 (31.82)	2:00.69 (31.00)	
38	Dalton, Caiden	16	The St. James	1:54.43	2:01.06
	26.75	56.78 (30.03)	1:28.72 (31.94)	2:01.06 (32.34)	
39	Lee, Nathan	17	York Swim Club of Northern Vir	1:55.74	2:01.30
	27.01	57.11 (30.10)	1:29.24 (32.13)	2:01.30 (32.06)	
40	Negron, Matthew	17	Mako Swimming	2:06.61	2:01.87
	27.33	58.23 (30.90)	1:29.55 (31.32)	2:01.87 (32.32)	
41	Frantz, Cayden	15	York Swim Club of Northern Vir	2:06.43	2:02.27
	27.92	59.19 (31.27)	1:30.94 (31.75)	2:02.27 (31.33)	
42	Prasad, Jagrav	16	The Fish	2:02.93	2:02.62
	27.38	58.35 (30.97)	1:30.93 (32.58)	2:02.62 (31.69)	
43	Huggler, Peter	16	Arlington Aquatic Club	2:03.03	2:03.60
	28.71	1:00.01 (31.30)	1:31.97 (31.96)	2:03.60 (31.63)	
44	D'Ambrogi, Colton	16	The St. James	1:56.51	2:03.70
	26.77	57.65 (30.88)	1:30.44 (32.79)	2:03.70 (33.26)	
45	Dunham, Clive	15	The St. James	NT	2:04.17
	28.43	1:00.08 (31.65)	1:32.29 (32.21)	2:04.17 (31.88)	
46	Lopez, Lucas	17	Arlington Aquatic Club	1:53.58	2:04.85
	27.55	59.11 (31.56)	1:32.25 (33.14)	2:04.85 (32.60)	
47	Meehan, Jack	15	Fairfax Foxes Swimming	2:21.06	2:06.70
	28.79	1:01.07 (32.28)	1:34.25 (33.18)	2:06.70 (32.45)	
48	Climer, Michael	16	The St. James	NT	2:07.08
	28.59	1:01.02 (32.43)	1:34.14 (33.12)	2:07.08 (32.94)	
49	Caldwell, Luke	15	Fairfax Foxes Swimming	2:04.51	2:09.90
	29.41	1:00.75 (31.34)	1:34.64 (33.89)	2:09.90 (35.26)	
50	Corbett, Quade	15	Arlington Aquatic Club	2:07.79	2:10.04
	29.69	1:02.99 (33.30)	1:37.18 (34.19)	2:10.04 (32.86)	
51	Gibson, Charles	16	York Swim Club of Northern Vir	2:04.80	2:10.16
	30.88	1:03.24 (32.36)	1:36.92 (33.68)	2:10.16 (33.24)	
52	Jedrzejewski, Aleks	15	Fairfax Foxes Swimming	2:13.85	2:11.23
	30.15	1:03.42 (33.27)	1:37.80 (34.38)	2:11.23 (33.43)	
53	Shrieves, Eddie	15	Fairfax Foxes Swimming	2:11.82	2:13.71
	29.92	1:03.83 (33.91)	1:38.69 (34.86)	2:13.71 (35.02)	
54	McSween, Connor	15	Fairfax Foxes Swimming	2:21.24	2:15.71
	29.44	1:03.80 (34.36)	1:40.01 (36.21)	2:15.71 (35.70)	
55	Yates, Finn	15	Herndon Aquatic Club	NT	2:16.71
	29.46	1:03.30 (33.84)	1:40.11 (36.81)	2:16.71 (36.60)	
56	Rodriguez, Nicholas	17	Arlington Aquatic Club	2:10.93	2:19.01
	31.15	1:06.42 (35.27)	1:42.78 (36.36)	2:19.01 (36.23)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Preliminaries ... (Event 53 Boys 15-18 200 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
57	Dowla, Dhanava	15	Fairfax Foxes Swimming	2:15.17	2:19.22
	31.31	1:06.40 (35.09)	1:43.54 (37.14)	2:19.22 (35.68)	

Event 54 Girls 9-10 100 Yard Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Cheng, Stella	9	Mako Swimming	1:21.17	1:16.31
	38.03	1:16.31 (38.28)			
2	Fears, Noelle	10	York Swim Club of Northern Vir	1:22.74	1:17.26
	37.28	1:17.26 (39.98)			
3	Palacio, Isa	10	Nation's Capital Swim Club	1:23.89	1:18.55
	38.27	1:18.55 (40.28)			
4	Allen, Kailyn	10	Herndon Aquatic Club	1:25.33	1:19.72
5	Malkowski, Maggie	9	Mako Swimming	1:24.26	1:19.82
	38.37	1:19.82 (41.45)			
6	Pinilla, Peaches	10	Mako Swimming	1:18.78	1:20.30
	38.53	1:20.30 (41.77)			
7	Livernois, Evelyn	10	The Fish	1:27.61	1:20.42
	39.64	1:20.42 (40.78)			
8	Misra, Kavya	10	The Capitol Sea Devils	1:24.18	1:22.73
	38.79	1:22.73 (43.94)			
9	Abels, Elizabeth	10	Mako Swimming	1:29.75	1:23.20
	39.78	1:23.20 (43.42)			
10	Adair, Nicolette	9	York Swim Club of Northern Vir	1:37.77	1:24.60
	40.90	1:24.60 (43.70)			
11	Cheng, Evelina	9	Mako Swimming	1:23.56	1:25.64
	41.15	1:25.64 (44.49)			
12	Choi, Kara	10	York Swim Club of Northern Vir	1:39.66	1:25.85
	41.99	1:25.85 (43.86)			
13	Cummins, Kate	10	Fairfax Foxes Swimming	1:29.63	1:26.09
	41.71	1:26.09 (44.38)			
14	O'Brien, Kylie	10	York Swim Club of Northern Vir	1:31.31	1:27.32
	42.19	1:27.32 (45.13)			
15	Abosaid, Paloma	10	Mako Swimming	1:36.29	1:28.36
	42.09	1:28.36 (46.27)			
16	Vander Veer, Audrey	10	Mako Swimming	1:33.21	1:28.58
	43.39	1:28.58 (45.19)			
17	McCleary, Camarie	10	Fairfax Foxes Swimming	1:37.79	1:29.43
	43.73	1:29.43 (45.70)			
18	Hance, Charlotte	10	York Swim Club of Northern Vir	1:36.54	1:30.30
	44.27	1:30.30 (46.03)			
19	Smith, Lillian	10	Mako Swimming	1:32.76	1:30.89
	44.42	1:30.89 (46.47)			
20	Smith, Eliana	10	Mako Swimming	1:36.44	1:31.10
	44.07	1:31.10 (47.03)			
21	Burmicky, Naomi	9	The Capitol Sea Devils	1:39.76	1:31.30
	41.97	1:31.30 (49.33)			
22	Jemison, Maddie	10	Mako Swimming	1:36.63	1:31.79
	44.53	1:31.79 (47.26)			
23	Perks, Genevieve	10	The Capitol Sea Devils	1:44.98	1:35.70
	42.81	1:35.70 (52.89)			
24	Bachrach, Sophie	10	Nation's Capital Swim Club	1:48.32	1:35.83
	46.35	1:35.83 (49.48)			
25	Bonetti, Leonor	9	The Capitol Sea Devils	1:43.90	1:40.89
	49.25	1:40.89 (51.64)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 54 Girls 9-10 100 Yard Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
26	Long, Elena	9	Herndon Aquatic Club	NT	1:41.92
27	Meyers, Isla	9	The Capitol Sea Devils	NT	1:42.18
	48.53	1:42.18 (53.65)			
28	Malejko, Georgie	10	The Capitol Sea Devils	NT	1:46.40
	50.08	1:46.40 (56.32)			
29	Flanigan, Audrey	10	York Swim Club of Northern Vir	NT	1:50.18
	53.90	1:50.18 (56.28)			
30	Mazer, Allie	9	Fairfax Foxes Swimming	NT	1:55.97
	57.50	1:55.97 (58.47)			
31	Reichs, Hazel	10	The Capitol Sea Devils	NT	2:00.15
	58.72	2:00.15 (1:01.43)			
32	Stiles, Juliette	9	The Capitol Sea Devils	NT	2:03.74
	58.37	2:03.74 (1:05.37)			
33	Bowles, Nora	9	The Capitol Sea Devils	NT	2:04.67
	1:00.00	2:04.67 (1:04.67)			
34	Done, Olivia	9	York Swim Club of Northern Vir	NT	2:19.08
	1:03.27	2:19.08 (1:15.81)			
35	Kleid, Rebecca	10	Jcc Swimming	NT	2:41.90
	1:18.55	2:41.90 (1:23.35)			
---	Wang, Catherine	9	Nation's Capital Swim Club	1:34.88	DQ
	Multiple strokes past vertical at turn				
	39.66	DQ (44.01)			
---	Hallahan, Eleanor	10	The Capitol Sea Devils	NT	DQ
	Delay initiating turn after past vertical				
	1:01.86	DQ (1:02.92)			
---	Fawzy, Celine	9	The Capitol Sea Devils	NT	DQ
	No touch at turn				
	57.40	DQ (1:02.91)			
---	Tempelis, Marie	10	Mako Swimming	1:32.14	DQ
	Delay initiating turn after past vertical				
	39.21	DQ (44.23)			
---	Wilkins, Sophia	9	The Capitol Sea Devils	2:06.08	DQ
	Delay initiating turn after past vertical				
	58.47	DQ (1:05.59)			

Event 55 Boys 9-10 100 Yard Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Cravens, Will	9	York Swim Club of Northern Vir	1:18.11	1:13.87
	35.58	1:13.87 (38.29)			
2	Donnelly, Keegan	10	Mako Swimming	1:18.31	1:14.95
	36.37	1:14.95 (38.58)			
3	Schneider, Brady	10	York Swim Club of Northern Vir	1:18.50	1:17.31
	37.15	1:17.31 (40.16)			
4	Boyle, Collin	10	Herndon Aquatic Club	1:22.80	1:20.58
	38.06	1:20.58 (42.52)			
5	Manguikian, Zander	10	York Swim Club of Northern Vir	1:23.77	1:20.75
	38.75	1:20.75 (42.00)			
6	Bower, Benton	10	The St. James	1:23.86	1:22.13
	39.77	1:22.13 (42.36)			
7	Evans, Ian	10	The Capitol Sea Devils	1:23.33	1:25.16
	41.19	1:25.16 (43.97)			
8	Bortner, Reed	9	Fairfax Foxes Swimming	1:29.29	1:27.64
	43.08	1:27.64 (44.56)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 55 Boys 9-10 100 Yard Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
9	Langsdale, Tanner	9	York Swim Club of Northern Vir	NT	1:27.71
	42.68	1:27.71 (45.03)			
10	Fisher, Andrew	10	The Capitol Sea Devils	1:38.63	1:29.39
	44.07	1:29.39 (45.32)			
11	Beitz, Zeke	10	York Swim Club of Northern Vir	1:34.87	1:31.66
	44.96	1:31.66 (46.70)			
12	Pappageorge, Andrew	9	Herndon Aquatic Club	NT	1:32.08
	43.94	1:32.08 (48.14)			
*13	Karapinar, Kaya	10	York Swim Club of Northern Vir	1:44.47	1:34.03
	45.14	1:34.03 (48.89)			
*13	Williams, Troy	9	York Swim Club of Northern Vir	NT	1:34.03
	45.87	1:34.03 (48.16)			
15	Jasinski, Ben	10	Fairfax Foxes Swimming	NT	1:41.16
	49.69	1:41.16 (51.47)			
16	Chen, Miles	9	Fairfax Foxes Swimming	NT	1:45.18
	52.88	1:45.18 (52.30)			
17	Clark, Ryan	9	York Swim Club of Northern Vir	NT	1:45.46
18	Timmons, Parker	9	Herndon Aquatic Club	NT	1:47.12
	52.29	1:47.12 (54.83)			
19	Colello, Brennan	9	Herndon Aquatic Club	NT	1:47.47
	50.41	1:47.47 (57.06)			
20	Tisinger, Bryce	9	Fairfax Foxes Swimming	NT	1:48.82
	48.13	1:48.82 (1:00.69)			
21	MacFarlane, Harry	10	The Capitol Sea Devils	1:47.70	1:48.86
	52.53	1:48.86 (56.33)			
22	Beesam, Neal	9	Fairfax Foxes Swimming	NT	1:54.86
	59.20	1:54.86 (55.66)			
23	Dennis, Avery	10	Jcc Swimming	NT	1:55.05
24	O'Donnell, Conor	9	York Swim Club of Northern Vir	NT	1:56.57
25	Ivanov, Sasha	10	Fairfax Foxes Swimming	NT	1:57.74
	58.28	1:57.74 (59.46)			
26	Wade, Garrison	9	Fairfax Foxes Swimming	NT	2:02.87
	55.33	2:02.87 (1:07.54)			
27	Dolan, Colby	10	Herndon Aquatic Club	NT	2:10.85
	1:04.13	2:10.85 (1:06.72)			
---	Yarra, Dharmik	10	Herndon Aquatic Club	NT	DQ
	Delay initiating arm pull at turn				
	50.37	DQ (53.03)			
---	Furukrona, Max	10	The Capitol Sea Devils	1:58.65	DQ
	Not on back off wall				
---	Guinnup, Henry	9	York Swim Club of Northern Vir	NT	DQ
	Delay initiating turn after past vertical				
	46.00	DQ (47.01)			
---	Jain, Vedarth	10	Herndon Aquatic Club	NT	DQ
	No touch at turn				
	41.39	DQ (49.50)			
---	Crawford, Jose	10	The Capitol Sea Devils	1:35.72	DQ
	Multiple strokes past vertical at turn				
	42.06	DQ (43.05)			
---	Crimmins, Ben	10	York Swim Club of Northern Vir	NT	DQ
	Delay initiating turn after past vertical				
	43.02	DQ (46.84)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 55 Boys 9-10 100 Yard Backstroke)**

Name	Age	Team	Seed Time	Finals Time
--- Williams, Maximus	10	York Swim Club of Northern Vir	NT	DQ
Multiple strokes past vertical at turn				

Event 56 Girls 9-10 200 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Scully, Maggie	10	York Swim Club of Northern Vir	2:35.49	2:22.24
33.02	1:09.27 (36.25)	1:46.48 (37.21)	2:22.24 (35.76)	
2 Van Schagen, Tessa	10	The Capitol Sea Devils	2:34.20	2:23.36
31.36	1:08.16 (36.80)	1:45.98 (37.82)	2:23.36 (37.38)	
3 Whritenour, Calli	10	Mako Swimming	2:35.65	2:29.92
32.65	1:10.30 (37.65)	1:50.36 (40.06)	2:29.92 (39.56)	
4 Guest, Everly	10	Nation's Capital Swim Club	2:59.26	2:42.91
36.09	1:18.78 (42.69)	2:01.35 (42.57)	2:42.91 (41.56)	
5 Kim, Emma	10	York Swim Club of Northern Vir	3:04.51	2:46.26
37.56	1:19.42 (41.86)	2:03.31 (43.89)	2:46.26 (42.95)	
6 Bussey, Paige	10	The Capitol Sea Devils	3:25.00	2:59.64
38.86	1:24.55 (45.69)	2:12.12 (47.57)	2:59.64 (47.52)	
7 McShane, Grace	10	York Swim Club of Northern Vir	3:29.61	3:09.07
	40.57 ()	3:09.07 (2:28.50)		
8 Abraham, Aleena	9	The St. James	3:41.30	3:09.90
42.20	1:30.80 (48.60)	2:21.91 (51.11)	3:09.90 (47.99)	
9 Abraham, Amelia	9	The St. James	NT	3:13.64
42.18	1:33.30 (51.12)	2:24.72 (51.42)	3:13.64 (48.92)	
10 Smith, Lillian	10	Mako Swimming	3:13.69	3:16.81
43.24	1:33.94 (50.70)	2:26.93 (52.99)	3:16.81 (49.88)	
11 Lau, Celeste	10	The Capitol Sea Devils	4:22.20	3:44.80
44.06	1:43.16 (59.10)	2:47.20 (1:04.04)	3:44.80 (57.60)	

Event 57 Boys 9-10 200 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Crawford, Jose	10	The Capitol Sea Devils	3:14.40	2:34.61
34.61	1:14.12 (39.51)	1:55.43 (41.31)	2:34.61 (39.18)	
2 Schneider, Brady	10	York Swim Club of Northern Vir	2:42.93	2:38.69
35.47	1:16.33 (40.86)	1:58.25 (41.92)	2:38.69 (40.44)	
3 Hanik, Joey	9	Fairfax Foxes Swimming	3:02.40	2:41.51
35.87	1:17.11 (41.24)	2:00.82 (43.71)	2:41.51 (40.69)	
4 Lear, David	10	Herndon Aquatic Club	2:50.21	2:44.92
37.67	1:20.23 (42.56)	2:03.75 (43.52)	2:44.92 (41.17)	
5 Blunden, Everett	9	The Capitol Sea Devils	NT	2:52.04
37.88	1:23.77 (45.89)	2:10.87 (47.10)	2:52.04 (41.17)	
6 Fisher, Andrew	10	The Capitol Sea Devils	NT	2:57.68
39.13	1:25.75 (46.62)	2:57.68 (1:31.93)		
7 Bowes, Jacob	10	Nation's Capital Swim Club	NT	2:58.60
38.45	1:25.87 (47.42)	2:14.22 (48.35)	2:58.60 (44.38)	
8 Evans, Ian	10	The Capitol Sea Devils	3:11.53	3:03.36
41.83	1:28.81 (46.98)	2:16.25 (47.44)	3:03.36 (47.11)	
9 Johnson, Wesley	10	The Capitol Sea Devils	NT	3:23.18
45.71	1:39.99 (54.28)	2:32.22 (52.23)	3:23.18 (50.96)	
10 Gastrell, Ashe	10	The Capitol Sea Devils	NT	3:29.11
	1:46.56 ()	2:42.11 (55.55)	3:29.11 (47.00)	
11 Milligan, Matthew	10	Herndon Aquatic Club	NT	3:43.76
46.26	3:43.76 (2:57.50)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 58 Girls 9-10 100 Yard IM**

	Name	Age	Team	Seed Time	Finals Time
1	Beck, Grace	10	York Swim Club of Northern Vir	1:22.26	1:14.38
	33.85		1:14.38 (40.53)		
2	Cheng, Stella	9	Mako Swimming	1:20.85	1:19.98
	35.74		1:19.98 (44.24)		
3	Fears, Noelle	10	York Swim Club of Northern Vir	1:23.17	1:20.63
	36.30		1:20.63 (44.33)		
4	Pinilla, Peaches	10	Mako Swimming	1:20.08	1:22.33
	38.67		1:22.33 (43.66)		
5	Rovak, Claire	10	The Capitol Sea Devils	1:29.20	1:22.49
	38.33		1:22.49 (44.16)		
6	Abels, Elizabeth	10	Mako Swimming	1:24.17	1:22.51
	39.61		1:22.51 (42.90)		
7	Hong, Eliana	10	The Capitol Sea Devils	1:26.20	1:22.64
	39.36		1:22.64 (43.28)		
8	Allen, Kailyn	10	Herndon Aquatic Club	1:23.40	1:23.05
	38.10		1:23.05 (44.95)		
9	Misra, Kavya	10	The Capitol Sea Devils	1:24.30	1:24.97
	38.35		1:24.97 (46.62)		
10	Cheng, Evelina	9	Mako Swimming	1:27.47	1:25.22
	41.53		1:25.22 (43.69)		
11	Todd, Claire	9	Herndon Aquatic Club	1:28.72	1:25.90
	39.68		1:25.90 (46.22)		
12	Cummins, Kate	10	Fairfax Foxes Swimming	1:27.54	1:26.04
	39.88		1:26.04 (46.16)		
13	Wang, Catherine	9	Nation's Capital Swim Club	1:26.46	1:26.53
	40.22		1:26.53 (46.31)		
14	Hetmanski, Meghan	10	York Swim Club of Northern Vir	1:38.35	1:26.58
	41.10		1:26.58 (45.48)		
15	Guest, Everly	10	Nation's Capital Swim Club	1:27.70	1:27.91
	40.98		1:27.91 (46.93)		
16	Duffy, Abby	9	York Swim Club of Northern Vir	1:28.97	1:28.49
	41.32		1:28.49 (47.17)		
17	Nichols, Brooke	10	York Swim Club of Northern Vir	1:30.65	1:30.06
	42.51		1:30.06 (47.55)		
18	Adair, Nicolette	9	York Swim Club of Northern Vir	1:30.13	1:30.31
	42.14		1:30.31 (48.17)		
19	Fransesini, Isabella	10	The Capitol Sea Devils	1:42.04	1:30.57
	40.77		1:30.57 (49.80)		
20	Hance, Charlotte	10	York Swim Club of Northern Vir	1:41.41	1:30.59
	41.42		1:30.59 (49.17)		
21	Bussey, Paige	10	The Capitol Sea Devils	1:39.26	1:31.68
	44.02		1:31.68 (47.66)		
22	Jemison, Maddie	10	Mako Swimming	1:41.86	1:32.57
	43.28		1:32.57 (49.29)		
23	Bachrach, Sophie	10	Nation's Capital Swim Club	1:40.60	1:32.93
	46.17		1:32.93 (46.76)		
24	Ryan, Quinn	9	York Swim Club of Northern Vir	1:38.66	1:33.11
	43.20		1:33.11 (49.91)		
25	Lockhart, Peyton	9	Fairfax Foxes Swimming	1:34.28	1:33.78
	43.53		1:33.78 (50.25)		
26	Hessel, Felicity	10	York Swim Club of Northern Vir	NT	1:35.93
	43.48		1:35.93 (52.45)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 58 Girls 9-10 100 Yard IM)**

	Name	Age	Team	Seed Time	Finals Time
27	Abosaid, Paloma	10	Mako Swimming	1:35.61	1:36.14
	40.86	1:36.14 (55.28)			
28	Abraham, Aleena	9	The St. James	1:50.23	1:36.91
	46.57	1:36.91 (50.34)			
29	Versaggi, Ella	9	York Swim Club of Northern Vir	2:13.23	1:36.92
	46.51	1:36.92 (50.41)			
30	Silver, Ellie	9	York Swim Club of Northern Vir	NT	1:37.10
	44.37	1:37.10 (52.73)			
31	Sewall, Emily	10	York Swim Club of Northern Vir	NT	1:37.76
	44.11	1:37.76 (53.65)			
32	Brady, Zara	9	Mako Swimming	1:42.77	1:38.01
	46.18	1:38.01 (51.83)			
33	Zebrak, Gwen	10	Fairfax Foxes Swimming	1:34.48	1:38.22
	42.85	1:38.22 (55.37)			
34	Bourgeois, Lela	10	The Capitol Sea Devils	1:39.85	1:38.74
	46.00	1:38.74 (52.74)			
35	Nemeroff, Julia	10	The Capitol Sea Devils	1:46.16	1:39.00
	46.21	1:39.00 (52.79)			
36	Tate, Leah	10	York Swim Club of Northern Vir	1:51.94	1:39.02
	48.63	1:39.02 (50.39)			
37	Salerno, Valerie	9	Fairfax Foxes Swimming	1:46.10	1:39.42
	46.60	1:39.42 (52.82)			
38	Cardaci, Elena	10	The Capitol Sea Devils	NT	1:39.74
	44.78	1:39.74 (54.96)			
39	Perks, Genevieve	10	The Capitol Sea Devils	1:38.27	1:40.29
	41.90	1:40.29 (58.39)			
40	Elegbe, Olivia	9	York Swim Club of Northern Vir	1:44.98	1:40.74
	45.45	1:40.74 (55.29)			
41	Ghosh, Ava	9	The Capitol Sea Devils	1:41.58	1:41.27
	45.69	1:41.27 (55.58)			
42	Baker, Kerrigan	9	The Capitol Sea Devils	NT	1:42.55
	48.18	1:42.55 (54.37)			
43	Gasque, Kiera	9	Herndon Aquatic Club	1:44.81	1:43.28
	48.65	1:43.28 (54.63)			
44	FitzGerald, Emma	10	The Capitol Sea Devils	NT	1:43.44
	48.74	1:43.44 (54.70)			
45	Kempler, Emme	10	Fairfax Foxes Swimming	1:48.24	1:43.64
	49.47	1:43.64 (54.17)			
46	Birns, Emmie	10	The Capitol Sea Devils	1:48.42	1:43.88
	49.82	1:43.88 (54.06)			
47	Cline, Reagan	9	York Swim Club of Northern Vir	NT	1:46.57
	49.55	1:46.57 (57.02)			
48	Grisard, Katelyn	10	Herndon Aquatic Club	1:44.69	1:47.08
	49.48	1:47.08 (57.60)			
49	Habyarimana, Mika	10	The Capitol Sea Devils	1:54.56	1:47.47
	50.38	1:47.47 (57.09)			
50	Durrant, Harper	9	The Capitol Sea Devils	NT	1:47.89
	49.37	1:47.89 (58.52)			
51	Burd, Rowan	9	Herndon Aquatic Club	1:45.96	1:47.94
	48.14	1:47.94 (59.80)			
52	Long, Elena	9	Herndon Aquatic Club	1:43.33	1:48.22
	48.53	1:48.22 (59.69)			
53	Flores, Harley	9	The St. James	1:53.10	1:49.21
	57.49	1:49.21 (51.72)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 58 Girls 9-10 100 Yard IM)**

	Name	Age	Team	Seed Time	Finals Time
54	Bradley, Harriet	9	Fairfax Foxes Swimming	1:45.34	1:49.69
	51.29	1:49.69 (58.40)			
55	Harris-Burrowes, Juliette	9	York Swim Club of Northern Vir	1:53.46	1:50.00
	50.45	1:50.00 (59.55)			
56	Iliria, Shayne	9	The Capitol Sea Devils	2:12.53	1:50.31
	52.15	1:50.31 (58.16)			
57	Mahdere, Maya	9	The Capitol Sea Devils	1:53.22	1:50.82
	54.21	1:50.82 (56.61)			
58	Mahdere, Liya	9	The Capitol Sea Devils	2:03.36	2:04.26
	1:01.05	2:04.26 (1:03.21)			
59	Stiles, Juliette	9	The Capitol Sea Devils	2:07.55	2:04.97
	59.61	2:04.97 (1:05.36)			
60	Hallahan, Eleanor	10	The Capitol Sea Devils	NT	2:10.44
	1:00.37	2:10.44 (1:10.07)			
61	Houlahan, Abby	9	The Capitol Sea Devils	NT	2:14.87
	1:05.19	2:14.87 (1:09.68)			
---	Miller, Caroline	9	The Capitol Sea Devils	NT	DQ
	Scissors kick - breast				
	50.84	DQ (57.37)			
---	Nasser, Maya	9	The St. James	NT	DQ
	No touch - fly				
	57.99	DQ (1:03.12)			
---	Done, Olivia	9	York Swim Club of Northern Vir	NT	DQ
	Non-simultaneous arms - fly				
	1:10.45	DQ (1:21.01)			
---	Skuce, Izzy	10	The Capitol Sea Devils	1:56.12	DQ
	53.75	DQ (57.22)			
---	Scolese, Maddie	9	The Capitol Sea Devils	NT	DQ
	Arms underwater recovery - fly				
	50.23	DQ (53.58)			
---	Burmicky, Naomi	9	The Capitol Sea Devils	1:42.31	DQ
	One hand touch - breast				
	44.04	DQ (50.93)			
---	Dudley, Holden	9	The Capitol Sea Devils	NT	DQ
	Arms underwater recovery - fly				
	58.34	DQ (1:09.06)			
---	Reichs, Hazel	10	The Capitol Sea Devils	NT	DQ
	Hands brought beyond the hipline during stroke - breast				
	1:02.12	DQ (59.03)			

Event 59 Boys 9-10 100 Yard IM

	Name	Age	Team	Seed Time	Finals Time
1	Sharron, Kai	10	The Capitol Sea Devils	1:16.89	1:16.01
	34.93	1:16.01 (41.08)			
2	Donnelly, Keegan	10	Mako Swimming	1:19.32	1:16.40
	35.53	1:16.40 (40.87)			
3	Tsuchitani, Ryan	10	Mako Swimming	1:21.80	1:19.98
	37.81	1:19.98 (42.17)			
4	Boyle, Collin	10	Herndon Aquatic Club	1:21.72	1:21.10
	36.19	1:21.10 (44.91)			
5	Vinet, Luca	10	Fairfax Foxes Swimming	1:38.52	1:22.23
	38.50	1:22.23 (43.73)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 59 Boys 9-10 100 Yard IM)**

	Name	Age	Team	Seed Time	Finals Time
6	Tibulschii, Michael	10	Mako Swimming	1:24.53	1:23.27
	39.93	1:23.27 (43.34)			
7	Bower, Benton	10	The St. James	1:26.45	1:23.50
	36.75	1:23.50 (46.75)			
8	Duffy, Danny	10	York Swim Club of Northern Vir	1:33.21	1:25.56
	40.22	1:25.56 (45.34)			
9	Goins, Jaxon	10	Herndon Aquatic Club	1:41.77	1:26.52
	38.08	1:26.52 (48.44)			
10	Vu, Baiden	10	Fairfax Foxes Swimming	1:32.13	1:27.39
	42.85	1:27.39 (44.54)			
11	Skladany, Leo	10	The Capitol Sea Devils	1:29.17	1:28.56
	42.27	1:28.56 (46.29)			
12	Steiner, Sam	10	The Capitol Sea Devils	1:38.20	1:30.58
	44.53	1:30.58 (46.05)			
13	Crimmins, Ben	10	York Swim Club of Northern Vir	1:34.10	1:32.61
	42.69	1:32.61 (49.92)			
14	Evans, Ian	10	The Capitol Sea Devils	1:30.79	1:33.99
	43.74	1:33.99 (50.25)			
15	Pappageorge, Andrew	9	Herndon Aquatic Club	1:34.75	1:34.54
	44.05	1:34.54 (50.49)			
16	Donahue, Jackson	9	York Swim Club of Northern Vir	1:38.40	1:34.77
	44.30	1:34.77 (50.47)			
17	Williams, Troy	9	York Swim Club of Northern Vir	1:45.74	1:35.69
	44.52	1:35.69 (51.17)			
18	Sisserson, Connor	9	Herndon Aquatic Club	1:35.07	1:36.21
	42.17	1:36.21 (54.04)			
19	Lieberman, Xander	10	The Capitol Sea Devils	1:39.02	1:39.06
	46.67	1:39.06 (52.39)			
20	Karapinar, Kaya	10	York Swim Club of Northern Vir	1:40.75	1:39.31
	46.68	1:39.31 (52.63)			
21	Guinnup, Henry	9	York Swim Club of Northern Vir	NT	1:39.65
	48.20	1:39.65 (51.45)			
22	Figel, Grayson	10	The Capitol Sea Devils	1:42.40	1:40.24
	49.96	1:40.24 (50.28)			
23	Quintal, Oliver	10	Herndon Aquatic Club	1:35.49	1:40.65
	49.22	1:40.65 (51.43)			
24	Wolfe, Eli	9	The Capitol Sea Devils	1:59.33	1:40.81
	50.40	1:40.81 (50.41)			
25	Freinkman, Misha	10	The Capitol Sea Devils	1:45.55	1:41.69
	46.87	1:41.69 (54.82)			
26	Nguyen, Emmett	10	York Swim Club of Northern Vir	1:44.70	1:41.89
	47.85	1:41.89 (54.04)			
27	Williams, Maximus	10	York Swim Club of Northern Vir	1:43.80	1:42.79
	48.47	1:42.79 (54.32)			
28	MacFarlane, Angus	10	The Capitol Sea Devils	1:43.97	1:42.83
	48.67	1:42.83 (54.16)			
29	Drinkard, Cam	10	Nation's Capital Swim Club	1:43.82	1:43.47
	48.75	1:43.47 (54.72)			
30	Komiss, Rollie	10	Fairfax Foxes Swimming	1:48.33	1:43.53
	50.25	1:43.53 (53.28)			
31	Colello, Brennan	9	Herndon Aquatic Club	1:44.46	1:44.06
	47.76	1:44.06 (56.30)			
32	Clarín, Caleb	10	Fairfax Foxes Swimming	NT	1:44.19
	51.90	1:44.19 (52.29)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 59 Boys 9-10 100 Yard IM)**

	Name	Age	Team	Seed Time	Finals Time
33	Pollak, Connor	9	York Swim Club of Northern Vir	1:48.71	1:45.90
	47.36	1:45.90 (58.54)			
34	Zuazo, Theo	9	Herndon Aquatic Club	NT	1:46.21
	49.58	1:46.21 (56.63)			
35	Davis, Levi	9	Fairfax Foxes Swimming	1:56.46	1:49.82
	51.50	1:49.82 (58.32)			
36	Silvestro, Michael	9	The Capitol Sea Devils	NT	1:51.32
	52.90	1:51.32 (58.42)			
37	Yarra, Dharmik	10	Herndon Aquatic Club	NT	1:54.33
	49.75	1:54.33 (1:04.58)			
38	Bhatt, Shiv	10	Herndon Aquatic Club	1:52.48	1:56.09
	54.43	1:56.09 (1:01.66)			
---	Macahig, Pax	10	The Capitol Sea Devils	NT	DQ
	Scissors kick - breast				
	58.36	DQ (57.81)			
---	MacFarlane, Harry	10	The Capitol Sea Devils	1:44.26	DQ
	Non-simultaneous arms - fly				
	55.50	DQ (1:02.33)			

Event 60 Girls 9-10 50 Yard Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Van Schagen, Tessa	10	The Capitol Sea Devils	31.56	31.63
2	Beck, Grace	10	York Swim Club of Northern Vir	33.55	31.93
3	Scully, Maggie	10	York Swim Club of Northern Vir	34.41	33.49
4	Whritenour, Calli	10	Mako Swimming	34.89	33.67
5	Palacio, Isa	10	Nation's Capital Swim Club	35.61	34.45
6	Livernois, Evelyn	10	The Fish	35.14	36.05
7	Fears, Noelle	10	York Swim Club of Northern Vir	34.78	36.07
8	Rovak, Claire	10	The Capitol Sea Devils	39.31	37.04
9	Malkowski, Maggie	9	Mako Swimming	37.22	37.53
10	Todd, Claire	9	Herndon Aquatic Club	42.52	37.70
11	Choi, Kara	10	York Swim Club of Northern Vir	38.79	37.86
12	Allen, Kailyn	10	Herndon Aquatic Club	38.60	38.42
13	Hetmanski, Meghan	10	York Swim Club of Northern Vir	44.08	38.93
14	Wee, Amelia	10	Herndon Aquatic Club	41.04	39.53
15	Abels, Elizabeth	10	Mako Swimming	39.13	40.05
*16	O'Brien, Kylie	10	York Swim Club of Northern Vir	44.00	40.81
*16	Kim, Emma	10	York Swim Club of Northern Vir	41.89	40.81
18	Seward, Audrey	10	Herndon Aquatic Club	46.56	40.86
19	Duffy, Abby	9	York Swim Club of Northern Vir	41.37	41.61
20	McCleary, Camarie	10	Fairfax Foxes Swimming	45.95	42.32
21	Salerno, Valerie	9	Fairfax Foxes Swimming	47.44	42.63
22	Hance, Charlotte	10	York Swim Club of Northern Vir	46.46	42.91
23	Kraemer, Elise	10	The Capitol Sea Devils	48.00	43.31
24	Lockhart, Peyton	9	Fairfax Foxes Swimming	47.34	43.95
25	Bussey, Paige	10	The Capitol Sea Devils	46.03	44.11
26	Cravens, Charleigh	9	York Swim Club of Northern Vir	46.32	45.30
27	Sewall, Emily	10	York Swim Club of Northern Vir	NT	45.77
28	Abraham, Amelia	9	The St. James	47.25	46.30
29	Refaei, Aya	9	The Capitol Sea Devils	48.15	46.63
30	Zebrak, Gwen	10	Fairfax Foxes Swimming	51.23	46.68
31	Burmicky, Naomi	9	The Capitol Sea Devils	NT	46.82

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 60 Girls 9-10 50 Yard Butterfly)**

	Name	Age	Team	Seed Time	Finals Time
32	Eno, Charlotte	10	The Capitol Sea Devils	48.40	47.06
33	FitzGerald, Emma	10	The Capitol Sea Devils	NT	47.16
34	Hessel, Felicity	10	York Swim Club of Northern Vir	51.89	47.52
35	Durrant, Harper	9	The Capitol Sea Devils	49.37	48.78
36	Malejko, Georgie	10	The Capitol Sea Devils	NT	48.96
37	Nemeroff, Julia	10	The Capitol Sea Devils	55.09	51.08
38	Bonetti, Leonor	9	The Capitol Sea Devils	NT	51.18
39	Gasque, Kiera	9	Herndon Aquatic Club	52.09	51.70
40	Tanapornsakul, Rae	9	The Capitol Sea Devils	NT	52.12
41	Cardaci, Elena	10	The Capitol Sea Devils	NT	52.69
42	Zhang, Madeline	9	York Swim Club of Northern Vir	53.34	54.45
43	Habyarimana, Mika	10	The Capitol Sea Devils	1:02.81	54.60
44	Burd, Rowan	9	Herndon Aquatic Club	54.07	54.67
45	Mazer, Allie	9	Fairfax Foxes Swimming	NT	54.87
46	Cardaci, Lara	10	The Capitol Sea Devils	NT	55.46
47	Flanigan, Audrey	10	York Swim Club of Northern Vir	1:14.76	59.39
48	Skuce, Izzy	10	The Capitol Sea Devils	NT	1:00.07
49	Hawksworth, Amelia	10	The Capitol Sea Devils	NT	1:02.58
50	Green, Kailyn	9	Herndon Aquatic Club	NT	1:11.49
---	Lowman, Ellie	9	The Capitol Sea Devils	NT	DQ
	Alternating Kick				
---	Lau, Celeste	10	The Capitol Sea Devils	1:23.08	DQ
	Alternating Kick				
---	Wilkins, Sophia	9	The Capitol Sea Devils	1:09.06	DQ
	Non-simultaneous arms				
---	Chodakiewicz, Maria	9	Herndon Aquatic Club	NT	DQ
	Arms underwater recovery				
---	Viator, Juliette	9	York Swim Club of Northern Vir	NT	DQ
	Non-simultaneous arms				
---	Cline, Reagan	9	York Swim Club of Northern Vir	NT	DQ
	Scissors kick				
---	Hess, Amalia	9	The Capitol Sea Devils	NT	DQ
	Alternating Kick				
---	Fawzy, Celine	9	The Capitol Sea Devils	1:02.31	DQ
	One hand touch				
---	Broderdorf, Emma	10	York Swim Club of Northern Vir	NT	DQ
	Non-simultaneous arms				
---	Silver, Ellie	9	York Swim Club of Northern Vir	NT	DQ
	Non-simultaneous arms				

Event 61 Boys 9-10 50 Yard Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Sharron, Kai	10	The Capitol Sea Devils	34.88	34.54
2	Cravens, Will	9	York Swim Club of Northern Vir	37.56	34.77
3	Maher, Max	9	Nation's Capital Swim Club	NT	35.61
4	Goins, Jaxon	10	Herndon Aquatic Club	40.61	37.36
5	Blunden, Everett	9	The Capitol Sea Devils	NT	39.12
6	Manguikian, Zander	10	York Swim Club of Northern Vir	38.62	39.20
7	Resnick, Mick	10	The St. James	42.55	39.54
8	Bortner, Reed	9	Fairfax Foxes Swimming	39.63	39.59
9	Crimmins, Ben	10	York Swim Club of Northern Vir	47.24	42.01
10	Lear, David	10	Herndon Aquatic Club	41.95	42.16

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 61 Boys 9-10 50 Yard Butterfly)**

	Name	Age	Team	Seed Time	Finals Time
11	Schneider, Tate	9	The Capitol Sea Devils	44.19	43.50
12	Flook, Finnegan	9	Mako Swimming	48.88	44.55
13	Jain, Vedarth	10	Herndon Aquatic Club	42.56	44.89
14	Sisserson, Connor	9	Herndon Aquatic Club	NT	45.66
15	Lieberman, Xander	10	The Capitol Sea Devils	1:00.21	45.75
16	Donahue, Jackson	9	York Swim Club of Northern Vir	NT	46.69
17	Chen, Miles	9	Fairfax Foxes Swimming	50.18	47.96
18	Fisher, Andrew	10	The Capitol Sea Devils	NT	48.75
19	MacFarlane, Angus	10	The Capitol Sea Devils	47.18	50.88
20	Pollak, Connor	9	York Swim Club of Northern Vir	55.69	52.18
21	Komiss, Rollie	10	Fairfax Foxes Swimming	NT	52.43
22	Buchanan, Owen	10	York Swim Club of Northern Vir	56.69	52.96
23	Yarra, Dharmik	10	Herndon Aquatic Club	52.27	56.28
24	Wolfe, Eli	9	The Capitol Sea Devils	NT	57.02
25	Bhatt, Shiv	10	Herndon Aquatic Club	55.27	1:02.38
26	Siraguse, Beckett	10	Fairfax Foxes Swimming	53.40	1:04.93
---	Tillman, Edward	10	Herndon Aquatic Club	NT	DQ
	Non-simultaneous arms				
---	Gastrell, Ashe	10	The Capitol Sea Devils	NT	DQ
	Non-simultaneous arms				
---	Bowes, Jacob	10	Nation's Capital Swim Club	40.15	DQ
	Non-simultaneous arms				
---	Johnson, Wesley	10	The Capitol Sea Devils	1:01.28	DQ
	Arms underwater recovery				
---	Zuazo, Theo	9	Herndon Aquatic Club	NT	DQ

Event 62 Girls 9-10 50 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Scully, Maggie	10	York Swim Club of Northern Vir	30.36	29.82
2	Van Schagen, Tessa	10	The Capitol Sea Devils	29.57	30.05
3	Beck, Grace	10	York Swim Club of Northern Vir	34.55	30.57
4	Misra, Kavya	10	The Capitol Sea Devils	31.32	31.04
5	Livernois, Evelyn	10	The Fish	33.22	31.54
6	Choi, Kara	10	York Swim Club of Northern Vir	33.96	32.37
7	Pinilla, Peaches	10	Mako Swimming	32.24	32.52
8	Malkowski, Maggie	9	Mako Swimming	32.89	33.32
9	Tempelis, Marie	10	Mako Swimming	34.02	33.33
10	Nichols, Brooke	10	York Swim Club of Northern Vir	34.84	33.51
11	Kim, Emma	10	York Swim Club of Northern Vir	37.71	33.57
12	Todd, Claire	9	Herndon Aquatic Club	34.83	33.80
13	Rusch, Bella	9	Herndon Aquatic Club	33.19	33.95
14	Seward, Audrey	10	Herndon Aquatic Club	36.30	34.18
15	Guest, Everly	10	Nation's Capital Swim Club	36.80	34.39
16	McCleary, Camarie	10	Fairfax Foxes Swimming	36.23	34.41
17	Hong, Eliana	10	The Capitol Sea Devils	37.87	34.57
18	Hetmanski, Meghan	10	York Swim Club of Northern Vir	38.13	34.72
19	Ryan, Quinn	9	York Swim Club of Northern Vir	36.93	35.22
20	Wang, Catherine	9	Nation's Capital Swim Club	35.42	35.71
21	Wee, Amelia	10	Herndon Aquatic Club	37.99	35.79
22	Perks, Genevieve	10	The Capitol Sea Devils	35.37	35.86
23	McShane, Grace	10	York Swim Club of Northern Vir	39.13	35.88
24	Rovak, Claire	10	The Capitol Sea Devils	NT	36.05

