

**Potomac Valley Swimming
Fall Competition Committee Meeting
Overlee Community Center
3060 Lee Highway
Arlington, VA 22205
September 25, 2019**

- Attendance – Blair Piddington-PVS, Evan Stiles-PVS/AAC, Tim Husson-PVS, Ellen Colket – PVS, Jack Neill-PVS, Dave DiNardo-PVS, Mike O’Shaughnessy – PVS, Rob Green – PVS/DCPR, Jessica Mack – PVS/NCAP, Meghan Thiel – PVS/NCAP, Greg York-YORK, Bill Marlin-PM, Scott Bryant-LCL, John Venit-PAC, Jorge Silva-TIBU, Ian Handerhan-SDS, Lynne Gerlach-MSSC, Ashley Fouse-STJS, Richard Romero-HACC, Patricia Wilson-RY, Mike Kraeuter-BWST, Chris Ros-YASD, Corey Wallace – PGPR, Mark Faherty – NCAP, Mike Cook – MAKO, Kent Williams – RMSC, Morgon Henderson-Kunz – MACH, Bob Walker – ASA, Beth Sellers – PGKS, Matt Salerno – FXFX, Dan Rhinehart – LIFE, Dan Jacobs – MACH, John Aldonas – NCAP, Katie Stefl – GW, Matt Pelletier - FISH, Shandra Richardson – RIPS, Pete Morgan -NCAP, Erik Collins – SNOW, Aaron Dean – OCCS, Xianghui Zhang - DRAG, Mark Murray – FBST, Shawn Mansfield – VLAC, Manga Dalizu – FAST, Priya Aurora – TANK, Anise Foreman - ERSC, Brian Pawlowicz
- Call to Order – The meeting was called to order at 7:00 pm by Age Group Chair, Blair Piddington
- Approval of Spring Meeting Minutes – **Motion to approve the minutes from the 2019 Spring Competition Committee Meeting, second and approved.**
- Introduction of Board Members serving the Competition Committee – Blair introduced himself as the Age Group Chair and his last year leading the CCM, Evan Stiles is a first year at Senior Chair and his first year leading the CCM.
 - As a reminder Blair read the Meeting Requirement and Officials Requirements and penalties as per PVS P&P.
 - A club representative must attend a minimum of two Competition Committee Meeting and the annual House of Delegates over the course of the season. Violators will be fined \$300 at the end of the short course season.
 - All clubs are required to have a specific number of Officials based upon the size of the club.
- Tim Husson – The New general Chair for PVS was introduced.
- Board Reports: Board members reported on information from the USA Swimming Convention. All reports will be posted on line.
 - General Chair – Tim Husson reported some general statistics from the Times Committee:
 - Top 100 list – Less than 7% of the swimming on the Top 100 list as 17-18 year-old swimmers were also on the list at the age of 10.
 - Power BI Statistics – Take a look at the link in his report. There is a lot of great statistical information from USA Swimming
 - Pre-Meet Recon Changes: There will be some changes to how the pre meet recon reports will be done, going forward. Please have your meet back-ups to the PVS Service Manager by 9 am Monday morning, prior to your meet.
 - Reports will be sent out on Mondays
 - More detailed instructions
 - Clubs will be fined for unregistered swimmers participating in meets

