

**2016 MUNCHKIN MANIA**  
**FEBRUARY 7 2016**  
**SPONSORED BY FAIRLAND AQUATICS SWIM TEAM**

**SANCTIONED BY USA SWIMMING**  
**THROUGH POTOMAC VALLEY SWIMMING**

**Sanction # PVC-16-51**

<b>MEET DIRECTOR:</b>	Manga Dalizu – fairlandswim@comcast.net (240) 456 - 0103
<b>MEET REFERREE</b>	Lynne Gerlach
<b>OFFICIALS CHAIR:</b>	Lynne Gerlach gerlach@msscswimming.com
<b>MEET LOCATION:</b>	<p><a href="#">Fairland Aquatics Center</a>  13820 Old Gunpowder Road  Laurel, Md 20707 (301) 362 – 6060</p> <p>The meet will be swum in an 8 lane course with a water depth of 7’-13’ at the start end and 7’-13’ at the turn end.</p> <p>The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C)</p>
<b>SCHEDULE:</b>	WARM UPS 2:15 – 2:45 PM MEET START 2:55 PM
<b>TIMING</b>	Automatic timing will be used
<b>ELIGIBILITY:</b>	Open to all Potomac Valley registered athletes. A swimmers age will be determined as of February 7 <sup>th</sup> . Athletes may enter a maximum of 5 events.
<b>RULES:</b>	<p>Current USA Swimming rules shall govern the meet.</p> <p><b>In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA’s etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</b></p> <p><b>The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4 hour provision for the 12 &amp; Under sessions in Rule 205.3.1F.</b></p> <p><b>Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</b></p> <p><b>Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.</b></p>
<b>INCLUSION POLICY FOR</b>	PVS and host clubs along with their Meet Directors are committed to the <a href="#">Inclusion Policy as adopted by the BOD</a> . Athletes with a disability are welcomed and are asked to provide advance notice of desired

<b>SWIMERS WITH A DISABILITY:</b>	accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the referee.
<b>SUPERVISION:</b>	Coaches are responsible for the conduct of their swimmers, and should help clean up their respective team area.
<b>WARM-UP:</b>	Potomac Valley Swimming warm-up procedures and safety policies will be followed.
<b>ENTRY FEES</b>	\$ 6.00 / event
<b>ENTRY DEADLINE</b>	Monday, February 1st 2016
<b>NOTE</b>	In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Fairland Aquatic Center and Fairland Aquatic Swim Team shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event

<b>GIRLS</b>	<b>EVENTS 12 &amp; Under Warm up 2:15-2:45 pm Events 2:55 pm</b>	<b>BOYS</b>
1	200 FLY	2
3	100 BACK	4
5	200 FREE	6
7	100 BREAST	8
9	400 IM	10
11	200 BACK	12
	15 MINUTE BREAK	
13	500 Free	14
15	100 FLY	16
17	200 BREAST	18
19	200 IM	20
21	100 FREE	22