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 62 Girls 9-10 50 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
25	Zebrak, Gwen	10	Fairfax Foxes Swimming	36.12	36.83
26	Nemeroff, Julia	10	The Capitol Sea Devils	39.14	37.49
27	Tanapornsakul, Rae	9	The Capitol Sea Devils	39.80	37.88
28	Cardaci, Elena	10	The Capitol Sea Devils	40.57	38.00
29	Lockhart, Peyton	9	Fairfax Foxes Swimming	37.31	38.39
30	Fransesini, Isabella	10	The Capitol Sea Devils	40.28	38.68
31	Versaggi, Ella	9	York Swim Club of Northern Vir	45.31	38.83
32	Silver, Ellie	9	York Swim Club of Northern Vir	36.05	38.87
33	Cravens, Charleigh	9	York Swim Club of Northern Vir	39.48	39.59
34	FitzGerald, Emma	10	The Capitol Sea Devils	NT	39.64
35	Scolese, Maddie	9	The Capitol Sea Devils	NT	39.71
36	Broderdorf, Emma	10	York Swim Club of Northern Vir	44.48	39.77
37	Tate, Leah	10	York Swim Club of Northern Vir	41.65	39.83
38	Harris-Burrowes, Juliette	9	York Swim Club of Northern Vir	42.02	40.01
39	Elegbe, Olivia	9	York Swim Club of Northern Vir	40.90	40.14
40	Refaei, Aya	9	The Capitol Sea Devils	40.46	40.19
41	Bourgeois, Lela	10	The Capitol Sea Devils	42.49	40.24
42	Kempler, Emme	10	Fairfax Foxes Swimming	42.38	40.39
43	Rangnekar, Talia	10	The Capitol Sea Devils	46.72	40.78
44	Habyarimana, Mika	10	The Capitol Sea Devils	NT	40.85
45	Mazer, Allie	9	Fairfax Foxes Swimming	55.96	42.07
46	Cardaci, Lara	10	The Capitol Sea Devils	NT	42.22
47	Cline, Reagan	9	York Swim Club of Northern Vir	46.30	42.33
48	Flores, Harley	9	The St. James	41.62	42.39
49	Chodakiewicz, Maria	9	Herndon Aquatic Club	38.25	42.47
50	Abraham, Aleena	9	The St. James	39.50	42.60
51	Ghosh, Ava	9	The Capitol Sea Devils	41.48	42.68
52	Abosaid, Paloma	10	Mako Swimming	38.85	42.74
53	Burd, Rowan	9	Herndon Aquatic Club	41.83	42.83
54	Eno, Charlotte	10	The Capitol Sea Devils	44.45	43.22
55	Iliria, Shayne	9	The Capitol Sea Devils	44.81	43.83
56	Sewall, Emily	10	York Swim Club of Northern Vir	41.56	44.01
57	Gasque, Kiera	9	Herndon Aquatic Club	42.66	44.12
58	Green, Kailyn	9	Herndon Aquatic Club	46.49	44.25
59	Meyers, Isla	9	The Capitol Sea Devils	46.76	45.41
60	Bradley, Harriet	9	Fairfax Foxes Swimming	43.99	45.44
61	Brady, Zara	9	Mako Swimming	43.13	45.90
62	Durrant, Harper	9	The Capitol Sea Devils	NT	45.98
63	Zhang, Madeline	9	York Swim Club of Northern Vir	52.09	46.24
64	Miller, Caroline	9	The Capitol Sea Devils	45.41	46.53
65	Nasser, Maya	9	The St. James	45.04	47.09
66	Viator, Juliette	9	York Swim Club of Northern Vir	NT	47.15
67	Mahdere, Maya	9	The Capitol Sea Devils	45.39	47.54
68	Hallahan, Eleanor	10	The Capitol Sea Devils	NT	48.08
69	Mahdere, Liya	9	The Capitol Sea Devils	48.07	48.33
70	Reichs, Hazel	10	The Capitol Sea Devils	47.99	48.67
71	Hawksworth, Amelia	10	The Capitol Sea Devils	49.57	49.71
72	Kala, Varsha	9	Herndon Aquatic Club	51.84	50.27
73	Miller, Annie	10	The Capitol Sea Devils	52.11	50.89
74	Lowman, Ellie	9	The Capitol Sea Devils	57.64	51.57
75	Long, Elena	9	Herndon Aquatic Club	39.85	52.04
76	Dudley, Holden	9	The Capitol Sea Devils	53.82	52.31

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 62 Girls 9-10 50 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
77	Hess, Amalia	9	The Capitol Sea Devils	NT	52.69
78	Houlahan, Abby	9	The Capitol Sea Devils	56.27	56.07
79	Bowles, Nora	9	The Capitol Sea Devils	NT	57.24
80	Stiles, Juliette	9	The Capitol Sea Devils	48.56	59.32
81	Fawzy, Celine	9	The Capitol Sea Devils	NT	59.33
82	Kleid, Rebecca	10	Jcc Swimming	1:16.19	1:15.94

Event 63 Boys 9-10 50 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Donnelly, Keegan	10	Mako Swimming	31.11	29.87
2	Cravens, Will	9	York Swim Club of Northern Vir	32.22	30.91
3	Schneider, Brady	10	York Swim Club of Northern Vir	31.73	31.16
4	Tsuchitani, Ryan	10	Mako Swimming	31.48	31.35
5	Hanik, Joey	9	Fairfax Foxes Swimming	33.74	31.58
6	Vinet, Luca	10	Fairfax Foxes Swimming	36.72	32.81
7	Boyle, Collin	10	Herndon Aquatic Club	32.79	33.02
8	Goins, Jaxon	10	Herndon Aquatic Club	37.01	33.28
9	Alvarez, Emeric	10	Fairfax Foxes Swimming	NT	33.56
10	Bower, Benton	10	The St. James	35.86	33.98
11	Maher, Max	9	Nation's Capital Swim Club	37.01	34.27
12	Blunden, Everett	9	The Capitol Sea Devils	35.22	34.75
13	Langsdale, Tanner	9	York Swim Club of Northern Vir	39.23	34.82
14	Vu, Baiden	10	Fairfax Foxes Swimming	36.96	34.93
15	Jain, Vedarth	10	Herndon Aquatic Club	37.29	35.52
16	Steiner, Sam	10	The Capitol Sea Devils	37.73	36.40
17	Duffy, Danny	10	York Swim Club of Northern Vir	36.29	36.81
18	Resnick, Mick	10	The St. James	36.80	37.10
19	Donahue, Jackson	9	York Swim Club of Northern Vir	37.46	37.17
20	Bortner, Reed	9	Fairfax Foxes Swimming	36.92	37.25
21	Skladany, Leo	10	The Capitol Sea Devils	NT	37.56
22	Kim, Joshua	9	Mako Swimming	43.02	37.94
23	Colello, Brennan	9	Herndon Aquatic Club	37.78	38.15
24	Clark, Ryan	9	York Swim Club of Northern Vir	39.13	38.29
25	Nguyen, Emmett	10	York Swim Club of Northern Vir	39.78	38.80
26	Fox, Drew	10	York Swim Club of Northern Vir	38.73	39.06
27	Beitz, Zeke	10	York Swim Club of Northern Vir	43.33	39.21
28	Karapinar, Kaya	10	York Swim Club of Northern Vir	36.94	39.34
29	Jasinski, Ben	10	Fairfax Foxes Swimming	NT	39.47
30	Lieberman, Xander	10	The Capitol Sea Devils	44.83	39.54
31	Falkowitz, Aaron	9	The Capitol Sea Devils	42.98	39.57
32	Schneider, Tate	9	The Capitol Sea Devils	44.28	39.72
33	Zuazo, Theo	9	Herndon Aquatic Club	39.33	39.95
*34	Dennis, Avery	10	Jcc Swimming	40.10	40.01
*34	Silvestro, Michael	9	The Capitol Sea Devils	42.65	40.01
36	Bhatt, Shiv	10	Herndon Aquatic Club	40.21	40.16
37	Freinkman, Misha	10	The Capitol Sea Devils	41.24	40.17
38	Guinnup, Henry	9	York Swim Club of Northern Vir	39.46	40.18
39	Buchanan, Owen	10	York Swim Club of Northern Vir	41.80	40.30
40	Sisserson, Connor	9	Herndon Aquatic Club	38.61	40.40
41	Quintal, Oliver	10	Herndon Aquatic Club	39.47	40.42
42	Williams, Maximus	10	York Swim Club of Northern Vir	40.20	40.81
43	Cook, Nolan	9	The Capitol Sea Devils	40.22	41.78

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 63 Boys 9-10 50 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
44	Komiss, Rollie	10	Fairfax Foxes Swimming	43.20	41.98
45	Beesam, Neal	9	Fairfax Foxes Swimming	NT	42.14
46	Ivanov, Sasha	10	Fairfax Foxes Swimming	45.22	42.25
47	Figel, Grayson	10	The Capitol Sea Devils	44.97	42.52
48	Gastrell, Ashe	10	The Capitol Sea Devils	43.40	42.54
49	Drinkard, Cam	10	Nation's Capital Swim Club	41.57	42.57
50	Macahig, Pax	10	The Capitol Sea Devils	46.62	43.55
51	Gastrell, Quinn	10	The Capitol Sea Devils	54.95	43.83
52	Tisinger, Bryce	9	Fairfax Foxes Swimming	44.69	43.92
53	Siraguse, Beckett	10	Fairfax Foxes Swimming	39.06	44.40
54	Brinkerhoff-Molluzzo, Paul	10	The Capitol Sea Devils	47.95	44.52
55	Timmons, Parker	9	Herndon Aquatic Club	49.95	45.79
56	Milligan, Matthew	10	Herndon Aquatic Club	54.05	46.02
57	Dolan, Colby	10	Herndon Aquatic Club	51.07	46.51
58	Iovito, Henry	9	The Capitol Sea Devils	52.36	47.56
59	Wade, Garrison	9	Fairfax Foxes Swimming	1:08.16	47.61
60	Calisal, Julian	9	The Capitol Sea Devils	NT	48.29
61	Tillman, Edward	10	Herndon Aquatic Club	47.31	50.33
62	Urgo, Cole	9	The Capitol Sea Devils	54.17	50.50
63	Furukrona, Max	10	The Capitol Sea Devils	51.32	57.75
64	Morgan, William	9	Herndon Aquatic Club	1:02.31	58.95

Event 64 Girls 9-10 100 Yard Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Whritenour, Calli	10	Mako Swimming	1:26.79	1:25.41
	40.38		1:25.41 (45.03)		
2	O'Brien, Kylie	10	York Swim Club of Northern Vir	1:28.83	1:27.36
	41.54		1:27.36 (45.82)		
3	Hong, Eliana	10	The Capitol Sea Devils	1:37.49	1:30.81
	43.99		1:30.81 (46.82)		
4	Palacio, Isa	10	Nation's Capital Swim Club	1:48.63	1:33.62
	44.41		1:33.62 (49.21)		
5	Cheng, Stella	9	Mako Swimming	1:38.25	1:34.55
	45.34		1:34.55 (49.21)		
6	Cummins, Kate	10	Fairfax Foxes Swimming	1:42.64	1:35.24
	44.62		1:35.24 (50.62)		
7	Rusch, Bella	9	Herndon Aquatic Club	1:37.72	1:37.85
	47.99		1:37.85 (49.86)		
8	Cheng, Evelina	9	Mako Swimming	1:37.57	1:38.55
	46.89		1:38.55 (51.66)		
9	Brady, Zara	9	Mako Swimming	1:41.59	1:39.01
	47.71		1:39.01 (51.30)		
10	Tempelis, Marie	10	Mako Swimming	1:39.50	1:39.22
	45.63		1:39.22 (53.59)		
11	Ryan, Quinn	9	York Swim Club of Northern Vir	NT	1:40.48
	46.08		1:40.48 (54.40)		
12	Wee, Amelia	10	Herndon Aquatic Club	1:56.49	1:40.55
	49.18		1:40.55 (51.37)		
13	Adair, Nicolette	9	York Swim Club of Northern Vir	1:53.96	1:40.80
	47.84		1:40.80 (52.96)		
14	Duffy, Abby	9	York Swim Club of Northern Vir	1:43.19	1:41.87
	46.95		1:41.87 (54.92)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 64 Girls 9-10 100 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time
15	Bachrach, Sophie	10	Nation's Capital Swim Club	1:50.46	1:42.03
	48.63	1:42.03 (53.40)			
16	Bonetti, Leonor	9	The Capitol Sea Devils	1:42.55	1:42.19
	48.15	1:42.19 (54.04)			
17	Tate, Leah	10	York Swim Club of Northern Vir	1:45.46	1:42.67
	48.15	1:42.67 (54.52)			
18	McShane, Grace	10	York Swim Club of Northern Vir	1:47.02	1:43.36
	48.98	1:43.36 (54.38)			
19	Cravens, Charleigh	9	York Swim Club of Northern Vir	NT	1:44.36
	51.65	1:44.36 (52.71)			
*20	Versaggi, Ella	9	York Swim Club of Northern Vir	2:09.94	1:44.79
	50.07	1:44.79 (54.72)			
*20	Smith, Eliana	10	Mako Swimming	1:53.17	1:44.79
	49.68	1:44.79 (55.11)			
22	Hessel, Felicity	10	York Swim Club of Northern Vir	NT	1:45.46
	48.95	1:45.46 (56.51)			
23	Grisard, Katelyn	10	Herndon Aquatic Club	NT	1:45.50
	52.47	1:45.50 (53.03)			
24	Vander Veer, Audrey	10	Mako Swimming	1:45.61	1:46.10
	50.21	1:46.10 (55.89)			
25	Kraemer, Elise	10	The Capitol Sea Devils	1:52.08	1:46.75
	52.77	1:46.75 (53.98)			
26	Seward, Audrey	10	Herndon Aquatic Club	NT	1:47.42
	50.85	1:47.42 (56.57)			
27	Salerno, Valerie	9	Fairfax Foxes Swimming	1:51.29	1:47.91
	51.55	1:47.91 (56.36)			
28	Lau, Celeste	10	The Capitol Sea Devils	1:52.96	1:48.20
	50.81	1:48.20 (57.39)			
29	Malejko, Georgie	10	The Capitol Sea Devils	1:52.89	1:48.69
	52.62	1:48.69 (56.07)			
30	Fransesini, Isabella	10	The Capitol Sea Devils	2:04.00	1:49.87
	53.39	1:49.87 (56.48)			
31	Jemison, Maddie	10	Mako Swimming	1:44.24	1:50.21
	50.73	1:50.21 (59.48)			
32	Elegbe, Olivia	9	York Swim Club of Northern Vir	2:02.52	1:50.68
	51.18	1:50.68 (59.50)			
33	Rangnekar, Talia	10	The Capitol Sea Devils	NT	1:51.11
	53.28	1:51.11 (57.83)			
34	Smith, Lillian	10	Mako Swimming	1:52.64	1:53.18
	54.54	1:53.18 (58.64)			
35	Abraham, Amelia	9	The St. James	1:51.69	1:53.65
	54.38	1:53.65 (59.27)			
36	Tanapornsakul, Rae	9	The Capitol Sea Devils	1:54.16	1:54.83
	55.87	1:54.83 (58.96)			
37	Wilkins, Sophia	9	The Capitol Sea Devils	2:02.82	1:55.61
	54.05	1:55.61 (1:01.56)			
38	Ghosh, Ava	9	The Capitol Sea Devils	2:02.75	1:58.49
	55.28	1:58.49 (1:03.21)			
39	Birns, Emmie	10	The Capitol Sea Devils	NT	2:01.33
	56.93	2:01.33 (1:04.40)			
40	Kempler, Emme	10	Fairfax Foxes Swimming	NT	2:02.38
	59.83	2:02.38 (1:02.55)			
41	Meyers, Isla	9	The Capitol Sea Devils	2:01.39	2:02.54

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 64 Girls 9-10 100 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time
42	Cardaci, Lara	10	The Capitol Sea Devils	NT	2:04.32
	58.80	2:04.32 (1:05.52)			
43	Carle, Roah	10	Fairfax Foxes Swimming	NT	2:05.21
	57.87	2:05.21 (1:07.34)			
44	Zhang, Madeline	9	York Swim Club of Northern Vir	2:28.60	2:07.30
	1:00.22	2:07.30 (1:07.08)			
45	Iliria, Shayne	9	The Capitol Sea Devils	2:38.28	2:14.14
	1:03.60	2:14.14 (1:10.54)			
46	Skuce, Izzy	10	The Capitol Sea Devils	NT	2:16.86
	1:04.51	2:16.86 (1:12.35)			
47	Nasser, Maya	9	The St. James	NT	2:19.61
	1:09.45	2:19.61 (1:10.16)			
48	Dudley, Holden	9	The Capitol Sea Devils	NT	2:29.15
	1:10.45	2:29.15 (1:18.70)			
---	Bowles, Nora	9	The Capitol Sea Devils	2:39.95	DQ
	One hand touch				
	1:18.06	DQ (1:25.10)			
---	Lowman, Ellie	9	The Capitol Sea Devils	NT	DQ
	Downward butterfly kick				

Event 65 Boys 9-10 100 Yard Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Sharron, Kai	10	The Capitol Sea Devils	1:29.92	1:26.39
	40.63	1:26.39 (45.76)			
2	Crawford, Jose	10	The Capitol Sea Devils	1:30.88	1:26.49
	42.39	1:26.49 (44.10)			
3	Tibulschii, Michael	10	Mako Swimming	1:29.86	1:27.66
	40.96	1:27.66 (46.70)			
4	Tsuchitani, Ryan	10	Mako Swimming	1:30.37	1:27.73
	42.87	1:27.73 (44.86)			
5	Hanik, Joey	9	Fairfax Foxes Swimming	1:34.32	1:28.33
	41.94	1:28.33 (46.39)			
6	Skladany, Leo	10	The Capitol Sea Devils	1:35.55	1:31.03
	43.24	1:31.03 (47.79)			
7	Kim, Joshua	9	Mako Swimming	NT	1:33.68
	45.28	1:33.68 (48.40)			
8	Beitz, Zeke	10	York Swim Club of Northern Vir	1:47.70	1:34.38
	44.54	1:34.38 (49.84)			
9	Manguikian, Zander	10	York Swim Club of Northern Vir	1:43.30	1:34.92
	46.44	1:34.92 (48.48)			
10	Vinet, Luca	10	Fairfax Foxes Swimming	NT	1:36.86
	44.83	1:36.86 (52.03)			
11	Langsdale, Tanner	9	York Swim Club of Northern Vir	NT	1:37.62
	46.24	1:37.62 (51.38)			
12	Lear, David	10	Herndon Aquatic Club	1:42.09	1:37.69
	45.99	1:37.69 (51.70)			
13	Vu, Baiden	10	Fairfax Foxes Swimming	1:57.65	1:39.00
	46.65	1:39.00 (52.35)			
14	Duffy, Danny	10	York Swim Club of Northern Vir	1:40.91	1:40.19
	47.46	1:40.19 (52.73)			
15	Pappageorge, Andrew	9	Herndon Aquatic Club	1:43.02	1:41.79
	46.54	1:41.79 (55.25)			
16	Steiner, Sam	10	The Capitol Sea Devils	1:55.44	1:45.27
	50.94	1:45.27 (54.33)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 65 Boys 9-10 100 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time
17	Williams, Troy	9	York Swim Club of Northern Vir	2:10.45	1:45.84
	13.09	1:45.84 (1:32.75)			
18	Fox, Drew	10	York Swim Club of Northern Vir	1:46.59	1:45.90
	52.16	1:45.90 (53.74)			
19	Resnick, Mick	10	The St. James	1:53.25	1:46.13
	51.80	1:46.13 (54.33)			
20	Figel, Grayson	10	The Capitol Sea Devils	1:48.35	1:46.92
	51.20	1:46.92 (55.72)			
21	Cook, Nolan	9	The Capitol Sea Devils	NT	1:46.99
	51.66	1:46.99 (55.33)			
22	Bowes, Jacob	10	Nation's Capital Swim Club	NT	1:48.86
	52.13	1:48.86 (56.73)			
23	Chen, Miles	9	Fairfax Foxes Swimming	NT	1:49.27
	54.58	1:49.27 (54.69)			
24	Iovito, Henry	9	The Capitol Sea Devils	1:58.88	1:49.71
	53.10	1:49.71 (56.61)			
25	Johnson, Wesley	10	The Capitol Sea Devils	2:01.75	1:49.97
	52.56	1:49.97 (57.41)			
26	Pollak, Connor	9	York Swim Club of Northern Vir	1:51.40	1:51.91
	52.85	1:51.91 (59.06)			
27	Wolfe, Eli	9	The Capitol Sea Devils	1:50.96	1:52.57
	55.18	1:52.57 (57.39)			
28	Clark, Ryan	9	York Swim Club of Northern Vir	NT	1:53.11
	51.72	1:53.11 (1:01.39)			
29	Aurilio, Alex	9	The Capitol Sea Devils	2:02.10	1:53.20
	55.13	1:53.20 (58.07)			
30	Quintal, Oliver	10	Herndon Aquatic Club	NT	1:53.62
	55.16	1:53.62 (58.46)			
31	Nguyen, Emmett	10	York Swim Club of Northern Vir	2:07.27	1:54.20
	54.02	1:54.20 (1:00.18)			
32	Flook, Finnegan	9	Mako Swimming	1:56.61	1:54.66
	56.36	1:54.66 (58.30)			
33	Gastrell, Quinn	10	The Capitol Sea Devils	2:11.46	1:55.81
	56.65	1:55.81 (59.16)			
34	MacFarlane, Angus	10	The Capitol Sea Devils	1:52.03	1:58.13
	55.84	1:58.13 (1:02.29)			
35	Freinkman, Misha	10	The Capitol Sea Devils	1:56.85	1:58.78
	59.25	1:58.78 (59.53)			
36	O'Donnell, Conor	9	York Swim Club of Northern Vir	NT	2:00.22
	57.89	2:00.22 (1:02.33)			
37	Dennis, Avery	10	Jcc Swimming	NT	2:00.47
	56.12	2:00.47 (1:04.35)			
38	Clarín, Caleb	10	Fairfax Foxes Swimming	NT	2:00.88
	58.36	2:00.88 (1:02.52)			
39	Ivanov, Sasha	10	Fairfax Foxes Swimming	NT	2:01.52
	57.01	2:01.52 (1:04.51)			
40	Milligan, Matthew	10	Herndon Aquatic Club	NT	2:02.62
	1:00.40	2:02.62 (1:02.22)			
41	Tisinger, Bryce	9	Fairfax Foxes Swimming	2:09.12	2:02.86
	57.49	2:02.86 (1:05.37)			
42	Drinkard, Cam	10	Nation's Capital Swim Club	2:03.23	2:03.37
	58.52	2:03.37 (1:04.85)			
43	Silvestro, Michael	9	The Capitol Sea Devils	2:01.46	2:05.81
	59.35	2:05.81 (1:06.46)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 65 Boys 9-10 100 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time
44	Davis, Levi	9	Fairfax Foxes Swimming	NT	2:07.09
	1:00.14	2:07.09 (1:06.95)			
45	MacFarlane, Harry	10	The Capitol Sea Devils	2:01.79	2:07.75
46	Brinkerhoff-Molluzzo, Paul	10	The Capitol Sea Devils	2:19.34	2:11.92
	1:04.76	2:11.92 (1:07.16)			
---	Dolan, Colby	10	Herndon Aquatic Club	2:28.51	DQ
	Non-simultaneous arms				
	1:10.64	DQ (1:19.19)			
---	Macahig, Pax	10	The Capitol Sea Devils	NT	DQ
	Scissors kick				
	1:02.11	DQ (1:05.17)			
---	Furukrona, Max	10	The Capitol Sea Devils	NT	DQ
	One hand touch				
	1:10.99	DQ (1:17.10)			
---	Morgan, William	9	Herndon Aquatic Club	NT	DQ
	Hands brought beyond the hipline during stroke				
	1:23.63	DQ (1:32.65)			

Event 66 Girls 15-18 100 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Dobrydney, Claire	17	Pava Panthers Swim Club	52.17	52.54
	25.39	52.54 (27.15)			
2	Rowan, Elliott	15	York Swim Club of Northern Vir	53.02	52.95
	25.66	52.95 (27.29)			
3	Loftis, Ella	16	Nation's Capital Swim Club	55.06	54.30
	25.98	54.30 (28.32)			
4	Ohara, Kalyn	16	Nation's Capital Swim Club	54.67	54.35
	26.37	54.35 (27.98)			
5	Gramlich, Hazel	15	York Swim Club of Northern Vir	53.11	54.52
	26.20	54.52 (28.32)			
6	Young, Amelia	15	Arlington Aquatic Club	55.22	55.99
	26.70	55.99 (29.29)			
7	Dewhirst, Emma	15	Nation's Capital Swim Club	55.39	56.18
	27.03	56.18 (29.15)			
8	Cota-Robles, Isabella	15	Nation's Capital Swim Club	56.27	56.23
	26.91	56.23 (29.32)			
9	Barker, Lilly	17	York Swim Club of Northern Vir	54.55	56.26
	26.78	56.26 (29.48)			
10	De, Lara	17	Nation's Capital Swim Club	54.59	56.36
	27.52	56.36 (28.84)			
11	Prudius, Laura	16	York Swim Club of Northern Vir	56.41	56.55
	26.75	56.55 (29.80)			
12	Roche, Madeline	16	Nation's Capital Swim Club	56.72	56.61
	27.48	56.61 (29.13)			
13	Murphy, Caitlyn	16	Mako Swimming	56.93	57.11
	27.74	57.11 (29.37)			
14	Feinberg, Mad	17	Fairfax Foxes Swimming	55.21	57.19
	27.51	57.19 (29.68)			
15	Le Sage, Charlotte	15	The Capitol Sea Devils	57.95	57.41
	27.75	57.41 (29.66)			
16	Sullivan, Anna	17	York Swim Club of Northern Vir	58.06	57.58
	27.64	57.58 (29.94)			
17	Fulton, Evelyn	16	The Capitol Sea Devils	56.93	57.59
	27.90	57.59 (29.69)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 66 Girls 15-18 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
18	Fitzgerald, Maya	16	Arlington Aquatic Club	56.49	57.61
	27.75	57.61 (29.86)			
19	Stegmaier, Shannon	15	Mako Swimming	56.85	57.62
	27.99	57.62 (29.63)			
*20	Cline, Hanna	17	York Swim Club of Northern Vir	55.31	57.96
	28.13	57.96 (29.83)			
*20	Beggan, Berkleigh	16	Pava Panthers Swim Club	58.61	57.96
	27.33	57.96 (30.63)			
22	Madison, Leah	16	Fairfax Foxes Swimming	57.38	58.45
	27.93	58.45 (30.52)			
23	Dent, Gillian	15	Arlington Aquatic Club	1:00.02	58.48
	28.20	58.48 (30.28)			
24	Lopez Murphy, Malena	16	The Capitol Sea Devils	58.21	58.60
	27.91	58.60 (30.69)			
25	Noyes, Logan	15	Pava Panthers Swim Club	58.57	58.69
	28.35	58.69 (30.34)			
26	Thomas, Emma	15	Fairfax Foxes Swimming	55.37	58.72
	27.64	58.72 (31.08)			
27	Andresen, Claire	15	Mako Swimming	56.89	58.79
	27.82	58.79 (30.97)			
28	Campbell, Chloe	16	Arlington Aquatic Club	1:00.89	58.97
	28.36	58.97 (30.61)			
29	Winslow, Kylie	16	Mako Swimming	57.09	59.01
	28.21	59.01 (30.80)			
30	Anderson, Claire	15	Mako Swimming	56.95	59.45
	28.72	59.45 (30.73)			
31	Lee, Christina	15	Nation's Capital Swim Club	58.32	59.47
	28.06	59.47 (31.41)			
32	Burke, Caroline	16	The St. James	56.84	59.49
	28.25	59.49 (31.24)			
33	Weatherbee, Alex	16	Fairfax Foxes Swimming	57.24	59.56
	27.94	59.56 (31.62)			
34	Moore, Gilleran	15	The Capitol Sea Devils	59.71	59.90
	28.81	59.90 (31.09)			
35	Colon, Ava	16	Mako Swimming	1:00.31	59.95
	28.14	59.95 (31.81)			
36	Wahl, Lilly	15	Mako Swimming	59.17	1:00.04
	28.84	1:00.04 (31.20)			
37	Katen, Valerie	15	Nation's Capital Swim Club	1:01.16	1:00.07
	28.53	1:00.07 (31.54)			
38	Clark, Kira	17	The St. James	53.59	1:00.32
	28.46	1:00.32 (31.86)			
39	Wallinger, Ella	17	York Swim Club of Northern Vir	58.12	1:00.38
	28.94	1:00.38 (31.44)			
40	Snow, Sophie	16	Fairfax Foxes Swimming	58.04	1:00.40
	29.43	1:00.40 (30.97)			
41	Robinson, Ashley	15	Mako Swimming	58.48	1:00.63
	28.70	1:00.63 (31.93)			
42	Stevens, Audrey	16	The St. James	59.76	1:00.70
	29.33	1:00.70 (31.37)			
43	Na, Audrey	15	Nation's Capital Swim Club	1:02.50	1:00.83
	29.43	1:00.83 (31.40)			
44	McIntosh, Caeli	17	York Swim Club of Northern Vir	1:00.62	1:00.86
	29.03	1:00.86 (31.83)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 66 Girls 15-18 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
45	Nyamgarav, Nicole	16	Arlington Aquatic Club	58.99	1:01.05
	29.35	1:01.05 (31.70)			
46	Miller, Etta	15	Nation's Capital Swim Club	1:00.54	1:01.40
	29.36	1:01.40 (32.04)			
47	Czzowitz, Abby	17	Mako Swimming	58.97	1:01.53
	29.38	1:01.53 (32.15)			
48	Parisi, Mireille	15	Arlington Aquatic Club	1:00.09	1:01.55
	29.43	1:01.55 (32.12)			
49	Amatucci, Gina	17	Fairfax Foxes Swimming	59.73	1:01.64
	29.67	1:01.64 (31.97)			
50	Elster, Fiona	16	York Swim Club of Northern Vir	NT	1:01.95
	28.55	1:01.95 (33.40)			
51	Dowler, Callie	17	Arlington Aquatic Club	1:00.14	1:02.11
	29.42	1:02.11 (32.69)			
52	Hankins, Camryn	17	Jcc Swimming	59.48	1:02.73
	30.14	1:02.73 (32.59)			
53	Ladd, Ruth	16	The Capitol Sea Devils	1:01.15	1:02.77
	30.14	1:02.77 (32.63)			
54	Green, Cami	15	The Capitol Sea Devils	1:02.84	1:02.88
	30.20	1:02.88 (32.68)			
55	Bailey, Kate	15	Nation's Capital Swim Club	1:03.25	1:02.89
	30.41	1:02.89 (32.48)			
56	Povinelli, Sadie	16	The Capitol Sea Devils	1:02.97	1:02.93
	30.30	1:02.93 (32.63)			
57	Wallinger, Josie	17	York Swim Club of Northern Vir	1:02.00	1:03.73
	30.02	1:03.73 (33.71)			
58	Dixon, Lordon	16	Arlington Aquatic Club	1:03.78	1:03.88
	30.71	1:03.88 (33.17)			
59	Beltz, Kaja	16	The Capitol Sea Devils	1:02.06	1:04.57
	30.68	1:04.57 (33.89)			
60	Campet, Annabelle	15	York Swim Club of Northern Vir	1:01.97	1:05.07
	30.74	1:05.07 (34.33)			
61	Willard, Olivia	15	York Swim Club of Northern Vir	1:05.41	1:05.41
	31.79	1:05.41 (33.62)			
62	Sonn, Cami	15	Arlington Aquatic Club	1:04.96	1:05.46
	30.64	1:05.46 (34.82)			
63	DeVore, Sarah	17	York Swim Club of Northern Vir	1:09.54	1:05.58
	30.83	1:05.58 (34.75)			
64	Yurcisin, Vivi	16	The Capitol Sea Devils	1:04.34	1:05.70
	31.45	1:05.70 (34.25)			
65	Clancy, Keira	15	The Capitol Sea Devils	1:01.89	1:06.48
	31.38	1:06.48 (35.10)			
66	Benisch, Reynie	16	York Swim Club of Northern Vir	1:08.24	1:06.50
	31.13	1:06.50 (35.37)			
67	Benatti, Ella	15	Arlington Aquatic Club	1:06.14	1:07.12
	32.14	1:07.12 (34.98)			
68	Breton, Gracie	15	Arlington Aquatic Club	1:04.00	1:07.48
	31.63	1:07.48 (35.85)			
69	Kumar, Kiera	15	The Capitol Sea Devils	1:08.00	1:08.09
	32.73	1:08.09 (35.36)			
70	Kasemsuwannakaeth, Pearly	17	The Capitol Sea Devils	1:08.76	1:08.12
	32.25	1:08.12 (35.87)			
71	Choi, Isabella	15	Arlington Aquatic Club	1:05.75	1:08.37
	32.89	1:08.37 (35.48)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 66 Girls 15-18 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
72	Hillier, Lorelei	15	The Capitol Sea Devils	1:09.59	1:08.99
	33.09	1:08.99 (35.90)			
73	Veerothai, Nina	18	The Capitol Sea Devils	1:07.81	1:09.41
	33.23	1:09.41 (36.18)			
74	Walker, Kaylee	16	The Capitol Sea Devils	1:05.44	1:09.52
	32.95	1:09.52 (36.57)			
75	Hietpas, Anna	17	Fairfax Foxes Swimming	1:20.69	1:09.55
	32.63	1:09.55 (36.92)			
76	Formagus, Emma	16	The Capitol Sea Devils	1:04.41	1:10.08
	33.29	1:10.08 (36.79)			
77	Surridge, Hannah	16	Fairfax Foxes Swimming	1:10.66	1:10.37
	33.33	1:10.37 (37.04)			
78	Olson, Morgan	16	The Capitol Sea Devils	1:11.82	1:10.47
	34.21	1:10.47 (36.26)			
79	Freund, Adelei	15	The Capitol Sea Devils	1:11.14	1:11.07
	33.81	1:11.07 (37.26)			
80	Howell, Ava	15	Fairfax Foxes Swimming	1:10.36	1:11.88
	34.19	1:11.88 (37.69)			
81	Hardwick, Maggie	15	Fairfax Foxes Swimming	1:09.06	1:12.65
	34.99	1:12.65 (37.66)			
82	Edelstein, Naomi	15	The Capitol Sea Devils	1:11.32	1:13.71
	34.00	1:13.71 (39.71)			
83	Henderson, Ayden	16	The Capitol Sea Devils	1:15.27	1:15.22
	36.99	1:15.22 (38.23)			
84	Peaks, Sophia	16	York Swim Club of Northern Vir	1:21.37	1:17.33
	35.18	1:17.33 (42.15)			
85	Lewandowski, Corinne	15	The Capitol Sea Devils	1:18.28	1:19.50
	37.20	1:19.50 (42.30)			
86	Tillman, Aaliyah	15	Herndon Aquatic Club	1:30.88	1:27.69
	39.57	1:27.69 (48.12)			
---	Samsot, Alex	15	Nation's Capital Swim Club	58.44	DQ
No Show Penalty Event					

Event 67 Boys 15-18 100 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Garvin, Parris	18	Pava Panthers Swim Club	46.22	47.12
	23.16	47.12 (23.96)			
2	Thompson, Max	16	Pava Panthers Swim Club	46.31	47.15
	22.77	47.15 (24.38)			
3	Wang, Allen	17	Nation's Capital Swim Club	46.81	47.74
	23.07	47.74 (24.67)			
4	Anderson, James	17	Mako Swimming	47.78	48.05
	22.98	48.05 (25.07)			
5	Chilton, James	17	The St. James	46.85	48.44
	23.26	48.44 (25.18)			
*6	Mullen, Paul	18	Nation's Capital Swim Club	49.12	48.92
	23.84	48.92 (25.08)			
*6	Tragle, Harrison	16	Pava Panthers Swim Club	47.94	48.92
	23.30	48.92 (25.62)			
8	Bechtle, JJ	16	York Swim Club of Northern Vir	49.42	49.33
	23.31	49.33 (26.02)			
9	Manning, Jason	17	Mako Swimming	48.81	49.38
	23.77	49.38 (25.61)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 67 Boys 15-18 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
10	Ramos, Diego	16	Pava Panthers Swim Club	48.28	49.74
	23.18	49.74 (26.56)			
11	Alexander, Matthew	17	Fairfax Foxes Swimming	50.14	49.91
	24.04	49.91 (25.87)			
12	Fahle, Keaghan	17	York Swim Club of Northern Vir	50.63	49.96
	24.26	49.96 (25.70)			
13	Leather, James	17	Pava Panthers Swim Club	49.53	50.03
	23.95	50.03 (26.08)			
14	Rowan, Graham	17	York Swim Club of Northern Vir	47.53	50.09
	24.02	50.09 (26.07)			
15	McNeely, Connor	17	Mako Swimming	50.17	50.77
	24.53	50.77 (26.24)			
16	Johnson, Finn	15	The Capitol Sea Devils	50.59	50.83
	24.69	50.83 (26.14)			
17	Portner, Sully	16	Arlington Aquatic Club	51.26	50.84
	24.45	50.84 (26.39)			
18	Flickinger, Ryan	17	Pava Panthers Swim Club	51.08	50.90
	24.62	50.90 (26.28)			
19	Van Schagen, Asher	16	The Capitol Sea Devils	51.26	51.04
	24.95	51.04 (26.09)			
20	Kohn, Sean	16	Nation's Capital Swim Club	50.42	51.09
	24.43	51.09 (26.66)			
21	Barlotta, Connor	16	Nation's Capital Swim Club	50.79	51.12
	24.91	51.12 (26.21)			
22	Jurutka, Nate	16	York Swim Club of Northern Vir	51.68	51.30
	24.49	51.30 (26.81)			
23	Barlow, Quincy	16	Fairfax Foxes Swimming	51.89	51.36
	24.51	51.36 (26.85)			
24	Henry, Robert	15	York Swim Club of Northern Vir	51.85	51.58
	25.03	51.58 (26.55)			
25	Steele, Bennett	16	Pava Panthers Swim Club	51.72	51.63
	24.96	51.63 (26.67)			
26	Moore, Collin	16	Nation's Capital Swim Club	52.87	51.72
	25.11	51.72 (26.61)			
27	Wang, Kenneth	16	York Swim Club of Northern Vir	51.67	51.93
	24.44	51.93 (27.49)			
28	Arraya, Michael	17	Fairfax Foxes Swimming	54.07	52.10
	24.95	52.10 (27.15)			
29	Williams, Darius	16	Fairfax Foxes Swimming	54.00	52.16
	24.89	52.16 (27.27)			
30	Philipov, Michael	16	Nation's Capital Swim Club	53.12	52.27
	25.33	52.27 (26.94)			
31	Lindroos, Kai	17	York Swim Club of Northern Vir	50.68	52.30
	24.77	52.30 (27.53)			
32	Tan, Zachary	17	York Swim Club of Northern Vir	54.01	52.48
	25.31	52.48 (27.17)			
33	Cummins, Beckett	16	Fairfax Foxes Swimming	51.64	52.58
	25.38	52.58 (27.20)			
34	van de Graaff, Tony	16	Mako Swimming	50.10	52.99
	25.05	52.99 (27.94)			
35	Hosseini, Ayaan	17	Fairfax Foxes Swimming	53.04	53.17
	25.50	53.17 (27.67)			
36	Sheehey, Pete	16	Arlington Aquatic Club	56.47	53.28
	26.26	53.28 (27.02)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 67 Boys 15-18 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
37	Papadopoulos, Frederick	15	Arlington Aquatic Club	54.38	53.34
	25.61	53.34 (27.73)			
38	D'Ambrogi, Colton	16	The St. James	52.35	53.46
	25.57	53.46 (27.89)			
39	Budharaju, Pranav	17	York Swim Club of Northern Vir	53.66	53.70
	25.71	53.70 (27.99)			
40	Xu, Timothy	15	Herndon Aquatic Club	56.01	53.76
	25.97	53.76 (27.79)			
41	Hume, Rafi	16	The Capitol Sea Devils	51.10	53.79
	25.43	53.79 (28.36)			
42	Gibson, Charles	16	York Swim Club of Northern Vir	54.47	53.83
	25.49	53.83 (28.34)			
43	Holguin, Sinclair	16	York Swim Club of Northern Vir	53.19	54.05
	25.86	54.05 (28.19)			
44	Uzokoff, Connor	17	The St. James	52.73	54.11
	26.08	54.11 (28.03)			
45	Hansen, Ben	15	York Swim Club of Northern Vir	56.23	54.51
	25.99	54.51 (28.52)			
46	Underdown, Parks	15	York Swim Club of Northern Vir	54.86	54.62
	25.99	54.62 (28.63)			
47	Musgrove, Aidan	17	Fairfax Foxes Swimming	53.33	54.68
	26.23	54.68 (28.45)			
48	Nelson, Andrew	16	The Capitol Sea Devils	55.53	54.69
	25.69	54.69 (29.00)			
49	Rubin, Erik	15	Arlington Aquatic Club	56.67	54.73
	26.33	54.73 (28.40)			
50	Tonthat, Nathan	15	Mako Swimming	55.10	54.79
	26.16	54.79 (28.63)			
51	Alman, Matt	16	Mako Swimming	56.20	54.84
	26.57	54.84 (28.27)			
52	Smouha, Jackson	16	Nation's Capital Swim Club	56.03	54.88
	26.59	54.88 (28.29)			
53	Tidd, Eli	16	Herndon Aquatic Club	54.56	54.98
	26.15	54.98 (28.83)			
54	Caldwell, Luke	15	Fairfax Foxes Swimming	55.54	55.06
	26.03	55.06 (29.03)			
55	Lee, Nathan	17	York Swim Club of Northern Vir	53.27	55.52
	26.70	55.52 (28.82)			
56	Walther, Tyson	17	Arlington Aquatic Club	57.33	55.77
	27.04	55.77 (28.73)			
57	Heisler, Nick	16	Pava Panthers Swim Club	53.58	55.79
	26.91	55.79 (28.88)			
58	Goede, Noah	16	The St. James	55.59	55.84
	26.26	55.84 (29.58)			
59	Chiquitucto, Christian	15	The Capitol Sea Devils	55.68	56.03
	25.70	56.03 (30.33)			
60	Wright, Miles	16	Arlington Aquatic Club	57.59	56.14
	26.83	56.14 (29.31)			
61	Ali, Emaad	16	Arlington Aquatic Club	54.85	56.29
	26.85	56.29 (29.44)			
62	Frantz, Landon	17	York Swim Club of Northern Vir	53.17	56.62
	26.57	56.62 (30.05)			
63	Corbett, Quade	15	Arlington Aquatic Club	57.71	56.88
	27.42	56.88 (29.46)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 67 Boys 15-18 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
64	Giese, Tyler	15	York Swim Club of Northern Vir	57.10	56.94
	27.37	56.94 (29.57)			
65	Moh, Aaron	15	Mako Swimming	55.70	56.97
	26.92	56.97 (30.05)			
66	Jewett, Jakob	15	Fairfax Foxes Swimming	58.36	57.04
	26.61	57.04 (30.43)			
67	Huggler, Peter	16	Arlington Aquatic Club	56.84	57.27
	26.89	57.27 (30.38)			
68	Meehan, Jack	15	Fairfax Foxes Swimming	1:02.99	57.33
	27.12	57.33 (30.21)			
69	Honeysett, Seth	15	Mako Swimming	56.95	57.42
	26.87	57.42 (30.55)			
70	Frantz, Cayden	15	York Swim Club of Northern Vir	1:00.00	57.57
	27.56	57.57 (30.01)			
71	Nadeem, Faris	16	Herndon Aquatic Club	59.16	57.95
	28.28	57.95 (29.67)			
72	Kramer, Nathan	16	York Swim Club of Northern Vir	58.48	58.10
	27.74	58.10 (30.36)			
73	Rodriguez, Nicholas	17	Arlington Aquatic Club	57.33	58.25
	27.96	58.25 (30.29)			
74	Donahue, Patrick	15	Herndon Aquatic Club	58.99	58.48
	28.18	58.48 (30.30)			
75	Shrieves, Eddie	15	Fairfax Foxes Swimming	58.82	58.90
	27.81	58.90 (31.09)			
76	Creech, Brady	15	The St. James	58.34	59.11
	27.81	59.11 (31.30)			
77	Siple, Nathan	15	The Capitol Sea Devils	58.62	59.13
	28.10	59.13 (31.03)			
78	Garcia, Xavier	15	The St. James	57.91	59.25
	27.51	59.25 (31.74)			
79	Hogan, Connor	17	Arlington Aquatic Club	59.32	59.32
	28.92	59.32 (30.40)			
80	McSween, Connor	15	Fairfax Foxes Swimming	1:01.48	1:00.10
	28.58	1:00.10 (31.52)			
81	Yates, Finn	15	Herndon Aquatic Club	1:00.76	1:00.44
	28.96	1:00.44 (31.48)			
82	Kim, Brandon	15	The Fish	58.71	1:00.59
	28.47	1:00.59 (32.12)			
83	Dowla, Dhanava	15	Fairfax Foxes Swimming	59.46	1:00.61
	29.14	1:00.61 (31.47)			
84	Bunnell, Christopher	17	Herndon Aquatic Club	NT	1:00.84
	29.39	1:00.84 (31.45)			
85	Freeman, Asher	15	Jcc Swimming	1:01.51	1:00.99
	29.17	1:00.99 (31.82)			
86	Kang, HeeDoh	15	Arlington Aquatic Club	1:02.62	1:04.12
	30.81	1:04.12 (33.31)			
87	Sumner, Henry	16	Arlington Aquatic Club	1:02.52	1:05.91
88	Duong, Christian	15	The Capitol Sea Devils	1:05.41	1:08.79
	33.22	1:08.79 (35.57)			

