

Machine LC Classic

Takoma Aquatic Center

April 23-25, 2010

POSITIVE CHECK IN SCHEDULE

Friday-

Events 1-6 closes at 4:30pm
Events- 7-10 closes @ 5:00pm
Events 11-12 closes @ 6:45pm

Saturday-

13 & Over Session-

Events 13-16 closes @ 6:40am
Events 17-20 closes @ 9:00am
Event 21 closes @ 10:30am
Event 22 closes @ 12:00pm

12 & Under Session-

Events 23- 30 closes @ 2:15pm
Events 31-38 closes @ 3:30pm

Sunday-

13 & over Session-

Events 39-42 closes @ 6:40am
Events 43- 46 closes @ 8:30am
Evetns 47-48 closes @ 10:20am

12 & under Session-

Events 49-52 closes @ 1:50pm
Events 53- 60 closes @ 3:30pm
Events 61-64 closes @ 5:30pm

**** COACHES PLEASE DO *NOT CHECK A SWIMMER IN WHO IS NOT ON THE POOL DECK*!!!! MANY COACHES, OFFICIALS, PARENTS & SWIMMERS WILL BE UPSET IF WE ARE CONSTANTLY HAVING EMPTY LANES WHEN WE SHOULD NOT BE.****

WARM UP ASSIGNMENTS

The warm up assignment is always very difficult at a long course meet. We have determined the best way to handle warm up is to assign lanes for the whole warm up time and you are free to do starts in these lanes when you are ready. Please remember take a

moment to contact the team you may be sharing a lane with and work out how you will use the warm up time.

There will be sessions where some lanes are more crowded than other. We ask all coaches to work together to make sure all kids get a good warm up.

When we have the 10 minute breaks in the meet for warm up you will also use your assigned lanes at this time.

LANE 1-3 - CURL BURKE

LANE 4 - SEA DEVILS, DCPR & BWST

LANE 5 - MACHINE, ERSC

LANE 6 - POSEIDON & HANOVER YMCA

LANE 7 - FAST & HERNDON AQUATIC, YORK YMCA

LANE 8 - JFD & BALTIMORE METRO

NOTE TO PARENTS-

WE WILL NOT BE SELLING MEET SHEETS. We will post them all over the stands, concessions and results area. We encourage you to print the psych sheet and bring it with you. With the rolling check in we will not be able to produce programs for purchase.

Swimmers will **NOT BE ALLOWED TO BRING CHAIRS ON DECK.** Please make sure all swimmers are aware of this,

Thanks and looking forward to seeing you this weekend!!

Regards,
Paris Jacobs
Team Manager
Machine Aquatics
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