

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Girls Age 18-18 50 Freestyle Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|--------------------|------------|-----------------------------------|------------------|--|
| 1 | 26.54 | 842 | Cavalier, Meredith | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 2 | 26.72 | 826 | Kendall, Amanda | 18 | PV Mason Makos Swim Team | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 3 | 28.24 | 697 | Baumgardner, Ellyn | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 4 | 28.32 | 691 | Lynch, Sarah Ellen | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 4 | 28.32 | 691 | Sippel, Ashley | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 6 | 28.52 | 674 | Bosacco, Annie | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 7 | 28.80 | 651 | Deornellas, Jean | 18 | PV Mason Makos Swim Team | 5/16/2009 | 2009 PV FISH LC Derby |
| 8 | 28.88 | 645 | Spak, Elena | 18 | PV Rockville Montgomery Swim Club | 5/2/2009 | 2009 PV RMSC Spring LC Classic |
| 9 | 29.00 | 635 | Tanner, Carly | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 10 | 29.68 | 581 | Won, Shinye | 18 | PV Sea Devil Swimming | 7/16/2009 | 2009 PV Senior LC Championships |
| 11 | 30.00 | 556 | Emery, Molly | 18 | PV Curl Burke Swim Club | 5/23/2009 | 2009 PV Virginia State LC Championships |
| 12 | 30.31 | 533 | Shaak, Becky | 18 | PV The Fish | 6/13/2009 | 2009 PV Swim Like a FISH LC Invite |
| 12 | 30.31 | 533 | Humphrey, Danielle | 18 | PV Machine Aquatics | 4/24/2009 | 2009 PV Machine LC Classic |
| 14 | 30.33 | 531 | Soniak, Mackenzie | 18 | PV Occoquan Swimming Inc | 5/23/2009 | 2009 PV Virginia State LC Championships |
| 15 | 30.56 | 514 | Spiegel, Jessica | 18 | PV Machine Aquatics | 4/24/2009 | 2009 PV Machine LC Classic |
| 16 | 31.02 | 480 | Donahue, Jessica | 18 | PV Aqua Hoya Swim Club | 5/23/2009 | 2009 PV Virginia State LC Championships |
| 17 | 31.10 | 474 | Wright, Nicole | 18 | PV Snow Swimming | 7/16/2009 | 2009 PV Junior LC Champs |
| 18 | 31.44 | 449 | Tully, Jacqueline | 18 | PV Curl Burke Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |

PVS 2008-09 Long Course Top Times

LSC: PV For Dates 9/1/2008 - 8/31/2009

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|----|-------|-----|----------------|----|----|--------------------|-----------|------------------------------------|
| 19 | 31.45 | 448 | Gibson, Nadine | 18 | PV | Sea Devil Swimming | 6/13/2009 | 2009 PV Swim Like a FISH LC Invite |
| 20 | 31.53 | 442 | Gregg, Lindsey | 18 | PV | Sea Devil Swimming | 7/16/2009 | 2009 PV Junior LC Champs |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Boys Age 18-18 50 Freestyle Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|--------------------|------------|-----------------------------------|------------------|--|
| 1 | 23.63 | 856 | Sullivan, Patrick | 18 | PV Curl Burke Swim Club | 3/17/2009 | 2009 FL NCSA Junior Nats |
| 2 | 24.26 | 802 | Perrot, Hunter | 18 | PV Arlington Aquatic Club | 3/17/2009 | 2009 FL NCSA Junior Nats |
| 3 | 24.39 r | 791 | Haibel, Sandy | 18 | PV Rockville Montgomery Swim Club | 3/20/2009 | 2009 FL NCSA Junior Nats |
| 4 | 24.56 r | 777 | Parker, Robbie | 18 | PV Machine Aquatics | 3/20/2009 | 2009 FL NCSA Junior Nats |
| 5 | 24.66 | 768 | Fay, Stephen | 18 | PV The Fish | 8/10/2009 | 2009 Jr National Champs TT |
| 5 | 24.66 | 768 | Vallario, Kevin | 18 | PV Flying Gull Aquatic Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 7 | 24.87 | 751 | Lytle, Patrick | 18 | PV Curl Burke Swim Club | 8/5/2009 | 2009 MD NBAC Far Eastern Meet |
| 8 | 25.01 | 739 | Phillips, Mitch | 18 | PV Mason Makos Swim Team | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 9 | 25.03 | 737 | Bowers, Devin | 18 | PV Snow Swimming | 7/16/2009 | 2009 PV Senior LC Championships |
| 10 | 25.05 | 736 | Wittenauer, Chase | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 11 | 25.15 | 727 | Hallock, Michael | 18 | PV Machine Aquatics | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 12 | 25.21 | 722 | McGehee, Andrew | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 13 | 25.34 | 711 | Zanellato, Joseph | 18 | PV Machine Aquatics | 7/16/2009 | 2009 PV Senior LC Championships |
| 14 | 25.55 | 694 | Benecki, Matthew | 18 | PV The Fish | 8/4/2009 | 2009 U. S. Open Time Trials |
| 15 | 25.61 r | 689 | Flach, Michael | 18 | PV The Fish | 5/30/2009 | 2009 PV Maryland State LC Championships |
| 16 | 25.68 | 683 | Stevens, Matt | 18 | PV Flying Gull Aquatic Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 17 | 25.72 | 680 | Swinimer, Nicholas | 18 | PV Snow Swimming | 7/16/2009 | 2009 PV Senior LC Championships |
| 18 | 25.76 | 677 | Jansen, Devin | 18 | PV Occoquan Swimming Inc | 5/2/2009 | 2009 VA Jeff Rouse Open Invita |
| 19 | 25.85 | 669 | Cimons, Ben | 18 | PV All Star Aquatics | 4/24/2009 | 2009 PV Machine LC Classic |
| 20 | 26.29 | 634 | Masterson, Nick | 18 | PV Unattached | 8/6/2009 | 2009 NI Eastern Zone Speedo |

PVS 2008-09 Long Course Top Times

LSC: PV For Dates 9/1/2008 - 8/31/2009

Champions Series

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Girls Age 18-18 100 Freestyle Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|--------------------|------------|-----------------------------------|------------------|---|
| 1 | 56.95 | 865 | Kendall, Amanda | 18 | PV Mason Makos Swim Team | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 2 | 57.39 | 845 | Cavalier, Meredith | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 3 | 59.52 | 749 | Danner, Ashley | 18 | PV Mason Swim Team | 5/16/2009 | 2009 PV FISH LC Derby |
| 4 | 1:00.66 | 700 | Deornellas, Jean | 18 | PV Mason Makos Swim Team | 7/16/2009 | 2009 PV Senior LC Championships |
| 5 | 1:01.15 | 679 | Lynch, Sarah Ellen | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 6 | 1:01.46 | 666 | Bosacco, Annie | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 7 | 1:01.88 | 649 | Sippel, Ashley | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 8 | 1:02.00 | 644 | Emery, Molly | 18 | PV Curl Burke Swim Club | 6/11/2009 | XLII Santa Clara International |
| 9 | 1:02.02 | 643 | Salce, Amy | 18 | PV Unattached | 7/16/2009 | 2009 PV Senior LC Championships |
| 10 | 1:02.63 | 618 | Baumgardner, Ellyn | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Time Trials Speedo Champs. |
| 11 | 1:02.77 | 612 | Stiles, Madeline | 18 | PV Machine Aquatics | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 12 | 1:03.00 | 603 | Stout, Erin | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 13 | 1:03.28 | 592 | Soniak, Mackenzie | 18 | PV Unattached | 7/16/2009 | 2009 PV Senior LC Championships |
| 14 | 1:03.88 | 568 | Snail, Melanie | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 15 | 1:04.03 | 562 | Won, Shinhye | 18 | PV Sea Devil Swimming | 7/16/2009 | 2009 PV Senior LC Championships |
| 16 | 1:04.43 | 547 | Reynolds, Emily | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 17 | 1:04.74 | 535 | Tanner, Carly | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009**

