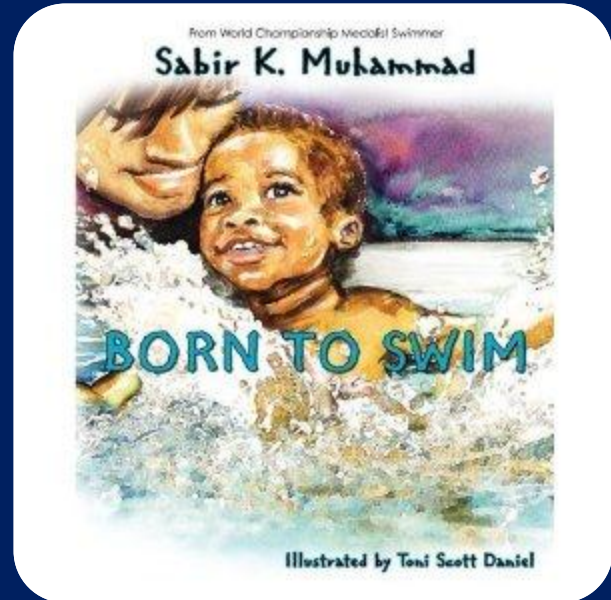


Sabir Muhammad

Swim Clinic



World Champion swimmer, Sabir Muhammad is coming to the Theresa Banks/Nation's Capital Swim Club in Landover, MD at the Prince George's County Sports and Learning Complex (next to FedEx Field). Sabir will inspire your swimmers to 'Dream Big' and pursue excellence in everything they do. Sabir will also discuss his new book, Born to Swim, and share his secrets to becoming an elite swimmer. Attendees will work on swimming technique; receive an autographed copy of Born to Swim, a picture with Sabir and gifts and prizes.

DATE: December 16, 2012

TIME: 9:00 pm - 1:00 pm

WHERE: Prince George's County Sports and Learning Complex
Townhall Room



COST FOR REGISTRATION: \$75.00

LIMITED TO THE FIRST 100 REGISTRANTS.



Please click on the following link, the click on the picture under the words "Event Registration" to register and make your payment.

<http://borntoswimbook.com/>