


	<h2 style="color: green; text-decoration: underline;">DC WAVE IMX'PERIENCE</h2> <p>January 11th & 12th, 2020</p> <p>Sanctioned by USA Swimming through Potomac Valley Swimming</p> <p>Sanction #: PVI-20-47</p>	
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<p>Meet Director</p> <p>Rob Green</p> <p>robert.green@dc.gov</p>	<p>Meet Referee</p> <p>Carla Austin</p> <p>caustin@enllc.net</p>	<p>Club Officials Chair</p> <p>Erika Livingston</p> <p>erika@aimstutoring.com</p>
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<p>FACILITY</p>	<p>Takoma Aquatic Center 300 Van Buren Street, NW Washington, DC 20012 202-576-9284</p> <p>One (1) 25-yard, 8 lane course will be used. The water depth ranges from 7' at the turning end to 13.5' at the starting end.</p> <p>This competition course has not been certified in accordance with <i>USA Swimming Rules and Regulations</i> Article 104.2.2(C).</p> <p>Lanes are 7 feet wide. Stainless steel gutter system. Colorado Timing Systems, multi-lane scoreboard.</p>
<p>ENTRY DEADLINE</p>	<p>Entries are due Tuesday, December 31st 2019</p>
<p>TIMING SYSTEM</p>	<p>Automatic timing (touchpads primary) will be used.</p>
<p>SCHEDULE</p>	<p>Saturday & Sunday Warm Up: 8:00 am – 9:00 am Events: 9:10 am</p> <p><i>*Note: Meet manager will determine if session start times will need to be adjusted or if age groups need to be moved to different sessions based on the number of entries received. A timeline will be established and forwarded to each team by Wednesday, January 8th.</i></p>
<p>ELIGIBILITY</p>	<ul style="list-style-type: none"> • This meet is open to invited teams. Teams wishing to secure an invitation are asked to contact the Meet Director at robert.green@dc.gov. • No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i> Article 302. • Swimmers must compete in events based upon their age on the first day of the meet.

INCLUSION POLICY	PVS and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete’s coach) is also responsible for notifying the session referee of any disability prior to competition.
RULES	<ul style="list-style-type: none"> • Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), shall govern this meet. • No on-deck USA-S registration is permitted. • In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. • Deck changes are prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. • Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Dive-over starts will be used at this meet. • The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
EVENT RULES	Each swimmer may enter a maximum of four (4) individual events per day.
OFFICIALS	<p>All certified USA Swimming officials wishing to volunteer to work this meet should contact the DC Wave Club Officials chair Erika Livingston at Erika@aimstutoring.com prior to January 10th, 2020. Please include your club affiliation, certifications held, and sessions you wish to work in your email message.</p> <p>Certified officials who have not been contacted should volunteer their services to the Meet Referee early during the warm-up period. Officials assigned to this meet should sign in at the results table at the start of warm-up.</p>
TIMERS	<u>Each team is asked to provide volunteer timers for the duration of each session.</u> Depending on the number of teams present, the meet director reserves the right to request teams to contribute a certain number of timers proportional to their entries.

<p>ENTRIES</p>	<p>Entries should be submitted via email to Robert.green@dc.gov. Entries should be submitted using Hy-Tek Team Manager program. Entries will only be accepted from a USA Swimming registered coach and/or team administrator.</p> <p>Entry File: Include in the subject of the email, "2020 IMX'Perience Meet - ****" with the clubs initials in place of the asterisks. Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the meet director.</p> <p>Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00 and no further entries will be accepted from that club until the said fine is paid.</p>
<p>FEES</p>	<p>Entries fees are to be made payable to the "DC Wave Booster Club". Fees are non-refundable. Entries will not be considered received until all fees are paid. Fees for individual events are \$5.00. Each team/club is requested to remit only one check or money order to cover entry fees. NO CASH PAYMENTS WILL BE ACCEPTED.</p> <p>Entry fees should be sent to: Takoma Aquatic Center Attn: Robert M. Green 300 Van Buren Street, NW Washington, DC 20012</p>
<p>SUPERVISION</p>	<p>Coaches are responsible for the conduct of their athletes and families and friends, as well as maintaining clean team areas during and following each session. Only athletes, coaches, timers and USA Swimming certified deck officials (trainees) are permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership and certifications with them at all times.</p>
<p>LIABILITY</p>	<p>In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Takoma Aquatic Center, and DC Wave Swim Team shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p>

EVENTS SCHEDULE

GIRLS	Saturday		BOYS
	Warm up 8:00 - 9:00 am		
	Events: 9:10 am		
1	9-10 100 Back	2	
3	11-12 100 Back	4	
5	13 & Over 400 IM	6	
7	9-10 100 Breast	8	
9	11-12 100 Breast	10	
11	13 & Over 200 Breast	12	
13	9-10 100 Fly	14	
15	11-12 100 Fly	16	
17	13 & Over 200 Fly	18	

GIRLS	Sunday		BOYS
	Warm up 8:00 - 9:00 am		
	Events: 9:10 am		
19	13 & Over 200 Back	20	
21	9-10 200 Free	22	
23	11-12 500 Free	24	
25	13 & Over 500 Free	26	
27	9-10 200 IM	28	
29	11-12 200 IM	30	
31	13 & Over 200 IM	32	