



Potomac Valley Swimming Update – Friday, April 23, 2021

New Potomac Valley Swimming Club - I'd like to welcome the Royal Waves Swim Team (RWST-PV) and Head Coach Margaret Williams to Potomac Valley Swimming.

Safe Sport - April is Child Prevention Abuse Month. Let's continue to do all we can to keep our athletes safe by following the Minor Athlete Abuse Prevention Policy (MAAPP). Athlete and parents, you can help your club become Safe Sport Recognized through USA Swimming by attending Athlete Protection Training. It is a short, online course that can be done at your convenience. Check with your club for details on how to take this course to show your commitment to maintaining a safe environment for our athletes.

USA Swimming Scholastic All American Program - USA Swimming has released the [Program Requirements](#) to apply for the 2020-2021 Scholastic All American Team. The application opens June 1, 2021 and the deadline to apply is September 6, 2021. I encourage all eligible PVS athletes to apply for this honor.

USA Swimming Summer 2021 National Meets - USA Swimming has published the qualifying times for the national meets this summer. [Futures Championships \(Jul 29-Aug 1\)](#) will be held in Richmond, VA. The [Speedo Summer Championships \(Aug 3-7\)](#) will be held in Greensboro, NC.

Potomac Valley Swimposium - Potomac Valley Swimming is planning a Swimposium for the weekend of September 11-12, 2021. We hope to have specific tracks for coaches, officials, athletes and parents. Save the dates and stay tuned for more details when they are available.

USA Swimming Governance Changes - In response to Congressionally-mandated changes to the US Olympic and Paralympic Committee (USOPC) bylaws, USA Swimming is required to change the makeup of their House of Delegates (HOD), Board and Committees to allow for greater representation for "elite" athletes. Working groups were selected and have published [proposed changes](#) to USA Swimming operational policies, bylaws, and rules to effect the mandated changes. The proposed changes are available for comment until May 6, 2021. The changes will be voted on at a special USA Swimming HOD to be held on June 30, 2021.

Stay safe! Stay healthy! Socially Distance! Wash your hands frequently. Get the vaccine when it's available to you. And, continue to wear your mask!

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Potomac Valley Swimming Mission Statement

PVS supports and promotes excellence for all through competition, education, inclusion, and leadership in a safe, equitable environment.