

**PVS Distance Qualifying Time Policy**  
**Updated 5/29/12**

For Questions and Petitions contact the PVS Distance Coordinator,  
Bill Marlin at [coach\\_bill@verizon.net](mailto:coach_bill@verizon.net), 571-334-0987.

- **1000yd/800m Freestyle:** The minimum provable time to enter the 1000yd/800m Freestyle is 14:00. Athletes wishing to enter the 1000yd or 800m Freestyle who do not have a provable 1000yd/800m free time under 14:00 must have a provable time in the 500yd/400m Free of 6:30.00 or faster. These athletes will be entered into the 1000yd/800m Freestyle with their 500yd/400m time and will be seeded after all 1000yd/800m times have been seeded. After times are verified, all times will be converted to the appropriate course for seeding purpose. If entering an athlete into the 1000yd/800m Free with a 500yd/400m time, enter your swimmer with their actual time, showing course swum, do not convert. Please mark swimmers entering with 500yd/400m times as exhibition. If the entry time into the 1000yd is an intermediate split from a 1650yd/1500m swim, please indicate meet swum so intermediate time can be verified.
- **1650yd/1500m Freestyle (for 13 & Overs):** The minimum provable time to enter the 1650yd/1500m Free is 23:00.00. 13 & O athletes wishing to enter the 1650 yd/1500m Free who do not have a provable 1650yd/1500m time under 23:00 must have a provable time in the 1000yd/800m of 14:00 or faster or a 500yd/400m provable time of 7:20 or faster. After times are verified, all times will be converted to the appropriate course for seeding purposes. If entering an athlete into the 1650yd/1500m Free with a 1000yd/800m or 500yd/400m Free time enter your athlete based on actual time showing course swum, do not convert. Please mark swimmers entering with a 1000yd/800m or 500yd/400m Free time as exhibition.
- **Petitions for 13 & Over athletes:** A coach who feels an athlete can complete the event(s) faster than the QT's, but who does not satisfy the entry rule, may petition the PVS Distance Coordinator, Bill Marlin at [coach\\_bill@verizon.net](mailto:coach_bill@verizon.net), 571-334-0987 for an exception. The petition should provide specific evidence why they believe the swimmer can complete the event within the NST QT. All petitions must be submitted prior to the entry deadline.
- **All 12 & Under athletes:** must follow a stepping stone progression to swim distance events. A provable 500yd/400M time of 7:20.00 must be achieved before entering a 1000yd/800m event. A provable 1000yd/800m time of must then be achieved before entering a 1650yd/1500m event. However they do not have to achieve all events in the same course (for example: a swimmer could do a 500 yd free, then an 800m free to qualify for the 1650 yd free). There are no petitions for 12&U Athletes.