As we close out the meets for 2023, the PVS Board wants to thank all of our volunteers from the past year: our officials who always give so much of their time without pay, the timers who pump up the kids behind the blocks and record the times each and every meet, the hospitality staff who keep the coaches and volunteers fed and happy, the marshals who help maintain the safety on the deck, and the countless other volunteers who make our sport such a special place! Meets could not happen without you and we hope you enjoy every minute on deck being a part of this big family!

We also want to be sure that your swimmer's registration has been renewed for 2024. The easiest way to check this is to login to your USA Swimming account and check if there is anything listed under your "My Actions" space. Also be sure that your swimmers are listed under the "My Family" block. This section will give you the ability to renew the USA Swimming membership for any athlete needing it who is listed in your "My Family" section.

For the New Year, we challenge our parents, swimmers and coaches to help us keep our swimmers safe in the pool and in life by attending one of the online Safe Sport Zoom trainings offered by the USA Swimming Staff. There are separate trainings offered for parents, swimmers, and coaches. Below is the schedule of trainings for January-March 2024. Let's see how many parents, coaches, and swimmers attend the training from PVS!! Take the time to meet some of the phenomenal staff at USA Swimming Headquarters!

TRAINING FOR PARENTS

Wed., Jan 17 at 7:00 p.m. **Pacific Time** | <u>REGISTER</u> Wed., Feb 21 at 8:00 p.m. EST | <u>REGISTER</u> Wed., March 13 at 8:00 p.m. EST | <u>REGISTER</u> USA Swimming Safe Sport Staff

TRAINING FOR ATHLETES

Thur., Feb 22 at 8:00 p.m. EST | <u>REGISTER</u> Thur., Mar 14 at 8:00 p.m. EST | <u>REGISTER</u> USA Swimming Safe Sport Staff

TRAINING FOR COACHES

Fri., Jan 19 at 11:00 a.m. **Pacific Time** | <u>REGISTER</u> Fri., Feb 23 at 3:00 p.m. EST | <u>REGISTER</u> Fri., Mar 15 at 3:00 p.m. EST | <u>REGISTER</u> USA Swimming Safe Sport Staff

Finally, on behalf of the PVS Board, I hope everyone enjoys their Holidays and the family time that it affords us to individually celebrate our family's traditions and beliefs. We look forward to seeing everyone back in racing action during January and we encourage all our parents to find a volunteer position that works for you and helps you build your circle of swim parents!

Cherlynn Venit PVS, General Chair