Event 68 Girls 13-14 100 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Roth, Anna	14	Nation's Capital Swim Club	54.62	55.77
	26.55	55.77 (29.22)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 68 Girls 13-14 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
2	Carroll, Maddie	14	Mako Swimming	56.79	56.36
	27.23	56.36 (29.13)			
3	Mullen, Violet	13	Nation's Capital Swim Club	55.30	56.50
	27.27	56.50 (29.23)			
4	Walther, Rio	14	Nation's Capital Swim Club	58.75	56.64
	27.38	56.64 (29.26)			
5	Howard, Gwyn	14	Mako Swimming	56.55	56.92
	27.47	56.92 (29.45)			
6	Malm, Hannah	14	The Capitol Sea Devils	55.84	56.97
	27.65	56.97 (29.32)			
7	Haggard, Esme	14	York Swim Club of Northern Vir	55.55	57.00
	27.43	57.00 (29.57)			
8	Kriz, Alexa	14	York Swim Club of Northern Vir	57.70	57.40
	27.51	57.40 (29.89)			
9	Lopez Murphy, Emilia	14	The Capitol Sea Devils	56.86	57.46
	27.83	57.46 (29.63)			
10	Caven, Fiona	14	Mako Swimming	58.09	57.55
	27.33	57.55 (30.22)			
11	Ryan, Haley	13	York Swim Club of Northern Vir	1:01.15	58.26
	28.07	58.26 (30.19)			
12	Nogales, Allegra	14	Nation's Capital Swim Club	58.52	58.83
	28.03	58.83 (30.80)			
13	Vayra, Emilia	14	Nation's Capital Swim Club	59.81	58.85
	28.01	58.85 (30.84)			
14	Traboulsi, Sophia	14	York Swim Club of Northern Vir	58.39	59.05
	28.38	59.05 (30.67)			
15	Nicholakos, Sia	14	York Swim Club of Northern Vir	1:00.48	59.30
	27.95	59.30 (31.35)			
16	Lutz, Catalina	14	Nation's Capital Swim Club	1:01.92	59.67
	28.69	59.67 (30.98)			
17	Wood, Audrey	14	The Capitol Sea Devils	1:00.88	59.70
	28.96	59.70 (30.74)			
18	Morgan, Annabelle	14	Nation's Capital Swim Club	58.54	59.71
	28.46	59.71 (31.25)			
19	Joesten, Annika	14	Nation's Capital Swim Club	59.55	59.75
	28.86	59.75 (30.89)			
20	McEvoy, Isabel	14	The Capitol Sea Devils	1:00.49	1:00.15
	28.60	1:00.15 (31.55)			
21	Alper, Aspen	14	The Capitol Sea Devils	1:01.43	1:00.40
	29.28	1:00.40 (31.12)			
22	Collins, Brooke	14	The Fish	58.58	1:00.64
	29.17	1:00.64 (31.47)			
23	Garr, Sydney	14	Mako Swimming	1:01.23	1:01.72
	29.64	1:01.72 (32.08)			
24	Thomas, Lillie	13	Fairfax Foxes Swimming	1:00.18	1:02.00
	29.24	1:02.00 (32.76)			
25	Trimble, Grace	13	York Swim Club of Northern Vir	1:03.78	1:02.18
	29.93	1:02.18 (32.25)			
26	Scully, Lila	13	York Swim Club of Northern Vir	1:01.15	1:02.43
	28.92	1:02.43 (33.51)			
27	Meth, Sophia	13	The Capitol Sea Devils	1:01.02	1:02.44
	29.57	1:02.44 (32.87)			
28	Corbett, Kenzie	13	Arlington Aquatic Club	1:05.95	1:02.88
	30.03	1:02.88 (32.85)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 68 Girls 13-14 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
29	Gowel, Annie	14	The Capitol Sea Devils	1:03.67	1:03.16
	30.23	1:03.16 (32.93)			
30	Vasquez-Dretzka, Teresa	13	The Capitol Sea Devils	1:04.98	1:03.32
	30.73	1:03.32 (32.59)			
31	Bareis, Mary	13	York Swim Club of Northern Vir	1:04.58	1:03.56
	30.80	1:03.56 (32.76)			
32	Paisley, Sydney	13	Nation's Capital Swim Club	1:03.79	1:03.57
	29.66	1:03.57 (33.91)			
33	Klingensmith, Claire	13	The St. James	1:01.98	1:04.08
	30.64	1:04.08 (33.44)			
34	Kramer, Renee	14	York Swim Club of Northern Vir	1:07.41	1:04.27
	31.70	1:04.27 (32.57)			
35	Olsen, Evelyn	14	The Capitol Sea Devils	1:04.75	1:04.53
	31.22	1:04.53 (33.31)			
36	DeMille, Meadow	14	Mako Swimming	1:04.08	1:04.63
	31.06	1:04.63 (33.57)			
37	Bower, Brenna	13	The St. James	1:07.11	1:05.02
	32.09	1:05.02 (32.93)			
38	Marlin, Finley	13	The Capitol Sea Devils	1:06.95	1:05.39
	31.94	1:05.39 (33.45)			
39	Donnelly, Molly	13	Mako Swimming	1:05.38	1:05.42
	31.60	1:05.42 (33.82)			
40	Van Brackle, Heidi	13	Mako Swimming	1:05.47	1:05.64
	31.57	1:05.64 (34.07)			
41	Cravens, Natalie	13	York Swim Club of Northern Vir	1:05.51	1:06.06
	30.66	1:06.06 (35.40)			
42	Leger, Avery	13	The St. James	1:06.87	1:06.64
	31.56	1:06.64 (35.08)			
43	Shepherd, Adrienne	13	Fairfax Foxes Swimming	1:07.77	1:07.15
	33.10	1:07.15 (34.05)			
44	D'Ambrogi, Isabella	14	The St. James	1:08.19	1:07.25
	32.34	1:07.25 (34.91)			
45	McDonough, Simone	13	York Swim Club of Northern Vir	1:05.17	1:07.36
	32.24	1:07.36 (35.12)			
46	Vasquez, Ava	13	The Capitol Sea Devils	1:09.81	1:07.45
	31.51	1:07.45 (35.94)			
47	Gonzalez, Mia	13	Mako Swimming	1:09.26	1:07.58
	32.76	1:07.58 (34.82)			
48	Flood, Corrigan	13	The Capitol Sea Devils	1:08.23	1:07.66
	32.43	1:07.66 (35.23)			
49	Rutherford, Sophie	14	The Capitol Sea Devils	1:17.79	1:07.91
	32.21	1:07.91 (35.70)			
50	Greilsheimer, Lilly	14	The Capitol Sea Devils	1:09.48	1:08.02
	32.39	1:08.02 (35.63)			
51	Ali-Minayar, Ava	14	The St. James	1:11.18	1:08.06
	33.08	1:08.06 (34.98)			
52	Tickle, Kelly	13	Fairfax Foxes Swimming	1:09.52	1:08.58
	32.88	1:08.58 (35.70)			
53	Zhang, Anya	13	York Swim Club of Northern Vir	1:36.76	1:08.98
	32.62	1:08.98 (36.36)			
54	O'Reilly, Elliott	13	York Swim Club of Northern Vir	1:11.35	1:09.47
	32.83	1:09.47 (36.64)			
55	Zang, Mia	13	The Fish	1:16.50	1:09.53
	32.74	1:09.53 (36.79)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 68 Girls 13-14 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
56	Henry, Lara	13	York Swim Club of Northern Vir	1:09.21	1:09.61
	33.27	1:09.61 (36.34)			
57	Mack, Quincy	13	Fairfax Foxes Swimming	NT	1:09.86
	33.01	1:09.86 (36.85)			
58	Saputo, Veena	13	The Capitol Sea Devils	1:15.07	1:10.35
	34.43	1:10.35 (35.92)			
59	Hong, Eilis	13	The Capitol Sea Devils	1:11.05	1:10.57
	32.87	1:10.57 (37.70)			
60	LaMonica, Eloise	13	York Swim Club of Northern Vir	1:10.42	1:11.32
	33.69	1:11.32 (37.63)			
61	Gordon, Shelby	13	The Capitol Sea Devils	1:13.64	1:12.02
	35.09	1:12.02 (36.93)			
62	Ortiz, Ellie	14	York Swim Club of Northern Vir	1:17.31	1:12.21
	33.90	1:12.21 (38.31)			
63	Vigneault, Emmy	13	The Capitol Sea Devils	1:12.94	1:12.64
	34.43	1:12.64 (38.21)			
64	Zayas, Leandra	14	Jcc Swimming	1:08.17	1:12.67
	33.32	1:12.67 (39.35)			
65	Cypes, Riley	14	The Capitol Sea Devils	1:11.60	1:12.70
	34.22	1:12.70 (38.48)			
66	Burks, Paige	14	Fairfax Foxes Swimming	1:12.84	1:13.15
	34.59	1:13.15 (38.56)			
67	Smith, Cristina	14	Fairfax Foxes Swimming	1:12.34	1:13.18
	33.72	1:13.18 (39.46)			
68	Byers, Bryn	13	Mako Swimming	1:14.52	1:13.74
	35.70	1:13.74 (38.04)			
69	Caraway, Summer	13	Herndon Aquatic Club	1:14.79	1:13.84
	34.77	1:13.84 (39.07)			
70	Benjamin, Ella	14	The Capitol Sea Devils	1:17.76	1:14.14
	34.72	1:14.14 (39.42)			
71	Levine, Lila	13	The Capitol Sea Devils	1:15.03	1:15.05
	34.60	1:15.05 (40.45)			
72	Beland, Madeleine	13	The Capitol Sea Devils	NT	1:15.73
	36.21	1:15.73 (39.52)			
73	Nossal, Emily	14	Herndon Aquatic Club	1:25.90	1:19.53
	35.84	1:19.53 (43.69)			
74	Coogan, Mary	13	York Swim Club of Northern Vir	1:21.08	1:20.60
	37.41	1:20.60 (43.19)			
75	Yuan, Aimee	13	The Fish	1:17.87	1:21.18
	36.72	1:21.18 (44.46)			
76	Schenker, Katie	13	The Capitol Sea Devils	1:21.03	1:21.60
	37.62	1:21.60 (43.98)			
77	Bundy, Addie	14	Jcc Swimming	1:24.17	1:22.72
	38.56	1:22.72 (44.16)			
78	Wesolowski, Colette	13	The Capitol Sea Devils	1:26.83	1:25.34
	40.63	1:25.34 (44.71)			
79	Nossal, Natalie	14	Herndon Aquatic Club	1:34.43	1:31.44
	42.57	1:31.44 (48.87)			
80	Smith, Sade	13	York Swim Club of Northern Vir	NT	1:31.48
	41.42	1:31.48 (50.06)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 69 Boys 13-14 100 Yard Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Kim, Darren	14	Mako Swimming	51.05	50.33
	23.93	50.33 (26.40)			
2	Scott, Liam	14	Nation's Capital Swim Club	52.10	51.62
	24.68	51.62 (26.94)			
3	Clark, Logan	14	The St. James	53.12	52.76
	25.18	52.76 (27.58)			
4	Gilliland, Patrick	14	York Swim Club of Northern Vir	54.98	53.24
	25.87	53.24 (27.37)			
5	Phillips, Logan	14	Nation's Capital Swim Club	56.38	54.36
	26.16	54.36 (28.20)			
6	Sorden, Connor	13	Mako Swimming	54.41	54.67
	25.63	54.67 (29.04)			
7	Cotter, Everett	14	Mako Swimming	55.97	54.92
	26.45	54.92 (28.47)			
8	Barry, Declan	14	Mako Swimming	57.48	55.09
	26.42	55.09 (28.67)			
9	Kumbang, Yusuf	14	Fairfax Foxes Swimming	59.40	55.13
	26.59	55.13 (28.54)			
10	Bussey, Joseph	13	The Capitol Sea Devils	57.87	55.38
	26.60	55.38 (28.78)			
11	Gori, Theo	14	York Swim Club of Northern Vir	56.67	55.72
	26.42	55.72 (29.30)			
12	Kelly, Joseph	14	York Swim Club of Northern Vir	56.71	55.88
	26.78	55.88 (29.10)			
13	Penwell, Lawrence	13	Mako Swimming	56.65	56.30
	26.90	56.30 (29.40)			
14	Cory, Maddox	13	Nation's Capital Swim Club	55.96	56.31
	26.56	56.31 (29.75)			
15	Pizzamiglio, Alex	13	The Fish	56.31	56.49
	26.80	56.49 (29.69)			
*16	McCall, Billy	13	York Swim Club of Northern Vir	57.59	56.52
	26.98	56.52 (29.54)			
*16	Rattenbury, Torin	13	Nation's Capital Swim Club	57.51	56.52
	26.82	56.52 (29.70)			
18	Price, August	13	The Fish	59.22	56.64
	27.70	56.64 (28.94)			
19	Hill, Owen	14	The Fish	58.66	56.70
	27.06	56.70 (29.64)			
20	Penwell, William	13	Mako Swimming	57.49	56.95
	27.71	56.95 (29.24)			
21	Whritenour, Pax	14	Mako Swimming	58.62	56.97
	27.16	56.97 (29.81)			
22	Martinez, Victor	14	Nation's Capital Swim Club	56.55	57.17
	27.71	57.17 (29.46)			
23	Dean, Boone	14	Mako Swimming	57.07	57.48
	27.54	57.48 (29.94)			
24	Sayasithsena, Vincent	14	Mako Swimming	58.64	57.52
	27.46	57.52 (30.06)			
25	Nielsen, Grant	14	Nation's Capital Swim Club	57.76	57.69
	27.17	57.69 (30.52)			
26	Suggs, Dylan	13	The Capitol Sea Devils	59.96	57.72
	27.65	57.72 (30.07)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 69 Boys 13-14 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
27	Brinkerhoff-Molluzzo, Costas	14	The Capitol Sea Devils	59.55	57.78
	27.64	57.78 (30.14)			
28	Alhambra, Kendal	14	Herndon Aquatic Club	1:00.52	57.88
	27.59	57.88 (30.29)			
29	Fortune, Sam	14	Mako Swimming	59.27	58.13
	27.85	58.13 (30.28)			
30	Fukui, Taka	14	Jcc Swimming	57.61	58.33
	27.05	58.33 (31.28)			
31	Maier, Jack	13	Mako Swimming	1:00.57	58.51
	28.37	58.51 (30.14)			
32	Hiscock, Will	13	The Capitol Sea Devils	59.73	58.73
	27.80	58.73 (30.93)			
33	Coleman, Will	13	Nation's Capital Swim Club	58.85	58.78
	28.34	58.78 (30.44)			
34	Abel, Oly	14	The Fish	1:01.52	59.03
	27.93	59.03 (31.10)			
35	Chan, Jaxon	13	Mako Swimming	1:00.10	59.08
	28.62	59.08 (30.46)			
36	Heeb, Gavin	13	Nation's Capital Swim Club	1:02.37	59.17
	27.94	59.17 (31.23)			
37	Hein, Logan	14	Mako Swimming	58.53	59.31
	28.28	59.31 (31.03)			
*38	Latcovich, Jack	13	The Capitol Sea Devils	59.98	59.41
	28.11	59.41 (31.30)			
*38	Ledford, Miles	13	Arlington Aquatic Club	59.55	59.41
	28.07	59.41 (31.34)			
40	Tolar, Oliver	13	Nation's Capital Swim Club	1:00.69	59.51
	28.15	59.51 (31.36)			
41	Alman, Judah	14	Mako Swimming	59.36	59.58
	28.07	59.58 (31.51)			
42	Lee, Jayden	14	York Swim Club of Northern Vir	58.58	59.71
	28.73	59.71 (30.98)			
43	Alman, Caleb	14	Mako Swimming	1:01.52	1:00.29
	28.48	1:00.29 (31.81)			
44	Asambiani, Artur	13	Fairfax Foxes Swimming	1:01.42	1:00.37
	27.98	1:00.37 (32.39)			
45	Kim, Christian	13	The Fish	1:01.89	1:00.38
	28.69	1:00.38 (31.69)			
46	King, Andrew	13	Mako Swimming	1:02.71	1:00.53
	29.00	1:00.53 (31.53)			
47	Versaggi, Ryan	13	York Swim Club of Northern Vir	58.27	1:00.54
	28.69	1:00.54 (31.85)			
48	Dowla, Dheva	13	Fairfax Foxes Swimming	1:02.64	1:00.60
	29.01	1:00.60 (31.59)			
49	Jedrzejewski, Julian	13	Fairfax Foxes Swimming	1:04.07	1:00.63
	29.55	1:00.63 (31.08)			
50	Maloney, Max	13	The Capitol Sea Devils	NT	1:00.69
	30.78	1:00.69 (29.91)			
51	Stephens, Sammy	13	Fairfax Foxes Swimming	1:00.28	1:00.73
	28.84	1:00.73 (31.89)			
52	Toomey, Kyle	13	Herndon Aquatic Club	1:00.71	1:00.90
	28.91	1:00.90 (31.99)			
53	Banh, Sean	13	The St. James	1:04.37	1:01.06
	28.78	1:01.06 (32.28)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 69 Boys 13-14 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
54	Thayer, Henry	13	Arlington Aquatic Club	1:04.70	1:01.19
	29.03	1:01.19 (32.16)			
55	Rosenthal, Parker	13	The Capitol Sea Devils	1:01.87	1:01.62
	29.57	1:01.62 (32.05)			
56	Linker, Owen	14	The Capitol Sea Devils	1:01.41	1:01.67
	29.82	1:01.67 (31.85)			
57	Morais, Vincent	14	Herndon Aquatic Club	1:01.95	1:01.88
	29.71	1:01.88 (32.17)			
58	Granius, Aden	13	Fairfax Foxes Swimming	1:05.64	1:02.58
	29.86	1:02.58 (32.72)			
59	Schneider, Teague	13	The St. James	1:19.58	1:03.23
	29.63	1:03.23 (33.60)			
60	McGee, Ryan	13	York Swim Club of Northern Vir	59.98	1:03.42
	29.82	1:03.42 (33.60)			
61	Simpson, Ollie	14	The Capitol Sea Devils	1:05.30	1:03.88
	30.57	1:03.88 (33.31)			
62	Greene, Phillip	13	Mako Swimming	1:04.56	1:03.91
	30.29	1:03.91 (33.62)			
63	Prayoono, Ian	13	Pava Panthers Swim Club	1:03.26	1:04.29
	30.62	1:04.29 (33.67)			
64	Wright, Emmett	13	Fairfax Foxes Swimming	1:08.63	1:04.52
	30.32	1:04.52 (34.20)			
65	Rochberg, Nico	13	The Capitol Sea Devils	1:04.25	1:05.19
	30.00	1:05.19 (35.19)			
66	Christen, Aiden	14	Herndon Aquatic Club	1:08.12	1:06.41
	30.45	1:06.41 (35.96)			
67	Ekingen, Atlas	13	Fairfax Foxes Swimming	NT	1:06.55
	32.04	1:06.55 (34.51)			
68	Levine, Seth	14	The Capitol Sea Devils	1:11.36	1:06.81
	30.90	1:06.81 (35.91)			
69	Bolden, Matthew	13	Nation's Capital Swim Club	1:10.14	1:06.83
	29.95	1:06.83 (36.88)			
70	Abella, Zayden	13	Herndon Aquatic Club	1:17.78	1:07.19
	30.46	1:07.19 (36.73)			
71	Farahi, Peyton	13	Fairfax Foxes Swimming	1:09.83	1:07.45
	32.25	1:07.45 (35.20)			
72	Schneidau, Dylan	13	The Capitol Sea Devils	1:07.90	1:07.95
	32.54	1:07.95 (35.41)			
73	Myers, Samson	13	York Swim Club of Northern Vir	1:22.57	1:08.53
	32.99	1:08.53 (35.54)			
74	Bloss, Nathan	13	Arlington Aquatic Club	1:09.06	1:09.33
	32.07	1:09.33 (37.26)			
75	Kim, Everett	13	York Swim Club of Northern Vir	NT	1:09.84
	32.41	1:09.84 (37.43)			
76	Whittemore, Nathan	13	The Fish	1:22.68	1:09.96
	31.77	1:09.96 (38.19)			
77	Vasasali, Krishna	13	Herndon Aquatic Club	1:23.23	1:10.14
	33.71	1:10.14 (36.43)			
78	Malm, Nathaniel	13	The Capitol Sea Devils	1:10.54	1:10.48
79	Hawksworth, Andrew	14	The Capitol Sea Devils	1:14.35	1:11.73
	33.96	1:11.73 (37.77)			
80	Wadas, Jake	13	Fairfax Foxes Swimming	1:19.77	1:11.97
	33.40	1:11.97 (38.57)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 69 Boys 13-14 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
81	Warin, Garrett	13	Nation's Capital Swim Club	1:22.03	1:12.71
	34.23	1:12.71 (38.48)			
82	Buise, Riley	14	Jcc Swimming	1:15.87	1:13.01
	34.24	1:13.01 (38.77)			
83	Wuchenich, Benjamin	13	The Capitol Sea Devils	1:13.43	1:13.11
	35.48	1:13.11 (37.63)			
84	Gordon, Henry	13	Nation's Capital Swim Club	1:14.03	1:13.70
	34.53	1:13.70 (39.17)			
85	Gala, Nihaar	13	Herndon Aquatic Club	1:19.56	1:14.16
	32.56	1:14.16 (41.60)			
86	Bernasconi, Robert	13	Herndon Aquatic Club	1:13.63	1:16.27
	35.10	1:16.27 (41.17)			
87	Combs, Kana	13	The Capitol Sea Devils	NT	1:16.76
	35.97	1:16.76 (40.79)			
88	Giras, Cooper	13	The Fish	1:16.36	1:17.13
	35.25	1:17.13 (41.88)			
89	Green, Leo	13	The Capitol Sea Devils	1:17.57	1:17.41
	35.56	1:17.41 (41.85)			
90	Bushati, Alfred	13	The Capitol Sea Devils	NT	1:20.14
	36.97	1:20.14 (43.17)			

Event 70 Girls 15-18 200 Yard Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Loftis, Ella	16	Nation's Capital Swim Club	2:21.35	2:08.75
	28.22	59.90 (31.68)	1:33.94 (34.04)	2:08.75 (34.81)	
2	Friess, Caroline	17	Pava Panthers Swim Club	2:10.18	2:10.20
	28.99	1:02.27 (33.28)	1:36.48 (34.21)	2:10.20 (33.72)	
3	Gramlich, Hazel	15	York Swim Club of Northern Vir	2:15.45	2:18.49
	30.38	1:05.20 (34.82)	1:42.16 (36.96)	2:18.49 (36.33)	
4	De, Lara	17	Nation's Capital Swim Club	2:22.74	2:23.28
	33.97	1:11.08 (37.11)	1:47.63 (36.55)	2:23.28 (35.65)	
5	Waller, Elli	15	The Fish	2:19.30	2:24.22
	31.74	1:08.16 (36.42)	1:46.18 (38.02)	2:24.22 (38.04)	
6	Barker, Lilly	17	York Swim Club of Northern Vir	2:27.57	2:24.85
	30.49	1:06.03 (35.54)	1:44.94 (38.91)	2:24.85 (39.91)	
7	Winslow, Kylie	16	Mako Swimming	2:27.29	2:25.62
	31.39	1:07.34 (35.95)	1:45.92 (38.58)	2:25.62 (39.70)	
8	Beggan, Berkleigh	16	Pava Panthers Swim Club	2:29.32	2:28.74
	30.78	1:06.87 (36.09)	1:46.83 (39.96)	2:28.74 (41.91)	
9	Lopez Murphy, Malena	16	The Capitol Sea Devils	2:30.83	2:31.63
	33.14	1:12.30 (39.16)	1:52.82 (40.52)	2:31.63 (38.81)	
10	Gharakhanian, Audrey	16	York Swim Club of Northern Vir	2:30.14	2:39.89
	34.35	1:14.76 (40.41)	1:56.99 (42.23)	2:39.89 (42.90)	
11	Clark, Kira	17	The St. James	2:59.25	2:45.80
	32.70	1:11.80 (39.10)	1:56.78 (44.98)	2:45.80 (49.02)	
12	McDonough, Sasha	16	York Swim Club of Northern Vir	2:44.44	2:48.43
	34.84	1:15.91 (41.07)	2:01.17 (45.26)	2:48.43 (47.26)	
13	Freund, Adelei	15	The Capitol Sea Devils	NT	3:33.10
	37.86	1:28.64 (50.78)	2:29.05 (1:00.41)	3:33.10 (1:04.05)	
---	Cory, McKenzie	15	Nation's Capital Swim Club	2:16.44	DQ
	No Show Penalty Event				

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 71 Boys 15-18 200 Yard Butterfly**

	Name	Age	Team	Seed Time	Finals Time
1	Haggard, Bruno	17	York Swim Club of Northern Vir	1:48.77	1:54.73
	25.82	55.81 (29.99)	1:25.47 (29.66)	1:54.73 (29.26)	
2	Zenyuh, Quinn	15	Pava Panthers Swim Club	1:57.10	1:56.22
	25.86	54.95 (29.09)	1:25.08 (30.13)	1:56.22 (31.14)	
3	Thompson, Max	16	Pava Panthers Swim Club	1:51.41	1:58.15
	26.37	56.21 (29.84)	1:26.83 (30.62)	1:58.15 (31.32)	
4	Cantrell, William	17	Nation's Capital Swim Club	2:00.04	2:00.60
	26.55	56.99 (30.44)	1:28.68 (31.69)	2:00.60 (31.92)	
5	Van Schagen, Asher	16	The Capitol Sea Devils	2:07.26	2:06.36
	27.27	58.14 (30.87)	1:31.02 (32.88)	2:06.36 (35.34)	
6	Fahle, Keaghan	17	York Swim Club of Northern Vir	2:35.65	2:07.93
	28.20	1:01.94 (33.74)	1:35.30 (33.36)	2:07.93 (32.63)	
7	Rogers, Zane	17	Nation's Capital Swim Club	NT	2:09.62
	27.29	59.67 (32.38)	1:34.39 (34.72)	2:09.62 (35.23)	
8	Hossein, Ayaan	17	Fairfax Foxes Swimming	2:11.30	2:11.36
	28.07	1:01.22 (33.15)	1:35.50 (34.28)	2:11.36 (35.86)	
9	Henry, Robert	15	York Swim Club of Northern Vir	2:15.98	2:13.64
	30.00	1:03.53 (33.53)	1:38.96 (35.43)	2:13.64 (34.68)	
10	Cramer, Aaron	17	Nation's Capital Swim Club	NT	2:22.95
	29.21	1:04.57 (35.36)	1:44.02 (39.45)	2:22.95 (38.93)	
11	Jedrzejewski, Aleks	15	Fairfax Foxes Swimming	2:25.36	2:26.29
	31.11	1:07.50 (36.39)	1:47.23 (39.73)	2:26.29 (39.06)	
12	Tidd, Eli	16	Herndon Aquatic Club	2:31.66	2:27.33
	32.30	1:09.12 (36.82)	1:47.48 (38.36)	2:27.33 (39.85)	
13	Freeman, Asher	15	Jcc Swimming	3:14.21	2:46.11
	33.85	1:14.32 (40.47)	2:00.06 (45.74)	2:46.11 (46.05)	

Event 72 Girls 13-14 200 Yard Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Busen, McKinley	14	Nation's Capital Swim Club	2:09.84	2:12.15
	30.16	1:03.82 (33.66)	1:37.85 (34.03)	2:12.15 (34.30)	
2	Roth, Laura	14	Nation's Capital Swim Club	2:17.02	2:14.09
	31.89	1:05.53 (33.64)	1:39.94 (34.41)	2:14.09 (34.15)	
3	Steiner, Lilly	14	The Capitol Sea Devils	2:22.57	2:18.90
	29.74	1:04.70 (34.96)	1:42.33 (37.63)	2:18.90 (36.57)	
4	Mullen, Violet	13	Nation's Capital Swim Club	2:16.43	2:23.80
	31.33	1:07.68 (36.35)	1:45.80 (38.12)	2:23.80 (38.00)	
5	Lopez Murphy, Emilia	14	The Capitol Sea Devils	2:23.80	2:24.45
	31.19	1:07.49 (36.30)	1:45.44 (37.95)	2:24.45 (39.01)	
6	Roth, Mei Mei	14	Unattached	2:42.60	2:25.67
	32.30	1:10.13 (37.83)	1:48.68 (38.55)	2:25.67 (36.99)	
7	Bareis, Mary	13	York Swim Club of Northern Vir	2:34.90	2:30.22
	32.82	1:10.31 (37.49)	1:49.81 (39.50)	2:30.22 (40.41)	
8	Kim, Gina	13	Mako Swimming	2:53.13	2:43.48
	34.79	1:15.75 (40.96)	2:00.37 (44.62)	2:43.48 (43.11)	
9	Willie, Skyler	13	Mako Swimming	2:52.25	2:44.54
	35.38	1:17.65 (42.27)	2:02.06 (44.41)	2:44.54 (42.48)	
10	Springer, Summer	13	Nation's Capital Swim Club	NT	2:46.42
	35.27	1:15.28 (40.01)	2:00.53 (45.25)	2:46.42 (45.89)	
11	Feeley, Elle	13	York Swim Club of Northern Vir	NT	2:46.49
	36.84	1:19.35 (42.51)	2:02.38 (43.03)	2:46.49 (44.11)	
12	Rutherford, Sophie	14	The Capitol Sea Devils	NT	3:03.38
	37.45	1:22.64 (45.19)	2:14.04 (51.40)	3:03.38 (49.34)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 72 Girls 13-14 200 Yard Butterfly)**

	Name	Age	Team	Seed Time	Finals Time
13	Wiley-Jimenez, Ari	13	The Fish	3:15.32	3:05.82
	40.06	1:28.04 (47.98)	2:18.58 (50.54)	3:05.82 (47.24)	
---	Bundy, Addie	14	Jcc Swimming	NT	DQ
	Alternating Kick				
	49.33	1:45.60 (56.27)	2:48.75 (1:03.15)	DQ (1:07.91)	

Event 73 Boys 13-14 200 Yard Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Maher, Manu	14	Nation's Capital Swim Club	2:02.16	1:58.18
	25.63	56.62 (30.99)	1:27.81 (31.19)	1:58.18 (30.37)	
2	Xing, Aspen	13	The Fish	2:29.90	2:29.95
	32.39	1:10.13 (37.74)	1:49.63 (39.50)	2:29.95 (40.32)	
3	McCall, Billy	13	York Swim Club of Northern Vir	2:48.63	2:31.92
	32.44	1:10.33 (37.89)	1:52.76 (42.43)	2:31.92 (39.16)	
4	Asambiani, Artur	13	Fairfax Foxes Swimming	2:51.01	2:33.42
	32.21	1:11.13 (38.92)	1:52.41 (41.28)	2:33.42 (41.01)	
5	Russell, Wyatt	14	Nation's Capital Swim Club	NT	2:35.54
	30.48	1:10.37 (39.89)	1:52.40 (42.03)	2:35.54 (43.14)	
6	Sumner, George	14	Arlington Aquatic Club	2:30.49	2:39.35
	32.39	1:12.40 (40.01)	1:55.79 (43.39)	2:39.35 (43.56)	
7	Pizzamiglio, Alex	13	The Fish	NT	2:43.55
	35.00	1:15.30 (40.30)	1:59.23 (43.93)	2:43.55 (44.32)	
8	Feeley, Finn	13	York Swim Club of Northern Vir	NT	2:46.77
	33.83	1:16.25 (42.42)	2:01.01 (44.76)	2:46.77 (45.76)	
9	Gonzalez, Vikas	13	Arlington Aquatic Club	2:51.69	2:48.17
	35.20	1:19.37 (44.17)	2:04.75 (45.38)	2:48.17 (43.42)	
10	Versaggi, Ryan	13	York Swim Club of Northern Vir	3:12.71	2:49.98
	36.81	1:21.71 (44.90)	2:09.13 (47.42)	2:49.98 (40.85)	
11	Brinkerhoff-Molluzzo, Costas	14	The Capitol Sea Devils	NT	3:00.92
	39.07	1:26.75 (47.68)	2:16.27 (49.52)	3:00.92 (44.65)	
12	Whittemore, Nathan	13	The Fish	NT	3:05.32
	39.36	1:24.98 (45.62)	2:15.10 (50.12)	3:05.32 (50.22)	
13	Alman, Caleb	14	Mako Swimming	NT	3:15.18
	38.44	1:26.50 (48.06)	2:21.19 (54.69)	3:15.18 (53.99)	

Event 74 Girls 15-18 100 Yard Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Rowan, Elliott	15	York Swim Club of Northern Vir	57.63	58.52
	28.18	58.52 (30.34)			
2	Roche, Madeline	16	Nation's Capital Swim Club	58.07	58.65
	28.75	58.65 (29.90)			
3	Na, Audrey	15	Nation's Capital Swim Club	1:04.29	1:03.50
	30.28	1:03.50 (33.22)			
4	Weldon, Courtney	17	York Swim Club of Northern Vir	1:03.06	1:03.81
	30.62	1:03.81 (33.19)			
5	Lee, Christina	15	Nation's Capital Swim Club	1:03.88	1:03.91
	31.02	1:03.91 (32.89)			
6	Hispiche, Claire	16	York Swim Club of Northern Vir	1:03.15	1:04.45
	31.66	1:04.45 (32.79)			
7	Barker, Lilly	17	York Swim Club of Northern Vir	1:03.14	1:04.54
	31.33	1:04.54 (33.21)			
8	Noyes, Logan	15	Pava Panthers Swim Club	1:04.75	1:04.60
	31.36	1:04.60 (33.24)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 74 Girls 15-18 100 Yard Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
9	Cline, Hanna	17	York Swim Club of Northern Vir	1:03.10	1:05.12
	31.83	1:05.12 (33.29)			
10	Prudius, Laura	16	York Swim Club of Northern Vir	1:05.74	1:05.39
	31.62	1:05.39 (33.77)			
11	Young, Amelia	15	Arlington Aquatic Club	1:05.74	1:05.49
	32.40	1:05.49 (33.09)			
12	Stegmaier, Shannon	15	Mako Swimming	1:04.43	1:05.61
	31.77	1:05.61 (33.84)			
13	Madison, Leah	16	Fairfax Foxes Swimming	1:08.08	1:05.74
	32.08	1:05.74 (33.66)			
14	Murphy, Caitlyn	16	Mako Swimming	1:04.05	1:06.32
	32.51	1:06.32 (33.81)			
15	Campbell, Chloe	16	Arlington Aquatic Club	1:08.68	1:06.52
	32.26	1:06.52 (34.26)			
*16	Feinberg, Mad	17	Fairfax Foxes Swimming	1:02.77	1:06.87
	33.06	1:06.87 (33.81)			
*16	Hankins, Camryn	17	Jcc Swimming	1:04.26	1:06.87
	32.33	1:06.87 (34.54)			
18	Thomas, Emma	15	Fairfax Foxes Swimming	1:02.16	1:07.25
	32.69	1:07.25 (34.56)			
19	Fulton, Evelyn	16	The Capitol Sea Devils	1:09.16	1:07.48
	33.14	1:07.48 (34.34)			
20	Miller, Etta	15	Nation's Capital Swim Club	1:05.57	1:07.60
	32.87	1:07.60 (34.73)			
21	Bailey, Kate	15	Nation's Capital Swim Club	1:10.82	1:08.11
	33.54	1:08.11 (34.57)			
22	Czzowitz, Abby	17	Mako Swimming	1:06.13	1:08.16
	33.20	1:08.16 (34.96)			
23	Stevens, Audrey	16	The St. James	1:09.28	1:08.23
	32.92	1:08.23 (35.31)			
24	Snow, Sophie	16	Fairfax Foxes Swimming	1:09.34	1:08.49
	33.45	1:08.49 (35.04)			
25	Dowler, Callie	17	Arlington Aquatic Club	1:08.76	1:08.76
	33.37	1:08.76 (35.39)			
26	Green, Cami	15	The Capitol Sea Devils	1:08.48	1:09.10
	33.54	1:09.10 (35.56)			
27	Burke, Caroline	16	The St. James	1:08.63	1:09.33
	33.49	1:09.33 (35.84)			
28	Wallerger, Ella	17	York Swim Club of Northern Vir	1:03.32	1:09.37
	34.49	1:09.37 (34.88)			
29	Colon, Ava	16	Mako Swimming	1:11.11	1:09.67
	33.25	1:09.67 (36.42)			
30	Eden, Sophia	16	The St. James	1:05.20	1:09.83
	34.78	1:09.83 (35.05)			
31	Le Sage, Charlotte	15	The Capitol Sea Devils	1:13.48	1:10.02
	34.73	1:10.02 (35.29)			
32	Wahl, Lilly	15	Mako Swimming	1:06.82	1:10.10
	33.89	1:10.10 (36.21)			
33	Parisi, Mireille	15	Arlington Aquatic Club	1:07.05	1:10.12
	33.60	1:10.12 (36.52)			
34	Elster, Fiona	16	York Swim Club of Northern Vir	NT	1:10.97
	34.19	1:10.97 (36.78)			
35	Anderson, Claire	15	Mako Swimming	1:07.73	1:11.20
	34.24	1:11.20 (36.96)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 74 Girls 15-18 100 Yard Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
36	Wallinger, Josie	17	York Swim Club of Northern Vir	1:09.06	1:12.12
	35.13	1:12.12 (36.99)			
37	Weatherbee, Alex	16	Fairfax Foxes Swimming	1:10.35	1:12.18
	34.56	1:12.18 (37.62)			
38	Povinelli, Sadie	16	The Capitol Sea Devils	1:11.57	1:12.23
	35.19	1:12.23 (37.04)			
39	Dixon, Lordon	16	Arlington Aquatic Club	1:11.84	1:12.65
	35.10	1:12.65 (37.55)			
40	Moore, Gilleran	15	The Capitol Sea Devils	1:13.86	1:12.99
	34.98	1:12.99 (38.01)			
41	McIntosh, Caeli	17	York Swim Club of Northern Vir	1:13.85	1:13.00
	34.91	1:13.00 (38.09)			
42	Shields, Kate	15	York Swim Club of Northern Vir	1:12.04	1:13.20
	34.60	1:13.20 (38.60)			
43	Beltz, Kaja	16	The Capitol Sea Devils	1:09.54	1:13.37
	35.83	1:13.37 (37.54)			
44	Clancy, Keira	15	The Capitol Sea Devils	1:12.82	1:14.37
	36.57	1:14.37 (37.80)			
45	Sonn, Cami	15	Arlington Aquatic Club	1:15.08	1:14.40
	36.70	1:14.40 (37.70)			
46	DeVore, Sarah	17	York Swim Club of Northern Vir	1:15.69	1:14.95
	35.39	1:14.95 (39.56)			
47	Walker, Kaylee	16	The Capitol Sea Devils	1:15.79	1:16.19
	36.49	1:16.19 (39.70)			
48	Katen, Valerie	15	Nation's Capital Swim Club	1:16.75	1:16.67
	37.25	1:16.67 (39.42)			
49	Veerothai, Nina	18	The Capitol Sea Devils	1:17.90	1:18.80
	37.39	1:18.80 (41.41)			
50	Formagus, Emma	16	The Capitol Sea Devils	1:11.95	1:19.36
	37.91	1:19.36 (41.45)			
51	Benatti, Ella	15	Arlington Aquatic Club	1:14.99	1:19.42
	38.29	1:19.42 (41.13)			
52	Surridge, Hannah	16	Fairfax Foxes Swimming	1:19.03	1:19.44
	37.94	1:19.44 (41.50)			
53	Kasemsuwannakaeth, Pearly	17	The Capitol Sea Devils	NT	1:19.62
	37.98	1:19.62 (41.64)			
54	Hillier, Lorelei	15	The Capitol Sea Devils	1:19.21	1:19.87
55	Campet, Annabelle	15	York Swim Club of Northern Vir	1:20.74	1:20.16
	38.52	1:20.16 (41.64)			
56	Hardwick, Maggie	15	Fairfax Foxes Swimming	1:20.18	1:20.40
	39.83	1:20.40 (40.57)			
57	Howell, Ava	15	Fairfax Foxes Swimming	1:23.17	1:20.78
	38.84	1:20.78 (41.94)			
58	Hietpas, Anna	17	Fairfax Foxes Swimming	1:23.61	1:20.82
	38.71	1:20.82 (42.11)			
59	Benisch, Reynie	16	York Swim Club of Northern Vir	1:18.46	1:21.43
	38.02	1:21.43 (43.41)			
60	Yurcisin, Vivi	16	The Capitol Sea Devils	1:24.04	1:22.05
	39.97	1:22.05 (42.08)			
61	Olson, Morgan	16	The Capitol Sea Devils	1:27.54	1:24.98
	42.04	1:24.98 (42.94)			
62	Edelstein, Naomi	15	The Capitol Sea Devils	1:29.61	1:25.12
	40.58	1:25.12 (44.54)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 74 Girls 15-18 100 Yard Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
63	Lewandowski, Corinne	15	The Capitol Sea Devils	1:29.39	1:32.33
	44.73	1:32.33 (47.60)			
64	Peaks, Sophia	16	York Swim Club of Northern Vir	NT	1:33.52
	45.27	1:33.52 (48.25)			
65	Tillman, Aaliyah	15	Herndon Aquatic Club	1:39.57	1:45.06
---	Henderson, Ayden	16	The Capitol Sea Devils	1:24.99	DQ
	Delay initiating arm pull at turn				
	42.05	DQ (47.61)			

Event 75 Boys 15-18 100 Yard Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Campet, Luke	17	York Swim Club of Northern Vir	55.16	53.86
	25.76	53.86 (28.10)			
2	Rowan, Graham	17	York Swim Club of Northern Vir	51.49	55.06
	26.54	55.06 (28.52)			
3	Arraya, Michael	17	Fairfax Foxes Swimming	56.31	55.53
	27.08	55.53 (28.45)			
4	Flickinger, Ryan	17	Pava Panthers Swim Club	56.64	55.83
	27.16	55.83 (28.67)			
5	Chilton, James	17	The St. James	53.74	55.99
	26.70	55.99 (29.29)			
6	Smith, Marcos	16	Fairfax Foxes Swimming	54.55	56.67
	27.76	56.67 (28.91)			
7	Tragle, Harrison	16	Pava Panthers Swim Club	57.89	57.41
	28.39	57.41 (29.02)			
8	Anderson, James	17	Mako Swimming	54.75	57.57
	28.10	57.57 (29.47)			
9	Johnson, Finn	15	The Capitol Sea Devils	55.58	57.86
	27.58	57.86 (30.28)			
10	Budharaju, Pranav	17	York Swim Club of Northern Vir	56.01	58.09
	27.83	58.09 (30.26)			
*11	Lindroos, Kai	17	York Swim Club of Northern Vir	57.40	58.18
	27.97	58.18 (30.21)			
*11	Manning, Jason	17	Mako Swimming	1:00.44	58.18
	27.98	58.18 (30.20)			
13	McNeely, Connor	17	Mako Swimming	56.34	58.19
	28.29	58.19 (29.90)			
14	Philipov, Michael	16	Nation's Capital Swim Club	58.20	58.27
	27.68	58.27 (30.59)			
15	Steele, Bennett	16	Pava Panthers Swim Club	59.34	58.54
	28.57	58.54 (29.97)			
16	Williams, Darius	16	Fairfax Foxes Swimming	59.56	58.63
	28.28	58.63 (30.35)			
17	Leather, James	17	Pava Panthers Swim Club	56.90	58.85
	28.84	58.85 (30.01)			
*18	Tan, Zachary	17	York Swim Club of Northern Vir	1:04.56	59.28
	28.09	59.28 (31.19)			
*18	Tonthat, Nathan	15	Mako Swimming	59.62	59.28
	28.50	59.28 (30.78)			
20	Portner, Sully	16	Arlington Aquatic Club	59.93	1:00.07
	29.15	1:00.07 (30.92)			
21	Barlow, Quincy	16	Fairfax Foxes Swimming	59.43	1:00.47
	29.36	1:00.47 (31.11)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 75 Boys 15-18 100 Yard Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
22	Goede, Noah	16	The St. James	1:00.18	1:00.69
	29.44	1:00.69 (31.25)			
23	Frantz, Landon	17	York Swim Club of Northern Vir	58.58	1:01.31
	29.48	1:01.31 (31.83)			
24	Sheehey, Pete	16	Arlington Aquatic Club	1:01.97	1:01.39
	29.82	1:01.39 (31.57)			
25	Xu, Timothy	15	Herndon Aquatic Club	1:04.54	1:02.35
	30.91	1:02.35 (31.44)			
26	Cummins, Beckett	16	Fairfax Foxes Swimming	1:02.27	1:02.98
	30.26	1:02.98 (32.72)			
27	Jurutka, Nate	16	York Swim Club of Northern Vir	1:04.85	1:03.19
	30.75	1:03.19 (32.44)			
28	Underdown, Parks	15	York Swim Club of Northern Vir	1:03.70	1:03.45
	30.49	1:03.45 (32.96)			
29	Kohn, Sean	16	Nation's Capital Swim Club	1:03.60	1:03.83
	31.64	1:03.83 (32.19)			
30	Giese, Tyler	15	York Swim Club of Northern Vir	1:04.56	1:04.13
	30.82	1:04.13 (33.31)			
31	Musgrove, Aidan	17	Fairfax Foxes Swimming	1:03.40	1:04.17
	31.00	1:04.17 (33.17)			
32	Corbett, Quade	15	Arlington Aquatic Club	1:05.86	1:04.30
	30.88	1:04.30 (33.42)			
33	Meehan, Jack	15	Fairfax Foxes Swimming	1:04.31	1:04.34
	30.95	1:04.34 (33.39)			
34	Jewett, Jakob	15	Fairfax Foxes Swimming	1:05.06	1:05.20
	30.92	1:05.20 (34.28)			
35	Moh, Aaron	15	Mako Swimming	1:03.65	1:05.31
	31.30	1:05.31 (34.01)			
36	Huggler, Peter	16	Arlington Aquatic Club	1:06.00	1:05.95
	31.74	1:05.95 (34.21)			
37	Smouha, Jackson	16	Nation's Capital Swim Club	1:09.94	1:07.13
	33.30	1:07.13 (33.83)			
38	Alman, Matt	16	Mako Swimming	1:10.60	1:07.57
	32.93	1:07.57 (34.64)			
39	Heisler, Nick	16	Pava Panthers Swim Club	1:07.94	1:07.63
	32.23	1:07.63 (35.40)			
40	Honeysett, Seth	15	Mako Swimming	1:05.30	1:07.74
	33.11	1:07.74 (34.63)			
41	Nelson, Andrew	16	The Capitol Sea Devils	1:11.82	1:07.76
	32.59	1:07.76 (35.17)			
42	Shrieves, Eddie	15	Fairfax Foxes Swimming	1:07.48	1:07.83
	32.71	1:07.83 (35.12)			
*43	Rubin, Erik	15	Arlington Aquatic Club	1:10.93	1:07.87
	32.79	1:07.87 (35.08)			
*43	D'Ambrogi, Colton	16	The St. James	1:35.80	1:07.87
	32.75	1:07.87 (35.12)			
45	Wright, Miles	16	Arlington Aquatic Club	1:09.93	1:08.04
	33.18	1:08.04 (34.86)			
46	Chiquitucto, Christian	15	The Capitol Sea Devils	1:09.38	1:08.18
	32.66	1:08.18 (35.52)			
47	Garcia, Xavier	15	The St. James	1:03.31	1:08.22
	32.88	1:08.22 (35.34)			
48	Dowla, Dhanava	15	Fairfax Foxes Swimming	1:06.46	1:08.37
	33.38	1:08.37 (34.99)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 75 Boys 15-18 100 Yard Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
49	Ali, Emaad	16	Arlington Aquatic Club	1:03.65	1:08.40
	32.82	1:08.40 (35.58)			
50	Hume, Rafi	16	The Capitol Sea Devils	1:06.09	1:08.49
	33.87	1:08.49 (34.62)			
51	Hogan, Connor	17	Arlington Aquatic Club	1:08.64	1:08.52
	33.75	1:08.52 (34.77)			
52	Creech, Brady	15	The St. James	1:04.82	1:08.55
	32.82	1:08.55 (35.73)			
53	Oh, Jacob	16	Arlington Aquatic Club	1:10.42	1:10.67
	33.85	1:10.67 (36.82)			
54	Yates, Finn	15	Herndon Aquatic Club	1:19.91	1:11.38
	34.14	1:11.38 (37.24)			
55	Freeman, Asher	15	Jcc Swimming	1:19.05	1:12.69
	35.89	1:12.69 (36.80)			
56	Nadeem, Faris	16	Herndon Aquatic Club	1:12.45	1:12.71
	34.90	1:12.71 (37.81)			
57	Kim, Brandon	15	The Fish	1:12.36	1:13.62
	35.63	1:13.62 (37.99)			
58	Caldwell, Luke	15	Fairfax Foxes Swimming	1:15.63	1:14.18
	36.23	1:14.18 (37.95)			
59	Siple, Nathan	15	The Capitol Sea Devils	1:12.99	1:15.13
	36.89	1:15.13 (38.24)			
60	Duong, Christian	15	The Capitol Sea Devils	1:15.29	1:16.11
	37.11	1:16.11 (39.00)			
61	Sumner, Henry	16	Arlington Aquatic Club	1:15.36	1:16.16
62	Jedrzejewski, Aleks	15	Fairfax Foxes Swimming	1:13.15	1:17.89
	37.35	1:17.89 (40.54)			
---	Rodriguez, Nicholas	17	Arlington Aquatic Club	1:11.53	DQ
	Delay initiating turn after past vertical				
	32.47	DQ (35.48)			