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|----|---------|-----|----------------|----|----|----------------------|-----------|--|
| 18 | 1:04.99 | 525 | Shaak, Becky | 18 | PV | The Fish | 7/16/2009 | 2009 PV Senior LC Championships |
| 19 | 1:05.26 | 515 | Fritz, Hilary | 18 | PV | Curl Burke Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 20 | 1:06.71 | 461 | Sieracki, Alex | 18 | PV | Curl Burke Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Boys Age 18-18 100 Freestyle Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|--------------------|------------|-----------------------------------|------------------|---|
| 1 | 52.83 r | 797 | Fox, Brady | 18 | PV Rockville Montgomery Swim Club | 3/19/2009 | 2009 FL NCSA Junior Nats |
| 2 | 52.94 | 792 | Perrot, Hunter | 18 | PV Arlington Aquatic Club | 8/10/2009 | 2009 Speedo Junior National Ch |
| 3 | 53.22 | 779 | Fay, Stephen | 18 | PV The Fish | 8/10/2009 | 2009 Jr National Champs TT |
| 4 | 53.51 | 766 | Vallario, Kevin | 18 | PV Flying Gull Aquatic Club | 3/17/2009 | 2009 FL NCSA Junior Nats |
| 5 | 53.63 | 761 | Stewart, Sean | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 6 | 53.68 | 759 | Mackenzie, Douglas | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 7 | 53.86 r | 751 | Sullivan, Patrick | 18 | PV Curl Burke Swim Club | 3/19/2009 | 2009 FL NCSA Junior Nats |
| 8 | 53.96 r | 746 | Hallock, Michael | 18 | PV Machine Aquatics | 8/7/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 9 | 54.01 | 744 | Phillips, Mitch | 18 | PV Mason Makos Swim Team | 8/6/2009 | 2009 NI Eastern Zone Time Trials Speedo Champs. |
| 10 | 54.61 | 717 | Bowers, Devin | 18 | PV Snow Swimming | 7/16/2009 | 2009 PV Senior LC Championships |
| 11 | 54.62 | 717 | Stevens, Matt | 18 | PV Flying Gull Aquatic Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 12 | 54.69 | 714 | Benecki, Matthew | 18 | PV The Fish | 8/4/2009 | 2009 U. S. Open Time Trials |
| 12 | 54.69 | 714 | Sakaris, Stephen | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 14 | 54.78 | 710 | Wittenauer, Chase | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 15 | 54.92 | 704 | Lytle, Patrick | 18 | PV Curl Burke Swim Club | 8/5/2009 | 2009 MD NBAC Far Eastern Meet |
| 16 | 54.98 | 701 | Flach, Michael | 18 | PV The Fish | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 17 | 55.40 | 683 | McGehee, Andrew | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 18 | 56.19 | 649 | Shen, David | 18 | PV Potomac Marlins | 7/16/2009 | 2009 PV Senior LC Championships |
| 19 | 56.51 | 635 | Kiss, David | 18 | PV Curl Burke Swim Club | 6/14/2009 | 2009 PV LC I (MACH) |

PVS 2008-09 Long Course Top Times

LSC: PV For Dates 9/1/2008 - 8/31/2009

| | | | | | | | | |
|----|-------|-----|-------------------|----|----|------------------|-----------|------------------------------------|
| 20 | 56.96 | 616 | Zanellato, Joseph | 18 | PV | Machine Aquatics | 7/16/2009 | 2009 PV Senior LC Championships |
|----|-------|-----|-------------------|----|----|------------------|-----------|------------------------------------|

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Girls Age 18-18 200 Freestyle Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|--------------------|------------|-----------------------------------|------------------|--|
| 1 | 2:04.33 | 821 | Kendall, Amanda | 18 | PV Mason Makos Swim Team | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 2 | 2:09.78 | 697 | O'Malley, Kayla | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 3 | 2:10.52 | 680 | Salce, Amy | 18 | PV Unattached | 7/16/2009 | 2009 PV Senior LC Championships |
| 4 | 2:11.91 | 651 | Cavalier, Meredith | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 5 | 2:12.08 | 647 | Sippel, Ashley | 18 | PV Rockville Montgomery Swim Club | 7/14/2009 | 2009 PV AP MCSL Coaches LC |
| 6 | 2:12.41 | 640 | Rupp, Madison | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 7 | 2:13.31 | 621 | Dinardo, Sarah | 18 | PV Machine Aquatics | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 8 | 2:14.51 | 596 | Danner, Ashley | 18 | PV Mason Swim Team | 5/16/2009 | 2009 PV FISH LC Derby |
| 9 | 2:15.35 | 579 | Vucic, Mina | 18 | PV Rockville Montgomery Swim Club | 7/14/2009 | 2009 PV AP MCSL Coaches LC |
| 10 | 2:16.03 | 565 | Lynch, Sarah Ellen | 18 | PV Curl Burke Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 11 | 2:16.30 | 560 | Bosacco, Annie | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 12 | 2:16.81 | 550 | Stout, Erin | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 13 | 2:16.99 | 546 | Emery, Molly | 18 | PV Curl Burke Swim Club | 6/11/2009 | XLII Santa Clara International |
| 14 | 2:17.80 | 531 | Stiles, Madeline | 18 | PV Machine Aquatics | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 15 | 2:18.02 | 526 | Deornellas, Jean | 18 | PV Mason Makos Swim Team | 7/16/2009 | 2009 PV Senior LC Championships |
| 16 | 2:22.31 | 446 | Shaak, Becky | 18 | PV The Fish | 5/16/2009 | 2009 PV FISH LC Derby |
| 17 | 2:23.00 | 434 | Donahue, Jessica | 18 | PV Unattached | 7/16/2009 | 2009 PV Senior LC Championships |
| 18 | 2:23.36 | 428 | Gregg, Lindsey | 18 | PV Sea Devil Swimming | 6/13/2009 | 2009 PV Swim Like a FISH LC Invite |

