



PVS Family!

Happy October everyone! Thank you all for your support and participation in our wonderful events held during the 2010-2011 season. The PVS Diversity Committee has been busy with excitement as we continue to do great work and move forward with the plans for the 2011-2012 season. This month we had our first Diversity Committee meeting as well as a great start to the season with the PEAK All Freestyle Meet and October Open! Notes from the October 8th Diversity Committee meeting will be available soon on our website [www.pvswim.org/diversity.html](http://www.pvswim.org/diversity.html) with new images from our local meets! An email will be sent out once the information has been posted.



At the PEAK All Freestyle Meet, John Mason and Central Chesapeake Swimming invited Dr. Cecil Gordon (Chief Judge for 2012 Olympic Trials) come to serve as Meet Referee and support our PVS Officials. Job well done and thank you to our PVS Officials and PEAK for a great meet!

Congratulations to the Diversity Committee's own Arthur Lopez of Nadar Por Vida who has been selected to attend Golden Goggles in LA. Arthur will showcase his program during the Golden Goggles awards banquet sharing what he has done in PVS and beyond! Congrats to the Lopez Family as well as the families and athletes of Nadar Por Vida. Check out a video of his program on Diversity in Aquatics. [You have to have Pride - Nadar Por Vida](#)



### Please mark your calendars to support the following events:

- **Nov 12-13 - Officials are needed to help support the November Distance Meet at Takoma Park. Please contact Rob Green at [rob.green@dc.gov](mailto:rob.green@dc.gov) if you are able to help.**
- Dec 17th - Informational Meeting for those traveling to the RSA January Jubilee and 2nd Diversity Committee Meeting
- January 13-16 - Travel Meet to RSA January Jubilee Meet - (more information below) If interested, please email Dr. Rhonda Waller at [rhonda.waller@gmail.com](mailto:rhonda.waller@gmail.com) by Nov 1st. Link to meet announcement: [January Jubilee](#)
- April 14th - Diversity Day Clinic for parents, coaches and athletes.
- May 5th- Ladies Empowerment Clinic

### Additional Opportunities and Activities - click on links



Members of the Howard University Swim and Dive Team are looking to provide a mentorship/partnership program to groups in our area. Please be sensitive to their training and meet schedule when making arrangements for them to come and meet with your team. Check out the linked flyer for more information and a contact. [Little Bison Swimmers.pdf](#)

Show your swimmers what is like to swim in college. Here is a link listing the college swimming and diving schedules for teams in our area. Make it a team outing to support a local college swim and dive program and our PVS Swimmers who are competing here in the area on the college level.

[1112DMVCollegeSchedule.pdf](#)



### Information about January Jubilee Meet

Team DMV-PV with support from the Potomac Valley Diversity Committee is pleased to announce their support for swimmers who wish to travel and participate in the RSA January Jubilee Meet. Team DMV-PV is comprised of swimmers from diverse backgrounds who are registered with teams in Potomac Valley. The team gives swimmers an opportunity to travel as a combined team under the name DMV-PV,



but still compete with their registered USA Swim Team. In May 2011 Team DMV-PV traveled over 80 swimmers to Cary, NC and won first place in the National Black Heritage Swim Meet sponsored by the North Carolina Aquablazers.

We are currently gaging the interest of area swimmers who want to participate in an upcoming travel meet to **Cary, North Carolina January 13 - 16, 2012**. Swimmers would travel as the combined DMV-PV Swim Team and those interested would be required to qualify for the meet by meeting the following requirements:

### **Swimmer Eligibility Requirements:**

- All swimmers must be USA Swimming registered and currently swim for a Potomac Valley swim team;
- Swimmers must have three "BB" or better USA Swimming approved times in their age group (times must be earned by November 20, 2011); and
- Swimmers must be age 9 or older at the time of the meet. Swimmers under the age of 12 will be required to have an adult chaperone. Swimmers over the age of 12 will be housed with another same sex swimmer their age or whom they request as a roommate.

### **Logistics:**

Swimmers would be transported to and from NC on the team bus (luxury motor coach transportation). The team bus would leave the Metropolitan DC area early morning on Friday, January 13, 2012 and return in the evening on Monday, January 16, 2012.

Swimmers would compete Friday (afternoon), Saturday, Sunday and Monday (morning). Swimmers who place in the top 16 in events swam on Saturday and Sunday morning will swim in meet finals for those events on Saturday and Sunday evening.

### **Cost:**

Cost per swimmer Includes 3 nights hotel accommodations; roundtrip motor coach transportation for the swimmer; Hot breakfast on Saturday, Sunday, and Monday; DMV-PV long sleeve t-shirt and DMV-PV swim cap; and meet entry fees for the entire weekend. The swimmer would have to provide their own money for lunch and dinner each day.

**\$298 per swimmer (based on 2 swimmers per hotel room)**

**\$433 per swimmer (based on 1 swimmer per hotel room)**

\* swimmers under the age of 12 MUST be accompanied by an adult.

### **Next Steps:**

Interested swimmers must send an email to the Potomac Valley Diversity Committee Travel Coordinator, Rhonda Waller, at [rhonda.waller@gmail.com](mailto:rhonda.waller@gmail.com), **no later than 5:00pm on Tuesday, November 1, 2011**.

Your email must include the following information:

- In the subject line of the email type: DMV-PV - RSA January Jubilee Meet
- In the body of the email include the Swimmer name, date of birth, and current swim team; Parent name, email address & telephone number.

**WE MUST HAVE 40 SWIMMERS INTERESTED IN SWIMMING THIS MEET  
BEFORE WE WILL COMMIT TO GO!**

If we have 40 swimmers who express their interest by November 1st we will send (to those interested swimmers) an email with the DMV-PV travel team application, instructions on how to pay your deposit, and information about the DMV-PV travel team parent/swimmer orientation. The deposit and application to travel will be due on **Monday, November 21, 2011**. Swimmers **MUST** have 3 BB or better USA Swimming qualified times in their age group to qualify for the travel team. Final payment will be due on Saturday, December 17th, 2011.



## PVS Diversity Committee News

October 2011

If you have any questions please feel free to email the Potomac Valley Diversity Committee Travel Coordinator, Rhonda Waller, at [rhonda.waller@gmail.com](mailto:rhonda.waller@gmail.com) or Diversity Committee Chairperson, Miriam Lynch at [miriamlynch@yahoo.com](mailto:miriamlynch@yahoo.com).

If there is any additional information or events you would like to share or see possible, please feel free to contact me.

Thank you for all that you do!

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<http://www.diversityinaquatics.com/group/potomacvalleydiversitycommittee>



**A Dive into Diversity Trivia.** Rules: The first person to email [miriamlynch@yahoo.com](mailto:miriamlynch@yahoo.com) with the answer will win a USA Swimming Prize Pack to be given out at our next PVS Diversity Committee Meeting on **December 17<sup>th</sup>**.

USA Swimming is divided into 59 regional governing bodies called Local Swimming Committees. These LSCs are responsible for governing competitive swimming in their respective areas.

**Question: In terms of population of year-round swimmers registered in PVS, where does PVS rank amongst the 59 LSCs in USA Swimming for the year 2010?**