



POTOMAC VALLEY SWIMMING AGE GROUP COACH OF THE YEAR NOMINATION INSTRUCTIONS FOR 2015-2016 CONSIDERATION

SELECTION CRITERIA

The selection of the PVS Age Group Coach of the Year will be based on coaches achievements from the start of the current LCM season (the day after Eastern Zone SC Age Group Championship Meet – March 29, 2015) through the last day of the following year’s Eastern Zone SC Age Group Championship Meet (March 26, 2016) for swimmers age 14&Under. The PVS Competition Committee made a decision that swimmers who participant in the Eastern Zone Sectional Meets, USAS Junior Nationals, USAS Nationals, and USAS U.S. Open meets are not defined as Age Group Swimmers instead they are defined as Senior Swimmers.

The PVS Age Group Coach of the Year Award will be awarded to the one **nominated** coach that has, in the eyes of the selection committee, achieved the most as an age-group coach during the just completed LCM and SCY seasons.

The PVS Age Group Coach of the Year will have his/her expenses paid to attend the ASCA World Clinic in Ft. Lauderdale, FL on September 6-11, 2016. The award will be presented at the ASCA World Clinic.

The coach must be the primary coach of a swimmer(s) age 14 or younger. Primary coach means that the swimmer(s) must train a majority of the time with that coach. The coach must also train the swimmer(s) a minimum of 9 months during the defined season and be responsible for developing the training plan. If the swimmer ages up to the senior age group mid-season, the only accomplishments considered will be while that swimmer was in the 13-14 age group provided that they trained with that coach for at least 9 months prior to aging up. The same will hold true for swimmers aging up to the 11-12 age group and the 13-14 age group.

Nomination forms will be due Friday, April 8, 2016. Nomination forms will be reviewed by the PVS Selection Committee before the May PVS Competition Committee Meeting. The winning coach will be announced at the PVS House of Delegates Meeting and results will be posted to the PVS website under the “Coaches Corner” page.

INSTRUCTIONS

Under the Performance Section:

Please fill in for each Eastern Zone or PVS Championship Meet the information about the swimmers in the nominee's training group. Indicate how many swimmers from the nominee's training group qualified for the meet, how many swims finished in the top 3, swam in the 'A' final (top 8 finish), and finished in 9th-16th ('B' final for those meets that have a 'B' final).

Under the Special Achievements Section:

1. Please list each swimmer in the nominee's training group who broken a NAG (National Age Group Record), EZ (Eastern Zone Record), or PVS Record. For each swimmer, please include the event in which the record was broken.
2. Please list each swimmer in the nominee's training group that earned a USAS Top 16 time. Please include the event and the season (SCY or LCM).
3. Please list each swimmer in the nominee's training group that earned an EZ Top 16 time. Please include the event and the season (SCY or LCM).
4. Please list each swimmer in the nominee's training group that earned a PVS Top 16 time. Please include the event and the season (SCY or LCM).
5. All Top 16 times reports are available on their respective websites. USAS (www.usaswimming.org), EZ (www.easternzoneswimming.org), and PVS (www.pvswim.org).
6. Please list each swimmer in the nominee's training group that was awarded the PVS Outstanding Athlete Award at the PVS Junior Olympic (JO's) meet during the nominating year.

Email or Mail the form to PVS by Friday, April 8, 2016.

Email: hkpurk@gmail.com

Mail: Machine Aquatics
Attn: Heather Purk, PVS Coaches Rep
204-D Mills St, NE
Vienna, VA 22180

Please direct specific questions to Heather Purk at hkpurk@gmail.com