PVS 2008-09 Long Course Top Times

LSC: PV For Dates 9/1/2008 - 8/31/2009

| | | | | | | | | |
|----|---------|-----|-------------------|----|----|-----------------------|-----------|---|
| 19 | 2:23.55 | 424 | Sieracki, Alex | 18 | PV | Curl Burke Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 20 | 2:24.18 | 413 | Soniak, Mackenzie | 18 | PV | Occoquan Swimming Inc | 5/23/2009 | 2009 PV Virginia State LC Championships |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Boys Age 18-18 200 Freestyle Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|--------------------|------------|-----------------------------------|------------------|---|
| 1 | 1:52.34 | 876 | Sakaris, Stephen | 18 | PV Rockville Montgomery Swim Club | 8/10/2009 | 2009 Speedo Junior National Ch |
| 2 | 1:53.66 | 844 | Fox, Brady | 18 | PV Rockville Montgomery Swim Club | 3/17/2009 | 2009 FL NCSA Junior Nats |
| 3 | 1:53.73 r | 843 | Kiss, David | 18 | PV Curl Burke Swim Club | 3/18/2009 | 2009 FL NCSA Junior Nats |
| 4 | 1:54.18 | 832 | Flach, Michael | 18 | PV The Fish | 8/4/2009 | 2009 U. S. Open |
| 5 | 1:55.38 | 804 | Perrot, Hunter | 18 | PV Arlington Aquatic Club | 3/17/2009 | 2009 FL NCSA Junior Nats |
| 6 | 1:55.74 | 795 | Fay, Stephen | 18 | PV The Fish | 8/10/2009 | 2009 Speedo Junior National Ch |
| 7 | 1:56.74 | 772 | Benecki, Matthew | 18 | PV The Fish | 5/22/2009 | 2009 Mel Zajac Jr Internationa |
| 8 | 1:57.64 | 752 | Stewart, Sean | 18 | PV Rockville Montgomery Swim Club | 7/14/2009 | 2009 PV AP MCSL Coaches LC |
| 9 | 1:58.13 | 741 | Phillips, Mitch | 18 | PV Mason Makos Swim Team | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 10 | 1:59.00 | 721 | Shen, David | 18 | PV Potomac Marlins | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 11 | 1:59.13 | 718 | Mackenzie, Douglas | 18 | PV Rockville Montgomery Swim Club | 3/17/2009 | 2009 FL NCSA Junior Nats |
| 12 | 1:59.30 | 714 | Spina, Alex | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 13 | 2:00.01 r | 699 | Hallock, Michael | 18 | PV Machine Aquatics | 8/8/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 14 | 2:01.12 | 674 | Stevens, Matt | 18 | PV Flying Gull Aquatic Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 15 | 2:02.79 | 639 | McGehee, Andrew | 18 | PV Rockville Montgomery Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 16 | 2:02.94 | 635 | Wittenauer, Chase | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 17 | 2:03.20 | 630 | Lytle, Patrick | 18 | PV Curl Burke Swim Club | 8/5/2009 | 2009 MD NBAC Far Eastern Meet |
| 18 | 2:04.86 | 595 | Bowers, Devin | 18 | PV Snow Swimming | 7/16/2009 | 2009 PV Senior LC Championships |
| 19 | 2:05.03 | 592 | Vallario, Kevin | 18 | PV Flying Gull Aquatic Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 20 | 2:05.57 | 581 | Litman, Ethan | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Girls Age 18-18 400 Freestyle Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|--------------------|------------|-----------------------------------|------------------|---|
| 1 | 4:33.80 | 676 | Rupp, Madison | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 2 | 4:38.34 | 629 | Salce, Amy | 18 | PV Unattached | 7/16/2009 | 2009 PV Senior LC Championships |
| 3 | 4:41.40 | 598 | Emery, Molly | 18 | PV Curl Burke Swim Club | 6/11/2009 | XLII Santa Clara International |
| 4 | 4:45.21 | 560 | Kalnins, Dana | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 5 | 4:46.86 | 544 | Lynch, Sarah Ellen | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 6 | 4:47.05 | 542 | Shaak, Becky | 18 | PV The Fish | 6/13/2009 | 2009 PV Swim Like a FISH LC Invite |
| 7 | 4:47.53 | 538 | Stout, Erin | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Sr LC Champs - Time Trials |
| 8 | 4:55.99 | 460 | Bosacco, Annie | 18 | PV Curl Burke Swim Club | 5/2/2009 | 2009 MD Carol Chidester Memorial Swim |
| 9 | 4:58.95 | 434 | Sieracki, Alex | 18 | PV Curl Burke Swim Club | 5/23/2009 | 2009 PV Virginia State LC Championships |
| 10 | 4:59.33 | 431 | Psaris, Alex | 18 | PV Snow Swimming | 7/16/2009 | 2009 PV Junior LC Champs |
| 11 | 4:59.56 | 429 | Dinardo, Sarah | 18 | PV Machine Aquatics | 6/5/2009 | 2009 PV SNOW LC Invitational |
| 12 | 5:00.30 | 423 | Gregg, Lindsey | 18 | PV Sea Devil Swimming | 5/2/2009 | 2009 PV Early Bird LC Invitational |
| 13 | 5:02.35 | 405 | Donahue, Jessica | 18 | PV Aqua Hoya Swim Club | 6/28/2009 | 2009 PV LC II (FAST) |
| 14 | 5:07.78 | 361 | Tully, Jacqueline | 18 | PV Curl Burke Swim Club | 5/2/2009 | 2009 PV Early Bird LC Invitational |
| 15 | 5:08.02 | 359 | Wright, Nicole | 18 | PV Snow Swimming | 7/16/2009 | 2009 PV Junior LC Champs |
| 16 | 5:22.58 | 253 | Gatti, Erin | 18 | PV Rockville Montgomery Swim Club | 6/28/2009 | 2009 PV LC II (FAST) |
| 17 | 5:27.06 | 224 | Bolton, Lauren | 18 | PV Snow Swimming | 5/1/2009 | 2009 PV SNOW Spring Classic LC |
| 18 | 5:40.83 | 145 | McCray, Sarah | 18 | PV Fairland Aquatic Swim Team | 7/16/2009 | 2009 PV Junior LC Champs |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Boys Age 18-18 400 Freestyle Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|-------------------|------------|-----------------------------------|------------------|--|
| 1 | 3:59.25 | 861 | Flach, Michael | 18 | PV The Fish | 7/16/2009 | 2009 PV Senior LC Championships |
| 2 | 4:02.22 | 828 | Benecki, Matthew | 18 | PV The Fish | 5/22/2009 | 2009 Mel Zajac Jr Internationa |
| 3 | 4:03.02 | 820 | Sakaris, Stephen | 18 | PV Rockville Montgomery Swim Club | 8/10/2009 | 2009 Speedo Junior National Ch |
| 4 | 4:07.65 | 770 | Fay, Stephen | 18 | PV The Fish | 8/10/2009 | 2009 Speedo Junior National Ch |
| 5 | 4:10.37 | 741 | Spina, Alex | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 6 | 4:18.73 | 655 | Stewart, Sean | 18 | PV Rockville Montgomery Swim Club | 6/28/2009 | 2009 PV LC II (FAST) |
