

2010 Summer Nationals

Aug 3-7

Irvine Ca.

| women | | | Events | men | | |
|----------|----------|----------|-------------|----------|----------|----------|
| lcm | scm | scy | | scy | scm | lcm |
| 26.59 | 25.99 | 22.99 | 50 fr | 20.29 | 22.99 | 23.59 |
| 57.29 | 57.29 | 50.19 | 100 fr | 44.49 | 50.69 | 51.79 |
| 2:03.69 | 2:04.39 | 1:48.29 | 200 fr | 1:38.09 | 1:51.69 | 1:53.39 |
| 4:19.49 | 4:21.59 | 4:47.79 | 400 fr | 4:25.29 | 3:57.29 | 4:01.29 |
| 8:55.19 | 8:56.19 | 9:58.89 | 800 fr | 9:16.89 | 8:17.99 | 8:23.09 |
| 17:06.69 | 17:10.99 | 16:30.59 | 1500 fr | 15:30.69 | 15:44.49 | 16:02.49 |
| 1:04.69 | 1:02.69 | 55.79 | 100 bk | 49.59 | 55.09 | 58.29 |
| 2:19.09 | 2:14.69 | 2:00.09 | 200 bk | 1:47.89 | 1:59.99 | 2:06.29 |
| 1:12.79 | 1:10.79 | 1:03.19 | 100 br | 55.89 | 1:03.09 | 1:05.29 |
| 2:37.19 | 2:32.09 | 2:16.69 | 200 br | 2:01.69 | 2:16.39 | 2:22.09 |
| 1:02.49 | 1:01.49 | 54.99 | 100 fl | 48.59 | 54.69 | 55.69 |
| 2:16.89 | 2:15.39 | 2:00.69 | 200 fl | 1:48.59 | 2:01.39 | 2:04.09 |
| 2:20.69 | 2:19.69 | 2:01.79 | 200 im | 1:49.69 | 2:03.99 | 2:07.99 |
| 4:56.99 | 4:53.09 | 4:19.79 | 400 im | 3:58.29 | 4:24.59 | 4:33.09 |
| 3:54.79 | 3:51.89 | 3:28.39 | 4x100 fr-r | 3:02.19 | 3:26.79 | 3:29.89 |
| 8:25.89 | 8:26.19 | 7:25.49 | 4x200 fr-r | 6:46.99 | 7:38.39 | 7:44.99 |
| 4:19.39 | 4:15.19 | 3:50.39 | 4x100 med-r | 3:24.09 | 3:45.49 | 3:52.49 |

Qualify Period: July 1, 2009 to entry close

| Women | | 18& Under | | Men | | |
|----------|----------|-----------|---------|----------|----------|----------|
| scy | scm | lcm | bonus | lcm | scm | scy |
| 26.99 | 26.29 | 23.39 | 50 fr | 20.89 | 23.49 | 24.29 |
| 58.59 | 56.99 | 51.09 | 100 fr | 45.89 | 51.89 | 53.09 |
| 2:06.19 | 2:02.99 | 1:50.09 | 200 fr | 1:40.69 | 1:53.39 | 1:55.89 |
| 4:24.69 | 4:18.29 | 4:52.99 | 400 fr | 4:33.69 | 4:00.79 | 4:07.09 |
| 9:03.49 | 8:50.69 | 10:05.99 | 800 fr | 9:26.09 | 8:19.49 | 8:35.59 |
| 17:20.49 | 16:58.49 | 16:48.49 | 1500 fr | 15:51.49 | 15:51.49 | 16:15.49 |
| 1:05.69 | 1:04.49 | 56.19 | 100 bk | 51.39 | 55.99 | 1:00.09 |
| 2:20.99 | 2:18.59 | 2:01.19 | 200 bk | 1:51.39 | 2:01.99 | 2:09.59 |
| 1:14.29 | 1:12.29 | 1:04.29 | 100 br | 57.89 | 1:05.09 | 1:07.79 |
| 2:39.99 | 2:34.99 | 2:17.99 | 200 br | 2:06.29 | 2:18.09 | 2:27.59 |
| 1:03.59 | 1:02.19 | 55.59 | 100 fl | 50.29 | 55.99 | 57.39 |
| 2:19.69 | 2:16.89 | 2:02.49 | 200 fl | 1:51.99 | 2:05.59 | 2:08.39 |
| 2:23.09 | 2:19.89 | 2:03.49 | 200 im | 1:52.79 | 2:08.19 | 2:11.39 |
| 5:02.09 | 4:55.69 | 4:20.79 | 400 im | 3:59.89 | 4:32.59 | 4:38.99 |

Qualify Period: July 1, 2009 to entry close