- Meet Directors Clinic is Thursday 9/26. If you host meets in PVS, you are encouraged to attend
 - Scholastic All American: PVS had 73 student athletes in 2019
 - Operation Risk Committee meeting – more than 2/3 of the accidents occur in practice, not in meets. If something happens in practice you need to make sure the forms for USA S are filled out, even if the facility completes their own form.
 - Olympic Trial Qualifiers – we currently have 24.
- Athletes Reps – nothing submitted – We have a couple new athlete reps who attended convention.
- Admin Chair – Jack Neill reported:
 - As a reminder, all Athletes 18 & Over must complete the APT training. There is a 30-day grace period, however if it is not done then that swimmer is no longer considered registered.
- Operations Chair – no report submitted
- Senior Chair – Evan Stiles reported:
 - Dates for all the National Levels meets were announced
 - Zone Technical voted to eliminate the 15-18 age group at all Zone meets going forward
 - Spring Sectionals will be a 4 day format (there is only one LC Sectional this year and one SC Sectional)
 - The only Sectional Meet this year will be in May
 - USAS proposed to raise the club fees – after much discussion, it was sent back to the committee to rework. All clubs should be aware that there is a raise in Club registration in the near future.
 - Russell Mark, from USA Swimming, is challenging all clubs to focus on the distance events; the US is starting to fall behind in those events.
- Age Group Chair – no report submitted
- Safe Sport Chair – Mike O'Shaughnessy
 - PVS used to lead the nation in the number of Safe Sport Recognized teams, we have 4. However, there are other LSC's that have now surpassed us. We can do better. Please reach out to Mike for more information as to how to complete the recognition program, he will help train your parents and athletes.
 - Safe Sport is looking for ways to get more athletes involved. They have found that kids prefer to hear from other kids
 - Safe Sport Mondays – look for Safe Sport information from USAS on Mondays.
 - There was a presentation that shared some Incidents that have occurred between coaches and athletes in the form of text messages. With MAAPP, it is no longer allowed to text directing with athletes. All coaches are reminded of the MAAPP Policies and to review them. It is for your own safety, as well as the safety of the swimmers.
 - US Center for Safe Sport – www.uscenterforsafesport.org
 - Concussion training, anti-doping training, athlete protection training- it is all online the USA Swimming website – take a look.
 - If you have any new ideas of how best to get the Safe Sport message out to your families, please share.
- Diversity Chair – Rob Green reported:
 - A new name for this committee: DEI - Diversity, Equity and Inclusion
 - Zone Diversity Camp- USA S is going to try to better align with the other National Camps. Currently each LSC makes their own decision how they pick the athletes who attend; however, they are looking for ways to streamline and even out the level of the swimmers.
 - Looking to get as many athletes involved in DEI as possible.

- Strategic Planning Chair – Dave DiNardo reported
 - In PVS, we are the exception – we are primarily teams owned by coaches, which is not the same around the country
 - We are also exceptional – The relationship between our Coaches, Officials and Administrators appears to be far superior to many other LSC's. Our LSC is also very strong financially, and is willing to share those resources with our Athletes and Non-Athlete Members to help them develop more opportunities
 - Club dues – be prepared that the fees will be raised.
 - As a reminder; PVS Scholar Athlete applications are due Oct 15 at mid-night. Requirements are 3 A times and 3.5 GPA, encourage your athletes to apply.
- Coaches Reps – Jessica Fry reported
 - Diversity select camps task force – they were given a lot of data to review to better equalize the swimmer level at the camps. The recommendation that every zone puts forth a AA cut as a qualifier.
- Officials Rep – no report submitted.
- Finance – Ellen Colket
 - Athletes were awesome at Convention.
 - National Athletes Fair – this was a great way to introduce the athletes to all the different National Committees at USA Swimming. A link with all the various committees that athletes can join.
 - Be leaders in ethics – We are all one team; it is important to have LSC to LSC conversations to share best practices. This would also work between zones.
 - Rules & Regulations – As a result of the recent controversial ruling regarding the disqualification of a female swimmer in the questionable suit; it was determined that there needs to be some clarity around that rule. The officials should be officiating the strokes in the pool, not what the swimmers are wearing.
 - Key Note speakers was terrific. He works with high end football player and not just talks about being positive and thinking positive, but rather, getting rid of negative...negative thoughts, negative energy. It is a great way to put a spin on it.
 - Transformation in going from a man to a woman, was another incredible presentation.
 - Facility Development – they have determined that the PVCB, person care products, that people use are actually causing more problems than the chlorine. A 30 sec shower will get rid of 80% of the chemicals that cause the pool water/air quality.
 - Officials Awesome – USAS announced the Olympic Trial Leadership Officials. The rest will be released soon.
 - National and Zone Board of Review – Zone BOR will be going away. Only a National BoR used to hear 80-90, but now many cases are at SS.
- Recap: 2019 LC Open, 12 & Under and 13 & Over Age Group Champs
 - Open Champs: NCAP hosted, Brian Pawlowicz reported
 - The meet was not as big as in the past. Many clubs and teams moving away from relays. Overall the meet ran smoothly.
 - Timeline for finals were on the shorter side, only about 90 min. Ideas were given as to how to give the swimmers more rest during the finals sessions.
 - There was a discussion and ideas shared about how to bring the excitement back to the meet.
 - 13 and Over Champs: -
 - From Tim Husson's perspective the meet ran well and it was an effective format. The 13-14 athletes got their championship, the 15-18 athletes were about to get in some great swimming.

