

**Potomac Valley Swimming  
Board of Director  
Overlee Community Center  
March 12, 2019**

- Attendance – Tom Ugast, Tim Husson, Ellen Colket, Dave DiNardo, Sumie Emory, Greg York, Mike O’Shaughnessy, Carolyn Kotarski, Blair Piddington, Evan Stiles, Kurt Thiel, Jessica Fry, Rob Green, Erik Collins, Mark Faherty, Jack Neill, and Kerry DeLuca (guest athlete). Attending via telecon: Lauren Eldridge, Rich McMillen
- Proof of Quorum – There are a sufficient number of voting board members in attendance to conduct business.
- Approval of Minutes – **Motion to approve the minutes from the February 2019 Board Meeting, seconded and approved.**
- Report of Officers –
  - [Operations](#)
  - [Administration](#) (puled)
  - Finance: [Treasurer](#), [Profit & Loss Statement](#)
  - [Safe Sport](#)
- Policies & Procedures Update- Tim Husson: P&P draft to be issued by this Spring and target to complete in Summer 2019. New Bylaws must be completed and submitted to USA Swimming by January 2020.
- Athlete Leadership Conference- Blair Piddington: Athlete leadership conference attendees have been selected – 2 athletes (Molly Kennedy and Marcus Brown) and 1 coach (Jason Cochran). There were 11 athletes and 2 coaches that had applied and the selection panel was comprised of Blair (Age Group Chair), Evan (Coaches Rep), Tim (Admin) and Ellen (Finance). The conference is in Colorado Springs in April.
  - Those athletes not selected to attend have been contacted to engage them in Board and committee opportunities. We discussed that 20% of the BOD must be comprised of athletes and that our committees should be posted on the website to ensure our athletes know what opportunities exist. Tim and Tom said they would work on getting these posted to the PVS website.
  - The Officials Committee has added three athlete members.
- Safe Sport Update – Mike O’Shaughnessy: discussed Safe Sport club recognition – MSC is the second PVS club to obtain Safe Sport Recognized club status; met with EZ Safe Sport coordinator to discuss ways to improve Safe Sport. Athletes preparing Safe Sport materials for MCSL/NVSL summer handbooks – due 15Mar2019. Considering Champions of Safe Sport award for those who have gone above and beyond to handle safe sport issues. Mike also noted that t 23 of 43 PVS clubs now have safe sport representatives.
- EZ Diversity Clinic Update- Rob Green: discussed upcoming Diversity Select camp which is being hosted by PVS June 6<sup>th</sup> – 9<sup>th</sup>. April 5<sup>th</sup> is application deadline for athletes. April 9<sup>th</sup> is the decision date for those who will attend. The budget, plan and schedule details were discussed. Rob will be reaching out to a few others as he needs help with excursion planning – time allowed for this activity is 3 hours. Erik Collins offered to research possibilities. It will be held at UMD and expected attendance by 24 female and 24 male athletes along with coaches. There will be guest speakers (i.e., Sports Psychologist, Nutritionist, Strength and Conditioning and possibly college coaches).

- Junior/Senior Championships (Athlete Perspective) - Kerry DeLuca (member of the PVS Safe Sport Committee) was invited to provide athlete feedback. Her comments:
  - It was a good opportunity for swimmers
  - Having Junior & Senior Champs together is good for the swimmers
  - It is a good opportunity for swimmers to swim events they can't swim in HS
  - The air quality at UMD for the meets was OK
  - She loved the new backstroke ledges and made use of them
  - Having athlete hospitality available was a suggestion
- Kerry was also asked by the board about ways to make athletes aware of opportunities to serve PVS.
  - The PVS website was listed as one resource
  - Instagram seems to be the preferred method of reaching the athletes
- 2019-20 Budget - Ellen Colket:
  - Per her submitted report, our investments are up
  - A draft of the Audit Report has been issued by the auditing firm.
  - She discussed actuals vs plan for 2018-2019 season and then moved to the 2019-2020 draft budget reviewing each line item and confirming input provided by each account owner.
  - Mark discussed \$ amount for athlete stipends for 2020 Olympic Trials.
  - Another possible meet is being considered – Duel in the Pool. It would be 4 LSC's with about 72 athletes from each, held in the Spring (beginning of May), swum SCY and a duration of 2.5 days. Mark will raise this at CCM to obtain feedback and we will hold off on including in budget.
- Junior/Senior Championship Debrief - Mark, Tom, Dave:
  - The feedback was that Jr/Sr champs went well in terms of air quality, use of backstroke ledges and meet management.
  - The comment made the LSC championships are not what they used to be. The meets provide different purposes for different level athletes.
  - The meets had 61 officials and 21 national evaluations.
  - Tom asked coaches for feedback on how transportation went on Friday due to the limited parking situation. Some said it was fine and others said they heard it was horrendous because some parents were upset because of the timing of the shuttles.
- Strategic Planning- Dave DiNardo:
  - The Strategic Planning Committee met by conference call and notes will be circulated.
  - The committee will develop proposed event lineups for the new 12&U and 13&O LC Championships to present at the CCM.
- Governance and Elections- Dave DiNardo: discussed positions that are up for election at the House of Delegates meeting in May. The positions are General Chair, Finance Vice Chair, Senior Chair and Diversity & Inclusion Chair. In addition, the coaches, athletes and officials will run elections for their representatives.
- Safety Update - Kurt Theil: Concussion training discussion re: State requirement for coaches. Kurt discussed opportunities for getting coaches certified – online training (a few that are free).
  - **Motion to require concussion training for all PVS coaches prior to registering for 2020. Seconded and passed (with one abstention)**
  - Kurt said he would provide links to sites for coaches to access free concussion training – e.g., NFHS and CDC.
- [Administrative Division Report](#) (pulled) – Tim Husson:

- It was noted that the 18&U Qualifier meet entries were down 50% from the number they were four years ago.
  - The 14&U Junior Olympics meet was again approximately 6,000 splashes again this year.
- At the next meeting we should talk about online voting for athlete representatives.
- The April meeting will be used to finalize the 2019-2020 budget.
- The meeting was adjourned at 9:20 PM

These minutes are based on meeting notes taken by Tim Husson and Ellen Colket