Event 76 Girls 13-14 100 Yard Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Steiner, Lilly	14	The Capitol Sea Devils	1:03.89	1:02.43
	30.46	1:02.43 (31.97)			
2	Carroll, Maddie	14	Mako Swimming	1:03.85	1:02.98
	30.88	1:02.98 (32.10)			
3	Kriz, Alexa	14	York Swim Club of Northern Vir	1:04.42	1:04.22
	30.93	1:04.22 (33.29)			
4	Walther, Rio	14	Nation's Capital Swim Club	1:04.86	1:04.26
	31.84	1:04.26 (32.42)			
5	Morgan, Annabelle	14	Nation's Capital Swim Club	1:04.15	1:04.50
	31.34	1:04.50 (33.16)			
6	Vayra, Emilia	14	Nation's Capital Swim Club	1:03.70	1:04.54
	31.22	1:04.54 (33.32)			
7	Alper, Aspen	14	The Capitol Sea Devils	1:06.35	1:04.92
	31.66	1:04.92 (33.26)			
8	Springer, Summer	13	Nation's Capital Swim Club	1:09.68	1:06.40
	32.07	1:06.40 (34.33)			
9	Malm, Hannah	14	The Capitol Sea Devils	1:04.63	1:06.57
	32.62	1:06.57 (33.95)			
10	Howard, Gwyn	14	Mako Swimming	1:04.75	1:06.99
	32.78	1:06.99 (34.21)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 76 Girls 13-14 100 Yard Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
11	Haggard, Esme	14	York Swim Club of Northern Vir	1:07.24	1:07.34
	32.73		1:07.34 (34.61)		
12	Nicholakos, Sia	14	York Swim Club of Northern Vir	1:08.97	1:07.46
	32.13		1:07.46 (35.33)		
13	Joesten, Annika	14	Nation's Capital Swim Club	1:10.17	1:08.63
	33.57		1:08.63 (35.06)		
14	Paisley, Sydney	13	Nation's Capital Swim Club	1:08.62	1:08.77
	33.43		1:08.77 (35.34)		
15	Thomas, Lillie	13	Fairfax Foxes Swimming	1:09.09	1:08.96
	33.53		1:08.96 (35.43)		
16	Traboulsi, Sophia	14	York Swim Club of Northern Vir	1:07.70	1:09.16
	33.49		1:09.16 (35.67)		
17	Lutz, Catalina	14	Nation's Capital Swim Club	1:11.38	1:09.30
	32.87		1:09.30 (36.43)		
18	Nogales, Allegra	14	Nation's Capital Swim Club	1:07.07	1:09.63
	33.84		1:09.63 (35.79)		
19	Garr, Sydney	14	Mako Swimming	1:09.87	1:10.30
	34.02		1:10.30 (36.28)		
20	Marlin, Finley	13	The Capitol Sea Devils	1:10.29	1:10.75
	34.39		1:10.75 (36.36)		
21	Corbett, Kenzie	13	Arlington Aquatic Club	1:13.94	1:10.92
	35.07		1:10.92 (35.85)		
22	McEvoy, Isabel	14	The Capitol Sea Devils	1:11.72	1:11.29
	34.85		1:11.29 (36.44)		
23	Scully, Lila	13	York Swim Club of Northern Vir	1:12.65	1:11.73
	33.63		1:11.73 (38.10)		
24	DeMille, Meadow	14	Mako Swimming	1:12.61	1:12.22
	35.08		1:12.22 (37.14)		
25	Vasquez-Dretzka, Teresa	13	The Capitol Sea Devils	1:16.97	1:12.25
	35.45		1:12.25 (36.80)		
26	Wood, Audrey	14	The Capitol Sea Devils	1:13.56	1:12.71
	35.41		1:12.71 (37.30)		
27	Klingensmith, Claire	13	The St. James	1:13.16	1:12.74
	35.87		1:12.74 (36.87)		
28	Willie, Skyler	13	Mako Swimming	1:14.57	1:13.09
	36.03		1:13.09 (37.06)		
29	Feeley, Elle	13	York Swim Club of Northern Vir	1:12.54	1:14.06
	35.02		1:14.06 (39.04)		
30	Powell-Switaj, Zoe	14	The St. James	1:18.91	1:15.38
	36.32		1:15.38 (39.06)		
31	Wiley-Jimenez, Ari	13	The Fish	1:14.86	1:16.20
	37.82		1:16.20 (38.38)		
32	Donnelly, Molly	13	Mako Swimming	1:17.59	1:16.55
	37.45		1:16.55 (39.10)		
33	Trimble, Grace	13	York Swim Club of Northern Vir	1:29.58	1:16.94
	38.01		1:16.94 (38.93)		
34	Olsen, Evelyn	14	The Capitol Sea Devils	1:19.28	1:17.06
	38.83		1:17.06 (38.23)		
35	Cravens, Natalie	13	York Swim Club of Northern Vir	1:18.38	1:18.02
	37.40		1:18.02 (40.62)		
36	Zayas, Leandra	14	Jcc Swimming	1:20.87	1:18.12
	38.00		1:18.12 (40.12)		
37	Gonzalez, Mia	13	Mako Swimming	1:35.52	1:18.27
	37.75		1:18.27 (40.52)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 76 Girls 13-14 100 Yard Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
38	Tickle, Kelly	13	Fairfax Foxes Swimming	1:18.21	1:18.34
	37.85	1:18.34 (40.49)			
39	McDonough, Simone	13	York Swim Club of Northern Vir	1:34.80	1:18.39
	36.79	1:18.39 (41.60)			
40	Smith, Cristina	14	Fairfax Foxes Swimming	1:16.39	1:18.53
	37.37	1:18.53 (41.16)			
41	Saputo, Veena	13	The Capitol Sea Devils	1:23.30	1:18.72
	37.51	1:18.72 (41.21)			
42	Flood, Corrigan	13	The Capitol Sea Devils	1:18.73	1:19.15
	38.56	1:19.15 (40.59)			
43	Vigneault, Emmy	13	The Capitol Sea Devils	1:17.95	1:19.35
	37.80	1:19.35 (41.55)			
44	Greilsheimer, Lilly	14	The Capitol Sea Devils	1:22.55	1:19.49
	37.44	1:19.49 (42.05)			
45	Gowel, Annie	14	The Capitol Sea Devils	NT	1:19.87
	38.30	1:19.87 (41.57)			
46	Zhang, Anya	13	York Swim Club of Northern Vir	1:22.46	1:20.03
	38.64	1:20.03 (41.39)			
47	Kramer, Renee	14	York Swim Club of Northern Vir	1:18.42	1:20.13
	40.06	1:20.13 (40.07)			
48	Shepherd, Adrienne	13	Fairfax Foxes Swimming	1:19.37	1:20.76
	39.19	1:20.76 (41.57)			
49	D'Ambrogi, Isabella	14	The St. James	NT	1:21.00
	39.40	1:21.00 (41.60)			
50	Leger, Avery	13	The St. James	1:23.58	1:21.04
	39.79	1:21.04 (41.25)			
51	Hietpas, Emily	13	Fairfax Foxes Swimming	NT	1:21.19
	39.84	1:21.19 (41.35)			
52	Burks, Paige	14	Fairfax Foxes Swimming	1:20.62	1:22.10
	39.13	1:22.10 (42.97)			
53	Hong, Eilis	13	The Capitol Sea Devils	1:24.29	1:23.29
	39.61	1:23.29 (43.68)			
54	Benjamin, Ella	14	The Capitol Sea Devils	1:23.43	1:23.56
	41.13	1:23.56 (42.43)			
55	Ortiz, Ellie	14	York Swim Club of Northern Vir	1:32.90	1:24.39
	39.12	1:24.39 (45.27)			
56	Byers, Bryn	13	Mako Swimming	1:21.48	1:24.97
	40.94	1:24.97 (44.03)			
57	LaMonica, Eloise	13	York Swim Club of Northern Vir	NT	1:25.19
	40.46	1:25.19 (44.73)			
58	Rutherford, Sophie	14	The Capitol Sea Devils	NT	1:25.75
	41.75	1:25.75 (44.00)			
59	Cypes, Riley	14	The Capitol Sea Devils	1:27.39	1:26.65
	41.82	1:26.65 (44.83)			
60	Zang, Mia	13	The Fish	NT	1:26.67
	41.01	1:26.67 (45.66)			
61	Levine, Lila	13	The Capitol Sea Devils	1:30.00	1:28.64
62	Beland, Madeleine	13	The Capitol Sea Devils	NT	1:30.30
	43.33	1:30.30 (46.97)			
63	Gordon, Shelby	13	The Capitol Sea Devils	1:29.31	1:32.82
	45.78	1:32.82 (47.04)			
64	Nossal, Emily	14	Herndon Aquatic Club	1:41.68	1:34.17
65	Schenker, Katie	13	The Capitol Sea Devils	1:45.85	1:37.78

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 76 Girls 13-14 100 Yard Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
66	Yuan, Aimee	13	The Fish	1:35.15	1:41.23
	47.65	1:41.23 (53.58)			
67	Wesolowski, Colette	13	The Capitol Sea Devils	1:58.24	1:41.54
	47.55	1:41.54 (53.99)			
68	Nossal, Natalie	14	Herndon Aquatic Club	2:06.05	1:41.97
	49.81	1:41.97 (52.16)			
69	Bundy, Addie	14	Jcc Swimming	1:39.38	1:45.89
---	O'Reilly, Elliott	13	York Swim Club of Northern Vir	1:23.14	DQ
	Multiple strokes past vertical at turn				
	41.64	DQ (45.51)			
---	Coogan, Mary	13	York Swim Club of Northern Vir	1:33.53	DQ
	Multiple strokes past vertical at turn				
	41.71	DQ (44.70)			

Event 77 Boys 13-14 100 Yard Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Kim, Darren	14	Mako Swimming	59.47	57.48
	27.81	57.48 (29.67)			
2	Gilliland, Patrick	14	York Swim Club of Northern Vir	1:00.59	57.56
	28.11	57.56 (29.45)			
3	Sorden, Connor	13	Mako Swimming	59.36	58.05
	28.61	58.05 (29.44)			
4	Clark, Logan	14	The St. James	59.59	1:00.06
	28.81	1:00.06 (31.25)			
5	Phillips, Logan	14	Nation's Capital Swim Club	59.91	1:00.38
	29.50	1:00.38 (30.88)			
6	Cory, Maddox	13	Nation's Capital Swim Club	1:02.45	1:01.21
	29.73	1:01.21 (31.48)			
7	Rattenbury, Torin	13	Nation's Capital Swim Club	1:02.56	1:01.24
	30.41	1:01.24 (30.83)			
*8	Dean, Boone	14	Mako Swimming	1:03.47	1:02.03
	30.40	1:02.03 (31.63)			
*8	Martinez, Victor	14	Nation's Capital Swim Club	1:02.47	1:02.03
	30.53	1:02.03 (31.50)			
10	Scott, Liam	14	Nation's Capital Swim Club	1:03.49	1:02.34
	30.38	1:02.34 (31.96)			
11	Cotter, Everett	14	Mako Swimming	1:03.14	1:02.40
	30.79	1:02.40 (31.61)			
12	Penwell, Lawrence	13	Mako Swimming	1:03.52	1:02.54
	30.81	1:02.54 (31.73)			
13	Price, August	13	The Fish	1:06.62	1:03.68
	31.16	1:03.68 (32.52)			
14	McCall, Billy	13	York Swim Club of Northern Vir	1:06.17	1:03.83
	30.97	1:03.83 (32.86)			
15	Nielsen, Grant	14	Nation's Capital Swim Club	1:04.35	1:04.19
	30.62	1:04.19 (33.57)			
16	Kelly, Joseph	14	York Swim Club of Northern Vir	1:07.19	1:04.61
	31.19	1:04.61 (33.42)			
17	Gori, Theo	14	York Swim Club of Northern Vir	1:04.16	1:04.81
	31.06	1:04.81 (33.75)			
18	Bussey, Joseph	13	The Capitol Sea Devils	1:06.89	1:05.65
	31.61	1:05.65 (34.04)			
19	Fukui, Taka	14	Jcc Swimming	1:05.95	1:06.30
	32.00	1:06.30 (34.30)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 77 Boys 13-14 100 Yard Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
20	Penwell, William	13	Mako Swimming	1:07.34	1:06.43
	32.78	1:06.43 (33.65)			
21	Kumbang, Yusuf	14	Fairfax Foxes Swimming	1:08.79	1:06.75
	32.32	1:06.75 (34.43)			
22	Chan, Jaxon	13	Mako Swimming	1:08.78	1:06.81
	33.45	1:06.81 (33.36)			
23	Coleman, Will	13	Nation's Capital Swim Club	1:09.52	1:06.95
	32.74	1:06.95 (34.21)			
24	Maier, Jack	13	Mako Swimming	1:08.19	1:07.04
	32.57	1:07.04 (34.47)			
25	Dowla, Dheva	13	Fairfax Foxes Swimming	1:08.80	1:07.18
	32.48	1:07.18 (34.70)			
26	Hiscock, Will	13	The Capitol Sea Devils	1:08.34	1:07.50
	33.10	1:07.50 (34.40)			
27	Pizzamiglio, Alex	13	The Fish	1:06.50	1:07.97
	33.45	1:07.97 (34.52)			
28	Abel, Oly	14	The Fish	1:08.44	1:08.51
	33.06	1:08.51 (35.45)			
29	Xing, Aspen	13	The Fish	1:09.66	1:08.74
	33.57	1:08.74 (35.17)			
30	Tolar, Oliver	13	Nation's Capital Swim Club	1:09.55	1:08.79
	33.83	1:08.79 (34.96)			
31	Stephens, Alex	14	Mako Swimming	1:08.67	1:09.05
	34.12	1:09.05 (34.93)			
32	Hein, Logan	14	Mako Swimming	1:09.82	1:09.16
	34.29	1:09.16 (34.87)			
33	Heeb, Gavin	13	Nation's Capital Swim Club	1:09.83	1:09.44
	33.11	1:09.44 (36.33)			
34	Kownacki, Cooper	13	Mako Swimming	1:09.07	1:09.48
	33.58	1:09.48 (35.90)			
35	Fortune, Sam	14	Mako Swimming	1:09.79	1:09.80
	34.46	1:09.80 (35.34)			
36	Lee, Jayden	14	York Swim Club of Northern Vir	1:07.12	1:09.84
	34.12	1:09.84 (35.72)			
37	Ledford, Miles	13	Arlington Aquatic Club	1:09.37	1:10.55
	33.15	1:10.55 (37.40)			
38	Asambiani, Artur	13	Fairfax Foxes Swimming	1:14.89	1:10.78
	34.29	1:10.78 (36.49)			
39	Latcovich, Jack	13	The Capitol Sea Devils	1:19.64	1:11.57
	35.00	1:11.57 (36.57)			
40	Sumner, George	14	Arlington Aquatic Club	1:08.91	1:12.33
	33.82	1:12.33 (38.51)			
41	Prayoonto, Ian	13	Pava Panthers Swim Club	1:13.95	1:13.10
	35.54	1:13.10 (37.56)			
42	Rochberg, Nico	13	The Capitol Sea Devils	1:13.34	1:13.66
	35.78	1:13.66 (37.88)			
43	Versaggi, Ryan	13	York Swim Club of Northern Vir	1:12.65	1:13.69
	36.84	1:13.69 (36.85)			
44	Thayer, Henry	13	Arlington Aquatic Club	1:11.50	1:13.81
	35.68	1:13.81 (38.13)			
45	Schneidau, Dylan	13	The Capitol Sea Devils	1:15.06	1:13.94
	36.29	1:13.94 (37.65)			
46	Stephens, Sammy	13	Fairfax Foxes Swimming	1:13.57	1:14.44
	36.09	1:14.44 (38.35)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 77 Boys 13-14 100 Yard Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
47	Schneider, Teague	13	The St. James	1:20.49	1:14.50
	36.69	1:14.50 (37.81)			
48	Greene, Phillip	13	Mako Swimming	1:18.07	1:14.60
	36.07	1:14.60 (38.53)			
49	Jedrzejewski, Julian	13	Fairfax Foxes Swimming	1:15.60	1:14.88
	36.95	1:14.88 (37.93)			
50	Maloney, Max	13	The Capitol Sea Devils	NT	1:15.04
	36.06	1:15.04 (38.98)			
51	Feeley, Finn	13	York Swim Club of Northern Vir	1:17.23	1:15.38
	36.36	1:15.38 (39.02)			
52	Levine, Seth	14	The Capitol Sea Devils	1:23.09	1:16.00
	36.60	1:16.00 (39.40)			
53	Ekingen, Atlas	13	Fairfax Foxes Swimming	1:18.28	1:16.13
	36.70	1:16.13 (39.43)			
54	Granius, Aden	13	Fairfax Foxes Swimming	1:15.31	1:16.38
	37.61	1:16.38 (38.77)			
55	Morais, Vincent	14	Herndon Aquatic Club	1:24.54	1:16.64
	36.82	1:16.64 (39.82)			
56	Bloss, Nathan	13	Arlington Aquatic Club	1:15.83	1:16.68
	37.38	1:16.68 (39.30)			
57	Myers, Samson	13	York Swim Club of Northern Vir	1:16.94	1:16.99
	37.93	1:16.99 (39.06)			
58	Alhambra, Kendal	14	Herndon Aquatic Club	1:15.51	1:17.06
	38.57	1:17.06 (38.49)			
59	Simpson, Ollie	14	The Capitol Sea Devils	1:31.46	1:17.97
60	Abella, Zayden	13	Herndon Aquatic Club	1:29.57	1:18.30
	38.82	1:18.30 (39.48)			
61	Kim, Christian	13	The Fish	1:15.25	1:18.44
	37.71	1:18.44 (40.73)			
62	Rosenthal, Parker	13	The Capitol Sea Devils	1:20.79	1:18.72
	37.63	1:18.72 (41.09)			
63	Farahi, Peyton	13	Fairfax Foxes Swimming	1:18.90	1:19.71
	39.42	1:19.71 (40.29)			
64	Wadas, Jake	13	Fairfax Foxes Swimming	1:21.99	1:22.62
65	Hawksworth, Andrew	14	The Capitol Sea Devils	1:26.33	1:23.18
	41.15	1:23.18 (42.03)			
66	Wuchenich, Benjamin	13	The Capitol Sea Devils	1:27.38	1:24.39
67	Christen, Aiden	14	Herndon Aquatic Club	1:24.87	1:24.96
	41.01	1:24.96 (43.95)			
68	Warin, Garrett	13	Nation's Capital Swim Club	1:48.37	1:25.71
	41.94	1:25.71 (43.77)			
69	Vasasali, Krishna	13	Herndon Aquatic Club	NT	1:27.46
	43.13	1:27.46 (44.33)			
70	Gordon, Henry	13	Nation's Capital Swim Club	NT	1:27.57
71	Gala, Nihaar	13	Herndon Aquatic Club	NT	1:30.17
	42.67	1:30.17 (47.50)			
72	Green, Leo	13	The Capitol Sea Devils	1:28.70	1:30.25
	42.97	1:30.25 (47.28)			
73	Giras, Cooper	13	The Fish	1:29.94	1:31.42
	44.64	1:31.42 (46.78)			
74	Combs, Kana	13	The Capitol Sea Devils	NT	1:35.78
	45.40	1:35.78 (50.38)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 77 Boys 13-14 100 Yard Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
---	Bushati, Alfred	13	The Capitol Sea Devils	NT	DQ
	Not on back off wall				
	44.87	DQ (54.21)			
---	Bolden, Matthew	13	Nation's Capital Swim Club	1:19.15	DQ
	Delay initiating turn after past vertical				
	36.67	DQ (42.86)			
---	Buise, Riley	14	Jcc Swimming	1:38.87	DQ
	Delay initiating turn after past vertical				

Event 78 Girls 15-18 500 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Sullivan, Anna	17	York Swim Club of Northern Vir	5:18.66	5:28.72
	29.73	1:02.54 (32.81)	1:36.01 (33.47)	2:09.51 (33.50)	
	2:43.21 (33.70)	3:16.67 (33.46)	3:50.00 (33.33)	4:23.37 (33.37)	
	4:56.55 (33.18)	5:28.72 (32.17)			
2	Andresen, Claire	15	Mako Swimming	5:31.10	5:34.49
	29.46	1:01.27 (31.81)	1:33.94 (32.67)	2:08.22 (34.28)	
	2:42.75 (34.53)	3:17.84 (35.09)	3:51.85 (34.01)	4:26.69 (34.84)	
	5:01.27 (34.58)	5:34.49 (33.22)			
3	Amatucci, Gina	17	Fairfax Foxes Swimming	5:32.26	5:44.33
	30.22	1:03.67 (33.45)	1:38.16 (34.49)	2:12.75 (34.59)	
	2:47.89 (35.14)	3:23.61 (35.72)	3:59.35 (35.74)	4:34.50 (35.15)	
	5:09.48 (34.98)	5:44.33 (34.85)			
4	Lopez Murphy, Malena	16	The Capitol Sea Devils	6:01.94	5:44.52
	30.15	1:04.11 (33.96)	1:39.28 (35.17)	2:15.23 (35.95)	
	2:50.20 (34.97)	3:25.56 (35.36)	4:01.02 (35.46)	4:36.35 (35.33)	
	5:11.60 (35.25)	5:44.52 (32.92)			
5	Dent, Gillian	15	Arlington Aquatic Club	5:53.00	5:45.02
	30.90	1:05.07 (34.17)	1:39.83 (34.76)	2:15.61 (35.78)	
	2:50.85 (35.24)	3:25.68 (34.83)	4:01.21 (35.53)	4:36.88 (35.67)	
	5:12.25 (35.37)	5:45.02 (32.77)			
6	Hispiche, Claire	16	York Swim Club of Northern Vir	5:48.08	5:47.15
	32.25	1:06.70 (34.45)	1:41.67 (34.97)	2:17.02 (35.35)	
	2:52.49 (35.47)	3:27.73 (35.24)	4:03.26 (35.53)	4:38.07 (34.81)	
	5:13.16 (35.09)	5:47.15 (33.99)			
7	Fitzgerald, Maya	16	Arlington Aquatic Club	6:02.38	5:49.29
	31.75	1:06.71 (34.96)	1:41.99 (35.28)	2:17.51 (35.52)	
	2:52.85 (35.34)	3:28.87 (36.02)	4:04.27 (35.40)	4:39.99 (35.72)	
	5:15.28 (35.29)	5:49.29 (34.01)			
8	Madison, Leah	16	Fairfax Foxes Swimming	5:56.17	5:50.80
	30.47	1:04.25 (33.78)	1:39.24 (34.99)	2:15.05 (35.81)	
	2:50.28 (35.23)	3:26.02 (35.74)	4:01.95 (35.93)	4:38.58 (36.63)	
	5:15.59 (37.01)	5:50.80 (35.21)			
9	Cline, Hanna	17	York Swim Club of Northern Vir	5:52.45	5:53.58
	31.65	1:06.43 (34.78)	1:42.22 (35.79)	2:18.32 (36.10)	
	2:54.62 (36.30)	3:30.84 (36.22)	4:07.21 (36.37)	4:43.15 (35.94)	
	5:18.97 (35.82)	5:53.58 (34.61)			
10	Weldon, Courtney	17	York Swim Club of Northern Vir	6:07.13	5:56.00
	30.86	1:06.38 (35.52)	1:42.89 (36.51)	2:20.12 (37.23)	
	2:57.40 (37.28)	3:33.94 (36.54)	4:10.71 (36.77)	4:46.81 (36.10)	
	5:21.83 (35.02)	5:56.00 (34.17)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 78 Girls 15-18 500 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
11	Moore, Gilleran	15	The Capitol Sea Devils	6:00.57	5:59.96
	31.12	1:06.08 (34.96)	1:42.52 (36.44)	2:18.92 (36.40)	
	2:55.78 (36.86)	3:33.04 (37.26)	4:10.10 (37.06)	4:47.58 (37.48)	
	5:25.36 (37.78)	5:59.96 (34.60)			
12	Ladd, Ruth	16	The Capitol Sea Devils	5:51.84	6:04.35
	31.51	1:06.83 (35.32)	1:43.22 (36.39)	2:20.27 (37.05)	
	2:57.39 (37.12)	3:35.20 (37.81)	4:12.83 (37.63)	4:50.72 (37.89)	
	5:28.38 (37.66)	6:04.35 (35.97)			
13	Povinelli, Sadie	16	The Capitol Sea Devils	6:09.76	6:04.64
	32.34	1:08.09 (35.75)	1:44.76 (36.67)	2:21.72 (36.96)	
	2:58.93 (37.21)	3:36.54 (37.61)	4:13.96 (37.42)	4:51.42 (37.46)	
	5:28.67 (37.25)	6:04.64 (35.97)			
14	Le Sage, Charlotte	15	The Capitol Sea Devils	6:37.80	6:04.80
	29.91	1:05.22 (35.31)	1:42.25 (37.03)	2:20.89 (38.64)	
	2:59.69 (38.80)	3:37.84 (38.15)	4:15.36 (37.52)	4:53.22 (37.86)	
	5:30.76 (37.54)	6:04.80 (34.04)			
15	Dowler, Callie	17	Arlington Aquatic Club	6:04.27	6:06.39
	32.07	1:07.33 (35.26)	1:43.52 (36.19)	2:19.94 (36.42)	
	2:56.78 (36.84)	3:34.34 (37.56)	4:12.18 (37.84)	4:50.31 (38.13)	
	5:28.99 (38.68)	6:06.39 (37.40)			
16	Robinson, Ashley	15	Mako Swimming	5:38.23	6:09.62
	31.51	1:07.84 (36.33)	1:46.22 (38.38)	2:24.62 (38.40)	
	3:03.36 (38.74)	3:42.05 (38.69)	4:21.43 (39.38)	4:59.54 (38.11)	
	5:36.34 (36.80)	6:09.62 (33.28)			
17	Eden, Sophia	16	The St. James	5:53.35	6:10.19
	34.82	1:12.99 (38.17)	1:51.06 (38.07)	2:27.96 (36.90)	
	3:05.39 (37.43)	3:42.15 (36.76)	4:19.69 (37.54)	4:57.70 (38.01)	
	5:35.29 (37.59)	6:10.19 (34.90)			
18	Czzowitz, Abby	17	Mako Swimming	6:28.60	6:12.79
	32.05	1:07.88 (35.83)	1:45.31 (37.43)	2:23.45 (38.14)	
	3:00.99 (37.54)	3:39.10 (38.11)	4:17.88 (38.78)	4:56.69 (38.81)	
	5:34.84 (38.15)	6:12.79 (37.95)			
19	Weatherbee, Alex	16	Fairfax Foxes Swimming	5:50.96	6:14.02
	31.68	1:08.39 (36.71)	1:46.26 (37.87)	2:24.73 (38.47)	
	3:03.76 (39.03)	3:42.60 (38.84)	4:21.08 (38.48)	5:00.16 (39.08)	
	5:37.91 (37.75)	6:14.02 (36.11)			
20	Willard, Olivia	15	York Swim Club of Northern Vir	6:18.50	6:22.63
	33.94	1:10.09 (36.15)	1:48.06 (37.97)	2:27.04 (38.98)	
	3:06.24 (39.20)	3:45.79 (39.55)	4:25.83 (40.04)	5:05.65 (39.82)	
	5:44.60 (38.95)	6:22.63 (38.03)			
21	Breton, Gracie	15	Arlington Aquatic Club	6:31.28	6:24.29
	34.46	1:12.36 (37.90)	1:50.45 (38.09)	2:28.26 (37.81)	
	3:07.88 (39.62)	3:47.92 (40.04)	4:28.06 (40.14)	5:07.76 (39.70)	
	5:46.91 (39.15)	6:24.29 (37.38)			
22	Formagus, Emma	16	The Capitol Sea Devils	5:52.91	6:26.49
	34.98	1:14.07 (39.09)	1:53.00 (38.93)	2:31.95 (38.95)	
	3:10.47 (38.52)	3:49.72 (39.25)	4:28.56 (38.84)	5:08.04 (39.48)	
	5:47.78 (39.74)	6:26.49 (38.71)			
23	Choi, Isabella	15	Arlington Aquatic Club	6:38.25	6:28.48
	35.93	1:14.33 (38.40)	1:53.72 (39.39)	2:33.93 (40.21)	
	3:14.22 (40.29)	3:54.03 (39.81)	4:33.43 (39.40)	5:12.99 (39.56)	
	5:51.73 (38.74)	6:28.48 (36.75)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 78 Girls 15-18 500 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
24	Yurcisin, Vivi	16	The Capitol Sea Devils	6:54.57	6:34.26
	32.60	1:10.81 (38.21)	1:50.67 (39.86)	2:30.40 (39.73)	
	3:10.41 (40.01)	3:50.94 (40.53)	4:32.25 (41.31)	5:13.33 (41.08)	
	5:54.99 (41.66)	6:34.26 (39.27)			
25	Shields, Kate	15	York Swim Club of Northern Vir	6:31.78	6:42.56
	32.79	1:10.10 (37.31)	1:49.34 (39.24)	2:29.21 (39.87)	
	3:10.35 (41.14)	3:52.45 (42.10)	4:35.44 (42.99)	5:19.09 (43.65)	
	6:00.92 (41.83)	6:42.56 (41.64)			
26	Olson, Morgan	16	The Capitol Sea Devils	NT	6:57.69
	36.13	1:17.10 (40.97)	2:00.13 (43.03)	2:43.35 (43.22)	
	3:26.89 (43.54)	4:09.81 (42.92)	4:53.26 (43.45)	5:36.40 (43.14)	
	6:18.18 (41.78)	6:57.69 (39.51)			
27	Kumar, Kiera	15	The Capitol Sea Devils	7:15.47	7:04.14
	36.37	1:17.97 (41.60)	2:02.04 (44.07)	2:45.48 (43.44)	
	3:29.23 (43.75)	4:12.62 (43.39)	4:57.10 (44.48)	5:40.78 (43.68)	
	6:22.56 (41.78)	7:04.14 (41.58)			
28	Howell, Ava	15	Fairfax Foxes Swimming	6:50.76	7:06.56
	36.12	1:17.27 (41.15)	2:00.51 (43.24)	2:43.33 (42.82)	
	3:27.37 (44.04)	4:10.79 (43.42)	4:55.33 (44.54)	5:39.28 (43.95)	
	6:23.55 (44.27)	7:06.56 (43.01)			
29	Lewandowski, Corinne	15	The Capitol Sea Devils	8:16.67	7:47.26
	39.29	1:24.93 (45.64)	2:13.03 (48.10)	3:02.38 (49.35)	
	3:50.50 (48.12)	4:39.77 (49.27)	5:28.48 (48.71)	6:16.83 (48.35)	
	7:04.08 (47.25)	7:47.26 (43.18)			

Event 79 Boys 15-18 500 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Johnson, Finn	15	The Capitol Sea Devils	4:52.28	4:55.63
	26.01	55.00 (28.99)	1:25.85 (30.85)	1:56.33 (30.48)	
	2:26.60 (30.27)	2:56.39 (29.79)	3:26.24 (29.85)	3:56.13 (29.89)	
	4:26.26 (30.13)	4:55.63 (29.37)			
2	Van Schagen, Asher	16	The Capitol Sea Devils	5:00.77	5:03.87
	26.58	55.75 (29.17)	1:26.14 (30.39)	1:57.36 (31.22)	
	2:28.31 (30.95)	2:59.50 (31.19)	3:30.77 (31.27)	4:01.87 (31.10)	
	4:33.13 (31.26)	5:03.87 (30.74)			
3	Engstrom, Russell	15	York Swim Club of Northern Vir	NT	5:06.36
	27.77	57.80 (30.03)	1:28.72 (30.92)	2:00.53 (31.81)	
	2:32.10 (31.57)	3:03.18 (31.08)	3:34.62 (31.44)	4:05.61 (30.99)	
	4:36.47 (30.86)	5:06.36 (29.89)			
4	Smith, Marcos	16	Fairfax Foxes Swimming	5:10.16	5:07.14
	26.42	56.64 (30.22)	1:27.47 (30.83)	1:58.51 (31.04)	
	2:30.34 (31.83)	3:02.09 (31.75)	3:33.60 (31.51)	4:05.77 (32.17)	
	4:37.63 (31.86)	5:07.14 (29.51)			
5	Alexander, Matthew	17	Fairfax Foxes Swimming	5:23.82	5:11.40
	27.90	58.76 (30.86)	1:30.06 (31.30)	2:01.62 (31.56)	
	2:33.72 (32.10)	3:05.78 (32.06)	3:37.97 (32.19)	4:10.30 (32.33)	
	4:42.15 (31.85)	5:11.40 (29.25)			
6	Fahle, Keaghan	17	York Swim Club of Northern Vir	5:14.86	5:12.54
	27.30	57.50 (30.20)	1:28.36 (30.86)	2:00.36 (32.00)	
	2:32.61 (32.25)	3:05.12 (32.51)	3:37.54 (32.42)	4:09.99 (32.45)	
	4:42.17 (32.18)	5:12.54 (30.37)			
7	Holguin, Sinclair	16	York Swim Club of Northern Vir	5:10.12	5:13.42
	27.39	57.08 (29.69)	1:27.76 (30.68)	1:58.69 (30.93)	
	2:30.39 (31.70)	3:02.24 (31.85)	3:34.58 (32.34)	4:07.84 (33.26)	
	4:41.49 (33.65)	5:13.42 (31.93)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 79 Boys 15-18 500 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
8	Moore, Collin	16	Nation's Capital Swim Club	5:08.87	5:13.75
	27.70	58.84 (31.14)	1:30.86 (32.02)	2:02.62 (31.76)	
	2:34.19 (31.57)	3:06.12 (31.93)	3:37.91 (31.79)	4:10.04 (32.13)	
	4:42.71 (32.67)	5:13.75 (31.04)			
9	Rubin, Erik	15	Arlington Aquatic Club	7:01.69	5:17.24
	28.23	58.70 (30.47)	1:30.50 (31.80)	2:02.30 (31.80)	
	2:34.64 (32.34)	3:07.23 (32.59)	3:39.93 (32.70)	4:12.76 (32.83)	
	4:45.50 (32.74)	5:17.24 (31.74)			
10	Gruendel, Josef	17	Mako Swimming	5:08.20	5:18.31
	26.41	56.39 (29.98)	1:26.76 (30.37)	1:57.60 (30.84)	
	2:30.40 (32.80)	3:03.71 (33.31)	3:37.04 (33.33)	4:10.88 (33.84)	
	4:44.68 (33.80)	5:18.31 (33.63)			
11	Wang, Kenneth	16	York Swim Club of Northern Vir	5:32.47	5:23.55
	26.98	57.94 (30.96)	1:30.19 (32.25)	2:02.62 (32.43)	
	2:35.53 (32.91)	3:09.04 (33.51)	3:43.08 (34.04)	4:17.50 (34.42)	
	4:51.41 (33.91)	5:23.55 (32.14)			
12	Frantz, Cayden	15	York Swim Club of Northern Vir	5:37.72	5:30.07
	28.53	1:00.42 (31.89)	1:34.01 (33.59)	2:07.71 (33.70)	
	2:41.68 (33.97)	3:15.57 (33.89)	3:49.46 (33.89)	4:23.37 (33.91)	
	4:57.35 (33.98)	5:30.07 (32.72)			
13	Bechtle, JJ	16	York Swim Club of Northern Vir	6:39.71	5:30.60
	29.18	1:02.36 (33.18)	1:35.33 (32.97)	2:08.69 (33.36)	
	2:42.17 (33.48)	3:15.85 (33.68)	3:50.08 (34.23)	4:24.26 (34.18)	
	4:57.76 (33.50)	5:30.60 (32.84)			
14	Nicholson, Adam	16	The St. James	5:43.29	5:31.61
	27.89	59.58 (31.69)	1:32.74 (33.16)	2:06.42 (33.68)	
	2:40.36 (33.94)	3:14.66 (34.30)	3:48.62 (33.96)	4:23.95 (35.33)	
	4:58.69 (34.74)	5:31.61 (32.92)			
15	Xu, Timothy	15	Herndon Aquatic Club	5:38.70	5:32.84
	27.88	59.58 (31.70)	1:32.40 (32.82)	2:06.00 (33.60)	
	2:40.47 (34.47)	3:14.73 (34.26)	3:49.42 (34.69)	4:24.62 (35.20)	
	5:00.35 (35.73)	5:32.84 (32.49)			
16	Lee, Nathan	17	York Swim Club of Northern Vir	5:13.90	5:34.34
	28.14	59.33 (31.19)	1:32.56 (33.23)	2:06.19 (33.63)	
	2:40.69 (34.50)	3:14.97 (34.28)	3:49.16 (34.19)	4:23.96 (34.80)	
	4:59.26 (35.30)	5:34.34 (35.08)			
17	Hume, Rafi	16	The Capitol Sea Devils	5:09.21	5:35.61
	29.06	1:01.94 (32.88)	1:36.03 (34.09)	2:10.58 (34.55)	
	2:45.08 (34.50)	3:19.57 (34.49)	3:53.98 (34.41)	4:28.52 (34.54)	
	5:02.75 (34.23)	5:35.61 (32.86)			
18	Walther, Tyson	17	Arlington Aquatic Club	5:44.94	5:36.44
	28.61	1:00.42 (31.81)	1:33.83 (33.41)	2:08.24 (34.41)	
	2:43.26 (35.02)	3:17.82 (34.56)	3:52.85 (35.03)	4:28.07 (35.22)	
	5:03.16 (35.09)	5:36.44 (33.28)			
19	Cummins, Beckett	16	Fairfax Foxes Swimming	5:22.53	5:36.72
	28.29	59.36 (31.07)	1:32.04 (32.68)	2:05.66 (33.62)	
	2:40.21 (34.55)	3:15.13 (34.92)	3:50.62 (35.49)	4:26.28 (35.66)	
	5:02.12 (35.84)	5:36.72 (34.60)			
20	Giese, Tyler	15	York Swim Club of Northern Vir	5:45.64	5:41.81
	29.38	1:02.48 (33.10)	1:37.89 (35.41)	2:12.69 (34.80)	
	2:47.66 (34.97)	3:22.78 (35.12)	3:58.45 (35.67)	4:33.69 (35.24)	
	5:09.19 (35.50)	5:41.81 (32.62)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 79 Boys 15-18 500 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
21	Meehan, Jack	15	Fairfax Foxes Swimming	6:45.51	5:44.07
	29.79	1:04.15 (34.36)	1:39.67 (35.52)	2:15.32 (35.65)	
	2:50.02 (34.70)	3:26.16 (36.14)	4:02.25 (36.09)	4:36.75 (34.50)	
	5:12.01 (35.26)	5:44.07 (32.06)			
22	Huggler, Peter	16	Arlington Aquatic Club	5:46.62	5:44.95
	30.81	1:04.60 (33.79)	1:39.95 (35.35)	2:16.17 (36.22)	
	2:51.64 (35.47)	3:27.53 (35.89)	4:03.28 (35.75)	4:38.83 (35.55)	
	5:13.85 (35.02)	5:44.95 (31.10)			
23	Caldwell, Luke	15	Fairfax Foxes Swimming	5:45.48	5:46.24
	30.06	1:03.30 (33.24)	1:37.75 (34.45)	2:13.09 (35.34)	
	2:48.67 (35.58)	3:24.62 (35.95)	4:01.57 (36.95)	4:38.00 (36.43)	
	5:13.67 (35.67)	5:46.24 (32.57)			
24	Jedrzejewski, Aleks	15	Fairfax Foxes Swimming	6:02.37	5:47.70
	31.45	1:06.52 (35.07)	1:43.18 (36.66)	2:20.12 (36.94)	
	2:55.91 (35.79)	3:31.50 (35.59)	4:07.68 (36.18)	4:41.07 (33.39)	
	5:15.67 (34.60)	5:47.70 (32.03)			
25	Oh, Jacob	16	Arlington Aquatic Club	6:15.53	5:51.95
	32.27	1:07.66 (35.39)	1:43.74 (36.08)	2:19.18 (35.44)	
	2:55.00 (35.82)	3:30.66 (35.66)	4:06.18 (35.52)	4:41.75 (35.57)	
	5:17.38 (35.63)	5:51.95 (34.57)			
26	Uzokoff, Connor	17	The St. James	5:54.03	5:56.87
	29.43	1:03.65 (34.22)	1:38.91 (35.26)	2:14.13 (35.22)	
	2:50.48 (36.35)	3:27.14 (36.66)	4:04.54 (37.40)	4:42.41 (37.87)	
	5:20.41 (38.00)	5:56.87 (36.46)			
27	Donahue, Patrick	15	Herndon Aquatic Club	NT	5:56.94
	30.03	1:03.06 (33.03)	1:38.41 (35.35)	2:13.48 (35.07)	
	2:49.30 (35.82)	3:26.21 (36.91)	4:03.49 (37.28)	4:41.40 (37.91)	
	5:18.90 (37.50)	5:56.94 (38.04)			
28	Dalton, Caiden	16	The St. James	5:21.84	5:58.36
	27.60	58.88 (31.28)	1:32.29 (33.41)	2:07.82 (35.53)	
	2:44.87 (37.05)	3:22.95 (38.08)	4:01.87 (38.92)	4:41.53 (39.66)	
	5:20.87 (39.34)	5:58.36 (37.49)			
29	Shrieves, Eddie	15	Fairfax Foxes Swimming	5:59.70	6:00.36
	29.94	1:03.88 (33.94)	1:40.02 (36.14)	2:16.83 (36.81)	
	2:53.15 (36.32)	3:30.22 (37.07)	4:07.86 (37.64)	4:46.57 (38.71)	
	5:24.28 (37.71)	6:00.36 (36.08)			
30	McSween, Connor	15	Fairfax Foxes Swimming	6:28.07	6:23.17
	32.40	1:09.40 (37.00)	1:47.77 (38.37)	2:27.21 (39.44)	
	3:07.21 (40.00)	3:46.27 (39.06)	4:26.45 (40.18)	5:06.45 (40.00)	
	5:45.09 (38.64)	6:23.17 (38.08)			