| 7 | 4:21.15 | 631 | Phillips, Mitch | 18 | PV Mason Makos Swim Team | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 8 | 4:25.02 | 593 | Stevens, Matt | 18 | PV Flying Gull Aquatic Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 9 | 4:35.40 | 496 | Litman, Ethan | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 10 | 4:35.69 | 494 | Ogren, Tyler | 18 | PV Curl Burke Swim Club | 5/23/2009 | 2009 PV Virginia State LC Championships |
| 11 | 4:37.54 | 477 | Morres, Alexander | 18 | PV Rockville Montgomery Swim Club | 5/16/2009 | 2009 PV FISH LC Derby |
| 12 | 4:38.63 | 468 | Heidel, Kenny | 18 | PV Curl Burke Swim Club | 5/2/2009 | 2009 MD Carol Chidester Memorial Swim |
| 13 | 4:40.43 | 452 | Jansen, Devin | 18 | PV Occoquan Swimming Inc | 5/2/2009 | 2009 VA Jeff Rouse Open Invita |
| 14 | 4:42.49 | 434 | Perrot, Hunter | 18 | PV Arlington Aquatic Club | 6/28/2009 | 2009 PV LC II (PM) |
| 15 | 4:43.06 | 430 | Durazo, Danny | 18 | PV Snow Swimming | 6/5/2009 | 2009 PV SNOW LC Invitational |
| 16 | 4:44.33 | 419 | Bowers, Devin | 18 | PV Snow Swimming | 6/5/2009 | 2009 PV SNOW LC Invitational |
| 17 | 4:48.62 | 384 | Vallario, Kevin | 18 | PV Flying Gull Aquatic Club | 5/2/2009 | 2009 PV Early Bird LC Invitational |
| 18 | 4:50.69 | 367 | Wittenauer, Chase | 18 | PV Curl Burke Swim Club | 6/28/2009 | 2009 PV LC II (PM) |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Girls Age 18-18 800 Freestyle Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|--------------------|------------|-------------------------|------------------|---|
| 1 | 9:36.51 | 628 | Shaak, Becky | 18 | PV The Fish | 7/16/2009 | 2009 PV Senior LC Championships |
| 2 | 9:48.82 | 572 | Lynch, Sarah Ellen | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 3 | 10:08.07 | 489 | Dinardo, Sarah | 18 | PV Machine Aquatics | 4/24/2009 | 2009 PV Machine LC Classic |
| 4 | 10:19.11 | 444 | Gregg, Lindsey | 18 | PV Sea Devil Swimming | 5/23/2009 | 2009 PV Virginia State LC Championships |
| 5 | 10:33.98 | 386 | Psaris, Alex | 18 | PV Snow Swimming | 6/5/2009 | 2009 PV SNOW LC Invitational |
| 6 | 11:14.95 | 245 | Bolton, Lauren | 18 | PV Snow Swimming | 7/16/2009 | 2009 PV Junior LC Champs |
| 7 | 11:50.52 | 145 | Humphrey, Danielle | 18 | PV Machine Aquatics | 6/20/2009 | 2009 PV June LC Distance Meet |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Boys Age 18-18 800 Freestyle Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|------------------|------------|-------------------------|------------------|--|
| 1 | 8:22.04 | 840 | Flach, Michael | 18 | PV The Fish | 7/16/2009 | 2009 PV Senior LC Championships |
| 2 | 8:25.25 | 823 | Benecki, Matthew | 18 | PV The Fish | 5/22/2009 | 2009 Mel Zajac Jr Internationa |
| 3 | 8:32.25 | 786 | Spina, Alex | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 4 | 9:00.74 | 642 | Fay, Stephen | 18 | PV The Fish | 8/10/2009 | 2009 Speedo Junior National Ch |
| 5 | 10:05.94 | 360 | Bowers, Devin | 18 | PV Snow Swimming | 6/5/2009 | 2009 PV SNOW LC Invitational |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Girls Age 18-18 1500 Freestyle Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|--------------------|------------|-------------------------|------------------|---------------------------------|
| 1 | 18:13.86 | 684 | Shaak, Becky | 18 | PV The Fish | 7/16/2009 | 2009 PV Senior LC Championships |
| 2 | 18:32.06 | 640 | Lynch, Sarah Ellen | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Boys Age 18-18 1500 Freestyle Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|------------------|------------|-------------------------|------------------|--|
| 1 | 16:00.90 | 842 | Benecki, Matthew | 18 | PV The Fish | 5/22/2009 | 2009 Mel Zajac Jr Internationa |
| 2 | 16:11.73 | 815 | Flach, Michael | 18 | PV The Fish | 6/18/2009 | 2009 CA TYR Swim Meet of Champ |
| 3 | 16:23.99 | 785 | Spina, Alex | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Girls Age 18-18 100 Backstroke Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|--------------------|------------|-----------------------------------|------------------|--|
| 1 | 1:06.00 | 796 | Cavalier, Meredith | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 2 | 1:07.46 | 742 | Kalnins, Dana | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 3 | 1:08.73 | 695 | Salce, Amy | 18 | PV Unattached | 7/16/2009 | 2009 PV Senior LC Championships |
| 4 | 1:09.43 | 670 | Fritz, Hilary | 18 | PV Curl Burke Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 5 | 1:12.70 | 558 | Rupp, Madison | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 6 | 1:13.81 | 521 | Emery, Molly | 18 | PV Curl Burke Swim Club | 5/23/2009 | 2009 PV Virginia State LC Championships |
| 7 | 1:13.86 | 520 | Soniak, Mackenzie | 18 | PV Occoquan Swimming Inc | 5/23/2009 | 2009 PV Virginia State LC Championships |
| 8 | 1:14.40 | 502 | Powell, Amanda | 18 | PV Rockville Montgomery Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 9 | 1:15.33 | 473 | Hough, Jordan | 18 | PV Curl Burke Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 10 | 1:15.49 | 468 | Tully, Jacqueline | 18 | PV Curl Burke Swim Club | 5/23/2009 | 2009 PV Virginia State LC Championships |
| 11 | 1:17.99 | 392 | Bosacco, Annie | 18 | PV Curl Burke Swim Club | 5/2/2009 | 2009 MD Carol Chidester Memorial Swim |
| 12 | 1:18.44 | 379 | Snail, Melanie | 18 | PV Rockville Montgomery Swim Club | 5/2/2009 | 2009 PV RMSC Spring LC Classic |
| 13 | 1:18.67 | 372 | Sminkey, Jamie | 18 | PV Flying Gull Aquatic Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 14 | 1:18.68 | 372 | Deornellas, Jean | 18 | PV Mason Makos Swim Team | 5/16/2009 | 2009 PV FISH LC Derby |
| 15 | 1:19.16 | 358 | Sieracki, Alex | 18 | PV Curl Burke Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 16 | 1:20.48 | 321 | Donahue, Jessica | 18 | PV Aqua Hoya Swim Club | 5/23/2009 | 2009 PV Virginia State LC Championships |
| 17 | 1:20.54 | 320 | Spiegel, Jessica | 18 | PV Machine Aquatics | 4/24/2009 | 2009 PV Machine LC Classic |
| 18 | 1:21.32 | 299 | Gregg, Lindsey | 18 | PV Sea Devil Swimming | 7/16/2009 | 2009 PV Junior LC Champs |

