

Parallel Time Standards for Swimmers With A Disability - SC Age Group Zones								
Para 1	Girls				Boys			
P1 - non-ambulatory (wheelchair bound): limited use of all four extremities	10 & U P1	11-12 P1	13-14 P1	P1	10 & U P1	11-12 P1	13-14 P1	
	SCY	SCY	SCY		SCY	SCY	SCY	
		01:30.92	01:24.34	01:18.79	50 FR	01:27.51	01:17.79	01:12.79
		03:09.59	02:54.32	02:41.08	100 FR	03:10.13	02:48.11	02:35.49
		07:02.41	06:32.12	06:13.98	200 FR	05:44.53	05:00.73	04:32.96
		01:42.40	01:36.01	01:28.53	50 BK	01:20.39	01:10.49	01:03.25
		03:16.64	03:13.02	02:59.98	100 BK	02:54.41	02:31.93	02:14.74
		01:40.72	01:31.78	01:26.76	50 BR	01:30.21	01:18.74	01:20.34
		05:00.94	04:28.75	04:06.37	100 BR	03:57.19	03:27.17	03:16.17
		01:47.73	01:46.19	01:40.45	50 FL	02:04.08	01:48.77	01:44.39
		03:04.40	02:52.34	02:47.95	75 IM	03:13.84	02:50.97	02:09.94
	04:11.21	02:52.34	03:48.70	100 IM	04:18.93	03:48.38	02:53.54	
	06:40.66	03:54.69	05:38.90	150 IM	06:23.29	05:46.99	05:18.52	
	08:55.71	06:09.24	07:20.58	200 IM	08:07.56	07:09.09	06:26.80	
Parallel Time Standards for Swimmers With A Disability - SC Age Group Zones								
Para 2	Girls				Boys			
P2 - dwarfism, multiple limb deficiencies, ambulatory with assistance, can be wheelchair bound with high functioning upper body.	10 & U P2	11-12 P2	13-14 P2	P2	10 & U P2	11-12 P2	13-14 P2	
	SCY	SCY	SCY		SCY	SCY	SCY	
		00:48.74	00:45.24	00:42.24	50 FR	00:45.24	00:40.24	00:38.07
		01:50.92	01:41.96	01:27.35	100 FR	01:42.50	01:30.59	01:24.64
		03:39.63	03:31.72	02:59.10	200 FR	03:36.22	03:08.79	02:54.58
		09:03.21	08:18.98	07:19.49	500 FR	09:14.02	08:06.81	07:24.55
				16:30.37	1000 FR			15:26.99
				30:17.94	1650 FR			26:29.04
		00:56.98	00:53.57	00:48.07	50 BK	00:52.34	00:48.07	00:43.14
		02:20.27	02:07.87	01:56.11	100 BK	02:33.26	02:07.12	01:52.81
			04:22.70	04:02.17	200 BK		03:41.69	03:23.75
		01:10.67	01:04.43	01:00.88	50 BR	01:06.41	00:58.04	00:53.80
		02:30.13	02:24.57	02:00.50	100 BR	02:23.71	02:01.40	01:52.90
			05:30.68	05:03.47	200 BR		04:57.53	04:31.42
		01:05.58	00:59.49	00:48.93	50 FL	00:46.10	00:42.47	00:39.64
		02:36.91	02:20.47	02:06.33	100 FL	02:28.78	02:07.65	02:03.88
		02:10.84	02:02.31	01:51.61	100 IM	02:01.88	01:50.48	01:38.21
	04:31.37	04:12.49	03:44.68	200 IM	04:17.07	03:52.51	03:38.95	
Parallel Time Standards for Swimmers With A Disability - SC Age Group Zones								
Para 3	Girls				Boys			
P3 - single limb deficiencies, visual impairments, intellectual impairments, ambulatory without significant assistance.	10 U P3	11-12 P3	13-14 P3	P3	10 U P3	11-12 P3	13-14 P3	
	SCY	SCY	SCY		SCY	SCY	SCY	
		00:38.21	00:35.44	00:33.10	50 FR	00:37.01	00:32.92	00:30.28
		01:31.61	01:24.26	01:10.81	100 FR	01:19.47	01:10.23	01:03.89
		03:38.23	03:20.86	02:46.53	200 FR	03:03.39	02:40.10	02:25.34
		08:12.12	07:27.79	06:49.85	500 FR	07:48.07	06:51.25	06:15.52
				16:33.27	1000 FR			14:24.73
				26:22.95	1650 FR			25:15.43
		00:49.00	00:44.44	00:40.96	50 BK	00:45.24	00:39.63	00:35.60
		01:41.39	01:32.41	01:23.92	100 BK	01:36.34	01:23.95	01:14.46
			03:59.40	03:40.69	200 BK		03:15.49	02:54.44
		00:54.13	00:49.32	00:46.64	50 BR	00:54.73	00:47.78	00:44.32
		02:00.84	01:47.95	01:38.94	100 BR	01:58.84	01:40.38	01:30.60
			04:23.44	04:01.74	200 BR		04:15.17	03:52.82
		00:47.57	00:43.19	00:40.82	50 FL	00:41.11	00:35.81	00:33.43
		01:45.50	01:34.48	01:24.90	100 FL	01:33.84	01:18.28	01:11.42
			03:56.48	03:31.48	200 FL		04:02.34	03:33.50
		01:43.41	01:36.65	01:34.18	100 IM	01:34.23	2:57.99	01:10.72
		03:24.21	03:08.18	02:52.74	200 IM	03:18.72	7:13.39	02:37.63
			07:59.59	400 IM			06:23.27	