Event 80 Girls 13-14 500 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Howard, Gwyn	14	Mako Swimming	5:40.72	5:34.05
	29.93	1:03.31 (33.38)	1:37.25 (33.94)	2:11.18 (33.93)	
	2:45.33 (34.15)	3:19.81 (34.48)	3:54.55 (34.74)	4:28.66 (34.11)	
	5:02.43 (33.77)	5:34.05 (31.62)			
2	Malm, Hannah	14	The Capitol Sea Devils	5:39.22	5:35.08
	29.33	1:02.33 (33.00)	1:36.51 (34.18)	2:11.03 (34.52)	
	2:45.00 (33.97)	3:19.13 (34.13)	3:53.33 (34.20)	4:27.61 (34.28)	
	5:02.31 (34.70)	5:35.08 (32.77)			
3	Kriz, Alexa	14	York Swim Club of Northern Vir	6:00.37	5:36.57
	30.14	1:03.82 (33.68)	1:37.78 (33.96)	2:12.36 (34.58)	
	2:46.50 (34.14)	3:21.20 (34.70)	3:55.89 (34.69)	4:30.13 (34.24)	
	5:04.68 (34.55)	5:36.57 (31.89)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 80 Girls 13-14 500 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
4	Roth, Mei Mei	14	Unattached	5:42.85	5:44.53
	31.43		1:06.75 (35.32)	1:42.88 (36.13)	2:17.84 (34.96)
	2:53.83 (35.99)		3:28.74 (34.91)	4:04.06 (35.32)	4:38.84 (34.78)
	5:13.06 (34.22)		5:44.53 (31.47)		
5	Lopez Murphy, Emilia	14	The Capitol Sea Devils	5:35.40	5:45.94
	29.36		1:02.45 (33.09)	1:36.75 (34.30)	2:11.69 (34.94)
	2:47.08 (35.39)		3:23.06 (35.98)	3:59.35 (36.29)	4:35.42 (36.07)
	5:11.33 (35.91)		5:45.94 (34.61)		
6	Traboulsi, Sophia	14	York Swim Club of Northern Vir	6:03.48	5:53.54
	31.49		1:05.94 (34.45)	1:42.23 (36.29)	2:18.67 (36.44)
	2:54.86 (36.19)		3:30.91 (36.05)	4:07.32 (36.41)	4:43.92 (36.60)
	5:19.40 (35.48)		5:53.54 (34.14)		
7	Wood, Audrey	14	The Capitol Sea Devils	6:13.78	5:54.34
	31.06		1:05.40 (34.34)	1:41.38 (35.98)	2:17.27 (35.89)
	2:53.75 (36.48)		3:30.79 (37.04)	4:07.85 (37.06)	4:44.89 (37.04)
	5:20.86 (35.97)		5:54.34 (33.48)		
8	Caven, Fiona	14	Mako Swimming	NT	5:55.83
	28.50		1:02.19 (33.69)	1:38.42 (36.23)	2:15.92 (37.50)
	2:53.32 (37.40)		3:30.56 (37.24)	4:07.41 (36.85)	4:44.81 (37.40)
	5:21.26 (36.45)		5:55.83 (34.57)		
9	Alper, Aspen	14	The Capitol Sea Devils	6:11.88	6:00.59
	30.41		1:04.21 (33.80)	1:39.29 (35.08)	2:15.51 (36.22)
	2:52.45 (36.94)		3:30.11 (37.66)	4:07.98 (37.87)	4:45.60 (37.62)
	5:23.40 (37.80)		6:00.59 (37.19)		
10	Kinder, Alina	13	Arlington Aquatic Club	6:16.04	6:02.72
	32.14		1:08.22 (36.08)	1:45.11 (36.89)	2:21.90 (36.79)
	2:57.85 (35.95)		3:35.24 (37.39)	4:12.02 (36.78)	4:49.40 (37.38)
	5:26.30 (36.90)		6:02.72 (36.42)		
11	Ryan, Haley	13	York Swim Club of Northern Vir	NT	6:03.10
	31.42		1:07.77 (36.35)	1:46.05 (38.28)	2:23.06 (37.01)
	3:00.16 (37.10)		3:37.86 (37.70)	4:14.76 (36.90)	4:52.96 (38.20)
	5:29.42 (36.46)		6:03.10 (33.68)		
12	Nicholakos, Sia	14	York Swim Club of Northern Vir	6:28.36	6:09.00
	30.78		1:06.30 (35.52)	1:44.19 (37.89)	2:22.06 (37.87)
	2:59.79 (37.73)		3:37.68 (37.89)	4:15.93 (38.25)	4:54.13 (38.20)
	5:32.26 (38.13)		6:09.00 (36.74)		
13	Collins, Brooke	14	The Fish	7:02.94	6:11.06
	32.63		1:10.19 (37.56)	1:48.72 (38.53)	2:27.12 (38.40)
	3:05.77 (38.65)		3:42.97 (37.20)	4:20.80 (37.83)	4:58.67 (37.87)
	5:35.61 (36.94)		6:11.06 (35.45)		
14	O'Brien, Avery	13	York Swim Club of Northern Vir	NT	6:15.53
	33.61		1:11.14 (37.53)	1:49.36 (38.22)	2:27.20 (37.84)
	3:04.65 (37.45)		3:42.35 (37.70)	4:20.90 (38.55)	4:59.55 (38.65)
	5:38.58 (39.03)		6:15.53 (36.95)		
15	DeMille, Meadow	14	Mako Swimming	6:13.22	6:19.87
	32.07		1:08.37 (36.30)	1:45.94 (37.57)	3:03.16 (1:17.22)
			3:42.46 ()	4:21.94 (39.48)	5:01.99 (40.05)
	5:41.61 (39.62)		6:19.87 (38.26)		
16	Van Brackle, Heidi	13	Mako Swimming	6:47.68	6:22.67
	35.25		1:13.14 (37.89)	1:52.26 (39.12)	2:31.16 (38.90)
	3:10.33 (39.17)		3:49.49 (39.16)	4:28.43 (38.94)	5:07.43 (39.00)
	5:46.10 (38.67)		6:22.67 (36.57)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 80 Girls 13-14 500 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
17	Klingensmith, Claire	13	The St. James	6:22.39	6:27.12
	32.62	1:10.87 (38.25)	1:50.24 (39.37)	2:29.46 (39.22)	
	3:09.83 (40.37)	3:50.21 (40.38)	4:30.54 (40.33)	5:10.95 (40.41)	
	5:50.48 (39.53)	6:27.12 (36.64)			
18	Olsen, Evelyn	14	The Capitol Sea Devils	6:24.61	6:28.07
	33.27	1:10.66 (37.39)	1:49.71 (39.05)	2:29.76 (40.05)	
	3:10.12 (40.36)	3:50.58 (40.46)	4:30.76 (40.18)	5:11.26 (40.50)	
	5:50.65 (39.39)	6:28.07 (37.42)			
19	Vassilakos, Sophie	13	York Swim Club of Northern Vir	NT	6:28.08
	34.00	1:12.40 (38.40)	1:52.33 (39.93)	2:32.98 (40.65)	
	3:12.01 (39.03)	3:50.70 (38.69)	4:30.47 (39.77)	5:10.34 (39.87)	
	5:49.86 (39.52)	6:28.08 (38.22)			
20	Marlin, Finley	13	The Capitol Sea Devils	7:18.63	6:29.10
	35.58	1:13.63 (38.05)	1:51.99 (38.36)	2:31.43 (39.44)	
	3:11.05 (39.62)	3:50.73 (39.68)	4:30.67 (39.94)	5:11.90 (41.23)	
	5:51.60 (39.70)	6:29.10 (37.50)			
21	Bower, Brenna	13	The St. James	7:18.14	6:30.34
	35.11	1:14.48 (39.37)	1:54.72 (40.24)	2:34.79 (40.07)	
	3:15.27 (40.48)	3:55.77 (40.50)	4:35.99 (40.22)	5:15.04 (39.05)	
	5:54.86 (39.82)	6:30.34 (35.48)			
22	Meth, Sophia	13	The Capitol Sea Devils	NT	6:30.92
	32.30	1:09.44 (37.14)	1:48.09 (38.65)	2:28.23 (40.14)	
	3:08.49 (40.26)	3:49.53 (41.04)	4:30.62 (41.09)	5:12.27 (41.65)	
	5:53.79 (41.52)	6:30.92 (37.13)			
23	Cravens, Natalie	13	York Swim Club of Northern Vir	6:46.37	6:31.79
	34.06	1:12.99 (38.93)	1:52.80 (39.81)	2:33.30 (40.50)	
	3:13.25 (39.95)	3:54.54 (41.29)	4:34.55 (40.01)	5:14.85 (40.30)	
	5:54.76 (39.91)	6:31.79 (37.03)			
24	Kramer, Renee	14	York Swim Club of Northern Vir	6:42.91	6:37.89
	35.14	1:14.81 (39.67)	1:54.68 (39.87)	2:35.68 (41.00)	
	3:16.12 (40.44)	3:56.90 (40.78)	4:37.79 (40.89)	5:19.00 (41.21)	
	5:58.97 (39.97)	6:37.89 (38.92)			
25	Donnelly, Molly	13	Mako Swimming	7:00.22	6:40.36
	34.46	1:13.29 (38.83)	1:52.96 (39.67)	2:33.72 (40.76)	
	3:14.51 (40.79)	3:56.01 (41.50)	4:37.45 (41.44)	5:19.51 (42.06)	
	6:00.14 (40.63)	6:40.36 (40.22)			
26	Powell-Switaj, Zoe	14	The St. James	6:41.59	6:44.51
	34.91	1:13.89 (38.98)	1:54.37 (40.48)	2:35.78 (41.41)	
	3:17.25 (41.47)	3:58.66 (41.41)	4:40.76 (42.10)	5:22.89 (42.13)	
	6:04.77 (41.88)	6:44.51 (39.74)			
27	Flood, Corrigan	13	The Capitol Sea Devils	NT	6:48.10
	33.84	1:12.99 (39.15)	1:54.36 (41.37)	2:36.30 (41.94)	
	3:18.85 (42.55)	4:00.79 (41.94)	4:43.64 (42.85)	5:26.62 (42.98)	
	6:08.81 (42.19)	6:48.10 (39.29)			
28	Henry, Lara	13	York Swim Club of Northern Vir	NT	6:48.42
	37.23	1:17.73 (40.50)	2:00.02 (42.29)	2:41.81 (41.79)	
	3:23.42 (41.61)	4:05.67 (42.25)	4:48.00 (42.33)	5:29.42 (41.42)	
	6:10.72 (41.30)	6:48.42 (37.70)			
29	Vasquez, Ava	13	The Capitol Sea Devils	7:05.09	6:52.03
	35.25	1:16.33 (41.08)	1:57.24 (40.91)	2:38.57 (41.33)	
	3:19.61 (41.04)	4:02.78 (43.17)	4:44.82 (42.04)	5:28.53 (43.71)	
	6:11.07 (42.54)	6:52.03 (40.96)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 80 Girls 13-14 500 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
30	Gordon, Shelby	13	The Capitol Sea Devils	NT	6:55.27
	37.48	1:17.65 (40.17)	1:59.83 (42.18)	2:41.33 (41.50)	
	3:24.89 (43.56)	4:07.73 (42.84)	4:50.55 (42.82)	5:33.79 (43.24)	
	6:15.79 (42.00)	6:55.27 (39.48)			
31	Burks, Paige	14	Fairfax Foxes Swimming	7:25.43	7:08.09
	36.64	1:19.36 (42.72)	2:04.86 (45.50)	2:49.27 (44.41)	
	3:34.23 (44.96)	4:18.28 (44.05)	5:01.92 (43.64)	5:46.68 (44.76)	
	6:29.31 (42.63)	7:08.09 (38.78)			
32	Levine, Lila	13	The Capitol Sea Devils	7:22.31	7:08.52
	36.19	1:17.43 (41.24)	2:00.49 (43.06)	2:44.99 (44.50)	
	3:29.53 (44.54)	4:14.21 (44.68)	4:58.97 (44.76)	5:43.23 (44.26)	
	6:27.62 (44.39)	7:08.52 (40.90)			
33	Hietpas, Emily	13	Fairfax Foxes Swimming	NT	7:11.87
	37.78	1:21.00 (43.22)	2:05.87 (44.87)	2:51.29 (45.42)	
	3:35.43 (44.14)	4:19.97 (44.54)	5:03.75 (43.78)	5:48.45 (44.70)	
	6:32.63 (44.18)	7:11.87 (39.24)			
34	Saputo, Veena	13	The Capitol Sea Devils	8:11.03	7:18.16
	36.86	1:19.28 (42.42)	2:03.29 (44.01)	2:48.28 (44.99)	
	3:34.43 (46.15)	4:20.04 (45.61)	5:05.50 (45.46)	5:51.30 (45.80)	
	6:36.47 (45.17)	7:18.16 (41.69)			
35	Benjamin, Ella	14	The Capitol Sea Devils	7:48.95	7:20.25
	36.49	1:20.56 (44.07)	2:06.12 (45.56)	2:51.73 (45.61)	
	3:37.60 (45.87)	4:24.46 (46.86)	5:10.46 (46.00)	5:55.32 (44.86)	
	6:39.75 (44.43)	7:20.25 (40.50)			
36	Zayas, Leandra	14	Jcc Swimming	7:20.05	7:29.18
	35.93	1:17.76 (41.83)	2:02.03 (44.27)	2:47.99 (45.96)	
	3:35.51 (47.52)	4:23.44 (47.93)	5:11.57 (48.13)	5:59.62 (48.05)	
	6:46.43 (46.81)	7:29.18 (42.75)			
37	Cypes, Riley	14	The Capitol Sea Devils	8:48.67	7:32.58
	37.35	1:19.47 (42.12)	2:03.59 (44.12)	2:50.09 (46.50)	
	3:37.12 (47.03)	4:24.76 (47.64)	5:13.44 (48.68)	6:00.51 (47.07)	
	6:48.38 (47.87)	7:32.58 (44.20)			
38	Wesolowski, Colette	13	The Capitol Sea Devils	NT	8:32.80
	41.05	1:28.62 (47.57)	2:20.69 (52.07)	3:14.57 (53.88)	
	4:08.42 (53.85)	5:02.07 (53.65)	5:54.56 (52.49)	6:47.51 (52.95)	
	7:41.91 (54.40)	8:32.80 (50.89)			

Event 81 Boys 13-14 500 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Farley, Evan	14	Nation's Capital Swim Club	5:09.69	5:08.48
	26.71	56.31 (29.60)	1:26.98 (30.67)	1:58.14 (31.16)	
	2:29.75 (31.61)	3:01.50 (31.75)	3:33.60 (32.10)	4:05.35 (31.75)	
	4:37.53 (32.18)	5:08.48 (30.95)			
2	Price, August	13	The Fish	5:51.34	5:24.86
	29.05	1:00.99 (31.94)	1:34.21 (33.22)	2:07.41 (33.20)	
	2:41.22 (33.81)	3:13.78 (32.56)	3:46.95 (33.17)	4:20.20 (33.25)	
	4:53.14 (32.94)	5:24.86 (31.72)			
3	Kelly, Joseph	14	York Swim Club of Northern Vir	5:30.08	5:25.71
	28.76	1:01.37 (32.61)	1:35.14 (33.77)	2:08.91 (33.77)	
	2:42.23 (33.32)	3:15.97 (33.74)	3:49.60 (33.63)	4:23.07 (33.47)	
	4:55.43 (32.36)	5:25.71 (30.28)			
4	Clark, Logan	14	The St. James	5:43.20	5:26.09
	28.93	1:01.16 (32.23)	1:34.93 (33.77)	2:08.58 (33.65)	
	2:41.88 (33.30)	3:15.72 (33.84)	3:49.31 (33.59)	4:22.96 (33.65)	
	4:55.45 (32.49)	5:26.09 (30.64)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 81 Boys 13-14 500 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
5	Bussey, Joseph	13	The Capitol Sea Devils	5:43.74	5:34.77
	29.14	1:02.14 (33.00)	1:35.65 (33.51)	2:09.38 (33.73)	
	2:43.20 (33.82)	3:17.44 (34.24)	3:52.29 (34.85)	4:26.90 (34.61)	
	5:01.28 (34.38)	5:34.77 (33.49)			
6	Gori, Theo	14	York Swim Club of Northern Vir	5:35.90	5:39.76
	28.04	1:00.86 (32.82)	1:34.17 (33.31)	2:08.58 (34.41)	
	2:43.11 (34.53)	3:18.67 (35.56)	3:53.71 (35.04)	4:28.27 (34.56)	
	5:04.78 (36.51)	5:39.76 (34.98)			
7	Barry, Declan	14	Mako Swimming	6:00.77	5:40.07
	28.88	1:01.24 (32.36)	1:35.07 (33.83)	2:10.29 (35.22)	
	2:45.91 (35.62)	3:21.47 (35.56)	3:56.95 (35.48)	4:32.36 (35.41)	
	5:06.63 (34.27)	5:40.07 (33.44)			
8	Smith, Henry	14	Nation's Capital Swim Club	6:26.74	5:41.06
	30.73	1:04.42 (33.69)	1:39.91 (35.49)	2:15.34 (35.43)	
	2:50.42 (35.08)	3:25.36 (34.94)	4:00.20 (34.84)	4:34.90 (34.70)	
	5:08.83 (33.93)	5:41.06 (32.23)			
9	Maier, Jack	13	Mako Swimming	6:14.75	5:44.48
	29.35	1:03.04 (33.69)	1:37.96 (34.92)	2:13.51 (35.55)	
	2:49.16 (35.65)	3:25.30 (36.14)	4:01.25 (35.95)	4:36.96 (35.71)	
	5:11.37 (34.41)	5:44.48 (33.11)			
10	Kownacki, Cooper	13	Mako Swimming	NT	5:45.78
	29.62	1:03.41 (33.79)	1:38.67 (35.26)	2:14.37 (35.70)	
	2:50.00 (35.63)	3:25.62 (35.62)	4:01.19 (35.57)	4:36.74 (35.55)	
	5:12.31 (35.57)	5:45.78 (33.47)			
11	Fukui, Taka	14	Jcc Swimming	5:56.21	5:49.02
	28.75	1:01.27 (32.52)	1:35.46 (34.19)	2:11.71 (36.25)	
	2:49.03 (37.32)	3:25.74 (36.71)	4:02.32 (36.58)	4:39.66 (37.34)	
	5:16.10 (36.44)	5:49.02 (32.92)			
12	Russell, Wyatt	14	Nation's Capital Swim Club	5:58.37	5:49.26
	30.12	1:03.83 (33.71)	1:39.17 (35.34)	2:14.80 (35.63)	
	2:49.94 (35.14)	3:26.41 (36.47)	4:03.27 (36.86)	4:39.78 (36.51)	
	5:15.83 (36.05)	5:49.26 (33.43)			
13	Sayasithsena, Vincent	14	Mako Swimming	6:12.70	5:49.85
	30.18	1:04.54 (34.36)	1:40.29 (35.75)	2:16.01 (35.72)	
	2:51.82 (35.81)	3:27.58 (35.76)	4:04.19 (36.61)	4:40.81 (36.62)	
	5:16.33 (35.52)	5:49.85 (33.52)			
14	Hill, Owen	14	The Fish	5:50.50	5:50.35
	30.33	1:03.86 (33.53)	1:38.81 (34.95)	2:14.52 (35.71)	
	2:50.85 (36.33)	3:27.56 (36.71)	4:04.05 (36.49)	4:40.37 (36.32)	
	5:16.31 (35.94)	5:50.35 (34.04)			
15	Suggs, Dylan	13	The Capitol Sea Devils	7:15.25	5:53.20
	30.87	1:06.26 (35.39)	1:42.19 (35.93)	2:18.99 (36.80)	
	2:55.48 (36.49)	3:32.46 (36.98)	4:09.15 (36.69)	4:45.60 (36.45)	
	5:21.08 (35.48)	5:53.20 (32.12)			
16	Hiscock, Will	13	The Capitol Sea Devils	6:01.54	5:54.22
	30.33	1:04.53 (34.20)	1:39.77 (35.24)	2:16.07 (36.30)	
	2:52.18 (36.11)	3:28.69 (36.51)	4:05.66 (36.97)	4:42.17 (36.51)	
	5:19.43 (37.26)	5:54.22 (34.79)			
17	Kumbang, Yusuf	14	Fairfax Foxes Swimming	6:35.44	6:04.29
	30.28	1:05.66 (35.38)	1:43.05 (37.39)	2:20.63 (37.58)	
	2:58.13 (37.50)	3:36.37 (38.24)	4:15.30 (38.93)	4:53.63 (38.33)	
	5:30.61 (36.98)	6:04.29 (33.68)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 81 Boys 13-14 500 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
18	King, Andrew	13	Mako Swimming	6:21.10	6:04.41
	31.04	1:05.86 (34.82)	1:41.97 (36.11)	2:20.04 (38.07)	
	2:57.98 (37.94)	3:35.85 (37.87)	4:13.30 (37.45)	4:51.13 (37.83)	
	5:28.60 (37.47)	6:04.41 (35.81)			
19	Toomey, Kyle	13	Herndon Aquatic Club	5:52.61	6:04.94
	30.76	1:06.07 (35.31)	1:42.78 (36.71)	2:20.50 (37.72)	
	2:58.45 (37.95)	3:37.17 (38.72)	4:15.85 (38.68)	4:55.04 (39.19)	
	5:31.18 (36.14)	6:04.94 (33.76)			
20	Brinkerhoff-Molluzzo, Costas	14	The Capitol Sea Devils	6:31.04	6:07.27
	30.59	1:05.97 (35.38)	1:44.03 (38.06)	2:21.82 (37.79)	
	3:00.32 (38.50)	3:38.23 (37.91)	4:16.42 (38.19)	4:54.97 (38.55)	
	5:32.49 (37.52)	6:07.27 (34.78)			
21	Lee, Jayden	14	York Swim Club of Northern Vir	6:22.74	6:13.23
	30.18	1:06.48 (36.30)	1:44.95 (38.47)	2:23.82 (38.87)	
	3:03.33 (39.51)	3:42.07 (38.74)	4:19.98 (37.91)	4:57.70 (37.72)	
	5:36.61 (38.91)	6:13.23 (36.62)			
22	Morais, Vincent	14	Herndon Aquatic Club	NT	6:13.61
	32.11	1:08.18 (36.07)	1:46.56 (38.38)	2:25.39 (38.83)	
	3:04.27 (38.88)	3:43.72 (39.45)	4:22.89 (39.17)	5:01.91 (39.02)	
	5:39.85 (37.94)	6:13.61 (33.76)			
23	Jedrzejewski, Julian	13	Fairfax Foxes Swimming	6:59.83	6:13.82
	31.94	1:08.48 (36.54)	1:47.06 (38.58)	2:26.40 (39.34)	
	3:05.10 (38.70)	3:43.59 (38.49)	4:21.82 (38.23)	5:01.08 (39.26)	
	5:39.43 (38.35)	6:13.82 (34.39)			
24	Rosenthal, Parker	13	The Capitol Sea Devils	NT	6:14.93
	32.31	1:09.65 (37.34)	1:48.57 (38.92)	2:27.07 (38.50)	
	3:06.30 (39.23)	3:45.03 (38.73)	4:24.94 (39.91)	5:03.53 (38.59)	
	5:42.50 (38.97)	6:14.93 (32.43)			
25	Latcovich, Jack	13	The Capitol Sea Devils	6:42.17	6:15.33
	31.40	1:07.34 (35.94)	1:45.73 (38.39)	2:24.90 (39.17)	
	3:04.37 (39.47)	3:43.88 (39.51)	4:23.45 (39.57)	5:02.58 (39.13)	
	5:40.51 (37.93)	6:15.33 (34.82)			
26	Kim, Christian	13	The Fish	6:38.31	6:24.50
	31.31	1:10.04 (38.73)	1:48.51 (38.47)	2:29.12 (40.61)	
	3:10.26 (41.14)	3:50.30 (40.04)	4:30.36 (40.06)	5:10.11 (39.75)	
	5:47.97 (37.86)	6:24.50 (36.53)			
27	Harvey, Nathan	13	Mako Swimming	6:32.93	6:27.60
	33.98	1:13.02 (39.04)	1:53.72 (40.70)	2:32.48 (38.76)	
	3:11.55 (39.07)	3:51.15 (39.60)	4:31.39 (40.24)	5:10.92 (39.53)	
	5:50.78 (39.86)	6:27.60 (36.82)			
28	Wright, Emmett	13	Fairfax Foxes Swimming	8:21.75	6:34.90
	33.07	1:10.00 (36.93)	1:48.82 (38.82)	2:29.20 (40.38)	
	3:10.92 (41.72)	3:51.86 (40.94)	4:33.83 (41.97)	5:14.71 (40.88)	
	5:55.75 (41.04)	6:34.90 (39.15)			
29	Schneider, Teague	13	The St. James	6:48.70	6:38.95
	33.35	1:13.08 (39.73)	1:52.57 (39.49)	2:33.60 (41.03)	
	3:14.89 (41.29)	3:57.11 (42.22)	4:37.85 (40.74)	5:19.65 (41.80)	
	6:00.54 (40.89)	6:38.95 (38.41)			
30	Donahue, Adrian	13	Herndon Aquatic Club	7:26.02	6:42.12
	37.11	1:17.04 (39.93)	1:58.72 (41.68)	2:39.93 (41.21)	
	3:21.52 (41.59)	4:01.79 (40.27)	4:43.02 (41.23)	5:24.11 (41.09)	
	6:04.50 (40.39)	6:42.12 (37.62)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 81 Boys 13-14 500 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
31	Farahi, Peyton	13	Fairfax Foxes Swimming	7:08.67	6:42.21
	34.87	1:14.67 (39.80)	1:56.04 (41.37)	2:37.59 (41.55)	
	3:19.96 (42.37)	4:01.56 (41.60)	4:42.90 (41.34)	5:24.83 (41.93)	
	6:05.33 (40.50)	6:42.21 (36.88)			
32	Banh, Sean	13	The St. James	6:49.77	6:47.08
	1:11.85			2:37.22 ()	
		4:04.92 ()	4:46.40 (41.48)	5:28.69 (42.29)	
	6:10.55 (41.86)	6:47.08 (36.53)			
33	Alman, Judah	14	Mako Swimming	7:39.25	6:49.75
	32.91	1:11.50 (38.59)	1:51.11 (39.61)	2:31.82 (40.71)	
	3:13.09 (41.27)	6:49.75 (3:36.66)			
34	Malm, Nathaniel	13	The Capitol Sea Devils	8:17.08	7:14.11
	34.04	1:14.08 (40.04)	1:58.07 (43.99)		
	2:43.67 ()	7:14.11 (4:30.44)			
35	Gordon, Henry	13	Nation's Capital Swim Club	NT	7:24.43
	36.71	1:17.96 (41.25)	2:00.78 (42.82)	2:46.53 (45.75)	
	3:32.12 (45.59)	4:19.35 (47.23)	5:06.74 (47.39)	5:53.21 (46.47)	
	6:39.01 (45.80)	7:24.43 (45.42)			
36	Bolden, Matthew	13	Nation's Capital Swim Club	NT	7:38.68
	37.27	1:22.49 (45.22)	2:09.69 (47.20)	2:56.74 (47.05)	
	3:43.79 (47.05)	4:33.89 (50.10)	5:20.98 (47.09)	6:09.33 (48.35)	
	6:57.94 (48.61)	7:38.68 (40.74)			

Event 82 Girls 11-12 100 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Vayra, Eva	12	Nation's Capital Swim Club	1:03.74	57.98
	27.98	57.98 (30.00)			
2	Caruth, Avery	12	Nation's Capital Swim Club	1:02.98	59.04
	28.29	59.04 (30.75)			
3	Paynter, Abby	12	Mako Swimming	1:04.15	59.36
	28.35	59.36 (31.01)			
4	Sorden, Claire	12	Mako Swimming	1:01.78	59.94
	28.86	59.94 (31.08)			
5	Carroll, Hannah	12	Mako Swimming	1:00.01	1:00.27
	28.58	1:00.27 (31.69)			
6	Moretz, Courtney	11	The Fish	1:01.43	1:01.05
	29.57	1:01.05 (31.48)			
7	Flanagan, Claire	11	Mako Swimming	1:01.75	1:01.26
	28.82	1:01.26 (32.44)			
8	Ruiz de Gamboa, Ana	12	The Capitol Sea Devils	1:01.77	1:01.45
	29.53	1:01.45 (31.92)			
9	Aurilio, Natalie	12	The Capitol Sea Devils	1:05.30	1:02.59
	30.37	1:02.59 (32.22)			
10	Barnes, Makayla	12	Mako Swimming	1:04.88	1:02.89
	30.26	1:02.89 (32.63)			
11	Carroll, Izzie	11	Mako Swimming	1:05.59	1:03.05
	30.78	1:03.05 (32.27)			
12	Strano, Emma	12	Mako Swimming	1:06.05	1:03.14
	30.58	1:03.14 (32.56)			
13	Howard, Serena	12	Mako Swimming	1:07.92	1:03.41
	30.28	1:03.41 (33.13)			
14	Salerno, Genevieve	11	Fairfax Foxes Swimming	1:04.46	1:03.74
	29.74	1:03.74 (34.00)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 82 Girls 11-12 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
15	Maher, Emma	11	Nation's Capital Swim Club	1:04.49	1:03.75
	29.77	1:03.75 (33.98)			
16	McNiff, Alison	12	Mako Swimming	1:05.09	1:03.86
	30.98	1:03.86 (32.88)			
17	Kosowski, Julia	11	Mako Swimming	1:04.10	1:03.96
	30.20	1:03.96 (33.76)			
18	Olsen, Ingrid	12	The Capitol Sea Devils	1:06.10	1:04.26
	30.62	1:04.26 (33.64)			
19	Gassenmeyer, Paige	12	Herndon Aquatic Club	1:06.18	1:04.54
	31.27	1:04.54 (33.27)			
20	Negrelli, Ana	11	The Fish	1:08.27	1:04.81
	31.09	1:04.81 (33.72)			
21	Kache, Rania	12	York Swim Club of Northern Vir	1:04.86	1:04.89
	30.18	1:04.89 (34.71)			
22	Hanik, Bailey	11	Fairfax Foxes Swimming	1:07.23	1:05.24
	31.34	1:05.24 (33.90)			
23	Springer, Sedona	11	Nation's Capital Swim Club	1:07.16	1:05.32
	30.53	1:05.32 (34.79)			
24	Leger, Leah	11	The St. James	1:07.90	1:05.47
	31.15	1:05.47 (34.32)			
25	McLain, Skyla	12	Nation's Capital Swim Club	1:07.05	1:05.85
	31.28	1:05.85 (34.57)			
26	Walsh, Caitlin	12	York Swim Club of Northern Vir	1:06.47	1:06.05
	31.08	1:06.05 (34.97)			
27	Hetzel, Julia Grace	12	The Capitol Sea Devils	1:08.25	1:06.21
	31.22	1:06.21 (34.99)			
28	Musgrove, Avery	12	Fairfax Foxes Swimming	1:06.86	1:06.72
	32.42	1:06.72 (34.30)			
29	Zimmer, Raquel	12	The Capitol Sea Devils	1:09.14	1:07.28
	32.52	1:07.28 (34.76)			
30	Rosenthal, Giana	11	The Capitol Sea Devils	NT	1:07.51
	32.23	1:07.51 (35.28)			
*31	Sorden, Cate	11	Mako Swimming	1:04.71	1:07.70
	32.11	1:07.70 (35.59)			
*31	Boyd, Charlie	12	York Swim Club of Northern Vir	1:08.11	1:07.70
	32.16	1:07.70 (35.54)			
33	Schneider, Tinsley	11	The St. James	1:09.25	1:08.11
	32.72	1:08.11 (35.39)			
34	Gannon, Maeve	11	Fairfax Foxes Swimming	1:17.07	1:08.77
	33.27	1:08.77 (35.50)			
35	Falsone, Isabella	11	The Fish	1:10.90	1:08.92
	32.43	1:08.92 (36.49)			
36	Nolten, Yasmina	12	The Fish	1:17.09	1:09.22
	32.19	1:09.22 (37.03)			
37	Ahn, Vita	12	Fairfax Foxes Swimming	1:17.52	1:09.33
	32.93	1:09.33 (36.40)			
38	Niland, Avery	12	York Swim Club of Northern Vir	1:08.11	1:09.48
	32.72	1:09.48 (36.76)			
39	Pizzamiglio, Tess	12	The Fish	1:13.62	1:09.67
	32.72	1:09.67 (36.95)			
40	McShane, Rachel	12	York Swim Club of Northern Vir	1:11.46	1:09.76
	33.16	1:09.76 (36.60)			
41	Gibbs, Evelyn	11	Mako Swimming	1:10.32	1:09.77
	33.23	1:09.77 (36.54)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 82 Girls 11-12 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
42	Spencer, Aubrey	11	The St. James	1:14.84	1:10.00
	33.82	1:10.00 (36.18)			
*43	Hockenbury, Claire	11	Fairfax Foxes Swimming	1:10.57	1:10.43
	33.39	1:10.43 (37.04)			
*43	Lewis, Hannah	12	Fairfax Foxes Swimming	1:18.48	1:10.43
	33.25	1:10.43 (37.18)			
*45	Gabet, Coraline	12	York Swim Club of Northern Vir	1:13.26	1:10.57
	33.84	1:10.57 (36.73)			
*45	Reid, Julia	12	York Swim Club of Northern Vir	1:13.54	1:10.57
	34.37	1:10.57 (36.20)			
47	Xu, Olivia	11	Mako Swimming	1:13.21	1:10.63
	33.90	1:10.63 (36.73)			
48	Cocker, Claire	11	York Swim Club of Northern Vir	1:14.71	1:10.74
	33.29	1:10.74 (37.45)			
49	Baghai, Nila	12	The Fish	1:15.85	1:11.97
	34.62	1:11.97 (37.35)			
50	Fahle, Gryffin	11	York Swim Club of Northern Vir	1:13.24	1:12.07
	34.47	1:12.07 (37.60)			
51	Shepard, Harper	11	The Fish	1:12.65	1:12.57
	34.79	1:12.57 (37.78)			
52	Jasinski, Maggie	12	Fairfax Foxes Swimming	1:13.97	1:12.82
	34.54	1:12.82 (38.28)			
53	Padilla, Summer	11	York Swim Club of Northern Vir	1:16.16	1:12.89
	35.64	1:12.89 (37.25)			
54	Solomon, Ephi	11	The Capitol Sea Devils	NT	1:12.97
	34.40	1:12.97 (38.57)			
55	Schmitz, Clara	12	The Fish	1:16.33	1:13.14
	35.10	1:13.14 (38.04)			
56	King, Katie	11	Mako Swimming	1:14.85	1:13.22
	35.60	1:13.22 (37.62)			
57	Draughon, Scarlett	11	The Capitol Sea Devils	1:22.73	1:13.28
	35.52	1:13.28 (37.76)			
58	Daumit, Maren	12	Fairfax Foxes Swimming	1:27.61	1:13.53
	34.23	1:13.53 (39.30)			
59	Berntson, Lily	11	Fairfax Foxes Swimming	1:18.84	1:13.90
	34.33	1:13.90 (39.57)			
60	Litzler, Lucy	12	York Swim Club of Northern Vir	1:16.37	1:13.98
	33.51	1:13.98 (40.47)			
61	Hiscock, Ellie	11	The Capitol Sea Devils	1:17.99	1:14.12
	35.70	1:14.12 (38.42)			
62	Abraham, Naveen	11	The Capitol Sea Devils	1:17.07	1:14.21
	34.71	1:14.21 (39.50)			
63	Shimels, Yohanna	12	Fairfax Foxes Swimming	1:20.65	1:15.93
	36.52	1:15.93 (39.41)			
64	Richardson, Annica	11	Nation's Capital Swim Club	1:20.52	1:15.98
	35.79	1:15.98 (40.19)			
65	Keenan, Olive	12	York Swim Club of Northern Vir	1:16.64	1:16.04
	35.47	1:16.04 (40.57)			
66	Dosch, Sloane	12	Mako Swimming	1:18.64	1:16.11
	36.19	1:16.11 (39.92)			
67	Hamblet, Evelyn	11	The Capitol Sea Devils	1:18.23	1:16.35
	35.97	1:16.35 (40.38)			
68	Allen, Caris	12	Herndon Aquatic Club	1:18.20	1:16.45
	36.92	1:16.45 (39.53)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 82 Girls 11-12 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
69	O'Malley, Shona	11	The Capitol Sea Devils	1:19.67	1:16.47
	36.49	1:16.47 (39.98)			
70	Fawsett, Katie	12	The Capitol Sea Devils	1:25.39	1:16.50
	35.91	1:16.50 (40.59)			
71	Raizman, Maddie	11	The Capitol Sea Devils	1:27.63	1:17.09
	36.25	1:17.09 (40.84)			
72	Peters, Adeline	12	The Capitol Sea Devils	NT	1:17.55
	36.11	1:17.55 (41.44)			
73	Lawrence, Charlotte	12	Herndon Aquatic Club	1:17.26	1:17.72
	36.81	1:17.72 (40.91)			
74	Simpson, Delaney	11	Fairfax Foxes Swimming	1:19.12	1:17.92
	36.85	1:17.92 (41.07)			
75	Sick, Ava	11	Nation's Capital Swim Club	1:21.16	1:18.49
	37.34	1:18.49 (41.15)			
76	Silson, Ava	12	The Capitol Sea Devils	1:18.51	1:18.58
	37.53	1:18.58 (41.05)			
77	Burns, Abby	11	The Capitol Sea Devils	1:37.99	1:18.73
	37.55	1:18.73 (41.18)			
78	Nelson, Juliette	11	The Capitol Sea Devils	1:23.79	1:19.25
	38.64	1:19.25 (40.61)			
79	Bryce, Sabrina	11	The Capitol Sea Devils	1:27.71	1:19.30
	37.65	1:19.30 (41.65)			
80	Morgan, Abby	12	Herndon Aquatic Club	1:42.36	1:19.72
	37.15	1:19.72 (42.57)			
81	Bryan, Corinne	12	Fairfax Foxes Swimming	1:27.27	1:20.11
	39.10	1:20.11 (41.01)			
82	Flach, Emily	12	Nation's Capital Swim Club	1:26.91	1:20.79
	38.13	1:20.79 (42.66)			
83	Wright, Charlotte	11	Fairfax Foxes Swimming	1:28.90	1:21.21
	38.93	1:21.21 (42.28)			
84	Kattige, Aanya	12	York Swim Club of Northern Vir	NT	1:21.35
	38.40	1:21.35 (42.95)			
85	Juarez, Vivian	12	The Capitol Sea Devils	1:24.00	1:21.62
	38.43	1:21.62 (43.19)			
86	Forde, Madison	11	York Swim Club of Northern Vir	1:25.78	1:21.81
	37.90	1:21.81 (43.91)			
87	Abrams, LoLo	11	Jcc Swimming	1:30.95	1:21.99
	38.75	1:21.99 (43.24)			
88	Mohl, Lucy	12	York Swim Club of Northern Vir	1:18.00	1:22.12
	37.54	1:22.12 (44.58)			
89	Cassell, Evie	12	Fairfax Foxes Swimming	1:33.14	1:22.76
	40.76	1:22.76 (42.00)			
90	Sisserson, Hailey	11	Herndon Aquatic Club	1:16.74	1:22.85
	37.34	1:22.85 (45.51)			
91	Sellgren, Kirin	11	York Swim Club of Northern Vir	1:35.59	1:22.89
	38.52	1:22.89 (44.37)			
92	Brink, Reagan	11	Herndon Aquatic Club	1:25.60	1:23.20
	38.47	1:23.20 (44.73)			
93	Simard, Eleanor	12	Herndon Aquatic Club	NT	1:23.70
	40.32	1:23.70 (43.38)			
94	Suazo, Sophia	11	Herndon Aquatic Club	1:28.18	1:24.29
*95	Goldian, Claire	11	York Swim Club of Northern Vir	NT	1:24.30
	40.25	1:24.30 (44.05)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 82 Girls 11-12 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
*95	Berthe, Hannah	11	York Swim Club of Northern Vir	1:31.85	1:24.30
	39.12	1:24.30 (45.18)			
97	Clark, Elise	12	York Swim Club of Northern Vir	1:33.92	1:25.03
	40.78	1:25.03 (44.25)			
98	Lynch, Keira	12	Fairfax Foxes Swimming	1:25.17	1:25.33
	40.67	1:25.33 (44.66)			
99	Kapoor, Emma	12	Nation's Capital Swim Club	1:29.90	1:25.40
	40.84	1:25.40 (44.56)			
100	Guyton, Felicity	11	The Capitol Sea Devils	1:29.90	1:25.52
	40.55	1:25.52 (44.97)			
101	Gnatt, Laila	12	The Capitol Sea Devils	1:26.12	1:26.19
	41.33	1:26.19 (44.86)			
102	Peffer, Rooney	11	Herndon Aquatic Club	NT	1:26.77
	40.43	1:26.77 (46.34)			
103	Berry, Allison	11	York Swim Club of Northern Vir	1:27.63	1:27.51
	41.38	1:27.51 (46.13)			
104	Wade, Lillian	11	Fairfax Foxes Swimming	NT	1:27.75
	39.57	1:27.75 (48.18)			
105	Cappell, Cora	11	The Capitol Sea Devils	1:30.36	1:28.60
	40.02	1:28.60 (48.58)			
106	Diamond, Mila	11	The Capitol Sea Devils	1:35.33	1:29.22
	42.45	1:29.22 (46.77)			
107	O'Reilly, Teagan	11	York Swim Club of Northern Vir	NT	1:29.86
	42.04	1:29.86 (47.82)			
108	Getz, Cora	11	The Capitol Sea Devils	1:58.84	1:29.99
	42.62	1:29.99 (47.37)			
109	Ho, Ambry	12	York Swim Club of Northern Vir	NT	1:30.34
	40.79	1:30.34 (49.55)			
110	Taylor, Scarlett	11	York Swim Club of Northern Vir	NT	1:31.75
	42.82	1:31.75 (48.93)			
111	Anderson, Riley	11	Herndon Aquatic Club	1:33.43	1:33.06
	43.88	1:33.06 (49.18)			
112	Blair, Julia	12	The Capitol Sea Devils	1:36.32	1:35.23
	45.61	1:35.23 (49.62)			
113	Deuterman, Sophia	12	Fairfax Foxes Swimming	1:42.86	1:37.15
	47.27	1:37.15 (49.88)			
114	Richmond Dias, Beatriz	12	The Capitol Sea Devils	1:46.06	1:39.51
	45.46	1:39.51 (54.05)			

