

PVS January Open

January 16-17, 2016

Sanctioned by USA Swimming through Potomac Valley Swimming: **PVS-16-44**

Hosted for PVS by: RMSC, Fairland Aquatics and Fort Belvoir Swim Team

Entries due to Meet Manager by: Monday, January 4, 2016 (check on club deadline)

Meet Schedule

Saturday and Sunday: 11-12 Warm up: 6:30-7:20am, Events: 7:30 am

Saturday and Sunday: 9-10 Warm up: 10:50-11:30 am, Events: 11:40 am

Saturday and Sunday: 13 & Over Warm up: 2:00-2:50 pm, Events: 3:00 pm

Note: The Meet Directors and PVS Admin Office will determine if the session times or check in times will need to be adjusted based upon the number of entries received.

NOTE: All Team Assignments listed within the meet announcement are tentative, final placement will be determined after all entries have been submitted and the PVS Administrative Assistant balances all four sites.

Meet Host/Director:	Fort Belvoir Swim Team Sam Burgi 1541 Colonial Dr Apt 101 Woodbridge, VA 22192 703-249-9798 sburgj@fbswim.org	RMSC Christa Krukiel 5900 Executive Blvd Rockville, MD 20852-2756 240-777-8070 Christa.Krukiel@montgomerycountymd.gov	Fairland Aquatic Swim Team Manga Dalizu 9518 Haddaway Place Laurel, MD 20723 240-456-0103 fairlandswim@comcast.net
Meet Referee:	Mark Harris Mharris131@aol.com	Amy Hsu Amy.hsu@nih.gov	Lynne Gerlach gerlach@msscswimming.com
Club Official's Chair:	Mark Harris Mharris131@aol.com	Jayne Biafore dylansswimmom@gmail.com	Lynne Gerlach gerlach@msscswimming.com
Facility	Audrey Moore Rec Center	Germantown Indoor Swim Center	Fairland Aquatic Center FAST: Course #1, FBST: Course #2
Facility Information:	Audrey Moore 8110 Braddock Rd Annandale, VA 703-321-7080	Germantown Indoor Swim Center 18000 Central Park Circle Boys, MD 20841-9707 240-777-6830	Fairland Aquatic Center 13820 Old Gunpowder Rd. Laurel, MD 20707 301-362-6060

	<ul style="list-style-type: none"> • 10 lanes, 25 yards • Water depth range of 4.5' to 5' at the starting and turning end. • The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C). 	<ul style="list-style-type: none"> • 10 lanes, 25 yards • Water depth range of 17' to 6'9" at the starting end and 13.5' at the turning end. • A separate 7 lane pool will be available for warm up/cool down • The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C). 	<ul style="list-style-type: none"> • Dual Course, 8 lane each, 25 yards • Course #1 has a water depth 7' to 13' at both the starting and turning ends. • Course #2 has a water depth range of 5'-7' at both the starting and turning ends. <p>The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C).</p>
Timing System	Automatic Timing (touch pads primary) will be used for this meet.		
Team Assignments:	AM: FBST, MACH, AAC, YORK, MAKO, SDS, PM, NCAP-West, NCAP-Burke, NCAP-Tysons/CM, CSC, DSS, RY, SNOW, RIPS, MA, TANK, TRA, DRAG, FISH, OCCS, SSCT	Germantown: RMSC, BTSC, TOLL, JFD	Fairland #1: FAST, ANSC, MSSC, JCCW, HACC, ASA, NCAP- Alexandria, NCAP-PG, NCAP-Germantown, DCPR, PGKS, ERSC, NCAP-Georgetown Prep, LCL, PGPR, UMAC, BWST, TIBU, YSS, SDS, VLAC, YASD, PAC, LMAC, NCAP-AU, NCAP-Holton Arms, LPSC
	<p>Note: Assignments of clubs to pool sites will be reviewed, by the PVS Administrator, after all entries are received. If necessary to achieve reasonable balance, clubs may be reassigned.</p>		
Eligibility:	Open to all Potomac Valley Swimming registered athletes only. Swimmers shall compete at the age attained on the first day of the meet.		
Disability Swimmers:	PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.		
Rules:	<ul style="list-style-type: none"> • Current USA Swimming rules shall govern the meet. • All events are timed finals. • Seed times are short course yards. In the event that short course yard times are not available, coaches' times are preferred over NTs. • A swimmer may enter no more than 3 events per day or 6 events during the meet. • No on-deck USA-S registration is permitted • Deck entries will be accepted, and are \$10 per individual event. All deck entries must be submitted no later than 45 minutes prior to first event of each session. Swimmers will be entered into open lanes in existing 		

	<p>heats on a first come, first served basis. In the event of a significantly over subscribed session, the Meet Director reserves the right to not accept deck entries.</p> <ul style="list-style-type: none"> • Evidence of current USA-S registration will be required for deck entries. • Dive-over starts may be used at this meet at the discretion of the Meet Referee and Meet Management. • In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. • Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member - coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member - coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for the 12 &U sessions in Rule 205.3.1F.
Positive Check In:	<p>All events 200 yards or longer will be positive check-in.</p> <ul style="list-style-type: none"> • The Meet Directors will determine if positive check-in will be required for all events. • Athletes who check into a deck-seeded event, have been seeded and fail to swim the event will be barred from their next schedule individual event, unless excused by the Meet/Deck Referee before the event takes place.
Warm Up:	The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up; times/lane assignments.
Supervision:	Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas.
Awards:	No awards will be given out at this meet.
Programs:	All attempts will be made to have programs available for each session for a price not to exceed \$2. In the event of the entire session being positive check-in, programs may not be available until after the start of the meet. In the event that programs are not able to be sold, programs will be posted throughout the spectator areas.
Officials & Timers:	<ul style="list-style-type: none"> • Each participating club is requested to provide at least one table worker or official (Referee, Starter or Stroke & Turn Judge) per session if entering 25 or more splashes • All certified officials wishing to volunteer please contact the appropriate club official's chair prior to January 13. Walk-on officials are welcome and should report to the Meet Referee prior to the session. • Participating clubs are required to provide timers in proportion to their entries. One timer is required for each 25 entries. • The Meet Director may send out a request for timers based upon entries.
Entry Procedures:	<ul style="list-style-type: none"> • Entries should be submitted using Hy-Tek Team Manager. • Include in the subject of the email, "2015 PVS JAN OPEN - ***" with the clubs initials in place of the asterisks. Also include training site if your club submits multiple entry files.

