



Read this scenario to your athletes:

You walk into the locker room to change, and you see two swimmers taking selfies and posting on Snap Chat.

Discussion Questions:

What do you do if these are your teammates?

Kids might say that they would remind the swimmers that taking pictures in the locker room is against the rules, or they might say that they would go back out on deck and tell their coach.

>Safe Sport says: It's important to speak up! Taking pictures in the locker room is against the rules. If you're comfortable telling the swimmers to stop, do that. If you're uncomfortable confronting them, tell your coach.

What do you do if this happens at a meet, and you don't know the swimmers?

Kids might say that they would do nothing or go and tell their coach.

>Safe Sport says: This is still against the rules at a meet! Ask them to stop, or tell your coach. If you're able to see what team the swimmers are on (by looking at their shirts or caps), share that with your coach.

What do you do if you see a post on Snap Chat or Instagram of your teammates in the locker room?

Kids might say to ignore it or tell their coach

>Safe Sport says: No one wants to be a tattle-tale but this is clearly against the rules. Talk to your teammate or your coach. What if someone was changing in the background or in the mirrors? It can get out of hand quickly.

What can you say to the swimmers that won't sound too angry or accusatory?

>Safe Sport says: "Hey, just in case you didn't remember, we're not supposed to have phones in here, and we're not supposed to take pictures." "I'm getting ready to change, can you please put your phone away? Thanks!"

Bonus Question:

What do you do if it's an adult in the locker room taking selfies?

Kids might say that that's really weird. (It is.)

>Safe Sport says: Trust your instincts! You don't know what this person's intentions are. If you feel safe and/or comfortable, you can ask them to leave. Tell your coach right away. Whether it's a stranger who doesn't know the rules or a coach or officials who is ignoring the rules, it's never okay for anyone to take pictures in the locker room.

Wrap It Up:

How does speaking up and following the rules fit within our team's culture?

Ask your swimmers to tell you what your team values are (sticking up for each other, respecting each other and our facilities, making sure that everyone has the best chance for success, etc.).

***For Coaches: review your team's locker room monitoring policy and share how you it applies to this scenario with your swimmers.**