Event 83 Boys 11-12 100 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Hartman, Charlie	12	Nation's Capital Swim Club	55.88	54.85
	26.34	54.85 (28.51)			
2	MacKay, Bryce	12	York Swim Club of Northern Vir	58.52	56.10
	27.05	56.10 (29.05)			
3	Butler, Henry	12	The St. James	1:02.39	57.10
	27.03	57.10 (30.07)			
4	Soderlund, Josh	11	Nation's Capital Swim Club	57.12	57.18
	27.25	57.18 (29.93)			
5	Herbert, Mason	12	Mako Swimming	1:00.26	57.32
	27.45	57.32 (29.87)			
6	Soukup, Aidan	12	Nation's Capital Swim Club	58.33	57.92
	27.88	57.92 (30.04)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 83 Boys 11-12 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
7	Major, Teddy	12	York Swim Club of Northern Vir	1:01.17	59.23
	28.09	59.23 (31.14)			
8	Eubanks, Gavin	12	The Fish	1:00.53	59.31
	28.78	59.31 (30.53)			
9	Eden, Owen	12	The Fish	1:01.80	59.34
	28.53	59.34 (30.81)			
10	Fulton, Simon	12	The Capitol Sea Devils	57.38	59.43
	27.90	59.43 (31.53)			
11	Cooper, Henry	12	The Fish	1:00.02	59.53
	28.40	59.53 (31.13)			
12	von der Heydt, Alexander	12	The Fish	1:02.06	59.67
	28.06	59.67 (31.61)			
13	Pelaez, Andrew	11	The Fish	59.21	1:00.43
14	Giangrandi, Ralph	11	The St. James	1:03.72	1:00.51
	29.02	1:00.51 (31.49)			
15	Chawla, Vikas	12	Nation's Capital Swim Club	1:01.42	1:00.86
	28.85	1:00.86 (32.01)			
16	Maier, Will	11	Mako Swimming	1:02.87	1:00.92
	28.84	1:00.92 (32.08)			
17	Wahl, Liam	12	Mako Swimming	1:04.37	1:01.76
	29.19	1:01.76 (32.57)			
18	Powell-Switaj, Benton	12	The St. James	1:04.63	1:01.93
	29.85	1:01.93 (32.08)			
19	Parks, Nicholas	11	York Swim Club of Northern Vir	1:06.13	1:02.36
	29.30	1:02.36 (33.06)			
20	Johnson, Reid	11	The Capitol Sea Devils	1:03.91	1:02.55
	30.13	1:02.55 (32.42)			
21	Yoon, Gio	11	Fairfax Foxes Swimming	1:07.52	1:02.85
	29.80	1:02.85 (33.05)			
22	Owens, Harrison	12	York Swim Club of Northern Vir	1:04.51	1:02.95
	30.30	1:02.95 (32.65)			
23	Casteel, Zach	12	Fairfax Foxes Swimming	NT	1:03.09
	29.77	1:03.09 (33.32)			
24	Williams, Archer	11	The Fish	1:08.02	1:03.76
	31.33	1:03.76 (32.43)			
25	Kumbang, Zach	12	Fairfax Foxes Swimming	1:06.83	1:03.84
	29.83	1:03.84 (34.01)			
26	Friedman, Benjamin	12	York Swim Club of Northern Vir	1:06.46	1:04.21
	30.40	1:04.21 (33.81)			
27	Jaffee, Carter	11	Nation's Capital Swim Club	1:07.27	1:04.61
	30.84	1:04.61 (33.77)			
28	Gowel, Joey	12	The Capitol Sea Devils	1:06.71	1:05.70
	29.91	1:05.70 (35.79)			
29	Dumas, Calibro	11	Fairfax Foxes Swimming	1:10.15	1:05.84
	31.00	1:05.84 (34.84)			
30	Huey, Carter	12	The Fish	1:06.19	1:06.08
	30.68	1:06.08 (35.40)			
31	Pinilla, Lulu	12	Mako Swimming	1:08.63	1:06.28
	32.39	1:06.28 (33.89)			
32	Kelly, Charlie	11	York Swim Club of Northern Vir	1:10.13	1:06.31
	32.14	1:06.31 (34.17)			
33	Flook, Liam	11	Mako Swimming	1:07.97	1:06.62
	32.58	1:06.62 (34.04)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 83 Boys 11-12 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
34	Hylton, Bryson	12	The Fish	1:15.32	1:06.82
	31.86	1:06.82 (34.96)			
35	Busen, Holden	12	Nation's Capital Swim Club	1:03.52	1:06.90
	31.70	1:06.90 (35.20)			
36	Major, Henry	11	York Swim Club of Northern Vir	1:07.87	1:07.48
	30.94	1:07.48 (36.54)			
37	Ma, Mario	12	The Fish	1:11.44	1:08.03
	31.99	1:08.03 (36.04)			
38	Schlotterer, Patrick	11	The Capitol Sea Devils	1:13.06	1:08.04
	32.30	1:08.04 (35.74)			
39	Yang, Dylan	11	Mako Swimming	1:08.87	1:08.47
	32.65	1:08.47 (35.82)			
40	Perez-Roberts, Parker	11	York Swim Club of Northern Vir	1:15.68	1:09.26
	32.76	1:09.26 (36.50)			
41	Xu, Aiden	12	Nation's Capital Swim Club	1:09.32	1:09.42
	33.06	1:09.42 (36.36)			
42	Tramonte, Tommy	11	York Swim Club of Northern Vir	1:09.52	1:09.67
	33.04	1:09.67 (36.63)			
43	Farquhar, Dylan	11	York Swim Club of Northern Vir	1:17.59	1:09.79
	32.70	1:09.79 (37.09)			
44	St Louis, Oscar	11	Fairfax Foxes Swimming	1:12.75	1:09.83
	33.11	1:09.83 (36.72)			
45	Rasmussen, Henry	11	York Swim Club of Northern Vir	1:15.07	1:10.91
	33.93	1:10.91 (36.98)			
46	Moosavi, Cameron	11	York Swim Club of Northern Vir	1:27.46	1:12.04
	32.99	1:12.04 (39.05)			
47	Weber, Danny	12	The Fish	1:19.03	1:12.11
	35.25	1:12.11 (36.86)			
48	Traboulsi, Roman	11	York Swim Club of Northern Vir	1:23.74	1:12.27
	33.71	1:12.27 (38.56)			
49	Butcher, Benny	12	The Capitol Sea Devils	1:10.53	1:12.37
	33.55	1:12.37 (38.82)			
50	Lybarger, Hudson	11	The Capitol Sea Devils	1:21.88	1:12.47
	35.07	1:12.47 (37.40)			
51	Redmann, Isaac	11	The Capitol Sea Devils	1:17.55	1:12.67
	34.23	1:12.67 (38.44)			
52	Cline, Alex	12	York Swim Club of Northern Vir	NT	1:13.10
	34.70	1:13.10 (38.40)			
53	Wright, Hank	11	Fairfax Foxes Swimming	1:19.01	1:13.53
	35.90	1:13.53 (37.63)			
54	Sanders, Matthew	12	The Capitol Sea Devils	1:12.27	1:13.58
	34.84	1:13.58 (38.74)			
55	Ornyas, Johnny	11	Fairfax Foxes Swimming	1:14.36	1:13.90
	35.07	1:13.90 (38.83)			
56	Plavchan, Lincoln	11	Fairfax Foxes Swimming	1:14.90	1:13.92
	35.11	1:13.92 (38.81)			
57	Woodworth, Peter	11	York Swim Club of Northern Vir	1:22.88	1:14.18
	35.80	1:14.18 (38.38)			
58	Dunning, Rory	11	The Capitol Sea Devils	1:24.56	1:14.60
59	Limachi Orellana, Madox	11	York Swim Club of Northern Vir	NT	1:14.80
	34.20	1:14.80 (40.60)			
60	Maria, Michael	12	York Swim Club of Northern Vir	1:14.17	1:14.89
	34.18	1:14.89 (40.71)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 83 Boys 11-12 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
61	Prachanronarong-Budo, Ryker	11	Jcc Swimming	1:15.90	1:15.72
	34.40	1:15.72 (41.32)			
62	Tabak, Lucas	11	York Swim Club of Northern Vir	NT	1:16.23
	36.57	1:16.23 (39.66)			
63	Pitocchelli, Fox	11	The Capitol Sea Devils	NT	1:16.53
	36.96	1:16.53 (39.57)			
64	Melmed, Ian	11	The Capitol Sea Devils	1:17.30	1:16.60
	35.22	1:16.60 (41.38)			
65	DiGaudio, Luke	12	York Swim Club of Northern Vir	1:19.02	1:16.93
	36.89	1:16.93 (40.04)			
66	Hein, Michael	12	The Capitol Sea Devils	1:18.30	1:16.94
	36.46	1:16.94 (40.48)			
67	Sitton, Avery	11	Herndon Aquatic Club	1:35.28	1:17.06
	34.76	1:17.06 (42.30)			
68	Carrano, Lucas	11	Fairfax Foxes Swimming	1:22.39	1:17.80
	37.16	1:17.80 (40.64)			
69	Zhao, Nathan	11	Nation's Capital Swim Club	1:23.77	1:20.02
70	Redmann, Lucas	11	The Capitol Sea Devils	1:18.58	1:20.07
	37.60	1:20.07 (42.47)			
71	Grimaldi Sotton, Alexandre	12	York Swim Club of Northern Vir	1:28.17	1:20.47
	34.99	1:20.47 (45.48)			
72	Morgan, Timmy	11	Herndon Aquatic Club	2:04.08	1:21.18
	39.00	1:21.18 (42.18)			
73	Eckstein, Henry	11	The Capitol Sea Devils	NT	1:23.93
	38.55	1:23.93 (45.38)			
74	Bushati, Matias	11	The Capitol Sea Devils	NT	1:25.23
	38.19	1:25.23 (47.04)			
75	Todd, Brennan	11	Fairfax Foxes Swimming	1:21.83	1:25.97
	41.23	1:25.97 (44.74)			
76	Meyers, Weston	12	The Capitol Sea Devils	1:26.02	1:26.88
	40.38	1:26.88 (46.50)			
77	Perez, Nicholas	11	The Capitol Sea Devils	NT	1:27.39
78	Sharp, Teddy	11	The Capitol Sea Devils	NT	1:27.68
	40.15	1:27.68 (47.53)			
79	Nair, Sanjay	12	The Capitol Sea Devils	1:40.47	1:29.03
	41.27	1:29.03 (47.76)			
80	Der Kinderen, Josef	12	Herndon Aquatic Club	1:32.05	1:30.42
	41.15	1:30.42 (49.27)			
81	Acharya, Nirav	11	The Capitol Sea Devils	NT	1:30.77
	43.09	1:30.77 (47.68)			
82	Houlahan, Noah	11	The Capitol Sea Devils	1:41.42	1:33.33
	45.37	1:33.33 (47.96)			
83	Cao, Lincoln	11	York Swim Club of Northern Vir	1:55.21	1:35.15
	45.46	1:35.15 (49.69)			
84	Misiaszek, Max	12	The Capitol Sea Devils	1:36.59	1:38.81
	44.11	1:38.81 (54.70)			
85	Danciu-Burdescu, Noah	11	The Capitol Sea Devils	NT	1:43.10
	43.72	1:43.10 (59.38)			
86	Malkani, Nik	11	The Capitol Sea Devils	NT	1:54.03

Event 84 Girls 11-12 50 Yard Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Vayra, Eva	12	Nation's Capital Swim Club	30.74	29.72
2	Caruth, Avery	12	Nation's Capital Swim Club	31.71	30.89

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 84 Girls 11-12 50 Yard Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
3	Paynter, Abby	12	Mako Swimming	32.56	31.02
4	Andrews, Caroline	12	York Swim Club of Northern Vir	33.14	31.22
5	Sorden, Claire	12	Mako Swimming	32.38	31.41
6	Segerson, Vivian	12	The Capitol Sea Devils	32.85	31.75
7	Boyle, Mollie	12	Herndon Aquatic Club	33.64	32.62
8	Fried, Hadley	11	Mako Swimming	32.86	32.72
9	Steele, Gigi	12	The Capitol Sea Devils	38.47	32.85
10	Howard, Serena	12	Mako Swimming	33.52	33.27
11	Barnes, Makayla	12	Mako Swimming	34.49	33.35
12	Gassenmeyer, Paige	12	Herndon Aquatic Club	33.88	33.38
13	Salerno, Genevieve	11	Fairfax Foxes Swimming	34.93	33.52
*14	Pozo, Josie	11	Herndon Aquatic Club	34.25	33.72
*14	Aurilio, Natalie	12	The Capitol Sea Devils	35.42	33.72
16	Kosowski, Julia	11	Mako Swimming	32.52	33.73
17	Walsh, Caitlin	12	York Swim Club of Northern Vir	33.75	33.76
18	Carroll, Izzie	11	Mako Swimming	35.37	33.77
19	Ruiz de Gamboa, Ana	12	The Capitol Sea Devils	33.72	34.13
20	McLain, Skyla	12	Nation's Capital Swim Club	34.75	34.33
21	Cheng, Aria	11	Mako Swimming	35.88	34.51
22	Steiling, Charlotte	12	York Swim Club of Northern Vir	34.91	34.73
23	Sorden, Cate	11	Mako Swimming	34.78	34.74
24	Speed, Emily	12	Mako Swimming	35.84	34.75
25	Verasin, Tasanee	12	The St. James	36.65	35.12
26	Edelstein, Hannah	12	The Capitol Sea Devils	34.50	35.15
27	Pelehac, Lilly	11	Nation's Capital Swim Club	38.12	35.39
28	Spencer, Aubrey	11	The St. James	39.37	35.52
29	Gibbs, Evelyn	11	Mako Swimming	37.95	35.61
30	Musgrove, Avery	12	Fairfax Foxes Swimming	35.83	35.71
31	Martinez, Olivia	11	Nation's Capital Swim Club	34.94	35.76
32	Litzler, Lucy	12	York Swim Club of Northern Vir	37.15	35.87
33	Fahle, Gryffin	11	York Swim Club of Northern Vir	36.88	35.95
34	Hanik, Bailey	11	Fairfax Foxes Swimming	37.19	36.01
35	Todd, Hannah	12	Herndon Aquatic Club	38.11	36.02
36	Reid, Julia	12	York Swim Club of Northern Vir	38.50	36.34
37	McShane, Rachel	12	York Swim Club of Northern Vir	38.49	36.59
38	Jasinski, Maggie	12	Fairfax Foxes Swimming	37.57	36.64
39	Hadzi-Vidanovic, Lily	12	The Capitol Sea Devils	37.07	36.99
40	Smith, Lexi	12	Mako Swimming	38.23	37.28
41	Leger, Leah	11	The St. James	37.91	37.46
42	Ahn, Vita	12	Fairfax Foxes Swimming	42.64	37.51
43	Schmitz, Clara	12	The Fish	37.02	37.52
44	Lewis, Hannah	12	Fairfax Foxes Swimming	39.87	37.66
45	Padilla, Summer	11	York Swim Club of Northern Vir	39.18	37.73
46	Chivvis, Usha	12	The Capitol Sea Devils	NT	37.89
47	Gabet, Coraline	12	York Swim Club of Northern Vir	39.35	38.30
48	Xu, Olivia	11	Mako Swimming	39.36	38.33
49	Gannon, Maeve	11	Fairfax Foxes Swimming	40.70	38.37
50	Daumit, Maren	12	Fairfax Foxes Swimming	40.33	38.42
51	Shepard, Harper	11	The Fish	38.89	38.54
*52	Kim, Maddie	11	Mako Swimming	38.54	38.68
*52	Nolten, Yasmina	12	The Fish	40.46	38.68
54	Cocker, Claire	11	York Swim Club of Northern Vir	39.71	38.75

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 84 Girls 11-12 50 Yard Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
55	Raines, Charlotte	12	York Swim Club of Northern Vir	NT	38.99
56	King, Katie	11	Mako Swimming	39.80	39.01
57	Sahin, Payton	11	York Swim Club of Northern Vir	40.34	39.07
58	Kiernan, Sinead	12	York Swim Club of Northern Vir	40.74	39.08
59	Draughon, Vivienne	12	The Capitol Sea Devils	44.84	39.87
60	Kattige, Aanya	12	York Swim Club of Northern Vir	NT	40.06
61	Berntson, Lily	11	Fairfax Foxes Swimming	41.19	40.36
62	Shimels, Yohanna	12	Fairfax Foxes Swimming	41.74	40.79
63	Hong, Ayin	11	The Fish	43.13	41.00
64	Hill, Helena	11	Nation's Capital Swim Club	39.86	41.47
65	Hessel, Lydia	12	York Swim Club of Northern Vir	NT	41.48
66	Rogers, Grace	11	Nation's Capital Swim Club	41.46	41.56
67	Brink, Reagan	11	Herndon Aquatic Club	42.09	41.64
68	O'Malley, Shona	11	The Capitol Sea Devils	NT	41.66
69	Bryce, Sabrina	11	The Capitol Sea Devils	41.06	41.73
70	Hanspal, Ella	12	Mako Swimming	44.95	41.81
71	Sick, Ava	11	Nation's Capital Swim Club	41.17	41.92
72	Butler, Amelia	11	York Swim Club of Northern Vir	43.74	41.93
73	Baghai, Nila	12	The Fish	43.04	42.57
74	Zheng, Charlotte	11	The Fish	43.64	42.71
75	Mendenhall Koon, Fiona	12	The Capitol Sea Devils	54.11	43.04
76	Cassell, Evie	12	Fairfax Foxes Swimming	44.89	43.13
77	Nelson, Juliette	11	The Capitol Sea Devils	42.53	43.22
78	Forde, Madison	11	York Swim Club of Northern Vir	42.76	43.80
79	O'Reilly, Teagan	11	York Swim Club of Northern Vir	1:04.89	43.88
80	Gnatt, Laila	12	The Capitol Sea Devils	44.10	44.00
81	Wade, Lillian	11	Fairfax Foxes Swimming	NT	44.05
82	Scallan, Adair	11	The Capitol Sea Devils	47.44	44.08
83	Raizman, Maddie	11	The Capitol Sea Devils	47.22	44.26
84	Lynch, Keira	12	Fairfax Foxes Swimming	NT	44.50
85	Larson, Alice	11	The Capitol Sea Devils	57.16	44.55
*86	Abella, Ellie	12	Herndon Aquatic Club	49.41	44.61
*86	Morgan, Abby	12	Herndon Aquatic Club	55.21	44.61
88	Berona, Samantha	11	The Capitol Sea Devils	46.39	44.64
89	Nguyen, Chloe	12	York Swim Club of Northern Vir	46.95	44.65
90	Ritter, Bryce	12	York Swim Club of Northern Vir	46.58	44.91
91	McCammon, Haley	11	York Swim Club of Northern Vir	48.75	45.15
92	Litzler, Abigail	11	York Swim Club of Northern Vir	49.20	45.49
93	Flach, Emily	12	Nation's Capital Swim Club	45.84	46.38
94	Guyton, Felicity	11	The Capitol Sea Devils	45.41	46.60
95	Clark, Elise	12	York Swim Club of Northern Vir	46.99	46.81
96	Bhatt, Alina	12	The Capitol Sea Devils	NT	47.61
97	Sause, Nora	11	Nation's Capital Swim Club	50.26	47.68
98	Suazo, Sophia	11	Herndon Aquatic Club	49.54	48.56
99	Getz, Cora	11	The Capitol Sea Devils	1:01.27	49.30
100	Essen, Kayla	11	York Swim Club of Northern Vir	49.09	50.89
101	Chiquitucto, Grace	11	The Capitol Sea Devils	48.35	51.22
102	Buckley, Fiona	12	The Capitol Sea Devils	NT	51.76
103	Hershman, Rosie	11	York Swim Club of Northern Vir	51.74	52.14
104	Blair, Julia	12	The Capitol Sea Devils	59.04	52.42
105	Diamond, Mila	11	The Capitol Sea Devils	51.73	52.51
106	Cahill, Violet	11	The Capitol Sea Devils	1:07.44	1:01.21

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 84 Girls 11-12 50 Yard Backstroke)**

Name	Age	Team	Seed Time	Finals Time
--- Berthe, Hannah	11	York Swim Club of Northern Vir	47.42	DQ
Delay initiating arm pull at turn				
--- Taylor, Scarlett	11	York Swim Club of Northern Vir	57.29	DQ
No touch at turn				
--- Richmond Dias, Beatriz	12	The Capitol Sea Devils	47.84	DQ
Delay initiating arm pull at turn				

Event 85 Boys 11-12 50 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 MacKay, Bryce	12	York Swim Club of Northern Vir	31.77	29.71
2 Eden, Owen	12	The Fish	29.17	29.73
3 Fulton, Simon	12	The Capitol Sea Devils	31.30	29.76
4 Soukup, Aidan	12	Nation's Capital Swim Club	30.66	30.36
5 Maier, Will	11	Mako Swimming	31.28	30.38
6 Moh, Evan	12	Mako Swimming	31.59	31.40
7 Major, Teddy	12	York Swim Club of Northern Vir	33.93	31.86
8 Johnson, Reid	11	The Capitol Sea Devils	33.30	32.12
9 Parks, Nicholas	11	York Swim Club of Northern Vir	33.17	32.42
10 von der Heydt, Alexander	12	The Fish	NT	32.57
11 Suarez, Davidson	12	The St. James	34.26	32.81
12 Herbert, Mason	12	Mako Swimming	33.80	33.02
13 Wahl, Liam	12	Mako Swimming	32.68	33.16
14 Guthner, Lucas	12	Mako Swimming	37.32	33.58
15 Majiros, Chanler	12	Mako Swimming	33.61	33.74
16 Williams, Archer	11	The Fish	35.60	34.22
17 Underdown, Reid	11	York Swim Club of Northern Vir	34.27	34.43
18 Eubanks, Gavin	12	The Fish	35.24	34.46
19 Somensatto, Marc	12	York Swim Club of Northern Vir	37.74	34.77
20 Pinilla, Lulu	12	Mako Swimming	35.56	34.93
21 Nguyen, Gabriel	12	York Swim Club of Northern Vir	36.99	35.05
22 Goggin, Luke	12	Herndon Aquatic Club	36.83	35.52
23 Swearingen, Liam	12	The St. James	37.64	35.53
24 Goldman, Benjamin	12	Herndon Aquatic Club	37.43	35.63
25 Etris, Connor	12	York Swim Club of Northern Vir	36.09	35.65
26 Rattenbury, Cray	11	Nation's Capital Swim Club	37.61	35.70
27 Schlotterer, Patrick	11	The Capitol Sea Devils	38.11	36.07
28 Kelly, Charlie	11	York Swim Club of Northern Vir	37.84	36.39
29 Jaffee, Carter	11	Nation's Capital Swim Club	43.81	36.42
30 Rasmussen, Henry	11	York Swim Club of Northern Vir	38.82	36.48
31 Jenks, Chase	11	York Swim Club of Northern Vir	36.37	36.55
32 Yang, Dylan	11	Mako Swimming	38.46	36.67
33 Busen, Holden	12	Nation's Capital Swim Club	34.51	36.68
34 Cline, Alex	12	York Swim Club of Northern Vir	40.59	36.73
35 Lybarger, Hudson	11	The Capitol Sea Devils	38.49	37.07
*36 Ingham, Lucas	11	Herndon Aquatic Club	37.77	37.14
*36 Brannan, Luke	11	York Swim Club of Northern Vir	36.27	37.14
38 Woodworth, Peter	11	York Swim Club of Northern Vir	39.95	37.17
39 Moosavi, Cameron	11	York Swim Club of Northern Vir	45.26	37.24
40 Maria, Michael	12	York Swim Club of Northern Vir	39.85	37.39
41 McCall, Jack	11	York Swim Club of Northern Vir	40.19	37.89
42 Gowel, Joey	12	The Capitol Sea Devils	NT	38.07
43 Tramonte, Tommy	11	York Swim Club of Northern Vir	38.14	38.23

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 85 Boys 11-12 50 Yard Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
44	Monahan, John	11	York Swim Club of Northern Vir	44.69	38.24
45	Ornyas, Johnny	11	Fairfax Foxes Swimming	41.85	38.69
46	Kaplan, Saul	11	The Capitol Sea Devils	NT	39.28
47	Wang, Alex	11	Nation's Capital Swim Club	39.99	39.64
48	Spotts, William	12	Nation's Capital Swim Club	42.42	39.68
49	Traboulsi, Roman	11	York Swim Club of Northern Vir	42.82	39.98
50	Banach, Lyle	11	The Capitol Sea Devils	40.48	40.19
51	Melmed, Ian	11	The Capitol Sea Devils	40.28	40.21
52	St Louis, Oscar	11	Fairfax Foxes Swimming	NT	40.26
53	Plavchan, Lincoln	11	Fairfax Foxes Swimming	43.01	40.87
54	Carrano, Lucas	11	Fairfax Foxes Swimming	NT	40.91
55	Setlow, CJ	12	Fairfax Foxes Swimming	45.02	41.38
56	Grimaldi Sotton, Alexandre	12	York Swim Club of Northern Vir	42.81	41.42
57	DiGaudio, Luke	12	York Swim Club of Northern Vir	44.29	41.45
58	Nelson, Sebastian	11	Mako Swimming	43.12	41.62
59	Tabak, Lucas	11	York Swim Club of Northern Vir	NT	41.77
60	Kelly, Brice	11	The Capitol Sea Devils	43.92	41.98
61	Asambiani, Georgiy	12	Fairfax Foxes Swimming	NT	42.05
62	Keating, Gavin	12	York Swim Club of Northern Vir	44.22	43.13
63	Weber, Danny	12	The Fish	44.58	43.25
64	Sitton, Avery	11	Herndon Aquatic Club	52.70	43.26
65	Maloney, Owen	11	Fairfax Foxes Swimming	55.15	43.44
66	Todd, Brennan	11	Fairfax Foxes Swimming	43.53	43.62
67	MacKay, Devin	11	York Swim Club of Northern Vir	44.83	43.64
68	Hein, Michael	12	The Capitol Sea Devils	41.87	45.47
69	Acharya, Nirav	11	The Capitol Sea Devils	50.91	45.51
70	Pitocchelli, Fox	11	The Capitol Sea Devils	NT	46.04
71	Danciu-Burdescu, Noah	11	The Capitol Sea Devils	48.93	46.44
72	Eckstein, Henry	11	The Capitol Sea Devils	NT	47.51
73	Morgan, Timmy	11	Herndon Aquatic Club	48.11	48.32
74	Der Kinderen, Josef	12	Herndon Aquatic Club	51.59	48.49
75	Hickey, Ben	11	York Swim Club of Northern Vir	50.04	49.57
76	Cao, Lincoln	11	York Swim Club of Northern Vir	52.46	50.09
77	Perez, Nicholas	11	The Capitol Sea Devils	NT	51.46
78	Ackley, Noah	11	York Swim Club of Northern Vir	53.27	52.73
79	Houlahan, Noah	11	The Capitol Sea Devils	NT	53.78
80	Rochberg, Lucas	11	The Capitol Sea Devils	52.64	53.81
81	McMillan, Noah	11	The Capitol Sea Devils	52.02	56.25
82	Malkani, Nik	11	The Capitol Sea Devils	56.46	59.55
---	Meyers, Weston	12	The Capitol Sea Devils	48.11	DQ
Delay initiating arm pull at turn					
---	Aiyer, Rohan	11	The Capitol Sea Devils	50.20	DQ
---	Coombs, Sawyer	11	The Capitol Sea Devils	NT	DQ
Delay initiating turn after past vertical					

Event 86 Girls 11-12 200 Yard Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Morgan, Alex	12	Mako Swimming	NT	2:38.22
	34.12	1:13.31 (39.19)	1:54.45 (41.14)	2:38.22 (43.77)	
2	Erwin, Amelia	11	The Fish	3:00.05	2:49.77
	36.17	1:18.95 (42.78)	2:03.92 (44.97)	2:49.77 (45.85)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 86 Girls 11-12 200 Yard Butterfly)**

	Name	Age	Team	Seed Time	Finals Time
3	Pizzamiglio, Tess	12	The Fish	NT	3:01.17
	40.05	1:25.45 (45.40)	2:12.91 (47.46)	3:01.17 (48.26)	
4	Mendenhall Koon, Fiona	12	The Capitol Sea Devils	NT	3:44.00
	47.47	1:43.86 (56.39)	2:44.27 (1:00.41)	3:44.00 (59.73)	

Event 87 Boys 11-12 200 Yard Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Kelly, Charlie	12	The Capitol Sea Devils	NT	2:15.19
	30.60	1:05.10 (34.50)	1:40.21 (35.11)	2:15.19 (34.98)	
2	Hartman, Charlie	12	Nation's Capital Swim Club	2:35.53	2:16.02
	30.40	1:05.07 (34.67)	1:40.43 (35.36)	2:16.02 (35.59)	
3	Soderlund, Josh	11	Nation's Capital Swim Club	2:17.41	2:17.55
	30.36	1:05.60 (35.24)	1:41.46 (35.86)	2:17.55 (36.09)	
4	Kumbang, Zach	12	Fairfax Foxes Swimming	NT	2:36.73
	32.94	1:12.81 (39.87)	1:54.26 (41.45)	2:36.73 (42.47)	
5	Nguyen, Gabriel	12	York Swim Club of Northern Vir	NT	2:43.34
	35.94	1:15.92 (39.98)	1:58.87 (42.95)	2:43.34 (44.47)	
6	Owens, Harrison	12	York Swim Club of Northern Vir	NT	2:53.86
	38.33	1:23.07 (44.74)	2:09.48 (46.41)	2:53.86 (44.38)	
7	Mattos, Nicholas	12	The Capitol Sea Devils	NT	3:03.70
	38.95	1:26.42 (47.47)	2:16.24 (49.82)	3:03.70 (47.46)	
8	Hylton, Bryson	12	The Fish	NT	3:04.19
	36.65	1:23.88 (47.23)	2:16.86 (52.98)	3:04.19 (47.33)	
9	Setlow, CJ	12	Fairfax Foxes Swimming	3:40.18	3:19.67
	42.30	1:32.74 (50.44)	2:25.92 (53.18)	3:19.67 (53.75)	
10	Dalai, Yug	11	The Capitol Sea Devils	NT	4:04.56
	47.83	1:50.12 (1:02.29)	2:58.32 (1:08.20)	4:04.56 (1:06.24)	

Event 88 Girls 11-12 50 Yard Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Morgan, Alex	12	Mako Swimming	32.42	32.46
2	Flanagan, Claire	11	Mako Swimming	34.19	34.01
3	Strano, Emma	12	Mako Swimming	34.92	35.32
4	Carroll, Hannah	12	Mako Swimming	35.33	35.84
5	Carroll, Izzie	11	Mako Swimming	38.31	35.96
6	Verasin, Tasanee	12	The St. James	39.51	36.05
7	Brown, Mallory	11	The Capitol Sea Devils	37.22	36.90
8	Bortner, Avery	11	Fairfax Foxes Swimming	38.84	37.57
9	Cheng, Aria	11	Mako Swimming	39.49	37.71
10	Sahin, Payton	11	York Swim Club of Northern Vir	39.52	37.87
11	McNiff, Alison	12	Mako Swimming	40.08	38.00
12	Negrelli, Ana	11	The Fish	38.23	38.32
13	Pfiffner, Maddie	12	York Swim Club of Northern Vir	40.55	38.48
14	Boyle, Mollie	12	Herndon Aquatic Club	39.49	38.65
15	Schneider, Tinsley	11	The St. James	41.83	38.87
16	Cocker, Claire	11	York Swim Club of Northern Vir	39.65	38.89
17	Niland, Avery	12	York Swim Club of Northern Vir	38.53	39.01
18	Fried, Hadley	11	Mako Swimming	37.06	39.12
*19	Maher, Emma	11	Nation's Capital Swim Club	39.01	39.24
*19	Boyd, Charlie	12	York Swim Club of Northern Vir	39.38	39.24
21	Baghai, Nila	12	The Fish	39.33	39.63
22	Steele, Gigi	12	The Capitol Sea Devils	44.21	39.70
23	Todd, Hannah	12	Herndon Aquatic Club	42.70	39.93

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 88 Girls 11-12 50 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time
24	McShane, Rachel	12	York Swim Club of Northern Vir	40.97	40.34
25	Olsen, Ingrid	12	The Capitol Sea Devils	43.52	40.46
26	Hetzel, Julia Grace	12	The Capitol Sea Devils	43.05	40.66
27	King, Katie	11	Mako Swimming	42.41	40.95
28	O'Malley, Shona	11	The Capitol Sea Devils	39.87	41.03
29	Ahn, Vita	12	Fairfax Foxes Swimming	42.46	41.18
30	Wright, Charlotte	11	Fairfax Foxes Swimming	44.05	41.67
31	Hockenbury, Claire	11	Fairfax Foxes Swimming	41.56	41.91
32	Dosch, Sloane	12	Mako Swimming	42.92	42.07
33	Zimmer, Raquel	12	The Capitol Sea Devils	45.49	42.16
34	Kiernan, Sinead	12	York Swim Club of Northern Vir	45.28	42.74
35	O'Reilly, Teagan	11	York Swim Club of Northern Vir	43.96	42.75
36	Fawsett, Katie	12	The Capitol Sea Devils	43.05	42.92
37	Martinez, Olivia	11	Nation's Capital Swim Club	42.62	42.99
38	Lewis, Hannah	12	Fairfax Foxes Swimming	52.06	43.06
39	Xu, Olivia	11	Mako Swimming	43.41	43.20
40	Simpson, Delaney	11	Fairfax Foxes Swimming	45.30	43.28
41	Pelehac, Lilly	11	Nation's Capital Swim Club	43.29	43.29
42	Keenan, Olive	12	York Swim Club of Northern Vir	44.77	43.68
43	Hill, Helena	11	Nation's Capital Swim Club	45.21	43.76
44	Hiscock, Ellie	11	The Capitol Sea Devils	46.39	43.92
45	Speed, Emily	12	Mako Swimming	44.37	43.94
46	Berry, Allison	11	York Swim Club of Northern Vir	44.88	43.95
47	Hamblet, Evelyn	11	The Capitol Sea Devils	45.88	43.98
48	Draughon, Scarlett	11	The Capitol Sea Devils	44.35	44.03
49	Nguyen, Chloe	12	York Swim Club of Northern Vir	47.72	44.17
50	Berntson, Lily	11	Fairfax Foxes Swimming	43.05	44.19
51	Magnuson, Sydney	11	York Swim Club of Northern Vir	47.56	44.37
52	Mohl, Lucy	12	York Swim Club of Northern Vir	47.48	44.48
53	Peters, Adeline	12	The Capitol Sea Devils	45.82	44.61
54	Hadzi-Vidanovic, Lily	12	The Capitol Sea Devils	42.74	44.66
55	Rosenthal, Giana	11	The Capitol Sea Devils	NT	44.80
56	Hietpas, Rachel	11	Fairfax Foxes Swimming	NT	44.98
57	Burns, Abby	11	The Capitol Sea Devils	45.22	45.15
58	Abella, Ellie	12	Herndon Aquatic Club	49.05	45.29
59	Zheng, Charlotte	11	The Fish	44.66	45.30
60	Berona, Samantha	11	The Capitol Sea Devils	NT	45.45
61	Silson, Ava	12	The Capitol Sea Devils	43.60	45.47
62	Shimels, Yohanna	12	Fairfax Foxes Swimming	46.06	45.57
63	Sause, Nora	11	Nation's Capital Swim Club	45.27	45.67
64	Jaramillo, Vanessa	11	The Capitol Sea Devils	NT	45.78
65	Gabet, Coraline	12	York Swim Club of Northern Vir	45.34	45.79
66	Linker, Reagan	12	The Capitol Sea Devils	45.43	45.99
67	Hong, Ayin	11	The Fish	45.14	46.11
68	Reid, Julia	12	York Swim Club of Northern Vir	46.12	46.15
69	Scallan, Adair	11	The Capitol Sea Devils	46.37	46.21
70	Sellgren, Kirin	11	York Swim Club of Northern Vir	50.64	46.30
71	Larson, Alice	11	The Capitol Sea Devils	45.72	46.38
72	Gnatt, Laila	12	The Capitol Sea Devils	46.65	46.49
73	Deuterman, Sophia	12	Fairfax Foxes Swimming	NT	46.93
74	Draughon, Vivienne	12	The Capitol Sea Devils	46.22	47.13
75	Bryan, Corinne	12	Fairfax Foxes Swimming	49.18	47.34

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 88 Girls 11-12 50 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time
76	Buckley, Fiona	12	The Capitol Sea Devils	49.08	47.72
77	Juarez, Vivian	12	The Capitol Sea Devils	47.43	47.82
78	Richardson, Annica	11	Nation's Capital Swim Club	50.11	47.86
79	Sisserson, Hailey	11	Herndon Aquatic Club	46.81	47.93
80	Abrams, LoLo	11	Jcc Swimming	1:00.28	47.94
81	Essen, Kayla	11	York Swim Club of Northern Vir	51.02	48.24
82	Lynch, Keira	12	Fairfax Foxes Swimming	50.99	48.76
83	Ho, Ambry	12	York Swim Club of Northern Vir	45.28	48.77
84	Goldian, Claire	11	York Swim Club of Northern Vir	NT	49.16
85	Nelson, Juliette	11	The Capitol Sea Devils	48.96	49.70
86	Solomon, Ephi	11	The Capitol Sea Devils	NT	49.81
87	Ritter, Bryce	12	York Swim Club of Northern Vir	51.06	49.98
88	Kapoor, Emma	12	Nation's Capital Swim Club	52.18	50.02
89	Morgan, Abby	12	Herndon Aquatic Club	1:06.33	50.16
90	Berthe, Hannah	11	York Swim Club of Northern Vir	51.68	50.76
91	Anderson, Riley	11	Herndon Aquatic Club	50.94	50.83
92	Litzler, Abigail	11	York Swim Club of Northern Vir	50.40	51.04
93	Clark, Elise	12	York Swim Club of Northern Vir	49.97	51.06
94	Raines, Charlotte	12	York Swim Club of Northern Vir	55.39	51.09
95	Rogers, Grace	11	Nation's Capital Swim Club	53.29	51.59
96	Butler, Amelia	11	York Swim Club of Northern Vir	58.42	52.10
*97	Peffer, Rooney	11	Herndon Aquatic Club	NT	52.31
*97	McCammon, Haley	11	York Swim Club of Northern Vir	52.31	52.31
99	Bhatt, Alina	12	The Capitol Sea Devils	NT	52.44
100	Getz, Cora	11	The Capitol Sea Devils	52.31	52.85
101	Guyton, Felicity	11	The Capitol Sea Devils	1:02.46	53.17
102	Chiquitucto, Grace	11	The Capitol Sea Devils	53.78	53.67
103	Allen, Caris	12	Herndon Aquatic Club	54.94	55.47
104	Richmond Dias, Beatriz	12	The Capitol Sea Devils	1:00.70	55.75
105	Hershman, Rosie	11	York Swim Club of Northern Vir	NT	1:05.16
106	Cahill, Violet	11	The Capitol Sea Devils	1:21.63	1:08.35
---	Cappell, Cora	11	The Capitol Sea Devils	NT	DQ
	Scissors kick				
---	Chivvis, Usha	12	The Capitol Sea Devils	43.67	DQ
---	Kache, Rania	12	York Swim Club of Northern Vir	39.19	DQ
	Downward butterfly kick				

Event 89 Boys 11-12 50 Yard Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Moh, Evan	12	Mako Swimming	31.61	31.89
2	Butler, Henry	12	The St. James	38.82	33.94
3	Herbert, Mason	12	Mako Swimming	36.98	35.53
4	Friedman, Benjamin	12	York Swim Club of Northern Vir	38.49	36.19
5	Majiros, Chanler	12	Mako Swimming	37.47	36.25
6	Maria, Michael	12	York Swim Club of Northern Vir	39.20	37.29
7	Nault, Jericho	12	Herndon Aquatic Club	40.91	38.37
8	Xu, Aiden	12	Nation's Capital Swim Club	38.62	38.39
9	Devlin, Jack	11	Mako Swimming	39.70	38.50
10	Kaplan, Saul	11	The Capitol Sea Devils	41.35	39.01
11	Yoon, Gio	11	Fairfax Foxes Swimming	41.55	39.20
12	Ma, Mario	12	The Fish	40.42	39.34
13	Goldman, Benjamin	12	Herndon Aquatic Club	42.03	39.64

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 89 Boys 11-12 50 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time
14	DiGaudio, Luke	12	York Swim Club of Northern Vir	42.70	39.92
15	Bradley, Finn	12	York Swim Club of Northern Vir	44.65	39.97
16	Schlotterer, Patrick	11	The Capitol Sea Devils	39.28	39.99
17	Monahan, John	11	York Swim Club of Northern Vir	47.92	40.43
18	Nguyen, Gabriel	12	York Swim Club of Northern Vir	45.00	40.71
19	Farquhar, Dylan	11	York Swim Club of Northern Vir	42.65	40.74
20	Rattenbury, Cray	11	Nation's Capital Swim Club	39.80	41.05
21	Somensatto, Marc	12	York Swim Club of Northern Vir	43.87	41.21
22	Parks, Nicholas	11	York Swim Club of Northern Vir	45.88	41.40
23	Perez-Roberts, Parker	11	York Swim Club of Northern Vir	45.74	41.74
24	Underdown, Reid	11	York Swim Club of Northern Vir	43.64	42.09
25	Maloney, Owen	11	Fairfax Foxes Swimming	44.07	42.17
26	Traboulsi, Roman	11	York Swim Club of Northern Vir	43.70	42.56
27	Rasmussen, Henry	11	York Swim Club of Northern Vir	41.71	42.65
28	Major, Henry	11	York Swim Club of Northern Vir	43.67	42.70
29	Butcher, Benny	12	The Capitol Sea Devils	42.39	42.90
30	Ingham, Lucas	11	Herndon Aquatic Club	44.43	43.08
31	Gowel, Joey	12	The Capitol Sea Devils	NT	43.09
32	Wang, Alex	11	Nation's Capital Swim Club	43.13	43.54
33	Grimaldi Sotton, Alexandre	12	York Swim Club of Northern Vir	44.97	43.66
34	Swearingen, Liam	12	The St. James	46.28	44.08
35	Prachanronarong-Budo, Ryker	11	Jcc Swimming	50.40	44.88
36	Weber, Danny	12	The Fish	43.39	45.00
37	Brannan, Luke	11	York Swim Club of Northern Vir	48.73	45.17
38	Perez, Nicholas	11	The Capitol Sea Devils	NT	46.71
39	Zhao, Nathan	11	Nation's Capital Swim Club	47.23	46.80
40	Sanders, Matthew	12	The Capitol Sea Devils	47.60	46.87
41	Dalai, Yug	11	The Capitol Sea Devils	48.38	46.94
42	McCall, Jack	11	York Swim Club of Northern Vir	50.01	46.96
43	Spotts, William	12	Nation's Capital Swim Club	49.27	47.00
44	Nair, Sanjay	12	The Capitol Sea Devils	53.00	47.99
45	Wright, Hank	11	Fairfax Foxes Swimming	51.87	48.62
46	Coombs, Sawyer	11	The Capitol Sea Devils	48.70	48.80
47	Morgan, Timmy	11	Herndon Aquatic Club	1:07.42	49.48
48	Nelson, Sebastian	11	Mako Swimming	49.03	49.54
49	Todd, Brennan	11	Fairfax Foxes Swimming	49.63	51.43
50	Milam, Oliver	11	York Swim Club of Northern Vir	NT	52.02
51	Eckstein, Henry	11	The Capitol Sea Devils	NT	52.37
52	Misiaszek, Max	12	The Capitol Sea Devils	56.07	52.39
53	MacKay, Devin	11	York Swim Club of Northern Vir	56.13	52.51
54	Ackley, Noah	11	York Swim Club of Northern Vir	57.48	52.64
55	Rochberg, Lucas	11	The Capitol Sea Devils	56.71	55.51
56	Danciu-Burdescu, Noah	11	The Capitol Sea Devils	58.61	58.34
57	Houlahan, Noah	11	The Capitol Sea Devils	NT	1:00.24
58	Hickey, Ben	11	York Swim Club of Northern Vir	1:05.63	1:04.85
59	McMillan, Noah	11	The Capitol Sea Devils	1:12.03	1:12.80
---	Bushati, Matias	11	The Capitol Sea Devils	NT	DQ
	One hand touch				
---	Acharya, Nirav	11	The Capitol Sea Devils	NT	DQ
	One hand touch				
---	Sharp, Teddy	11	The Capitol Sea Devils	NT	DQ
	One hand touch				

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 89 Boys 11-12 50 Yard Breaststroke)**

Name	Age	Team	Seed Time	Finals Time
--- Der Kinderen, Josef Scissors kick	12	Herndon Aquatic Club	NT	DQ

Event 90 Girls 11-12 50 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Vayra, Eva	12	Nation's Capital Swim Club	32.28	28.86
2 Sorden, Claire	12	Mako Swimming	30.16	29.20
3 Flanagan, Claire	11	Mako Swimming	31.19	30.38
4 Steiling, Charlotte	12	York Swim Club of Northern Vir	32.54	30.42
5 Paynter, Abby	12	Mako Swimming	31.74	30.66
6 Strano, Emma	12	Mako Swimming	32.05	30.83
7 Walsh, Caitlin	12	York Swim Club of Northern Vir	31.44	30.86
8 Fried, Hadley	11	Mako Swimming	30.00	30.88
9 Salerno, Genevieve	11	Fairfax Foxes Swimming	32.10	31.05
10 McNiff, Alison	12	Mako Swimming	32.43	31.39
11 Speed, Emily	12	Mako Swimming	31.87	32.02
12 Springer, Sedona	11	Nation's Capital Swim Club	33.80	32.16
13 McLain, Skyla	12	Nation's Capital Swim Club	33.27	32.56
14 Gassenmeyer, Paige	12	Herndon Aquatic Club	33.03	32.83
15 Barnes, Makayla	12	Mako Swimming	32.75	33.16
16 Moretz, Courtney	11	The Fish	33.15	33.18
17 Bortner, Avery	11	Fairfax Foxes Swimming	33.19	33.21
18 Edelstein, Hannah	12	The Capitol Sea Devils	32.33	33.23
19 Maher, Emma	11	Nation's Capital Swim Club	33.59	33.46
20 Segerson, Vivian	12	The Capitol Sea Devils	33.77	33.98
21 Gannon, Maeve	11	Fairfax Foxes Swimming	38.51	34.42
22 Cheng, Aria	11	Mako Swimming	34.50	34.76
23 Sorden, Cate	11	Mako Swimming	34.09	34.78
24 Hockenbury, Claire	11	Fairfax Foxes Swimming	33.17	34.90
25 Spencer, Aubrey	11	The St. James	38.92	34.94
26 Falsone, Isabella	11	The Fish	34.60	35.20
27 Leger, Leah	11	The St. James	36.32	35.24
28 Pfiffner, Maddie	12	York Swim Club of Northern Vir	43.24	35.82
29 Hadzi-Vidanovic, Lily	12	The Capitol Sea Devils	36.34	35.97
30 Pizzamiglio, Tess	12	The Fish	34.85	36.21
31 Litzler, Lucy	12	York Swim Club of Northern Vir	36.40	36.66
32 Rosenthal, Giana	11	The Capitol Sea Devils	NT	36.96
33 Nolten, Yasmina	12	The Fish	38.26	37.05
34 Hessel, Lydia	12	York Swim Club of Northern Vir	36.24	37.48
35 Shepard, Harper	11	The Fish	35.08	37.77
36 Schmitz, Clara	12	The Fish	38.59	38.11
37 Chivvis, Usha	12	The Capitol Sea Devils	NT	38.26
38 Schneider, Tinsley	11	The St. James	37.89	38.29
39 Kattige, Aanya	12	York Swim Club of Northern Vir	NT	38.41
40 Musgrove, Avery	12	Fairfax Foxes Swimming	34.43	38.46
41 Simard, Eleanor	12	Herndon Aquatic Club	37.88	39.06
42 Forde, Madison	11	York Swim Club of Northern Vir	39.12	39.12
43 Hietpas, Rachel	11	Fairfax Foxes Swimming	40.50	39.21
44 Daumit, Maren	12	Fairfax Foxes Swimming	43.74	39.22
45 Silson, Ava	12	The Capitol Sea Devils	38.14	39.57
46 Sellgren, Kirin	11	York Swim Club of Northern Vir	49.44	40.01
47 Jasinski, Maggie	12	Fairfax Foxes Swimming	40.40	40.10

