

**STAR SWIMMING
PRESENTS
THE 2004 SPEEDO CHAMPIONS SERIES
JULY 22-25, 2004**

Held Under USA Swimming Sanction - NI 0446

This meet is Open* to all swimmers registered with USA Swimming to one of the following
LSC's – AD, AM, CT, MA, MD, ME, MR, NE, NI, NJ, PV, VA

	Order of Events Long Course Meters	
Preliminaries - 9:00 am Women=s Events		Finals - 5 PM Men=s Events
	Day 1 - Thursday, July 22	
	Timed Finals 4 PM	
1	1500 Meter Freestyle	
	800 Meter Freestyle	2
	Day 2 - Friday, July 23	
3	200 Meter Freestyle	4
5	100 Meter Breaststroke	6
7	100 Meter Butterfly	8
9	400 Meter Individual Medley	10
11	800 Meter Freestyle Relay *	12
	Day 3 - Saturday, July 24	
13	200 Meter Butterfly	14
15	50 Meter Freestyle	16
17	200 Meter Breaststroke	18
19	100 Meter Backstroke	20
21	400 Meter Freestyle	22
23	400 Meter Freestyle Relay *	24
	Day 4 - Sunday, July 25	
25	800 Meter Freestyle	
	1500 Meter Freestyle	26
27	200 Meter Backstroke	28
29	100 Meter Freestyle	30
31	200 Meter Individual Medley	32
33	400 Meter Medley Relay *	34

* 800 & 1500 Freestyle & all Relay Events are positive check-in events. Swimmers/Teams must check in with the Clerk of Course by the scratch deadline for that event in order to be seeded.

Administrative Information

Meet Referee
Jamy Pfister
JamyJayPfi@adelphia.net
200 Pickwick Dr.
Bethel Park, PA 15102-1724
Phone Answering machine: (412)831-7809

Meet Director:
Dave Bimber
5568 Coachman's Lane
Hamburg, NY 14075
716-649-2701
716-868-3110 (Thur. 7/22 only) **NEW**
puffin5568@aol.com

Ticket Information

All Session Pass	\$25
Daily:	
Prelims	\$ 4
Finals	\$ 7

Tickets will be available at the door.
Make checks payable to Star Swimming.

Facility

Erie Community College
Site of:
1993 World University Games
1997 USS Phillips 66 Senior Nationals
1998 Speedo Junior Championships (SC)
1999 Speedo Junior Championships (LC)
2000 Speedo Junior Championships (SC)

50 meter pool with continuous flow through gutters and Kieffer_ McNeil lane dividers.
Separate 25 yard six lane pool for continuous warm_up and warm_down.
Colorado Electronic Timing System.

* **QUALIFYING PERIOD** - January 1, 2003 through the entry deadline.

** The seeding order is:
LC meters, SC meters, SC yards

Entry Information

How to Enter:

* We prefer that you send a HyTek commlink file, either on a 3.5 diskette labeled with the team name or emailed to: Dave Bimber, puffin5568@aol.com
As an alternative you can send an entry file in SDIF format. Entries must be received no later than 11:59 PM Tuesday, July 13, 2004.
* An entry summary must accompany each entry, regardless of whether entries are submitted via email, on diskette, or in writing.
* Paper entries must be made on the meet entry form.
* Entries not received by the dates specified will not be accepted.
* Please check with your local registrar that all your swimmer's registration is current so that they are able to swim.

* **FAX entry** deadline is 1:00 PM Monday July 19, 2004. Only swims occurring from Monday July 12, 2004 through Sunday July 18, which achieve a first time qualifying standard are eligible for fax entry. FAX entries must be made on the enclosed FAX entry form - and may not be used to improve the seed time of a previously submitted entry.

- **PROOF OF TIME MUST ACCOMPANY ENTRY!**
- **MEET RESULTS WILL SERVE AS PROOF.**
- **PRINTOUTS SHOWING TIMES IN USA SWIMMING'S SWIMS DATABASE ARE ENCOURAGED AS PROOF OF TIME.**
- **High School, College & YMCA Swims must be observed by USA Swimming to be a valid proof of time.**

* **ANY TIME NOT PROVEN IS SUBJECT TO A \$100 FINE.**

Entry Fees: \$10 per individual event
\$25 per relay event

Send entries to:

Dave Bimber
5568 Coachman's Lane
Hamburg, NY 14075
716-649-2701
puffin5568@aol.com

You must waive the requirement for a signature upon delivery of entries sent by Express Mail!