PVS 2008-09 Long Course Top Times

LSC: PV For Dates 9/1/2008 - 8/31/2009

| | | | | | | | | |
|----|---------|-----|-------------------|----|----|-----------------------|-----------|--------------------------|
| 19 | 1:23.10 | 253 | Bolton, Lauren | 18 | PV | Snow Swimming | 7/16/2009 | 2009 PV Junior LC Champs |
| 20 | 1:23.27 | 248 | Szymczak, Lindsey | 18 | PV | Hydro-sonic Tiburones | 6/28/2009 | 2009 PV LC II (FAST) |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Boys Age 18-18 100 Backstroke Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|--------------------|------------|-----------------------------------|------------------|--|
| 1 | 57.46 | 873 | Fox, Brady | 18 | PV Rockville Montgomery Swim Club | 3/17/2009 | 2009 FL NCSA Junior Nats |
| 2 | 59.47 | 791 | Hallock, Michael | 18 | PV Machine Aquatics | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 3 | 1:01.03 | 730 | Benecki, Matthew | 18 | PV The Fish | 5/22/2009 | 2009 Mel Zajac Jr Internationa |
| 4 | 1:01.72 | 703 | Spina, Alex | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 5 | 1:01.92 | 695 | Flach, Michael | 18 | PV The Fish | 5/16/2009 | 2009 PV FISH LC Derby |
| 6 | 1:02.89 | 658 | McGehee, Andrew | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 7 | 1:03.14 | 649 | Fisher, Andrew | 18 | PV Curl Burke Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 8 | 1:04.97 | 581 | Tye, Connor | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Junior LC Champs |
| 9 | 1:06.22 | 537 | Zanellato, Joseph | 18 | PV Machine Aquatics | 7/16/2009 | 2009 PV Senior LC Championships |
| 10 | 1:06.25 | 536 | Jamison, Cole | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 11 | 1:10.18 | 403 | Morres, Alexander | 18 | PV Rockville Montgomery Swim Club | 6/28/2009 | 2009 PV LC II (FAST) |
| 12 | 1:10.90 | 380 | Cimons, Ben | 18 | PV All Star Aquatics | 5/16/2009 | 2009 PV FISH LC Derby |
| 13 | 1:10.94 | 379 | Baca, Alexander | 18 | PV Machine Aquatics | 7/16/2009 | 2009 PV Junior LC Champs |
| 14 | 1:11.12 | 373 | Vallario, Kevin | 18 | PV Flying Gull Aquatic Club | 5/2/2009 | 2009 PV Early Bird LC Invitational |
| 15 | 1:11.85 | 351 | Whiteis, Brandon | 18 | PV Hydro-sonic Tiburones | 5/2/2009 | 2009 PV RMSC Spring LC Classic |
| 16 | 1:12.32 | 336 | Perrot, Hunter | 18 | PV Arlington Aquatic Club | 6/28/2009 | 2009 PV LC II (PM) |
| 17 | 1:12.51 | 331 | McGuire, Daniel | 18 | PV Machine Aquatics | 4/24/2009 | 2009 PV Machine LC Classic |
| 18 | 1:12.68 | 326 | Durazo, Danny | 18 | PV Snow Swimming | 5/1/2009 | 2009 PV SNOW Spring Classic LC |
| 19 | 1:12.77 | 323 | Heidel, Kenny | 18 | PV Curl Burke Swim Club | 6/27/2009 | 2009 VA Winchester LC Invitati |
| 20 | 1:16.22 | 225 | Swinimer, Nicholas | 18 | PV Snow Swimming | 6/5/2009 | 2009 PV SNOW LC Invitational |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Girls Age 18-18 200 Backstroke Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|-------------------|------------|-----------------------------------|------------------|---|
| 1 | 2:26.44 | 720 | Kalnins, Dana | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 2 | 2:29.02 | 679 | Salce, Amy | 18 | PV Unattached | 7/16/2009 | 2009 PV Senior LC Championships |
| 3 | 2:32.62 | 624 | Soniak, Mackenzie | 18 | PV Unattached | 7/16/2009 | 2009 PV Senior LC Championships |
| 4 | 2:36.19 | 571 | Emery, Molly | 18 | PV Curl Burke Swim Club | 6/11/2009 | XLII Santa Clara International |
| 5 | 2:39.77 | 519 | Grisham, Lilla | 18 | PV Rockville Montgomery Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 6 | 2:41.50 | 495 | Powell, Amanda | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 7 | 2:43.25 | 470 | Tully, Jacqueline | 18 | PV Curl Burke Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 8 | 2:44.26 | 456 | Sieracki, Alex | 18 | PV Curl Burke Swim Club | 5/23/2009 | 2009 PV Virginia State LC Championships |
| 9 | 2:46.62 | 424 | Snail, Melanie | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 10 | 2:54.17 | 327 | Gregg, Lindsey | 18 | PV Sea Devil Swimming | 5/2/2009 | 2009 PV Early Bird LC Invitational |
| 11 | 2:54.87 | 318 | Sminkey, Jamie | 18 | PV Flying Gull Aquatic Club | 6/14/2009 | 2009 PV LC I (PM) |
| 12 | 2:55.39 | 312 | Bolton, Lauren | 18 | PV Snow Swimming | 7/16/2009 | 2009 PV Junior LC Champs |
| 13 | 2:59.53 | 262 | Dinardo, Sarah | 18 | PV Machine Aquatics | 4/24/2009 | 2009 PV Machine LC Classic |
| 14 | 3:00.70 | 249 | Petit, Alannah | 18 | PV Rockville Montgomery Swim Club | 6/14/2009 | 2009 PV LC I (PM) |
| 15 | 3:08.47 | 165 | McCray, Sarah | 18 | PV Fairland Aquatic Swim Team | 7/16/2009 | 2009 PV Junior LC Champs |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Boys Age 18-18 200 Backstroke Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|--------------------|------------|-----------------------------------|------------------|--|
| 1 | 2:02.51 | 911 | Fox, Brady | 18 | PV Rockville Montgomery Swim Club | 3/17/2009 | 2009 FL NCSA Junior Nats |
| 2 | 2:08.77 | 789 | Spina, Alex | 18 | PV Curl Burke Swim Club | 3/17/2009 | 2009 FL NCSA Junior Nats |
| 3 | 2:10.03 | 765 | Fisher, Andrew | 18 | PV Curl Burke Swim Club | 7/14/2009 | 2009 PV AP MCSL Coaches LC |
| 4 | 2:15.18 | 671 | Benecki, Matthew | 18 | PV The Fish | 7/16/2009 | 2009 PV Senior LC Championships |
| 5 | 2:21.60 | 559 | McGehee, Andrew | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 6 | 2:21.61 | 559 | Jolly, Michael | 18 | PV Rockville Montgomery Swim Club | 7/14/2009 | 2009 PV AP MCSL Coaches LC |
| 7 | 2:23.79 | 522 | Hallock, Michael | 18 | PV Machine Aquatics | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 8 | 2:26.59 | 477 | Mackenzie, Douglas | 18 | PV Rockville Montgomery Swim Club | 7/14/2009 | 2009 PV AP MCSL Coaches LC |
| 9 | 2:30.75 | 412 | Jamison, Cole | 18 | PV Curl Burke Swim Club | 4/24/2009 | 2009 PV Machine LC Classic |
| 10 | 2:35.74 | 339 | Cimons, Ben | 18 | PV All Star Aquatics | 6/5/2009 | 2009 MD NBAC Long Course Champion |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Girls Age 18-18 100 Breaststroke Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|--------------------|------------|-----------------------------------|------------------|--|
| 1 | 1:09.96 | 912 | Baumgardner, Ellyn | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 2 | 1:11.26 | 871 | Danner, Ashley | 18 | PV Mason Swim Team | 7/7/2009 | 2009 Conoco Phillips USA Swimming National Champio |
| 3 | 1:11.99 | 849 | Wilson, Jennifer | 18 | PV Curl Burke Swim Club | 7/7/2009 | 2009 Conoco Phillips USA Swimming National Champio |
| 4 | 1:14.42 | 775 | Won, Shinhye | 18 | PV Sea Devil Swimming | 7/16/2009 | 2009 PV Senior LC Championships |
| 5 | 1:18.56 | 654 | Tanner, Carly | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 6 | 1:18.66 | 651 | Lynch, Sarah Ellen | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 7 | 1:19.42 | 629 | Grisham, Lilla | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 8 | 1:21.93 | 559 | Shaak, Becky | 18 | PV The Fish | 7/16/2009 | 2009 PV Senior LC Championships |
| 9 | 1:22.11 | 555 | Tully, Jacqueline | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 10 | 1:22.88 | 534 | Stout, Erin | 18 | PV Rockville Montgomery Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 11 | 1:23.15 | 526 | Schwartz, Erin | 18 | PV Flying Gull Aquatic Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 12 | 1:23.59 | 515 | Sippel, Ashley | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 13 | 1:23.61 | 514 | Maneely, Devan | 18 | PV Rockville Montgomery Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 14 | 1:23.76 | 510 | Reynolds, Emily | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 15 | 1:26.57 | 437 | Stiles, Madeline | 18 | PV Machine Aquatics | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 15 | 1:26.57 | 437 | Sminkey, Jamie | 18 | PV Flying Gull Aquatic Club | 7/16/2009 | 2009 PV Senior LC Championships |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009**