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 90 Girls 11-12 50 Yard Butterfly)**

	Name	Age	Team	Seed Time	Finals Time
48	Sisserson, Hailey	11	Herndon Aquatic Club	38.17	40.17
49	Padilla, Summer	11	York Swim Club of Northern Vir	36.61	40.22
50	Mohl, Lucy	12	York Swim Club of Northern Vir	40.95	40.56
51	Draughon, Vivienne	12	The Capitol Sea Devils	40.47	40.57
52	Kim, Maddie	11	Mako Swimming	41.50	40.81
53	Dosch, Sloane	12	Mako Swimming	46.03	41.28
54	Keenan, Olive	12	York Swim Club of Northern Vir	41.53	41.38
55	Burns, Abby	11	The Capitol Sea Devils	41.23	41.53
56	Raines, Charlotte	12	York Swim Club of Northern Vir	41.58	41.60
57	Peters, Adeline	12	The Capitol Sea Devils	48.58	42.03
58	Hanspal, Ella	12	Mako Swimming	43.47	42.11
59	Bryce, Sabrina	11	The Capitol Sea Devils	39.64	42.63
60	Kapoor, Emma	12	Nation's Capital Swim Club	NT	43.13
61	Flach, Emily	12	Nation's Capital Swim Club	43.98	43.15
62	Sick, Ava	11	Nation's Capital Swim Club	44.16	43.17
63	Butler, Amelia	11	York Swim Club of Northern Vir	43.27	44.07
64	Linker, Reagan	12	The Capitol Sea Devils	50.51	44.48
65	Magnuson, Sydney	11	York Swim Club of Northern Vir	47.70	44.58
66	Bryan, Corinne	12	Fairfax Foxes Swimming	45.95	45.23
67	Abrams, LoLo	11	Jcc Swimming	NT	45.46
68	Mendenhall Koon, Fiona	12	The Capitol Sea Devils	46.98	45.70
69	Juarez, Vivian	12	The Capitol Sea Devils	46.03	45.92
70	Hong, Ayin	11	The Fish	45.22	45.98
71	Abella, Ellie	12	Herndon Aquatic Club	51.94	46.10
72	Sause, Nora	11	Nation's Capital Swim Club	48.66	46.13
73	Larson, Alice	11	The Capitol Sea Devils	NT	47.65
74	Ritter, Bryce	12	York Swim Club of Northern Vir	52.20	48.13
75	Anderson, Riley	11	Herndon Aquatic Club	45.16	49.73
76	Cappell, Cora	11	The Capitol Sea Devils	51.57	50.30
77	Litzler, Abigail	11	York Swim Club of Northern Vir	57.70	50.78
78	Taylor, Scarlett	11	York Swim Club of Northern Vir	54.97	52.69
79	Berry, Allison	11	York Swim Club of Northern Vir	50.35	53.14
80	Blair, Julia	12	The Capitol Sea Devils	58.75	1:02.48
---	Raizman, Maddie	11	The Capitol Sea Devils	47.03	DQ
	Non-simultaneous touch				
---	Abraham, Naveen	11	The Capitol Sea Devils	NT	DQ
	One hand touch				
---	Diamond, Mila	11	The Capitol Sea Devils	51.60	DQ
	Non-simultaneous arms				
---	Hiscock, Ellie	11	The Capitol Sea Devils	46.29	DQ

Event 91 Boys 11-12 50 Yard Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Soukup, Aidan	12	Nation's Capital Swim Club	28.18	28.96
2	Moh, Evan	12	Mako Swimming	31.54	29.11
3	Wahl, Liam	12	Mako Swimming	30.40	29.12
4	Soderlund, Josh	11	Nation's Capital Swim Club	29.88	29.25
5	Chawla, Vikas	12	Nation's Capital Swim Club	30.62	29.91
6	Butler, Henry	12	The St. James	33.75	30.35
7	Giangrandi, Ralph	11	The St. James	31.29	30.72
8	Flook, Liam	11	Mako Swimming	30.57	30.83
9	Casteel, Zach	12	Fairfax Foxes Swimming	NT	30.89

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 91 Boys 11-12 50 Yard Butterfly)**

	Name	Age	Team	Seed Time	Finals Time
10	Pelaez, Andrew	11	The Fish	32.92	31.03
11	Kelly, Charlie	11	York Swim Club of Northern Vir	32.71	31.36
12	Wallenhorst, Kenny	12	Herndon Aquatic Club	31.54	31.39
13	Kumbang, Zach	12	Fairfax Foxes Swimming	32.48	31.64
14	Yoon, Gio	11	Fairfax Foxes Swimming	33.13	31.70
15	Huey, Carter	12	The Fish	32.08	32.20
16	Goggin, Luke	12	Herndon Aquatic Club	33.31	32.43
17	Mattos, Nicholas	12	The Capitol Sea Devils	33.65	32.44
18	Perez-Roberts, Parker	11	York Swim Club of Northern Vir	43.26	33.06
19	Williams, Archer	11	The Fish	34.48	33.48
20	Bradley, Finn	12	York Swim Club of Northern Vir	37.36	33.98
*21	Jaffee, Carter	11	Nation's Capital Swim Club	36.33	34.14
*21	Busen, Holden	12	Nation's Capital Swim Club	32.42	34.14
23	Moosavi, Cameron	11	York Swim Club of Northern Vir	NT	34.21
24	Monahan, John	11	York Swim Club of Northern Vir	35.41	34.56
25	Jenks, Chase	11	York Swim Club of Northern Vir	34.25	35.77
26	Nault, Jericho	12	Herndon Aquatic Club	38.02	36.15
27	Melmed, Ian	11	The Capitol Sea Devils	37.09	36.42
28	Tramonte, Tommy	11	York Swim Club of Northern Vir	35.58	36.60
29	Dunning, Rory	11	The Capitol Sea Devils	43.23	36.93
30	Cline, Alex	12	York Swim Club of Northern Vir	39.67	37.35
31	Major, Henry	11	York Swim Club of Northern Vir	36.67	38.00
32	Swearingen, Liam	12	The St. James	37.89	38.21
33	Somensatto, Marc	12	York Swim Club of Northern Vir	40.45	38.41
34	Goldman, Benjamin	12	Herndon Aquatic Club	35.78	39.34
35	Tabak, Lucas	11	York Swim Club of Northern Vir	NT	39.50
36	Banach, Lyle	11	The Capitol Sea Devils	41.18	39.72
37	Ingham, Lucas	11	Herndon Aquatic Club	40.15	40.26
38	Zhao, Nathan	11	Nation's Capital Swim Club	41.55	40.33
39	Lybarger, Hudson	11	The Capitol Sea Devils	56.74	40.48
40	McCall, Jack	11	York Swim Club of Northern Vir	43.70	40.53
41	Asambiani, Georgiy	12	Fairfax Foxes Swimming	39.38	40.73
42	Kaplan, Saul	11	The Capitol Sea Devils	NT	41.17
43	Ornyas, Johnny	11	Fairfax Foxes Swimming	43.21	41.21
44	Maloney, Owen	11	Fairfax Foxes Swimming	41.51	41.25
45	Carrano, Lucas	11	Fairfax Foxes Swimming	46.44	41.51
46	St Louis, Oscar	11	Fairfax Foxes Swimming	NT	41.75
47	Spotts, William	12	Nation's Capital Swim Club	48.80	43.26
48	Kelly, Brice	11	The Capitol Sea Devils	48.40	44.41
49	Nelson, Sebastian	11	Mako Swimming	42.71	45.14
50	Keating, Gavin	12	York Swim Club of Northern Vir	50.14	45.44
51	Hein, Michael	12	The Capitol Sea Devils	46.34	45.67
52	MacKay, Devin	11	York Swim Club of Northern Vir	45.17	45.85
53	Sitton, Avery	11	Herndon Aquatic Club	1:11.10	50.13
54	Hickey, Ben	11	York Swim Club of Northern Vir	53.77	53.32
55	Wang, Alex	11	Nation's Capital Swim Club	48.61	54.73
56	Cao, Lincoln	11	York Swim Club of Northern Vir	57.94	57.52
57	McMillan, Noah	11	The Capitol Sea Devils	1:13.19	1:02.76
---	Brannan, Luke	11	York Swim Club of Northern Vir	37.92	DQ

Non-simultaneous arms

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 92 Girls 11-12 500 Yard Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Caruth, Avery	12	Nation's Capital Swim Club	NT	5:49.98
	33.10	1:09.98 (36.88)	1:46.01 (36.03)	2:22.82 (36.81)	
	2:57.57 (34.75)	3:32.09 (34.52)	4:09.18 (37.09)	4:43.23 (34.05)	
	5:17.34 (34.11)	5:49.98 (32.64)			
2	Andrews, Caroline	12	York Swim Club of Northern Vir	6:31.32	6:01.92
	30.92	1:05.64 (34.72)	1:42.71 (37.07)	2:19.90 (37.19)	
	2:57.78 (37.88)	3:35.38 (37.60)	4:13.03 (37.65)	4:50.94 (37.91)	
	5:28.09 (37.15)	6:01.92 (33.83)			
3	Erwin, Amelia	11	The Fish	6:28.47	6:10.36
	32.26	1:08.71 (36.45)	1:45.66 (36.95)	2:23.65 (37.99)	
	3:01.47 (37.82)	3:40.14 (38.67)	4:18.90 (38.76)	4:57.27 (38.37)	
	5:34.90 (37.63)	6:10.36 (35.46)			
4	Carroll, Hannah	12	Mako Swimming	6:12.54	6:10.63
	31.09	1:06.47 (35.38)	1:43.74 (37.27)	2:21.52 (37.78)	
	2:59.77 (38.25)	3:38.39 (38.62)	4:17.26 (38.87)	4:55.17 (37.91)	
	5:33.88 (38.71)	6:10.63 (36.75)			
5	Olsen, Ingrid	12	The Capitol Sea Devils	6:59.89	6:14.12
	31.10	1:07.53 (36.43)	1:45.28 (37.75)	2:23.72 (38.44)	
	3:01.65 (37.93)	3:39.69 (38.04)	4:18.50 (38.81)	4:57.32 (38.82)	
	5:35.97 (38.65)	6:14.12 (38.15)			
6	Aurilio, Natalie	12	The Capitol Sea Devils	6:47.43	6:17.58
	33.23	1:10.52 (37.29)	1:50.10 (39.58)	2:28.78 (38.68)	
	3:08.66 (39.88)	3:48.03 (39.37)	4:26.39 (38.36)	5:05.25 (38.86)	
	5:42.87 (37.62)	6:17.58 (34.71)			
7	Howard, Serena	12	Mako Swimming	6:33.32	6:19.56
	32.37	1:09.99 (37.62)	1:48.40 (38.41)	2:27.57 (39.17)	
	3:06.92 (39.35)	3:46.51 (39.59)	4:25.53 (39.02)	5:04.33 (38.80)	
	5:42.62 (38.29)	6:19.56 (36.94)			
8	Boyle, Mollie	12	Herndon Aquatic Club	6:21.97	6:19.69
	32.17	1:09.75 (37.58)	1:48.57 (38.82)	2:27.48 (38.91)	
	3:05.91 (38.43)	3:45.60 (39.69)	4:26.07 (40.47)	5:05.67 (39.60)	
	5:43.85 (38.18)	6:19.69 (35.84)			
9	Kosowski, Julia	11	Mako Swimming	6:39.21	6:20.90
	33.37	1:11.63 (38.26)	1:50.27 (38.64)	2:29.83 (39.56)	
	3:08.18 (38.35)	3:47.79 (39.61)	4:27.05 (39.26)	5:06.80 (39.75)	
	5:44.32 (37.52)	6:20.90 (36.58)			
10	Hetzel, Julia Grace	12	The Capitol Sea Devils	7:45.55	6:26.51
	33.94	1:13.02 (39.08)	1:51.54 (38.52)	2:31.23 (39.69)	
	3:13.39 (42.16)	3:55.02 (41.63)	4:35.27 (40.25)	5:14.47 (39.20)	
	5:51.76 (37.29)	6:26.51 (34.75)			
11	Brown, Mallory	11	The Capitol Sea Devils	7:28.53	6:32.66
	32.66	1:10.09 (37.43)	1:49.37 (39.28)	2:29.75 (40.38)	
	3:11.09 (41.34)	3:52.24 (41.15)	4:33.95 (41.71)	5:14.84 (40.89)	
	5:55.49 (40.65)	6:32.66 (37.17)			
12	Verasin, Tasanee	12	The St. James	7:08.64	6:36.40
	34.76	1:14.19 (39.43)	1:55.89 (41.70)	2:36.34 (40.45)	
	3:17.09 (40.75)	3:59.12 (42.03)	4:39.48 (40.36)	5:20.11 (40.63)	
	6:00.82 (40.71)	6:36.40 (35.58)			
13	Pozo, Josie	11	Herndon Aquatic Club	7:13.13	6:43.36
	33.09	1:11.96 (38.87)	1:52.36 (40.40)	2:33.48 (41.12)	
	3:15.14 (41.66)	3:57.13 (41.99)	4:39.94 (42.81)	5:22.07 (42.13)	
	6:04.47 (42.40)	6:43.36 (38.89)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 92 Girls 11-12 500 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
14	Steele, Gigi	12	The Capitol Sea Devils	7:35.71	6:45.06
	33.95	1:12.86 (38.91)	1:52.69 (39.83)	2:34.27 (41.58)	
	3:15.51 (41.24)	3:58.65 (43.14)	4:40.87 (42.22)	5:24.35 (43.48)	
	6:07.08 (42.73)	6:45.06 (37.98)			
15	Fahle, Gryffin	11	York Swim Club of Northern Vir	NT	6:49.65
	36.86	1:18.52 (41.66)	2:00.67 (42.15)	2:42.87 (42.20)	
	3:25.81 (42.94)	4:07.56 (41.75)	4:48.82 (41.26)	5:30.05 (41.23)	
	6:11.91 (41.86)	6:49.65 (37.74)			
16	Kache, Rania	12	York Swim Club of Northern Vir	NT	6:50.95
	36.56	1:18.83 (42.27)	2:01.27 (42.44)	2:43.61 (42.34)	
	3:26.68 (43.07)	4:09.86 (43.18)	4:50.90 (41.04)	5:33.28 (42.38)	
	6:14.80 (41.52)	6:50.95 (36.15)			
17	Niland, Avery	12	York Swim Club of Northern Vir	NT	6:51.62
	36.73	1:17.46 (40.73)	1:58.71 (41.25)	2:40.68 (41.97)	
	3:23.26 (42.58)	4:05.22 (41.96)	4:47.81 (42.59)	5:30.92 (43.11)	
	6:13.32 (42.40)	6:51.62 (38.30)			
18	Pelehac, Lilly	11	Nation's Capital Swim Club	NT	6:54.08
	34.86	1:15.15 (40.29)	1:57.59 (42.44)	2:40.85 (43.26)	
	3:24.47 (43.62)	4:07.81 (43.34)	4:51.12 (43.31)	5:33.88 (42.76)	
	6:16.05 (42.17)	6:54.08 (38.03)			
19	Zimmer, Raquel	12	The Capitol Sea Devils	NT	6:55.57
	38.64	1:22.02 (43.38)	2:04.99 (42.97)	2:47.54 (42.55)	
	3:29.90 (42.36)	4:13.01 (43.11)	4:55.38 (42.37)	5:38.25 (42.87)	
	6:19.80 (41.55)	6:55.57 (35.77)			
20	Smith, Lexi	12	Mako Swimming	NT	6:59.28
	35.78	1:17.35 (41.57)	2:00.42 (43.07)	2:43.73 (43.31)	
	3:26.82 (43.09)	4:10.79 (43.97)	4:54.55 (43.76)	5:37.93 (43.38)	
	6:21.00 (43.07)	6:59.28 (38.28)			
21	Segerson, Vivian	12	The Capitol Sea Devils	NT	7:01.62
	35.11	1:16.61 (41.50)	1:59.10 (42.49)	2:42.90 (43.80)	
	3:25.80 (42.90)	4:09.34 (43.54)	4:53.13 (43.79)	5:37.59 (44.46)	
	6:21.58 (43.99)	7:01.62 (40.04)			
22	Hill, Helena	11	Nation's Capital Swim Club	NT	7:28.73
	39.77	1:24.59 (44.82)	2:10.50 (45.91)	2:56.31 (45.81)	
	3:42.69 (46.38)	4:29.60 (46.91)	5:15.75 (46.15)	6:02.50 (46.75)	
	6:48.91 (46.41)	7:28.73 (39.82)			
23	Richardson, Annica	11	Nation's Capital Swim Club	NT	7:28.94
	38.87	1:22.43 (43.56)	2:08.38 (45.95)	2:55.44 (47.06)	
	3:41.87 (46.43)	4:28.26 (46.39)	5:15.06 (46.80)	6:02.04 (46.98)	
	6:47.52 (45.48)	7:28.94 (41.42)			
24	Sahin, Payton	11	York Swim Club of Northern Vir	NT	7:29.27
	36.90	1:19.48 (42.58)	2:03.73 (44.25)	2:50.10 (46.37)	
	3:37.49 (47.39)	4:23.84 (46.35)	5:12.07 (48.23)	6:00.37 (48.30)	
	6:45.71 (45.34)	7:29.27 (43.56)			
25	Draughon, Scarlett	11	The Capitol Sea Devils	9:04.61	7:33.93
	40.48	1:25.95 (45.47)	2:12.24 (46.29)	3:00.08 (47.84)	
	3:48.33 (48.25)	4:35.78 (47.45)	5:22.88 (47.10)	6:09.10 (46.22)	
	6:54.08 (44.98)	7:33.93 (39.85)			
26	Hamblet, Evelyn	11	The Capitol Sea Devils	NT	7:34.17
	39.85	1:24.25 (44.40)	2:10.39 (46.14)	2:57.71 (47.32)	
	3:43.77 (46.06)	4:30.48 (46.71)	5:17.35 (46.87)	6:03.86 (46.51)	
	7:34.17 (1:30.31)				

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 92 Girls 11-12 500 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
27	Allen, Caris	12	Herndon Aquatic Club	7:43.55	7:36.59
	37.30	1:22.39 (45.09)	2:09.99 (47.60)	2:58.88 (48.89)	
	3:48.14 (49.26)	4:35.73 (47.59)	5:22.96 (47.23)	6:09.38 (46.42)	
	6:55.57 (46.19)	7:36.59 (41.02)			
28	Magnuson, Sydney	11	York Swim Club of Northern Vir	NT	7:42.07
	39.61	1:24.69 (45.08)	2:11.09 (46.40)	2:58.24 (47.15)	
	3:46.01 (47.77)	4:34.09 (48.08)	5:22.87 (48.78)	6:10.17 (47.30)	
	6:56.28 (46.11)	7:42.07 (45.79)			
29	Kim, Maddie	11	Mako Swimming	NT	7:43.00
	39.08	1:24.20 (45.12)	2:12.85 (48.65)	3:00.74 (47.89)	
	3:49.43 (48.69)	4:38.29 (48.86)	5:26.32 (48.03)	6:13.67 (47.35)	
	7:01.51 (47.84)	7:43.00 (41.49)			
30	Martinez, Olivia	11	Nation's Capital Swim Club	NT	7:47.40
	39.18	1:25.93 (46.75)	2:13.39 (47.46)	3:02.32 (48.93)	
	3:51.15 (48.83)	4:39.73 (48.58)	5:28.85 (49.12)	6:17.32 (48.47)	
	7:05.88 (48.56)	7:47.40 (41.52)			
31	Lawrence, Charlotte	12	Herndon Aquatic Club	NT	8:12.79
	41.48	1:29.41 (47.93)	2:18.65 (49.24)	3:09.88 (51.23)	
	4:01.93 (52.05)	4:53.16 (51.23)	5:45.15 (51.99)	6:37.27 (52.12)	
	7:27.95 (50.68)	8:12.79 (44.84)			
32	Jaramillo, Vanessa	11	The Capitol Sea Devils	NT	8:16.76
	40.70	1:29.07 (48.37)	2:18.93 (49.86)	3:10.50 (51.57)	
	4:02.35 (51.85)	4:54.12 (51.77)	5:45.80 (51.68)	6:38.37 (52.57)	
	7:29.54 (51.17)	8:16.76 (47.22)			
33	McCammon, Haley	11	York Swim Club of Northern Vir	9:34.40	8:28.13
	39.65	1:27.76 (48.11)	2:16.57 (48.81)	3:08.31 (51.74)	
	4:05.18 (56.87)	5:02.77 (57.59)	5:55.51 (52.74)	6:48.16 (52.65)	
	7:40.37 (52.21)	8:28.13 (47.76)			
34	Rogers, Grace	11	Nation's Capital Swim Club	NT	8:37.52
	42.69	1:31.15 (48.46)	2:22.63 (51.48)	3:15.58 (52.95)	
	4:09.63 (54.05)	5:04.16 (54.53)	5:59.50 (55.34)	6:56.42 (56.92)	
	7:50.52 (54.10)	8:37.52 (47.00)			

Event 93 Boys 11-12 500 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Kelly, Charlie	12	The Capitol Sea Devils	5:49.51	5:18.30
	28.67	1:00.84 (32.17)	1:33.73 (32.89)	2:06.47 (32.74)	
	2:39.20 (32.73)	3:11.41 (32.21)	3:43.79 (32.38)	4:16.42 (32.63)	
	4:48.51 (32.09)	5:18.30 (29.79)			
2	Eubanks, Gavin	12	The Fish	5:56.45	5:42.54
	30.14	1:02.86 (32.72)	1:36.84 (33.98)	2:11.35 (34.51)	
	2:46.58 (35.23)	3:21.36 (34.78)	3:57.34 (35.98)	4:33.45 (36.11)	
	5:09.15 (35.70)	5:42.54 (33.39)			
3	Cooper, Henry	12	The Fish	5:58.25	5:42.66
	30.01	1:03.70 (33.69)	1:38.36 (34.66)	2:13.06 (34.70)	
	2:48.22 (35.16)	3:23.26 (35.04)	3:59.11 (35.85)	4:34.97 (35.86)	
	5:09.67 (34.70)	5:42.66 (32.99)			
4	MacKay, Bryce	12	York Swim Club of Northern Vir	6:15.53	5:42.74
	29.36	1:02.53 (33.17)	1:36.86 (34.33)	2:11.68 (34.82)	
	2:47.83 (36.15)	3:23.24 (35.41)	3:59.00 (35.76)	4:35.06 (36.06)	
	5:10.78 (35.72)	5:42.74 (31.96)			
5	Fulton, Simon	12	The Capitol Sea Devils	NT	5:47.33
	29.19	1:02.74 (33.55)	1:38.34 (35.60)	2:14.55 (36.21)	
	2:50.00 (35.45)	3:26.43 (36.43)	4:02.51 (36.08)	4:38.35 (35.84)	
	5:14.06 (35.71)	5:47.33 (33.27)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 93 Boys 11-12 500 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
6	Eden, Owen	12	The Fish	6:05.12	5:47.42
	31.02	1:04.88 (33.86)	1:38.89 (34.01)	2:14.17 (35.28)	
	2:49.56 (35.39)	3:25.50 (35.94)	4:01.82 (36.32)	4:37.19 (35.37)	
	5:12.88 (35.69)	5:47.42 (34.54)			
7	Chawla, Vikas	12	Nation's Capital Swim Club	6:16.69	5:58.78
	31.85	1:07.57 (35.72)	1:43.90 (36.33)	2:20.81 (36.91)	
	2:57.64 (36.83)	3:34.09 (36.45)	4:11.62 (37.53)	4:48.27 (36.65)	
	5:24.66 (36.39)	5:58.78 (34.12)			
8	Maier, Will	11	Mako Swimming	6:21.45	6:01.64
	30.48	1:06.23 (35.75)	1:42.98 (36.75)	2:20.45 (37.47)	
	2:58.08 (37.63)	3:35.14 (37.06)	4:11.84 (36.70)	4:49.10 (37.26)	
	5:26.36 (37.26)	6:01.64 (35.28)			
9	Johnson, Reid	11	The Capitol Sea Devils	6:53.75	6:10.29
	32.59	1:11.14 (38.55)	1:50.28 (39.14)	2:28.28 (38.00)	
	3:07.14 (38.86)	3:44.47 (37.33)	4:22.61 (38.14)	4:59.11 (36.50)	
	5:35.85 (36.74)	6:10.29 (34.44)			
10	von der Heydt, Alexander	12	The Fish	NT	6:15.18
	31.18	1:08.29 (37.11)	1:47.27 (38.98)	2:26.51 (39.24)	
	3:06.52 (40.01)	3:45.77 (39.25)	4:25.08 (39.31)	5:03.09 (38.01)	
	5:41.02 (37.93)	6:15.18 (34.16)			
11	Powell-Switaj, Benton	12	The St. James	7:01.20	6:18.61
	31.78	1:08.39 (36.61)	1:46.54 (38.15)	2:25.49 (38.95)	
	3:04.03 (38.54)	3:42.93 (38.90)	4:21.89 (38.96)	5:01.10 (39.21)	
	5:41.14 (40.04)	6:18.61 (37.47)			
12	Giangrandi, Ralph	11	The St. James	NT	6:18.90
	31.45	1:07.77 (36.32)	1:46.32 (38.55)	2:25.79 (39.47)	
	3:04.37 (38.58)	3:44.17 (39.80)	4:25.20 (41.03)	5:05.30 (40.10)	
	5:43.46 (38.16)	6:18.90 (35.44)			
13	Pinilla, Lulu	12	Mako Swimming	6:19.55	6:18.98
	32.83	1:10.78 (37.95)	1:49.61 (38.83)	2:28.20 (38.59)	
	3:06.92 (38.72)	3:46.38 (39.46)	4:24.69 (38.31)	5:02.98 (38.29)	
	5:42.23 (39.25)	6:18.98 (36.75)			
14	Suarez, Davidson	12	The St. James	NT	6:23.01
	31.68	1:08.74 (37.06)	1:47.23 (38.49)	2:26.46 (39.23)	
	3:05.77 (39.31)	3:45.65 (39.88)	4:26.34 (40.69)	5:06.07 (39.73)	
	5:45.60 (39.53)	6:23.01 (37.41)			
15	Majiros, Chanler	12	Mako Swimming	6:33.39	6:33.42
	33.27	1:11.38 (38.11)	1:50.68 (39.30)	2:30.56 (39.88)	
	3:10.76 (40.20)	3:51.54 (40.78)	4:32.32 (40.78)	5:13.85 (41.53)	
	5:54.78 (40.93)	6:33.42 (38.64)			
16	Devlin, Jack	11	Mako Swimming	6:46.08	6:38.92
	34.43	1:13.11 (38.68)	1:52.64 (39.53)	2:33.26 (40.62)	
	3:14.93 (41.67)	3:56.61 (41.68)	4:38.14 (41.53)	5:20.91 (42.77)	
	6:01.03 (40.12)	6:38.92 (37.89)			
17	Mattos, Nicholas	12	The Capitol Sea Devils	NT	6:42.23
		1:14.18 ()	1:54.89 (40.71)	2:36.01 (41.12)	
		4:00.02 ()	4:40.62 (40.60)	5:22.08 (41.46)	
	6:02.65 (40.57)	6:42.23 (39.58)			
18	Guthner, Lucas	12	Mako Swimming	7:47.27	6:47.24
	34.38	1:14.66 (40.28)	1:57.09 (42.43)	2:38.58 (41.49)	
	3:20.71 (42.13)	4:03.59 (42.88)	4:45.60 (42.01)	5:28.38 (42.78)	
	6:09.57 (41.19)	6:47.24 (37.67)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 93 Boys 11-12 500 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
19	Rattenbury, Cray	11	Nation's Capital Swim Club	NT	6:51.63
	38.91	1:20.45 (41.54)	2:02.29 (41.84)	2:44.91 (42.62)	
	3:27.30 (42.39)	4:08.01 (40.71)	4:51.40 (43.39)	5:33.47 (42.07)	
	6:14.59 (41.12)	6:51.63 (37.04)			
20	Yang, Dylan	11	Mako Swimming	NT	6:58.81
	37.53	1:19.75 (42.22)	2:02.50 (42.75)	2:45.63 (43.13)	
	3:29.52 (43.89)	4:12.28 (42.76)	4:54.53 (42.25)	5:36.36 (41.83)	
	6:18.00 (41.64)	6:58.81 (40.81)			
21	Neal, Lewis	12	Mako Swimming	NT	7:05.58
	39.29	1:21.72 (42.43)	2:05.20 (43.48)	2:49.97 (44.77)	
	3:33.60 (43.63)	4:17.46 (43.86)	5:00.75 (43.29)	5:44.05 (43.30)	
	6:27.12 (43.07)	7:05.58 (38.46)			
22	Etris, Connor	12	York Swim Club of Northern Vir	NT	7:07.36
	36.95	1:20.34 (43.39)	2:04.97 (44.63)	2:49.28 (44.31)	
	3:33.48 (44.20)	4:18.04 (44.56)	5:02.97 (44.93)	5:46.53 (43.56)	
	6:28.27 (41.74)	7:07.36 (39.09)			
23	Butcher, Benny	12	The Capitol Sea Devils	NT	7:13.10
	35.75	1:19.20 (43.45)	2:03.33 (44.13)	2:47.97 (44.64)	
	3:32.03 (44.06)	4:17.64 (45.61)	5:03.44 (45.80)	5:48.36 (44.92)	
	6:33.82 (45.46)	7:13.10 (39.28)			
24	Redmann, Isaac	11	The Capitol Sea Devils	NT	7:16.16
	38.02	1:20.70 (42.68)	2:04.08 (43.38)	2:49.14 (45.06)	
	3:34.19 (45.05)	4:19.44 (45.25)		5:49.50 ()	
	6:33.73 (44.23)	7:16.16 (42.43)			
25	Limachi Orellana, Madox	11	York Swim Club of Northern Vir	NT	7:17.32
	36.17	1:18.22 (42.05)	2:01.90 (43.68)	2:46.92 (45.02)	
	3:32.23 (45.31)	4:18.06 (45.83)	5:02.82 (44.76)	5:50.46 (47.64)	
	6:35.54 (45.08)	7:17.32 (41.78)			
26	Sisson, Louis	12	The Capitol Sea Devils	8:09.62	7:26.61
	38.49	1:22.87 (44.38)	2:09.07 (46.20)	2:56.71 (47.64)	
		4:31.01 ()	5:18.55 (47.54)	6:01.49 (42.94)	
	6:46.27 (44.78)	7:26.61 (40.34)			
27	Stewart, Hank	11	Mako Swimming	NT	7:38.43
	39.75	1:26.65 (46.90)	2:11.91 (45.26)	2:59.01 (47.10)	
	3:46.78 (47.77)	4:33.96 (47.18)	5:21.42 (47.46)	6:07.72 (46.30)	
	6:54.60 (46.88)	7:38.43 (43.83)			
28	Xu, Aiden	12	Nation's Capital Swim Club	NT	7:38.66
	41.66	1:28.13 (46.47)	2:16.51 (48.38)	3:05.40 (48.89)	
	3:53.76 (48.36)	4:42.38 (48.62)	5:30.53 (48.15)	6:17.55 (47.02)	
	7:01.27 (43.72)	7:38.66 (37.39)			
29	Redmann, Lucas	11	The Capitol Sea Devils	NT	7:46.19
	38.47	1:22.81 (44.34)	2:10.82 (48.01)	2:58.21 (47.39)	
	3:46.92 (48.71)	4:35.93 (49.01)	5:25.11 (49.18)	6:14.24 (49.13)	
	7:03.04 (48.80)	7:46.19 (43.15)			
30	Hall, Henry	11	York Swim Club of Northern Vir	NT	7:56.83
	39.72	1:27.40 (47.68)	2:14.25 (46.85)	3:04.39 (50.14)	
	3:53.74 (49.35)	4:42.37 (48.63)	5:32.86 (50.49)	6:21.79 (48.93)	
	7:10.36 (48.57)	7:56.83 (46.47)			
31	Banach, Lyle	11	The Capitol Sea Devils	NT	8:12.29
	42.90	1:31.87 (48.97)	2:22.06 (50.19)	3:13.33 (51.27)	
	4:02.55 (49.22)	4:53.54 (50.99)	5:46.70 (53.16)	6:37.16 (50.46)	
	7:27.56 (50.40)	8:12.29 (44.73)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 93 Boys 11-12 500 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
32	Meyers, Weston	12	The Capitol Sea Devils	8:10.10	8:12.34
	42.06	1:30.56 (48.50)	2:20.41 (49.85)	3:10.86 (50.45)	
	4:01.07 (50.21)	4:53.54 (52.47)	5:43.49 (49.95)	6:33.42 (49.93)	
	7:23.99 (50.57)	8:12.34 (48.35)			
33	Coombs, Sawyer	11	The Capitol Sea Devils	NT	8:18.07
	41.45	1:31.60 (50.15)	2:21.21 (49.61)	3:13.33 (52.12)	
	4:05.23 (51.90)	4:57.38 (52.15)	5:49.24 (51.86)	6:42.14 (52.90)	
	7:32.96 (50.82)	8:18.07 (45.11)			
34	Kelly, Brice	11	The Capitol Sea Devils	NT	8:22.04
	41.91	1:30.38 (48.47)	2:22.97 (52.59)	3:14.90 (51.93)	
		4:59.75 ()	5:52.08 (52.33)		
	7:36.57 ()	8:22.04 (45.47)			
35	Misiaszek, Max	12	The Capitol Sea Devils	NT	9:28.23
	48.21	1:45.32 (57.11)	2:42.44 (57.12)		
		5:39.24 ()	9:28.23 (3:48.99)		

Event 94 Girls 9-10 100 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Scully, Maggie	10	York Swim Club of Northern Vir	1:06.60	1:04.49
	31.84	1:04.49 (32.65)			
2	Van Schagen, Tessa	10	The Capitol Sea Devils	1:05.03	1:04.83
	30.76	1:04.83 (34.07)			
3	Beck, Grace	10	York Swim Club of Northern Vir	1:11.14	1:05.11
	30.90	1:05.11 (34.21)			
4	Palacio, Isa	10	Nation's Capital Swim Club	1:10.45	1:07.79
	33.03	1:07.79 (34.76)			
5	Allen, Kailyn	10	Herndon Aquatic Club	1:12.42	1:10.10
	32.95	1:10.10 (37.15)			
6	Collin, Avery	10	Herndon Aquatic Club	1:10.20	1:10.14
	33.30	1:10.14 (36.84)			
7	Misra, Kavya	10	The Capitol Sea Devils	1:13.39	1:10.52
	33.28	1:10.52 (37.24)			
8	Fears, Noelle	10	York Swim Club of Northern Vir	1:10.17	1:10.68
	33.45	1:10.68 (37.23)			
9	Pinilla, Peaches	10	Mako Swimming	1:13.42	1:10.69
	33.81	1:10.69 (36.88)			
10	Malkowski, Maggie	9	Mako Swimming	1:14.97	1:12.05
	33.74	1:12.05 (38.31)			
11	Zhao, Ellie	10	The Fish	1:10.40	1:12.28
	33.82	1:12.28 (38.46)			
12	Choi, Kara	10	York Swim Club of Northern Vir	1:18.86	1:13.34
	34.86	1:13.34 (38.48)			
13	Kim, Emma	10	York Swim Club of Northern Vir	1:13.88	1:14.00
	35.53	1:14.00 (38.47)			
14	Cheng, Evelina	9	Mako Swimming	1:16.53	1:14.30
	35.91	1:14.30 (38.39)			
15	Guest, Everly	10	Nation's Capital Swim Club	1:19.96	1:15.42
	35.93	1:15.42 (39.49)			
16	Rusch, Bella	9	Herndon Aquatic Club	1:13.93	1:15.90
	34.49	1:15.90 (41.41)			
17	Adair, Nicolette	9	York Swim Club of Northern Vir	1:16.74	1:16.13
	35.68	1:16.13 (40.45)			
18	Todd, Claire	9	Herndon Aquatic Club	1:21.30	1:16.64
	35.90	1:16.64 (40.74)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 94 Girls 9-10 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
19	Hong, Eliana	10	The Capitol Sea Devils	1:33.40	1:16.90
	36.02	1:16.90 (40.88)			
20	Nichols, Brooke	10	York Swim Club of Northern Vir	1:22.83	1:17.37
	38.07	1:17.37 (39.30)			
21	Tempelis, Marie	10	Mako Swimming	1:21.55	1:17.60
	35.54	1:17.60 (42.06)			
22	Wang, Catherine	9	Nation's Capital Swim Club	1:18.49	1:17.62
	36.40	1:17.62 (41.22)			
23	Hetmanski, Meghan	10	York Swim Club of Northern Vir	1:20.34	1:17.80
	36.21	1:17.80 (41.59)			
24	O'Brien, Kylie	10	York Swim Club of Northern Vir	1:20.52	1:17.99
	36.88	1:17.99 (41.11)			
25	Ungaretti, Colette	10	Mako Swimming	1:21.18	1:18.05
	36.64	1:18.05 (41.41)			
26	Cummins, Kate	10	Fairfax Foxes Swimming	1:26.84	1:18.30
	36.03	1:18.30 (42.27)			
27	Curtin, Elyse	9	Mako Swimming	1:32.79	1:18.69
	37.46	1:18.69 (41.23)			
28	Finazzo, Carolina	10	Nation's Capital Swim Club	1:22.43	1:19.56
	37.08	1:19.56 (42.48)			
29	Rovak, Claire	10	The Capitol Sea Devils	NT	1:21.69
30	Bachrach, Sophie	10	Nation's Capital Swim Club	1:28.79	1:22.20
	38.13	1:22.20 (44.07)			
31	Ahearn, Molly	9	Herndon Aquatic Club	1:26.33	1:22.54
	36.47	1:22.54 (46.07)			
32	Tanapornsakul, Rae	9	The Capitol Sea Devils	1:41.29	1:22.72
	39.44	1:22.72 (43.28)			
33	Smith, Lillian	10	Mako Swimming	1:26.28	1:23.17
	39.97	1:23.17 (43.20)			
34	Kraemer, Elise	10	The Capitol Sea Devils	1:22.88	1:23.69
	41.55	1:23.69 (42.14)			
35	McShane, Grace	10	York Swim Club of Northern Vir	1:25.42	1:23.73
	38.43	1:23.73 (45.30)			
36	Jemison, Maddie	10	Mako Swimming	1:25.56	1:24.04
	38.48	1:24.04 (45.56)			
37	Bussey, Paige	10	The Capitol Sea Devils	1:33.93	1:24.09
	37.26	1:24.09 (46.83)			
38	Cravens, Charleigh	9	York Swim Club of Northern Vir	NT	1:25.12
	40.78	1:25.12 (44.34)			
39	Hines, Chloe	10	York Swim Club of Northern Vir	1:26.37	1:25.27
	39.99	1:25.27 (45.28)			
40	Cardaci, Elena	10	The Capitol Sea Devils	1:32.21	1:25.68
	39.58	1:25.68 (46.10)			
41	Banh, Kenzie	10	The St. James	1:31.52	1:27.01
	39.61	1:27.01 (47.40)			
42	Elegbe, Olivia	9	York Swim Club of Northern Vir	1:35.00	1:27.19
	39.73	1:27.19 (47.46)			
43	Mazer, Allie	9	Fairfax Foxes Swimming	NT	1:27.44
	41.88	1:27.44 (45.56)			
44	Abraham, Aleena	9	The St. James	1:35.38	1:27.78
	40.68	1:27.78 (47.10)			
45	Birns, Emmie	10	The Capitol Sea Devils	NT	1:28.75
	41.40	1:28.75 (47.35)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 94 Girls 9-10 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
46	Cline, Reagan	9	York Swim Club of Northern Vir	NT	1:28.91
	41.35	1:28.91 (47.56)			
47	Abraham, Amelia	9	The St. James	1:41.54	1:30.38
	42.20	1:30.38 (48.18)			
48	Loeffert, Teresa	10	The Capitol Sea Devils	NT	1:31.03
	43.10	1:31.03 (47.93)			
49	Haynes, Maddie	10	Fairfax Foxes Swimming	1:27.74	1:32.50
	43.68	1:32.50 (48.82)			
50	Ghosh, Ava	9	The Capitol Sea Devils	1:51.67	1:32.88
	44.73	1:32.88 (48.15)			
51	Long, Elena	9	Herndon Aquatic Club	NT	1:34.64
	42.39	1:34.64 (52.25)			
52	Cardaci, Lara	10	The Capitol Sea Devils	NT	1:34.85
	43.72	1:34.85 (51.13)			
53	Malejko, Georgie	10	The Capitol Sea Devils	1:39.33	1:35.34
	44.37	1:35.34 (50.97)			
54	Carle, Roah	10	Fairfax Foxes Swimming	NT	1:35.45
	46.75	1:35.45 (48.70)			
55	Habyarimana, Mika	10	The Capitol Sea Devils	NT	1:35.62
56	Brady, Zara	9	Mako Swimming	1:39.96	1:37.43
	46.32	1:37.43 (51.11)			
57	Eno, Charlotte	10	The Capitol Sea Devils	1:39.26	1:37.65
	44.59	1:37.65 (53.06)			
58	Bekoe, Zahra	10	Jcc Swimming	NT	1:37.75
	40.57	1:37.75 (57.18)			
59	Iliria, Shayne	9	The Capitol Sea Devils	1:40.02	1:40.73
	45.94	1:40.73 (54.79)			
60	Durrant, Harper	9	The Capitol Sea Devils	NT	1:42.91
	48.48	1:42.91 (54.43)			
61	Mahdere, Maya	9	The Capitol Sea Devils	1:54.09	1:43.08
	48.62	1:43.08 (54.46)			
62	Meyers, Isla	9	The Capitol Sea Devils	1:58.71	1:47.85
	49.80	1:47.85 (58.05)			
63	Hawksworth, Amelia	10	The Capitol Sea Devils	1:49.22	1:47.95
	48.34	1:47.95 (59.61)			
64	Cao, Nora	9	York Swim Club of Northern Vir	NT	1:51.92
	53.76	1:51.92 (58.16)			
65	Handagard, Ingrid	9	The Capitol Sea Devils	NT	1:56.42
	54.47	1:56.42 (1:01.95)			
66	Bowles, Nora	9	The Capitol Sea Devils	2:05.90	1:58.15
	57.65	1:58.15 (1:00.50)			
67	Dudley, Holden	9	The Capitol Sea Devils	NT	2:00.68
	56.24	2:00.68 (1:04.44)			
68	Houlahan, Abby	9	The Capitol Sea Devils	NT	2:04.97
69	Kleid, Rebecca	10	Jcc Swimming	NT	2:41.79
	1:19.65	2:41.79 (1:22.14)			

