



Senior Level Swim Coach

Arlington County Department of Parks and Recreation has a unique opportunity for a qualified individual, to be a Senior level coach with the Arlington Aquatic Club competitive swim team. The Arlington Aquatic Club (AAC) is a USA Swimming Bronze medal club with just over 550 swimmers. AAC is an Arlington County Department of Parks and Recreation sponsored program. All coaches are Arlington County employees. The Senior level coach will be in charge of the 2nd highest training group within the team and reports to the head coach.

The position entails mornings, afternoons, and weekend practices and meets, with some administrative work, 25-35 hours/week.

Qualifications include (USA Swimming) Club Coaching competitive swimming experience at a Senior level preferred, USA Swimming registered coach prior to starting, reliability, customer service skills, and a genuine interest in working with kids. This is a year round, part time position.

Duties:

- Provides high quality technical instruction/coaching for 13-18 year olds looking to qualify at the Sectional and Junior National level.
- Provides on deck coaching during all meets that the senior group participates in.
- Plan, prepares and updates season practice schedules. Creates micro and macro cycle plans.
- Prepares daily practices
- Practices could include dry-land, mental training, stretching
- Performs administrative functions supporting senior group
- Prepares, updates, and monitors meet entries for senior level group
- Communicates with potential participants and parents, coaches and supervisors.

Compensation: hourly wage based on experience

Please contact Evan Stiles @ estile@arlingtonva.us