



Potomac Valley Swimming Update – Friday, November 27, 2020

I hope you all had a safe and happy Thanksgiving. This year, more than ever, I am thankful for my PVS swim family.

18&U Winter Championships - [Psych Sheet](#) and [Estimated Timelines](#) are now posted. All participating athletes, coaches, officials and other volunteers should read the [Meet Announcement](#) and [COVID Safety Plan](#) as we need to follow the safety protocols so this is a safe experience for all. Each participating club has been assigned volunteer positions in proportion to their team entries. We cannot have this meet unless we fill all the volunteer slots. The [Volunteer Sign-up](#) is now posted.

To limit personal contact and the amount of paper required, a few new processes have been instituted. All events will be pre-seeded except for the 1000 and 1650 events. The [Positive Check-in](#) for the distance events will be done electronically. The check in deadline will be NOON the day before the event to allow us to publish meet sheets. We have also created a [Virtual Scratch Table](#) to eliminate the need to scratch in person. Results will be available on the PVS website and on Meet Mobile. We plan to live stream the sessions on the PVS Facebook page.

A [Meet Information Page](#) has been created on the PVS website as a one-stop location for all information about the meet.

USA Swimming 2021 Club Excellence Program - This week, USA Swimming announced the clubs recognized for the 2021 [Club Excellence Program](#). Six PVS clubs made [the list](#) again this year. Nation's Capital again led USA Swimming as the top Gold Medal club. PVS Silver Medal clubs are Machine Aquatics, Rockville Montgomery Swim Club, Arlington Aquatic Club, and the Fish. SNOW Swimming is a Bronze Medal club. Congratulations to the coaches and athletes of these clubs.

USA Swimming 2020 Approved Legislation - USA Swimming rule changes approved by the House of Delegates at the Virtual Convention in September have been published on the [USA Swimming website](#). While no technical rules have changed, you might be interested in the changes that were made in the rules.

Stay safe! Stay healthy! And, wear your mask.

Tim Husson
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Potomac Valley Swimming Mission Statement

PVS supports and promotes excellence for all through competition, education, innovation and leadership.