Event 95 Boys 9-10 100 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Donnelly, Keegan	10	Mako Swimming	1:09.58	1:05.67
	31.45	1:05.67 (34.22)			
2	Cravens, Will	9	York Swim Club of Northern Vir	1:09.70	1:06.90
	31.97	1:06.90 (34.93)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 95 Boys 9-10 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
3	Sharron, Kai	10	The Capitol Sea Devils	1:10.48	1:07.06
	31.74		1:07.06 (35.32)		
4	Crawford, Jose	10	The Capitol Sea Devils	1:12.25	1:07.42
	32.28		1:07.42 (35.14)		
5	Tsuchitani, Ryan	10	Mako Swimming	1:09.53	1:09.37
	32.52		1:09.37 (36.85)		
6	Schneider, Brady	10	York Swim Club of Northern Vir	1:10.79	1:10.42
	33.19		1:10.42 (37.23)		
7	Moran, Jack	10	The Capitol Sea Devils	1:16.41	1:12.10
	33.53		1:12.10 (38.57)		
8	Busch, Henry	10	The Capitol Sea Devils	NT	1:12.15
	34.18		1:12.15 (37.97)		
9	Hanik, Joey	9	Fairfax Foxes Swimming	1:18.42	1:12.70
	33.65		1:12.70 (39.05)		
10	Bower, Benton	10	The St. James	1:13.90	1:13.84
	35.09		1:13.84 (38.75)		
11	Vinet, Luca	10	Fairfax Foxes Swimming	1:20.39	1:15.84
	34.16		1:15.84 (41.68)		
12	Tibulschii, Michael	10	Mako Swimming	1:16.44	1:16.14
	35.24		1:16.14 (40.90)		
13	Vasquez, Luke	10	The Capitol Sea Devils	1:30.96	1:16.79
	36.15		1:16.79 (40.64)		
14	Jain, Vedarth	10	Herndon Aquatic Club	1:19.49	1:17.51
	37.35		1:17.51 (40.16)		
15	Blunden, Everett	9	The Capitol Sea Devils	1:21.01	1:17.74
	36.77		1:17.74 (40.97)		
16	Vu, Baiden	10	Fairfax Foxes Swimming	1:21.19	1:18.29
	36.74		1:18.29 (41.55)		
17	Duffy, Danny	10	York Swim Club of Northern Vir	1:24.84	1:19.76
	37.84		1:19.76 (41.92)		
18	Steiner, Sam	10	The Capitol Sea Devils	1:27.62	1:20.18
	37.66		1:20.18 (42.52)		
19	Crimmins, Ben	10	York Swim Club of Northern Vir	1:23.13	1:21.87
	38.73		1:21.87 (43.14)		
20	Resnick, Mick	10	The St. James	1:28.34	1:23.53
21	Bowes, Jacob	10	Nation's Capital Swim Club	1:25.31	1:23.86
	39.06		1:23.86 (44.80)		
22	Williams, Troy	9	York Swim Club of Northern Vir	1:35.86	1:24.31
	39.60		1:24.31 (44.71)		
23	Guinnup, Henry	9	York Swim Club of Northern Vir	NT	1:24.47
	39.66		1:24.47 (44.81)		
24	Gould, Ben	10	Mako Swimming	1:29.85	1:24.97
	39.77		1:24.97 (45.20)		
25	Quintal, Oliver	10	Herndon Aquatic Club	1:29.45	1:25.52
	40.72		1:25.52 (44.80)		
26	Karapinar, Kaya	10	York Swim Club of Northern Vir	1:23.90	1:26.23
	40.05		1:26.23 (46.18)		
27	Skladany, Leo	10	The Capitol Sea Devils	1:26.66	1:26.46
	40.10		1:26.46 (46.36)		
28	Colello, Brennan	9	Herndon Aquatic Club	NT	1:26.66
	38.78		1:26.66 (47.88)		
29	Pappageorge, Andrew	9	Herndon Aquatic Club	1:27.73	1:26.68
	39.57		1:26.68 (47.11)		

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 95 Boys 9-10 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
30	Sisserson, Connor	9	Herndon Aquatic Club	1:25.27	1:27.03
	40.12	1:27.03 (46.91)			
31	Beitz, Zeke	10	York Swim Club of Northern Vir	1:39.58	1:27.41
	40.33	1:27.41 (47.08)			
32	Nguyen, Emmett	10	York Swim Club of Northern Vir	1:29.17	1:28.50
	40.89	1:28.50 (47.61)			
33	Roehrig, Brooks	9	The Capitol Sea Devils	NT	1:28.55
	41.22	1:28.55 (47.33)			
34	Clark, Ryan	9	York Swim Club of Northern Vir	1:29.50	1:30.19
	41.64	1:30.19 (48.55)			
35	Williams, Maximus	10	York Swim Club of Northern Vir	1:27.08	1:30.45
	42.17	1:30.45 (48.28)			
36	Drinkard, Cam	10	Nation's Capital Swim Club	1:36.90	1:31.35
	42.69	1:31.35 (48.66)			
37	Freinkman, Misha	10	The Capitol Sea Devils	1:37.94	1:31.49
	42.72	1:31.49 (48.77)			
38	Bhatt, Shiv	10	Herndon Aquatic Club	1:34.11	1:32.07
	42.61	1:32.07 (49.46)			
39	Dennis, Avery	10	Jcc Swimming	1:31.19	1:32.31
	42.19	1:32.31 (50.12)			
40	Johnson, Wesley	10	The Capitol Sea Devils	1:46.52	1:33.17
	45.18	1:33.17 (47.99)			
41	Fox, Drew	10	York Swim Club of Northern Vir	1:28.42	1:33.37
	44.92	1:33.37 (48.45)			
42	Simard, Nick	10	Herndon Aquatic Club	1:39.02	1:34.86
	42.12	1:34.86 (52.74)			
43	Wolfe, Eli	9	The Capitol Sea Devils	1:47.41	1:35.40
	44.00	1:35.40 (51.40)			
44	Titus, Porter	9	York Swim Club of Northern Vir	NT	1:36.57
	44.36	1:36.57 (52.21)			
45	Buchanan, Owen	10	York Swim Club of Northern Vir	1:37.52	1:37.62
	45.40	1:37.62 (52.22)			
46	O'Donnell, Conor	9	York Swim Club of Northern Vir	NT	1:37.84
	43.17	1:37.84 (54.67)			
47	Gastrell, Ashe	10	The Capitol Sea Devils	1:48.31	1:38.15
	48.76	1:38.15 (49.39)			
48	Ivanov, Sasha	10	Fairfax Foxes Swimming	NT	1:39.14
	44.59	1:39.14 (54.55)			
49	Brelsford, Edwin	10	Herndon Aquatic Club	1:56.06	1:40.20
	47.10	1:40.20 (53.10)			
50	Jasinski, Ben	10	Fairfax Foxes Swimming	NT	1:40.27
	45.14	1:40.27 (55.13)			
51	Flook, Finnegan	9	Mako Swimming	1:37.95	1:40.80
	45.44	1:40.80 (55.36)			
52	Pollak, Connor	9	York Swim Club of Northern Vir	NT	1:41.74
	46.79	1:41.74 (54.95)			
53	Strobeck, Cooper	9	Herndon Aquatic Club	1:45.04	1:43.09
	45.56	1:43.09 (57.53)			
54	Gastrell, Quinn	10	The Capitol Sea Devils	1:58.92	1:43.30
	49.42	1:43.30 (53.88)			
55	Yarra, Dharmik	10	Herndon Aquatic Club	1:41.91	1:43.69
	49.15	1:43.69 (54.54)			
56	MacFarlane, Harry	10	The Capitol Sea Devils	NT	1:43.81
	49.50	1:43.81 (54.31)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 95 Boys 9-10 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
57	Milligan, Matthew	10	Herndon Aquatic Club	NT	1:43.92
	47.73	1:43.92 (56.19)			
58	Brinkerhoff-Molluzzo, Paul	10	The Capitol Sea Devils	2:07.27	1:44.74
59	Waniewski, Misha	9	York Swim Club of Northern Vir	1:54.30	1:46.39
	47.83	1:46.39 (58.56)			
60	Chivvis, Kiran	9	The Capitol Sea Devils	NT	1:48.42
	50.50	1:48.42 (57.92)			
61	Tillman, Edward	10	Herndon Aquatic Club	1:52.23	1:51.41
	50.80	1:51.41 (1:00.61)			
62	Pinkney, Tima	9	York Swim Club of Northern Vir	1:43.18	1:51.57
	50.29	1:51.57 (1:01.28)			
63	Ho, Jonas	9	York Swim Club of Northern Vir	NT	1:54.25
	51.59	1:54.25 (1:02.66)			
64	Furukrona, Max	10	The Capitol Sea Devils	1:50.51	2:03.99
	1:00.13	2:03.99 (1:03.86)			
65	Morgan, William	9	Herndon Aquatic Club	NT	2:25.35

Event 96 Girls 9-10 100 Yard Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Van Schagen, Tessa	10	The Capitol Sea Devils	1:17.91	1:11.69
	32.74	1:11.69 (38.95)			
2	Beck, Grace	10	York Swim Club of Northern Vir	1:16.44	1:14.33
	33.55	1:14.33 (40.78)			
3	Zhao, Ellie	10	The Fish	1:21.21	1:23.19
	38.30	1:23.19 (44.89)			
4	Cheng, Stella	9	Mako Swimming	1:25.61	1:23.90
	37.18	1:23.90 (46.72)			
5	Stoll, Lyla	10	The Capitol Sea Devils	1:37.30	1:24.39
	37.91	1:24.39 (46.48)			
6	Duffy, Abby	9	York Swim Club of Northern Vir	1:40.71	1:31.50
	43.53	1:31.50 (47.97)			
7	Wang, Catherine	9	Nation's Capital Swim Club	NT	1:32.67
	40.52	1:32.67 (52.15)			
8	Cervenak, McKinley	10	York Swim Club of Northern Vir	1:31.83	1:33.87
	43.25	1:33.87 (50.62)			
9	Hance, Charlotte	10	York Swim Club of Northern Vir	1:37.46	1:33.88
	44.44	1:33.88 (49.44)			
10	Pinilla, Peaches	10	Mako Swimming	1:37.05	1:37.42
	43.35	1:37.42 (54.07)			
11	Guest, Everly	10	Nation's Capital Swim Club	NT	1:37.83
	44.60	1:37.83 (53.23)			
12	Salerno, Valerie	9	Fairfax Foxes Swimming	1:36.90	1:37.91
	43.69	1:37.91 (54.22)			
13	Smith, Lillian	10	Mako Swimming	1:46.56	1:46.49
	50.35	1:46.49 (56.14)			
14	Banh, Kenzie	10	The St. James	NT	1:53.91
	51.84	1:53.91 (1:02.07)			
15	Sokolowski, Victoria	10	The Capitol Sea Devils	NT	1:56.65
	51.47	1:56.65 (1:05.18)			
---	Lau, Celeste	10	The Capitol Sea Devils	NT	DQ
	Arms underwater recovery				
	1:00.99	DQ (1:23.57)			

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 97 Boys 9-10 100 Yard Butterfly**

	Name	Age	Team	Seed Time	Finals Time
1	Boyle, Collin	10	Herndon Aquatic Club	1:20.10	1:15.18
	34.05	1:15.18 (41.13)			
2	Bortner, Reed	9	Fairfax Foxes Swimming	1:30.76	1:26.08
	39.62	1:26.08 (46.46)			
3	Manguikian, Zander	10	York Swim Club of Northern Vir	1:34.91	1:30.56
	42.71	1:30.56 (47.85)			
4	MacFarlane, Angus	10	The Capitol Sea Devils	NT	1:56.37
	51.33	1:56.37 (1:05.04)			
---	Moran, Jack	10	The Capitol Sea Devils	NT	DQ
	Non-simultaneous arms				
	42.01	DQ (59.63)			

Event 98 Girls 9-10 50 Yard Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	O'Brien, Kylie	10	York Swim Club of Northern Vir	39.53	40.65
2	Cheng, Stella	9	Mako Swimming	45.35	40.72
3	Scully, Maggie	10	York Swim Club of Northern Vir	43.13	41.20
4	Collin, Avery	10	Herndon Aquatic Club	42.38	41.86
5	Bussey, Paige	10	The Capitol Sea Devils	45.90	42.94
6	Cummins, Kate	10	Fairfax Foxes Swimming	43.66	43.13
7	Hong, Eliana	10	The Capitol Sea Devils	43.71	43.16
8	Tempelis, Marie	10	Mako Swimming	44.63	43.61
9	Choi, Kara	10	York Swim Club of Northern Vir	45.16	43.85
10	Ryan, Quinn	9	York Swim Club of Northern Vir	46.30	43.95
11	Rusch, Bella	9	Herndon Aquatic Club	47.96	44.21
12	Palacio, Isa	10	Nation's Capital Swim Club	47.34	44.24
13	Rovak, Claire	10	The Capitol Sea Devils	47.23	44.29
14	Cheng, Evelina	9	Mako Swimming	44.91	44.41
15	Cervenak, McKinley	10	York Swim Club of Northern Vir	46.03	44.95
16	Malkowski, Maggie	9	Mako Swimming	47.51	45.09
17	Misra, Kavya	10	The Capitol Sea Devils	1:08.46	45.11
18	Kim, Emma	10	York Swim Club of Northern Vir	50.56	45.55
19	Hetmanski, Meghan	10	York Swim Club of Northern Vir	51.59	45.63
20	Vander Veer, Audrey	10	Mako Swimming	47.66	46.32
21	Smith, Eliana	10	Mako Swimming	51.82	46.37
22	Brady, Zara	9	Mako Swimming	46.93	46.64
23	Adair, Nicolette	9	York Swim Club of Northern Vir	46.41	46.83
24	Bachrach, Sophie	10	Nation's Capital Swim Club	49.05	47.09
25	Grisard, Katelyn	10	Herndon Aquatic Club	54.10	47.37
26	Todd, Claire	9	Herndon Aquatic Club	51.21	47.42
27	Elegbe, Olivia	9	York Swim Club of Northern Vir	51.65	47.89
28	Cravens, Charleigh	9	York Swim Club of Northern Vir	51.16	48.01
29	Nichols, Brooke	10	York Swim Club of Northern Vir	49.87	48.47
30	Malejko, Georgie	10	The Capitol Sea Devils	49.54	48.65
31	Jemison, Maddie	10	Mako Swimming	49.58	48.90
32	Finazzo, Carolina	10	Nation's Capital Swim Club	48.38	49.31
33	Etris, Avery	10	York Swim Club of Northern Vir	50.25	49.72
34	Curtin, Elyse	9	Mako Swimming	50.85	50.03
35	Abraham, Aleena	9	The St. James	53.38	50.13
36	Silver, Ellie	9	York Swim Club of Northern Vir	51.57	50.36
37	Abraham, Amelia	9	The St. James	52.01	50.84

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 98 Girls 9-10 50 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time
38	Combs, Kate	10	The Capitol Sea Devils	NT	50.96
*39	Wilkins, Sophia	9	The Capitol Sea Devils	55.44	51.31
*39	Hance, Charlotte	10	York Swim Club of Northern Vir	55.39	51.31
41	Tanapornsakul, Rae	9	The Capitol Sea Devils	58.46	51.70
42	Banh, Kenzie	10	The St. James	51.71	51.76
43	Eskandarnia, Moneli	10	The St. James	58.13	53.32
44	Eno, Charlotte	10	The Capitol Sea Devils	56.25	53.84
45	Hines, Chloe	10	York Swim Club of Northern Vir	54.32	53.90
46	Cardaci, Lara	10	The Capitol Sea Devils	NT	54.63
47	Long, Elena	9	Herndon Aquatic Club	55.83	54.73
48	Bekoe, Zahra	10	Jcc Swimming	NT	54.85
49	Ghosh, Ava	9	The Capitol Sea Devils	57.83	55.05
50	Scolese, Maddie	9	The Capitol Sea Devils	NT	55.06
51	Bradley, Harriet	9	Fairfax Foxes Swimming	1:08.62	55.81
52	Mahdere, Liya	9	The Capitol Sea Devils	55.50	56.26
53	Cline, Reagan	9	York Swim Club of Northern Vir	NT	56.30
54	Nguyen, Maddie	10	York Swim Club of Northern Vir	1:02.83	56.55
55	Habyarimana, Mika	10	The Capitol Sea Devils	1:00.14	57.05
56	Meyers, Isla	9	The Capitol Sea Devils	1:00.48	57.41
57	Mahdere, Maya	9	The Capitol Sea Devils	1:08.29	57.67
58	Kala, Varsha	9	Herndon Aquatic Club	1:01.17	57.76
59	Mazer, Allie	9	Fairfax Foxes Swimming	NT	59.62
60	Adkins, Emma	9	The Capitol Sea Devils	NT	59.68
61	Miller, Annie	10	The Capitol Sea Devils	NT	1:00.40
62	Chodakiewicz, Maria	9	Herndon Aquatic Club	1:03.34	1:01.19
63	Loeffert, Teresa	10	The Capitol Sea Devils	NT	1:01.78
64	Durrant, Harper	9	The Capitol Sea Devils	NT	1:03.17
65	Iliria, Shayne	9	The Capitol Sea Devils	1:06.33	1:04.37
66	Nasser, Maya	9	The St. James	NT	1:06.05
67	Dudley, Holden	9	The Capitol Sea Devils	1:05.31	1:07.29
68	Cao, Nora	9	York Swim Club of Northern Vir	NT	1:09.30
69	Houlahan, Abby	9	The Capitol Sea Devils	NT	1:11.16
70	Kleid, Rebecca	10	Jcc Swimming	1:35.25	1:43.65
---	Miller, Caroline Scissors kick	9	The Capitol Sea Devils	NT	DQ
---	Lowman, Ellie Downward butterfly kick	9	The Capitol Sea Devils	NT	DQ
---	McShane, Grace	10	York Swim Club of Northern Vir	47.26	DQ
---	Bowles, Nora Hands brought beyond the hipline during stroke	9	The Capitol Sea Devils	NT	DQ
---	Mendenhall Koon, Zoe Scissors kick	9	The Capitol Sea Devils	NT	DQ
---	Hawksworth, Amelia	10	The Capitol Sea Devils	NT	DQ
---	Sokolowski, Victoria Downward butterfly kick	10	The Capitol Sea Devils	NT	DQ
---	Handagard, Ingrid Downward butterfly kick	9	The Capitol Sea Devils	58.60	DQ

Event 99 Boys 9-10 50 Yard Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Tibulschii, Michael	10	Mako Swimming	39.74	38.89
2	Donnelly, Keegan	10	Mako Swimming	39.88	39.67

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 99 Boys 9-10 50 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time
3	Sharron, Kai	10	The Capitol Sea Devils	40.09	39.70
4	Tsuchitani, Ryan	10	Mako Swimming	41.80	40.20
5	Hanik, Joey	9	Fairfax Foxes Swimming	42.42	40.66
6	Sapriza, Sebastian	10	The Capitol Sea Devils	NT	40.67
7	Crawford, Jose	10	The Capitol Sea Devils	43.68	41.68
8	Boyle, Collin	10	Herndon Aquatic Club	43.12	42.60
9	Beitz, Zeke	10	York Swim Club of Northern Vir	43.84	42.84
10	Duffy, Danny	10	York Swim Club of Northern Vir	47.04	43.83
11	Skladany, Leo	10	The Capitol Sea Devils	43.20	43.90
12	Schneider, Brady	10	York Swim Club of Northern Vir	45.54	44.27
13	Vinet, Luca	10	Fairfax Foxes Swimming	47.24	44.30
14	Pappageorge, Andrew	9	Herndon Aquatic Club	46.96	44.49
15	Cravens, Will	9	York Swim Club of Northern Vir	NT	44.55
16	Lear, David	10	Herndon Aquatic Club	47.78	44.86
17	Langsdale, Tanner	9	York Swim Club of Northern Vir	50.84	44.90
18	Manguikian, Zander	10	York Swim Club of Northern Vir	44.17	45.70
19	Resnick, Mick	10	The St. James	47.78	46.52
20	Vu, Baiden	10	Fairfax Foxes Swimming	46.49	46.85
21	Evans, Ian	10	The Capitol Sea Devils	47.99	47.50
22	Steiner, Sam	10	The Capitol Sea Devils	49.56	48.30
23	Fox, Drew	10	York Swim Club of Northern Vir	48.26	48.55
24	Chen, Miles	9	Fairfax Foxes Swimming	50.93	48.67
25	Vasquez, Luke	10	The Capitol Sea Devils	51.52	48.85
26	Williams, Troy	9	York Swim Club of Northern Vir	54.71	48.91
27	Wolfe, Eli	9	The Capitol Sea Devils	57.53	49.82
28	Crimmins, Ben	10	York Swim Club of Northern Vir	51.14	50.07
29	Cook, Nolan	9	The Capitol Sea Devils	51.10	50.10
30	Karapinar, Kaya	10	York Swim Club of Northern Vir	51.53	50.36
31	Freinkman, Misha	10	The Capitol Sea Devils	52.35	50.40
32	Komiss, Rollie	10	Fairfax Foxes Swimming	59.14	51.45
33	Clark, Ryan	9	York Swim Club of Northern Vir	57.07	51.53
34	MacFarlane, Angus	10	The Capitol Sea Devils	51.37	51.83
35	Aurilio, Alex	9	The Capitol Sea Devils	55.87	51.84
36	Dennis, Avery	10	Jcc Swimming	NT	52.18
37	Ivanov, Sasha	10	Fairfax Foxes Swimming	NT	52.71
38	Nguyen, Emmett	10	York Swim Club of Northern Vir	54.30	52.87
39	Pollak, Connor	9	York Swim Club of Northern Vir	52.16	52.95
40	Drinkard, Cam	10	Nation's Capital Swim Club	56.57	53.03
41	Brelsford, Edwin	10	Herndon Aquatic Club	52.99	53.33
42	Jain, Vedarth	10	Herndon Aquatic Club	56.51	53.40
43	Blunden, Everett	9	The Capitol Sea Devils	51.78	53.48
44	Quintal, Oliver	10	Herndon Aquatic Club	54.63	53.59
45	Simard, Nick	10	Herndon Aquatic Club	57.49	53.82
46	Williams, Maximus	10	York Swim Club of Northern Vir	54.27	53.85
47	Clarín, Caleb	10	Fairfax Foxes Swimming	NT	54.20
48	O'Donnell, Conor	9	York Swim Club of Northern Vir	53.07	54.72
49	Flook, Finnegan	9	Mako Swimming	52.58	54.77
50	Gould, Ben	10	Mako Swimming	54.75	55.08
51	Roehrig, Brooks	9	The Capitol Sea Devils	NT	56.45
52	Titus, Porter	9	York Swim Club of Northern Vir	56.03	56.81
53	Wong, Eli	9	York Swim Club of Northern Vir	NT	57.63
54	Sisserson, Connor	9	Herndon Aquatic Club	NT	57.71

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 99 Boys 9-10 50 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time
55	MacFarlane, Harry	10	The Capitol Sea Devils	56.26	1:00.01
56	Zuazo, Theo	9	Herndon Aquatic Club	NT	1:00.15
57	Waniewski, Misha	9	York Swim Club of Northern Vir	NT	1:00.24
58	Colello, Brennan	9	Herndon Aquatic Club	56.66	1:00.79
59	Milligan, Matthew	10	Herndon Aquatic Club	1:06.26	1:01.17
60	Raj, Emmett	9	York Swim Club of Northern Vir	1:04.91	1:01.62
61	Weinstein, Noah	10	The Capitol Sea Devils	1:07.77	1:01.69
62	Ho, Jonas	9	York Swim Club of Northern Vir	1:00.86	1:02.91
63	Bhatt, Shiv	10	Herndon Aquatic Club	1:04.22	1:03.89
64	Strobeck, Cooper	9	Herndon Aquatic Club	NT	1:05.12
65	Urgo, Cole	9	The Capitol Sea Devils	NT	1:05.75
66	Brinkerhoff-Molluzzo, Paul	10	The Capitol Sea Devils	1:00.36	1:06.55
67	Chivvis, Kiran	9	The Capitol Sea Devils	1:07.84	1:07.40
68	Pinkney, Tima	9	York Swim Club of Northern Vir	NT	1:09.93
69	Dua, Vivaan	10	The Capitol Sea Devils	NT	1:10.41
70	Yarra, Dharmik	10	Herndon Aquatic Club	1:09.22	1:11.46
71	Furukrona, Max	10	The Capitol Sea Devils	NT	1:15.00
---	Guinnup, Henry	9	York Swim Club of Northern Vir	55.67	DQ
	Arms two strokes underwater				
---	Brink, Lukas	10	York Swim Club of Northern Vir	NT	DQ
	Hands brought beyond the hipline during stroke				
---	Morgan, William	9	Herndon Aquatic Club	NT	DQ
	Hands brought beyond the hipline during stroke				

Event 100 Girls 9-10 200 Yard IM

	Name	Age	Team	Seed Time	Finals Time
1	Scully, Maggie	10	York Swim Club of Northern Vir	2:52.23	2:44.36
	35.21	1:17.22 (42.01)	2:06.01 (48.79)	2:44.36 (38.35)	
2	Zhao, Ellie	10	The Fish	2:54.05	2:57.25
	38.97	1:24.91 (45.94)	2:16.37 (51.46)	2:57.25 (40.88)	
3	Allen, Kailyn	10	Herndon Aquatic Club	NT	3:00.05
	39.26	1:22.59 (43.33)	2:18.73 (56.14)	3:00.05 (41.32)	
4	O'Brien, Kylie	10	York Swim Club of Northern Vir	3:01.14	3:03.09
	44.15	1:29.88 (45.73)	2:21.06 (51.18)	3:03.09 (42.03)	
5	Cervenak, McKinley	10	York Swim Club of Northern Vir	3:03.18	3:04.48
	44.33	1:29.39 (45.06)	2:23.40 (54.01)	3:04.48 (41.08)	
6	Duffy, Abby	9	York Swim Club of Northern Vir	3:15.44	3:06.10
	42.30	1:29.76 (47.46)	2:25.29 (55.53)	3:06.10 (40.81)	
7	Stoll, Lyla	10	The Capitol Sea Devils	3:25.31	3:09.05
	42.93	1:28.25 (45.32)	2:27.33 (59.08)	3:09.05 (41.72)	
8	Ungaretti, Colette	10	Mako Swimming	3:35.60	3:12.23
	43.20	1:33.83 (50.63)	2:30.23 (56.40)	3:12.23 (42.00)	
9	Adair, Nicolette	9	York Swim Club of Northern Vir	NT	3:14.17
	47.63	1:36.05 (48.42)	2:32.00 (55.95)	3:14.17 (42.17)	
10	Hance, Charlotte	10	York Swim Club of Northern Vir	3:25.47	3:16.07
			2:31.89 ()	3:16.07 (44.18)	
11	Bussey, Paige	10	The Capitol Sea Devils	NT	3:17.34
	44.26	1:36.60 (52.34)	2:30.64 (54.04)	3:17.34 (46.70)	
12	Smith, Eliana	10	Mako Swimming	NT	3:19.24
	47.22	1:36.04 (48.82)	2:33.28 (57.24)	3:19.24 (45.96)	
13	Lockhart, Peyton	9	Fairfax Foxes Swimming	NT	3:21.01
	41.94	1:33.50 (51.56)	2:33.73 (1:00.23)	3:21.01 (47.28)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 100 Girls 9-10 200 Yard IM)**

	Name	Age	Team	Seed Time	Finals Time
14	Kraemer, Elise	10	The Capitol Sea Devils	3:34.98	3:23.07
	46.85	1:41.88 (55.03)	2:39.64 (57.76)	3:23.07 (43.43)	
15	Smith, Lillian	10	Mako Swimming	3:32.56	3:26.85
	50.89	1:38.89 (48.00)	2:42.20 (1:03.31)	3:26.85 (44.65)	
16	Salerno, Valerie	9	Fairfax Foxes Swimming	3:34.04	3:34.78
	46.93	1:44.17 (57.24)	2:43.09 (58.92)	3:34.78 (51.69)	
17	Birns, Emmie	10	The Capitol Sea Devils	NT	3:44.24
	50.90	1:51.32 (1:00.42)	2:52.31 (1:00.99)	3:44.24 (51.93)	
18	Skuce, Izzy	10	The Capitol Sea Devils	NT	4:06.48
		2:00.71 ()	3:11.23 (1:10.52)	4:06.48 (55.25)	
19	Wilkins, Sophia	9	The Capitol Sea Devils	NT	4:36.53
	1:15.96	2:27.03 (1:11.07)	3:33.62 (1:06.59)	4:36.53 (1:02.91)	
---	Lau, Celeste	10	The Capitol Sea Devils	NT	DQ
	One hand touch - fly				
	1:04.24	2:12.81 (1:08.57)	3:11.28 (58.47)	DQ (59.72)	
---	Van Schagen, Tessa	10	The Capitol Sea Devils	2:54.48	DQ
	False start - Misc				
	33.91	1:16.08 (42.17)	2:06.32 (50.24)	DQ (35.45)	

Event 101 Boys 9-10 200 Yard IM

	Name	Age	Team	Seed Time	Finals Time
1	Hanik, Joey	9	Fairfax Foxes Swimming	2:54.68	2:52.09
	38.61	1:21.32 (42.71)	2:10.98 (49.66)	2:52.09 (41.11)	
2	Crawford, Jose	10	The Capitol Sea Devils	NT	2:52.67
	39.23	1:24.28 (45.05)	2:12.67 (48.39)	2:52.67 (40.00)	
3	Langsdale, Tanner	9	York Swim Club of Northern Vir	NT	3:03.45
	40.58	1:27.34 (46.76)	2:20.91 (53.57)	3:03.45 (42.54)	
4	Busch, Henry	10	The Capitol Sea Devils	NT	3:05.07
		1:30.77 ()	2:26.06 (55.29)	3:05.07 (39.01)	
5	Bortner, Reed	9	Fairfax Foxes Swimming	3:17.84	3:07.09
	42.14	1:29.33 (47.19)	2:25.37 (56.04)	3:07.09 (41.72)	
6	Tibulschii, Michael	10	Mako Swimming	3:18.57	3:08.26
	45.17	1:33.37 (48.20)	2:26.21 (52.84)	3:08.26 (42.05)	
7	Moran, Jack	10	The Capitol Sea Devils	NT	3:13.98
	41.68	1:31.15 (49.47)	2:32.27 (1:01.12)	3:13.98 (41.71)	
8	Bowes, Jacob	10	Nation's Capital Swim Club	NT	3:16.40
	44.04	1:33.69 (49.65)	2:33.71 (1:00.02)	3:16.40 (42.69)	
9	Evans, Ian	10	The Capitol Sea Devils	3:39.34	3:17.12
	45.48	1:33.44 (47.96)	2:33.91 (1:00.47)	3:17.12 (43.21)	
10	Blunden, Everett	9	The Capitol Sea Devils	NT	3:17.33
	44.59	1:35.29 (50.70)	2:39.55 (1:04.26)	3:17.33 (37.78)	
11	Johnson, Wesley	10	The Capitol Sea Devils	3:44.65	3:40.55
	49.90	1:52.10 (1:02.20)	2:48.47 (56.37)	3:40.55 (52.08)	
12	Chen, Miles	9	Fairfax Foxes Swimming	NT	3:41.50
	55.31	1:54.31 (59.00)	2:52.69 (58.38)	3:41.50 (48.81)	
13	Komiss, Rollie	10	Fairfax Foxes Swimming	NT	3:56.25
	55.17	1:56.06 (1:00.89)	2:58.26 (1:02.20)	3:56.25 (57.99)	
---	Pinkney, Tima	9	York Swim Club of Northern Vir	NT	DQ
	Non-simultaneous arms - fly				
	1:01.40	2:01.76 (1:00.36)	3:19.64 (1:17.88)	DQ (1:02.93)	
---	MacFarlane, Angus	10	The Capitol Sea Devils	NT	DQ
	Kick breaststroke type - fly				
	54.42	1:55.28 (1:00.86)	2:56.75 (1:01.47)	DQ (54.32)	

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****Event 102 Girls 9-10 50 Yard Backstroke**

	Name	Age	Team	Seed Time	Finals Time
1	Beck, Grace	10	York Swim Club of Northern Vir	38.60	34.33
2	Pinilla, Peaches	10	Mako Swimming	36.63	35.72
3	Cheng, Stella	9	Mako Swimming	38.00	35.76
4	Misra, Kavya	10	The Capitol Sea Devils	37.47	36.41
5	Collin, Avery	10	Herndon Aquatic Club	37.14	36.81
6	Malkowski, Maggie	9	Mako Swimming	38.00	37.17
7	Allen, Kailyn	10	Herndon Aquatic Club	37.42	37.60
8	Stoll, Lyla	10	The Capitol Sea Devils	37.28	37.71
9	Guest, Everly	10	Nation's Capital Swim Club	39.78	38.19
10	Palacio, Isa	10	Nation's Capital Swim Club	39.15	39.17
11	Tempelis, Marie	10	Mako Swimming	39.32	39.20
12	Choi, Kara	10	York Swim Club of Northern Vir	40.36	39.38
13	Wang, Catherine	9	Nation's Capital Swim Club	40.26	39.58
14	Kim, Emma	10	York Swim Club of Northern Vir	41.08	39.76
15	Rusch, Bella	9	Herndon Aquatic Club	39.80	39.95
16	Finazzo, Carolina	10	Nation's Capital Swim Club	40.78	40.04
17	Cheng, Evelina	9	Mako Swimming	39.34	40.15
18	Cummins, Kate	10	Fairfax Foxes Swimming	41.28	40.27
19	Ahearn, Molly	9	Herndon Aquatic Club	40.02	40.56
20	Jemison, Maddie	10	Mako Swimming	44.68	41.93
21	Hong, Eliana	10	The Capitol Sea Devils	45.90	41.96
22	Curtin, Elyse	9	Mako Swimming	44.30	42.35
23	Hetmanski, Meghan	10	York Swim Club of Northern Vir	45.78	42.40
24	Silver, Ellie	9	York Swim Club of Northern Vir	NT	42.92
25	Duffy, Abby	9	York Swim Club of Northern Vir	50.11	43.00
26	Vander Veer, Audrey	10	Mako Swimming	42.02	43.14
27	Rovak, Claire	10	The Capitol Sea Devils	NT	43.19
28	Hines, Chloe	10	York Swim Club of Northern Vir	46.62	43.29
29	McShane, Grace	10	York Swim Club of Northern Vir	43.41	43.54
30	Elegbe, Olivia	9	York Swim Club of Northern Vir	50.83	43.90
31	Ryan, Quinn	9	York Swim Club of Northern Vir	NT	44.06
32	Chodakiewicz, Maria	9	Herndon Aquatic Club	NT	44.23
33	Eskandarnia, Moneli	10	The St. James	48.65	44.75
34	Tanapornsakul, Rae	9	The Capitol Sea Devils	46.72	44.83
35	Abraham, Amelia	9	The St. James	45.08	44.92
36	Cardaci, Elena	10	The Capitol Sea Devils	47.16	45.04
*37	Bachrach, Sophie	10	Nation's Capital Swim Club	48.72	45.40
*37	Nichols, Brooke	10	York Swim Club of Northern Vir	46.68	45.40
39	Refaei, Aya	9	The Capitol Sea Devils	46.19	46.04
40	Long, Elena	9	Herndon Aquatic Club	47.91	46.21
41	Etris, Avery	10	York Swim Club of Northern Vir	51.74	46.53
42	Loeffert, Teresa	10	The Capitol Sea Devils	48.27	47.10
43	Ghosh, Ava	9	The Capitol Sea Devils	46.01	47.15
44	Haynes, Maddie	10	Fairfax Foxes Swimming	49.52	47.28
45	Combs, Kate	10	The Capitol Sea Devils	48.90	47.41
46	Nguyen, Maddie	10	York Swim Club of Northern Vir	49.19	47.63
47	Abraham, Aleena	9	The St. James	51.85	47.71
48	Meyers, Isla	9	The Capitol Sea Devils	49.04	47.87
49	Cardaci, Lara	10	The Capitol Sea Devils	NT	47.91
50	Brady, Zara	9	Mako Swimming	50.61	48.41
51	Salerno, Valerie	9	Fairfax Foxes Swimming	48.56	48.43

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 102 Girls 9-10 50 Yard Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
52	Cravens, Charleigh	9	York Swim Club of Northern Vir	NT	48.69
53	Eno, Charlotte	10	The Capitol Sea Devils	48.09	48.83
54	Iliria, Shayne	9	The Capitol Sea Devils	47.76	49.35
55	Miller, Caroline	9	The Capitol Sea Devils	48.54	49.88
56	Scolese, Maddie	9	The Capitol Sea Devils	NT	49.92
57	Cline, Reagan	9	York Swim Club of Northern Vir	NT	50.28
58	Bradley, Harriet	9	Fairfax Foxes Swimming	50.47	50.35
59	Malejko, Georgie	10	The Capitol Sea Devils	NT	50.95
60	Habyarimana, Mika	10	The Capitol Sea Devils	NT	51.46
61	Skuce, Izzy	10	The Capitol Sea Devils	53.99	51.99
62	Bekoe, Zahra	10	Jcc Swimming	NT	53.19
63	Mahdere, Maya	9	The Capitol Sea Devils	52.65	53.35
64	Cao, Nora	9	York Swim Club of Northern Vir	NT	54.35
65	Mendenhall Koon, Zoe	9	The Capitol Sea Devils	54.18	55.59
66	Durrant, Harper	9	The Capitol Sea Devils	NT	55.84
67	Adkins, Emma	9	The Capitol Sea Devils	NT	56.09
68	Handagard, Ingrid	9	The Capitol Sea Devils	NT	58.16
69	Wilkins, Sophia	9	The Capitol Sea Devils	55.83	58.33
70	Bowles, Nora	9	The Capitol Sea Devils	1:02.23	58.84
71	Kala, Varsha	9	Herndon Aquatic Club	1:01.62	58.85
72	Sokolowski, Victoria	10	The Capitol Sea Devils	NT	1:00.10
73	Lowman, Ellie	9	The Capitol Sea Devils	1:04.20	1:03.03
74	Miller, Annie	10	The Capitol Sea Devils	1:07.45	1:05.41
75	Kleid, Rebecca	10	Jcc Swimming	1:08.28	1:10.48
76	Houlahan, Abby	9	The Capitol Sea Devils	1:02.64	1:13.71
---	Dudley, Holden	9	The Capitol Sea Devils	1:03.66	DQ
	Multiple strokes past vertical at turn				
---	Mazer, Allie	9	Fairfax Foxes Swimming	1:05.02	DQ
	Delay initiating arm pull at turn				
---	Hawksworth, Amelia	10	The Capitol Sea Devils	NT	DQ
	Shoulders past vertical toward breast				
---	Nasser, Maya	9	The St. James	56.11	DQ
	Shoulders past vertical toward breast				

Event 103 Boys 9-10 50 Yard Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Cravens, Will	9	York Swim Club of Northern Vir	36.41	34.22
2	Donnelly, Keegan	10	Mako Swimming	36.30	34.33
3	Schneider, Brady	10	York Swim Club of Northern Vir	35.41	35.31
4	Manguikian, Zander	10	York Swim Club of Northern Vir	37.10	36.17
5	Bower, Benton	10	The St. James	36.02	36.20
6	Tsuchitani, Ryan	10	Mako Swimming	39.97	36.52
7	Boyle, Collin	10	Herndon Aquatic Club	36.35	36.90
8	Evans, Ian	10	The Capitol Sea Devils	38.26	37.89
9	Lear, David	10	Herndon Aquatic Club	39.91	39.04
10	Bowes, Jacob	10	Nation's Capital Swim Club	43.86	39.13
11	Duffy, Danny	10	York Swim Club of Northern Vir	43.36	39.96
12	Sharron, Kai	10	The Capitol Sea Devils	44.59	40.08
13	Busch, Henry	10	The Capitol Sea Devils	NT	40.43
*14	Vinet, Luca	10	Fairfax Foxes Swimming	42.82	40.55
*14	Crimmins, Ben	10	York Swim Club of Northern Vir	44.01	40.55
16	Jain, Vedarth	10	Herndon Aquatic Club	41.50	40.84

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 103 Boys 9-10 50 Yard Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
17	Langsdale, Tanner	9	York Swim Club of Northern Vir	41.53	41.95
18	Bortner, Reed	9	Fairfax Foxes Swimming	41.61	42.29
19	Vasquez, Luke	10	The Capitol Sea Devils	40.96	42.59
20	Guinnup, Henry	9	York Swim Club of Northern Vir	44.43	42.76
21	Karapinar, Kaya	10	York Swim Club of Northern Vir	45.79	42.96
22	Steiner, Sam	10	The Capitol Sea Devils	45.31	42.97
23	Freinkman, Misha	10	The Capitol Sea Devils	45.52	43.29
24	Vu, Baiden	10	Fairfax Foxes Swimming	45.94	43.46
25	Sisserson, Connor	9	Herndon Aquatic Club	46.18	43.72
26	Beitz, Zeke	10	York Swim Club of Northern Vir	49.16	44.02
27	Williams, Troy	9	York Swim Club of Northern Vir	44.87	44.88
28	Raj, Emmett	9	York Swim Club of Northern Vir	NT	45.16
29	Titus, Porter	9	York Swim Club of Northern Vir	48.11	45.89
*30	Resnick, Mick	10	The St. James	NT	45.92
*30	Sapriza, Sebastian	10	The Capitol Sea Devils	NT	45.92
32	Williams, Maximus	10	York Swim Club of Northern Vir	46.15	45.93
33	Colello, Brennan	9	Herndon Aquatic Club	51.57	46.04
34	Drinkard, Cam	10	Nation's Capital Swim Club	46.97	46.08
35	Gould, Ben	10	Mako Swimming	52.67	46.41
36	Falkowitz, Aaron	9	The Capitol Sea Devils	52.18	46.61
37	Skladany, Leo	10	The Capitol Sea Devils	NT	46.76
38	Nguyen, Emmett	10	York Swim Club of Northern Vir	51.20	47.00
39	Schneider, Tate	9	The Capitol Sea Devils	47.88	47.09
40	Jasinski, Ben	10	Fairfax Foxes Swimming	NT	47.49
41	Pollak, Connor	9	York Swim Club of Northern Vir	50.69	47.98
42	Buchanan, Owen	10	York Swim Club of Northern Vir	50.42	48.11
43	Roehrig, Brooks	9	The Capitol Sea Devils	NT	48.12
44	Quintal, Oliver	10	Herndon Aquatic Club	46.97	48.19
45	Ivanov, Sasha	10	Fairfax Foxes Swimming	54.53	48.29
46	Clarín, Caleb	10	Fairfax Foxes Swimming	NT	49.37
47	Weinstein, Noah	10	The Capitol Sea Devils	50.05	49.41
48	Yarra, Dharmik	10	Herndon Aquatic Club	49.81	49.63
49	Clark, Ryan	9	York Swim Club of Northern Vir	52.92	49.66
50	Waniewski, Misha	9	York Swim Club of Northern Vir	NT	49.69
51	Dennis, Avery	10	Jcc Swimming	51.49	49.91
52	MacFarlane, Harry	10	The Capitol Sea Devils	48.74	50.11
53	Flook, Finnegan	9	Mako Swimming	50.80	50.18
54	Brelsford, Edwin	10	Herndon Aquatic Club	54.35	50.30
55	Simard, Nick	10	Herndon Aquatic Club	49.91	50.35
56	Komiss, Rollie	10	Fairfax Foxes Swimming	50.97	50.38
*57	Strobeck, Cooper	9	Herndon Aquatic Club	NT	50.59
*57	Chen, Miles	9	Fairfax Foxes Swimming	NT	50.59
59	Wolfe, Eli	9	The Capitol Sea Devils	52.14	50.92
60	Gastrell, Quinn	10	The Capitol Sea Devils	1:08.10	51.80
61	Zuazo, Theo	9	Herndon Aquatic Club	NT	51.87
62	Johnson, Wesley	10	The Capitol Sea Devils	54.19	52.55
63	Ho, Jonas	9	York Swim Club of Northern Vir	NT	53.21
64	Tillman, Edward	10	Herndon Aquatic Club	51.76	53.26
65	Fox, Drew	10	York Swim Club of Northern Vir	52.69	53.78
66	Dua, Vivaan	10	The Capitol Sea Devils	54.45	54.53
67	Bhatt, Shiv	10	Herndon Aquatic Club	54.86	55.85
68	Gastrell, Ashe	10	The Capitol Sea Devils	55.51	57.78

2025 Swim & Rock - 11/21/2025 to 11/23/2025**Results****(Event 103 Boys 9-10 50 Yard Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
69	Furukrona, Max	10	The Capitol Sea Devils	NT	58.09
70	Brink, Lukas	10	York Swim Club of Northern Vir	NT	58.36
71	Urigo, Cole	9	The Capitol Sea Devils	56.35	58.89
72	Hall, George	9	York Swim Club of Northern Vir	NT	59.75
73	Calisal, Julian	9	The Capitol Sea Devils	NT	1:00.30
74	Wong, Eli	9	York Swim Club of Northern Vir	NT	1:02.05
---	Chivvis, Kiran	9	The Capitol Sea Devils	NT	DQ

Delay initiating turn after past vertical

Event 234 Girls 15-18 50 Yard Freestyle Swim-off**24.79 SECT EZ Sectionals****26.29 SR PVS Open Champs**

	Name	Age	Team	Seed Time	Finals Time
- Swim-off					
1	Weatherbee, Alex	16	Fairfax Foxes Swimming	26.33	25.68 SR
2	Fitzgerald, Maya	16	Arlington Aquatic Club	26.33	25.82 SR

Event 303 Mixed 50 Yard Butterfly Initial split

	Name	Age	Team	Seed Time	Finals Time
1	Bareis, Mary	13	York Swim Club of Northern Vir	NT	31.16