



Potomac Valley Swimming

2014 Swimposium

Saturday, September 27, 2014 8:00 am

[University of Maryland](#)

Join Potomac Valley Swimming for the 2014 Swimposium at the University of Maryland on Saturday, September 27 from 8:00 am to 4:00 pm for various presentations and clinics!

Athletes: Fitter and Faster Tour – Featuring Lacie Nymeyer, Tim Phillips and Katie Meili. The clinic will be available to the first 60 athletes ages 12 & Over who register. Registration for the athlete track will be available on-line. [Click here for registration form](#). (use promo code: **PVS** for special \$89 price). After the clinic there will be two additional presentations; Safe Sport and Swimming after High School.

Parents: Will be able to watch a portion of the clinic, listen and talk to Lacie Nymeyer's mom on how raising a student-athlete. There will be a presentation on volunteering in PVS, then parents can join their swimmers for the Safe Sport and Swimming after High School presentations.

Officials: There will be a Safe Sport presentation for officials and coaches, a general meeting for all officials, information on Paralympic swimming and then Officials clinics for S&T, Starter, Referee, Chief Judge and Admin Official.

Coaches: The Safe Sport presentation, [Competition Committee Meeting at 10:00](#) (all teams are strongly encouraged to come), a brief meeting for Meet Directors (all meet directors should plan to attend), two breakout sessions to choose from 1. Season planning & writing effective workouts 2. Coaches Round Table to discuss the new LC meets and schedule as voted on at USA Swimming HOD. Then all coaches are invited to also go to the Swimming after High School presentation. Coaches may also sign up for coach's safety training from 6:00-8:00 am for \$70.

All meetings/clinics begin at 8:00 am (except Coach's Safety Training that will begin at 6:00 am)
All participants will receive lunch and a continental style breakfast.

\$20 fee for each parent, coach and official

\$89 for each athlete, but they will [register online](#) and must use the promo code: **PVS** to get the special pricing.

Please complete the attached registration form, include a check (made out to PVS) and mail to:
PVS

Attn: Terri Marlin
3212 Allness Lane
Herndon, VA 2071



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Participant's Name: _____

Email: _____

Club: _____

Track: (circle one) Parents (\$20) Coach (\$20) Official (\$20)

Athlete's registration will be on line: [Click here to register](#)
Be sure to use the promo code: **PVS** to get the special \$89 price.

Officials – also please sign up on the PVS website for your breakout clinic. [Click here to see the clinics offered and to register](#)

Coaches – There will be a Coaches Safety Training offered from 6:00-8:00 am if you are interested in taking the clinic please put your name here: _____ and include an additional \$70 for the training.

All checks should be made to Potomac Valley Swimming (PVS) and mailed to
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If you have any questions please email terripvs@gmail.com