



**November 8-10, 2013**  
**U.S. Olympic Training Center**  
**Colorado Springs, CO**

**Sign up today!**

Registration closes September 30th

**Adult Swimmers & Triathletes:**

Learn from the best! Join **three-time Olympic coach David Marsh** along with special guests, Olympic gold medalists **Janet Evans, Ricky Berens, Garrett Weber-Gale, Rowdy Gaines & Mel Stewart** at the iconic U.S. Olympic Training Center in Colorado Springs, CO!



**Participants will spend a weekend on the campus of the Olympic Training Center:**

- Live, eat and train like a National Team Athlete!
- Swim in a state-of-the-art facility with underwater filming analysis
- Improve your technique with tips and drills from special guest Olympic gold medalists
- Learn proper nutrition from Olympic gold medalist & AthleticFoodie, Garrett Weber-Gale
- Bring home an amazing swag bag including an Arena Powerskin R-EVO+ swim suit
- .... and more!

Space is limited, contact Valerie Oswald at [voswald@usaswimming.org](mailto:voswald@usaswimming.org) or 719.866.3583 to register today!



[www.usaswimmingfoundation.org/fantasycamp](http://www.usaswimmingfoundation.org/fantasycamp)