

# RMSC Spring LC Classic Meet Announcement

April 30 – May 2, 2010  
At Montgomery Aquatic Center  
Sanctioned by USA Swimming through Potomac Valley Swimming  
**Meet Sanction # PVI-10-55**

**Meet Director:** Christa Krukiel (240) 777-8074 work [christa.krukiel@montgomerycountymd.gov](mailto:christa.krukiel@montgomerycountymd.gov)

**Meet Referee:** Scott Witkin [scottwitkin@verizon.net](mailto:scottwitkin@verizon.net)

**Location:** Montgomery Aquatic Center, 5900 Executive Boulevard, N. Bethesda, MD 20852 (240) 777-8074

## Meet Schedule:

Friday Night:

Warm-up 3:30 – 4:50 PM, Events Start: 5:00 PM

12 & Under:

Saturday Warm-ups: 6:00 – 6:50 AM, Events Start: 7:00 AM

Sunday Warm-ups: 6:00 – 6:50 AM, Events Start: 7:00 AM

13 & Over:

Saturday Warm-ups: 12:30 PM – 1:20 PM, Events Start: 1:30 PM

Sunday Warm-ups: 11:30 AM – 12:20 PM, Events Start: 12:30 PM

Warm-up/Start times may be adjusted after entries are received to allow for several warm up breaks during competition. Sunday afternoon session must be completed by 4:00 PM; therefore the event max for both Sunday sessions is 2 events/swimmer.

**Officials:** Certified officials wishing to work the meet should contact the Amy Hsu at [amy.hsu@nih.gov](mailto:amy.hsu@nih.gov). Please include your certifications held and sessions you wish to work. Officials assigned to this meet should sign in at the computer table at the start of warm-up. **The participating teams are required to provide all timers.**

**Warm-Up Procedures:** The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. Due to meet size the meet manager may assign lanes and warm-up times based on team size. Proper notice of such a change will be given with all information that applies in ample time.

**Rules:** Current USA Swimming rules will govern this meet. All events are timed finals. Swimmers are permitted to enter up to a maximum of two (2) events on Friday and Sunday and three (3) events for Saturday, The meet limit is six (6) events for the entire meet. Dive-over starts will be used at this meet. No on-deck USAS registration will be permitted.

**Eligibility:** Open to all registered Potomac Valley and USA Swimming athletes from the RMSC, Potomac Marlins and the Hydro-Sonic Tiburones. This meet has no qualifying times.

PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

## Entry Information:

- Entry Fees: \$5.00 per event.
- Regular Entry Deadline: Wednesday, April 21, 2010 at 11:59pm.
- Deck entries will be accepted, if space permits, no new heats will be created. Deck entry fee is \$10.00 per event.

- Meet Director is requested to acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.
- Short course entry times will be considered conforming times for this meet. Long course entry times will be considered non-conforming and must be designated with a capital letter "L". These non-conforming times will be seeded after short course times.
- Swimmers in the 400 Free and 400 IM are required to supply their own timer. These events will be swum fastest to slowest alternating girls and boys.

**Electronic Entry Procedures:**

- Email a Hy-Tek entries file (preferred) or a SDIF file to [christa.krukiel@montgomerycountymd.gov](mailto:christa.krukiel@montgomerycountymd.gov) .
- Email subject should be labeled "Spring Classic Entry".
- Email must include reports by name and by event saved in Microsoft Word, with proof of time in each report. Include total number of swimmers (boys and girls) and total number of events, along with contact information (name, phone number, e-mail) of a club representative in the body of the e-mail.
- Send check to Christa Krukiel at the address below.  
 Christa Krukiel  
 Montgomery Aquatic Center  
 5900 Executive Blvd.  
 Bethesda, Maryland 20852
- Each club is requested to remit one check to cover the entry fees of the entire team. Please do not send cash. Entry Fees are due with entries. Please note your team name on the check.
- Entry Fee Payable To: MCRD

**Warning:** Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00, and no further entries will be accepted from the club until the said fine is paid. All swimmers, coaches and officials must be properly registered with USA Swimming for 2010. Entries that are incomplete, submitted or incorrect forms or lacking the phone number of a responsible club official will not be accepted.

**Positive Check In:** All events 200 meters and over will require positive check in. The Meet Manager reserves the right to take the entire meet to positive check in. Should a change occur, all participating clubs will be notified via email.

Any swimmer who checks into a deck-seeded event (positively checked in), has been seeded and fails to swim the event will be barred from their next scheduled individual event, unless excused by the referee before the event takes place.

**Awards:** There will be no awards for this meet.

**Spectator Admission and Heat Sheets:** There will be no charge for admission. Heat sheets may be available each session for \$2.00.

**Swim Center Rules and Conduct**

At the request of [Montgomery County Recreation Department](#), swimmers are not to leave the pool deck without appropriate attire. Coaches will be responsible for the conduct of their athletes while in the facility and surrounding grounds. Failure to follow these rules or any inappropriate behavior will result in the athlete being barred from further competition in the meet. Parents will be responsible for the conduct of any minor children that accompany them.

- No glass containers are permitted within the facility.
- Swimmers must be in direct contact with their supervising coach before they will be allowed to enter the pool for warm-up.
- No camera cell phones are permitted in the locker rooms.

# RMSC Spring Classic

April 30 - May 2, 2010  
at the Montgomery Aquatic Center

## Order of Events

Friday, April 30, 2010

Girls	Event Description	Boys
1*	Open 200 Backstroke	2*
3*	Open 200 Butterfly	4*
5*@	Open 400 Freestyle	6*@

Saturday, May 1, 2010

12 & Under Session

Girls	Event Description	Boys
7*	12&U 200 IM	8*
9	12&U 50 Breaststroke	10
11	12&U 100 Butterfly	12
13	12&U 50 Backstroke	14
15*	12 & U 200 Breaststroke	16*
17	12&U 100 Freestyle	18

Saturday, May 1, 2010

13 & Over Session

Girls	Event Description	Boys
19*	13&Over 200 Freestyle	20*
21	13&Over 100 Breaststroke	22
23	13&Over 100 Backstroke	24
25	13&Over 50 Freestyle	26
27*@	Open 400 IM	28*@

Sunday, May 2, 2010

12 & Under Session

^2 Event MAX for this Session^

Girls	Event Description	Boys
29*	12&U 200 Freestyle	30*
31	12&U 50 Butterfly	32
33	12&U 100 Breaststroke	34
35	12&U 100 Backstroke	36
37	12&U 50 Freestyle	38

Sunday, May 2, 2010

13 & Over Session

^2 Event MAX for this Session^

Girls	Event Description	Boys
39*	13&Over 200 IM	40*
41	13&Over 100 Butterfly	42
43*	13&Over 200 Breaststroke	44*
45	13&Over 100 Freestyle	46

^Reminder: The meet must end by 4 PM on Sunday ^

@ Fastest to slowest alternating Girls/Boys. Swimmer must provide own timer@

\*Positive Check-In Required\*

Friday Night: Events 1-4 4:30 PM

Events 5-6 5:15 PM

Saturday Morning: Events 7-8 6:30 AM

Events 15-16 7:30 AM

Saturday Afternoon: Events 19-20 12:00 PM

Events 27-28 1:00 PM

Sunday Morning: Events 29-30 6:30 AM

Sunday Afternoon: Events 39-40 12:00 PM

Events 43-44 1:00 PM