

2003 FALL LONG COURSE INVITATIONAL MEET
NOVEMBER 1 – 2, 2003
CO-SPONSORED BY MARYLAND SUBURBAN SWIM CLUB
SANCTIONED BY USA SWIMMING THROUGH POTOMAC VALLEY SWIMMING

Sanction #PVC-04-05

MEET DIRECTOR: Christopher T. Huott (240)-417-5569

MEET LOCATION: Fairland Aquatics Center
13820 Old Gunpowder Road
Laurel, Maryland (301) 206-2359

SCHEDULE:

12 & Under Sessions Warm-up: ~~8:00 – 8:50 AM~~ 9:00 – 9:50 AM **UPDATED**

Events: ~~9:00 AM~~ 10:00 AM **UPDATED**

13 & Over Sessions Warm-up: 12:00 - 12:50 PM Events: 1:00 PM

ELIGIBILITY: Open to all PVS clubs and selected clubs outside PVS. If your club would like an invitation to this meet and has not been invited please contact the Meet Director. This meet has no qualifying times. Athletes shall compete at the age attained on the first day of the meet. An athlete may only compete in his or her own age division. Team outside PVS may request an invitation from the Head Meet Director. Athletes shall compete at the age attained on the first day of the meet. An athlete may only compete in his or her own age division. Entries limited to 1st 3000 received. First priority will go to PVS athletes.

RULES: Current USA Swimming rules shall govern the meet. All events are timed finals. A contestant may enter no more than three individual events per day.

WARM-UP: The prescribed Potomac Valley Swimming warm-up procedures and safety policies for Open warm-ups will be followed.

TIMERS: Participating Clubs are required to provide timers in proportion to their entries. The Deck Meet Director will determine the number of timers per club and lane assignments. The Host Club is required to provide one timer per lane.

OFFICIALS: All certified officials wishing to volunteer to work this meet please contact the MSSC Officials Chairman, Angela Kotonias, at akotonias@yahoo.com prior to October 26. Please include your club affiliation, certifications held, and sessions you wish to work.

Officials assigned to this meet should sign in at the recording table at the start of the Warm-up. Certified officials who have not been contacted, should volunteer their services to the Referee.

SUPERVISION: Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas.

ADMISSION: There is no admission charge. Since this meet will seed all events at the meet heat sheets will be available at no charge.

FEES: Fees for individual events are \$5.00. Remit one check to cover the entry fees for the entire team. Do not send cash. Telephone entries will not be accepted. Deck entries will be accepted for a fee of \$10.00 per entry. No extra heats will be created to accommodate deck entries. Deck entries will close for the morning session at 8:30 AM and in the afternoon session at 12:30 PM.

AWARDS: \$500 will be divided among all swimmers making a Conoco Phillips National Qualifying Time with a maximum award of \$100.00 per swimmer. All monies will be sent out within two weeks of the last day of the meet. Checks will be sent to the club representative designated on the meet entry cover sheet payable to the club.

ENTRIES: **Long course entry times will be considered conforming times for this meet. If the swimmer does not have a Long Course time for an event use NT for that entry.** Club entries will be accepted by email. Submission of entries by email must include the following files: the Hy-Tek Commlink II file, The Team Manager Meet Entry Report files (one by SWIMMER and one by EVENT) and an "Entry Cover Sheet." The name and phone number of the Club representative submitting the email must be included. **INDIVIDUAL OR UNATTACHED ENTRIES WILL ONLY BE ACCEPTED BY** delivery to the P.O. Box address below and will not be accepted by e-mail, unless those swimmers are training with a club and that club is submitting their entries in the required above Hy-Tek format. Clubs submitting by email may submit entries to chrish@erols.com, in the subject heading type, "**2003 FALL LONG COURSE INVITATIONAL - ******" with the club's initials substituted in place of the asterisks. A copy of the Early Bird Long Course Meet Entry Cover Sheet in MS Word format can be downloaded at, <http://www.mssc-inc.com/meetforms/falllcin.doc> .

THE 400 FREESTYLE AND 400 IM WILL BE LIMITED TO 5 HEATS PER GENDER. FASTEST 40 SWIMMERS WILL SWIM. ALL OTHERS WILL HAVE FEES RETURNED TO YOUR CLUB.

WARNING: Any Club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00 and no further entries will be accepted from that Club until the said fine has been paid.

DEADLINE: The Meet Director must receive all PVS entries for this meet **NO LATER THAN 5:00 P.M., TUESDAY, October 21, 2003.**

MAKE CHECKS PAYABLE TO: MARYLAND SUBURBAN SWIM CLUB

SEND ENTRIES TO: Maryland Suburban Swim Club

P.O.. Box 570
 Beltsville, MD 20704

Positive Check in Schedule	Events	Closing Times
12 & Under Sessions	1-4 and 23-26	8:30 AM
	5-10 and 27-34	9:30 AM
13 & Over Sessions	11-14 and 33-36	12:30 PM
	15-22 and 37-44	1:30 PM

SATURDAY PROGRAM – NOVEMBER 01, 2003

WARM-UP: ~~8:00-8:50 AM~~ 9:00-9:50 AM **UPDATED**

EVENTS: ~~9:00 AM-10:00 AM~~ **UPDATED**

GIRLS EVENT #	12 & Under EVENTS	BOYS EVENT #
1	12 & under 200 Meter IM	2
3	12 & under 50 Meter Backstroke	4
5	12 & under 100 Meter Butterfly	6
7	12 & under 50 Meter Breaststroke	8
9	12 & under 100 Meter Freestyle	10

SUNDAY PROGRAM – NOVEMBER 02, 2003

WARM-UP: ~~8:00-8:50 AM~~ 9:00-9:50 AM **UPDATED**

EVENTS: ~~9:00 AM-10:00 AM~~ **UPDATED**

GIRLS EVENT #	12 & Under EVENTS	BOYS EVENT #
23	12 & under 200 Meter Freestyle	24
25	12 & under 50 Meter Butterfly	26
27	12 & under 100 Meter Breaststroke	28
29	12 & under 100 Meter Backstroke	30
31	12 & under 50 Meter Freestyle	32

SATURDAY PROGRAM – NOVEMBER 01, 2003
WARM-UP: 12:00 - 12:50 PM EVENTS: 1:00 PM

GIRLS EVENT #	13 & Over EVENTS	BOYS EVENT #
11	13&O 200 Meter IM	12
13	13&O 100 Meter Backstroke	14
15	Open 200 Meter Butterfly	16
17	13&O 100 Meter Breaststroke	18
19	13&O 100 Meter Freestyle	20
21	Open 400 Meter Freestyle	22

SUNDAY PROGRAM – NOVEMBER 02, 2003
WARM-UP: 12:00 - 12:50 PM EVENTS: 1:00 PM

GIRLS EVENT #	13 & Over EVENTS	BOYS EVENT #
33	Open 200 Meter Freestyle	34
35	13&O 100 Meter Butterfly	36
37	Open 200 Meter Breaststroke	38
39	Open 200 Meter Backstroke	40
41	13&O 50 Meter Freestyle	42
43	Open 400 Meter IM	44