Athlete Report

After attending Convention in September of 2014, I realized athlete involvement on the governing side of USA Swimming and the LSC level is an important component of the future growth of the sport. Over the last few months, with a great deal of help from the board, I initiated the Athlete's Committee. The Athlete Committee was developed around the idea to not only get more swimmers involved, but to allow swimmers the opportunity to learn about and help grow the league to benefit the swimmers, coaches, and volunteers. Beginning September 1st, the committee will place a select number of athletes on each committee, and those on the committees will also meet with the other athletes a few times a year to discuss what each committee is working on.

The athletes serving from September 1st, 2015 until August 31st, 2016 are listed below;

- Olivia Bartholomew (Competition)
- Rachel Tao (Competition)
- Jon Bendana (Officials)
- Jack Galbraith (Technical)
- Ally Bedell (Diversity)
- DeAngela Fobbs (Diversity)

I would like the teams to encourage their older athletes to get involved, and inspire them to join us the following year to help make a difference in the Potomac Valley community.

Murphy Freal

Senior Athlete Rep.

Committee Description

The Athlete Committee will be a standing advisory committee that will make proposals as well as provide advice and consent to the BoD regarding governance issues that are important to athletes. The committee will consist of the following voting members chosen by the chair of the committee: ; athletes on the Officials Committee (2), the Technical Committee (1), the Competition Committee (2), the Audit/Finance Committee (1), and the Diversity and Inclusion Committee (2) as well as the current BoD Athlete Representatives. The committee members (excluding the chair and BoD representatives; which will serve two, two year terms) will be allowed to serve up to three, one-year terms on the committee total. All members selected must be a current member of Potomac Valley Swimming and USA Swimming and must be at least 16 years of age. One term year will be from September 1st - August 31st. Robert's Rules of Order will govern the meetings, and majority rules on all votes.

Vision Statement

The purpose of the Athletes Committee is to better educate swimmers on the USA Swimming legislation as well as provide a better support system for athletes.