

**POTOMAC VALLEY SWIMMING**  
**PVS 2021 LC Senior Championships**  
**Hosted for PVS by SNOW Swimming**

**July 15-18, 2021**

**Claude Moore Recreation Center**  
**46105 Loudoun Park Lane**  
**Sterling, VA 20164**

**Supplemental Document/Information**

In applying for this sanction, the Host, SNOW Swimming, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, the Commonwealth of Virginia, Loudoun County, and Claude Moore Recreation Center.

**Local Protocols and Requirements**

All local and state protocols will be followed per [Virginia Executive Order Number Seventy Nine](#). This guidance includes:

- All individuals in the Commonwealth aged five and older should cover their mouth and nose with a mask in accordance with the [Centers for Disease Control and Prevention guidance](#).

**Participant Ingress and Egress**

Spectators not working in a capacity to operate the swim meet will not be permitted. All attendees will enter the facility from doors in the back of the building, behind the child care center. See attached map. Separate entrances will be used for athletes and coaches, officials, and volunteers. All attendees (athletes, coaches, officials, and volunteers) should wear a mask to enter the facility and throughout the facility, with the exception of athletes when competing or warming up/cooling down. Athletes will proceed directly to their assigned area.

**Planned Number of Individuals**

**Pool Allowed Occupancy:** 573

**Spectator Allowed Occupancy:** 565

**Estimated Total Attendees**

| WARM-UP        |            |
|----------------|------------|
| Pool           | 250        |
| Pool Deck      |            |
| Swimmers       | 0          |
| Coaches        | 40         |
| Officials      | 30         |
| Marshals       | 6          |
| Volunteers     | 2          |
| Facility Staff | 6          |
| Spectator Area |            |
| Swimmers       | 0          |
| Marshals       | 3          |
| <b>TOTAL</b>   | <b>337</b> |

| COMPETITION      |            |
|------------------|------------|
| Pool             | 10         |
| Pool Deck        |            |
| Swimmers         | 10         |
| Coaches          | 40         |
| Officials        | 30         |
| Timers           | 12         |
| Marshals         | 6          |
| Volunteers       | 2          |
| Facility Staff   | 6          |
| Spectator Area   |            |
| Swimmers         | 230        |
| Marshals         | 3          |
| Clerks of Course | 2          |
| <b>TOTAL</b>     | <b>351</b> |

## Safe Sport Considerations

In compliance with Safe Sport, parents will have access to and the opportunity to observe their child. The meet will be live-streamed on the [SNOW Swimming Facebook Page](#).

## Meet Specific COVID-19 Protocols

- Athletes should arrive and depart in their suits. Locker room use is minimized to emergency use only.
- Athletes must shower prior to arrival at the pool.
- Some outside seating may be required. Exact plans will be provided after the entry deadline.
- All attendees (athletes, coaches, officials, volunteers, spectators) should wear a mask to enter the facility and throughout the facility, with the exception of athletes when competing or warming up/cooling down.
- All attendees should bring a filled, reusable (non-glass) water bottle to the meet.
- Athletes should bring a minimum of two masks and a container or waterproof type bag to place their mask in while swimming.
- Coaches, officials, and volunteers will use the family bathrooms for restroom purposes. Athletes will use the locker rooms for restroom purposes.
- Spectators will not be permitted into the facility. The meet will be live streamed on the [SNOW Swimming Facebook Page](#).
- Swimmers will be assigned to a seating area.
- Entry and exit for all participants, volunteers, and coaches will be through the side entrance.
- Before entering the facility, participants are required to be able to answer the following questions and will only be permitted entrance if answering with 'no':
  - Do you feel any of the symptoms that fall under the symptoms of COVID-19 (fever over 100.4, cough, shortness of breath, etc.)?
  - Has anyone in your family been sick or diagnosed with COVID-19?
  - Has someone you've been in contact with been diagnosed with COVID-19 or been in contact with someone who has the past 14 days?
- Swimmers will not be permitted into the building prior to their arrival time. Swimmers will proceed to their assigned seating area, prepare to enter the pool, and follow marshals' and coaches' directions to enter the pool while respecting social distancing guidelines.
- One-way traffic flow will be implemented. Swimmers will enter the pool deck from the start end of the pool. Stairwells will be one-way traffic only.
- All swimmers must remain in their designated area until they are called for their event and they must return to their area immediately following their event.
- During warm-ups, swimmers will wear their masks until they reach their assigned warm up lane and entry end and just before they enter the pool. They will place their mask in their waterproof holder to store their mask while they swim. They will put their mask back on as soon as they exit the pool.
- Staging for swimmers during competition will be:
  - Heat 1 is at the blocks and will swim
  - Heat 2 is staged behind the blocks, near the wall
  - Heat 3 is staged in the stairwell at the start end of the course until directed to move to where Heat 2 is standing (after Heat 1 has started and Heat 2 steps forward to the starting blocks).
- During competition, swimmers will wear their masks until they reach the starting blocks. They will place their mask in their waterproof holder to store their mask while they swim. They will put their mask back on before leaving the starting area.
- For 50m events, runners will transport swimmers' masks to the finish end of the pool.
- Counters for 800m and 1500m Freestyle events will be provided by swimmers already entered in the meet session.

- Limited hospitality may be offered for coaches and officials.
- Additional sanitation will take place as well as sanitation stations will be available in various locations throughout the facility.
- Chlorine is used to disinfect the water and adjacent surfaces constantly.
- Any attendee (swimmer, coach, official, volunteer) not following the meet protocols will be subject to immediate removal from the meet.
- We request that all attendees notify the meet director as soon as possible if they have tested positive for COVID-19, shown symptoms or have been in contact with anyone exposed to COVID-19 after attending the meet.

### Map of Claude Moore Recreation Center