- Meet Directors are requested to acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the meet director.
- **Individual event fee: \$4.50 (make checks payable to PVS)**
- Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.
- Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100 and no further entries will be accepted from that club until the said fine is paid.

NOTE: In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Machine Aquatics, RMSC, Fairland Aquatics Swim Team, Fort Belvoir Swim Team, Audrey Moore Rec Center, Germantown Indoor Swim Center and Fairland Aquatic Center shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

Saturday, January 16, 2016

11-12 Year Old Swimmers

Warm up: 6:30-7:20 am, Events: 7:30 am

Women's Events #	Event	Men's Event #
1	11-12 200 yd Breaststroke	2
3	11-12 50 yd Backstroke	4
5	11-12 200 yd Individual Medley	6
7	11-12 100 yd Butterfly	8
9	11-12 50 yd Breaststroke	10
11	11-12 100 yd Freestyle	12
13	11-12 200 yd Backstroke	14
15	11-12 500 yd Freestyle	16

Positive Check-In for all 200 yd events by 7:00 am (or 30 min after warm up begins)
 The Meet Manager with concurrence of PVS, has the right to make all events positive check-in, in order to manage timelines.

Each swimmer must provide their own timer (and counter if needed) for the 500 freestyle.

**Sunday January 17, 2016
11-12 Year Old Swimmers**

Warm up: 6:30-7:20 am, Events: 7:30 am

Women's Event #	Events	Men's Event #
41	11-12 50 yd Butterfly	42
43	11-12 200 yd Freestyle	44
45	11-12 100 yd Breaststroke	46
47	11-12 100 yd Backstroke	48
49	11-12 50 yd Freestyle	50
51	11-12 100 yd Individual Medley	52
53	11-12 200 yd Butterfly	54
<p>Positive Check-In for all events 200 yd or more by 7:00 am (or 30 minutes after warm up begins). The Meet Manager with concurrence of PVS, has the right to make all events positive check-in, in order to manage timelines..</p>		

**Saturday January 16, 2016
9-10 Year Old Swimmers**

Warm up: 10:50-11:30 am, Events: 11:40 am

Women's Event #	Events	Men's Event #
17	9-10 50 yd Backstroke	18
19	9-10 200 yd Individual Medley	20
21	9-10 100 yd Butterfly	22
23	9-10 50 yd Breaststroke	24
25	9-10 100 yd Freestyle	26
27	9-10 500 yd Freestyle	28
<p>Positive Check-In for all events 200 yd or more by 11:20 am (or 30 minutes after warm up begins). The Meet Manager with concurrence of PVS, has the right to make all events positive check-in, in order to manage timelines.</p>		

Each swimmer must provide their own timer (and counter if needed) for the 500 freestyle.

Sunday January 17, 2016 9-10 Year Old Swimmers

Warm up: 10:50-11:30 am, Events: 11:40 am

Women's Event #	Events	Men's Event #
55	9-10 50 yd Butterfly	56
57	9-10 200 yd Freestyle	58
59	9-10 100 yd Breaststroke	60
61	9-10 100 yd Backstroke	62
63	9-10 50 yd Freestyle	64
65	9-10 100 yd Individual Medley	66

Positive Check-In for all events 200 yd or more by 11:20 am (or 30 minutes after warm up begins).
The Meet Manager with concurrence of PVS, has the right to make all events positive check-in, in order to manage timelines.

Saturday, January 16, 2016 13 & Over Session

Warm up: 2:00-2:50 pm, Events: 3:00 pm

Women's Event #	Events	Men's Event #
29	13 & Over 100 Yd Backstroke	30
31	13 & Over 200 yd Individual Medley	32
33	13 & Over 200 yd Butterfly	34
35	13 & Over 100 yd Breaststroke	36
37	13 & Over 50 yd Freestyle	38
39	13 & Over 500 yd Freestyle	40

Positive Check-In for all events 200 yd or more by 2:30 pm (or 30 minutes after warm up begins).
The Meet Manager with concurrence of PVS, has the right to make all events positive check-in, in order to manage timelines.

Each swimmer must provide their own timer (and counter if needed) for the 500 freestyle.

Sunday, January 17, 2016

13 & Over Session

Warm up: 2:00-2:50 pm, Events: 3:00 pm

Warm up: 2:00-2:50 pm, Events: 3:00 pm

Women's Event #	Events	Men's Event #
67	13 & Over 200 yd Freestyle	68
69	13 & Over 100 yd Butterfly	70
71	13 & Over 200 yd Breaststroke	72
73	13 & Over 200 yd Backstroke	74
75	13 & Over 100 yd Freestyle	76
77	13 & Over 400 yd Individual Medley	78

Positive Check-In for all events 200 yd or more by 2:30 pm (or 30 minutes after warm up begins).
The Meet Manager with concurrence of PVS, has the right to make all events positive check-in, in order to manage timelines.