Final Results

Complete meet results (including the meet manager cl2 and backup files will be available on both the Eastern Zone and Star Swimming websites after the meet.

Event Limit

All swimmers are limited to a maximum of 3 Individual Events per day (including Time Trials). In addition, all swimmers are limited to a maximum of seven (7) individual events for the meet plus relays.

Each team is limited to a maximum of two (2) relays per relay event. At least one (1) swimmer swimming on each relay must be entered in the meet in an individual event.

Time Trials

Any swimmer entered in the meet in an individual event may participate in Time Trials. Relay only swimmers are not permitted to enter Time Trials.

Time Trials shall be swum as follows:

- 1/ Thursday – Thursday events only.
- 2/ Second and all subsequent days: that day's events, followed by the events of the remaining days of the meet, followed by the events of the previous days. (The W-1500 & M-800 Free will only be swum only on Thursday. The W-800 & M-1500 Free will only be swum on Sunday – or another day at the meet referee's discretion).

Any change will be announced at the General Meeting.

Entry Fee for Time Trials

\$10 per individual event entry
\$25 per relay event entry

Scratch Procedures

The scratch box will be located at the Registration Desk prior to the start of the meet and until the General Meeting. The scratch box will be at the General Meeting.

Following the General Meeting, the scratch box will be located with the Clerk of Course for the remainder of the meet.

Positive Check-in Sheets for the 800 Freestyle, 1500 Freestyle, and all Relays will be located with the scratch box. The 1500 Free, 800 Free & Relays are timed final events. Entries must be checked in by the scratch deadline for that event in order to be seeded.

Scratch procedures and penalties will follow those listed in the USA Swimming Rule Book, section 207.7.9

Scratch Deadlines:

Thursday's Events

* 15 minutes following the adjournment of the General Meeting or 1 PM, whichever is later.

Friday, Saturday, and Sunday's Events

* 5:30 PM the previous evening.

Please Note: No email, fax or phone scratches or positive check-ins will be accepted.

Relays and Relay Check-In Procedures

A. Relays - All relays are conducted on a timed final basis with only the two fastest heats to be swum in the final session. Teams are limited to two relay entries in each relay event.
B. Relay Check-In- Entries for all relays must be checked in prior to the scratch deadline in order to be seeded. Each coach shall pick up relay entry forms from the Clerk of Course on which he/she shall list the competing relay swimmers, their first and last names, ages and order of swimming, for each entered relay. Relay forms shall be returned

to the Clerk of Course for tabulation approximately one (1) hour prior to the start of relays. However, they may be changed up to the time of the swim.

Distance Freestyle

A. Distance Entry - Any swimmer who qualifies for the 800 and/or 1500 freestyle events may enter at their fastest time or at the time standard, if entered in two or more events on the day of the distance freestyle (207.11.10)

B. Distance Check-In and Seeding - Entrants in the 800 and/or 1500 freestyle must check in and confirm their intention to compete before the scratch deadline in order to be seeded. Seeded heat sheets will be published at the end of finals the evening before, except for Thursday's events, which will be published by 2 PM on Thursday. The swimmers will be listed in the psych sheet in the order of submitted times, beginning with the fastest (207.7.10A)

C. Order of Distance Events

Thursday events (W-1500 & M-800 shall be swum as follows: slowest to fastest, we will swim all heats of the Women's 1500, and then swim the Men's 800.

Sunday afternoon the M-1500 & W-800 Free will swim, with only the fastest (single) heat swum in the final session. All other heats are to swim in the afternoon so that the second fastest men's heat is timed to end at 4 PM. Both events will swim slowest to fastest. The heats swum in the afternoon will alternate between the M-1500 and the W-800 in the following pattern:

- a) Second fastest men's heat last
- b) Second fastest women's heat next to last
- c) Third fastest men's heat third from last
- d) Third fastest women's heat fourth from last and continuing until all heats are swum

In Sunday's Finals the events will swim in numerical order.

Finals Event Order

There will be a bonus final in each Prelim-Final event. The order of the final events shall be C, B, and A (bonus, consolation, and championship).

Meet Scoring

Scoring will be on a sixteen (16) place basis. Individual events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1. Relay events receive double these point values.

Awards

Individual Awards: 1st - 3rd place

Relay Awards: 1st - 3rd place

Team Awards: 1st - 3rd place

(This is a combined Team Award, and requires that you score both Male & Female Points).

Individual High Point Awards:

1st - 3rd place women, 1st - 3rd place men.

Ready Room

A ready room will be used at this Championships prior to each 'A' final event. Each swimmer participating in the 'A' finals **must** report to the ready room 10 minutes preceding the event.