| | | | | | | | | |
|----|---------|-----|---------------------|----|----|--------------------------------|-----------|---------------------------------------|
| 17 | 1:26.99 | 426 | Van Horn, Alexandra | 18 | PV | Arlington Aquatic Club | 7/16/2009 | 2009 PV Junior LC Champs |
| 18 | 1:28.02 | 400 | Bosacco, Annie | 18 | PV | Curl Burke Swim Club | 5/2/2009 | 2009 MD Carol Chidester Memorial Swim |
| 19 | 1:29.32 | 368 | Irish, Kendall | 18 | PV | Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 20 | 1:38.76 | 161 | Humphrey, Danielle | 18 | PV | Machine Aquatics | 7/16/2009 | 2009 PV Junior LC Champs |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Boys Age 18-18 100 Breaststroke Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|-------------------|------------|-----------------------------------|------------------|--|
| 1 | 1:06.24 | 817 | Morres, Alexander | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 2 | 1:06.29 | 816 | McGehee, Andrew | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 3 | 1:06.65 | 803 | Masterson, Nick | 18 | PV Unattached | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 4 | 1:10.91 | 662 | Shen, David | 18 | PV Potomac Marlins | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 5 | 1:11.39 | 647 | Stevens, Matt | 18 | PV Flying Gull Aquatic Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 6 | 1:12.12 | 623 | Chen, Kevin | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 7 | 1:12.66 | 606 | Ogren, Tyler | 18 | PV Curl Burke Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 8 | 1:13.64 | 576 | Wittenauer, Chase | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 9 | 1:14.72 | 543 | Perrot, Hunter | 18 | PV Arlington Aquatic Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 10 | 1:16.50 | 490 | Mercer, Steven | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 11 | 1:17.45 | 462 | Flach, Michael | 18 | PV The Fish | 5/16/2009 | 2009 PV FISH LC Derby |
| 12 | 1:17.80 | 452 | Zanellato, Joseph | 18 | PV Machine Aquatics | 7/16/2009 | 2009 PV Senior LC Championships |
| 13 | 1:18.55 | 430 | Cimons, Ben | 18 | PV All Star Aquatics | 5/16/2009 | 2009 PV FISH LC Derby |
| 14 | 1:19.21 | 412 | Jolly, Michael | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 15 | 1:21.07 | 361 | Vallario, Kevin | 18 | PV Flying Gull Aquatic Club | 5/2/2009 | 2009 PV Early Bird LC Invitational |
| 16 | 1:23.39 | 300 | Isaacson, Danny | 18 | PV Rockville Montgomery Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 17 | 1:32.47 | 99 | Crochet, Julien | 18 | PV Sea Devil Swimming | 6/13/2009 | 2009 PV Swim Like a FISH LC Invite |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Girls Age 18-18 200 Breaststroke Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|--------------------|------------|-----------------------------------|------------------|--|
| 1 | 2:35.34 | 858 | Danner, Ashley | 18 | PV Mason Swim Team | 6/13/2009 | 2009 PV Swim Like a FISH LC Invite |
| 2 | 2:38.86 | 810 | Baumgardner, Ellyn | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 3 | 2:45.57 | 721 | Won, Shinhye | 18 | PV Sea Devil Swimming | 7/16/2009 | 2009 PV Senior LC Championships |
| 4 | 2:47.36 | 698 | Lynch, Sarah Ellen | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 5 | 2:47.48 | 696 | Tanner, Carly | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 6 | 2:48.88 | 678 | Grisham, Lilla | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 7 | 2:51.65 | 642 | Maneely, Devan | 18 | PV Rockville Montgomery Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 8 | 2:56.08 | 587 | Shaak, Becky | 18 | PV The Fish | 5/16/2009 | 2009 PV FISH LC Derby |
| 9 | 2:59.60 | 544 | Schwartz, Erin | 18 | PV Flying Gull Aquatic Club | 7/16/2009 | 2009 PV Sr LC Champs - Time Trials |
| 10 | 3:00.29 | 535 | Tully, Jacqueline | 18 | PV Curl Burke Swim Club | 5/23/2009 | 2009 PV Virginia State LC Championships |
| 11 | 3:02.50 | 509 | Legel, Shelby | 18 | PV Curl Burke Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 12 | 3:04.94 | 480 | Rupp, Madison | 18 | PV Curl Burke Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 13 | 3:14.24 | 373 | Dinardo, Sarah | 18 | PV Machine Aquatics | 6/5/2009 | 2009 PV SNOW LC Invitational |
| 14 | 3:14.83 | 367 | Sminkey, Jamie | 18 | PV Flying Gull Aquatic Club | 7/16/2009 | 2009 PV Senior LC Championships |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Boys Age 18-18 200 Breaststroke Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|-------------------|------------|-----------------------------------|------------------|--|
| 1 | 2:22.38 | 863 | Morres, Alexander | 18 | PV Rockville Montgomery Swim Club | 3/17/2009 | 2009 FL NCSA Junior Nats |
| 2 | 2:32.71 | 715 | Masterson, Nick | 18 | PV Unattached | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 3 | 2:35.18 | 681 | McGehee, Andrew | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 4 | 2:35.23 | 680 | Shen, David | 18 | PV Potomac Marlins | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 5 | 2:39.38 | 623 | Chen, Kevin | 18 | PV Rockville Montgomery Swim Club | 7/14/2009 | 2009 PV AP MCSL Coaches LC |
| 6 | 2:43.01 | 575 | Ogren, Tyler | 18 | PV Curl Burke Swim Club | 5/23/2009 | 2009 PV Virginia State LC Championships |
| 7 | 2:46.98 | 522 | Stevens, Matt | 18 | PV Flying Gull Aquatic Club | 5/2/2009 | 2009 PV Early Bird LC Invitational |
| 8 | 2:50.63 | 476 | Jolly, Michael | 18 | PV Rockville Montgomery Swim Club | 5/2/2009 | 2009 PV RMSC Spring LC Classic |
| 9 | 2:50.73 | 474 | Mercer, Steven | 18 | PV Rockville Montgomery Swim Club | 5/2/2009 | 2009 PV RMSC Spring LC Classic |
| 10 | 2:52.74 | 449 | Cimons, Ben | 18 | PV All Star Aquatics | 6/5/2009 | 2009 MD NBAC Long Course Champion |
| 11 | 2:53.42 | 440 | McGuire, Daniel | 18 | PV Machine Aquatics | 4/24/2009 | 2009 PV Machine LC Classic |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Girls Age 18-18 100 Butterfly Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|--------------------|------------|-----------------------------------|------------------|--|
| 1 | 1:01.38 | 879 | Kendall, Amanda | 18 | PV Mason Makos Swim Team | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 2 | 1:04.55 | 767 | O'Malley, Kayla | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 3 | 1:05.27 | 742 | Kalnins, Dana | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 4 | 1:05.66 | 729 | Rupp, Madison | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 5 | 1:07.74 | 658 | Stiles, Madeline | 18 | PV Machine Aquatics | 6/11/2009 | XLII Santa Clara International |
| 6 | 1:08.00 | 650 | Lynch, Sarah Ellen | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 7 | 1:08.02 | 649 | Bosacco, Annie | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 8 | 1:08.27 | 641 | Dinardo, Sarah | 18 | PV Machine Aquatics | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 9 | 1:08.35 | 638 | Cavalier, Meredith | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 10 | 1:09.26 | 608 | Danner, Ashley | 18 | PV Mason Swim Team | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 11 | 1:10.38 | 572 | Jacoby, Jenna | 18 | PV Curl Burke Swim Club | 5/23/2009 | 2009 PV Virginia State LC Championships |
| 12 | 1:10.68 | 562 | Vucic, Mina | 18 | PV Rockville Montgomery Swim Club | 7/14/2009 | 2009 PV AP MCSL Coaches LC |
| 13 | 1:11.00 | 552 | Psaris, Alex | 18 | PV Snow Swimming | 7/16/2009 | 2009 PV Senior LC Championships |
| 14 | 1:11.15 | 548 | Deornellas, Jean | 18 | PV Mason Makos Swim Team | 7/16/2009 | 2009 PV Senior LC Championships |
| 15 | 1:11.45 | 538 | Irish, Kendall | 18 | PV Rockville Montgomery Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 16 | 1:11.85 | 526 | Tully, Jacqueline | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 17 | 1:12.35 | 510 | Spak, Elena | 18 | PV Rockville Montgomery Swim Club | 5/2/2009 | 2009 PV RMSC Spring LC Classic |
| 18 | 1:14.04 | 458 | Sminkey, Jamie | 18 | PV Flying Gull Aquatic Club | 7/16/2009 | 2009 PV Senior LC |

