

**NCAP
Burke Blast
October 17, 2020
Burke Racquet & Swim Club**

Supplemental Document/Information

In applying for this sanction, the Host, The Nation’s Capital Swim Team- Burke, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, the Commonwealth of Virginia, Fairfax County, and Burke Racquet & Swim Club.

Local Protocols and Requirements

All local and state protocols will be followed per [Moving Virginia Forward – Phase 3 Guidance](#). This guidance includes:

- Face coverings required
- Fitness and Exercise establishments open at 75% capacity
- Indoor and outdoor swimming pools may be open at up to 75% occupancy, if applicable, provided ten feet of physical distance may be maintained between patrons not of the same household.
- The total number of attendees (including both participants and spectators) of recreational sports cannot exceed the lesser of 50% of the occupancy load on the certificate of occupancy, if applicable, or 250 persons
- 10’ spacing on pool deck and spectator area between persons who are not members of the same household
- Health screening prior to entry

Spectator Ingress and Egress

- There will be no spectator seating inside the facility.
- There will an outside “watch & go” section through the pool window along Lane 1 outside of the facility. One spectator PER SWIMMER will be allowed in the “watch & go” area. Spectators in the “watch & go” area must wear a mask and respect social distancing.
- Refer to map for details on swimmer ingress and egress.

Planned Number of Individuals

Pool Deck Allowed Occupancy:	266	Spectator Allowed Occupancy:	0
75% Pool Deck Allowed Occupancy:	199	75% Spectator Allowed Occupancy:	0

Estimated Total Attendees

WARMUPS	
Pool	60
Pool Deck	
Coaches	4
Officials	6
Marshals	4
Volunteers	0
Facility Staff	1
Spectators	0
TOTAL	75

COMPETITION	
Pool	4
Pool Deck	
Swimmers	16
Coaches	4
Officials	6
Timers	5
Marshals	4
Volunteers	0
Facility Staff	1
Spectators	0
TOTAL	40

Safe Sport Considerations

- In compliance with Safe Sport, parents will have access to and the opportunity to observe their child. Parents may observe their swimmer race from the “**Watch & Go**” window outside the pool. One spectator PER SWIMMER will be allowed in the “watch & go” area. Spectators in the “watch & go” area must wear a mask and respect social distancing.

Meet Specific COVID-19 Protocols

- All individuals entering the facility will be expected to answer Virginia Department of Health screening questions to include temperature screening.
- Please consult the Facility Map for all flow from entrance to race lanes to exit.
- Athletes must arrive in their RACING suits. Locker rooms will remain closed.
- Coaches, officials, timers, marshals, and lifeguards must wear masks at all times.
- Swimmers will be pre-seeded and staged by heat assignment times at the front entrance utilizing Socially Distance markings before entry and inside prior to each swim. These locations will be monitored by marshals, with the flow of traffic heading towards the 4 competitive lanes from the swimmer/official entrance.
 - 1 Entrance location on Pool deck closest to lane 12 and indicated on Facility Map
 - The deck will have a queue of 3 heats waiting to race on pool deck socially distanced
- Once each heat has finished swimming, swimmers will snake a 50 to 100 loosen up and retrieve their bag and mask prior to exiting the rear indicated location of the pool.
- Athletes and families are to remain outside the pool and must maintain proper social distancing. Participants and family members not adhering to this standard will be asked to leave the premises immediately. Participants asked to leave will not be allowed to race.
- There will be no spectator seating. There will an outside “watch and go” section through the Pool window along Lane 1 outside. One spectator PER SWIMMER will be allowed to the “watch & go” area while masked.
- Restroom facilities are for EMERGENCY USE ONLY for all. Restroom access will also be controlled. Disinfecting products will be available at the doors and must be used on any touched surface by each user.

Burke Raquet & Swim Club
Facility Map

