



MACHINE MINI FROZEN 5 December 13th, 2015

Sponsored by Machine Aquatics Swim Team
Sanctioned by USA Swimming through Potomac Valley Swimming
Sanction #PVC-16-34

Meet Director: Paris Jacobs
Machine Aquatics
204-D Mill St.
Vienna, VA 22180
tel. 571-238-7657
email - paris@machineaquatics.com

Meet Referee: Stewart Gordon
Machine Aquatics Officials Chair
email - officials@machineaquatics.com

Location: Fairland Aquatic Center
13820 Old Gunpowder Road
Laurel, MD 20707-3116
(301) 301-362-6060
8 lanes 25 yd pool with a depth range of 4-12 feet at both the starting and turning end.

The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2 (C).

Timing System: Semi-Automatic timing (buttons primarily) will be used for this meet.

Schedule: Sunday
7:15am to 7:55am am - Events 8:05 am

Entry Deadline: **FINAL ENTRY FILE IS DUE BY 5:00 PM**
Thursday, December 3rd, 2015

Important: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.

Rules:

Current USA Swimming rules shall govern the meet.

Clubs wishing to be invited need to contact the meet manager.

A contestant may participate in only his or her own age as of the first day of the meet.

A contestant may enter a maximum of five (5) individual events. Swimmers shall compete at the age attained on the first day of the meet.

“No recall” procedures will be used at this meet.

Dive-over starts may be used at this meet. Coaches are requested to review Guidance for Dive-Over Starts for Coaches. Officials are requested to review Protocol for Dive-Over Starts.

No on-deck USA-S registrations permitted.

In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker room. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's, etc.) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or swimmer's legal guardian to ensure compliance with this requirement.

Meet Manager also reserves the right to adjust warm-up times for all the sessions after entries have come in.

The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to

conform with the 4-hour provision for sessions that include 12 & Under events per Rule 205.3.1F.

Inclusion Policy: PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.

Supervision: Coaches are responsible for the conduct of their swimmers and families and for cleaning up their team areas.

Only athletes, USA Swimming certified coaches and deck officials are permitted on the pool deck. Working coaches and deck officials are required to display their 2015 or 2016 USA Swimming card.

Parents not working the meet as a deck official, volunteer lane timer or other meet positions are not permitted on deck.

Admission: There is no admission charge.

Programs: Meet programs will be available for \$2.00 per session.

Awards: There will be awards for this meet for 1st - 8th place.

Seating: Due to the limited pool deck space, officials, USA Swimming registered coaches and swimmers only will be permitted on the pool deck.

Personal chairs will be permitted on the deck for coaches only.

Swimmers will not be permitted to bring chairs on the deck.

Warning: Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered swimmer to represent them, will be fined by PVS the sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid.

Entries: Entries should be sent via e-mail.
ENTRIES SHOULD BE SUBMITTED TO:
entries@machineaquatics.com
Entries should be submitted using Hy-Tek Team Manager

Entry file: Include in the subject of the email, "Machine Frozen 5*** with the club's initials in place of the asterisks. Also, include training site if your club submits multiple entry files.

Meet Directors are requested to acknowledge receipt by return email within 24 hours. If acknowledgment is not received in a timely manner, please contact the meet director.

Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100 and no further entries will be accepted from that club until the said fine is paid.

If time permits, deck entries will be accepted for \$10.00.

Fees: Fees for individual events are **\$5.00 per event**.

Make checks payable to **Machine Aquatics**.

Entry fees are due with entries.

**FINAL ENTRY FILE IS DUE BY 5:00 PM
Thursday, December 3th, 2015**

ENTRIES SHOULD BE SUBMITTED TO: ENTRIES@MACHINEAQUATICS.COM

Liability: **NOTE:** In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Fairland Aquatic Center and Machine Aquatics shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

2015 Machine Frozen 5

ENTRIES SHOULD BE SUBMITTED TO: entries@machineaquatics.com

Sunday, December 13th, 2015

Warm Up- 7:15- 7:55am- Events- 8:05AM

Swimmer may compete in up to 5 events

Girls Event #	Event	Boys Event #
1	8 Year Old 100 Individual Medley	2
3	7 Year Old 100 Individual Medley	4
5	6 & Under 100 Individual Medley	6
7	8 Year Old 25 Freestyle	8
9	7 Year Old 25 Freestyle	10
11	6 & Under 25 Freestyle	12
13	8 Year Old 25 Backstroke	14
15	7 Year Old 25 Backstroke	16
17	6 & Under 25 Backstroke	18
19	8 Year Old 25 Breaststroke	20
21	7 Year Old 25 Breaststroke	22
23	6 & Under 25 Breaststroke	24
25	8 Year Old 25 Butterfly	26

Girls Event #	Event	Boys Event #
27	7 Year Old 25 Butterfly	28
29	6 & Under 25 Butterfly	30
31	7-8 Year Old 100 Freestyle	32
33	6 & Under 100 Freestyle	34
35	7-8 Year Old 50 Freestyle	36
37	6 & Under 50 Freestyle	38