



PVS Coaches Newsletter

December 2015 Issue

Mid-Season Championship Meet Month

Asking for your opinion:

PVS will be asking coaches, officials, and swimmers about the swim meets they attend each month. The survey for the November 2015 meets is available. A link to the survey can be found on the PVS website on the HOME page and is provided below.

Survey link for coaches & officials:

<https://www.surveymonkey.com/r/FZCLNSG>

Survey link for athletes:

<https://www.surveymonkey.com/r/YMXG35W>

The survey is meant to be a way for every coach to give their feedback on how the meet ran without having to identify themselves. The only identifying information that is asked is what team you coach for and will only be used to make sure that the PVS Board of Directors is receiving feedback from every PVS club.

Competition Committee Meeting January 2016

The Next Competition Committee Meeting is tentatively January 6, 2016 at 7pm.

We invite all coaches to attend and voice their opinions.

Items on the agenda include

1. Voting for SC Zone Assistant Coaches
2. Voting for LC Zone Head & Assistant Head Coaches
3. Discussion of issues brought to the board via the Monthly Swim Meet Evaluation Survey
4. Club Meet Bids for 2016-2017 Season
5. Outstanding Athlete Nomination Process – Review and Discussion of the changes
6. Coaches Representative Nominations (Vote occurs at Senior Champs in March)

PVS Travel Reimbursement Information for 2015-2016 Budget Year

The following amounts were approved at the PVS House of Delegates Meeting in May 2015 for PVS Travel Reimbursement for Athletes.

Winter Nationals	\$450
Jr. Nationals (Winter/Summer)	\$250
U.S. Open	\$250
Olympic Trials	\$800

A motion was made by the Competition Committee at the October 2015 meeting to increase the reimbursement amount. The PVS Board of Directors did not approve the motion as the reimbursement amounts at set by the House of Delegates and not the Board of Directors.

What do you want to see on the Coaches page of the PVS website?

We are asking for your opinion on what you would like to see on the Coaches Corner page of the PVS website.

Throughout the 2015-2016 season, we will be sending out quick 10 question surveys to help guide changes to the page and to receive feedback about those changes.

Survey link for the first survey:

<https://www.surveymonkey.com/r/ZLBRPXW>

Please help us help you by improving the PVS website.

**2016 Eastern Zone SC Championship
March 23th-26th (Webster, NY)**

The PVS Board and Competition Committee is looking for coaches interested in being on the Eastern Zone SC Championship Coaching Staff.

Selection of the Assistant Coaches will occur at the January 2016 Competition Committee meeting. Coaches interested in submitting their name for selection should email Steve Menard, PVS Age Group Chair, at h20yea@gmail.com.

**2016 Eastern Zone LC Age Group Championship
August 3rd – 6th (East Meadow, NY)**

The PVS Board and Competition Committee is looking for coaches interested in being the Head Coach or Assistant Head Coach for the Eastern Zone LC Age Group Championship.

Selection of the Head Coach and Assistant Head Coach will occur at the January 2016 Competition Committee meeting. Coaches interested in submitting their name for selection should email Steve Menard, PVS Age Group Chair, at h20yea@gmail.com. Please include which position you would like to be considered for.

Want to find out more about what is going on in Potomac Valley Swimming? Want to find out what the PVS Board of Directors is doing for its members?

#1 – Check out the PVS website for updates

#2 – Attend a PVS Board of Directors Meetings
Meeting Dates and Locations are posted on the home page of the PVS website

#3 – Contact a PVS Board Member with your questions.

Not sure who you should contact, then email Heather Purk, PVS Coaches Rep at hkpurk@gmail.com or talk to her at a swim meet. The PVS Board is here to help its members.

**Do you have a Facebook account?
Looking for practice ideas or to get feedback
from other swim coaches across the U.S.?**

Take a recommendation from Bob Walker, Head Coach of All-Star Aquatics and check out

Swim Coaches Idea Exchange Group.

Potomac Valley Swimming – LEAP Update

The PVS Board of Directors has submitted the application for LEAP 2 status with USA Swimming and it is currently under review.

LEAP states for LSC Evaluation and Achievement Program. The goal of LEAP is to assist LSCs in becoming more efficient and effective. LEAP is the LSC equivalent to the Club Recognition Program for swim clubs.

The PVS Board of Directors has started the application for LEAP 3 status with USA Swimming. As part of the LEAP 3 process, all registered coach members of PVS will be contacted via email and/or survey to gather information that will becoming part of the Club and Coaches Development portion of the application.

**GOOD LUCK TO ALL PVS COACHES
& SWIMMERS AT THE MID-
SEASON CHAMPIONSHIP MEETS!**

HAPPY HOLIDAYS!

BE SAFE IN THE COMING YEAR!