Membership Requirement

All coaches applying for a deck pass must send in a Membership Verification Form signed by the LSC Registration Chair, or as an alternative, they may bring their 2004 USA Swimming membership cards to verify their membership. Deck passes for coaches, managers and officials will be issued only to members in good standing of USA Swimming. There will be no USA Swimming registration available on site.

Officials

Certified officials wishing to work the meet should submit an application to Jamy Pfister (JamyJayPfi@adelphia.net), Eastern zone Officials Coordinator, by June 15, 2004. copies of the application can be found at <http://www.pvswim.org/eastzone/index.html> or at <http://www.starsswimming.org> and each LSC Official's Chairman.

Certified officials who learn of their availability after June 15, 2004 should contact Sue Seiler, Niagara Officials chair, at SSeiler826@aol.com.

This meet has been designated a "National Championship Certified Meet" for the purpose of recertification for officials working the meet.

Registration

Credentials for coaches, managers and chaperones to serve as admittance passes shall be issued to those persons listed on the submitted team entry forms and according to the following formula, based on the total size of the team. Athletes entered in the meet will receive a deck pass as part of their entry fee.

1 - 3 swimmers in individual events, or 1-only relay team with any number of alternates: 1 Deck Pass

4 - 9 swimmers in individual events:
2 Deck Passes

10 - 20 swimmers in individual events:
4 Deck Passes

21-30 swimmers in individual events:
5 Deck Passes

31 - 40 swimmers in individual events:
6 Deck Passes

41 - 50 swimmers in individual events:
7 Deck Passes

51 or more swimmers in individual events:
8 Deck Passes

- Unattached swimmers with a team are to be included in the above schedule even if listed on a separate entry form).
- Unattached swimmers not with a team: 1 Deck Pass

Check-In

Plan to arrive in time for the General Meeting. **You are responsible for all business conducted at this meeting.** If for any reason, you cannot attend, make arrangements to find out what occurred.

Meeting Schedule

Thursday, July 22 **12:00 pm**
General Meeting **ECC Aquatic Center**

Thursday, July 22 **2:30 pm**
Officials Briefing **ECC Aquatic Center**

Coach-s Packet

For coaches who plan to attend this meet without swimmers, there will be a special packet available for \$45, that will contain a general admission pass, heat sheets, a psych sheet, team roster, and a set of final results. The packet is available during regular registration hours. Current USA Swimming coach members purchasing this packet may receive a deck pass.

Site Information

*Information/Lost & Found

Information will be available at the Registration Table. The Lost & Found is located behind the lifeguard office.

* Lockers

Lockers are available for use. Swimmers should bring their own locks. Locks must be removed from the lockers at the end of each day. Each individual must assume responsibility for securing their valuables. Erie Community College and Star Swimming, Inc. are not responsible for lost or stolen items. Shaving down is not allowed in the facility.

* Medical Assistance

Lifeguards are trained for emergency situations. The municipal hospital is located 5 minutes from the facility.

* Parking

Adam's Ramp at North Division and Washington (2 blocks from the pool entrance) is free on Saturday and Sunday. Other lots with daily rates are nearby.

*** Concessions**

Concessions will be located in the lobby of the Flickinger Aquatic Center.

*** Hospitality**

A hospitality room for coaches and officials will be located in the Auxiliary Gym located on the second floor of the Aquatic Center.

Flickinger Aquatic Center Hours

Wednesday, July 21	2:00 pm - 9:00 pm
Thursday, July 22	9:00 am - 9:00 pm
Friday, July 23	6:30 am - 9:00 pm
Saturday, July 24	6:30 am - 9:00 pm
Sunday, July 25	6:30 am - 9:00 pm

Credentials pickup for Swimmers, Coaches, & Officials

Wednesday, July 21	2:00 pm - 4:00 pm
Thursday, July 22	9:00 am - 12:00 pm 1:30 pm - 7:00 pm
Friday, July 23	6:30 am – 8:30 a.m. As needed - contact Meet director
Saturday, July 24	As needed - contact Meet director

Credentials must be worn at all times. \$10 will be charged for replacement of badges.

Warm-up procedures are as follows and they will be posted on deck:

- General warm-up all lanes until 40 minutes prior to meet start
- Sprint lane (2) or lanes (2 & 7) as needed from 40 minutes prior to meet start
- Pace lanes 1 & 8 40 minutes prior to meet start
- Clear pool 10 minutes prior to meet start

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In granting the sanction for this meet it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by means of injuries to anyone during the conduct of the meet.