- It was commented that single age finals didn't seem to work as it was intended. Which lead to a further discussion on the pros and cons of single age finals.
 - Ultimately it was decided we need to give the meet another year or two to see what the numbers really look like before any other major changes are made.
 - Many felt the biggest challenge will be how can we build more excitement in the 13 & Over and Open Championships.
 - Next year there will be an additional challenge – Open Champs is only a couple weeks after trials, which will likely result in most of the PVS top swimmers not participating.
 - 12 and under Champs: Erik Collins from SNOW, the host team reported:
 - Felt there was a lot of excitement at the meet. The 12 & unders had fun. The meet met the needs of the swimmers.
 - There is an idea to add a cut to the 11 year old events, which may help improve the meet.
 - Coaches all commented that felt it was a great week, fun for the swimmers and filled the need we were looking for. Everything went well.
 - LC Zone meet – Morgon Henderson-Kunz (head coach) and Richard Romero (Zone coordinator) reported;
 - Participation from the kids was great and they had a lot of fun.
 - Still want to bring more excitement in the future with themes, better gear and apparel.
 - There was a comment that the fees were a bit expensive for some families. The Financial Assistance policy was reviewed for all clubs to hear.
 - Numbers have been coming down and expenses coming up. If you want to be on a committee to discuss and look for solutions please, email Blair to get that conversation going.
- PVS Meet Schedule for 2020-2021 - A proposed schedule for the PVS Hosted meets for the 2020-2021 season was distributed.
 - **Motion to accept the 2020-2021 PVS Meet Schedule as proposed and amended, seconded and approved.**
 - Amendment: **motion to move 14 & U JO's to the third week of March – 3/18-21/2020, seconded and approved.**
 - **Motion to move LC 2021 Championship meets, back a week to July 15-18 and 22-25, seconded and approved.**
- Outstanding Athlete for 18-19 season voting – Nominations for Outstanding Athletes were submitted online, all nominee were set out to the coaches along with a ballot. Voting took place, results were read. Congratulations to all the OA winners.
 - **Motion to destroy the ballots, seconded and approved.**
- Approval of Athlete Travel for the 19-20 season (Winter Nationals, Winter Juniors, Trials, Summer Open Water, Summer Nationals) – Goal to approve the parameters
 - The reimbursement amounts were previous set at \$700 for Nationals/Juniors/Open Water National and \$1200 for Trials
 - **Motion to set the parameters for PVS Travel Reimbursement for the 19-20 season as the following; for Nationals/Juniors/Open Water; 4 swims in at least one PVS Sanctioned meet and then for Olympic Trials; 6 swims in at least one PVS sanctioned meet, seconded and approved.**
- MAAP –
 - IT has been implemented throughout the summer. Once concern is that the coaches, administrators and officials know about it.
 - Greg/Mike have discussed creating lanyards and tags with the MAAP requirements for all volunteers on deck (timers, marshals, hospitality), so we know that all people on the deck are MAAP acknowledged.

- There was a discussion on the best way to get this information out to the membership and how to get all meet volunteers in compliance. Ideas included: bags tags on lanyards for volunteers to wear, information shared during the officials/timer briefings, sign up sheet with waiver.
 - It was noted that currently on the registered Coaches and Officials must sign the policy. All other volunteers must be “informed” so a bag tag around their neck would be enough.
- USA S is trying to help coaches communicate with the athletes – With all the new MAAPP policies, it is becoming more and more difficult for coaches and athletes to communicate about swim practice/team/meet related activities. USAS is looking into the possibility of different apps, etc.
- Is there a penalty for coaches/officials yet? Or are we still policing each other?
 - For the most part, we are still policing ourselves. There will be penalties if you are caught. Be smart and simply follow the policies as they are intended.
 - Safe Sport recognition program will likely become mandatory in the near future for all clubs. It is greatly suggested that all clubs work on getting their club recognized sooner rather than later. MAAPP has come from the Center of Safe Sport and it not an option.
- New Business
 - This spring the Zone Meet will be at Liberty University. There were concerns raised and a lot of push back from the athletes at convention. Liberty University is a Jerry Falwell founded school and a fairly strict and religious school.
 - The athletes at the EZ meeting at Convention, passed a motion not to do business with any entity that does not meet the same code of conduct at USA Swimming.
 - For 2020, the EZ already has a contract. It was signed prior to knowing all the possible conflicts. So for this spring, the EZ has a contract with Liberty. Moving forward we will not use a facility with a conflict in the conduct.
 - It was noted that the pool is slightly off of campus and many of the conflicts may not be a reality.
- Board Members at USAS – there are feathers ruffled that there are not “real” true group of coaches that are representing. Feels the same is true for PVS, at the last HOD, we lost several coaches – we need to make sure there are always good coaches on the board – more coaches to need to get involved.
- Qualifying times for the PVS Short Course Championships we will be released shortly.
- Old Business
 - None to discuss