PVS 2008-09 Long Course Top Times

LSC: PV For Dates 9/1/2008 - 8/31/2009

| | | | |
|----|---------|-----|-------------------|
| 19 | 1:14.88 | 433 | Szymczak, Lindsey |
| 20 | 1:15.42 | 418 | Schwartz, Erin |

| | | |
|----|----|--------------------------|
| 18 | PV | Hydro-sonic Tiburones |
| 18 | PV | Flying Gull Aquatic Club |

Championships
6/28/2009 2009 PV LC II (FAST)
7/16/2009 2009 PV Senior LC
Championships

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Boys Age 18-18 100 Butterfly Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|--------------------|------------|-----------------------------------|------------------|---|
| 1 | 55.45 | 855 | Kiss, David | 18 | PV Curl Burke Swim Club | 3/17/2009 | 2009 FL NCSA Junior Nats |
| 2 | 55.79 | 840 | Stewart, Sean | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 3 | 56.39 | 814 | Fox, Brady | 18 | PV Rockville Montgomery Swim Club | 7/14/2009 | 2009 PV AP MCSL Coaches LC |
| 4 | 56.75 | 799 | Flach, Michael | 18 | PV The Fish | 6/18/2009 | 2009 CA TYR Swim Meet of Champ |
| 5 | 57.21 | 780 | Haibel, Sandy | 18 | PV Rockville Montgomery Swim Club | 3/17/2009 | 2009 FL NCSA Junior Nats |
| 6 | 59.38 | 690 | Benecki, Matthew | 18 | PV The Fish | 7/7/2009 | 2009 ConocoPhillips National Championships TT |
| 7 | 59.81 | 673 | Vallario, Kevin | 18 | PV Flying Gull Aquatic Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 8 | 1:00.32 | 653 | Sakaris, Stephen | 18 | PV Rockville Montgomery Swim Club | 7/14/2009 | 2009 PV AP MCSL Coaches LC |
| 9 | 1:00.51 | 645 | Bowers, Devin | 18 | PV Snow Swimming | 7/16/2009 | 2009 PV Sr LC Champs - Time Trials |
| 10 | 1:00.56 | 643 | Jamison, Cole | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 11 | 1:00.89 | 631 | Phillips, Mitch | 18 | PV Mason Makos Swim Team | 7/16/2009 | 2009 PV Senior LC Championships |
| 12 | 1:01.25 | 617 | Stephens, Michael | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Sr LC Champs - Time Trials |
| 13 | 1:01.67 | 600 | Tye, Connor | 18 | PV Curl Burke Swim Club | 8/5/2009 | 2009 MD NBAC Far Eastern Meet |
| 14 | 1:01.96 | 589 | Wittenauer, Chase | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 15 | 1:02.02 | 587 | Mackenzie, Douglas | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 16 | 1:02.03 | 587 | Masterson, Nick | 18 | PV Unattached | 8/6/2009 | 2009 NI Eastern Zone Time Trials Speedo Champs. |
| 17 | 1:03.63 | 527 | Miller, Scott | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 18 | 1:03.80 | 520 | Heidel, Kenny | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |

PVS 2008-09 Long Course Top Times

LSC: PV For Dates 9/1/2008 - 8/31/2009

| | | | | | | | | |
|----|---------|-----|---------------|----|----|-----------------------|-----------|---|
| 19 | 1:04.31 | 502 | Frye, Sean | 18 | PV | Curl Burke Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 20 | 1:05.01 | 477 | Jansen, Devin | 18 | PV | Occoquan Swimming Inc | 5/2/2009 | 2009 VA Jeff Rouse Open Invita |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Girls Age 18-18 200 Butterfly Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|-------------------|------------|--------------------------|------------------|--|
| 1 | 2:17.12 | 833 | Kendall, Amanda | 18 | PV Mason Makos Swim Team | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 2 | 2:18.01 | 819 | Kalnins, Dana | 18 | PV Curl Burke Swim Club | 3/17/2009 | 2009 FL NCSA Junior Nats |
| 3 | 2:20.43 | 783 | O'Malley, Kayla | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 4 | 2:25.09 | 713 | Rupp, Madison | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 5 | 2:25.18 | 712 | Dinardo, Sarah | 18 | PV Machine Aquatics | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 6 | 2:30.87 | 629 | Psaris, Alex | 18 | PV Snow Swimming | 7/16/2009 | 2009 PV Senior LC Championships |
| 7 | 2:48.72 | 387 | Gregg, Lindsey | 18 | PV Sea Devil Swimming | 7/16/2009 | 2009 PV Junior LC Champs |
| 8 | 2:51.50 | 352 | Szymczak, Lindsey | 18 | PV Hydro-sonic Tiburones | 6/14/2009 | 2009 PV LC I (PM) |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Boys Age 18-18 200 Butterfly Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|-------------------|------------|-----------------------------------|------------------|---|
| 1 | 2:03.28 | 863 | Stewart, Sean | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 2 | 2:04.06 | 848 | Flach, Michael | 18 | PV The Fish | 7/16/2009 | 2009 PV Senior LC Championships |
| 3 | 2:08.49 | 766 | Haibel, Sandy | 18 | PV Rockville Montgomery Swim Club | 3/17/2009 | 2009 FL NCSA Junior Nats |
| 4 | 2:09.00 | 757 | Fox, Brady | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 5 | 2:16.98 | 617 | Jamison, Cole | 18 | PV Curl Burke Swim Club | 5/23/2009 | 2009 PV Virginia State LC Championships |
| 6 | 2:17.88 | 602 | Benecki, Matthew | 18 | PV The Fish | 7/16/2009 | 2009 PV Senior LC Championships |
| 7 | 2:19.77 | 570 | Bowers, Devin | 18 | PV Snow Swimming | 7/16/2009 | 2009 PV Senior LC Championships |
| 8 | 2:21.50 | 542 | Stephens, Michael | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 9 | 2:24.33 | 496 | Heidel, Kenny | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 10 | 2:31.80 | 382 | Isaacson, Danny | 18 | PV Rockville Montgomery Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 11 | 2:43.63 | 222 | Baca, Alexander | 18 | PV Machine Aquatics | 7/16/2009 | 2009 PV Junior LC Champs |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Girls Age 18-18 200 Individual Medley Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|--------------------|------------|-----------------------------------|------------------|--|
| 1 | 2:23.48 | 787 | Kendall, Amanda | 18 | PV Mason Makos Swim Team | 7/16/2009 | 2009 PV Senior LC Championships |
| 2 | 2:24.35 | 771 | Danner, Ashley | 18 | PV Mason Swim Team | 7/7/2009 | 2009 Conoco Phillips USA Swimming National Champio |
| 3 | 2:29.04 | 691 | Rupp, Madison | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 4 | 2:30.10 | 673 | Grisham, Lilla | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 5 | 2:31.52 | 650 | Baumgardner, Ellyn | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 6 | 2:32.05 | 641 | Salce, Amy | 18 | PV Unattached | 7/16/2009 | 2009 PV Senior LC Championships |
| 7 | 2:32.17 | 639 | O'Malley, Kayla | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 8 | 2:32.39 | 636 | Emery, Molly | 18 | PV Curl Burke Swim Club | 6/11/2009 | XLII Santa Clara International |
| 9 | 2:33.88 | 612 | Stiles, Madeline | 18 | PV Machine Aquatics | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 10 | 2:34.27 | 605 | Jacoby, Jenna | 18 | PV Curl Burke Swim Club | 5/23/2009 | 2009 PV Virginia State LC Championships |
| 11 | 2:34.62 | 600 | Stout, Erin | 18 | PV Rockville Montgomery Swim Club | 7/14/2009 | 2009 PV AP MCSL Coaches LC |
| 12 | 2:35.13 | 592 | Kalnins, Dana | 18 | PV Curl Burke Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 13 | 2:36.79 | 565 | Shaak, Becky | 18 | PV The Fish | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 14 | 2:37.31 | 557 | Tanner, Carly | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 15 | 2:38.00 | 547 | Bosacco, Annie | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 16 | 2:38.71 | 536 | Won, Shinhye | 18 | PV Sea Devil Swimming | 7/16/2009 | 2009 PV Senior LC Championships |
| 17 | 2:39.78 | 520 | Reynolds, Emily | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009**

