

PVS Coach's Rep Candidate's Bios

Steve Menard:

Steve Menard has been coaching with the Arlington Aquatic Club since May of 2005, where he has been the lead coach of a one of AAC's top age group programs. He has been elected to the Zone Team coaching staff 11 times, including serving as the Assistant head coach twice, and the Head Zone coach 5 times. He attends every Competition Meeting and has assisted at many PVS functions and activities, such as the Diversity Clinic in 2012.

Derek Young:

My first swimming memory is egregiously false starting in an NVSL relay and almost continuously since then I have been a part of Potomac Valley Swimming, first as a swimmer and now as a coach.

I am in my third year on staff at Arlington Aquatic Club where I am primarily responsible for coaching the 10 and under swimmers. This spring I will serve as the Assistant Head Coach for the Potomac Valley Zone Team. This will be my first trip in this capacity and third trip overall. My relevant but non-swimming related experience includes the two years immediately following my college graduation where I worked as a lobbyist on Capitol Hill.