Winter Meeting Date (propose: Wednesday, Jan. 8 – the board meeting is set for Monday, Jan. 13)

Adjourn

PVS Competition Committee Meeting

September 25, 2019

General Chair's Notes

USA Swimming Top 100

A common question is, How many 10& Under swimmers appear in the rankings as they age up? The following table (using current data) shows percentage of swimmers who stay in the rankings as they age up from 10& Under to 11-12, 13-14, 15-16 and 17-18.

	Boy's - LCM	Boy's - SCY	Girl's - LCM	Girls - SCY	Ave
11-12	19.5%	19.4%	25.5%	24.4%	23.1%
13-14	13.7%	12.9%	13.7%	12.9%	13.3%
15-16	10.6%	9.7%	9.1%	9.1%	9.6%
17-18	8.0%	7.6%	6.7%	5.0%	6.8%

The percentage of 10& Unders on the All Time Top 100 list appearing in older age groups Top 100.

Power BI Statistics

USA Swimming presentation of statistics from SWIMS using Microsoft Power BI. Currently, a snapshot is loaded once a month. Should eventually be available through the LSC Portal.

<https://app.powerbi.com/view?r=eyJrIjoiaOTlxODVmOTUtNTE1Yy00NjIzLTNmMDktZjFhYzE2OGQ5ZWYyIiwidCI6ImUyNmYxNDk4LTAyYzltNGQzMjY1LTViOTMzNDI2ZThkZCIsImMiOiZ9>

Some of the statistics presented:

- Meets by LSC

- Number of Meets by Athletes (in 2019, 21% swam 2 or fewer, 30% swam 3 or fewer)

- Swims by Event by LSC

- Meet Sizes (PVS meets averaged 451 athletes, largest in USA-S)

Pre-Meet Recon

Will be done on Monday before the meet

Will provide more detailed instructions

Unregistered swimmers will be subject to a \$100 file

Meet Directors Clinic

Tomorrow, September 26, 7:30 PM

Scholastic All American

PVS had 73 Scholastic All Americans this year, one more than in 2018

Operational Risk

Reminder that all incidents that occur at both meets and practices must be reported to USA Swimming using the online form

Olympic Trials Qualifiers

Potomac Valley already has 24 qualifiers. The list is posted on the website and will be updated periodically leading up to Trials.

2020-2021 Potomac Valley Swimming Meet Schedule

Meet	2019-2020 dates	2020-2021 Approved Dates
October Open	October 18-20	October 16-18
November Open	Novemer 8-10	November 13-15
January Distance	January 4-5	January 2-3
January Open	January 18-19	January 23-24
February Distance	February 9.	February 14.
18 & U Qualifier	February 21-23	February 19-21
Junior Champs	March 5-8	March 4-7
Senior Champs	March 5-8	March 4-7
14 & U JOs	March 12-15	March 18-21
LC Distance	June 13-14	June 13 - 14
LC Open 1	June 23.	June 20.
LC Open 2	June 28.	June 27.
LC Open Champs	July 9-12	July 15-18
LC 12 & U Champs	July 9-12	July 15-18
LC 13 & O Champs	July 16-19	July 22-25

**2018-2019 PVS Outstanding Athlete
as voted on at the 2019 Fall Competition Committee Meeting**

9 year old female: Elizabeth Chen
10 year old female: Emma Watts
11 year old female: Gloria Kuang
12 year old female: Emma Redman
13 year old female: Catherine Hughes
14 year old female: Erin Gemmell
15 year old female: Paige McKenna
16 year old female: Torri Huske
17 year old female: Madelyn Donohoe
18 year old female: Katie Mack
Open Female: Katie Ledecy

9 year old male: Andy Li
10 year old male: Griffin Oehler
11 year old male: Aaron Jia
12 year old male: Simon Bermudez
13 year old male: Michael Mullen
14 year old male: JT Ewing
15 year old male: Brett Feyerick
16 year old male: Anthony Grimm
17 year old male: Ryan Vipavetz
Open Male: Sam Pomajevich