

# YORK SWIM CLUB

## Friendship Mini Meet - Spring 2016

### February 7, 2016

Sanctioned by USA Swimming Through Potomac Valley Swimming  
Sanction # PVI-16-53

**MEET ENTRIES ARE DUE ON JANUARY 26<sup>TH</sup> 2016**

<b>Meet Director:</b>	Kristin Bryant Wolff 10226 Raider Lane Fairfax, VA 22030 <a href="mailto:kristin@yorkswim.com">kristin@yorkswim.com</a>
<b>Meet Referee:</b>	Ben Holly <a href="mailto:benjaminholly@verizon.net">benjaminholly@verizon.net</a>
<b>Club Officials Chairman:</b>	Carolyn Kotarski <a href="mailto:ckotarski@gmail.com">ckotarski@gmail.com</a>
<b>Facility Information:</b>	Providence Recreation Center 7525 Marc Drive Falls Church VA 703-698-1350 <ul style="list-style-type: none"> <li>• Pool depth 4' -121/2 lanes 1-8</li> <li>• The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C).</li> </ul>
<b>Timing System:</b>	Semi-Automatic (buttons primary) will be used for this meet.
<b>Schedule:</b>	Warm-Ups - 6:00 – 6:20 am First Event - 6:30 am
<b>Awards:</b>	Ribbons will be awarded from 1 <sup>st</sup> thru 8 <sup>th</sup> place for individual events.
<b>Eligibility:</b>	Open to all Potomac Valley Swimming registered athletes that participate on the invited teams. CSC, MACH, PM, YORK. Athletes must be in good standing with USA Swimming and their respective LSC. Athletes shall compete at the age attained on the first day of meet.
<b>Swimmers with a Disability:</b>	PVS and host clubs along with their Meet Directors are committed to the <a href="#">Inclusion Policy as adopted by the BOD</a> . Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
<b>Rules:</b>	<ul style="list-style-type: none"> <li>• Current USA Swimming rules shall govern the meet. All events are timed finals. A contestant may enter no more than <b>three (3) individual events</b>.</li> </ul>

	<ul style="list-style-type: none"> <li>• In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's, etc.) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</li> <li>• "Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited." The practice of deck changing is prohibited at all PVS Sanctioned events. Swimmers participating in deck changing would be violating the USA Swimming Sportsmanship policy.</li> <li>• Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>• The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 &amp; U events per rule 205.3.1F.</li> </ul>
<b>Warm ups:</b>	The prescribed PVS warm-up procedures and safety policies will be followed.
<b>Admission:</b>	There is no admission charge.
<b>Officials:</b>	Officials assigned to this meet should sign in at the recording table 10 minutes before the start of the warm-ups. Certified officials who have not been contacted and would like to volunteer should contact Carolyn Kotarski at 571-521-9025 or <a href="mailto:ckotarski@gmail.com">ckotarski@gmail.com</a> , or speak with the deck referee at the meet.
<b>Timers:</b>	The host club will provide at least one timer per lane. Participating clubs are requested to provide at least one timer every session the team participates in proportion to their entries. Upon submission of the meet entry, clubs will be notified of the number of timers to be provided. Acceptance of the club entry is based upon compliance with the above.
<b>Deck Entries:</b>	Deck entries are \$10.00 per individual event and must be submitted <u>with payment</u> no later than 15 minutes prior to the first event of each session. No new heats will be created. First come, first served.
<b>Entry Fees:</b>	\$6.00 per individual event. Make checks payable to "YORK SWIM CLUB".
<b>Meet Entry Procedures:</b>	<p><b>General Instructions:</b></p> <p><input type="checkbox"/> ALL ENTRIES MUST BE RECEIVED BY  <b>5:00 PM, TUESDAY JANUARY 26, 2016</b></p>

**NO LATE ENTRIES WILL BE ACCEPTED**

- Entries should be submitted using Hy-Tek Team Manager.
- Include in the subject of the email "Spring Friendship Meet ####" with the club's initials substituted in place of the number symbols. If the club is submitting entries from more than one location, please add the location to the heading with the club initials.
- Meet Directors are requested to acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgment should contact the Meet Director by e-mail to confirm receipt.
- Entry fees are due with each club's meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.
- Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100.00; no further entries will be accepted from the club/team until said fine has been paid.

**Note:**

In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Providence Rec Center, and YORK Swim Club shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**YORK SWIM CLUB**  
**Friendship Mini Meet SPRING 2016**

**Session 1**  
**Sunday February 7, 2016**  
**Warm-up: 6:00 am**  
**Events: 6:30 am**

<b>Girls Event #</b>	<b>Event</b>	<b>Boys Event #</b>
1	8 and under 50 Back	2
3	8 year old 25 Back	4
5	7 and under 25 Back	6
7	8 and under 50 Fly	8
9	8 year old 25 Fly	10
11	7 and under 25 Fly	12
13	8 and under 50 Free	14
15	8 year old 25 Free	16
17	7 year old 25 Free	18
19	6 and under 25 Free	20
21	8 and under 50 Breast	22
23	8 year old 25 Breast	24
25	7 and under 25 Breast	26
27	8 and under 100 IM	28