| | | | | | | | | |
|----|---------|-----|-------------------|----|----|--------------------------------|-----------|---|
| 18 | 2:41.14 | 499 | Irish, Kendall | 18 | PV | Rockville Montgomery Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 19 | 2:41.42 | 495 | Maneely, Devan | 18 | PV | Rockville Montgomery Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 20 | 2:42.85 | 474 | Tully, Jacqueline | 18 | PV | Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Boys Age 18-18 200 Individual Medley Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|--------------------|------------|-----------------------------------|------------------|--|
| 1 | 2:10.17 | 796 | Flach, Michael | 18 | PV The Fish | 8/4/2009 | 2009 U. S. Open |
| 2 | 2:12.42 | 751 | Fox, Brady | 18 | PV Rockville Montgomery Swim Club | 5/14/2009 | 2009 NC Charlotte UltraSwim |
| 3 | 2:14.93 | 701 | Shen, David | 18 | PV Potomac Marlins | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 4 | 2:15.20 | 696 | Cunningham, Jesse | 18 | PV Rockville Montgomery Swim Club | 7/14/2009 | 2009 PV AP MCSL Coaches LC |
| 5 | 2:18.46 | 635 | Morres, Alexander | 18 | PV Rockville Montgomery Swim Club | 5/16/2009 | 2009 PV FISH LC Derby |
| 6 | 2:21.09 | 587 | Stevens, Matt | 18 | PV Flying Gull Aquatic Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 7 | 2:22.00 | 570 | Masterson, Nick | 18 | PV Unattached | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 8 | 2:23.03 | 552 | Benecki, Matthew | 18 | PV The Fish | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 9 | 2:24.03 | 535 | Phillips, Mitch | 18 | PV Mason Makos Swim Team | 7/16/2009 | 2009 PV Senior LC Championships |
| 10 | 2:24.36 | 529 | Mackenzie, Douglas | 18 | PV Rockville Montgomery Swim Club | 7/14/2009 | 2009 PV AP MCSL Coaches LC |
| 11 | 2:24.53 | 526 | Sakaris, Stephen | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 12 | 2:25.26 | 514 | Ogren, Tyler | 18 | PV Curl Burke Swim Club | 5/23/2009 | 2009 PV Virginia State LC Championships |
| 13 | 2:25.91 | 503 | Spina, Alex | 18 | PV Curl Burke Swim Club | 5/23/2009 | 2009 PV Virginia State LC Championships |
| 14 | 2:27.25 | 480 | Cimons, Ben | 18 | PV All Star Aquatics | 5/16/2009 | 2009 PV FISH LC Derby |
| 15 | 2:28.16 | 465 | Jansen, Devin | 18 | PV Occoquan Swimming Inc | 5/2/2009 | 2009 VA Jeff Rouse Open Invita |
| 16 | 2:28.22 | 464 | Mercer, Steven | 18 | PV Rockville Montgomery Swim Club | 5/2/2009 | 2009 PV RMSC Spring LC Classic |
| 17 | 2:29.14 | 449 | Tye, Connor | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Junior LC Champs |
| 18 | 2:29.58 | 442 | Heidel, Kenny | 18 | PV Curl Burke Swim Club | 5/2/2009 | 2009 MD Carol Chidester Memorial Swim |
| 19 | 2:30.13 | 433 | Jamison, Cole | 18 | PV Curl Burke Swim Club | 5/23/2009 | 2009 PV Virginia State LC Championships |
| 20 | 2:30.76 | 423 | Chen, Kevin | 18 | PV Rockville Montgomery Swim Club | 6/28/2009 | 2009 PV LC II (FAST) |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Girls Age 18-18 400 Individual Medley Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|--------------------|------------|-----------------------------------|------------------|---|
| 1 | 5:11.23 | 722 | Kalnins, Dana | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 2 | 5:12.06 | 715 | Rupp, Madison | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 3 | 5:14.60 | 696 | Stiles, Madeline | 18 | PV Machine Aquatics | 6/11/2009 | XLII Santa Clara International |
| 4 | 5:15.78 | 687 | Emery, Molly | 18 | PV Curl Burke Swim Club | 6/11/2009 | XLII Santa Clara International |
| 5 | 5:19.50 | 659 | Salce, Amy | 18 | PV Unattached | 7/16/2009 | 2009 PV Senior LC Championships |
| 6 | 5:21.32 | 645 | Grisham, Lilla | 18 | PV Rockville Montgomery Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |
| 7 | 5:28.46 | 593 | Shaak, Becky | 18 | PV The Fish | 7/16/2009 | 2009 PV Senior LC Championships |
| 8 | 5:39.11 | 518 | Baumgardner, Ellyn | 18 | PV Curl Burke Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 9 | 5:39.59 | 515 | Lynch, Sarah Ellen | 18 | PV Curl Burke Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |
| 10 | 5:49.97 | 445 | Donahue, Jessica | 18 | PV Unattached | 7/16/2009 | 2009 PV Senior LC Championships |
| 11 | 5:53.40 | 423 | Legel, Shelby | 18 | PV Curl Burke Swim Club | 5/29/2009 | 2009 PV Maryland State LC Championships |

PVS 2008-09 Long Course Top Times**LSC: PV For Dates 9/1/2008 - 8/31/2009****Boys Age 18-18 400 Individual Medley Long Course Meters**

| Rank | Time | Power Points | Name | Age | LSC / Club | Meet Date | Meet |
|-------------|-------------|---------------------|-------------------|------------|-----------------------------------|------------------|--|
| 1 | 4:36.60 | 808 | Flach, Michael | 18 | PV The Fish | 8/4/2009 | 2009 U. S. Open |
| 2 | 4:48.52 | 703 | Spina, Alex | 18 | PV Curl Burke Swim Club | 8/6/2009 | 2009 NI Eastern Zone Speedo Champions Series |
| 3 | 4:54.27 | 655 | Benecki, Matthew | 18 | PV The Fish | 7/16/2009 | 2009 PV Senior LC Championships |
| 4 | 5:00.71 | 602 | Shen, David | 18 | PV Potomac Marlins | 7/16/2009 | 2009 PV Senior LC Championships |
| 5 | 5:02.35 | 589 | Morres, Alexander | 18 | PV Rockville Montgomery Swim Club | 5/16/2009 | 2009 PV FISH LC Derby |
| 6 | 5:08.47 | 541 | Ogren, Tyler | 18 | PV Curl Burke Swim Club | 5/23/2009 | 2009 PV Virginia State LC Championships |
| 7 | 5:11.38 | 518 | Heidel, Kenny | 18 | PV Curl Burke Swim Club | 7/16/2009 | 2009 PV Senior LC Championships |